

Bernardine Pinto

List of Publications by Year in descending order

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Version: 2024-02-01

47
papers

3,632
citations

159585

30
h-index

214800

47
g-index

47
all docs

47
docs citations

47
times ranked

3395
citing authors

#	ARTICLE	IF	CITATIONS
1	Efficacy of an individualized, motivationally-tailored physical activity intervention. <i>Annals of Behavioral Medicine</i> , 1998, 20, 174-180.	2.9	353
2	Maintenance of physical activity following an individualized motivationally tailored intervention. <i>Annals of Behavioral Medicine</i> , 2001, 23, 79-87.	2.9	257
3	Value of a supervised exercise program for the therapy of arterial claudication. <i>Journal of Vascular Surgery</i> , 1997, 25, 312-319.	1.1	188
4	Physician-based activity counseling: Intervention effects on mediators of motivational readiness for physical activity. <i>Annals of Behavioral Medicine</i> , 2001, 23, 2-10.	2.9	182
5	Telephone versus print delivery of an individualized motivationally tailored physical activity intervention: Project STRIDE.. <i>Health Psychology</i> , 2007, 26, 401-409.	1.6	170
6	Cognitive Behavioral Mediators of Changing Multiple Behaviors: Smoking and a Sedentary Lifestyle. <i>Preventive Medicine</i> , 1996, 25, 684-691.	3.4	149
7	Effects of a computer-based, telephone-counseling system on physical activity. <i>American Journal of Preventive Medicine</i> , 2002, 23, 113-120.	3.0	148
8	Activity Counseling by Primary Care Physicians. <i>Preventive Medicine</i> , 1998, 27, 506-513.	3.4	144
9	Physician-based physical activity counseling for middle-aged and older adults: A randomized trial. <i>Annals of Behavioral Medicine</i> , 1999, 21, 40-47.	2.9	139
10	Training Physicians to Conduct Physical Activity Counseling. <i>Preventive Medicine</i> , 1997, 26, 382-388.	3.4	134
11	Relationships of Physical Activity with Dietary Behaviors among Adults. <i>Preventive Medicine</i> , 2001, 32, 295-301.	3.4	133
12	The Impact of Depression on Smoking Cessation in Women. <i>American Journal of Preventive Medicine</i> , 1996, 12, 378-387.	3.0	120
13	Cancer-related beliefs and health behavior change among breast cancer survivors and their first-degree relatives. <i>Psycho-Oncology</i> , 2006, 15, 701-712.	2.3	120
14	Application of Theoretical Models to Exercise Behavior among Employed Women. <i>American Journal of Health Promotion</i> , 1994, 9, 49-55.	1.7	102
15	Longitudinal Shifts in Employees' Stages and Processes of Exercise Behavior Change. <i>American Journal of Health Promotion</i> , 1996, 10, 195-200.	1.7	95
16	Intervention Format and Delivery Preferences Among Young Adult Cancer Survivors. <i>International Journal of Behavioral Medicine</i> , 2013, 20, 304-310.	1.7	93
17	Mediators of physical activity behavior change: A multivariate approach.. <i>Health Psychology</i> , 2008, 27, 409-418.	1.6	85
18	Predictors of exercise adherence following participation in a cardiac rehabilitation program. <i>International Journal of Behavioral Medicine</i> , 1997, 4, 60-75.	1.7	82

#	ARTICLE	IF	CITATIONS
19	A Stages of Change Approach to Understanding College Students' Physical Activity. <i>Journal of American College Health</i> , 1995, 44, 27-31.	1.5	73
20	Minority women and tobacco: Implications for smoking cessation interventions. <i>Annals of Behavioral Medicine</i> , 1997, 19, 301-313.	2.9	71
21	Theories and Techniques for Promoting Physical Activity Behaviours. <i>Sports Medicine</i> , 1996, 22, 321-331.	6.5	64
22	Maintenance of Exercise After Phase II Cardiac Rehabilitation. <i>American Journal of Preventive Medicine</i> , 2011, 41, 274-283.	3.0	64
23	Cancer screening practices among cancer survivors. <i>American Journal of Preventive Medicine</i> , 2005, 28, 351-356.	3.0	61
24	Predictors of quitting and dropout among women in a clinic-based smoking cessation program.. <i>Psychology of Addictive Behaviors</i> , 2002, 16, 22-27.	2.1	60
25	Maintenance of effects of a home-based physical activity program among breast cancer survivors. <i>Supportive Care in Cancer</i> , 2008, 16, 1279-1289.	2.2	60
26	Behavioral and Psychosocial Program Needs of Young Adult Cancer Survivors. <i>Qualitative Health Research</i> , 2011, 21, 796-806.	2.1	59
27	Harnessing motivational forces in the promotion of physical activity: the Community Health Advice by Telephone (CHAT) project. <i>Health Education Research</i> , 2002, 17, 627-636.	1.9	54
28	Exercise and relaxation intervention for breast cancer survivors: feasibility, acceptability and effects. <i>Psycho-Oncology</i> , 2009, 18, 258-266.	2.3	48
29	Weight control smoking among sedentary women. <i>Addictive Behaviors</i> , 1999, 24, 75-86.	3.0	44
30	Randomized Trial of a Physical Activity and Meditation Intervention for Young Adult Cancer Survivors. <i>Journal of Adolescent and Young Adult Oncology</i> , 2016, 5, 41-47.	1.3	44
31	Design of the steps to health study of physical activity in survivors of endometrial cancer: Testing a social cognitive theory model. <i>Psychology of Sport and Exercise</i> , 2011, 12, 27-35.	2.1	32
32	Accuracy of recall of exercise counseling among primary care patients. <i>Preventive Medicine</i> , 2004, 39, 1063-1067.	3.4	29
33	Participant reactions to a computerized telephone system for nutrition and exercise counseling. <i>Patient Education and Counseling</i> , 2003, 49, 157-163.	2.2	28
34	Longitudinal Changes in College Students' Exercise Participation. <i>Journal of American College Health</i> , 1998, 47, 23-27.	1.5	26
35	Peer mentorship to promote physical activity among cancer survivors: effects on quality of life. <i>Psycho-Oncology</i> , 2015, 24, 1295-1302.	2.3	26
36	Does a peer-led exercise intervention affect sedentary behavior among breast cancer survivors?. <i>Psycho-Oncology</i> , 2017, 26, 1907-1913.	2.3	17

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37	Peer mentors delivering a physical activity intervention for cancer survivors: effects among mentors. <i>Translational Behavioral Medicine</i> , 2017, 7, 680-689.	2.4	12
38	A "novel" multi-component approach to promote physical activity among older cancer survivors: a pilot randomized controlled trial. <i>Acta Oncologica</i> , 2021, 60, 968-975.	1.8	12
39	Physical Activity Adoption and Maintenance Among Breast Cancer Survivors: A Randomized Trial of Peer Mentoring. <i>Annals of Behavioral Medicine</i> , 2022, 56, 842-855.	2.9	11
40	Exploring maintenance of physical activity behaviour change among people living with and beyond gastrointestinal cancer: a cross-sectional qualitative study and typology. <i>BMJ Open</i> , 2020, 10, e037136.	1.9	11
41	Feasibility and acceptability of active book clubs in cancer survivors " an explorative investigation. <i>Acta Oncologica</i> , 2017, 56, 471-478.	1.8	8
42	The many faces of recruitment in a randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2021, 102, 106285.	1.8	7
43	Sedentary behavior among breast cancer survivors: a longitudinal study using ecological momentary assessments. <i>Journal of Cancer Survivorship</i> , 2020, 15, 546-553.	2.9	5
44	Association of Body Esteem with Fitness and Body Fat Among Colorectal Cancer Survivors: Secondary Analyses from a Randomized Trial. <i>International Journal of Behavioral Medicine</i> , 2019, 26, 619-628.	1.7	4
45	Strengthening collaborative research and scholarship in a College of Nursing. <i>Journal of Professional Nursing</i> , 2021, 37, 373-378.	2.8	4
46	Biologically based complementary and alternative medicine use among breast cancer survivors: relationship to dietary fat consumption and exercise. <i>Supportive Care in Cancer</i> , 2006, 14, 1064-1069.	2.2	2
47	Guideposts for Physical Activity, Diet, and Weight Management Interventions Among Cancer Survivors. <i>Obesity</i> , 2017, 25, S23-S24.	3.0	2