Andrew B Scholey

List of Publications by Year
in descending order

280 papers	13,345 citations	16451 64 h-index	31849 101 g-index
296 all docs	296 docs citations	296 times ranked	11732 citing authors

#	Article	IF	Citations
1	Nutritional medicine as mainstream in psychiatry. Lancet Psychiatry,the, 2015, 2, 271-274.	7.4	375
2	Herbal medicine for depression, anxiety and insomnia: A review of psychopharmacology and clinical evidence. European Neuropsychopharmacology, 2011, 21, 841-860.	0.7	372
3	Cognitive and mood improvements of caffeine in habitual consumers and habitual non-consumers of caffeine. Psychopharmacology, 2005, 179, 813-825.	3.1	275
4	Investigation of the effects of solid lipid curcumin on cognition and mood in a healthy older population. Journal of Psychopharmacology, 2015, 29, 642-651.	4.0	259
5	Cognitive demand and blood glucose. Physiology and Behavior, 2001, 73, 585-592.	2.1	246
6	The dose-dependent cognitive effects of acute administration of Ginkgo biloba to healthy young volunteers. Psychopharmacology, 2000, 151, 416-423.	3.1	240
7	Consumption of cocoa flavanols results in acute improvements in mood and cognitive performance during sustained mental effort. Journal of Psychopharmacology, 2010, 24, 1505-1514.	4.0	232
8	The effects of l-theanine, caffeine and their combination on cognition and mood. Biological Psychology, 2008, 77, 113-122.	2.2	210
9	Modulation of mood and cognitive performance following acute administration of Melissa officinalis (lemon balm). Pharmacology Biochemistry and Behavior, 2002, 72, 953-964.	2.9	203
10	Ginseng: potential for the enhancement of cognitive performance and mood. Pharmacology Biochemistry and Behavior, 2003, 75, 687-700.	2.9	202
11	Cognitive and physiological effects of an ?energy drink?: an evaluation of the whole drink and of glucose, caffeine and herbal flavouring fractions. Psychopharmacology, 2004, 176, 320-330.	3.1	198
12	A role for the neural cell adhesion molecule in a late, consolidating phase of glycoprotein synthesis six hours following passive avoidance training of the young chick. Neuroscience, 1993, 55, 499-509.	2.3	197
13	Vitamins and Minerals for Energy, Fatigue and Cognition: A Narrative Review of the Biochemical and Clinical Evidence. Nutrients, 2020, 12, 228.	4.1	183
14	Modulation of Mood and Cognitive Performance Following Acute Administration of Single Doses of Melissa Officinalis (Lemon Balm) with Human CNS Nicotinic and Muscarinic Receptor-Binding Properties. Neuropsychopharmacology, 2003, 28, 1871-1881.	5.4	161
15	Salvia lavandulaefolia (Spanish Sage) enhances memory in healthy young volunteers. Pharmacology Biochemistry and Behavior, 2003, 75, 669-674.	2.9	151
16	Two Time Windows of Anisomycin-Induced Amnesia for Passive Avoidance Training in the Day-Old Chick. Neurobiology of Learning and Memory, 1995, 63, 291-295.	1.9	149
17	Attenuation of Laboratory-Induced Stress in Humans After Acute Administration of Melissa officinalis (Lemon Balm). Psychosomatic Medicine, 2004, 66, 607-613.	2.0	146
18	Modulation of cognition and mood following administration of single doses of Ginkgo biloba, ginseng, and a ginkgo/ginseng combination to healthy young adults. Physiology and Behavior, 2002, 75, 739-751.	2.1	138

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19	Ecstasy/MDMA attributed problems reported by novice, moderate and heavy recreational users. Human Psychopharmacology, 2002, 17, 309-312.	1.5	136
20	A low glycaemic index breakfast cereal preferentially prevents children's cognitive performance from declining throughout the morning. Appetite, 2007, 49, 240-244.	3.7	136
21	Increased intensity of Ecstasy and polydrug usage in the more experienced recreational Ecstasy/MDMA users: A WWW study. Addictive Behaviors, 2004, 29, 743-752.	3.0	134
22	Chewing gum alleviates negative mood and reduces cortisol during acute laboratory psychological stress. Physiology and Behavior, 2009, 97, 304-312.	2.1	132
23	Improved cognitive performance in human volunteers following administration of guarana (Paullinia) Tj ETQq1 1 0.784314 rgBT /Over Behavior, 2004, 79, 401-411.	2.9	131
24	Positive modulation of mood and cognitive performance following administration of acute doses of Salvia lavandulaefolia essential oil to healthy young volunteers. Physiology and Behavior, 2005, 83, 699-709.	2.1	131
25	Chewing gum selectively improves aspects of memory in healthy volunteers. Appetite, 2002, 38, 235-236.	3.7	130
26	An extract of Salvia (sage) with anticholinesterase properties improves memory and attention in healthy older volunteers. Psychopharmacology, 2008, 198, 127-139.	3.1	129
27	Adherence to a Mediterranean-Style Diet and Effects on Cognition in Adults: A Qualitative Evaluation and Systematic Review of Longitudinal and Prospective Trials. Frontiers in Nutrition, 2016, 3, 22.	3.7	128
28	Cognitive Performance, Hyperoxia, and Heart Rate Following Oxygen Administration in Healthy Young Adults. Physiology and Behavior, 1999, 67, 783-789.	2.1	127
29	Effects of Panax ginseng, consumed with and without glucose, on blood glucose levels and cognitive performance during sustained â€˜mentally demandingâ€™ tasks. Journal of Psychopharmacology, 2006, 20, 771-781.	4.0	125
30	Single doses of Panax ginseng (G115) reduce blood glucose levels and improve cognitive performance during sustained mental activity. Journal of Psychopharmacology, 2005, 19, 357-365.	4.0	124
31	Cocoa polyphenols enhance positive mood states but not cognitive performance: a randomized, placebo-controlled trial. Journal of Psychopharmacology, 2013, 27, 451-458.	4.0	120
32	Acute, dose-dependent cognitive effects ofGinkgo biloba, Panax ginseng and their combination in healthy young volunteers: differential interactions with cognitive demand. Human Psychopharmacology, 2002, 17, 35-44.	1.5	119
33	Anxiolytic effects of a combination ofMelissa ofcinalis andValeriana ofcinalis during laboratory induced stress. Phytotherapy Research, 2006, 20, 96-102.	5.8	118
34	Effects of American ginseng (Panax quinquefolius) on neurocognitive function: an acute, randomised, double-blind, placebo-controlled, crossover study. Psychopharmacology, 2010, 212, 345-356.	3.1	115
35	Effects of Cholinesterase Inhibiting Sage (Salvia officinalis) on Mood, Anxiety and Performance on a Psychological Stressor Battery. Neuropsychopharmacology, 2006, 31, 845-852.	5.4	113
36	Dairy constituents and neurocognitive health in ageing. British Journal of Nutrition, 2011, 106, 159-174.	2.3	113

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37	Acute neurocognitive effects of epigallocatechin gallate (EGCG). Appetite, 2012, 58, 767-770.	3.7	107
38	Oxygen administration selectively enhances cognitive performance in healthy young adults: a placebo-controlled double-blind crossover study. Psychopharmacology, 1998, 138, 27-33.	3.1	106
39	Acute effects of tea constituents L-theanine, caffeine, and epigallocatechin gallate on cognitive function and mood: a systematic review and meta-analysis. Nutrition Reviews, 2014, 72, 507-522.	5.8	103
40	Prospective memory, everyday cognitive failure and central executive function in recreational users of Ecstasy. Human Psychopharmacology, 2001, 16, 607-612.	1.5	102
41	The Cognitive-Enhancing Effects of Bacopa monnieri: A Systematic Review of Randomized, Controlled Human Clinical Trials. Journal of Alternative and Complementary Medicine, 2012, 18, 647-652.	2.1	100
42	Vitamin C Status and Cognitive Function: A Systematic Review. Nutrients, 2017, 9, 960.	4.1	100
43	Monoterpenoid extract of sage (Salvia lavandulaefolia) with cholinesterase inhibiting properties improves cognitive performance and mood in healthy adults. Journal of Psychopharmacology, 2011, 25, 1088-1100.	4.0	98
44	Improved cognitive performance and mental fatigue following a multi-vitamin and mineral supplement with added guaranÃ¡ (Paullinia cupana). Appetite, 2008, 50, 506-513.	3.7	96
45	Effects of Oral Gamma-Aminobutyric Acid (GABA) Administration on Stress and Sleep in Humans: A Systematic Review. Frontiers in Neuroscience, 2020, 14, 923.	2.8	96
46	Differential effects of Ecstasy and cannabis on selfâ€reports of memory ability: a webâ€based study. Human Psychopharmacology, 2001, 16, 619-625.	1.5	92
47	The Psychopharmacology of European Herbs with Cognition-Enhancing Properties. Current Pharmaceutical Design, 2006, 12, 4613-4623.	1.9	92
48	Behavioural effects of a 10-day Mediterranean diet. Results from a pilot study evaluating mood and cognitive performance. Appetite, 2011, 56, 143-147.	3.7	92
49	A double-blind, placebo-controlled, multi-dose evaluation of the acute behavioural effects of guaranÃ¡ in humans. Journal of Psychopharmacology, 2007, 21, 65-70.	4.0	91
50	A glucose-caffeine â€˜energy drinkâ€™ ameliorates subjective and performance deficits during prolonged cognitive demand. Appetite, 2004, 42, 331-333.	3.7	84
51	Neurochemical changes in the aging brain: A systematic review. Neuroscience and Biobehavioral Reviews, 2019, 98, 306-319.	6.1	83
52	Nonequivalence of on-line and paper-and-pencil psychological tests: The case of the prospective memory questionnaire. Behavior Research Methods, 2005, 37, 148-154.	4.0	82
53	<scp>I</scp>nternational <scp>S</scp>ociety for <scp>N</scp>utritional <scp>P</scp>sychiatry <scp>R</scp>esearch consensus position statement: nutritional medicine in modern psychiatry. World Psychiatry, 2015, 14, 370-371.	10.4	81
54	Effects of chocolate on cognitive function and mood: a systematic review. Nutrition Reviews, 2013, 71, 665-681.	5.8	79

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55	MDMA polydrug users show processspecific central executive impairments coupled with impaired social and emotional judgement processes. Journal of Psychopharmacology, 2006, 20, 385-388.	4.0	77
56	Short-Term Study on the Effects of Rosemary on Cognitive Function in an Elderly Population. Journal of Medicinal Food, 2012, 15, 10-17.	1.5	75
57	Cognitive and mood effects of 8 weeks' supplementation with 400 mg or 1000 mg of the omega-3 essential fatty acid docosahexaenoic acid (DHA) in healthy children aged 10â€“12 years. Nutritional Neuroscience, 2009, 12, 48-56.	3.1	74
58	Does coffee enriched with chlorogenic acids improve mood and cognition after acute administration in healthy elderly? A pilot study. Psychopharmacology, 2012, 219, 737-749.	3.1	73
59	Patterns of Drug Use and the Influence of Gender on Self-Reports of Memory Ability in Ecstasy Users: A Web-Based Study. Journal of Psychopharmacology, 2003, 17, 389-396.	4.0	72
60	Steady state visually evoked potential (SSVEP) topography changes associated with cocoa flavanol consumption. Physiology and Behavior, 2012, 105, 948-957.	2.1	72
61	Low dose resveratrol improves cerebrovascular function in type 2 diabetes mellitus. Nutrition, Metabolism and Cardiovascular Diseases, 2016, 26, 393-399.	2.6	72
62	The acute and sub-chronic effects of cocoa flavanols on mood, cognitive and cardiovascular health in young healthy adults: a randomized, controlled trial. Frontiers in Pharmacology, 2015, 6, 93.	3.5	71
63	Panax ginseng (G115) improves aspects of working memory performance and subjective ratings of calmness in healthy young adults. Human Psychopharmacology, 2010, 25, 462-471.	1.5	70
64	Docosahexaenoic acid-rich fish oil modulates the cerebral hemodynamic response to cognitive tasks in healthy young adults. Biological Psychology, 2012, 89, 183-190.	2.2	68
65	No effect of 12 weeks' supplementation with 1Âg DHA-rich or EPA-rich fish oil on cognitive function or mood in healthy young adults aged 18â€“35 years. British Journal of Nutrition, 2012, 107, 1232-1243.	2.3	67
66	A Systematic Review and Meta-Analysis of B Vitamin Supplementation on Depressive Symptoms, Anxiety, and Stress: Effects on Healthy and â€˜At-Riskâ€™ Individuals. Nutrients, 2019, 11, 2232.	4.1	66
67	Oxygen administration enhances memory formation in healthy young adults. Psychopharmacology, 1996, 124, 255-260.	3.1	64
68	An Acute, Double-Blind, Placebo-Controlled Cross-over Study of 320â€‰mg and 640â€‰mg Doses of Bacopa monnieri (CDRI 08) on Multitasking Stress Reactivity and Mood. Phytotherapy Research, 2014, 28, 551-559.	5.8	64
69	Electroencephalograph effects of single doses of Ginkgo biloba and Panax ginseng in healthy young volunteers. Pharmacology Biochemistry and Behavior, 2003, 75, 701-709.	2.9	62
70	DHA-rich oil modulates the cerebral haemodynamic response to cognitive tasks in healthy young adults: a near IR spectroscopy pilot study. British Journal of Nutrition, 2012, 107, 1093-1098.	2.3	62
71	Dancing hot on Ecstasy: physical activity and thermal comfort ratings are associated with the memory and other psychobiological problems reported by recreational MDMA users. Human Psychopharmacology, 2006, 21, 285-298.	1.5	61
72	Water ingestion improves subjective alertness, but has no effect on cognitive performance in dehydrated healthy young volunteers. Appetite, 2001, 37, 255-256.	3.7	58

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73	Updating the Definition of the Alcohol Hangover. Journal of Clinical Medicine, 2020, 9, 823.	2.4	58
74	Healthy middle-aged individuals are vulnerable to cognitive deficits as a result of increased arterial stiffness. Journal of Hypertension, 2010, 28, 1724-1729.	0.5	57
75	The effect of multivitamin supplementation on mood and stress in healthy older men. Human Psychopharmacology, 2011, 26, 560-567.	1.5	57
76	An Acute, Doubleâ€Blind, Placeboâ€Controlled Crossover Study of 320â€‰mg and 640â€‰mg Doses of a Special Extract of Bacopa monnieri (CDRI 08) on Sustained Cognitive Performance. Phytotherapy Research, 2013, 27, 1407-1413.	5.8	57
77	A Randomised Placebo-Controlled Trial to Differentiate the Acute Cognitive and Mood Effects of Chlorogenic Acid from Decaffeinated Coffee. PLoS ONE, 2013, 8, e82897.	2.5	57
78	Development and Validation of the Immune Status Questionnaire (ISQ). International Journal of Environmental Research and Public Health, 2019, 16, 4743.	2.6	57
79	Differential experiences of the psychobiological sequelae of ecstasy use: quantitative and qualitative data from an internet study. Journal of Psychopharmacology, 2006, 20, 437-446.	4.0	56
80	Cardiovascular Disease Risk and Cerebral Blood Flow Velocity. Stroke, 2012, 43, 2803-2805.	2.0	56
81	Glucose administration prior to a divided attention task improves tracking performance but not word recognition: evidence against differential memory enhancement?. Psychopharmacology, 2009, 202, 549-558.	3.1	54
82	Cognitive effects of two nutraceuticals <scp>G</scp>inseng and <scp>B</scp>acopa benchmarked against modafinil: a review and comparison of effect sizes. British Journal of Clinical Pharmacology, 2013, 75, 728-737.	2.4	54
83	The acute effect of flavonoid-rich apples and nitrate-rich spinach on cognitive performance and mood in healthy men and women. Food and Function, 2014, 5, 849-858.	4.6	53
84	Switching to a 10-day Mediterranean-style diet improves mood and cardiovascular function in a controlled crossover study. Nutrition, 2015, 31, 647-652.	2.4	53
85	Oxygen and cognitive performance: the temporal relationship between hyperoxia and enhanced memory. Psychopharmacology, 1998, 140, 123-126.	3.1	52
86	A short self-report measure of problems with executive function suitable for administration via the Internet. Behavior Research Methods, 2010, 42, 709-714.	4.0	52
87	Anti-Stress, Behavioural and Magnetoencephalography Effects of an l-Theanine-Based Nutrient Drink: A Randomised, Double-Blind, Placebo-Controlled, Crossover Trial. Nutrients, 2016, 8, 53.	4.1	52
88	Assessing Premorbid Cognitive Ability in Adults With Type 2 Diabetes Mellitusâ€"a Review With Implications for Future Intervention Studies. Current Diabetes Reports, 2014, 14, 547.	4.2	50
89	Prebiotics, probiotics, fermented foods and cognitive outcomes: A meta-analysis of randomized controlled trials. Neuroscience and Biobehavioral Reviews, 2020, 118, 472-484.	6.1	50
90	Cognitive and mood effects in healthy children during 12 weeks' supplementation with multi-vitamin/minerals. British Journal of Nutrition, 2008, 100, 1086-1096.	2.3	49

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91	Breakfast is associated with enhanced cognitive function in schoolchildren. An internet based study. Appetite, 2012, 59, 646-649.	3.7	49
92	The Australian Research Council Longevity Intervention (ARCLI) study protocol (ANZCTR12611000487910) addendum: neuroimaging and gut microbiota protocol. Nutrition Journal, 2019, 18, 1.	3.4	49
93	Interactions between alcohol and caffeine in relation to psychomotor speed and accuracy. Human Psychopharmacology, 2002, 17, 151-156.	1.5	48
94	The effect of 90â€‰day administration of a high dose vitamin Bâ€complex on work stress. Human Psychopharmacology, 2011, 26, 470-476.	1.5	48
95	Subjective ratings of prospective memory deficits in MDMA (?ecstasy?) users. Human Psychopharmacology, 2001, 16, 339-344.	1.5	47
96	A randomized controlled trial investigating the effect of Pycnogenol and BacopaCDRI08 herbal medicines on cognitive, cardiovascular, and biochemical functioning in cognitively healthy elderly people: the Australian Research Council Longevity Intervention (ARCLI) study protocol (ANZCTR12611000487910). Nutrition Journal, 2012, 11, 11.	3.4	47
97	The Role of Alcohol Metabolism in the Pathology of Alcohol Hangover. Journal of Clinical Medicine, 2020, 9, 3421.	2.4	46
98	Anti-Stress Effects of Lemon Balm-Containing Foods. Nutrients, 2014, 6, 4805-4821.	4.1	45
99	The Effects of Long-Chain Omega-3 Fish Oils and Multivitamins on Cognitive and Cardiovascular Function: A Randomized, Controlled Clinical Trial. Journal of the American College of Nutrition, 2015, 34, 21-31.	1.8	45
100	The Assessment of Overall Hangover Severity. Journal of Clinical Medicine, 2020, 9, 786.	2.4	45
101	The effect of glucose dose and fasting interval on cognitive function: a double-blind, placebo-controlled, six-way crossover study. Psychopharmacology, 2012, 220, 577-589.	3.1	44
102	Self-rated everyday and prospective memory abilities of cigarette smokers and non-smokers: a web-based study. Drug and Alcohol Dependence, 2005, 78, 235-241.	3.2	43
103	Modulation of cognitive performance following single doses of 120â€‰mg Ginkgo biloba extract administered to healthy young volunteers. Human Psychopharmacology, 2007, 22, 559-566.	1.5	42
104	Acute cognitive effects of standardised Ginkgo biloba extract complexed with phosphatidylserine. Human Psychopharmacology, 2007, 22, 199-210.	1.5	41
105	Hair MDMA Samples Are Consistent with Reported Ecstasy Use: Findings from a Study Investigating Effects of Ecstasy on Mood and Memory. Neuropsychobiology, 2011, 63, 15-21.	1.9	41
106	Improved working memory performance following administration of a single dose of American ginseng (<scp>Panax quinquefolius L.</scp>) to healthy middleâ€age adults. Human Psychopharmacology, 2015, 30, 108-122.	1.5	41
107	Blood glucose changes and memory: Effects of manipulating emotionality and mental effort. Biological Psychology, 2006, 71, 12-19.	2.2	40
108	Acute Effects of Different Multivitamin Mineral Preparations with and without GuaranÃ¡ on Mood, Cognitive Performance and Functional Brain Activation. Nutrients, 2013, 5, 3589-3604.	4.1	40

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109	Effects of mixing alcohol with caffeinated beverages on subjective intoxication: A systematic review and meta-analysis. Neuroscience and Biobehavioral Reviews, 2014, 47, 16-21.	6.1	40
110	Alcohol mixed with energy drink (AMED): A critical review and metaâ€analysis. Human Psychopharmacology, 2018, 33, e2650.	1.5	40
111	MDMA and methamphetamine: some paradoxical negative and positive mood changes in an acute dose laboratory study. Psychopharmacology, 2011, 215, 527-536.	3.1	39
112	Effects of Four-Week Supplementation with a Multi-Vitamin/Mineral Preparation on Mood and Blood Biomarkers in Young Adults: A Randomised, Double-Blind, Placebo-Controlled Trial. Nutrients, 2015, 7, 9005-9017.	4.1	39
113	Compromised Arterial Oxygen Saturation in Elderly Asthma Sufferers Results in Selective Cognitive Impairment. Journal of Clinical and Experimental Neuropsychology, 2005, 27, 139-150.	1.3	37
114	Neurocognitive effects of kava (Piper methysticum): a systematic review. Human Psychopharmacology, 2011, 26, 102-111.	1.5	37
115	Gut microbiota and bipolar disorder: a review of mechanisms and potential targets for adjunctive therapy. Psychopharmacology, 2019, 236, 1433-1443.	3.1	37
116	An investigation into the psychometric properties of the Hospital Anxiety and Depression Scale in individuals with chronic fatigue syndrome. Psychology, Health and Medicine, 2003, 8, 425-439.	2.4	36
117	The microbiome and cognitive aging: a review of mechanisms. Psychopharmacology, 2019, 236, 1559-1571.	3.1	35
118	Advantages and Limitations of Naturalistic Study Designs and Their Implementation in Alcohol Hangover Research. Journal of Clinical Medicine, 2019, 8, 2160.	2.4	35
119	A randomised controlled trial investigating the effects of Mediterranean diet and aerobic exercise on cognition in cognitively healthy older people living independently within aged care facilities: the Lifestyle Intervention in Independent Living Aged Care (LIILAC) study protocol [ACTRN12614001133628]. Nutrition Journal, 2015, 14, 53.	3.4	32
120	Further Evidence of Benefits to Mood and Working Memory from Lipidated Curcumin in Healthy Older People: A 12-Week, Double-Blind, Placebo-Controlled, Partial Replication Study. Nutrients, 2020, 12, 1678.	4.1	32
121	Retrograde Enhancement of Kinesthetic Memory by Alcohol and by Glucose. Neurobiology of Learning and Memory, 2002, 78, 477-483.	1.9	31
122	The effect of Sailuotong (SLT) on neurocognitive and cardiovascular function in healthy adults: a randomised, double-blind, placebo controlled crossover pilot trial. BMC Complementary and Alternative Medicine, 2015, 16, 15.	3.7	31
123	The Inflammatory Response to Alcohol Consumption and Its Role in the Pathology of Alcohol Hangover. Journal of Clinical Medicine, 2020, 9, 2081.	2.4	31
124	MDMA, cortisol, and heightened stress in recreational ecstasy users. Behavioural Pharmacology, 2014, 25, 458-472.	1.7	30
125	Relationships Among Cognitive Function and Cerebral Blood Flow, Oxidative Stress, and Inflammation in Older Heart Failure Patients. Journal of Cardiac Failure, 2016, 22, 548-559.	1.7	30
126	Panax ginseng has no effect on indices of glucose regulation following acute or chronic ingestion in healthy volunteers. British Journal of Nutrition, 2009, 101, 1673-1678.	2.3	29

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127	Kava for the treatment of generalised anxiety disorder (K-GAD): study protocol for a randomised controlled trial. Trials, 2015, 16, 493.	1.6	29
128	The effect of a single dose of multivitamin and mineral combinations with and without guaranÃ¡ on functional brain activity during a continuous performance task. Nutritional Neuroscience, 2017, 20, 8-22.	3.1	29
129	Plasma Vitamin C Concentrations and Cognitive Function: A Cross-Sectional Study. Frontiers in Aging Neuroscience, 2019, 11, 72.	3.4	29
130	Effect of a 12-Week Almond-Enriched Diet on Biomarkers of Cognitive Performance, Mood, and Cardiometabolic Health in Older Overweight Adults. Nutrients, 2020, 12, 1180.	4.1	29
131	Chewing gum and cognitive performance: a case of a functional food with function but no food?. Appetite, 2004, 43, 215-216.	3.7	28
132	A Randomized Controlled Trial Investigating the Effects of a Special Extract of Bacopa monnieri (CDRI) Tj ETQq0 0 0 rgBT /Overlock 10 T (ANZCTRN12612000827831). Nutrients, 2015, 7, 9931-9945.	4.1	28
133	Glucose administration and cognitive function: differential effects of age and effort during a dual task paradigm in younger and older adults. Psychopharmacology, 2015, 232, 1135-1142.	3.1	28
134	A Review of the Physiological Factors Associated with Alcohol Hangover. Current Drug Abuse Reviews, 2017, 9, 93-98.	3.4	28
135	Effect of ethanol on judgments of performance. British Journal of Psychology, 2004, 95, 105-118.	2.3	27
136	Re-introduction of Kava(Piper methysticum)to the EU: Is There a Way Forward?. Planta Medica, 2011, 77, 107-110.	1.3	27
137	The effects of multivitamin supplementation on mood and general well-being in healthy young adults. A laboratory and at-home mobile phone assessment. Appetite, 2013, 69, 123-136.	3.7	27
138	Acute effects of a dietary non-starch polysaccharide supplement on cognitive performance in healthy middle-aged adults. Nutritional Neuroscience, 2015, 18, 76-86.	3.1	27
139	Sensitivity to Experiencing Alcohol Hangovers: Reconsideration of the 0.11% Blood Alcohol Concentration (BAC) Threshold for Having a Hangover. Journal of Clinical Medicine, 2020, 9, 179.	2.4	27
140	In Vitro Assessment of the Antiviral Activity of Ketotifen, Indomethacin and Naproxen, Alone and in Combination, against SARS-CoV-2. Viruses, 2021, 13, 558.	3.3	27
141	The acute effects of kava and oxazepam on anxiety, mood, neurocognition; and genetic correlates: a randomized, placeboâ€controlled, doubleâ€blind study. Human Psychopharmacology, 2012, 27, 262-269.	1.5	26
142	Blood Pressure and Cognitive Function. Psychological Science, 2013, 24, 2173-2181.	3.3	26
143	Functional Activation during the Rapid Visual Information Processing Task in a Middle Aged Cohort: An fMRI Study. PLoS ONE, 2015, 10, e0138994.	2.5	26
144	Mixing alcohol with energy drink (AMED) and total alcohol consumption: a systematic review and metaâ€analysis. Human Psychopharmacology, 2016, 31, 2-10.	1.5	26

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145	Controversies in omega-3 efficacy and novel concepts for application. Journal of Nutrition & Intermediary Metabolism, 2016, 5, 11-22.	1.7	26
146	Nutrients for neurocognition in health and disease: measures, methodologies and mechanisms. Proceedings of the Nutrition Society, 2018, 77, 73-83.	1.0	24
147	The effect of glucose administration and the emotional content of words on heart rate and memory. Journal of Psychopharmacology, 2002, 16, 241-244.	4.0	23
148	Association of pulsatile and mean cerebral blood flow velocity with age and neuropsychological performance. Physiology and Behavior, 2014, 130, 23-27.	2.1	23
149	Effects of Alcohol Hangover on Cognitive Performance: Findings from a Field/Internet Mixed Methodology Study. Journal of Clinical Medicine, 2019, 8, 440.	2.4	23
150	Neurocognitive effects of guaranÃ¡ plant extract. Drugs of the Future, 2008, 33, 869.	0.1	23
151	The effects of protective helmet use on physiology and cognition in young cricketers. Applied Cognitive Psychology, 2004, 18, 1181-1193.	1.6	22
152	Response variability to glucose facilitation of cognitive enhancement. British Journal of Nutrition, 2013, 110, 1873-1884.	2.3	22
153	Kava for generalised anxiety disorder: A 16-week double-blind, randomised, placebo-controlled study. Australian and New Zealand Journal of Psychiatry, 2020, 54, 288-297.	2.3	22
154	Immune Fitness and the Psychosocial and Health Consequences of the COVID-19 Pandemic Lockdown in The Netherlands: Methodology and Design of the CLOFIT Study. European Journal of Investigation in Health, Psychology and Education, 2021, 11, 199-218.	1.9	22
155	Dietary patterns in middle age: effects on concurrent neurocognition and risk of age-related cognitive decline. Nutrition Reviews, 2022, 80, 1129-1159.	5.8	22
156	The psychopharmacology of herbal extracts: issues and challenges. Psychopharmacology, 2005, 179, 705-707.	3.1	21
157	Examining the cognitive effects of a special extract of Bacopa monniera (CDRI08: Keenmnd): A review of ten years of research at Swinburne University. Journal of Pharmacy and Pharmaceutical Sciences, 2013, 16, 254.	2.1	21
158	Consumption of caffeinated beverages and the awareness of their caffeine content among Dutch students. Appetite, 2016, 103, 353-357.	3.7	21
159	Reduced inattention and hyperactivity and improved cognition after marine oil extract (PCSO-524Â®) supplementation in children and adolescents with clinical and subclinical symptoms of attention-deficit hyperactivity disorder (ADHD): a randomised, double-blind, placebo-controlled trial. Psychopharmacology, 2017, 234, 403-420.	3.1	21
160	Exploring the Effect of Lactiumâ„¢ and Zizyphus Complex on Sleep Quality: A Double-Blind, Randomized Placebo-Controlled Trial. Nutrients, 2017, 9, 154.	4.1	21
161	Physical Fitness and Aortic Stiffness Explain the Reduced Cognitive Performance Associated with Increasing Age in Older People. Journal of Alzheimer's Disease, 2018, 63, 1307-1316.	2.6	21
162	The effects of alcohol intoxication on cognitive functions critical for driving: A systematic review. Accident Analysis and Prevention, 2021, 154, 106052.	5.7	21

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163	A randomised, controlled trial of cognitive and psychomotor recovery from midazolam sedation following reversal with oral flumazenil. Anaesthesia, 2002, 57, 868-876.	3.8	20
164	The effects of multitasking on psychological stress reactivity in recreational users of cannabis and MDMA. Human Psychopharmacology, 2012, 27, 167-176.	1.5	20
165	Goals in Nutrition Science 2020-2025. Frontiers in Nutrition, 2021, 7, 606378.	3.7	20
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