

# Peter M Gollwitzer

## List of Publications by Year in descending order

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Version: 2024-02-01

82  
papers

13,486  
citations

134610

34  
h-index

97045

71  
g-index

85  
all docs

85  
docs citations

85  
times ranked

8024  
citing authors

#	ARTICLE	IF	CITATIONS
1	Mental contrasting of a negative future facilitates COVID-19 preventative behaviors: two randomized controlled trials. <i>Psychology and Health</i> , 2022, , 1-23.	1.2	0
2	Task choice shields against incidental affective influences on <scp>effortâ€related</scp> cardiovascular response. <i>Psychophysiology</i> , 2022, 59, e14022.	1.2	6
3	Resolving incompleteness on social media: Online self-symbolizing reduces the orienting effects of incomplete identity goals.. <i>Motivation Science</i> , 2022, 8, 268-275.	1.2	2
4	The gray areas of romance: A measure of presumptuous romantic intentions.. <i>Psychological Assessment</i> , 2022, 34, 763-776.	1.2	2
5	â€œIâ€™m eating healthy nowâ€ The relationship between perceived behavior change and diet. <i>Food Quality and Preference</i> , 2021, 89, 104142.	2.3	6
6	If-then planning. <i>European Review of Social Psychology</i> , 2021, 32, 88-122.	5.8	42
7	How can we master the 2020 Coronavirus pandemic? The role of planning at social levels. <i>European Review of Social Psychology</i> , 2021, 32, 1-46.	5.8	8
8	Overclaiming is not related to dark triad personality traits or stated and revealed risk preferences. <i>PLoS ONE</i> , 2021, 16, e0255207.	1.1	4
9	Task choice immunizes against incidental affective influences in volition.. <i>Motivation Science</i> , 2021, 7, 229-241.	1.2	9
10	Committed professionals who are also engaged parents: Can they self-symbolize across identity goals?. <i>Motivation Science</i> , 2021, 7, 451-474.	1.2	1
11	The self-regulation of face touching - a preregistered experiment testing if-then plans as a means to promote COVID-19 prevention. <i>Psychology and Health</i> , 2021, , 1-19.	1.2	2
12	Robert A. Wicklund (1941â€2020).. <i>American Psychologist</i> , 2021, 76, 1346-1346.	3.8	0
13	Relatedness needs and negative fantasies as the origins of obsessive thinking in romantic relationships. <i>Motivation and Emotion</i> , 2020, 44, 226-243.	0.8	3
14	Using mental contrasting with implementation intentions to reduce bedtime procrastination: two randomised trials. <i>Psychology and Health</i> , 2020, 35, 275-301.	1.2	28
15	An online randomised controlled trial of mental contrasting with implementation intentions as a smoking behaviour change intervention. <i>Psychology and Health</i> , 2020, 35, 318-345.	1.2	22
16	Effects of social value orientation (SVO) and decision mode on controlled information acquisitionâ€A MouseLab perspective. <i>Journal of Experimental Social Psychology</i> , 2020, 86, 103896.	1.3	8
17	Changing Behavior Using the Model of Action Phases. , 2020, , 77-88.		106
18	Strategic Self-Regulation in Groups: Collective Implementation Intentions Help Cooperate When Cooperation Is Called for. <i>Frontiers in Psychology</i> , 2020, 11, 561388.	1.1	5

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19	An Increase in Vigorous but Not Moderate Physical Activity Makes People Feel They Have Changed Their Behavior. <i>Frontiers in Psychology</i> , 2020, 11, 1530.	1.1	10
20	The effects of pre-intervention mindset induction on a brief intervention to increase risk perception and reduce alcohol use among university students: A pilot randomized controlled trial. <i>PLoS ONE</i> , 2020, 15, e0238833.	1.1	1
21	Emotion emphasis effects in moral judgment are moderated by mindsets. <i>Motivation and Emotion</i> , 2020, 44, 880-896.	0.8	6
22	Goals™ effects on cognition, affect, and behavior.. <i>Motivation Science</i> , 2020, 6, 197-198.	1.2	0
23	Title is missing!. , 2020, 15, e0238833.		0
24	Title is missing!. , 2020, 15, e0238833.		0
25	Title is missing!. , 2020, 15, e0238833.		0
26	Title is missing!. , 2020, 15, e0238833.		0
27	Title is missing!. , 2020, 15, e0238833.		0
28	Title is missing!. , 2020, 15, e0238833.		0
29	Mental Contrasting With Implementation Intentions Reduces Drinking When Drinking Is Hazardous: An Online Self-Regulation Intervention. <i>Health Education and Behavior</i> , 2019, 46, 666-676.	1.3	17
30	More than planned: Implementation intention effects in non-planned situations. <i>Acta Psychologica</i> , 2018, 184, 64-74.	0.7	17
31	Increase in prefrontal cortex oxygenation during static muscular endurance performance is modulated by self-regulation strategies. <i>Scientific Reports</i> , 2018, 8, 15756.	1.6	42
32	Downregulation of Anger by Mental Contrasting With Implementation Intentions (MCII). <i>Frontiers in Psychology</i> , 2018, 9, 1838.	1.1	13
33	Promoting the Self-Regulation of Stress in Health Care Providers: An Internet-Based Intervention. <i>Frontiers in Psychology</i> , 2018, 9, 838.	1.1	44
34	Up and down regulation of a highly automatic process: Implementation intentions can both increase and decrease social projection. <i>Journal of Experimental Social Psychology</i> , 2017, 70, 19-26.	1.3	55
35	Making if-then plans counteracts learned non-use in stroke patients: A proof-of-principle study. <i>Restorative Neurology and Neuroscience</i> , 2017, 35, 537-545.	0.4	51
36	Planning to deliberate thoroughly: If-then planned deliberation increases the adjustment of decisions to newly available information. <i>Journal of Experimental Social Psychology</i> , 2017, 69, 1-12.	1.3	67

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37	Social Value Orientation Moderates the Effects of Intuition versus Reflection on Responses to Unfair Ultimatum Offers. <i>Journal of Behavioral Decision Making</i> , 2017, 30, 569-581.	1.0	88
38	Planning and Performance in Small Groups: Collective Implementation Intentions Enhance Group Goal Striving. <i>Frontiers in Psychology</i> , 2017, 8, 603.	1.1	30
39	Mindsets Affect Risk Perception and Risk-Taking Behavior. <i>Social Psychology</i> , 2017, 48, 135-147.	0.3	72
40	Nothing will stop me? Flexibly tenacious goal striving with implementation intentions.. <i>Motivation Science</i> , 2017, 3, 101-118.	1.2	38
41	Mental contrasting with implementation intentions (MCII) improves physical activity and weight loss among stroke survivors over one year.. <i>Rehabilitation Psychology</i> , 2017, 62, 580-590.	0.7	34
42	From conscious thought to automatic action: A simulation account of action planning.. <i>Journal of Experimental Psychology: General</i> , 2017, 146, 1513-1525.	1.5	30
43	Goal striving strategies and effort mobilization: When implementation intentions reduce effort-related cardiac activity during task performance. <i>International Journal of Psychophysiology</i> , 2016, 107, 44-53.	0.5	15
44	Implementation intention and planning interventions in Health Psychology: Recommendations from the Synergy Expert Group for research and practice. <i>Psychology and Health</i> , 2016, 31, 814-839.	1.2	159
45	Promoting the translation of intentions into action by implementation intentions: behavioral effects and physiological correlates. <i>Frontiers in Human Neuroscience</i> , 2015, 9, 395.	1.0	87
46	Attenuating the Escalation of Commitment to a Faltering Project in Decision-Making Groups. <i>Social Psychological and Personality Science</i> , 2015, 6, 587-595.	2.4	34
47	Self-regulation of time management: Mental contrasting with implementation intentions. <i>European Journal of Social Psychology</i> , 2015, 45, 218-229.	1.5	77
48	A Self-regulation Perspective on Hidden-profile Problems: If-Then Planning to Review Information Improves Group Decisions. <i>Journal of Behavioral Decision Making</i> , 2015, 28, 101-113.	1.0	22
49	From studying the determinants of action to analysing its regulation: a commentary on Sniehotta, Pesseau and Araújo-Soares. <i>Health Psychology Review</i> , 2015, 9, 146-150.	4.4	10
50	The benefit of no choice: goal-directed plans enhance perceptual processing. <i>Psychological Research</i> , 2015, 79, 206-220.	1.0	51
51	Distractor devaluation in a flanker task: Object-specific effects without distractor recognition memory.. <i>Journal of Experimental Psychology: Human Perception and Performance</i> , 2014, 40, 613-625.	0.7	24
52	Visual Attention and Goal Pursuit. <i>Personality and Social Psychology Bulletin</i> , 2014, 40, 1248-1259.	1.9	108
53	Strategic regulation of mimicry effects by implementation intentions. <i>Journal of Experimental Social Psychology</i> , 2014, 53, 31-39.	1.3	94
54	Asking "why" helps action control by goals but not plans. <i>Motivation and Emotion</i> , 2014, 38, 65-78.	0.8	27

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55	Weakness of the will: Is a quick fix possible?. Motivation and Emotion, 2014, 38, 305-322.	0.8	193
56	Regulating self-defensiveness: If-then plans prevent claiming and creating performance handicaps. Motivation and Emotion, 2013, 37, 712-725.	0.8	21
57	Identity-Goal Threats. Social Psychological and Personality Science, 2013, 4, 555-562.	2.4	18
58	Effective regulation of affect: An action control perspective on emotion regulation. European Review of Social Psychology, 2012, 23, 143-186.	5.8	183
59	Committing to implementation intentions: Attention and memory effects for selected situational cues. Motivation and Emotion, 2012, 36, 287-300.	0.8	76
60	Pre- versus postdecisional deliberation and goal commitment: The positive effects of defensiveness. Journal of Experimental Social Psychology, 2012, 48, 106-121.	1.3	94
61	Self-Regulation of Priming Effects on Behavior. Psychological Science, 2011, 22, 901-907.	1.8	52
62	Mental contrasting promotes integrative bargaining. International Journal of Conflict Management, 2011, 22, 324-341.	1.0	30
63	Self-regulation strategies improve self-discipline in adolescents: benefits of mental contrasting and implementation intentions. Educational Psychology, 2011, 31, 17-26.	1.2	232
64	Limits of Intentionality. Social Psychology, 2011, 42, 4-8.	0.3	4
65	If-Then Planning Helps School-Aged Children to Ignore Attractive Distractions. Social Psychology, 2011, 42, 39-47.	0.3	35
66	Strategic automation of emotion regulation.. Journal of Personality and Social Psychology, 2009, 96, 11-31.	2.6	213
67	When Intentions Go Public. Psychological Science, 2009, 20, 612-618.	1.8	87
68	Separable brain systems supporting cued versus self-initiated realization of delayed intentions.. Journal of Experimental Psychology: Learning Memory and Cognition, 2009, 35, 905-915.	0.7	178
69	Responding to Subliminal Cues: Do If-Then Plans Facilitate Action Preparation and Initiation without Conscious Intent?. Social Cognition, 2009, 27, 183-201.	0.5	187
70	The question-behavior effect from an action control perspective. Journal of Consumer Psychology, 2008, 18, 107-110.	3.2	16
71	Implementation Intentions Facilitate Response Inhibition in Children with ADHD. Cognitive Therapy and Research, 2008, 32, 261-280.	1.2	84
72	Implementation Intentions and Shielding Goal Striving From Unwanted Thoughts and Feelings. Personality and Social Psychology Bulletin, 2008, 34, 381-393.	1.9	284

#	ARTICLE	IF	CITATIONS
73	Goal Pursuit in the Context of Culture. , 2008, , 191-211.		17
74	Action Control by Implementation Intentions: Effective Cue Detection and Efficient Response Initiation. Social Cognition, 2007, 25, 248-266.	0.5	136
75	Implementation intentions and disengagement from a failing course of action. Journal of Behavioral Decision Making, 2007, 20, 81-102.	1.0	67
76	Self-regulatory strategy and executive control: implementation intentions modulate task switching and Simon task performance. Psychological Research, 2007, 72, 12-26.	1.0	78
77	Implementation Intentions and Goal Achievement: A Meta-analysis of Effects and Processes. Advances in Experimental Social Psychology, 2006, , 69-119.	2.0	2,065
78	Implementation intentions and efficient action initiation.. Journal of Personality and Social Psychology, 2001, 81, 946-960.	2.6	453
79	Implementation intentions: Strong effects of simple plans.. American Psychologist, 1999, 54, 493-503.	3.8	3,780
80	Implementation intentions and effective goal pursuit.. Journal of Personality and Social Psychology, 1997, 73, 186-199.	2.6	1,041
81	Goal Achievement: The Role of Intentions. European Review of Social Psychology, 1993, 4, 141-185.	5.8	1,238
82	Thought contents and cognitive functioning in motivational versus volitional states of mind. Motivation and Emotion, 1987, 11, 101-120.	0.8	973