

# Nikos L D Chatzisarantis

## List of Publications by Year in descending order

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Version: 2024-02-01

117  
papers

11,325  
citations

38742

50  
h-index

30087

103  
g-index

119  
all docs

119  
docs citations

119  
times ranked

8284  
citing authors

#	ARTICLE	IF	CITATIONS
1	Ego depletion and the strength model of self-control: A meta-analysis.. Psychological Bulletin, 2010, 136, 495-525.	6.1	1,651
2	A Multilab Preregistered Replication of the Ego-Depletion Effect. Perspectives on Psychological Science, 2016, 11, 546-573.	9.0	660
3	Integrating the theory of planned behaviour and self-determination theory in health behaviour: A meta-analysis. British Journal of Health Psychology, 2009, 14, 275-302.	3.5	517
4	The common sense model of self-regulation: Meta-analysis and test of a process model.. Psychological Bulletin, 2017, 143, 1117-1154.	6.1	397
5	The Processes by Which Perceived Autonomy Support in Physical Education Promotes Leisure-Time Physical Activity Intentions and Behavior: A Trans-Contextual Model.. Journal of Educational Psychology, 2003, 95, 784-795.	2.9	390
6	Effects of an intervention based on self-determination theory on self-reported leisure-time physical activity participation. Psychology and Health, 2009, 24, 29-48.	2.2	388
7	Research methods in sport and exercise psychology: quantitative and qualitative issues. Journal of Sports Sciences, 2001, 19, 777-809.	2.0	271
8	An Integrated Behavior Change Model for Physical Activity. Exercise and Sport Sciences Reviews, 2014, 42, 62-69.	3.0	262
9	From Psychological Need Satisfaction to Intentional Behavior: Testing a Motivational Sequence in Two Behavioral Contexts. Personality and Social Psychology Bulletin, 2006, 32, 131-148.	3.0	224
10	The influence of self-efficacy and past behaviour on the physical activity intentions of young people. Journal of Sports Sciences, 2001, 19, 711-725.	2.0	216
11	Mindfulness and the Intention-Behavior Relationship Within the Theory of Planned Behavior. Personality and Social Psychology Bulletin, 2007, 33, 663-676.	3.0	215
12	Perceived Autonomy Support in Physical Education and Leisure-Time Physical Activity: A Cross-Cultural Evaluation of the Trans-Contextual Model.. Journal of Educational Psychology, 2005, 97, 376-390.	2.9	214
13	Teacher, peer and parent autonomy support in physical education and leisure-time physical activity: A trans-contextual model of motivation in four nations. Psychology and Health, 2009, 24, 689-711.	2.2	202
14	Self-determination Theory and the psychology of exercise. International Review of Sport and Exercise Psychology, 2008, 1, 79-103.	5.7	187
15	The perceived autonomy support scale for exercise settings (PASSES): Development, validity, and cross-cultural invariance in young people. Psychology of Sport and Exercise, 2007, 8, 632-653.	2.1	185
16	The influence of autonomous and controlling motives on physical activity intentions within the Theory of Planned Behaviour. British Journal of Health Psychology, 2002, 7, 283-297.	3.5	184
17	Using meta-analytic path analysis to test theoretical predictions in health behavior: An illustration based on meta-analyses of the theory of planned behavior. Preventive Medicine, 2016, 89, 154-161.	3.4	181
18	First- and higher-order models of attitudes, normative influence, and perceived behavioural control in the theory of planned behaviour. British Journal of Social Psychology, 2005, 44, 513-535.	2.8	180

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19	The Trans-Contextual Model of Autonomous Motivation in Education. <i>Review of Educational Research</i> , 2016, 86, 360-407.	7.5	179
20	An Intervention to Reduce Alcohol Consumption in Undergraduate Students Using Implementation Intentions and Mental Simulations: A Cross-National Study. <i>International Journal of Behavioral Medicine</i> , 2012, 19, 82-96.	1.7	165
21	The strength model of self-regulation failure and health-related behaviour. <i>Health Psychology Review</i> , 2009, 3, 208-238.	8.6	154
22	Motivation for physical activity in young people: entity and incremental beliefs about athletic ability. <i>Journal of Sports Sciences</i> , 2003, 21, 973-989.	2.0	150
23	A self-determination theory approach to the study of intentions and the intention-behaviour relationship in children's physical activity. <i>British Journal of Health Psychology</i> , 1997, 2, 343-360.	3.5	136
24	Causality orientations moderate the undermining effect of rewards on intrinsic motivation. <i>Journal of Experimental Social Psychology</i> , 2011, 47, 485-489.	2.2	135
25	The subjective experience of habit captured by self-report indexes may lead to inaccuracies in the measurement of habitual action. <i>Health Psychology Review</i> , 2015, 9, 296-302.	8.6	135
26	Achievement goal profiles in school physical education: Differences in self-determination, sport ability beliefs, and physical activity. <i>British Journal of Educational Psychology</i> , 2002, 72, 433-445.	2.9	128
27	Redesign and initial validation of an instrument to assess the motivational qualities of music in exercise: The Brunel Music Rating Inventory-2. <i>Journal of Sports Sciences</i> , 2006, 24, 899-909.	2.0	127
28	Self-regulation and self-control in exercise: the strength-energy model. <i>International Review of Sport and Exercise Psychology</i> , 2010, 3, 62-86.	5.7	127
29	Perceived autonomy support and autonomous motivation toward mathematics activities in educational and out-of-school contexts is related to mathematics homework behavior and attainment. <i>Contemporary Educational Psychology</i> , 2015, 41, 111-123.	2.9	122
30	Antecedents of children's physical activity intentions and behaviour: Predictive validity and longitudinal effects. <i>Psychology and Health</i> , 2001, 16, 391-407.	2.2	105
31	On Nomological Validity and Auxiliary Assumptions: The Importance of Simultaneously Testing Effects in Social Cognitive Theories Applied to Health Behavior and Some Guidelines. <i>Frontiers in Psychology</i> , 2017, 8, 1933.	2.1	105
32	A theory-based intervention to reduce alcohol drinking in excess of guideline limits among undergraduate students. <i>British Journal of Health Psychology</i> , 2012, 17, 18-43.	3.5	100
33	The Sweet Taste of Success. <i>Personality and Social Psychology Bulletin</i> , 2013, 39, 28-42.	3.0	98
34	Assumptions in research in sport and exercise psychology. <i>Psychology of Sport and Exercise</i> , 2009, 10, 511-519.	2.1	94
35	Influences of perceived autonomy support on physical activity within the theory of planned behavior. <i>European Journal of Social Psychology</i> , 2007, 37, 934-954.	2.4	92
36	Effectiveness of a brief intervention using mental simulations in reducing alcohol consumption in corporate employees. <i>Psychology, Health and Medicine</i> , 2011, 16, 375-392.	2.4	87

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37	Functional significance of psychological variables that are included in the Theory of Planned Behaviour: a Self-Determination Theory approach to the study of attitudes, subjective norms, perceptions of control and intentions. <i>European Journal of Social Psychology</i> , 1998, 28, 303-322.	2.4	83
38	The Process by Which Relative Autonomous Motivation Affects Intentional Behavior: Comparing Effects Across Dieting and Exercise Behaviors. <i>Motivation and Emotion</i> , 2006, 30, 306-320.	1.3	83
39	Transferring motivation from educational to extramural contexts: a review of the trans-contextual model. <i>European Journal of Psychology of Education</i> , 2012, 27, 195-212.	2.6	83
40	Ironic Effects of Thought Suppression: A Meta-Analysis. <i>Perspectives on Psychological Science</i> , 2020, 15, 778-793.	9.0	82
41	A Multisite Preregistered Paradigmatic Test of the Ego-Depletion Effect. <i>Psychological Science</i> , 2021, 32, 1566-1581.	3.3	76
42	Self-identity and the theory of planned behaviour: Between- and within-participants analyses. <i>British Journal of Social Psychology</i> , 2006, 45, 731-757.	2.8	69
43	Using past behaviour and spontaneous implementation intentions to enhance the utility of the theory of planned behaviour in predicting exercise. <i>British Journal of Health Psychology</i> , 2006, 11, 249-262.	3.5	69
44	An Experimental Test of Cognitive Dissonance Theory in the Domain of Physical Exercise. <i>Journal of Applied Sport Psychology</i> , 2008, 20, 97-115.	2.3	69
45	The influences of continuation intentions on execution of social behaviour within the theory of planned behaviour. <i>British Journal of Social Psychology</i> , 2004, 43, 551-583.	2.8	65
46	Understanding motivation in sport: An experimental test of achievement goal and self determination theories. <i>European Journal of Sport Science</i> , 2006, 6, 43-51.	2.7	64
47	The Cognitive Processes by which Perceived Locus of Causality Predicts Participation in Physical Activity. <i>Journal of Health Psychology</i> , 2002, 7, 685-699.	2.3	60
48	Food Choice and Nutrition: A Social Psychological Perspective. <i>Nutrients</i> , 2015, 7, 8712-8715.	4.1	59
49	Influence of Perceived Motivational Climate on Achievement Goals in Physical Education: A Structural Equation Mixture Modeling Analysis. <i>Journal of Sport and Exercise Psychology</i> , 2010, 32, 324-338.	1.2	57
50	Chronic Inhibition, Self-Control and Eating Behavior: Test of a "Resource Depletion" Model. <i>PLoS ONE</i> , 2013, 8, e76888.	2.5	53
51	The Effects of Social Identity and Perceived Autonomy Support on Health Behaviour Within the Theory of Planned Behaviour. <i>Current Psychology</i> , 2009, 28, 55-68.	2.8	51
52	Injury Representations, Coping, Emotions, and Functional Outcomes in Athletes With Sports-Related Injuries: A Test of Self-Regulation Theory1. <i>Journal of Applied Social Psychology</i> , 2005, 35, 2345-2374.	2.0	47
53	An experimental test of self-theories of ability in youth sport. <i>Psychology of Sport and Exercise</i> , 2006, 7, 255-267.	2.1	47
54	Using the construct of perceived autonomy support to understand social influence within the theory of planned behavior. <i>Psychology of Sport and Exercise</i> , 2008, 9, 27-44.	2.1	45

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55	Mindfulness, Movement Control, and Attentional Focus Strategies: Effects of Mindfulness on a Postural Balance Task. <i>Journal of Sport and Exercise Psychology</i> , 2012, 34, 561-579.	1.2	45
56	Predicting alcohol consumption and binge drinking in company employees: An application of planned behaviour and self-determination theories. <i>British Journal of Health Psychology</i> , 2012, 17, 379-407.	3.5	44
57	It is premature to regard the ego-depletion effect as "Too Incredible": <i>Frontiers in Psychology</i> , 2014, 5, 298.	2.1	44
58	A review and empirical comparison of motivation scoring methods: An application to self-determination theory. <i>Motivation and Emotion</i> , 2020, 44, 534-548.	1.3	43
59	Predicting Physical Activity Intentions Using Goal Perspectives and Self-Determination Theory Approaches. <i>European Psychologist</i> , 1999, 4, 83-89.	3.1	43
60	The influences of intrinsic motivation on execution of social behaviour within the theory of planned behaviour. <i>European Journal of Social Psychology</i> , 2006, 36, 229-237.	2.4	41
61	Influences of personality traits and continuation intentions on physical activity participation within the theory of planned behaviour. <i>Psychology and Health</i> , 2008, 23, 347-367.	2.2	41
62	Using self-determination theory to examine the motivational correlates and predictive utility of spontaneous exercise implementation intentions. <i>Psychology of Sport and Exercise</i> , 2007, 8, 758-770.	2.1	40
63	The effect of causality orientations and positive competence-enhancing feedback on intrinsic motivation: A test of additive and interactive effects. <i>Personality and Individual Differences</i> , 2015, 72, 107-111.	2.9	40
64	Adequacy of the Sequential-Task Paradigm in Evoking Ego-Depletion and How to Improve Detection of Ego-Depleting Phenomena. <i>Frontiers in Psychology</i> , 2016, 7, 136.	2.1	39
65	The Efficacy of a Group Cognitive Behavioral Therapy for War-Affected Young Migrants Living in Australia: A Cluster Randomized Controlled Trial. <i>Frontiers in Psychology</i> , 2016, 7, 1641.	2.1	39
66	The moral worth of sport reconsidered: Contributions of recreational sport and competitive sport to life aspirations and psychological well-being. <i>Journal of Sports Sciences</i> , 2007, 25, 1047-1056.	2.0	37
67	The stability of the attitude-intention relationship in the context of physical activity. <i>Journal of Sports Sciences</i> , 2005, 23, 49-61.	2.0	36
68	Autonomy and Control. <i>Journal of Health Psychology</i> , 2006, 11, 51-63.	2.3	35
69	Physical self-concept and social physique anxiety: invariance across culture, gender and age. <i>Stress and Health</i> , 2010, 26, 304-329.	2.6	35
70	The mediating role of self-determination in the relationship between goal orientations and physical self-worth in greek exercisers. <i>European Journal of Sport Science</i> , 2001, 1, 1-9.	2.7	34
71	Narcissism and coach interpersonal style: A self-determination theory perspective. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 254-261.	2.9	34
72	Effects of individualist and collectivist group norms and choice on intrinsic motivation. <i>Motivation and Emotion</i> , 2014, 38, 215-223.	1.3	33

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73	Cue-Induced Smoking Urges Deplete Cigarette Smokers'™ Self-Control Resources. <i>Annals of Behavioral Medicine</i> , 2013, 46, 394-400.	2.9	32
74	Preventing the spread of H1N1 influenza infection during a pandemic: autonomy-supportive advice versus controlling instruction. <i>Journal of Behavioral Medicine</i> , 2015, 38, 416-426.	2.1	29
75	Effects of action planning and coping planning within the theory of planned behaviour: A physical activity study of patients undergoing haemodialysis. <i>Psychology of Sport and Exercise</i> , 2011, 12, 609-614.	2.1	27
76	A Diary Study of Self-Compassion, Upward Social Comparisons, and Body Image-Related Outcomes. <i>Applied Psychology: Health and Well-Being</i> , 2017, 9, 242-258.	3.0	27
77	Understanding motivation in internet gaming among Singaporean youth: The role of passion. <i>Computers in Human Behavior</i> , 2011, 27, 1179-1184.	8.5	26
78	Commentary: Misguided Effort with Elusive Implications, and Sifting Signal from Noise with Replication Science. <i>Frontiers in Psychology</i> , 2016, 7, 621.	2.1	26
79	An Intra-Individual Analysis of Players' Perceived Coaching Behaviours, Psychological Needs, and Achievement Goals. <i>International Journal of Sports Science and Coaching</i> , 2009, 4, 177-192.	1.4	25
80	In-lecture learning motivation predicts students'™ motivation, intention, and behaviour for after-lecture learning: Examining the trans-contextual model across universities from UK, China, and Pakistan. <i>Motivation and Emotion</i> , 2015, 39, 908-925.	1.3	24
81	Advancement of the Subjective Vitality Scale: examination of alternative measurement models for Japanese and Singaporeans. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1793-1800.	2.9	23
82	Influences of volitional and forced intentions on physical activity and effort within the theory of planned behaviour. <i>Journal of Sports Sciences</i> , 2007, 25, 699-709.	2.0	22
83	The Effects of Self-Discordance, Self-Concordance, and Implementation Intentions on Health Behavior. <i>Journal of Applied Biobehavioral Research</i> , 2008, 13, 198-214.	2.0	21
84	Achievement Goals, Physical Self-Concept, and Social Physique Anxiety in a Physical Activity Context1. <i>Journal of Applied Social Psychology</i> , 2011, 41, 1299-1339.	2.0	21
85	The Goose Is (Half) Cooked: a Consideration of the Mechanisms and Interpersonal Context Is Needed to Elucidate the Effects of Personal Financial Incentives on Health Behaviour. <i>International Journal of Behavioral Medicine</i> , 2014, 21, 197-201.	1.7	21
86	Evaluating the effects of implementation intention and self-concordance on behaviour. <i>British Journal of Psychology</i> , 2010, 101, 705-718.	2.3	19
87	Effects of achievement goals on perceptions of competence in conditions of unfavourable social comparisons: The mastery goal advantage effect. <i>British Journal of Educational Psychology</i> , 2017, 87, 630-646.	2.9	19
88	Cross-cultural generalizability of the theory of planned behavior among young people in a physical activity context. <i>Journal of Sport and Exercise Psychology</i> , 2007, 29, 2-20.	1.2	19
89	When effects of the universal psychological need for autonomy on health behaviour extend to a large proportion of individuals: A field experiment. <i>British Journal of Health Psychology</i> , 2012, 17, 785-797.	3.5	18
90	Chinese students'™ motivation in physical activity: Goal profile analysis using Nicholl's achievement goal theory. <i>International Journal of Sport and Exercise Psychology</i> , 2010, 8, 284-301.	2.1	17

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91	Effects of a School-Based Intervention on Motivation for Out-of-School Physical Activity Participation. <i>Research Quarterly for Exercise and Sport</i> , 2020, 92, 1-15.	1.4	17
92	When feeling attractive matters too much to women: A process underpinning the relation between psychological need satisfaction and unhealthy weight control behaviors. <i>Motivation and Emotion</i> , 2011, 35, 413-422.	1.3	16
93	Changing Behavior Using Self-Determination Theory. , 2020, , 104-119.		16
94	Precompetitive Anxiety and Self-Confidence in Athletes with Disability. <i>Perceptual and Motor Skills</i> , 2007, 105, 339-346.	1.3	14
95	Unsuccessful attempts to replicate effects of self control operations and glucose on ego-depletion pose an interesting research question that demands explanation. <i>Appetite</i> , 2015, 84, 328-329.	3.7	14
96	Larger and More Prominent Graphic Health Warnings on Plain-Packaged Tobacco Products and Avoidant Responses in Current Smokers: a Qualitative Study. <i>International Journal of Behavioral Medicine</i> , 2016, 23, 94-101.	1.7	14
97	Self-regulation strategies may enhance the acute effect of exercise on smoking delay. <i>Addictive Behaviors</i> , 2016, 57, 35-37.	3.0	13
98	Effects of Implementation Intentions Linking Suppression of Alcohol Consumption to Socializing Goals on Alcohol-Related Decisions. <i>Journal of Applied Social Psychology</i> , 2010, 40, 1618-1634.	2.0	12
99	A consideration of what is meant by automaticity and better ways to measure it. <i>Frontiers in Psychology</i> , 2014, 5, 1537.	2.1	11
100	The Impact of Agentive and Communal Exercise Messages on Individuals' Exercise Class Attitudes, Self-Efficacy Beliefs, and Intention to Attend. <i>Journal of Sport and Exercise Psychology</i> , 2017, 39, 397-411.	1.2	10
101	Illusory delusions. Willingness to exercise self-control can mask effects of glucose on self-control performance in experimental paradigms that use identical self-control tasks. <i>Appetite</i> , 2015, 84, 322-324.	3.7	8
102	A Randomised Controlled Trial to Test the Effectiveness of Planning Strategies to Improve Medication Adherence in Patients with Cardiovascular Disease. <i>Applied Psychology: Health and Well-Being</i> , 2017, 9, 106-129.	3.0	8
103	The Strength Model of Self-Control: Recent Advances and Implications for Public Health. , 2013, , 123-139.		8
104	â€˜Mum's the wordâ€™: Predictors and outcomes of weight concerns in pre-adolescent and early adolescent girls. <i>Body Image</i> , 2016, 16, 107-112.	4.3	7
105	Why distractors with need-supportive content can mitigate ironic effects of thought suppression. <i>Motivation and Emotion</i> , 2018, 42, 214-224.	1.3	7
106	When small losses do not loom larger than small gains: Effects of contextual autonomy support and goal contents on behavioural responses to small losses and small gains. <i>British Journal of Social Psychology</i> , 2012, 51, 690-708.	2.8	5
107	Mechanisms underlying effective thought suppression using focused-distraction strategies: A self-determination theory approach.. <i>Psychology of Consciousness: Theory Research, and Practice</i> , 2017, 4, 367-380.	0.4	5
108	A school-based intervention program in promoting leisure-time physical activity: trial protocol. <i>BMC Public Health</i> , 2018, 18, 433.	2.9	4

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109	An initial investigation of smokers' urges to smoke and their exercise intensity preference: A mixed-methods approach. <i>Cogent Medicine</i> , 2016, 3, 1149043.	0.7	3
110	Short-Term Psychological and Physiological Effects of Varying the Volume of High-Intensity Interval Training in Healthy Men. <i>Perceptual and Motor Skills</i> , 2019, 126, 119-142.	1.3	3
111	Relationships Between Health Promoting Activities, Life Satisfaction, and Depressive Symptoms in Unemployed Individuals. <i>European Journal of Health Psychology</i> , 2021, 28, 1-12.	0.6	3
112	Quadratic Models May Provide a Useful Set of Models that Detect Combined Effects of Achievement Goals on Academic Attainment. <i>Frontiers in Psychology</i> , 2016, 7, 29.	2.1	2
113	Applying test operating characteristics to measures of exercise motivation: A primer. <i>British Journal of Psychology</i> , 2010, 101, 345-360.	2.3	1
114	Prioritizing Intentions on the Margins: Effects of Marginally Higher Prioritization Strategies on Physical Activity Participation. <i>Journal of Sport and Exercise Psychology</i> , 2016, 38, 355-366.	1.2	1
115	Same but different: Comparative modes of information processing are implicated in the construction of perceptions of autonomy support. <i>British Journal of Psychology</i> , 2017, 108, 687-700.	2.3	1
116	Editorial: Current Perspectives on Social Comparisons and Their Effects. <i>Frontiers in Psychology</i> , 2021, 12, 739783.	2.1	0
117	Does time fly when you engage more? Effort intensity moderates the relationship between affect and time perception. <i>Current Psychology</i> , 0, , .	2.8	0