

# Justin Richards

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9376387/publications.pdf>

Version: 2024-02-01

39  
papers

4,713  
citations

331670

21  
h-index

315739

38  
g-index

42  
all docs

42  
docs citations

42  
times ranked

6970  
citing authors

#	ARTICLE	IF	CITATIONS
1	Exercise as a treatment for depression: A meta-analysis adjusting for publication bias. <i>Journal of Psychiatric Research</i> , 2016, 77, 42-51.	3.1	950
2	Physical Activity for Cognitive and Mental Health in Youth: A Systematic Review of Mechanisms. <i>Pediatrics</i> , 2016, 138, .	2.1	702
3	Progress in physical activity over the Olympic quadrennium. <i>Lancet, The</i> , 2016, 388, 1325-1336.	13.7	676
4	Systematic review and meta-analysis of reduction in all-cause mortality from walking and cycling and shape of dose response relationship. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 132.	4.6	376
5	Physical activity and anxiety: A perspective from the World Health Survey. <i>Journal of Affective Disorders</i> , 2017, 208, 545-552.	4.1	211
6	Dropout from exercise randomized controlled trials among people with depression: A meta-analysis and meta regression. <i>Journal of Affective Disorders</i> , 2016, 190, 457-466.	4.1	202
7	Cardiorespiratory Fitness in Severe Mental Illness: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , 2017, 47, 343-352.	6.5	170
8	Don't worry, be happy: cross-sectional associations between physical activity and happiness in 15 European countries. <i>BMC Public Health</i> , 2015, 15, 53.	2.9	162
9	Exercise for depression in older adults: a meta-analysis of randomized controlled trials adjusting for publication bias. <i>Revista Brasileira De Psiquiatria</i> , 2016, 38, 247-254.	1.7	160
10	Walking on sunshine: scoping review of the evidence for walking and mental health. <i>British Journal of Sports Medicine</i> , 2018, 52, 800-806.	6.7	134
11	Focused psychosocial interventions for children in low-resource humanitarian settings: a systematic review and individual participant data meta-analysis. <i>The Lancet Global Health</i> , 2018, 6, e390-e400.	6.3	119
12	Exercise improves physical and psychological quality of life in people with depression: A meta-analysis including the evaluation of control group response. <i>Psychiatry Research</i> , 2016, 241, 47-54.	3.3	118
13	Chronic physical conditions, multimorbidity and physical activity across 46 low- and middle-income countries. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 6.	4.6	115
14	Use of the prevented fraction for the population to determine deaths averted by existing prevalence of physical activity: a descriptive study. <i>The Lancet Global Health</i> , 2020, 8, e920-e930.	6.3	86
15	Are lower levels of cardiorespiratory fitness associated with incident depression? A systematic review of prospective cohort studies. <i>Preventive Medicine</i> , 2016, 93, 159-165.	3.4	85
16	Physical activity correlates in people living with HIV/AIDS: a systematic review of 45 studies. <i>Disability and Rehabilitation</i> , 2018, 40, 1618-1629.	1.8	65
17	Running on a high: parkrun and personal well-being. <i>BMC Public Health</i> , 2018, 18, 59.	2.9	52
18	Behavioural physical activity interventions in participants with lower-limb osteoarthritis: a systematic review with meta-analysis. <i>BMJ Open</i> , 2015, 5, e007642.	1.9	49

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19	Challenges Establishing the Efficacy of Exercise as an Antidepressant Treatment: A Systematic Review and Meta-Analysis of Control Group Responses in Exercise Randomised Controlled Trials. <i>Sports Medicine</i> , 2016, 46, 699-713.	6.5	43
20	Physical fitness in people with posttraumatic stress disorder: a systematic review. <i>Disability and Rehabilitation</i> , 2017, 39, 2461-2467.	1.8	36
21	Physical activity, healthy lifestyle behaviors, neighborhood environment characteristics and social support among Australian Aboriginal and non-Aboriginal adults. <i>Preventive Medicine Reports</i> , 2016, 3, 203-210.	1.8	28
22	A snapshot of physical activity programs targeting Aboriginal and Torres Strait Islander people in Australia. <i>Health Promotion Journal of Australia</i> , 2017, 28, 185-206.	1.2	28
23	Evidence on the reach and impact of the social physical activity phenomenon parkrun: A scoping review. <i>Preventive Medicine Reports</i> , 2020, 20, 101231.	1.8	25
24	Methods for quantifying the social and economic value of sport and active recreation: a critical review. <i>Sport in Society</i> , 2019, 22, 2203-2223.	1.2	20
25	Depressive symptoms and muscular fitness contribute independently to the ability to perform daily life activities in people with bipolar disorder. <i>Nordic Journal of Psychiatry</i> , 2016, 70, 477-482.	1.3	13
26	Correlates of physical activity among Australian Indigenous and non-Indigenous adolescents. <i>Australian and New Zealand Journal of Public Health</i> , 2017, 41, 187-192.	1.8	12
27	The impact of a community-led program promoting weight loss and healthy living in Aboriginal communities: the New South Wales Knockout Health Challenge. <i>BMC Public Health</i> , 2017, 17, 951.	2.9	11
28	The "cripple effect": Health and community perceptions of the Indigenous Marathon Program on Thursday Island in the Torres Strait, Australia. <i>Health Promotion Journal of Australia</i> , 2018, 29, 304-313.	1.2	10
29	Associations between sociodemographic and behaviour factors, and dietary risk factors for overweight and obesity, in Samoan women. <i>Appetite</i> , 2019, 134, 155-161.	3.7	10
30	Mediators of focused psychosocial support interventions for children in low-resource humanitarian settings: analysis from an Individual Participant Dataset with 3,143 participants. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2020, 61, 584-593.	5.2	10
31	Facilitators and Barriers to Physical Activity and Sport Participation Experienced by Aboriginal and Torres Strait Islander Adults: A Mixed Method Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9893.	2.6	6
32	Understanding physical activity patterns among rural Aboriginal and non-Aboriginal young people. <i>Rural and Remote Health</i> , 2019, 19, 4876.	0.5	6
33	Is the Current Focus of the Global Physical Activity Recommendations for Youth Appropriate in All Settings?. <i>Journal of Physical Activity and Health</i> , 2015, 12, 901-903.	2.0	5
34	Do tutors make a difference in online learning? A comparative study in two Open Online Courses. <i>Open Praxis</i> , 2019, 11, 229.	2.7	5
35	Psychosocial wellbeing and physical health among Tamil schoolchildren in northern Sri Lanka. <i>Conflict and Health</i> , 2016, 10, 13.	2.7	3
36	Critique of "The physical activity myth" paper: discussion of flawed logic and inappropriate use of evidence. <i>British Journal of Sports Medicine</i> , 2016, 50, 1230-1231.	6.7	3

#	ARTICLE	IF	CITATIONS
37	Community co-selection of measures to evaluate the health and wellbeing impact of Aboriginal and Torres Strait Islander community running groups. Health Promotion Journal of Australia, 2022, , .	1.2	2
38	Infographic. Walking on sunshine: scoping review of the evidence for walking and mental health. British Journal of Sports Medicine, 2019, 53, 903-904.	6.7	0
39	The potential of school-based physical education to increase physical activity in Aotearoa New Zealand children and young people: a modelling study. New Zealand Medical Journal, 2021, 134, 23-35.	0.5	0