## Mindfulness and Rumination: Does Mindfulness Trainin Ruminative Thinking Associated With Depression?

Explore: the Journal of Science and Healing 5, 265-271 DOI: 10.1016/j.explore.2009.06.005

**Citation Report** 

#	Article	IF	CITATIONS
1	Differential effects of mindful breathing, progressive muscle relaxation, and loving-kindness meditation on decentering and negative reactions to repetitive thoughts. Behaviour Research and Therapy, 2010, 48, 1002-1011.	3.1	325
2	Depression alters "top-down―visual attention: A dynamic causal modeling comparison between depressed and healthy subjects. NeuroImage, 2011, 54, 1662-1668.	4.2	82
3	Effects of mindfulness meditation training on anticipatory alpha modulation in primary somatosensory cortex. Brain Research Bulletin, 2011, 85, 96-103.	3.0	99
4	Specifying the Neuropsychology of Affective Disorders: Clinical, Demographic and Neurobiological Factors. Neuropsychology Review, 2011, 21, 337-359.	4.9	115
5	Mechanisms of Mindfulness: A Buddhist Psychological Model. Mindfulness, 2011, 2, 154-166.	2.8	290
6	Perceived Benefits and Doubts of Participants in a Weekly Meditation Study. Mindfulness, 2011, 2, 167-174.	2.8	30
7	The neuropsychological correlates of cognitive insight in healthy participants. Applied Cognitive Psychology, 2011, 25, 927-932.	1.6	18
8	Developing an observing attitude: an analysis of meditation diaries in an MBSR clinical trial. Clinical Psychology and Psychotherapy, 2011, 18, 80-93.	2.7	90
9	Trait Mindfulness Predicts Attentional and Autonomic Regulation of Alcohol Cue-Reactivity. Journal of Psychophysiology, 2011, 25, 180-189.	0.7	65
10	Mindfulness and psychosocial care in cancer: Historical context and review of current and potential applications. Palliative and Supportive Care, 2012, 10, 287-294.	1.0	4
11	An update on mindfulness meditation as a self-help treatment for anxiety and depression. Psychology Research and Behavior Management, 2012, 5, 131.	2.8	76
12	The Theoretical and Empirical Basis for Meditation as an Intervention for PTSD. Behavior Modification, 2012, 36, 759-786.	1.6	119
13	Psoriatic Arthritis. Global Advances in Health and Medicine, 2012, 1, 54-61.	1.6	9
14	Efficacy of mindfulness-based interventions on depressive symptoms among people with mental disorders: A meta-analysis. International Journal of Nursing Studies, 2012, 49, 109-121.	5.6	112
15	MINDFULNESS AND EMOTION REGULATION IN DEPRESSION AND ANXIETY: COMMON AND DISTINCT MECHANISMS OF ACTION. Depression and Anxiety, 2013, 30, 654-661.	4.1	241
16	Cognitive emotion regulation strategies contributing to resilience in patients with depression and/or anxiety disorders. Comprehensive Psychiatry, 2013, 54, 1190-1197.	3.1	139
17	Rumination Mediates the Relationship Between Distress Tolerance and Depressive Symptoms Among Substance Users. Cognitive Therapy and Research, 2013, 37, 456-465.	1.9	35
18	Psychological and neural mechanisms of trait mindfulness in reducing depression vulnerability. Social Cognitive and Affective Neuroscience, 2013, 8, 56-64.	3.0	136

#	Article	IF	CITATIONS
19	Mindfulness starts with the body: somatosensory attention and top-down modulation of cortical alpha rhythms in mindfulness meditation. Frontiers in Human Neuroscience, 2013, 7, 12.	2.0	202
20	The efficacy of mindfulnessâ€based stress reduction on mental health of breast cancer patients: a metaâ€analysis. Psycho-Oncology, 2013, 22, 1457-1465.	2.3	206
21	Follow your breath: Respiratory interoceptive accuracy in experienced meditators. Psychophysiology, 2013, 50, 777-789.	2.4	101
22	The Associations between Self-Consciousness, Depressive State and Craving to Drink among Alcohol Dependent Patients Undergoing Protracted Withdrawal. PLoS ONE, 2013, 8, e71560.	2.5	37
23	Mindfulness and the aging brain: a proposed paradigm shift. Frontiers in Aging Neuroscience, 2014, 6, 120.	3.4	32
24	A Mixed-Methods Pilot Study of the Acceptability and Effectiveness of a Brief Meditation and Mindfulness Intervention for People with Diabetes and Coronary Heart Disease. Behavioral Medicine, 2014, 40, 53-64.	1.9	45
26	Use of Mindful Reappraisal Coping Among Meditation Practitioners. Journal of Clinical Psychology, 2014, 70, 294-301.	1.9	24
27	Mindfulnessâ€based stress reduction for older adults with worry symptoms and coâ€occurring cognitive dysfunction. International Journal of Geriatric Psychiatry, 2014, 29, 991-1000.	2.7	143
28	Mindfulness Intervention for Child Abuse Survivors: A 2.5-Year Follow-Up. Journal of Clinical Psychology, 2014, 70, 933-941.	1.9	63
29	Perceived Thought Control Mediates Positive Effects of Meditation Experience on Affective Functioning. Mindfulness, 2014, 5, 1-9.	2.8	24
30	Prospects for a clinical science of mindfulness-based intervention American Psychologist, 2015, 70, 593-620.	4.2	223
31	Eficacia-efectividad del programa de reducción del estrés basado en la conciencia plena (MBSR): actualización. Revista De La Asociación Española De NeuropsiquiatrÃa, 2015, 35, 289-307.	0.1	6
32	Neurophysiological and neurocognitive mechanisms underlying the effects of yoga-based practices: towards a comprehensive theoretical framework. Frontiers in Human Neuroscience, 2015, 9, 235.	2.0	111
33	Alternative Healing as Magical Self-Care in Alternative Modernity. Numen, 2015, 62, 431-459.	0.5	3
34	Trait mindfulness and autobiographical memory specificity. Cognitive Processing, 2015, 16, 79-86.	1.4	16
35	A two-factor model of relapse/recurrence vulnerability in unipolar depression Journal of Abnormal Psychology, 2015, 124, 38-53.	1.9	54
36	Mindfulness-Based Supportive Therapy (MBST). American Journal of Hospice and Palliative Medicine, 2015, 32, 144-160.	1.4	24
37	Curb your neuroticism – Mindfulness mediates the link between neuroticism and subjective well-being. Personality and Individual Differences, 2015, 80, 68-75.	2.9	50

#	Article	IF	CITATIONS
38	Decreased Symptoms of Depression After Mindfulness-Based Stress Reduction: Potential Moderating Effects of Religiosity, Spirituality, Trait Mindfulness, Sex, and Age. Journal of Alternative and Complementary Medicine, 2015, 21, 166-174.	2.1	76
39	The Impact of Group-Based Mindfulness Training on Self-Reported Mindfulness: a Systematic Review and Meta-analysis. Mindfulness, 2015, 6, 501-522.	2.8	127
42	Mindful attention to breath regulates emotions via increased amygdala–prefrontal cortex connectivity. NeuroImage, 2016, 134, 305-313.	4.2	123
44	Mindfulness Facets and Depression in Adolescents: Rumination as a Mediator. Mindfulness, 2016, 7, 1092-1102.	2.8	63
45	Mindfulness and the Experience of Psychological Distress: the Mediating Effects of Emotion Regulation and Attachment Anxiety. Mindfulness, 2016, 7, 799-808.	2.8	28
46	Brief psychological intervention in patients with cervical cancer: A randomized controlled trial Health Psychology, 2016, 35, 1383-1391.	1.6	20
47	Intolerance of Uncertainty as a Mediator of the Relationship between Mindfulness and Health Anxiety. Mindfulness, 2016, 7, 859-865.	2.8	30
48	Moral injury: A new challenge for complementary and alternative medicine. Complementary Therapies in Medicine, 2016, 24, 29-33.	2.7	59
49	Prospective Associations Between Peer Victimization and Dispositional Mindfulness in Early Adolescence. Prevention Science, 2017, 18, 481-489.	2.6	13
50	Psychotherapeutic Treatment Approaches of Anxiety Disorders in the Elderly. Current Treatment Options in Psychiatry, 2017, 4, 47-54.	1.9	3
51	The role of trait mindfulness in quality of life and asthma control among adolescents with asthma. Journal of Psychosomatic Research, 2017, 99, 143-148.	2.6	9
52	Teachers' dispositional mindfulness and the quality of their relationships with children in Head Start classrooms. Journal of School Psychology, 2017, 65, 40-53.	2.9	53
54	The Effect of Mindfulness and Implementation Planning on the Process of Granting and Seeking Forgiveness Among Young Adults. Mindfulness, 2017, 8, 1304-1318.	2.8	3
55	Gender differences in neural correlates of stressâ€induced anxiety. Journal of Neuroscience Research, 2017, 95, 115-125.	2.9	74
56	Dance practice and well-being correlates in young women. Women and Health, 2017, 57, 1193-1203.	1.0	16
57	Women Benefit More Than Men in Response to College-based Meditation Training. Frontiers in Psychology, 2017, 8, 551.	2.1	148
58	Spiritual well-being associated with personality traits and quality of life in family caregivers of cancer patients. Supportive Care in Cancer, 2018, 26, 2633-2640.	2.2	19
59	Is the widely used twoâ€factor structure of the Ruminative Responses Scale invariant across different samples of women?. Psychology and Psychotherapy: Theory, Research and Practice, 2018, 91, 398-416.	2.5	9

#	Article	IF	CITATIONS
60	A Conservation of Resources Perspective on Negative Affect and Innovative Work Behaviour: the Role of Affect Activation and Mindfulness. Journal of Business and Psychology, 2018, 33, 123-139.	4.0	66
61	The efficacy of a brief app-based mindfulness intervention on psychosocial outcomes in healthy adults: A pilot randomised controlled trial. PLoS ONE, 2018, 13, e0209482.	2.5	173
62	Mindfulness-Based Processes of Healing for Veterans with Post-Traumatic Stress Disorder. Journal of Alternative and Complementary Medicine, 2018, 24, 1063-1068.	2.1	8
63	Nocturnal insomnia symptoms and stress-induced cognitive intrusions in risk for depression: A 2-year prospective study. PLoS ONE, 2018, 13, e0192088.	2.5	31
64	State mindfulness, rumination, and emotions in daily life: An ambulatory assessment study. Asian Journal of Social Psychology, 2019, 22, 369-377.	2.1	17
65	Can Mindfulness-Based Training Improve Positive Emotion and Cognitive Ability in Chinese Non-clinical Population? A Pilot Study. Frontiers in Psychology, 2019, 10, 1549.	2.1	12
66	Treating insomnia improves depression, maladaptive thinking, and hyperarousal in postmenopausal women: comparing cognitive-behavioral therapy for insomnia (CBTI), sleep restriction therapy, and sleep hygiene education. Sleep Medicine, 2019, 55, 124-134.	1.6	83
67	Impact of a mindfulness-based intervention on undergraduate pharmacy students' stress and distress: Quantitative results of a mixed-methods study. Currents in Pharmacy Teaching and Learning, 2019, 11, 876-887.	1.0	19
68	â€~Never drop without your significant other, cause that way lies ruin': The boundary work of couples who use MDMA together. International Journal of Drug Policy, 2019, 71, 10-18.	3.3	5
69	Mindfulness and Decisionâ€Making Style: Predicting Career Thoughts and Vocational Identity. Career Development Quarterly, 2019, 67, 77-91.	1.8	22
70	Mindfulness-Based Workplace Interventions for Wellness Promotion. Integrating Psychiatry and Primary Care, 2019, , 191-208.	0.3	7
71	Can't look Away: Attention control deficits predict Rumination, depression symptoms and depressive affect in daily Life. Journal of Affective Disorders, 2019, 245, 1061-1069.	4.1	38
72	Dispositional mindfulness mediates the relations between neuroticism and posttraumatic stress disorder and depression in Chinese adolescents after a tornado. Clinical Child Psychology and Psychiatry, 2019, 24, 482-493.	1.6	15
73	A Daily Diary Study of Rumination and Health Behaviors: Modeling Moderators and Mediators. Annals of Behavioral Medicine, 2019, 53, 743-755.	2.9	15
74	Does Rumination Function as a Longitudinal Mediator Between Mindfulness and Depression?. Mindfulness, 2019, 10, 1091-1104.	2.8	25
75	Hardiness, Perseverative Cognition, Anxiety, and Health-Related Outcomes: A Case for and Against Psychological Hardiness. Psychological Reports, 2019, 122, 2096-2118.	1.7	27
76	Mechanisms of change of traditional mindfulness practice in Thai adolescent students: a cross-sectional mediation study. International Journal of Adolescent Medicine and Health, 2020, 32, .	1.3	1
77	Reduced feelings of regret and enhanced fronto-striatal connectivity in elders with long-term Tai Chi experience. Social Cognitive and Affective Neuroscience, 2020, 15, 861-873.	3.0	18

#	Article	IF	CITATIONS
78	Neural correlates of mindful emotion regulation in high and low ruminators. Scientific Reports, 2020, 10, 15617.	3.3	9
79	Mindfulness, Education, and Exercise for age-related cognitive decline: Study protocol, pilot study results, and description of the baseline sample. Clinical Trials, 2020, 17, 581-594.	1.6	13
80	Perinatal depression: Data-driven subtypes derived from life history and mindfulness and personality. Journal of Affective Disorders, 2020, 276, 335-344.	4.1	7
81	A Mindfulness-Based Program among Adolescent Boys with Behavior Disorders: A Quasi-Experimental Study. Journal of Child and Family Studies, 2020, 29, 2186-2200.	1.3	7
82	Prosocial Behavior Can Moderate the Relationship Between Rumination and Mindfulness. Frontiers in Psychiatry, 2020, 11, 289.	2.6	3
83	A randomized controlled trial of digital cognitive behavioral therapy for insomnia in pregnant women. Sleep Medicine, 2020, 72, 82-92.	1.6	86
84	Mindfulness and nocturnal rumination are independently associated with symptoms of insomnia and depression during pregnancy. Sleep Health, 2020, 6, 185-191.	2.5	23
85	Testing Mindful Awareness as a Moderator in the Association Between HIV-Related Stress and Drug and Alcohol Use Problems Among People Living with HIV. Mindfulness, 2020, 11, 1159-1169.	2.8	0
86	Theoretical Model of Mindful Coping Power: Optimizing a Cognitive Behavioral Program for High-Risk Children and Their Parents by Integrating Mindfulness. Clinical Child and Family Psychology Review, 2020, 23, 393-406.	4.5	13
87	Rumination and valued living in women with chronic pain: How they relate to the link between mindfulness and depressive symptoms. Current Psychology, 2021, 40, 1411-1419.	2.8	7
88	Mobile phone addiction and psychological distress among Chinese adolescents: The mediating role of rumination and moderating role of the capacity to be alone. Journal of Affective Disorders, 2021, 279, 701-710.	4.1	36
89	Positive Psychology. Advances in Educational Technologies and Instructional Design Book Series, 2021, , 191-221.	0.2	0
90	Understanding wellbeing and death obsession of young adults in the context of Coronavirus experiences: Mitigating the effect of mindful awareness. Death Studies, 2022, 46, 1923-1932.	2.7	15
91	Leader Mindfulness: Well-Being Throughout the Organization. , 2021, , 1111-1137.		3
92	Brief Report: Mindfulness Training for Chinese Adolescents with Autism Spectrum Disorder and Their Parents in Hong Kong. Journal of Autism and Developmental Disorders, 2021, 51, 4147-4159.	2.7	15
93	Loneliness and Facebook use: the role of social comparison and rumination. Heliyon, 2021, 7, e05999.	3.2	20
94	Examining Patient Feedback and the Role of Cognitive Arousal in Treatment Non-response to Digital Cognitive-behavioral Therapy for Insomnia during Pregnancy. Behavioral Sleep Medicine, 2022, 20, 143-163.	2.1	18
95	Impact of Naturalistic and Urban Environment on Mindfulness Practice in Reducing Rumination. Advanced Research in Psychology, 0, , .	0.0	0

#	Article	IF	CITATIONS
96	Acceptability and Preliminary Effects of a Mindfulness Mobile Application for Ruminative Adolescents. Behavior Therapy, 2021, 52, 1339-1350.	2.4	13
97	A Brief Online Mindfulness-Based Group Intervention for Psychological Distress Among Chinese Residents During COVID-19: a Pilot Randomized Controlled Trial. Mindfulness, 2021, 12, 1502-1512.	2.8	31
98	Variations in mindfulness associated with the COVIDâ€19 outbreak: Differential effects on cognitive failures, intrusive thoughts and rumination. Applied Psychology: Health and Well-Being, 2021, 13, 761-780.	3.0	20
99	When the capacity to be alone is associated with psychological distress among Chinese adolescents: Individuals with low mindfulness or high rumination may suffer more by their capacity to be alone. Current Psychology, 2023, 42, 5110-5122.	2.8	2
100	Do Correlations Between Mindfulness Components and Rumination in Student Athletes Support Mindfulness Training to Reduce Rumination?. Perceptual and Motor Skills, 2021, 128, 1409-1420.	1.3	4
101	Using Mindfulness to Reduce Anxiety and Depression of Patients With Fever Undergoing Screening in an Isolation Ward During the COVID-19 Outbreak. Frontiers in Psychology, 2021, 12, 664964.	2.1	7
102	Mindfulness and well-being among socioeconomically disadvantaged college students: Roles of resilience and perceived discrimination. Current Psychology, 2023, 42, 4772-4783.	2.8	5
103	A mediated model of mindful awareness, emotion regulation, and maternal mental health during pregnancy and postpartum. Australian Journal of Psychology, 2021, 73, 368-380.	2.8	4
104	Condom-Protected Sex and Minority Stress: Associations with Condom Negotiation Self-Efficacy, "Passing―Concerns, and Experiences with Misgendering among Transgender Men and Women in Brazil. International Journal of Environmental Research and Public Health, 2021, 18, 4850.	2.6	7
105	Contemplative Training and Psychological Stress: an Analysis of First-person Accounts. Mindfulness, 2021, 12, 2034-2049.	2.8	3
106	Group Intervention â€~Drop it!' Decreases Repetitive Negative Thinking in Major Depressive Disorder and/or Generalized Anxiety Disorder: A Randomised Controlled Study. Cognitive Therapy and Research, 2022, 46, 182-196.	1.9	6
107	Mindfulness and eudaimonic well-being: the mediating roles of rumination and emotion dysregulation. International Journal of Adolescent Medicine and Health, 2021, .	1.3	4
108	The Indirect Effect of Parental Intolerance of Uncertainty on Perinatal Mental Health via Mindfulness During COVID-19. Mindfulness, 2021, 12, 1999-2008.	2.8	11
109	Efficacy of mindfulnessâ€based stress reduction on fear of emotions and related cognitive behavioral processes in Chinese University students: A randomized controlled trial. Psychology in the Schools, 2021, 58, 2068-2084.	1.8	7
110	App-Based Mindfulness Training for Adolescent Rumination: Predictors of Immediate and Cumulative Benefit. Mindfulness, 2021, 12, 2498-2509.	2.8	10
111	Self-Compassion and Rumination Type Mediate the Relation between Mindfulness and Parental Burnout. International Journal of Environmental Research and Public Health, 2021, 18, 8811.	2.6	10
112	Mindfulness, Emotion Regulation, and Well-Being. , 2011, , 101-118.		28
113	Leader Mindfulness: Well-Being Throughout the Organization. , 2020, , 1-28.		3

#	Article	IF	CITATIONS
114	Applied Resiliency and Suicide Prevention: A Strengths-Based, Risk-Reduction Framework. Advances in Mental Health and Addiction, 2018, , 301-319.	0.2	2
116	Mindfulness in Leadership: Does Being Mindful Enhance Leaders' Business Success?. On Thinking, 2011, , 287-307.	0.5	45
117	The interactive effects of emotion regulation and alcohol intoxication on lab-based intimate partner aggression Psychology of Addictive Behaviors, 2015, 29, 653-663.	2.1	51
118	Clinical implications of a general psychopathology factor: A cognitive–behavioral transdiagnostic group treatment for community mental health Journal of Psychotherapy Integration, 2018, 28, 253-268.	1.1	12
119	Pain offset reduces rumination in response to evoked anger and sadness Journal of Personality and Social Psychology, 2019, 117, 1189-1202.	2.8	3
120	Testing the efficacy of three brief web-based interventions for reducing distress among interpersonal violence survivors Translational Issues in Psychological Science, 2016, 2, 439-448.	1.0	17
121	A components-based practice and supervision model for reducing compassion fatigue by affecting clinician experience Traumatology, 2017, 23, 153-164.	2.4	36
122	Bilinçli Farkındalık ve Algılanan Stres İliÅŸkisinde Ruminasyon ve Olumsuz Duygu Düzenlemenin AracÄ Rolü. Mersin Üniversitesi Eğitim Fakültesi Dergisi, 2018, 14, 1004-1019.	<sup>±</sup> 0.9	19
123	A lifespan view of anxiety disorders. Dialogues in Clinical Neuroscience, 2011, 13, 381-399.	3.7	169
124	Effectiveness of Cognitive Therapy and Mindfulness Tools in Reducing Depression and Anxiety: A Mixed Method Study. Psychology, 2014, 05, 1702-1713.	0.5	3
125	Enhancing Cognition in Older Persons with Depression or Anxiety with a Combination of Mindfulness-Based Stress Reduction (MBSR) and Transcranial Direct Current Stimulation (tDCS): Results of a Pilot Randomized Clinical Trial. Mindfulness, 2021, 12, 1-13.	2.8	17
126	The Dynamism of Daily Justice: A Person-Environment Fit Perspective on the Situated Value of Justice. Organization Science, 0, , .	4.5	1
127	The Political Consequences of Be(com)ing Mindful. How Mindfulness Might Affect Political Attitudes. Frontiers in Political Science, 2021, 3, .	1.7	2
129	The Association between Mindfulness, Depressive Symptoms and Neuroticism in Older African Americans. Journal of Depression & Anxiety, 2014, S1, .	0.1	0
130	Integrated Depression Care Among Latinos. , 2016, , 163-185.		0
131	Trzy generacje terapii poznawczo-behawioralnych – rozwój i zaÅ,ożenia teoretyczne. Acta Universitatis Lodziensis Folia Psychologica, 2016, , 5-30.	0.1	1
133	Effect of Mindful Lovingkindness-Compassion Program(MLCP) on Depression, Rumination, Mindfulness, Self-Compassion, and Social Connectedness, in Depression-Prone students. Han'guk Simni Hakhoe Chi Kon'gang = the Korean Journal of Health Psychology, 2017, 22, 271-287.	0.2	6
134	The Integrative Approach to Supporting Families in theÂICU. , 2018, , 251-263.		0

ARTICLE IF CITATIONS # Cleansing the Attentional Palate: A Preliminary Test of a Novel Approach to Facilitate Disengagement 135 0.4 2 From Rumination. Journal of Cognitive Psychotherapy, 2019, 33, 128-139. Under pressure: Psychological perspectives on letterpress, craft and well-being. Craft Research, 2020, 0.2 11, 97-114. Mindfulness in Male Soccer Players: A Cross-Sectional Study. International Journal of Educational 138 0.2 1 Research and Innovation, 2020, , 388-399. Effects of dialogical mindfulness on psychopathology: A pilot study's results from a seven-day 0.3 psychosynthesis course about the inner child.. Humanistic Psychologist, 2020, 48, 84-99. The relationship between rumination and NSSI: AÂsystematic review and metaâ€analysis. British Journal of 140 3.5 11 Clinical Psychology, 2022, 61, 405-443. Different Roles of Rumination and Mindfulness among Cyber-Ostracized Adolescents' Psychological 2.6 Well-Being. International Journal of Environmental Research and Public Health, 2022, 19, 1222. A hotel stay for a respite from work? Examining recovery experience, rumination and well-being 142 among hotel and bed-and-breakfast guests. International Journal of Contemporary Hospitality 8.0 17 Management, 2022, 34, 1270-1289. The lingering curvilinear effect of workload on employee rumination and negative emotions: A diary 4.5 study. Work and Stress, 2022, 36, 292-311. Mindfulness-Enhanced Computerized Cognitive Training for Depression: An Integrative Review and 147 Proposed Model Targeting the Cognitive Control and Default-Mode Networks. Brain Sciences, 2022, 12, 2.3 4 663. Transgender and gender diverse patients in intensive mood disorder treatment: A comparative 148 2.4 examination of clinical presentation and treatment outcomes. Behavior Therapy, 2022, , . The moderating role of dispositional mindfulness in the associations of morningnessâ€eveningness 149 3 3.2 with depressive and anxiety symptoms. Journal of Sleep Research, 2023, 32, . Sad reflections of happy times: depression vulnerability and experiences of sadness and happiness upon retrieval of positive autobiographical memories. Memory, 2022, 30, 1288-1301. Systematic Review of Mindfulness-Based Interventions in Child-Adolescent Population: A Developmental Perspective. European Journal of Investigation in Health, Psychology and Education, 152 1.9 7 2022, 12, 1220-1243. Self-compassion, Mindfulness, Stress, and Self-esteem Among Vietnamese University Students: Psychological Well-being and Positive Emotion as Mediators. Mindfulness, 2022, 13, 2574-2586. 2.8 How Daily Mindfulness Predicts Life Satisfaction: From the Perspective of Mindfulness Coping Model. 154 1.6 4 Journal of Psychology: Interdisciplinary and Applied, 2022, 156, 568-581. Development of RuminAidâ€"a Mobile Health App-Based Intervention for Depressive Rumination: 1.4 Mixed-Methods Focus Group Evaluation (Preprint). JMIR Formative Research, 0, , . Mindfulness Meditation Training Reduces Aggression and Improves Well-Being in Highly Stressed Law Enforcement Officers. Journal of Police and Criminal Psychology, 2022, 37, 972-983. 156 1.9 4 Effect of rejection sensitivity on the development of anxious-depressive attack in Japanese outpatients: The mediating roles of rumination, social anxiety, and depressive symptoms. Frontiers in Psychology, 2.1 0, 13, .

#	Article	IF	CITATIONS
158	How and for Whom Is Mobile Phone Addiction Associated with Mind Wandering: The Mediating Role of Fatigue and Moderating Role of Rumination. International Journal of Environmental Research and Public Health, 2022, 19, 15886.	2.6	3
159	Randomized Controlled Trial of a Mindfulness Mobile Application for Ruminative Adolescents. Journal of Clinical Child and Adolescent Psychology, 0, , 1-14.	3.4	4
160	How social anxiety leads to problematic use of conversational AI: The roles of loneliness, rumination, and mind perception. Computers in Human Behavior, 2023, 145, 107760.	8.5	9
161	Mindfulness plus physical activity reduces emotion dysregulation and insomnia severity among people with major depression. Behavioral Sleep Medicine, 2024, 22, 1-13.	2.1	3
162	Negative Life Events and Procrastination among Adolescents: The Roles of Negative Emotions and Rumination, as Well as the Potential Gender Differences. Behavioral Sciences (Basel, Switzerland), 2023, 13, 176.	2.1	5
163	Mindfulness-based therapy for insomnia alleviates insomnia, depression, and cognitive arousal in treatment-resistant insomnia: A single-arm telemedicine trial. , 0, 2, .		1
164	Tri-process model of interpersonal mindfulness: theoretical framework and study protocol. Frontiers in Psychology, 0, 14, .	2.1	0
165	Moderating Effects of Mindfulness in the Relation between Bullying Victimization and Sleep Disturbance in Chinese Children: Sex Differences. Journal of Genetic Psychology, 2023, 184, 399-414.	1.2	2
167	Reducing cognitive arousal and sleep effort alleviates insomnia and depression in pregnant women with DSM-5 insomnia disorder treated with a mindfulness sleep program. SLEEP Advances, 2023, 4, .	0.2	0
168	In situ fNIRS measurements during cognitive behavioral emotion regulation training in rumination-focused therapy: A randomized-controlled trial. NeuroImage: Clinical, 2023, 40, 103525.	2.7	0
169	Mindful but forgetful: The negative effect of trait mindfulness on memories of immoral behavior. Business and Society Review, 2023, 128, 389-416.	1.7	0
170	Integrating mind and body: Investigating differential activation of nodes of the default mode network. Restorative Neurology and Neuroscience, 2023, , 1-13.	0.7	0
171	Development and validation of the Mindfulness Insight Scale. Personality and Individual Differences, 2024, 216, 112416.	2.9	0
172	Your Best Life: Mentorship: A Means to Fulfillment and Resiliency. Clinical Orthopaedics and Related Research, 2023, 481, 2103-2104.	1.5	0
173	The Role of Emotion Regulation in the Effect of Rumination on Athletes' Goal Orientation. Akdeniz Spor Bilimleri Dergisi, 0, , .	0.6	0
174	Vicarious abusive supervision among restaurant frontline employees: the role of employee industry tenure. International Journal of Contemporary Hospitality Management, 0, , .	8.0	0
175	Mindfulness-based interventions for patients with schizophrenia spectrum disorders: A systematic review of the literature. Schizophrenia Research, 2024, 264, 191-203.	2.0	1
176	How and when is academic stress associated with mobile phone addiction? The roles of psychological distress, peer alienation and rumination. PLoS ONE, 2024, 19, e0293094.	2.5	0

#	Article	IF	CITATIONS
177	Examining the relationship between subtypes of rumination and nonâ€suicidal selfâ€injury: A metaâ€analytic review. Suicide and Life-Threatening Behavior, 0, , .	1.9	0
178	Avoidance and Rumination as Predictors of Substance Use, Mental Health, and Pain Outcomes Among People Living With HIV. Behavior Therapy, 2024, , .	2.4	0