

Elisa Kozasa

List of Publications by Year in descending order

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Version: 2024-02-01

72
papers

1,764
citations

279798

23
h-index

302126

39
g-index

77
all docs

77
docs citations

77
times ranked

2334
citing authors

#	ARTICLE	IF	CITATIONS
1	The effects of a short-term meditation-based mindfulness protocol in patients receiving hemodialysis. <i>Psychology, Health and Medicine</i> , 2022, 27, 1286-1295.	2.4	8
2	Changes in Prefrontal fNIRS Activation and Heart Rate Variability During Self-Compassionate Thinking Related to Stressful Memories. <i>Mindfulness</i> , 2022, 13, 326-338.	2.8	3
3	<i>Yoga and Aging</i> . , 2022, , 1257-1269.		0
4	<i>Yoga and Aging</i> . <i>Advances in Medical Diagnosis, Treatment, and Care</i> , 2021, , 317-329.	0.1	0
5	Age-related effects on the neural processing of semantic complexity in a continuous narrative: Modulation by gestures already present in young to middle-aged adults. <i>Neuropsychologia</i> , 2021, 151, 107725.	1.6	4
6	The Integration of Meditation and Positive Psychology Practices to Relieve Stress in Women Workers (Flourish): Effects in Two Pilot Studies. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2021, 11, 43.	2.1	1
7	Method for the Synchronization of Data Recorders by Coupling Accelerometer Data. , 2021, , .		1
8	The Child Emotion Facial Expression Set: A Database for Emotion Recognition in Children. <i>Frontiers in Psychology</i> , 2021, 12, 666245.	2.1	16
9	Microstates in complex and dynamical environments: Unraveling situational awareness in critical helicopter landing maneuvers. <i>Human Brain Mapping</i> , 2021, 42, 3168-3181.	3.6	15
10	Mindfulness-Based Versus Story Reading Intervention in Public Elementary Schools: Effects on Executive Functions and Emotional Health. <i>Frontiers in Psychology</i> , 2021, 12, 576311.	2.1	1
11	Quantitative assessment of pilot-endured workloads during helicopter flying emergencies: an analysis of physiological parameters during an autorotation. <i>Scientific Reports</i> , 2021, 11, 17734.	3.3	5
12	Can news with positive or negative content affect and a relaxation pause improve the emotional state of health care professionals? A randomized online experiment during COVID-19 pandemic. <i>Internet Interventions</i> , 2021, 26, 100441.	2.7	4
13	COVID-19 news valence effects on emotion and its modulation by a relaxation: A randomized online experiment during COVID-19 pandemic. <i>Internet Interventions</i> , 2021, 26, 100472.	2.7	3
14	An Intervention to Increase Situational Awareness and the Culture of Mutual Care (Foco) and Its Effects During COVID-19 Pandemic: A Randomized Controlled Trial and Qualitative Analysis. <i>Frontiers in Psychiatry</i> , 2020, 11, 570786.	2.6	3
15	A Critical Analysis on Characterizing the Meditation Experience Through the Electroencephalogram. <i>Frontiers in Systems Neuroscience</i> , 2020, 14, 53.	2.5	29
16	Effects of Yoga Respiratory Practice (Bhastrika pranayama) on Anxiety, Affect, and Brain Functional Connectivity and Activity: A Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2020, 11, 467.	2.6	48
17	Effectiveness of Mindfulness-Based Relapse Prevention Program as an Adjunct to the Standard Treatment for Smoking: A Pragmatic Design Pilot Study. <i>Nicotine and Tobacco Research</i> , 2020, 22, 1605-1613.	2.6	10
18	Neural correlates of meditation a review of structural and functional MRI studies. <i>Frontiers in Bioscience - Scholar</i> , 2020, 12, 92-115.	2.1	36

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19	COVID-19 information exposure in digital media and implications for employees in the health care sector: findings from an online survey. <i>Einstein (Sao Paulo, Brazil)</i> , 2020, 18, eAO6127.	0.7	9
20	Efeitos de um curso de meditação de atenção plena em estudantes da saúde no Brasil. <i>ACTA Paulista De Enfermagem</i> , 2020, 33, .	0.6	7
21	The effects of perceived chronic stress on the fMRI correlates of attentional control in women managers. <i>Archives of Women's Mental Health</i> , 2019, 22, 375-381.	2.6	1
22	Greater Anteroposterior Default Mode Network Functional Connectivity in Long-Term Elderly Yoga Practitioners. <i>Frontiers in Aging Neuroscience</i> , 2019, 11, 158.	3.4	23
23	Impaired brain dopamine transporter in chemobrain patients submitted to brain SPECT imaging using the technetium-99m labeled tracer TRODAT-1. <i>Annals of Nuclear Medicine</i> , 2019, 33, 269-279.	2.2	10
24	Quality of life is related to the functional connectivity of the default mode network at rest. <i>Brain Imaging and Behavior</i> , 2019, 13, 1418-1426.	2.1	7
25	Dispositional mindfulness, affect and tobacco dependence among treatment naive cigarette smokers in Brazil. <i>Tobacco Induced Diseases</i> , 2019, 17, 28.	0.6	2
26	A New Mental Health Mobile App for Well-Being and Stress Reduction in Working Women: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2019, 21, e14269.	4.3	46
27	Posterior cingulate cortex/precuneus blood oxygen-level dependent signal changes during the repetition of an attention task in meditators and nonmeditators. <i>NeuroReport</i> , 2018, 29, 1463-1467.	1.2	7
28	Self-compassion is associated with less stress and depression and greater attention and brain response to affective stimuli in women managers. <i>BMC Women's Health</i> , 2018, 18, 195.	2.0	16
29	The effects of mindfulness and relaxation training for insomnia (MRTI) on postmenopausal women: a pilot study. <i>Menopause</i> , 2018, 25, 992-1003.	2.0	45
30	A Stress Reduction Program Adapted for the Work Environment: A Randomized Controlled Trial With a Follow-Up. <i>Frontiers in Psychology</i> , 2018, 9, 668.	2.1	13
31	Effects of a 7-Day Meditation Retreat on the Brain Function of Meditators and Non-Meditators During an Attention Task. <i>Frontiers in Human Neuroscience</i> , 2018, 12, 222.	2.0	25
32	Cognition and brain function in elderly Tai Chi practitioners: A case-control study. <i>Explore: the Journal of Science and Healing</i> , 2018, 14, 352-356.	1.0	6
33	Neurobiology of Yoga Practice. <i>Advances in Medical Diagnosis, Treatment, and Care</i> , 2018, , 52-66.	0.1	0
34	Yoga and compassion meditation program improve quality of life and self-compassion in family caregivers of Alzheimer's disease patients: A randomized controlled trial. <i>Geriatrics and Gerontology International</i> , 2017, 17, 85-91.	1.5	48
35	Barriers and Benefits in Telemedicine Arising Between a High-Technology Hospital Service Provider and Remote Public Healthcare Units: A Qualitative Study in Brazil. <i>Telemedicine Journal and E-Health</i> , 2017, 23, 527-532.	2.8	31
36	Differences in Default Mode Network Connectivity in Meditators and Non-meditators During an Attention Task. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2017, 1, 228-234.	1.6	6

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37	Neuroimaging Data From a Single Participant Before and After a Meditation Retreat: a Proof of Concept Study. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2017, 1, 235-241.	1.6	5
38	Greater Cortical Thickness in Elderly Female Yoga Practitioners—A Cross-Sectional Study. <i>Frontiers in Aging Neuroscience</i> , 2017, 9, 201.	3.4	35
39	Yoga increased serum estrogen levels in postmenopausal women—a case report. <i>Menopause</i> , 2016, 23, 584-586.	2.0	7
40	Positive Effects of a Stress Reduction Program Based on Mindfulness Meditation in Brazilian Nursing Professionals: Qualitative and Quantitative Evaluation. <i>Explore: the Journal of Science and Healing</i> , 2016, 12, 90-99.	1.0	92
41	Mindfulness and Substance Abuse. , 2016, , 101-117.		0
42	Mindfulness, perceived stress, and subjective well-being: a correlational study in primary care health professionals. <i>BMC Complementary and Alternative Medicine</i> , 2015, 15, 303.	3.7	88
43	Validity evidence of the brazilian version of the Mindful Attention Awareness Scale (MAAS). <i>Psicologia: Reflexao E Critica</i> , 2015, 28, 87-95.	0.9	43
44	Are There Benefits from Teaching Yoga at Schools? A Systematic Review of Randomized Control Trials of Yoga-Based Interventions. <i>Evidence-based Complementary and Alternative Medicine</i> , 2015, 2015, 1-17.	1.2	61
45	Physiological Effects of Mind and Body Practices. <i>BioMed Research International</i> , 2015, 2015, 1-2.	1.9	7
46	Mindfulness Meditation Improves Mood, Quality of Life, and Attention in Adults with Attention Deficit Hyperactivity Disorder. <i>BioMed Research International</i> , 2015, 2015, 1-14.	1.9	60
47	Mindfulness-Based Interventions for the Treatment of Smoking: A Systematic Literature Review. <i>Journal of Alternative and Complementary Medicine</i> , 2015, 21, 129-140.	2.1	50
48	Effects of a 9-Day Shamatha Buddhist Meditation Retreat on Attention, Mindfulness and Self-Compassion in Participants with a Broad Range of Meditation Experience. <i>Mindfulness</i> , 2015, 6, 1235-1241.	2.8	20
49	Decrease in blood pressure and improved psychological aspects through meditation training in hypertensive older adults: A randomized control study. <i>Geriatrics and Gerontology International</i> , 2015, 15, 1158-1164.	1.5	15
50	Smokers Show Lower Levels of Psychological Well-Being and Mindfulness than Non-Smokers. <i>PLoS ONE</i> , 2015, 10, e0135377.	2.5	24
51	Complementary and alternative therapies for treatment of insomnia in women in postmenopause. <i>Climacteric</i> , 2014, 17, 645-653.	2.4	12
52	Complementary therapies for chronic plaque psoriasis. <i>The Cochrane Library</i> , 2014, , .	2.8	0
53	Is mindfulness associated with insomnia after menopause?. <i>Menopause</i> , 2014, 21, 301-305.	2.0	20
54	Validity evidence of the brazilian version of the five facet mindfulness questionnaire (FFMQ). <i>Psicologia: Teoria E Pesquisa</i> , 2014, 30, 317-327.	0.1	37

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55	Formulas Used by Tibetan Doctors at Men-tsee-khang in India for the Treatment of Neuropsychiatric Disorders and Their Correlation with Pharmacological Data. <i>Phytotherapy Research</i> , 2013, 27, 552-563.	5.8	16
56	A Yoga and Compassion Meditation Program Reduces Stress in Familial Caregivers of Alzheimer's Disease Patients. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013, 2013, 1-8.	1.2	57
57	Yoga and Rehabilitation: Physical, Psychological, and Social. <i>Evidence-based Complementary and Alternative Medicine</i> , 2013, 2013, 1-2.	1.2	2
58	Yoga decreases insomnia in postmenopausal women. <i>Menopause</i> , 2012, 19, 186-193.	2.0	133
59	Meditation training increases brain efficiency in an attention task. <i>NeuroImage</i> , 2012, 59, 745-749.	4.2	175
60	The Effects of Meditation-Based Interventions on the Treatment of Fibromyalgia. <i>Current Pain and Headache Reports</i> , 2012, 16, 383-387.	2.9	31
61	Brain Imaging Analysis Can Identify Participants under Regular Mental Training. <i>PLoS ONE</i> , 2012, 7, e39832.	2.5	17
62	Sustained Manual Loading of the Fascial System Can Evoke Tonic Reactions: Preliminary Results. <i>International Journal of Therapeutic Massage & Bodywork</i> , 2010, 3, 12-4.	0.2	3
63	Mind-body interventions for the treatment of insomnia: a review. <i>Revista Brasileira De Psiquiatria</i> , 2010, 32, 437-443.	1.7	38
64	Effect of Progressive Self-Focus Meditation on Attention, Anxiety, and Depression Scores. <i>Perceptual and Motor Skills</i> , 2010, 110, 840-848.	1.3	19
65	Benefícios do Tai Chi Pai Lin para usuários dos serviços públicos de saúde. <i>ConScientiae Saúde</i> , 2010, 9, 119-124.	0.1	0
66	Cardiorespiratory and Metabolic Changes during Yoga Sessions: The Effects of Respiratory Exercises and Meditation Practices. <i>Applied Psychophysiology Biofeedback</i> , 2008, 33, 77-81.	1.7	36
67	Preliminary functional magnetic resonance imaging Stroop task results before and after a Zen meditation retreat. <i>Psychiatry and Clinical Neurosciences</i> , 2008, 62, 366-366.	1.8	15
68	Evaluation of Siddha Samadhi Yoga for Anxiety and Depression Symptoms: A Preliminary Study. <i>Psychological Reports</i> , 2008, 103, 271-274.	1.7	49
69	Traditional and Integrative Medical Practices in Public Health Services in the Downtown-West Region of the City of São Paulo, Brazil, and Their Relation to Health Promotion. <i>Journal of Alternative and Complementary Medicine</i> , 2008, 14, 1071-1072.	2.1	3
70	EVALUATION OF SIDDHA SAMADHI YOGA FOR ANXIETY AND DEPRESSION SYMPTOMS: A PRELIMINARY STUDY. <i>Psychological Reports</i> , 2008, 103, 271.	1.7	18
71	Psychosocial adaptation and quality of life among Brazilian patients with different hematological malignancies. <i>Journal of Psychosomatic Research</i> , 2006, 60, 505-511.	2.6	54
72	A brief protocol of cognitive modification and gradual exposure for reduction of fear symptoms of public speaking. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 1998, 29, 317-326.	1.2	2