

Jadwiga Hamulka

List of Publications by Year in descending order

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Version: 2024-02-01

49
papers

1,275
citations

394421

19
h-index

395702

33
g-index

57
all docs

57
docs citations

57
times ranked

2117
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 1 | Consumers's Perception and Preference for the Consumption of Wild Game Meat among Adults in Poland. <i>Foods</i> , 2022, 11, 830. | 4.3 | 14 |
| 2 | Socioeconomic, Eating- and Health-Related Limitations of Food Consumption among Polish Women 60+ Years: The "ABC of Healthy Eating" Project. <i>Nutrients</i> , 2022, 14, 51. | 4.1 | 7 |
| 3 | Fruits and Vegetables as Sources of Carotenoids in Complementary Feeding. , 2022, 12, . | | 0 |
| 4 | Early Feeding Factors and Eating Behaviors among Children Aged 1–3: A Cross-Sectional Study. <i>Nutrients</i> , 2022, 14, 2279. | 4.1 | 6 |
| 5 | Anthropometric Indices as Predictive Screening Tools for Obesity in Adults; The Need to Define Sex-Specific Cut-Off Points for Anthropometric Indices. <i>Applied Sciences (Switzerland)</i> , 2022, 12, 6165. | 2.5 | 8 |
| 6 | Perceived Nutrition and Health Concerns: Do They Protect against Unhealthy Dietary Patterns in Polish Adults?. <i>Nutrients</i> , 2021, 13, 170. | 4.1 | 7 |
| 7 | Self-reported food safety knowledge and practices of early-school-aged children – a result of analysis in towns near the Warsaw city. <i>British Food Journal</i> , 2021, 123, 2461-2477. | 2.9 | 3 |
| 8 | Sustainability of a Multi-Component Education Program (ABC of Healthy Eating) after Three Months and Nine Months: The Socioeconomic Context in Improving Nutrition Knowledge in Polish Teenagers. <i>Nutrients</i> , 2021, 13, 1661. | 4.1 | 1 |
| 9 | Food Neophobia among Adults: Differences in Dietary Patterns, Food Choice Motives, and Food Labels Reading in Poles. <i>Nutrients</i> , 2021, 13, 1590. | 4.1 | 27 |
| 10 | Maternal Diet, Nutritional Status, and Birth-Related Factors Influencing Offspring's Bone Mineral Density: A Narrative Review of Observational, Cohort, and Randomized Controlled Trials. <i>Nutrients</i> , 2021, 13, 2302. | 4.1 | 11 |
| 11 | Dietary recommendations during the Covid-19 pandemic. Statement of the Committee of Human Nutrition Science of the Polish Academy of Sciences. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2021, 72, 209-220. | 0.7 | 2 |
| 12 | Dietary Supplements during COVID-19 Outbreak. Results of Google Trends Analysis Supported by PLifeCOVID-19 Online Studies. <i>Nutrients</i> , 2021, 13, 54. | 4.1 | 147 |
| 13 | The Quality and Composition of Fatty Acids in Adipose Tissue-Derived from Wild Animals; A Pilot Study. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 10029. | 2.5 | 3 |
| 14 | Changes in Attitudes toward Nutrition after an Education Program in Polish Teenagers: Report from the ABC of Healthy Eating Study. <i>Proceedings of the Nutrition Society</i> , 2020, 79, . | 1.0 | 0 |
| 15 | Dietary and Lifestyle Changes During COVID-19 and the Subsequent Lockdowns among Polish Adults: A Cross-Sectional Online Survey PLifeCOVID-19 Study. <i>Nutrients</i> , 2020, 12, 2324. | 4.1 | 298 |
| 16 | The Use of Added Salt and Sugar in the Diet of Polish and Austrian Toddlers. Associated Factors and Dietary Patterns, Feeding and Maternal Practices. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5025. | 2.6 | 10 |
| 17 | Association between complementary feeding method and BMI at 19–36 months of life: an Internet-based cross-sectional study from two European countries. <i>Proceedings of the Nutrition Society</i> , 2020, 79, . | 1.0 | 0 |
| 18 | The COVID-19 Pandemic Lockdowns and Changes in Body Weight among Polish Women. A Cross-Sectional Online Survey PLifeCOVID-19 Study. <i>Sustainability</i> , 2020, 12, 7768. | 3.2 | 28 |

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|----|---|-----|-----------|
| 19 | Dissatisfaction with Body Weight among Polish Adolescents Is Related to Unhealthy Dietary Behaviors. <i>Nutrients</i> , 2020, 12, 2658. | 4.1 | 8 |
| 20 | May Body Adiposity Index be used as adiposity diagnostic marker?. <i>Proceedings of the Nutrition Society</i> , 2020, 79, . | 1.0 | 0 |
| 21 | Activityâ€“Inactivity Patterns, Screen Time, and Physical Activity: The Association with Overweight, Central Obesity and Muscle Strength in Polish Teenagers. Report from the ABC of Healthy Eating Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7842. | 2.6 | 14 |
| 22 | Reduced Screen Time is Associated with Healthy Dietary Behaviors but Not Body Weight Status among Polish Adolescents. Report from the Wise Nutritionâ€“Healthy Generation Project. <i>Nutrients</i> , 2020, 12, 1323. | 4.1 | 13 |
| 23 | Analysis of Association between Breastfeeding and Vegetable or Fruit Intake in Later Childhood in a Population-Based Observational Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3755. | 2.6 | 6 |
| 24 | Lycopene in tomatoes and tomato products. <i>Open Chemistry</i> , 2020, 18, 752-756. | 1.9 | 43 |
| 25 | Weight loss program is associated with decrease Î±-tocopherol status in obese adults. <i>Clinical Nutrition</i> , 2019, 38, 1861-1870. | 5.0 | 14 |
| 26 | Î±-Tocopherol Protects the Heart, Muscles, and Testes from Lipid Peroxidation in Growing Male Rats Subjected to Physical Efforts. <i>Oxidative Medicine and Cellular Longevity</i> , 2019, 2019, 1-13. | 4.0 | 13 |
| 27 | Skipping Breakfast and a Meal at School: Its Correlates in Adiposity Context. Report from the ABC of Healthy Eating Study of Polish Teenagers. <i>Nutrients</i> , 2019, 11, 1563. | 4.1 | 35 |
| 28 | Factors Influencing the Age of Complementary Feedingâ€“A Cross-Sectional Study from Two European Countries. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3799. | 2.6 | 23 |
| 29 | Protective Effect of Breastfeeding on the Adverse Health Effects Induced by Air Pollution: Current Evidence and Possible Mechanisms. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4181. | 2.6 | 27 |
| 30 | Lipid Profile, Lipase Bioactivity, and Lipophilic Antioxidant Content in High Pressure Processed Donor Human Milk. <i>Nutrients</i> , 2019, 11, 1972. | 4.1 | 26 |
| 31 | Carotenoid Content in Breastmilk in the 3rd and 6th Month of Lactation and Its Associations with Maternal Dietary Intake and Anthropometric Characteristics. <i>Nutrients</i> , 2019, 11, 193. | 4.1 | 36 |
| 32 | Association between Breastmilk LC PUFA, Carotenoids and Psychomotor Development of Exclusively Breastfed Infants. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1144. | 2.6 | 39 |
| 33 | Changes in Sedentary and Active Lifestyle, Diet Quality and Body Composition Nine Months after an Education Program in Polish Students Aged 11â€“12 Years: Report from the ABC of Healthy Eating Study. <i>Nutrients</i> , 2019, 11, 331. | 4.1 | 30 |
| 34 | Reproducibility of a Short-Form, Multicomponent Dietary Questionnaire to Assess Food Frequency Consumption, Nutrition Knowledge, and Lifestyle (SF-FFQ4PolishChildren) in Polish Children and Adolescents. <i>Nutrients</i> , 2019, 11, 2929. | 4.1 | 17 |
| 35 | Nutraceutical functions of beta-glucans in human nutrition. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2019, 70, 315-324. | 0.7 | 44 |
| 36 | Reasons for nonâ€“exclusive breastâ€“feeding in the first 6 months. <i>Pediatrics International</i> , 2018, 60, 276-281. | 0.5 | 9 |

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|----|--|-----|-----------|
| 37 | Effect of an Education Program on Nutrition Knowledge, Attitudes toward Nutrition, Diet Quality, Lifestyle, and Body Composition in Polish Teenagers. The ABC of Healthy Eating Project: Design, Protocol, and Methodology. <i>Nutrients</i> , 2018, 10, 1439. | 4.1 | 67 |
| 38 | Intake of Saturated Fatty Acids Affects Atherogenic Blood Properties in Young, Caucasian, Overweight Women Even without Influencing Blood Cholesterol. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2530. | 2.6 | 12 |
| 39 | Prudent-Active and Fast-Food-Sedentary Dietary-Lifestyle Patterns: The Association with Adiposity, Nutrition Knowledge and Sociodemographic Factors in Polish Teenagers”The ABC of Healthy Eating Project. <i>Nutrients</i> , 2018, 10, 1988. | 4.1 | 27 |
| 40 | Analysis of the content of bioactive compounds in selected flours and enriched extruded corn products. <i>Journal of Food Composition and Analysis</i> , 2017, 64, 147-155. | 3.9 | 12 |
| 41 | Health Effects of Carotenoids during Pregnancy and Lactation. <i>Nutrients</i> , 2017, 9, 838. | 4.1 | 77 |
| 42 | Vegetables and fruit, as a source of bioactive substances, and impact on memory and cognitive function of elderly. <i>Postepy Higieny i Medycyny Doswiadczalnej</i> , 2017, 71, 0-0. | 0.1 | 21 |
| 43 | Astaxanthin i ¹ / ₂ structure, properties, and application possibilities in functional food. <i>Zywnosc Nauka Technologia Jakosc/Food Science Technology Quality</i> , 2016, 104, 5-16. | 0.1 | 0 |
| 44 | Determinants of the use of dietary supplements among secondary and high school students. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2016, 67, 383-390. | 0.7 | 8 |
| 45 | Family influences on breakfast frequency and quality among primary school pupils in Warsaw and its surrounding areas. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2015, 66, 143-9. | 0.7 | 6 |
| 46 | Antioxidant Vitamins as Oxidative Stress Markers in Rat Plasma After Physical Exercise - a Short Report. <i>Polish Journal of Food and Nutrition Sciences</i> , 2014, 64, 277-281. | 1.7 | 1 |
| 47 | Dietary, anthropometric, and lifestyle correlates of serum carotenoids in postmenopausal women. <i>European Journal of Nutrition</i> , 2013, 52, 1919-1926. | 3.9 | 24 |
| 48 | Î±-Tocopherol, ascorbic acid, and Î²-carotene protect against oxidative stress but reveal no direct influence on p53 expression in rats subjected to stress. <i>Nutrition Research</i> , 2013, 33, 868-875. | 2.9 | 29 |
| 49 | The influence of selected demographic and lifestyle factors on lutein intakes by groups of Polish women. <i>International Journal of Food Sciences and Nutrition</i> , 2009, 60, 109-115. | 2.8 | 5 |