## Peter R Harris

List of Publications by Year in descending order

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143 papers

6,913 citations

42 h-index 76 g-index

146 all docs

146
docs citations

146 times ranked 6079 citing authors

#	Article	IF	CITATIONS
1	Does heightening risk appraisals change people's intentions and behavior? A meta-analysis of experimental studies Psychological Bulletin, 2014, 140, 511-543.	6.1	697
2	Self-Affirmation and the Biased Processing of Threatening Health-Risk Information. Personality and Social Psychology Bulletin, 2005, 31, 1250-1263.	3.0	259
3	Improving Employee Well-Being and Effectiveness: Systematic Review and Meta-Analysis of Web-Based Psychological Interventions Delivered in the Workplace. Journal of Medical Internet Research, 2017, 19, e271.	4.3	228
4	Self-affirmation reduces smokers' defensiveness to graphic on-pack cigarette warning labels Health Psychology, 2007, 26, 437-446.	1.6	222
5	The impact of self-affirmation on health-behavior change: A meta-analysis Health Psychology, 2015, 34, 187-196.	1.6	212
6	Sufficient Grounds for Optimism?: The Relationship Between Perceived Controllability and Optimistic Bias. Journal of Social and Clinical Psychology, 1996, 15, 9-52.	0.5	211
7	A framework for understanding trust factors in web-based health advice. International Journal of Human Computer Studies, 2006, 64, 697-713.	5.6	160
8	Self-affirmation promotes health behavior change Health Psychology, 2008, 27, 746-752.	1.6	155
9	Risk Perceptions of Mobile Phone Use While Driving. Risk Analysis, 2004, 24, 323-334.	2.7	146
10	Self-affirmation increases acceptance of health-risk information among UK adult smokers with low socioeconomic status Psychology of Addictive Behaviors, 2008, 22, 88-95.	2.1	146
11	The Impact of Selfâ€Affirmation on Health Cognition, Health Behaviour and Other Healthâ€Related Responses: A Narrative Review. Social and Personality Psychology Compass, 2009, 3, 962-978.	3.7	136
12	The illusion of control and optimism about health: On being less at risk but no more in control than others. British Journal of Social Psychology, 1994, 33, 369-386.	2.8	132
13	Trust and mistrust of online health sites. , 2004, , .		132
14	Perceived Threat and Corroboration: Key Factors That Improve a Predictive Model of Trust in Internet-based Health Information and Advice. Journal of Medical Internet Research, 2011, 13, e51.	4.3	122
15	Adherence to an exercise prescription scheme: The role of expectations, selfâ€efficacy, stage of change and psychological wellâ€being. British Journal of Health Psychology, 2005, 10, 359-378.	3.5	121
16	Evidence that self-affirmation reduces alcohol consumption: Randomized exploratory trial with a new, brief means of self-affirming Health Psychology, 2011, 30, 633-641.	1.6	108
17	Combining self-affirmation with implementation intentions to promote fruit and vegetable consumption Health Psychology, 2014, 33, 729-736.	1.6	108
18	Self-Affirmation Enhances Attentional Bias Toward Threatening Components of a Persuasive Message. Psychological Science, 2009, 20, 1463-1467.	3.3	107

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19	The role of stress as a trigger for epileptic seizures: A narrative review of evidence from human and animal studies. Epilepsia, 2013, 54, 1866-1876.	5.1	101
20	Does self-control improve with practice? Evidence from a six-week training program Journal of Experimental Psychology: General, 2016, 145, 1075-1091.	2.1	101
21	Developing and Testing a Self-affirmation Manipulation. Self and Identity, 2009, 8, 45-62.	1.6	100
22	Going online for health advice: Changes in usage and trust practices over the last five years. Interacting With Computers, 2007, 19, 397-406.	1.5	98
23	A randomized controlled trial of a brief online intervention to reduce alcohol consumption in new university students: Combining selfâ€affirmation, theory of planned behaviour messages, and implementation intentions. British Journal of Health Psychology, 2018, 23, 108-127.	3.5	93
24	Testing the limits of optimistic bias: Event and person moderators in a multilevel framework Journal of Personality and Social Psychology, 2008, 95, 1225-1237.	2.8	87
25	Comparative optimism for environmental risks. Journal of Environmental Psychology, 2005, 25, 1-11.	5.1	83
26	Memory complaints in epilepsy: An accurate reflection of memory impairment or an indicator of poor adjustment? A Review of the literature. Clinical Psychology Review, 2009, 29, 354-367.	11.4	75
27	A theory-based online health behaviour intervention for new university students (U@Uni): results from a randomised controlled trial. BMC Public Health, 2014, 14, 563.	2.9	71
28	Self-Affirmation Improves Problem-Solving under Stress. PLoS ONE, 2013, 8, e62593.	2.5	70
29	From knowledge to action regulation: Modeling the cognitive prerequisites of sun screen use in australian and uk samples. Psychology and Health, 2001, 16, 191-206.	2.2	69
30	The impact of working life on health behavior: The effect of job strain on the cognitive predictors of exercise Journal of Occupational Health Psychology, 2002, 7, 342-353.	3.3	68
31	Identifying beliefs underlying pre-drivers' intentions to take risks: An application of the Theory of Planned Behaviour. Accident Analysis and Prevention, 2016, 89, 49-56.	5.7	68
32	Twitter Influence on UK Vaccination and Antiviral Uptake during the 2009 H1N1 Pandemic. Frontiers in Public Health, 2016, 4, 26.	2.7	67
33	The impact of perspective in visualizing healthâ€related behaviors: firstâ€person perspective increases motivation to adopt healthâ€related behaviors. Journal of Applied Social Psychology, 2014, 44, 806-812.	2.0	66
34	A user-centred approach to developing bWell, a mobile app for arm and shoulder exercises after breast cancer treatment. Journal of Cancer Survivorship, 2017, 11, 732-742.	2.9	66
35	The role of perceived need within the theory of planned behaviour: A comparison of exercise and healthy eating. British Journal of Health Psychology, 2004, 9, 489-504.	3.5	65
36	Feelings of vulnerability in response to threatening messages: Effects of self-affirmation. Journal of Experimental Social Psychology, 2011, 47, 1237-1242.	2.2	64

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37	Information Avoidance Tendencies, Threat Management Resources, and Interest in Genetic Sequencing Feedback. Annals of Behavioral Medicine, 2015, 49, 616-621.	2.9	59
38	Health Websites that people can trust – the case of hypertension. Interacting With Computers, 2007, 19, 32-42.	1.5	58
39	The typical student as an in-group member: eliminating optimistic bias by reducing social distance. European Journal of Social Psychology, 2000, 30, 235-253.	2.4	57
40	Relationships between perceived diagnostic disclosure, patient characteristics, psychological distress and illness perceptions in Indian cancer patients. Psycho-Oncology, 2013, 22, 1375-1380.	2.3	56
41	A theory-based online health behaviour intervention for new university students (U@Uni:LifeGuide): results from a repeat randomized controlled trial. Trials, 2015, 16, 555.	1.6	51
42	The impact of job strain on the predictive validity of the theory of planned behaviour: An investigation of exercise and healthy eating. British Journal of Health Psychology, 2005, 10, 115-131.	3.5	50
43	Gone exercising: Mental contrasting promotes physical activity among overweight, middle-aged, low-SES fishermen Health Psychology, 2013, 32, 802-809.	1.6	50
44	The role of current affect, anticipated affect and spontaneous self-affirmation in decisions to receive self-threatening genetic risk information. Cognition and Emotion, 2015, 29, 1456-1465.	2.0	48
45	Sexâ€role stereotyping in British television advertisements at different times of the day: An extension and refinement of Manstead & McCulloch (1981). British Journal of Social Psychology, 1986, 25, 155-164.	2.8	43
46	Give â€~Em Enough Rope: Perception of Health and Safety Risks in Bungee Jumpers. Journal of Social and Clinical Psychology, 1996, 15, 68-79.	0.5	43
47	Predictors and predictive effects of ambivalence. British Journal of Social Psychology, 2004, 43, 371-383.	2.8	43
48	The Impact of Selfâ€Affirmation on Healthâ€Related Cognition and Health Behaviour: Issues and Prospects. Social and Personality Psychology Compass, 2010, 4, 439-454.	3.7	43
49	Development of theory-based health messages: three-phase programme of formative research. Health Promotion International, 2015, 30, 756-768.	1.8	42
50	A brief psychological intervention that reduces adolescent alcohol consumption Journal of Consulting and Clinical Psychology, 2014, 82, 546-550.	2.0	40
51	Increasing engagement with an occupational digital stress management program through the use of an online facilitated discussion group: Results of a pilot randomised controlled trial. Internet Interventions, 2017, 10, 1-11.	2.7	40
52	Individual differences in self-affirmation: Distinguishing self-affirmation from positive self-regard. Self and Identity, 2019, 18, 589-630.	1.6	38
53	Distortions in reports of health behaviors: The time span effect and illusory supefuority. Psychology and Health, 1998, 13, 451-466.	2.2	37
54	Who Reaps the Benefits, Who Bears the Risks? Comparative Optimism, Comparative Utility, and Regulatory Preferences for Mobile Phone Technology. Risk Analysis, 2007, 27, 741-753.	2.7	36

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55	Self-Affirmation Activates the Ventral Striatum. Psychological Science, 2016, 27, 455-466.	3.3	36
56	Spontaneous self-affirmation is associated with psychological well-being: Evidence from a US national adult survey sample. Journal of Health Psychology, 2018, 23, 95-102.	2.3	35
57	Self-affirmation moderates effects of unrealistic optimism and pessimism on reactions to tailored risk feedback. Psychology and Health, 2010, 25, 1195-1208.	2.2	34
58	The effects of self-affirmation manipulation on decision making about doping use in elite athletes. Psychology of Sport and Exercise, 2015, 16, 175-181.	2.1	34
59	The Effect of Credibility-Related Design Cues on Responses to a Web-Based Message About the Breast Cancer Risks From Alcohol: Randomized Controlled Trial. Journal of Medical Internet Research, 2009, 11, e37.	4.3	34
60	A daily diary investigation of the impact of work stress on exercise intention realisation: Can planning overcome the disruptive influence of work? Psychology and Health, 2010, 25, 111-129.	2.2	31
61	Self-Affirmation Promotes Physical Activity. Journal of Sport and Exercise Psychology, 2014, 36, 217-223.	1.2	31
62	Optimism and Spontaneous Self-affirmation are Associated with Lower Likelihood of Cognitive Impairment and Greater Positive Affect among Cancer Survivors. Annals of Behavioral Medicine, 2016, 50, 198-209.	2.9	31
63	Self-affirmation improves performance on tasks related to executive functioning. Journal of Experimental Social Psychology, 2017, 70, 281-285.	2.2	31
64	Catching the sun: An investigation of sun-exposure and skin protective behaviour. Psychology, Health and Medicine, 2000, 5, 131-141.	2.4	30
65	Calibrating the Response to Health Warnings. Psychological Science, 2011, 22, 572-578.	3.3	28
66	Effects of Self-Affirmation on Implementation Intentions and the Moderating Role of Affect. Social Psychological and Personality Science, 2012, 3, 300-307.	3.9	27
67	Self-Affirmation Before Exposure to Health Communications Promotes Intentions and Health Behavior Change by Increasing Anticipated Regret. Communication Research, 2016, 43, 1027-1044.	5.9	27
68	Associations of spontaneous self-affirmation with health care experiences and health information seeking in a national survey of US adults. Psychology and Health, 2016, 31, 292-309.	2.2	26
69	Employees' perceptions of the impact of work on health behaviours. Journal of Health Psychology, 2013, 18, 887-899.	2.3	25
70	Combining Self-Affirmation and Implementation Intentions: Evidence of Detrimental Effects on Behavioral Outcomes. Annals of Behavioral Medicine, 2014, 47, 137-147.	2.9	25
71	Evidence that brief self-affirming implementation intentions can reduce work-related anxiety in downsize survivors. Anxiety, Stress and Coping, 2015, 28, 563-575.	2.9	25
72	Shyness and Psychological Imperialism; on the dangers of ignoring the ordinary language roots of the terms we deal with. European Journal of Social Psychology, 1984, 14, 169-181.	2.4	24

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73	Cognitive appraisals and psychological distress following venous thromboembolic disease: An application of the theory of cognitive adaptation. Social Science and Medicine, 2006, 63, 2395-2406.	3.8	24
74	The effects of expressive writing following first myocardial infarction: A randomized controlled trial Health Psychology, 2011, 30, 642-650.	1.6	23
75	A theory-based online health behavior intervention for new university students: study protocol. BMC Public Health, 2013, 13, 107.	2.9	23
76	The influence of adult attachment on symptom reporting: Testing a mediational model in a sample of the general population. Psychology and Health, 2006, 21, 351-366.	2.2	22
77	Self-affirmation and the self-regulation of health behavior change. Self and Identity, 2011, 10, 304-314.	1.6	22
78	Selfâ€affirmation theory in educational contexts. Journal of Social Issues, 2021, 77, 683-701.	3.3	22
79	When the risks are low: the impact of absolute and comparative information on disturbance and understanding in US and UK samples. Psychology and Health, 2005, 20, 319-330.	2.2	19
80	Smoke-free air laws and quit attempts: Evidence for a moderating role of spontaneous self-affirmation. Social Science and Medicine, 2015, 141, 46-55.	3.8	19
81	Attentional effects of self-affirmation in response to graphic antismoking images Health Psychology, 2016, 35, 891-897.	1.6	19
82	Combining Self-Affirmation With the Extended Parallel Process Model: The Consequences for Motivation to Eat More Fruit and Vegetables. Health Communication, 2014, 29, 610-618.	3.1	18
83	Using the theory of planned behaviour and selfâ€identity to explain chlamydia testing intentions in young people living in deprived areas. British Journal of Health Psychology, 2014, 19, 101-112.	3.5	17
84	Illness representations and psychological distress in Indian patients with cancer: does being aware of one's cancer diagnosis make a difference? Psycho-Oncology, 2015, 24, 1694-1700.	2.3	17
85	Online Selfâ€Affirmation Increases Fruit and Vegetable Consumption in Groups at High Risk of Low Intake. Applied Psychology: Health and Well-Being, 2016, 8, 3-18.	3.0	17
86	DETERMinants of quality of life, care and costs, and consequences of INequalities in people with Dementia and their carers (DETERMIND): A protocol paper. International Journal of Geriatric Psychiatry, 2020, 35, 290-301.	2.7	17
87	Examining the role of patients' experiences as a resource for choice and decision-making in health care: a creative, interdisciplinary mixed-method study in digital health. Programme Grants for Applied Research, 2016, 4, 1-214.	1.0	17
88	How do people with asthma use Internet sites containing patient experiences?. Patient Education and Counseling, 2013, 93, 439-443.	2.2	16
89	Health Messaging to Individuals Who Perceive Ambiguity in Health Communications: The Promise of Self-Affirmation. Journal of Health Communication, 2015, 20, 566-572.	2.4	16
90	Neural mechanisms of self-affirmation's stress buffering effects. Social Cognitive and Affective Neuroscience, 2020, 15, 1086-1096.	3.0	16

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91	The Hidden Face of Shyness: A Message from the Shy for Researchers and Practitioners. Human Relations, 1984, 37, 1079-1093.	5.4	15
92	Primary Family Caregivers' Reasons for Disclosing Versus Not Disclosing a Cancer Diagnosis in India. Cancer Nursing, 2020, 43, 126-133.	1.5	15
93	Dynamic Norms and Food Choice: Reflections on a Failure of Minority Norm Information to Influence Motivation to Reduce Meat Consumption. Sustainability, 2021, 13, 8315.	3.2	15
94	Socioeconomic and gender inequalities in home learning during the COVID-19 pandemic: examining the roles of the home environment, parent supervision, and educational provisions. Educational and Developmental Psychologist, 2023, 40, 27-39.	0.7	15
95	Theoretical and applied issues in the provision of absolute and comparative risk information. Risk, Decision and Policy, 2002, 7, 153-163.	0.1	14
96	Openâ€mindedness can decrease persuasion amongst adolescents: The role of selfâ€affirmation. British Journal of Health Psychology, 2015, 20, 228-242.	3.5	14
97	Interest in and reactions to genetic risk information: The role of implicit theories and self-affirmation. Social Science and Medicine, 2017, 190, 101-110.	3.8	14
98	An Interpretative Phenomenological Analysis of Adaptation to Recurrent Venous Thrombosis and Heritable Thrombophilia. Journal of Health Psychology, 2008, 13, 776-784.	2.3	13
99	Processing of Alcohol-Related Health Threat in At-Risk Drinkers: An Online Study of Gender-Related Self-Affirmation Effects. Alcohol and Alcoholism, 2016, 51, 756-762.	1.6	12
100	Diurnal patterns and relationships between physiological and self-reported stress in patients with epilepsy and psychogenic non-epileptic seizures. Epilepsy and Behavior, 2017, 70, 204-211.	1.7	12
101	Identity changes and well-being gains of spending money on material and experiential consumer products. Journal of Economic Psychology, 2019, 72, 229-244.	2.2	12
102	Shyness and embarrassment in psychological theory and ordinary language., 1990,, 59-86.		11
103	The impact of perceived experience on likelihood judgments for self and others: an experimental approach. European Journal of Social Psychology, 2007, 37, 141-151.	2.4	11
104	Direct and indirect effects of mood on risk decision making in safety-critical workers. Accident Analysis and Prevention, 2013, 50, 472-482.	5.7	11
105	How do carers of people with multiple sclerosis engage with websites containing the personal experiences of other carers and patients?. Health Informatics Journal, 2016, 22, 1045-1054.	2.1	11
106	Pilot study of a brief intervention based on the theory of planned behaviour and selfâ€identity to increase chlamydia testing among young people living in deprived areas. British Journal of Health Psychology, 2014, 19, 636-651.	3.5	10
107	Self-affirmation improves self-control over snacking among participants low in eating self-efficacy. Appetite, 2018, 123, 264-268.	3.7	10
108	Using the Theory of Planned Behavior to identify key beliefs underlying chlamydia testing intentions in a sample of young people living in deprived areas. Journal of Health Psychology, 2015, 20, 1229-1239.	2.3	9

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109	Visualizing actions from a thirdâ€person perspective: effects on health behavior and the moderating role of behavior difficulty. Journal of Applied Social Psychology, 2016, 46, 724-731.	2.0	9
110	Coping with stress: A pilot study of a self-help stress management intervention for patients with epileptic or psychogenic nonepileptic seizures. Epilepsy and Behavior, 2019, 94, 169-177.	1.7	9
111	Self-affirmation effects on doping related cognition among exercisers who use nutritional supplements. Psychology of Sport and Exercise, 2020, 46, 101609.	2.1	9
112	Asch's data and the â€~Asch effect': A critical note. British Journal of Social Psychology, 1985, 24, 229-230.	2.8	8
113	Changes in online health usage over the last 5 years. , 2006, , .		8
114	Modeling patient engagement in peer-to-peer healthcare. , 2014, , .		8
115	Emotion regulation and decision-making in persons with dementia: A scoping review. Dementia, 2021, 20, 1832-1854.	2.0	8
116	A cohort study of the impact of COVIDâ€19 on the quality of life of people newly diagnosed with dementia and their family carers. Alzheimer's and Dementia: Translational Research and Clinical Interventions, 2022, 8, e12236.	3.7	8
117	Expectations of an exercise prescription scheme: An exploratory study using repertory grids. British Journal of Health Psychology, 1998, 3, 277-289.	3.5	7
118	Increasing engagement with, and effectiveness of, an online CBT-based stress management intervention for employees through the use of an online facilitated bulletin board: study protocol for a pilot randomised controlled trial. Trials, 2016, 17, 598.	1.6	7
119	Experimentally Manipulated Self-Affirmation Promotes Reduced Alcohol Consumption in Response to Narrative Information. Annals of Behavioral Medicine, 2017, 51, 931-935.	2.9	7
120	Predictors of loneliness during the Covid-19 pandemic in people with dementia and their carers in England: findings from the DETERMIND-C19 study. Aging and Mental Health, 2023, 27, 521-532.	2.8	7
121	Measuring risky-driving propensity in pre-drivers: The Violation Willingness Scale. Transportation Research Part F: Traffic Psychology and Behaviour, 2013, 19, 1-10.	3.7	6
122	Developing Trust Practices for E-Health., 0,, 235-258.		5
123	A conceptual replication study of a self-affirmation intervention to improve the academic achievement of low-income pupils in England. Educational Research and Evaluation, 2022, 27, 83-116.	1.6	5
124	Individual differences in spontaneous self-affirmation predict well-being. Self and Identity, 2023, 22, 247-275.	1.6	5
125	Estimating the Prevalence of Shyness in the "Global Village": Pluralistic Ignorance or False Consensus?. Journal of Personality, 1988, 56, 405-414.	3.2	4
126	Condom use by heterosexual students: justifications for unprotected intercourse. Health Education Journal, 1994, 53, 147-154.	1.2	4

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127	Beliefs about stories: Parents' and therapists' explanations of childhood difficulties. Contemporary Family Therapy, 1996, 18, 291-304.	1.3	4
128	Imagining and Explaining Hypothetical Scenarios: Mediational Effects on the Subjective Likelihood of Health-Related Outcomes 1. Journal of Applied Social Psychology, 2003, 33, 869-887.	2.0	4
129	How is spontaneous self-affirmation linked to self-esteem? A cross-lagged examination. Journal of Research in Personality, 2021, 92, 104091.	1.7	4
130	†People like me don†to well at schoolâ€. The roles of identity compatibility and school context in explaining the socioeconomic attainment gap. British Journal of Educational Psychology, 2022, , e12494.	2.9	4
131	Self-affirmation improves music performance among performers high on the impulsivity dimension of sensation seeking. Psychology of Music, 2018, 46, 292-302.	1.6	3
132	Greater benefit of self-affirmation for prevention-focused individuals prior to threatening health messages. Psychology and Health, 2020, 36, 1-20.	2.2	3
133	Indian patient use of cancer euphemisms: Association with psychological outcomes and health behaviours. Psycho-Oncology, 2020, 29, 1193-1200.	2.3	3
134	Assessing Patient Experience and Patient Preference when Designing Web Support for Smoking Cessation. , 2015, , .		2
135	The relationship between individual differences in spontaneous self-affirmation and affect associated with self-weighing. Journal of Research in Personality, 2020, 89, 104020.	1.7	2
136	Association of Spontaneous and Induced Self-Affirmation With Smoking Cessation in Users of a Mobile App: Randomized Controlled Trial. Journal of Medical Internet Research, 2021, 23, e18433.	4.3	2
137	"Nurturing parentsâ€â€"Mindfulness-based parent well-being group in pediatric cystic fibrosis Clinical Practice in Pediatric Psychology, 2021, 9, 123-134.	0.3	2
138	The Changing Face of Trust in Health Websites. SSRN Electronic Journal, 0, , .	0.4	2
139	Revisiting the Issue of Trust in E-Health. Advances in Psychology, Mental Health, and Behavioral Studies, 0, , 241-259.	0.1	1
140	Taking advantage of multiple identities to reduce defensiveness to personally threatening health messages. Applied Psychology: Health and Well-Being, 2022, 14, 862-880.	3.0	1
141	Mistakes Around the Clock: Errors in Memory for the Orientation of Numerals. Journal of Psychology: Interdisciplinary and Applied, 1998, 132, 42-46.	1.6	0
142	Developing Trust Practices for E-Health. , 0, , 1976-1996.		0
143	Self-Affirmation and Image/Performance Enhancing Drug Use in Recreational Exercise. Research Quarterly for Exercise and Sport, 2023, 94, 698-706.	1.4	0