

# Aimee Spector

## List of Publications by Year in descending order

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123  
papers

6,589  
citations

81900

39  
h-index

71685

76  
g-index

124  
all docs

124  
docs citations

124  
times ranked

5228  
citing authors

#	ARTICLE	IF	CITATIONS
1	Nonpharmacological Therapies in Alzheimer's Disease: A Systematic Review of Efficacy. <i>Dementia and Geriatric Cognitive Disorders</i> , 2010, 30, 161-178.	1.5	720
2	Efficacy of an evidence-based cognitive stimulation therapy programme for people with dementia. <i>British Journal of Psychiatry</i> , 2003, 183, 248-254.	2.8	681
3	Whose Quality of Life Is It Anyway?. <i>Alzheimer Disease and Associated Disorders</i> , 2003, 17, 201-208.	1.3	365
4	Cognitive leisure activities and future risk of cognitive impairment and dementia: systematic review and meta-analysis. <i>International Psychogeriatrics</i> , 2016, 28, 1791-1806.	1.0	200
5	Cognitive stimulation therapy for people with dementia: cost-effectiveness analysis. <i>British Journal of Psychiatry</i> , 2006, 188, 574-580.	2.8	197
6	Cognitive stimulation for dementia: A systematic review of the evidence of effectiveness from randomised controlled trials. <i>Ageing Research Reviews</i> , 2013, 12, 253-262.	10.9	192
7	Psychosocial interventions for people with dementia: a synthesis of systematic reviews. <i>Aging and Mental Health</i> , 2019, 23, 393-403.	2.8	181
8	Measures of fidelity of delivery of, and engagement with, complex, face-to-face health behaviour change interventions: A systematic review of measure quality. <i>British Journal of Health Psychology</i> , 2017, 22, 872-903.	3.5	172
9	Psychological treatments for depression and anxiety in dementia and mild cognitive impairment: Systematic review and meta-analysis. <i>British Journal of Psychiatry</i> , 2015, 207, 293-298.	2.8	155
10	Can reality orientation be rehabilitated? Development and piloting of an evidence-based programme of cognition-based therapies for people with dementia. <i>Neuropsychological Rehabilitation</i> , 2001, 11, 377-397.	1.6	148
11	Improved quality of life and cognitive stimulation therapy in dementia. <i>Aging and Mental Health</i> , 2006, 10, 219-226.	2.8	133
12	Cognitive Stimulation Therapy (CST): effects on different areas of cognitive function for people with dementia. <i>International Journal of Geriatric Psychiatry</i> , 2010, 25, 1253-1258.	2.7	119
13	Maintenance cognitive stimulation therapy for dementia: single-blind, multicentre, pragmatic randomised controlled trial. <i>British Journal of Psychiatry</i> , 2014, 204, 454-461.	2.8	115
14	The impact of young onset dementia on the family: a literature review. <i>International Psychogeriatrics</i> , 2011, 23, 356-371.	1.0	108
15	A systematic review of staff training interventions to reduce the behavioural and psychological symptoms of dementia. <i>Ageing Research Reviews</i> , 2013, 12, 354-364.	10.9	105
16	Using a biopsychosocial model of dementia as a tool to guide clinical practice. <i>International Psychogeriatrics</i> , 2010, 22, 957-965.	1.0	103
17	A pilot study examining the effectiveness of maintenance Cognitive Stimulation Therapy (MCST) for people with dementia. <i>International Journal of Geriatric Psychiatry</i> , 2005, 20, 446-451.	2.7	99
18	Cognitive stimulation therapy (CST) for people with dementia—'who benefits most?'. <i>International Journal of Geriatric Psychiatry</i> , 2013, 28, 284-290.	2.7	97

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19	The impact of individual Cognitive Stimulation Therapy (iCST) on cognition, quality of life, caregiver health, and family relationships in dementia: A randomised controlled trial. <i>PLoS Medicine</i> , 2017, 14, e1002269.	8.4	95
20	Prevalence of depression, anxiety, and apathy symptoms across dementia stages: A systematic review and meta-analysis. <i>International Journal of Geriatric Psychiatry</i> , 2021, 36, 1330-1344.	2.7	89
21	Compassion focused therapy: a systematic review of its effectiveness and acceptability in clinical populations. <i>Expert Review of Neurotherapeutics</i> , 2020, 20, 385-400.	2.8	88
22	Cognitive stimulation for the treatment of Alzheimer's disease. <i>Expert Review of Neurotherapeutics</i> , 2008, 8, 751-757.	2.8	87
23	The impact of Cognitive Stimulation Therapy groups on people with dementia: Views from participants, their carers and group facilitators. <i>Aging and Mental Health</i> , 2011, 15, 945-949.	2.8	85
24	Quality of Life (QoL) in Dementia: A Comparison of the Perceptions of People With Dementia and Care Staff in Residential Homes. <i>Alzheimer Disease and Associated Disorders</i> , 2006, 20, 160-165.	1.3	76
25	Sense of Competence in Dementia Care Staff (SCIDS) scale: development, reliability, and validity. <i>International Psychogeriatrics</i> , 2012, 24, 1153-1162.	1.0	75
26	Cognitive-behavioural therapy for anxiety in dementia: pilot randomised controlled trial. <i>British Journal of Psychiatry</i> , 2015, 206, 509-516.	2.8	71
27	Individual cognitive stimulation therapy for dementia: a clinical effectiveness and cost-effectiveness pragmatic, multicentre, randomised controlled trial. <i>Health Technology Assessment</i> , 2015, 19, 1-108.	2.8	69
28	“Just Helping”: Children living with a parent with young onset dementia. <i>Aging and Mental Health</i> , 2010, 14, 740-751.	2.8	67
29	A systematic review of “knowledge of dementia” outcome measures. <i>Ageing Research Reviews</i> , 2012, 11, 67-77.	10.9	67
30	Guidelines for adapting cognitive stimulation therapy to other cultures. <i>Clinical Interventions in Aging</i> , 2014, 9, 1003.	2.9	59
31	Effects of cognitive stimulation therapy Japanese version (CST-J) for people with dementia: a single-blind, controlled clinical trial. <i>Aging and Mental Health</i> , 2013, 17, 579-586.	2.8	57
32	Cognitive stimulation therapy (CST): neuropsychological mechanisms of change. <i>International Psychogeriatrics</i> , 2013, 25, 479-489.	1.0	55
33	Toward a theory-based specification of non-pharmacological treatments in aging and dementia: Focused reviews and methodological recommendations. <i>Alzheimer's and Dementia</i> , 2021, 17, 255-270.	0.8	55
34	The Efficacy of Cognitive Stimulation Therapy (CST) for People With Mild-to-Moderate Dementia. <i>European Psychologist</i> , 2019, 24, 257-277.	3.1	55
35	Maintenance Cognitive Stimulation Therapy: An Economic Evaluation Within a Randomized Controlled Trial. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 63-70.	2.5	51
36	The impact of staff training on staff outcomes in dementia care: a systematic review. <i>International Journal of Geriatric Psychiatry</i> , 2016, 31, 1172-1187.	2.7	51

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37	Meta-analysis of psychosocial interventions for people with dementia and anxiety or depression. <i>Aging and Mental Health</i> , 2019, 23, 1282-1291.	2.8	49
38	Developing quality fidelity and engagement measures for complex health interventions. <i>British Journal of Health Psychology</i> , 2020, 25, 39-60.	3.5	47
39	Effects of functional communication interventions for people with primary progressive aphasia and their caregivers: a systematic review. <i>Aging and Mental Health</i> , 2020, 24, 1381-1393.	2.8	45
40	Effectiveness of weekly cognitive stimulation therapy for people with dementia and the additional impact of enhancing cognitive stimulation therapy with a carer training program. <i>Clinical Interventions in Aging</i> , 2014, 9, 2143.	2.9	44
41	An adapted mindfulness intervention for people with dementia in care homes: feasibility pilot study. <i>International Journal of Geriatric Psychiatry</i> , 2017, 32, e123-e131.	2.7	43
42	Maintenance Cognitive Stimulation Therapy (CST) for dementia: A single-blind, multi-centre, randomized controlled trial of Maintenance CST vs. CST for dementia. <i>Trials</i> , 2010, 11, 46.	1.6	40
43	Speech and language therapy for primary progressive aphasia: Referral patterns and barriers to service provision across the UK. <i>Dementia</i> , 2020, 19, 1349-1363.	2.0	40
44	User, carer and staff perspectives on anxiety in dementia: A qualitative study. <i>Journal of Affective Disorders</i> , 2010, 125, 295-300.	4.1	34
45	Systematic Review of Neuropsychological Outcomes in Dementia from Cognition-Based Psychological Interventions. <i>Dementia and Geriatric Cognitive Disorders</i> , 2012, 34, 244-255.	1.5	34
46	Qualitative studies of psychosocial interventions for dementia: a systematic review. <i>Aging and Mental Health</i> , 2015, 19, 955-967.	2.8	34
47	Staff training using STAR: a pilot study in UK care homes. <i>International Psychogeriatrics</i> , 2012, 24, 911-920.	1.0	33
48	The development and evaluation of the DK-20: a knowledge of dementia measure. <i>International Psychogeriatrics</i> , 2013, 25, 1899-1907.	1.0	31
49	Sonos. <i>American Journal of Alzheimer's Disease and Other Dementias</i> , 2014, 29, 696-703.	1.9	30
50	Social networking sites and the experience of older adult users: a systematic review. <i>Ageing and Society</i> , 2021, 41, 377-402.	1.7	30
51	Reality orientation for dementia. <i>The Cochrane Library</i> , 2000, , CD001119.	2.8	29
52	&lt;p&gt;The development of the Promoting Independence in Dementia (PRIDE) intervention to enhance independence in dementia&lt;p&gt;. <i>Clinical Interventions in Aging</i> , 2019, Volume 14, 1615-1630.	2.9	29
53	Reminiscence therapy for dementia. , 2000, , CD001120.		27
54	Speech and language therapy for primary progressive aphasia across the UK: A survey of current practice. <i>International Journal of Language and Communication Disorders</i> , 2019, 54, 914-926.	1.5	27

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55	Review of Positive Psychology Outcome Measures for Chronic Illness, Traumatic Brain Injury and Older Adults: Adaptability in Dementia?. <i>Dementia and Geriatric Cognitive Disorders</i> , 2015, 40, 340-357.	1.5	26
56	The "Better Conversations with Primary Progressive Aphasia (BCPPA)"™ program for people with PPA (Primary Progressive Aphasia): protocol for a randomised controlled pilot study. <i>Pilot and Feasibility Studies</i> , 2018, 4, 158.	1.2	26
57	Service users'™ involvement in the development of individual Cognitive Stimulation Therapy (iCST) for dementia: a qualitative study. <i>BMC Geriatrics</i> , 2015, 15, 4.	2.7	25
58	Factors influencing the person-carer relationship in people with anxiety and dementia. <i>Aging and Mental Health</i> , 2016, 20, 1055-1062.	2.8	24
59	The development and preliminary psychometric properties of two positive psychology outcome measures for people with dementia: the PPOM and the EID-Q. <i>BMC Geriatrics</i> , 2017, 17, 72.	2.7	24
60	Cultural adaptation of cognitive stimulation therapy (CST) for Chinese people with dementia: multicentre pilot study. <i>International Journal of Geriatric Psychiatry</i> , 2018, 33, 841-848.	2.7	23
61	Cognitive stimulation therapy (CST) for dementia: a systematic review of qualitative research. <i>Aging and Mental Health</i> , 2021, 25, 980-990.	2.8	23
62	Maintenance Cognitive Stimulation Therapy (CST) in practice: study protocol for a randomized controlled trial. <i>Trials</i> , 2012, 13, 91.	1.6	22
63	The development of individual cognitive stimulation therapy (iCST) for dementia. <i>Clinical Interventions in Aging</i> , 2015, 10, 95.	2.9	22
64	Cognitive stimulation therapy for Brazilian people with dementia: examination of implementation™ issues and cultural adaptation. <i>Aging and Mental Health</i> , 2019, 23, 1400-1404.	2.8	22
65	Cognitive stimulation therapy for people with dementia in Brazil (CST™Brasil): Results from a single blind randomized controlled trial. <i>International Journal of Geriatric Psychiatry</i> , 2021, 36, 286-293.	2.7	22
66	Cognitive behavioural therapy (CBT) for anxiety in people with dementia: study protocol for a randomised controlled trial. <i>Trials</i> , 2012, 13, 197.	1.6	21
67	Euthanasia and physician-assisted suicide in dementia: A qualitative study of the views of former dementia carers. <i>Palliative Medicine</i> , 2015, 29, 720-726.	3.1	20
68	Reality orientation for dementia. <i>The Cochrane Library</i> , 2000, , CD001119.	2.8	19
69	The psychometric properties of the control, autonomy, self-realisation and pleasure scale (CASP-19) for older adults with dementia. <i>Aging and Mental Health</i> , 2019, 23, 643-649.	2.8	19
70	Limited validity of the Hospital Anxiety and Depression Scale (HADS) in dementia: evidence from a confirmatory factor analysis. <i>International Journal of Geriatric Psychiatry</i> , 2017, 32, 805-813.	2.7	18
71	Compassion focused therapy for people with dementia: A feasibility study. <i>International Journal of Geriatric Psychiatry</i> , 2018, 33, 1727-1735.	2.7	18
72	The development of positive psychology outcome measures and their uses in dementia research: A systematic review. <i>Dementia</i> , 2019, 18, 2085-2106.	2.0	18

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73	The Positive Psychology Outcome Measure (PPOM) for people with dementia: Psychometric properties and factor structure. <i>Archives of Gerontology and Geriatrics</i> , 2018, 76, 182-187.	3.0	17
74	Psychosocial interventions for dementia in low- and middle-income countries (LMICs): a systematic review of effectiveness and implementation readiness. <i>Aging and Mental Health</i> , 2021, 25, 408-419.	2.8	17
75	Mixed methods implementation research of cognitive stimulation therapy (CST) for dementia in low and middle-income countries: study protocol for Brazil, India and Tanzania (CST-International). <i>BMJ Open</i> , 2019, 9, e030933.	1.9	15
76	Cognitive stimulation therapy (CST) for people with dementia in practice: An observational study. <i>British Journal of Occupational Therapy</i> , 2016, 79, 762-767.	0.9	13
77	Developing strategies to improve fidelity of delivery of, and engagement with, a complex intervention to improve independence in dementia: a mixed methods study. <i>BMC Medical Research Methodology</i> , 2020, 20, 153.	3.1	13
78	The biopsychosocial (BPS) model of dementia as a tool for clinical practice. A pilot study. <i>International Psychogeriatrics</i> , 2016, 28, 1079-1089.	1.0	12
79	Cognitive stimulation therapy for people with dementia in practice: A service evaluation. <i>British Journal of Occupational Therapy</i> , 2016, 79, 574-580.	0.9	12
80	Psychometric Properties and Factor Analysis of the Engagement and Independence in Dementia Questionnaire (EID-Q). <i>Dementia and Geriatric Cognitive Disorders</i> , 2018, 46, 119-127.	1.5	12
81	Measuring fidelity of delivery of the Community Occupational Therapy in Dementia-UK intervention. <i>BMC Geriatrics</i> , 2019, 19, 364.	2.7	12
82	A feasibility randomised control trial of individual cognitive stimulation therapy for dementia: impact on cognition, quality of life and positive psychology. <i>Aging and Mental Health</i> , 2021, 25, 999-1007.	2.8	12
83	Changes in Default Mode Network Connectivity in Resting-State fMRI in People with Mild Dementia Receiving Cognitive Stimulation Therapy. <i>Brain Sciences</i> , 2021, 11, 1137.	2.3	12
84	The experiences of those affected by parental young onset dementia: A qualitative systematic literature review. <i>Dementia</i> , 2021, 20, 2618-2639.	2.0	12
85	Using the Medical Research Council framework and public involvement in the development of a communication partner training intervention for people with primary progressive aphasia (PPA): Better Conversations with PPA. <i>BMC Geriatrics</i> , 2021, 21, 642.	2.7	12
86	Delivering Cognitive Stimulation Therapy (CST) Virtually: Developing and Field-Testing a New Framework. <i>Clinical Interventions in Aging</i> , 2022, Volume 17, 97-116.	2.9	12
87	Individual cognitive stimulation therapy for people with intellectual disability and dementia: protocol of a feasibility randomised controlled trial. <i>BMJ Open</i> , 2018, 8, e022136.	1.9	11
88	Can mindfulness-based interventions benefit people with dementia? Drawing on the evidence from a systematic review in populations with cognitive impairments. <i>Expert Review of Neurotherapeutics</i> , 2020, 20, 1143-1156.	2.8	11
89	Validation of the multidimensional scale of perceived social support (MSPSS) for family caregivers of people with dementia. <i>Aging and Mental Health</i> , 2022, 26, 286-293.	2.8	11
90	Group-based cognitive stimulation therapy for dementia: a qualitative study on experiences of group interactions. <i>Aging and Mental Health</i> , 2021, 25, 991-998.	2.8	11

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91	Individual cognitive stimulation therapy (iCST) for people with intellectual disability and dementia: a feasibility randomised controlled trial. <i>Aging and Mental Health</i> , 2022, 26, 698-708.	2.8	11
92	Mindfulness-Based Cognitive Therapy (MBCT) programme for depression in people with early stages of dementia: study protocol for a randomised controlled feasibility study. <i>Pilot and Feasibility Studies</i> , 2017, 3, 28.	1.2	10
93	Systematic review of the current psychosocial interventions for people with moderate to severe dementia. <i>International Journal of Geriatric Psychiatry</i> , 2021, 36, 1313-1329.	2.7	10
94	Field-testing phase of the development of individual cognitive stimulation therapy (iCST) for dementia. <i>BMC Health Services Research</i> , 2016, 16, 233.	2.2	9
95	Interventions promoting family involvement with care homes following placement of a relative with dementia: A systematic review. <i>Dementia</i> , 2022, 21, 618-647.	2.0	9
96	A Mindfulness Program Manual for People With Dementia. <i>Behavior Modification</i> , 2017, 41, 764-787.	1.6	8
97	€Mental health care for people living with dementia: A lesson on digital equality from COVID-19. <i>Alzheimer's and Dementia: Diagnosis, Assessment and Disease Monitoring</i> , 2020, 12, e12100.	2.4	8
98	A review of the use of cognitive stimulation therapy in dementia management. <i>British Journal of Neuroscience Nursing</i> , 2006, 2, 381-385.	0.2	7
99	A psychometric appraisal of positive psychology outcome measures in use with carers of people living with dementia: a systematic review. <i>International Psychogeriatrics</i> , 2021, 33, 385-404.	1.0	7
100	Development of the 'SNS older adults measure'™ (SNS-OA) to examine social network site use in older adults. <i>Aging and Mental Health</i> , 2021, 25, 68-77.	2.8	7
101	What are the current and projected future cost and health-related quality of life implications of scaling up cognitive stimulation therapy?. <i>International Journal of Geriatric Psychiatry</i> , 2022, 37, .	2.7	7
102	A biopsychosocial vignette for case conceptualization in dementia (VIG-Dem): development and pilot study. <i>International Psychogeriatrics</i> , 2016, 28, 1471-1480.	1.0	6
103	A Systematic Review and Quality Assessment of Therapeutic Group Process Questionnaires. <i>International Journal of Group Psychotherapy</i> , 2020, 70, 425-454.	0.6	6
104	SettleIN: Using a Manualised Intervention to Facilitate the Adjustment of Older Adults with Dementia Following Placement into Residential Care. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2606.	2.6	6
105	New horizons in understanding the experience of Chinese people living with dementia: a positive psychology approach. <i>Age and Ageing</i> , 2021, 50, 1493-1498.	1.6	6
106	Service users'™ involvement in the development of a maintenance cognitive stimulation therapy (CST) programme: A comparison of the views of people with dementia, staff and family carers. <i>Dementia</i> , 2011, 10, 459-473.	2.0	5
107	Cognitive stimulation therapy for dementia: Provision in National Health Service settings in England, Scotland and Wales. <i>Dementia</i> , 2021, 20, 1553-1564.	2.0	5
108	Validation of the cognitive stimulation therapy (CST) program for people with dementia in Portugal. <i>Aging and Mental Health</i> , 2021, 25, 1019-1028.	2.8	5

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109	Exploring dementia family carers' self-initiated strategies in managing behavioural and psychological symptoms in dementia: a qualitative study. <i>BMJ Open</i> , 2021, 11, e048761.	1.9	5
110	A New Approach for Developing Implementation Plans for Cognitive Stimulation Therapy (CST) in Low and Middle-Income Countries: Results From the CST-International Study. <i>Frontiers in Public Health</i> , 2020, 8, 342.	2.7	4
111	Group experiences of cognitive stimulation therapy (CST) in Tanzania: a qualitative study. <i>Aging and Mental Health</i> , 2022, 26, 688-697.	2.8	4
112	Mindfulness-based cognitive therapy for depression in people with dementia: A qualitative study on participant, carer and facilitator experiences. <i>Dementia</i> , 2022, 21, 457-476.	2.0	4
113	Development and acceptability of a brief, evidence-based Dementia Awareness for Caregivers course in low- and middle-income countries. <i>Dementia</i> , 2022, 21, 598-617.	2.0	4
114	Staff training and outreach support for Cognitive Stimulation Therapy and its implementation in practice: a cluster randomised trial. <i>International Journal of Geriatric Psychiatry</i> , 2017, 32, e64-e71.	2.7	3
115	Healthy adjustment for new residents with dementia using SettleIN: A feasibility study in UK care homes. <i>Dementia</i> , 2020, 19, 1811-1828.	2.0	3
116	Cultural adaptation of Alzheimer's disease assessment scale's cognitive subscale for use in India and validation of the Tamil version for South Indian population. <i>Aging and Mental Health</i> , 2022, 26, 423-430.	2.8	3
117	Cognitive Stimulation Therapy. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , 2021, 34, 117-124.	0.5	3
118	Family involvement with care homes following placement of a relative living with dementia: a review. <i>Ageing and Society</i> , 0, , 1-46.	1.7	3
119	Communication training programmes for informal caregivers of people living with dementia: A systematic review. <i>Journal of Clinical Nursing</i> , 2022, 31, 2737-2753.	3.0	3
120	O3-02-02: COGNITIVE BEHAVIOURAL THERAPY (CBT) FOR ANXIETY IN DEMENTIA: A PILOT RANDOMISED CONTROLLED TRIAL. , 2014, 10, P209-P210.		2
121	Psychometric properties of outcome measures in non-pharmacological interventions of persons with dementia in low and middle income countries: A systematic review. <i>Psychogeriatrics</i> , 2021, 21, 220-238.	1.2	2
122	The Feasibility of a Mindfulness Intervention for Depression in People with Mild Dementia: A Pilot Randomized Controlled Trial. <i>Clinical Gerontologist</i> , 0, , 1-13.	2.2	1
123	Equity and balance in applied dementia research: A Charter of Conduct and checklist for global collaborations. <i>International Journal of Geriatric Psychiatry</i> , 0, , .	2.7	0