Andrew B Scholey

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	The effects of cardiovascular and orthopaedic surgery on vitamin concentrations: a narrative review of the literature and mechanisms of action. Critical Reviews in Food Science and Nutrition, 2023, 63, 2929-2959.	5.4	0
2	Effects of Chewing Gum on Nitric Oxide Metabolism, Markers of Cardiovascular Health and Neurocognitive Performance after a Nitrate-Rich Meal. Journal of the American College of Nutrition, 2022, 41, 178-190.	1.1	0
3	Dietary patterns in middle age: effects on concurrent neurocognition and risk of age-related cognitive decline. Nutrition Reviews, 2022, 80, 1129-1159.	2.6	22
4	The Effects of Surgery on Leukocyte Vitamin C Concentrations: A Systematic Review and Meta-Analysis. Pharmaceutical Sciences, 2022, , .	0.1	0
5	Alcohol Consumption on the Heaviest Drinking Occasion and Hangovers during the First Dutch COVID-19 Lockdown. International Journal of Environmental Research and Public Health, 2022, 19, 4301.	1.2	4
6	Associations between Mental Resilience, Mood, Coping, Personality, and Hangover Severity. Journal of Clinical Medicine, 2022, 11, 2240.	1.0	5
7	The Association Between Diet and Cardio-Metabolic Risk on Cognitive Performance: A Cross-Sectional Study of Middle-Aged Australian Adults. Frontiers in Nutrition, 2022, 9, 862475.	1.6	6
8	Effects of alcohol hangover on attentional resources during a verbal memory/psychomotor tracking dual attention task. Psychopharmacology, 2022, 239, 2695-2704.	1.5	4
9	The Efficacy of the Combination of Naproxen and Fexofenadine (SJP-003) to Prevent or Reduce Side Effects of Receiving Multiple Travel Vaccines: A Case Report. Vaccines, 2022, 10, 1128.	2.1	4
10	Goals in Nutrition Science 2020-2025. Frontiers in Nutrition, 2021, 7, 606378.	1.6	20
11	Mediterranean diet and its components. , 2021, , 293-306.		3
12	A Comparison of the Antinociceptive Properties of SJP-005 and Morphine in Rats. Pharmaceutics, 2021, 13, 243.	2.0	2
13	Functional observation after morphine withdrawal: effects of SJP-005. Psychopharmacology, 2021, 238, 1449-1460.	1.5	5
14	L-cysteine and the Treatment of Alcohol Hangover: A Commentary on Eriksson etÂal. (2020). Alcohol and Alcoholism, 2021, 56, 628-629.	0.9	1
15	Immune Fitness and the Psychosocial and Health Consequences of the COVID-19 Pandemic Lockdown in The Netherlands: Methodology and Design of the CLOFIT Study. European Journal of Investigation in Health, Psychology and Education, 2021, 11, 199-218.	1.1	22
16	The Impact of Having a Holiday or Work in Fiji on Perceived Immune Fitness. Tourism and Hospitality, 2021, 2, 95-112.	0.7	8
17	In Vitro Assessment of the Antiviral Activity of Ketotifen, Indomethacin and Naproxen, Alone and in Combination, against SARS-CoV-2. Viruses, 2021, 13, 558.	1.5	27
18	Alcohol Hangover Across the Lifespan: Impact Of Sex and Age. Alcohol and Alcoholism, 2021, 56, 589-598.	0.9	8

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19	<i>APOE</i> ε4 alters associations between docosahexaenoic acid and preclinical markers of Alzheimer's disease. Brain Communications, 2021, 3, fcab085.	1.5	10
20	Immune Responses after Heavy Alcohol Consumption: Cytokine Concentrations in Hangover-Sensitive and Hangover-Resistant Drinkers. Healthcare (Switzerland), 2021, 9, 395.	1.0	9
21	Risk-Taking Behavior and the Consumption of Alcohol Mixed with Energy Drink among Australian, Dutch and UK Students. International Journal of Environmental Research and Public Health, 2021, 18, 5315.	1.2	3
22	Acute Effects of Polyphenols on Human Attentional Processes: A Systematic Review and Meta-Analysis. Frontiers in Neuroscience, 2021, 15, 678769.	1.4	8
23	The effects of alcohol intoxication on cognitive functions critical for driving: A systematic review. Accident Analysis and Prevention, 2021, 154, 106052.	3.0	21
24	Reduced Self-Perception of Fatigue after Intake of Panax ginseng Root Extract (G115®) Formulated with Vitamins and Minerals—An Open-Label Study. International Journal of Environmental Research and Public Health, 2021, 18, 6257.	1.2	4
25	A Cross-Cultural Comparison of the Effects of Alcohol Mixed with Energy Drink (AMED) Consumption on Overall Alcohol Consumption and Related Consequences. International Journal of Environmental Research and Public Health, 2021, 18, 7579.	1.2	3
26	Mood and Changes in Alcohol Consumption in Young Adults during COVID-19 Lockdown: A Model Explaining Associations with Perceived Immune Fitness and Experiencing COVID-19 Symptoms. International Journal of Environmental Research and Public Health, 2021, 18, 10028.	1.2	13
27	Twelve weeks' treatment with a polyphenol-rich seaweed extract increased HDL cholesterol with no change in other biomarkers of chronic disease risk in overweight adults: A placebo-controlled randomized trial. Journal of Nutritional Biochemistry, 2021, 96, 108777.	1.9	9
28	Unknown safety and efficacy of alcohol hangover treatments puts consumers at risk. Addictive Behaviors, 2021, 122, 107029.	1.7	7
29	The effects of surgery on plasma vitamin C concentrations and cognitive function: a protocol for a prospective, observational study. Nutrition and Health, 2021, 27, 283-292.	0.6	0
30	Nutraceuticals as Cognitive Enhancers. , 2021, , 35-58.		0
31	Diet May Moderate the Relationship Between Arterial Stiffness and Cognitive Performance in Older Adults. Journal of Alzheimer's Disease, 2021, , 1-14.	1.2	2
32	The Relationship between Alcohol Hangover Severity, Sleep and Cognitive Performance; a Naturalistic Study. Journal of Clinical Medicine, 2021, 10, 5691.	1.0	3
33	Oxygen Administration and Acute Human Cognitive Enhancement: Higher Cognitive Demand Leads to a More Rapid Decay of Transient Hyperoxia. Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice, 2020, 4, 94-99.	0.8	4
34	Resting state fMRI reveals differential effects of glucose administration on central appetite signalling in young and old adults. Journal of Psychopharmacology, 2020, 34, 304-314.	2.0	5
35	Kava for generalised anxiety disorder: A 16-week double-blind, randomised, placebo-controlled study. Australian and New Zealand Journal of Psychiatry, 2020, 54, 288-297.	1.3	22
36	Effects of Oral Gamma-Aminobutyric Acid (GABA) Administration on Stress and Sleep in Humans: A Systematic Review. Frontiers in Neuroscience, 2020, 14, 923.	1.4	96

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37	The Contribution of Plasma and Brain Vitamin C on Age and Gender-Related Cognitive Differences: A Mini-Review of the Literature. Frontiers in Integrative Neuroscience, 2020, 14, 47.	1.0	18
38	Effects of <i>Panax quinquefolius</i> (American ginseng) on the steady state visually evoked potential during cognitive performance. Human Psychopharmacology, 2020, 35, 1-6.	0.7	4
39	The effects of knee arthroplasty on plasma vitamin C concentrations and cognitive function: a case study. Journal of Surgical Case Reports, 2020, 2020, rjaa111.	0.2	4
40	Effects of Rapid Recovery on Alcohol Hangover Severity: A Double-Blind, Placebo-Controlled, Randomized, Balanced Crossover Trial. Journal of Clinical Medicine, 2020, 9, 2175.	1.0	7
41	The Alcohol Hangover Research Group: Ten Years of Progress in Research on the Causes, Consequences, and Treatment of the Alcohol Hangover. Journal of Clinical Medicine, 2020, 9, 3670.	1.0	4
42	Self-Selection Bias: An Essential Design Consideration for Nutrition Trials in Healthy Populations. Frontiers in Nutrition, 2020, 7, 587983.	1.6	13
43	Self-Reported Diet Quality Differentiates Nutrient Intake, Blood Nutrient Status, Mood, and Cognition: Implications for Identifying Nutritional Neurocognitive Risk Factors in Middle Age. Nutrients, 2020, 12, 2964.	1.7	11
44	The Role of Alcohol Metabolism in the Pathology of Alcohol Hangover. Journal of Clinical Medicine, 2020, 9, 3421.	1.0	46
45	Findings of a Pilot Study Investigating the Effects of Mediterranean Diet and Aerobic Exercise on Cognition in Cognitively Healthy Older People Living Independently within Aged-Care Facilities: The Lifestyle Intervention in Independent Living Aged Care (LIILAC) Study. Current Developments in Nutrition, 2020. 4. nzaa077.	0.1	16
46	Prebiotics, probiotics, fermented foods and cognitive outcomes: A meta-analysis of randomized controlled trials. Neuroscience and Biobehavioral Reviews, 2020, 118, 472-484.	2.9	50
47	Prevalence of Hangover Resistance According to Two Methods for Calculating Estimated Blood Alcohol Concentration (eBAC). Journal of Clinical Medicine, 2020, 9, 2823.	1.0	7
48	The Impact of Mood and Subjective Intoxication on Hangover Severity. Journal of Clinical Medicine, 2020, 9, 2462.	1.0	19
49	An almond-enriched diet improves biomarkers of cardiometabolic health and increases alertness without changing cognitive performance in older overweight adults. Proceedings of the Nutrition Society, 2020, 79, .	0.4	1
50	Modelling Modifiable Predictors of Age-Related Cognitive Decline: Exercise, Aortic Stiffness, and the Importance of Physical Fitness. Journal of Alzheimer's Disease Reports, 2020, 4, 79-89.	1.2	3
51	Further Evidence of Benefits to Mood and Working Memory from Lipidated Curcumin in Healthy Older People: A 12-Week, Double-Blind, Placebo-Controlled, Partial Replication Study. Nutrients, 2020, 12, 1678.	1.7	32
52	The Assessment of Overall Hangover Severity. Journal of Clinical Medicine, 2020, 9, 786.	1.0	45
53	Updating the Definition of the Alcohol Hangover. Journal of Clinical Medicine, 2020, 9, 823.	1.0	58
54	Fuel for Thought? A Systematic Review of Neuroimaging Studies into Glucose Enhancement of Cognitive Performance. Neuropsychology Review, 2020, 30, 234-250.	2.5	8

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55	Acute cognitive, mood and cardiovascular effects of green and black tea. Proceedings of the Nutrition Society, 2020, 79, .	0.4	1
56	Perceived Immune Fitness, Individual Strength and Hangover Severity. International Journal of Environmental Research and Public Health, 2020, 17, 4039.	1.2	8
57	The Association between Ethanol Elimination Rate and Hangover Severity. International Journal of Environmental Research and Public Health, 2020, 17, 4324.	1.2	14
58	Curcumin improves hippocampal function in healthy older adults: a three month randomised controlled trial. Proceedings of the Nutrition Society, 2020, 79, .	0.4	2
59	The Inflammatory Response to Alcohol Consumption and Its Role in the Pathology of Alcohol Hangover. Journal of Clinical Medicine, 2020, 9, 2081.	1.0	31
60	Functional Connectivity of the Anterior and Posterior Hippocampus: Differential Effects of Glucose in Younger and Older Adults. Frontiers in Aging Neuroscience, 2020, 12, 8.	1.7	4
61	Sensitivity to Experiencing Alcohol Hangovers: Reconsideration of the 0.11% Blood Alcohol Concentration (BAC) Threshold for Having a Hangover. Journal of Clinical Medicine, 2020, 9, 179.	1.0	27
62	Vitamins and Minerals for Energy, Fatigue and Cognition: A Narrative Review of the Biochemical and Clinical Evidence. Nutrients, 2020, 12, 228.	1.7	183
63	Consumption Patterns of Alcohol and Alcohol mixed with Energy Drinks in Australian Students and Non-Students. Nutrients, 2020, 12, 149.	1.7	13
64	Gender Differences in Plasma Vitamin C Concentrations and Cognitive Function: A Pilot Cross-Sectional Study in Healthy Adults. Current Developments in Nutrition, 2020, 4, nzaa038.	0.1	9
65	The Effects of SJP-001 on Alcohol Hangover Severity: A Pilot Study. Journal of Clinical Medicine, 2020, 9, 932.	1.0	7
66	Effect of a 12-Week Almond-Enriched Diet on Biomarkers of Cognitive Performance, Mood, and Cardiometabolic Health in Older Overweight Adults. Nutrients, 2020, 12, 1180.	1.7	29
67	Alcohol Hangover and Multitasking: Effects on Mood, Cognitive Performance, Stress Reactivity, and Perceived Effort. Journal of Clinical Medicine, 2020, 9, 1154.	1.0	11
68	An evaluation of the cognitive effects of malt extract and sucrose in school-aged Malaysian children. Bioactive Compounds in Health and Disease, 2020, 3, 179.	0.2	0
69	Dietary Nutrient Intake, Alcohol Metabolism, and Hangover Severity. Journal of Clinical Medicine, 2019, 8, 1316.	1.0	9
70	A Systematic Review and Meta-Analysis of B Vitamin Supplementation on Depressive Symptoms, Anxiety, and Stress: Effects on Healthy and â€~At-Risk' Individuals. Nutrients, 2019, 11, 2232.	1.7	66
71	The Association between Alcohol Hangover Frequency and Severity: Evidence for Reverse Tolerance?. Journal of Clinical Medicine, 2019, 8, 1520.	1.0	16
72	Higher plasma levels of F ₂ -isoprostanes are associated with slower psychomotor speed in healthy older adults. Free Radical Research, 2019, 53, 377-386.	1.5	3

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73	A Highly Bioavailable Curcumin Extract Improves Neurocognitive Function and Mood in Healthy Older People: A 12-Week Randomised, Double-Blind, Placebo-Controlled Trial (OR32-05-19). Current Developments in Nutrition, 2019, 3, nzz052.OR32-05-19.	0.1	2
74	Plasma Vitamin C Concentrations and Cognitive Function: A Cross-Sectional Study. Frontiers in Aging Neuroscience, 2019, 11, 72.	1.7	29
75	The microbiome and cognitive aging: a review of mechanisms. Psychopharmacology, 2019, 236, 1559-1571.	1.5	35
76	Gut microbiota and bipolar disorder: a review of mechanisms and potential targets for adjunctive therapy. Psychopharmacology, 2019, 236, 1433-1443.	1.5	37
77	Effects of Alcohol Hangover on Cognitive Performance: Findings from a Field/Internet Mixed Methodology Study. Journal of Clinical Medicine, 2019, 8, 440.	1.0	23
78	Advantages and Limitations of Naturalistic Study Designs and Their Implementation in Alcohol Hangover Research. Journal of Clinical Medicine, 2019, 8, 2160.	1.0	35
79	Development and Validation of the Immune Status Questionnaire (ISQ). International Journal of Environmental Research and Public Health, 2019, 16, 4743.	1.2	57
80	Increases in total cholesterol and low density lipoprotein associated with decreased cognitive performance in healthy elderly adults. Metabolic Brain Disease, 2019, 34, 477-484.	1.4	13
81	Neurochemical changes in the aging brain: A systematic review. Neuroscience and Biobehavioral Reviews, 2019, 98, 306-319.	2.9	83
82	The Australian Research Council Longevity Intervention (ARCLI) study protocol (ANZCTR12611000487910) addendum: neuroimaging and gut microbiota protocol. Nutrition Journal, 2019, 18, 1.	1.5	49
83	Attentional and working memory performance following alcohol and energy drink: A randomised, double-blind, placebo-controlled, factorial design laboratory study. PLoS ONE, 2019, 14, e0209239.	1.1	15
84	Impaired verbal episodic memory in healthy older adults is marked by increased F 2 -Isoprostanes. Prostaglandins Leukotrienes and Essential Fatty Acids, 2018, 129, 32-37.	1.0	15
85	Differences in the Temporal Typology of Alcohol Hangover. Alcoholism: Clinical and Experimental Research, 2018, 42, 691-697.	1.4	13
86	Alcohol mixed with energy drink (AMED): A critical review and metaâ€analysis. Human Psychopharmacology, 2018, 33, e2650.	0.7	40
87	Nutrients for neurocognition in health and disease: measures, methodologies and mechanisms. Proceedings of the Nutrition Society, 2018, 77, 73-83.	0.4	24
88	The association between adherence to a Mediterranean style diet and cognition in older people: The impact of medication. Clinical Nutrition, 2018, 37, 2156-2165.	2.3	10
89	Study protocol for a double-blind randomised controlled trial investigating the impact of 12 weeks supplementation with a <i>Fucus vesiculosus</i> extract on cholesterol levels in adults with elevated fasting LDL cholesterol who are overweight or have obesity. BMJ Open, 2018, 8, e022195.	0.8	9
90	The Cognitive Ageing, Nutrition and Neurogenesis (CANN) trial: Design and progress. Alzheimer's and Dementia: Translational Research and Clinical Interventions, 2018, 4, 591-601.	1.8	9

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91	Susceptibility to Alcohol Hangovers: The Association with Self-Reported Immune Status. International Journal of Environmental Research and Public Health, 2018, 15, 1286.	1.2	17
92	Impact of mental resilience and perceived immune functioning on the severity of alcohol hangover. BMC Research Notes, 2018, 11, 526.	0.6	17
93	Glycerophospholipid Supplementation as a Potential Intervention for Supporting Cerebral Structure in Older Adults. Frontiers in Aging Neuroscience, 2018, 10, 49.	1.7	12
94	When should the driver with a history of substance misuse be allowed to return to the wheel? A review of the substance misuse section of the Australian national guidelines. Internal Medicine Journal, 2018, 48, 908-915.	0.5	5
95	Physical Fitness and Aortic Stiffness Explain the Reduced Cognitive Performance Associated with Increasing Age in Older People. Journal of Alzheimer's Disease, 2018, 63, 1307-1316.	1.2	21
96	Why meta is better: A reply to Linden armichael et al. (2018). Human Psychopharmacology, 2018, 33, e2663.	0.7	2
97	Ageâ€Related Changes in Resting State Connectivity of Brain Areas Related to Appetite, Mood and Food Homeostasis in Response to Glucose Ingestion. FASEB Journal, 2018, 32, lb377.	0.2	0
98	The role of glucose in supporting cognition and mood regulation. , 2018, , 209-218.		0
99	The effect of a single dose of multivitamin and mineral combinations with and without guaranÃ; on functional brain activity during a continuous performance task. Nutritional Neuroscience, 2017, 20, 8-22.	1.5	29
100	The breathtaking truth about breath alcohol readings of zero. Addictive Behaviors, 2017, 70, 23-26.	1.7	11
101	Reduced inattention and hyperactivity and improved cognition after marine oil extract (PCSO-524®) supplementation in children and adolescents with clinical and subclinical symptoms of attention-deficit hyperactivity disorder (ADHD): a randomised, double-blind, placebo-controlled trial. Psychopharmacology, 2017, 234, 403-420.	1.5	21
102	Exploring the Effect of Lactiumâ,,¢ and Zizyphus Complex on Sleep Quality: A Double-Blind, Randomized Placebo-Controlled Trial. Nutrients, 2017, 9, 154.	1.7	21
103	Vitamin C Status and Cognitive Function: A Systematic Review. Nutrients, 2017, 9, 960.	1.7	100
104	A Review of the Physiological Factors Associated with Alcohol Hangover. Current Drug Abuse Reviews, 2017, 9, 93-98.	3.4	28
105	The Effects of Four-Week Multivitamin Supplementation on Mood in Healthy Older Women: A Randomized Controlled Trial. Evidence-based Complementary and Alternative Medicine, 2016, 2016, 1-11.	0.5	6
106	Functional Brain Activity Changes after 4 Weeks Supplementation with a Multi-Vitamin/Mineral Combination: A Randomized, Double-Blind, Placebo-Controlled Trial Exploring Functional Magnetic Resonance Imaging and Steady-State Visual Evoked Potentials during Working Memory. Frontiers in Aging Neuroscience, 2016, 8, 288.	1.7	7
107	Adherence to a Mediterranean-Style Diet and Effects on Cognition in Adults: A Qualitative Evaluation and Systematic Review of Longitudinal and Prospective Trials. Frontiers in Nutrition, 2016, 3, 22.	1.6	128
108	Anti-Stress, Behavioural and Magnetoencephalography Effects of an l-Theanine-Based Nutrient Drink: A Randomised, Double-Blind, Placebo-Controlled, Crossover Trial. Nutrients, 2016, 8, 53.	1.7	52

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109	Relationships Among Cognitive Function and Cerebral Blood Flow, Oxidative Stress, and Inflammation in Older Heart Failure Patients. Journal of Cardiac Failure, 2016, 22, 548-559.	0.7	30
110	Consumption of caffeinated beverages and the awareness of their caffeine content among Dutch students. Appetite, 2016, 103, 353-357.	1.8	21
111	Mixing alcohol with energy drink (AMED) and total alcohol consumption: a systematic review and metaâ€analysis. Human Psychopharmacology, 2016, 31, 2-10.	0.7	26
112	Controversies in omega-3 efficacy and novel concepts for application. Journal of Nutrition & Intermediary Metabolism, 2016, 5, 11-22.	1.7	26
113	Low dose resveratrol improves cerebrovascular function in type 2 diabetes mellitus. Nutrition, Metabolism and Cardiovascular Diseases, 2016, 26, 393-399.	1.1	72
114	<scp>I</scp> nternational <scp>S</scp> ociety for <scp>N</scp> utritional <scp>P</scp> sychiatry <scp>R</scp> esearch consensus position statement: nutritional medicine in modern psychiatry. World Psychiatry, 2015, 14, 370-371.	4.8	81
115	Herbal Extracts and Nutraceuticals for Cognitive Performance. , 2015, , 221-250.		1
116	The effect of Sailuotong (SLT) on neurocognitive and cardiovascular function in healthy adults: a randomised, double-blind, placebo controlled crossover pilot trial. BMC Complementary and Alternative Medicine, 2015, 16, 15.	3.7	31
117	Energy drinks mixed with alcohol: are there any risks?. Nutrition Reviews, 2015, 73, 796-798.	2.6	5
118	Kava for the treatment of generalised anxiety disorder (K-GAD): study protocol for a randomised controlled trial. Trials, 2015, 16, 493.	0.7	29
119	Hippocampal involvement in glucose facilitation of recognition memory: Event-related potential components in a dual-task paradigm. Nutrition and Aging (Amsterdam, Netherlands), 2015, 3, 9-20.	0.3	9
120	Effects of Four-Week Supplementation with a Multi-Vitamin/Mineral Preparation on Mood and Blood Biomarkers in Young Adults: A Randomised, Double-Blind, Placebo-Controlled Trial. Nutrients, 2015, 7, 9005-9017.	1.7	39
121	A Randomized Controlled Trial Investigating the Effects of a Special Extract of Bacopa monnieri (CDRI) Tj ETQq1 (ANZCTRN12612000827831). Nutrients, 2015, 7, 9931-9945.	1 0.78431 1.7	4 rgBT /Over 28
122	Functional Activation during the Rapid Visual Information Processing Task in a Middle Aged Cohort: An fMRI Study. PLoS ONE, 2015, 10, e0138994.	1.1	26
123	The acute and sub-chronic effects of cocoa flavanols on mood, cognitive and cardiovascular health in young healthy adults: a randomized, controlled trial. Frontiers in Pharmacology, 2015, 6, 93.	1.6	71
124	Acute mood but not cognitive improvements following administration of a single multivitamin and mineral supplement in healthy women aged 50 and above: a randomised controlled trial. Age, 2015, 37, 9782.	3.0	16
125	A randomised controlled trial investigating the effects of Mediterranean diet and aerobic exercise on cognition in cognitively healthy older people living independently within aged care facilities: the Lifestyle Intervention in Independent Living Aged Care (LIILAC) study protocol [ACTRN12614001133628]. Nutrition lournal, 2015, 14, 53.	1.5	32
126	Fish oil and multivitamin supplementation reduces oxidative stress but not inflammation in healthy older adults: A randomised controlled trial. Journal of Functional Foods, 2015, 19, 949-957.	1.6	13

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127	The Effects of Long-Chain Omega-3 Fish Oils and Multivitamins on Cognitive and Cardiovascular Function: A Randomized, Controlled Clinical Trial. Journal of the American College of Nutrition, 2015, 34, 21-31.	1.1	45
128	The Influence of the Mediterranean Diet on Cognitive Health. , 2015, , 81-89.		0
129	Glucose administration and cognitive function: differential effects of age and effort during a dual task paradigm in younger and older adults. Psychopharmacology, 2015, 232, 1135-1142.	1.5	28
130	Nutritional medicine as mainstream in psychiatry. Lancet Psychiatry, the, 2015, 2, 271-274.	3.7	375
131	Improved working memory performance following administration of a single dose of American ginseng (<scp><i>Panax quinquefolius</i> L.</scp>) to healthy middleâ€age adults. Human Psychopharmacology, 2015, 30, 108-122.	0.7	41
132	Acute effects of a dietary non-starch polysaccharide supplement on cognitive performance in healthy middle-aged adults. Nutritional Neuroscience, 2015, 18, 76-86.	1.5	27
133	Switching to a 10-day Mediterranean-style diet improves mood and cardiovascular function in a controlled crossover study. Nutrition, 2015, 31, 647-652.	1.1	53
134	Investigation of the effects of solid lipid curcumin on cognition and mood in a healthy older population. Journal of Psychopharmacology, 2015, 29, 642-651.	2.0	259
135	Use of Neuroimaging Techniques in the Assessment of Nutraceuticals for Cognitive Enhancement: Methodological and Interpretative Issues. , 2015, , 305-340.		1
136	Nutritional influences on human neurocognitive functioning. Frontiers in Human Neuroscience, 2014, 8, 358.	1.0	5
137	Randomized Controlled Trial Examining the Effects of Fish Oil and Multivitamin Supplementation on the Incorporation of n-3 and n-6 Fatty Acids into Red Blood Cells. Nutrients, 2014, 6, 1956-1970.	1.7	16
138	Motives for mixing alcohol with energy drinks and other nonalcoholic beverages, and consequences for overall alcohol consumption. International Journal of General Medicine, 2014, 7, 285.	0.8	16
139	Assessing Premorbid Cognitive Ability in Adults With Type 2 Diabetes Mellitus—a Review With Implications for Future Intervention Studies. Current Diabetes Reports, 2014, 14, 547.	1.7	50
140	Effects of alcohol and energy drink on mood and subjective intoxication: a double-blind, placebo-controlled, crossover study. Human Psychopharmacology, 2014, 29, 360-369.	0.7	15
141	Effects of two doses of glucose and a caffeine–glucose combination on cognitive performance and mood during multiâ€ŧasking. Human Psychopharmacology, 2014, 29, 434-445.	0.7	16
142	An Acute, Double-Blind, Placebo-Controlled Cross-over Study of 320 mg and 640 mg Doses of <i>Bacopa monnieri</i> (CDRI 08) on Multitasking Stress Reactivity and Mood. Phytotherapy Research, 2014, 28, 551-559.	2.8	64
143	Effects of multivitamin, mineral and herbal supplement on cognition in younger adults and the contribution of B group vitamins. Human Psychopharmacology, 2014, 29, 73-82.	0.7	15
144	Steady state visually evoked potential (SSVEP) phase change as an index of Spatial Working Memory task performance: The influence of nootropic supplementation. International Journal of Psychophysiology, 2014, 94, 185.	0.5	1

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145	Effects of mixing alcohol with caffeinated beverages on subjective intoxication: A systematic review and meta-analysis. Neuroscience and Biobehavioral Reviews, 2014, 47, 16-21.	2.9	40
146	The acute effect of flavonoid-rich apples and nitrate-rich spinach on cognitive performance and mood in healthy men and women. Food and Function, 2014, 5, 849-858.	2.1	53
147	Association of pulsatile and mean cerebral blood flow velocity with age and neuropsychological performance. Physiology and Behavior, 2014, 130, 23-27.	1.0	23
148	MDMA, cortisol, and heightened stress in recreational ecstasy users. Behavioural Pharmacology, 2014, 25, 458-472.	0.8	30
149	Acute effects of tea constituents L-theanine, caffeine, and epigallocatechin gallate on cognitive function and mood: a systematic review and meta-analysis. Nutrition Reviews, 2014, 72, 507-522.	2.6	103
150	Anti-Stress Effects of Lemon Balm-Containing Foods. Nutrients, 2014, 6, 4805-4821.	1.7	45
151	Effects of resveratrol and alcohol on mood and cognitive function in older individuals. Nutrition and Aging (Amsterdam, Netherlands), 2014, 2, 133-138.	0.3	7
152	Effects of chocolate on cognitive function and mood: a systematic review. Nutrition Reviews, 2013, 71, 665-681.	2.6	79
153	A randomized controlled trial investigating the effects of PCSO-524A®, a patented oil extract of the New Zealand green lipped mussel (Perna canaliculus), on the behaviour, mood, cognition and neurophysiology of children and adolescents (aged 6–14Âyears) experiencing clinical and sub-clinical levels of hyperactivity and inattention: study protocol ACTRN12610000978066. Nutrition Journal, 2013,	1.5	8
154	Does a Medicinal Dose of Kava Impair Driving? A Randomized, Placebo-Controlled, Double-Blind Study. Traffic Injury Prevention, 2013, 14, 13-17.	0.6	10
155	The effects of multivitamin supplementation on mood and general well-being in healthy young adults. A laboratory and at-home mobile phone assessment. Appetite, 2013, 69, 123-136.	1.8	27
156	An Acute, Doubleâ€Blind, Placeboâ€Controlled Crossover Study of 320 mg and 640 mg Doses of a Speci Extract of <i>Bacopa monnieri</i> (CDRI 08) on Sustained Cognitive Performance. Phytotherapy Research, 2013, 27, 1407-1413.	al 2.8	57
157	Cognitive effects of two nutraceuticals <scp>G</scp> inseng and <scp>B</scp> acopa benchmarked against modafinil: a review and comparison of effect sizes. British Journal of Clinical Pharmacology, 2013, 75, 728-737.	1.1	54
158	Glucose enhancement of recognition memory: Differential effects on effortful processing but not aspects of â€~remember-know' responses. Neuropharmacology, 2013, 64, 544-549.	2.0	16
159	A randomized controlled trial investigating the neurocognitive effects of Lacprodan® PL-20, a phospholipid-rich milk protein concentrate, in elderly participants with age-associated memory impairment: the Phospholipid Intervention for Cognitive Ageing Reversal (PLICAR): study protocol for a randomized controlled trial. Trials, 2013, 14, 404	0.7	17
160	Cocoa polyphenols enhance positive mood states but not cognitive performance: a randomized, placebo-controlled trial. Journal of Psychopharmacology, 2013, 27, 451-458.	2.0	120
161	Response variability to glucose facilitation of cognitive enhancement. British Journal of Nutrition, 2013, 110, 1873-1884.	1.2	22
162	Blood Pressure and Cognitive Function. Psychological Science, 2013, 24, 2173-2181.	1.8	26

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