

# Jadwiga Hamulka

## List of Publications by Year in descending order

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Version: 2024-02-01

49  
papers

1,275  
citations

394390

19  
h-index

395678

33  
g-index

57  
all docs

57  
docs citations

57  
times ranked

2117  
citing authors

#	ARTICLE	IF	CITATIONS
1	Consumers's Perception and Preference for the Consumption of Wild Game Meat among Adults in Poland. <i>Foods</i> , 2022, 11, 830.	4.3	14
2	Socioeconomic, Eating- and Health-Related Limitations of Food Consumption among Polish Women 60+ Years: The "ABC of Healthy Eating" Project. <i>Nutrients</i> , 2022, 14, 51.	4.1	7
3	Fruits and Vegetables as Sources of Carotenoids in Complementary Feeding. , 2022, 12, .		0
4	Early Feeding Factors and Eating Behaviors among Children Aged 1–3: A Cross-Sectional Study. <i>Nutrients</i> , 2022, 14, 2279.	4.1	6
5	Anthropometric Indices as Predictive Screening Tools for Obesity in Adults; The Need to Define Sex-Specific Cut-Off Points for Anthropometric Indices. <i>Applied Sciences (Switzerland)</i> , 2022, 12, 6165.	2.5	8
6	Perceived Nutrition and Health Concerns: Do They Protect against Unhealthy Dietary Patterns in Polish Adults?. <i>Nutrients</i> , 2021, 13, 170.	4.1	7
7	Self-reported food safety knowledge and practices of early-school-aged children – a result of analysis in towns near the Warsaw city. <i>British Food Journal</i> , 2021, 123, 2461-2477.	2.9	3
8	Sustainability of a Multi-Component Education Program (ABC of Healthy Eating) after Three Months and Nine Months: The Socioeconomic Context in Improving Nutrition Knowledge in Polish Teenagers. <i>Nutrients</i> , 2021, 13, 1661.	4.1	1
9	Food Neophobia among Adults: Differences in Dietary Patterns, Food Choice Motives, and Food Labels Reading in Poles. <i>Nutrients</i> , 2021, 13, 1590.	4.1	27
10	Maternal Diet, Nutritional Status, and Birth-Related Factors Influencing Offspring's Bone Mineral Density: A Narrative Review of Observational, Cohort, and Randomized Controlled Trials. <i>Nutrients</i> , 2021, 13, 2302.	4.1	11
11	Dietary recommendations during the Covid-19 pandemic. Statement of the Committee of Human Nutrition Science of the Polish Academy of Sciences. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2021, 72, 209-220.	0.7	2
12	Dietary Supplements during COVID-19 Outbreak. Results of Google Trends Analysis Supported by PLifeCOVID-19 Online Studies. <i>Nutrients</i> , 2021, 13, 54.	4.1	147
13	The Quality and Composition of Fatty Acids in Adipose Tissue-Derived from Wild Animals; A Pilot Study. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 10029.	2.5	3
14	Changes in Attitudes toward Nutrition after an Education Program in Polish Teenagers: Report from the ABC of Healthy Eating Study. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	0
15	Dietary and Lifestyle Changes During COVID-19 and the Subsequent Lockdowns among Polish Adults: A Cross-Sectional Online Survey PLifeCOVID-19 Study. <i>Nutrients</i> , 2020, 12, 2324.	4.1	298
16	The Use of Added Salt and Sugar in the Diet of Polish and Austrian Toddlers. Associated Factors and Dietary Patterns, Feeding and Maternal Practices. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5025.	2.6	10
17	Association between complementary feeding method and BMI at 19–36 months of life: an Internet-based cross-sectional study from two European countries. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	0
18	The COVID-19 Pandemic Lockdowns and Changes in Body Weight among Polish Women. A Cross-Sectional Online Survey PLifeCOVID-19 Study. <i>Sustainability</i> , 2020, 12, 7768.	3.2	28

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19	Dissatisfaction with Body Weight among Polish Adolescents Is Related to Unhealthy Dietary Behaviors. <i>Nutrients</i> , 2020, 12, 2658.	4.1	8
20	May Body Adiposity Index be used as adiposity diagnostic marker?. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	0
21	Activityâ€“Inactivity Patterns, Screen Time, and Physical Activity: The Association with Overweight, Central Obesity and Muscle Strength in Polish Teenagers. Report from the ABC of Healthy Eating Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7842.	2.6	14
22	Reduced Screen Time is Associated with Healthy Dietary Behaviors but Not Body Weight Status among Polish Adolescents. Report from the Wise Nutritionâ€“Healthy Generation Project. <i>Nutrients</i> , 2020, 12, 1323.	4.1	13
23	Analysis of Association between Breastfeeding and Vegetable or Fruit Intake in Later Childhood in a Population-Based Observational Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3755.	2.6	6
24	Lycopene in tomatoes and tomato products. <i>Open Chemistry</i> , 2020, 18, 752-756.	1.9	43
25	Weight loss program is associated with decrease Î±-tocopherol status in obese adults. <i>Clinical Nutrition</i> , 2019, 38, 1861-1870.	5.0	14
26	Î±-Tocopherol Protects the Heart, Muscles, and Testes from Lipid Peroxidation in Growing Male Rats Subjected to Physical Efforts. <i>Oxidative Medicine and Cellular Longevity</i> , 2019, 2019, 1-13.	4.0	13
27	Skipping Breakfast and a Meal at School: Its Correlates in Adiposity Context. Report from the ABC of Healthy Eating Study of Polish Teenagers. <i>Nutrients</i> , 2019, 11, 1563.	4.1	35
28	Factors Influencing the Age of Complementary Feedingâ€“A Cross-Sectional Study from Two European Countries. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3799.	2.6	23
29	Protective Effect of Breastfeeding on the Adverse Health Effects Induced by Air Pollution: Current Evidence and Possible Mechanisms. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4181.	2.6	27
30	Lipid Profile, Lipase Bioactivity, and Lipophilic Antioxidant Content in High Pressure Processed Donor Human Milk. <i>Nutrients</i> , 2019, 11, 1972.	4.1	26
31	Carotenoid Content in Breastmilk in the 3rd and 6th Month of Lactation and Its Associations with Maternal Dietary Intake and Anthropometric Characteristics. <i>Nutrients</i> , 2019, 11, 193.	4.1	36
32	Association between Breastmilk LC PUFA, Carotenoids and Psychomotor Development of Exclusively Breastfed Infants. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1144.	2.6	39
33	Changes in Sedentary and Active Lifestyle, Diet Quality and Body Composition Nine Months after an Education Program in Polish Students Aged 11â€“12 Years: Report from the ABC of Healthy Eating Study. <i>Nutrients</i> , 2019, 11, 331.	4.1	30
34	Reproducibility of a Short-Form, Multicomponent Dietary Questionnaire to Assess Food Frequency Consumption, Nutrition Knowledge, and Lifestyle (SF-FFQ4PolishChildren) in Polish Children and Adolescents. <i>Nutrients</i> , 2019, 11, 2929.	4.1	17
35	Nutraceutical functions of beta-glucans in human nutrition. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2019, 70, 315-324.	0.7	44
36	Reasons for nonâ€“exclusive breastâ€“feeding in the first 6 months. <i>Pediatrics International</i> , 2018, 60, 276-281.	0.5	9

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37	Effect of an Education Program on Nutrition Knowledge, Attitudes toward Nutrition, Diet Quality, Lifestyle, and Body Composition in Polish Teenagers. The ABC of Healthy Eating Project: Design, Protocol, and Methodology. <i>Nutrients</i> , 2018, 10, 1439.	4.1	67
38	Intake of Saturated Fatty Acids Affects Atherogenic Blood Properties in Young, Caucasian, Overweight Women Even without Influencing Blood Cholesterol. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2530.	2.6	12
39	Prudent-Active and Fast-Food-Sedentary Dietary-Lifestyle Patterns: The Association with Adiposity, Nutrition Knowledge and Sociodemographic Factors in Polish Teenagersâ€”The ABC of Healthy Eating Project. <i>Nutrients</i> , 2018, 10, 1988.	4.1	27
40	Analysis of the content of bioactive compounds in selected flours and enriched extruded corn products. <i>Journal of Food Composition and Analysis</i> , 2017, 64, 147-155.	3.9	12
41	Health Effects of Carotenoids during Pregnancy and Lactation. <i>Nutrients</i> , 2017, 9, 838.	4.1	77
42	Vegetables and fruit, as a source of bioactive substances, and impact on memory and cognitive function of elderly. <i>Postepy Higieny I Medycyny Doswiadczalnej</i> , 2017, 71, 0-0.	0.1	21
43	Astaxanthin $\beta$ -D-glucopyranoside structure, properties, and application possibilities in functional food. <i>Zywnosc Nauka Technologia Jakosc/Food Science Technology Quality</i> , 2016, 104, 5-16.	0.1	0
44	Determinants of the use of dietary supplements among secondary and high school students. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2016, 67, 383-390.	0.7	8
45	Family influences on breakfast frequency and quality among primary school pupils in Warsaw and its surrounding areas. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2015, 66, 143-9.	0.7	6
46	Antioxidant Vitamins as Oxidative Stress Markers in Rat Plasma After Physical Exercise - a Short Report. <i>Polish Journal of Food and Nutrition Sciences</i> , 2014, 64, 277-281.	1.7	1
47	Dietary, anthropometric, and lifestyle correlates of serum carotenoids in postmenopausal women. <i>European Journal of Nutrition</i> , 2013, 52, 1919-1926.	3.9	24
48	$\alpha$ -Tocopherol, ascorbic acid, and $\beta$ -carotene protect against oxidative stress but reveal no direct influence on p53 expression in rats subjected to stress. <i>Nutrition Research</i> , 2013, 33, 868-875.	2.9	29
49	The influence of selected demographic and lifestyle factors on lutein intakes by groups of Polish women. <i>International Journal of Food Sciences and Nutrition</i> , 2009, 60, 109-115.	2.8	5