

# Karin I Proper

## List of Publications by Year in descending order

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Version: 2024-02-01

73  
papers

3,704  
citations

218677

26  
h-index

133252

59  
g-index

76  
all docs

76  
docs citations

76  
times ranked

5094  
citing authors

#	ARTICLE	IF	CITATIONS
1	Sedentary Behaviors and Health Outcomes Among Adults. <i>American Journal of Preventive Medicine</i> , 2011, 40, 174-182.	3.0	545
2	The Effectiveness of Worksite Physical Activity Programs on Physical Activity, Physical Fitness, and Health. <i>Clinical Journal of Sport Medicine</i> , 2003, 13, 106-117.	1.8	294
3	Health effects of employment: a systematic review of prospective studies. <i>Occupational and Environmental Medicine</i> , 2014, 71, 730-736.	2.8	286
4	Relationship between young peoples' sedentary behaviour and biomedical health indicators: a systematic review of prospective studies. <i>Obesity Reviews</i> , 2011, 12, e621-32.	6.5	203
5	Is retirement good for your health? A systematic review of longitudinal studies. <i>BMC Public Health</i> , 2013, 13, 1180.	2.9	180
6	The Relationship Between Shift Work and Metabolic Risk Factors. <i>American Journal of Preventive Medicine</i> , 2016, 50, e147-e157.	3.0	163
7	An evidence update on the prospective relationship between childhood sedentary behaviour and biomedical health indicators: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2016, 17, 833-849.	6.5	151
8	Meta-analyses of workplace physical activity and dietary behaviour interventions on weight outcomes. <i>Obesity Reviews</i> , 2011, 12, 406-429.	6.5	133
9	The relationship between overweight and obesity, and sick leave: a systematic review. <i>International Journal of Obesity</i> , 2009, 33, 807-816.	3.4	132
10	Effectiveness of physical activity programs at worksites with respect to work-related outcomes. <i>Scandinavian Journal of Work, Environment and Health</i> , 2002, 28, 75-84.	3.4	131
11	The effectiveness of physical and organisational ergonomic interventions on low back pain and neck pain: a systematic review. <i>Occupational and Environmental Medicine</i> , 2010, 67, 277-285.	2.8	121
12	Dose-response relation between physical activity and sick leave. <i>British Journal of Sports Medicine</i> , 2006, 40, 173-178.	6.7	84
13	Effectiveness of a worksite lifestyle intervention on vitality, work engagement, productivity, and sick leave: results of a randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2013, 39, 66-75.	3.4	80
14	Effectiveness of a Worksite Mindfulness-Related Multi-Component Health Promotion Intervention on Work Engagement and Mental Health: Results of a Randomized Controlled Trial. <i>PLoS ONE</i> , 2014, 9, e84118.	2.5	76
15	The effectiveness of interventions for ageing workers on (early) retirement, work ability and productivity: a systematic review. <i>International Archives of Occupational and Environmental Health</i> , 2015, 88, 521-532.	2.3	61
16	WHO/ILO work-related burden of disease and injury: Protocol for systematic reviews of exposure to occupational ergonomic risk factors and of the effect of exposure to occupational ergonomic risk factors on osteoarthritis of hip or knee and selected other musculoskeletal diseases. <i>Environment International</i> , 2019, 125, 554-566.	10.0	61
17	Shift work, sleep disturbances and social jetlag in healthcare workers. <i>Journal of Sleep Research</i> , 2019, 28, e12802.	3.2	61
18	Fostering Flexibility in the New World of Work: A Model of Time-Spatial Job Crafting. <i>Frontiers in Psychology</i> , 2019, 10, 505.	2.1	55

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19	The prevalence of occupational exposure to ergonomic risk factors: A systematic review and meta-analysis from the WHO/ILO Joint Estimates of the Work-related Burden of Disease and Injury. <i>Environment International</i> , 2021, 146, 106157.	10.0	54
20	The effects of exit from work on health across different socioeconomic groups: A systematic literature review. <i>Social Science and Medicine</i> , 2018, 198, 36-45.	3.8	47
21	Shift Work and Respiratory Infections in Health-Care Workers. <i>American Journal of Epidemiology</i> , 2019, 188, 509-517.	3.4	45
22	Physical activity levels of adults with various physical disabilities. <i>Preventive Medicine Reports</i> , 2018, 10, 370-376.	1.8	44
23	Immunological effects of shift work in healthcare workers. <i>Scientific Reports</i> , 2019, 9, 18220.	3.3	44
24	The effect of occupational exposure to ergonomic risk factors on osteoarthritis of hip or knee and selected other musculoskeletal diseases: A systematic review and meta-analysis from the WHO/ILO Joint Estimates of the Work-related Burden of Disease and Injury. <i>Environment International</i> , 2021, 150, 106349.	10.0	41
25	The contribution of work and lifestyle factors to socioeconomic inequalities in self-rated health â€” a systematic review. <i>Scandinavian Journal of Work, Environment and Health</i> , 2019, 45, 114-125.	3.4	40
26	Physical activity among Dutch workersâ€™ differences between occupations. <i>Preventive Medicine</i> , 2006, 43, 42-45.	3.4	31
27	Overweight and obesity among Dutch workers: differences between occupational groups and sectors. <i>International Archives of Occupational and Environmental Health</i> , 2010, 83, 61-68.	2.3	27
28	Characterizing Adult Sleep Behavior Over 20 Yearsâ€™ The Population-Based Doetinchem Cohort Study. <i>Sleep</i> , 2017, 40, .	1.1	27
29	Shift work is associated with reduced heart rate variability among men but not women. <i>International Journal of Cardiology</i> , 2018, 258, 109-114.	1.7	27
30	Objectively measured physical activity of hospital shift workers. <i>Scandinavian Journal of Work, Environment and Health</i> , 2018, 44, 265-273.	3.4	27
31	Shift work, chronotype and the risk of cardiometabolic risk factors. <i>European Journal of Public Health</i> , 2019, 29, 128-134.	0.3	26
32	Relationship of Night and Shift Work With Weight Change and Lifestyle Behaviors. <i>Journal of Occupational and Environmental Medicine</i> , 2015, 57, e37-e44.	1.7	25
33	Intervention Mapping as a Framework for Developing an Intervention at the Worksite for Older Construction Workers. <i>American Journal of Health Promotion</i> , 2011, 26, e1-e10.	1.7	23
34	The mediating role of lifestyle in the relationship between shift work, obesity and diabetes. <i>International Archives of Occupational and Environmental Health</i> , 2021, 94, 1287-1295.	2.3	23
35	A worksite prevention program for construction workers: design of a randomized controlled trial. <i>BMC Public Health</i> , 2010, 10, 336.	2.9	22
36	Physical workload and obesity have a synergistic effect on work ability among construction workers. <i>International Archives of Occupational and Environmental Health</i> , 2019, 92, 855-864.	2.3	21

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37	The association between exposure to different aspects of shift work and metabolic risk factors in health care workers, and the role of chronotype. PLoS ONE, 2019, 14, e0211557.	2.5	21
38	Short term effect of feedback on fitness and health measurements on self reported appraisal of the stage of change. British Journal of Sports Medicine, 2003, 37, 529-534.	6.7	18
39	The Relation between Occupational Sitting and Mental, Cardiometabolic, and Musculoskeletal Health over a Period of 15 Years – The Doetinchem Cohort Study. PLoS ONE, 2016, 11, e0146639.	2.5	18
40	Promoting physical activity with people in different places – A Dutch perspective. Journal of Science and Medicine in Sport, 2006, 9, 371-377.	1.3	17
41	A qualitative study of the anticipated barriers and facilitators to the implementation of a lifestyle intervention in the dutch construction industry. BMC Public Health, 2014, 14, 1317.	2.9	17
42	Klokwerk – study protocol: An observational study to the effects of night shift work on body weight and infection susceptibility and the mechanisms underlying these health effects. BMC Public Health, 2016, 16, 692.	2.9	16
43	Influence of obesity and physical workload on disability benefits among construction workers followed up for 37 years. Occupational and Environmental Medicine, 2017, 74, 621-627.	2.8	16
44	Shift work, and burnout and distress among 7798 blue-collar workers. International Archives of Occupational and Environmental Health, 2020, 93, 955-963.	2.3	16
45	Non-occupational physical activity levels of shift workers compared with non-shift workers. Occupational and Environmental Medicine, 2017, 74, 328-335.	2.8	15
46	Sitting Behaviors and Mental Health among Workers and Nonworkers: The Role of Weight Status. Journal of Obesity, 2012, 2012, 1-9.	2.7	13
47	The association between adverse life events and body weight change: results of a prospective cohort study. BMC Public Health, 2013, 13, 957.	2.9	13
48	Workplace Health Promotion and Wellbeing. Scientific World Journal, The, 2015, 2015, 1-2.	2.1	12
49	The moderating role of lifestyle, age, and years working in shifts in the relationship between shift work and being overweight. International Archives of Occupational and Environmental Health, 2020, 93, 697-705.	2.3	12
50	The mediating role of sleep, physical activity, and diet in the association between shift work and respiratory infections. Scandinavian Journal of Work, Environment and Health, 2020, 46, 516-524.	3.4	12
51	– Like Juggling, Constantly Trying to Keep All Balls in the Air – A Qualitative Study of the Support Needs of Working Caregivers Taking Care of Older Adults. International Journal of Environmental Research and Public Health, 2021, 18, 5701.	2.6	11
52	Night shift work characteristics are associated with several elevated metabolic risk factors and immune cell counts in a cross-sectional study. Scientific Reports, 2022, 12, 2022.	3.3	10
53	Night-shift work is associated with increased susceptibility to SARS-CoV-2 infection. Chronobiology International, 2022, 39, 1100-1109.	2.0	10
54	Physical activity of workers with and without chronic diseases. Preventive Medicine Reports, 2016, 3, 30-35.	1.8	9

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55	The prevalence of chronic psychological complaints and emotional exhaustion among overweight and obese workers. <i>International Archives of Occupational and Environmental Health</i> , 2012, 85, 537-545.	2.3	8
56	Adapting Citizen Science to Improve Health in an Occupational Setting: Preliminary Results of a Qualitative Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4917.	2.6	6
57	Sickness absenteeism, work performance, and healthcare use due to respiratory infections for shift and non-shift workers. <i>Chronobiology International</i> , 2020, 37, 1325-1334.	2.0	4
58	The mediating role of unhealthy behavior in the relationship between shift work and perceived health. <i>BMC Public Health</i> , 2021, 21, 1300.	2.9	4
59	The Working Informal Caregiver Model: A Mixed Methods Approach to Explore Future Informal Caregiving by Working Caregivers. <i>Sustainability</i> , 2022, 14, 3519.	3.2	4
60	Do overweight/obesity and low levels of leisure-time vigorous physical activity moderate the effect of occupational physical activity on self-rated health of construction workers?. <i>International Archives of Occupational and Environmental Health</i> , 2022, 95, 465-475.	2.3	3
61	The Implementation of Preventive Health Measures in Small- and Medium-Sized Enterprisesâ€”A Combined Quantitative/Qualitative Study of Its Determinants from the Perspective of Enterprise Representatives. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3904.	2.6	3
62	The Mediating Effect of Unhealthy Behaviors and Body Mass Index in the Relation Between High Physical Workload and Self-Rated Poor Health in Male Construction Workers. <i>Journal of Occupational and Environmental Medicine</i> , 2020, 62, e414-e422.	1.7	2
63	Psychological distress as a determinant of changes in body mass index over a period of 10years. <i>Preventive Medicine</i> , 2015, 77, 17-22.	3.4	1
64	The prevalence of implementation of mental health measures in companies and its association with sickness absence. <i>Public Health</i> , 2016, 132, 79-85.	2.9	1
65	The mediating role of unhealthy behaviors and body mass index in the relationship between high job strain and self-rated poor health among lower educated workers. <i>International Archives of Occupational and Environmental Health</i> , 2021, 94, 95-105.	2.3	1
66	A process evaluation of a vitality intervention among older hospital workers. <i>Occupational and Environmental Medicine</i> , 2011, 68, A124-A124.	2.8	0
67	The role of work ability in the relationship between aerobic capacity and sick leave: a mediation analysis. <i>Occupational and Environmental Medicine</i> , 2011, 68, A96-A97.	2.8	0
68	1617â€¦Shiftwork and metabolic health risks â€” what does the literature conclude?. , 2018, , .		0
69	1399â€¦Does physical workload moderate the influence of obesity on work ability among construction workers?. , 2018, , .		0
70	The contribution of work and lifestyle factors to socioeconomic inequalities in perceived health. <i>European Journal of Public Health</i> , 2018, 28, .	0.3	0
71	P-9â€¦The combined effects of a high physical workload and either overweight/obesity or insufficient vigorous physical activity on self-rated health. , 2021, , .		0
72	O-42â€¦The mediating role of unhealthy behaviors and body mass index in the relationship between high job strain and self-rated poor health among lower educated workers. , 2021, , .		0

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73	The contribution of work and lifestyle factors to socioeconomic inequalities in perceived health. European Journal of Public Health, 2018, 28, .	0.3	0