

# Colin Greaves

## List of Publications by Year in descending order

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Version: 2024-02-01

117  
papers

6,407  
citations

126708

33  
h-index

71532

76  
g-index

120  
all docs

120  
docs citations

120  
times ranked

9574  
citing authors

#	ARTICLE	IF	CITATIONS
1	Systematic review of reviews of intervention components associated with increased effectiveness in dietary and physical activity interventions. BMC Public Health, 2011, 11, 119.	1.2	929
2	Interventions targeting social isolation in older people: a systematic review. BMC Public Health, 2011, 11, 647.	1.2	537
3	Diabetes Prevention in the Real World: Effectiveness of Pragmatic Lifestyle Interventions for the Prevention of Type 2 Diabetes and of the Impact of Adherence to Guideline Recommendations. Diabetes Care, 2014, 37, 922-933.	4.3	448
4	A European Evidence-Based Guideline for the Prevention of Type 2 Diabetes. Hormone and Metabolic Research, 2010, 42, S3-S36.	0.7	385
5	Waste the waist: a pilot randomised controlled trial of a primary care based intervention to support lifestyle change in people with high cardiovascular risk. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 1.	2.0	307
6	The impact of social isolation on the health status and health-related quality of life of older people. Quality of Life Research, 2011, 20, 57-67.	1.5	284
7	Take Action to Prevent Diabetes – The IMAGE Toolkit for the Prevention of Type 2 Diabetes in Europe. Hormone and Metabolic Research, 2010, 42, S37-S55.	0.7	197
8	Effects of creative and social activity on the health and well-being of socially isolated older people: outcomes from a multi-method observational study. Perspectives in Public Health, 2006, 126, 134-142.	0.5	174
9	How can weight loss app designers' best engage and support users? A qualitative investigation. British Journal of Health Psychology, 2015, 20, 151-171.	1.9	131
10	Understanding the challenge of weight loss maintenance: a systematic review and synthesis of qualitative research on weight loss maintenance. Health Psychology Review, 2017, 11, 145-163.	4.4	126
11	A checklist to improve reporting of group-based behaviour-change interventions. BMC Public Health, 2015, 15, 963.	1.2	111
12	Identifying change processes in group-based health behaviour-change interventions: development of the mechanisms of action in group-based interventions (MAGI) framework. Health Psychology Review, 2019, 13, 227-247.	4.4	111
13	Nonpharmacological interventions for the prevention of type 2 diabetes mellitus. Nature Reviews Endocrinology, 2012, 8, 363-373.	4.3	108
14	Lessons learned from recruiting socioeconomically disadvantaged smokers into a pilot randomized controlled trial to explore the role of Exercise Assisted Reduction then Stop (EARS) smoking. Trials, 2015, 16, 1.	0.7	108
15	Group-Based Diet and Physical Activity Weight Loss Interventions: A Systematic Review and Meta-Analysis of Randomised Controlled Trials. Applied Psychology: Health and Well-Being, 2018, 10, 62-86.	1.6	106
16	Processes of behavior change and weight loss in a theory-based weight loss intervention program: a test of the process model for lifestyle behavior change. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 2.	2.0	100
17	The effects and costs of home-based rehabilitation for heart failure with reduced ejection fraction: The REACH-HF multicentre randomized controlled trial. European Journal of Preventive Cardiology, 2019, 26, 262-272.	0.8	96
18	Motivational interviewing for modifying diabetes risk: a randomised controlled trial. British Journal of General Practice, 2008, 58, 535-540.	0.7	93

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19	Techniques for modifying impulsive processes associated with unhealthy eating: A systematic review.. Health Psychology, 2016, 35, 793-806.	1.3	80
20	Randomised controlled trial of magnetic bracelets for relieving pain in osteoarthritis of the hip and knee. BMJ: British Medical Journal, 2004, 329, 1450-1454.	2.4	78
21	Self-Directed Interventions to Promote Weight Loss: A Systematic Review of Reviews. Journal of Medical Internet Research, 2014, 16, e58.	2.1	74
22	A randomised controlled trial of a facilitated home-based rehabilitation intervention in patients with heart failure with preserved ejection fraction and their caregivers: the REACH-HFpEF Pilot Study. BMJ Open, 2018, 8, e019649.	0.8	66
23	Assessment of fidelity in individual level behaviour change interventions promoting physical activity among adults: a systematic review. BMC Public Health, 2017, 17, 765.	1.2	64
24	Needs of caregivers in heart failure management: A qualitative study. Chronic Illness, 2015, 11, 304-319.	0.6	62
25	Web-Based Intervention Using Behavioral Activation and Physical Activity for Adults With Depression (The eMotion Study): Pilot Randomized Controlled Trial. Journal of Medical Internet Research, 2018, 20, e10112.	2.1	62
26	Evidence, theory and context - using intervention mapping to develop a school-based intervention to prevent obesity in children. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 73.	2.0	52
27	Optimising self-care support for people with heart failure and their caregivers: development of the Rehabilitation Enablement in Chronic Heart Failure (REACH-HF) intervention using intervention mapping. Pilot and Feasibility Studies, 2016, 2, 37.	0.5	51
28	An evaluation of the effectiveness of a community mentoring service for socially isolated older people: a controlled trial. BMC Public Health, 2011, 11, 218.	1.2	43
29	Supporting self-care in general practice. British Journal of General Practice, 2007, 57, 814-21.	0.7	43
30	Development of an educational ?toolkit? for health professionals and their patients with prediabetes: The WAKEUP study (Ways of Addressing Knowledge Education and Understanding in Pre-diabetes). Diabetic Medicine, 2007, 24, 770-777.	1.2	40
31	Inter-arm blood pressure difference in type 2 diabetes: a barrier to effective management?. British Journal of General Practice, 2009, 59, 428-432.	0.7	38
32	Effective behavior change techniques in asthma self-care interventions: Systematic review and meta-regression.. Health Psychology, 2014, 33, 577-587.	1.3	37
33	The cost effectiveness of REACH-HF and home-based cardiac rehabilitation compared with the usual medical care for heart failure with reduced ejection fraction: A decision model-based analysis. European Journal of Preventive Cardiology, 2019, 26, 1252-1261.	0.8	36
34	A pilot randomised trial to assess the methods and procedures for evaluating the clinical effectiveness and cost-effectiveness of Exercise Assisted Reduction then Stop (EARS) among disadvantaged smokers. Health Technology Assessment, 2014, 18, 1-324.	1.3	36
35	Is hospitalisation for COPD an opportunity for advance care planning? A qualitative study. Primary Care Respiratory Journal: Journal of the General Practice Airways Group, 2012, 21, 261-266.	2.5	35
36	Caregiver outcomes of the REACH-HF multicentre randomized controlled trial of home-based rehabilitation for heart failure with reduced ejection fraction. European Journal of Cardiovascular Nursing, 2019, 18, 611-620.	0.4	35

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37	Lifestyle Intervention With or Without Lay Volunteers to Prevent Type 2 Diabetes in People With Impaired Fasting Glucose and/or Nondiabetic Hyperglycemia. <i>JAMA Internal Medicine</i> , 2021, 181, 168.	2.6	33
38	Blood Sugar Regulation for Cardiovascular Health Promotion and Disease Prevention. <i>Journal of the American College of Cardiology</i> , 2018, 72, 1829-1844.	1.2	32
39	Is targeted early detection for melanoma feasible? Self assessments of risk and attitudes to screening. <i>Journal of Medical Screening</i> , 2000, 7, 199-202.	1.1	31
40	Attack context: an important mediator of the relationship between psychological status and asthma outcomes. <i>Thorax</i> , 2002, 57, 217-221.	2.7	30
41	Combining behavioural activation with physical activity promotion for adults with depression: findings of a parallel-group pilot randomised controlled trial (BACPAc). <i>Trials</i> , 2015, 16, 367.	0.7	30
42	Self-directed interventions to promote weight loss: a systematic review and meta-analysis. <i>Health Psychology Review</i> , 2016, 10, 358-372.	4.4	30
43	Cost-effectiveness of population-based, community, workplace and individual policies for diabetes prevention in the UK. <i>Diabetic Medicine</i> , 2017, 34, 1136-1144.	1.2	30
44	A simple pragmatic system for detecting new cases of type 2 diabetes and impaired fasting glycaemia in primary care. <i>Family Practice</i> , 2004, 21, 57-62.	0.8	29
45	Clinical effectiveness and cost-effectiveness of the Rehabilitation Enablement in Chronic Heart Failure (REACH-HF) facilitated self-care rehabilitation intervention in heart failure patients and caregivers: rationale and protocol for a multicentre randomised controlled trial. <i>BMJ Open</i> , 2015, 5, e009994.	0.8	29
46	The impact of Type 2 diabetes prevention programmes based on risk identification and lifestyle intervention intensity strategies: a cost-effectiveness analysis. <i>Diabetic Medicine</i> , 2017, 34, 632-640.	1.2	29
47	Converting to insulin in primary care: an exploration of the needs of practice nurses. <i>Journal of Advanced Nursing</i> , 2003, 42, 487-496.	1.5	28
48	Waste the waist™: The development of an intervention to promote changes in diet and physical activity for people with high cardiovascular risk. <i>British Journal of Health Psychology</i> , 2012, 17, 327-345.	1.9	28
49	Metformin in non-diabetic hyperglycaemia: the GLINT feasibility RCT. <i>Health Technology Assessment</i> , 2018, 22, 1-64.	1.3	28
50	A community-based physical activity intervention to prevent mobility-related disability for retired older people (REtirement in ACTion (REACT)): study protocol for a randomised controlled trial. <i>Trials</i> , 2018, 19, 228.	0.7	26
51	Effect of a physical activity and behaviour maintenance programme on functional mobility decline in older adults: the REACT (Retirement in Action) randomised controlled trial. <i>Lancet Public Health</i> , The, 2022, 7, e316-e326.	4.7	26
52	Uptake of Behavior Change Techniques - a Key Focus for Process Analysis and for Intervention Delivery: a Comment on Hankonen et al.. <i>Annals of Behavioral Medicine</i> , 2015, 49, 1-2.	1.7	25
53	Weight loss maintenance: An agenda for health psychology. <i>British Journal of Health Psychology</i> , 2014, 19, 459-464.	1.9	24
54	Home-based rehabilitation for heart failure with reduced ejection fraction: mixed methods process evaluation of the REACH-HF multicentre randomised controlled trial. <i>BMJ Open</i> , 2019, 9, e026039.	0.8	24

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55	Understanding fear and anxiety in patients at the time of an exacerbation of chronic obstructive pulmonary disease: a qualitative study. <i>JRSM Open</i> , 2015, 6, 205427041561454.	0.2	23
56	Feasibility Trial Evaluation of a Peer Volunteering Active Aging Intervention: ACE (Active, Connected,) Tj ETQq0 0 0 r0BT /Overlock 10 Tf	2.3	22
57	A written self-help intervention for depressed adults comparing behavioural activation combined with physical activity promotion with a self-help intervention based upon behavioural activation alone: study protocol for a parallel group pilot randomised controlled trial (BACpac). <i>Trials</i> , 2014, 15, 196.	0.7	21
58	Developing research management and governance capacity in primary care organizations: transferable learning from a qualitative evaluation of UK pilot sites. <i>Family Practice</i> , 2004, 21, 92-98.	0.8	20
59	Patterns of corticosteroid medication use: non-adherence can be effective in milder asthma. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2005, 14, 99-105.	2.5	20
60	GPs prescribing of strong opioid drugs for patients with chronic non-cancer pain: a qualitative study. <i>British Journal of General Practice</i> , 2013, 63, e821-e828.	0.7	20
61	An Exploratory Analysis of the Smoking and Physical Activity Outcomes From a Pilot Randomized Controlled Trial of an Exercise Assisted Reduction to Stop Smoking Intervention in Disadvantaged Groups. <i>Nicotine and Tobacco Research</i> , 2016, 18, 289-297.	1.4	20
62	Feasibility Randomized Controlled Trial of ImpulsePal: Smartphone App-Based Weight Management Intervention to Reduce Impulsive Eating in Overweight Adults. <i>JMIR Formative Research</i> , 2019, 3, e11586.	0.7	18
63	“We’re all in the same boat”: A qualitative study on how groups work in a diabetes prevention and management programme. <i>British Journal of Health Psychology</i> , 2019, 24, 787-805.	1.9	17
64	MARMA THERAPY FOR STROKE REHABILITATION – A PILOT STUDY. <i>Journal of Rehabilitation Medicine</i> , 2006, 38, 268-271.	0.8	16
65	Preference for different relaxation techniques by COPD patients: comparison between six techniques. <i>International Journal of COPD</i> , 2016, Volume 11, 2315-2319.	0.9	16
66	Study Protocol: The Norfolk Diabetes Prevention Study [NDPS]: a 46-month multi - centre, randomised, controlled parallel group trial of a lifestyle intervention [with or without additional support from lay lifestyle mentors with Type 2 diabetes] to prevent transition to Type 2 diabetes in high risk groups with non - diabetic hyperglycaemia, or impaired fasting glucose. <i>BMC Public Health</i> , 2017, 17, 31.	1.2	16
67	Systematic review of the effect of training interventions on the skills of health professionals in promoting health behaviour, with meta-analysis of subsequent effects on patient health behaviours. <i>BMC Health Services Research</i> , 2020, 20, 593.	0.9	16
68	Rehabilitation Enablement in Chronic Heart Failure – a facilitated self-care rehabilitation intervention in patients with heart failure with preserved ejection fraction (REACH-HFpEF) and their caregivers: rationale and protocol for a single-centre pilot randomised controlled trial. <i>BMJ Open</i> , 2016, 6, e012853.	0.8	15
69	Digital interventions for promoting exercise adherence in chronic musculoskeletal pain: a systematic review and meta-analysis. <i>Physiotherapy</i> , 2021, 111, 23-30.	0.2	15
70	Processes of Change in an Asthma Self-Care Intervention. <i>Qualitative Health Research</i> , 2013, 23, 1419-1429.	1.0	14
71	Diabetes Prevention in the Real World: Effectiveness of Pragmatic Lifestyle Interventions for the Prevention of Type 2 Diabetes and of the Impact of Adherence to Guideline Recommendations: A Systematic Review and Meta-analysis. <i>Diabetes Care</i> 2014;37:922-933. <i>Diabetes Care</i> , 2014, 37, 1775-1776.	4.3	14
72	Factors associated with study attrition in a pilot randomised controlled trial to explore the role of exercise-assisted reduction to stop (EARS) smoking in disadvantaged groups. <i>Trials</i> , 2016, 17, 524.	0.7	14

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73	IMAGE: Development of a European curriculum for the training of prevention managers. <i>British Journal of Diabetes and Vascular Disease</i> , 2011, 11, 163-167.	0.6	13
74	Development of a web-based intervention (eMotion) based on behavioural activation to promote physical activity in people with depression. <i>Mental Health and Physical Activity</i> , 2017, 13, 120-136.	0.9	13
75	Informing the development of online weight management interventions: a qualitative investigation of primary care patient perceptions. <i>BMC Obesity</i> , 2018, 5, 7.	3.1	13
76	The Tribulations of Trials: Lessons Learnt Recruiting 777 Older Adults Into REtirement in ACTion (REACT), a Trial of a Community, Group-Based Active Aging Intervention Targeting Mobility Disability. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020, 75, 2387-2395.	1.7	13
77	Intervention delivery fidelity assessment of a counseling-based intervention for promoting smoking reduction and increasing physical activity.. <i>Health Psychology</i> , 2018, 37, 627-637.	1.3	13
78	Johrei Family Healing: A Pilot Study. <i>Evidence-based Complementary and Alternative Medicine</i> , 2006, 3, 533-540.	0.5	12
79	Ecological momentary assessment of mood and physical activity in people with depression. <i>Journal of Affective Disorders</i> , 2020, 271, 293-299.	2.0	12
80	Frequency of non-asthma GP visits predicts asthma exacerbations: an observational study in general practice. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2012, 21, 405-411.	2.5	11
81	A systematic review of provider-and system-level factors influencing the delivery of cardiac rehabilitation for heart failure. <i>BMC Health Services Research</i> , 2021, 21, 1267.	0.9	11
82	The community-based prevention of diabetes (ComPoD) study: a randomised, waiting list controlled trial of a voluntary sector-led diabetes prevention programme. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 112.	2.0	10
83	Randomised controlled trial of an augmented exercise referral scheme using web-based behavioural support for inactive adults with chronic health conditions: the e-coachER trial. <i>British Journal of Sports Medicine</i> , 2021, 55, 444-450.	3.1	10
84	Adding web-based behavioural support to exercise referral schemes for inactive adults with chronic health conditions: the e-coachER RCT. <i>Health Technology Assessment</i> , 2020, 24, 1-106.	1.3	10
85	Cost-effectiveness of a physical activity and behaviour maintenance programme on functional mobility decline in older adults: an economic evaluation of the REACT (Retirement in Action) trial. <i>Lancet Public Health</i> , The, 2022, 7, e327-e334.	4.7	10
86	The value of social practice theory for implementation science: learning from a theory-based mixed methods process evaluation of a randomised controlled trial. <i>BMC Medical Research Methodology</i> , 2020, 20, 181.	1.4	9
87	Process evaluation of a randomised pilot trial of home-based rehabilitation compared to usual care in patients with heart failure with preserved ejection fraction and their caregivers. <i>Pilot and Feasibility Studies</i> , 2021, 7, 11.	0.5	9
88	A novel method for assessing design fidelity in web-based behavioral interventions.. <i>Health Psychology</i> , 2021, 40, 217-225.	1.3	9
89	Recruitment, retention, and training of people with type 2 diabetes as diabetes prevention mentors (DPM) to support a healthcare professional-delivered diabetes prevention program: the Norfolk Diabetes Prevention Study (NDPS). <i>BMJ Open Diabetes Research and Care</i> , 2019, 7, e000619.	1.2	8
90	A facilitated home-based cardiac rehabilitation intervention for people with heart failure and their caregivers: a research programme including the REACH-HF RCT. <i>Programme Grants for Applied Research</i> , 2021, 9, 1-100.	0.4	8

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91	Delivery fidelity of the REACT (REtirement in ACTion) physical activity and behaviour maintenance intervention for community dwelling older people with mobility limitations. BMC Public Health, 2022, 22, .	1.2	8
92	Correspondence to the <i>EJPC</i> in response to position paper by Ambrosetti M et al. 2020: Cardiovascular rehabilitation and COVID-19: The need to maintain access to evidence-based services from the safety of home. European Journal of Preventive Cardiology, 2021, 28, e23-e24.	0.8	7
93	Developing and applying a framework to understand mechanisms of action in group-based, behaviour change interventions: the MAGI mixed-methods study. Efficacy and Mechanism Evaluation, 2019, 6, 1-162.	0.9	7
94	Guidelines versus practice: UK asthma nurses often recommend intermittent, symptom-driven use of inhaled corticosteroids. Primary Care Respiratory Journal: Journal of the General Practice Airways Group, 2008, 18, 114-117.	2.5	6
95	Multicentred randomised controlled trial of an augmented exercise referral scheme using web-based behavioural support in individuals with metabolic, musculoskeletal and mental health conditions: protocol for the e-coachER trial. BMJ Open, 2018, 8, e022382.	0.8	6
96	Getting evidence into clinical practice: protocol for evaluation of the implementation of a home-based cardiac rehabilitation programme for patients with heart failure. BMJ Open, 2020, 10, e036137.	0.8	6
97	A novel behavioural INTERvention to REDuce Sitting Time in older adults undergoing orthopaedic surgery (INTEREST): results of a randomised-controlled feasibility study. Aging Clinical and Experimental Research, 2020, 32, 2565-2585.	1.4	6
98	The dynamics of decision-making in weight loss and maintenance: a qualitative enquiry. BMC Public Health, 2020, 20, 573.	1.2	6
99	Randomised controlled trial of tailored support to increase physical activity and reduce smoking in smokers not immediately ready to quit: protocol for the Trial of physical Activity-assisted Reduction of Smoking (TARS) Study. BMJ Open, 2020, 10, e043331.	0.8	6
100	ImpulsePal: The systematic development of a smartphone app to manage food temptations using intervention mapping. Digital Health, 2021, 7, 205520762110576.	0.9	6
101	Exploration of the validity of weak magnets as a suitable placebo in trials of magnetic therapy. Complementary Therapies in Medicine, 2008, 16, 177-180.	1.3	5
102	Structural and Magnetic Characterisation of $\text{La}_{1-x}\text{Sr}_x\text{Co}_{0.5}\text{Mn}_{0.5}\text{O}_{4\pm\delta}$ ( $M = \text{Cr}, \text{Mn}$ ). Zeitschrift Fur Anorganische Und Allgemeine Chemie, 2009, 635, 1856-1862.	0.6	1
103	Effects of the Norfolk diabetes prevention lifestyle intervention (NDPS) on glycaemic control in screen-detected type 2 diabetes: a randomised controlled trial. BMC Medicine, 2021, 19, 183.	2.3	4
104	Physical activity coaching for adults with mobility limitations: protocol for the ComeBACK pragmatic hybrid effectiveness-implementation type 1 randomised controlled trial. BMJ Open, 2020, 10, e034696.	0.8	4
105	Barriers and facilitators to implementation of a home-based cardiac rehabilitation programme for patients with heart failure in the NHS: a mixed-methods study. BMJ Open, 2022, 12, e060221.	0.8	4
106	Reprint of: Blood Sugar Regulation for Cardiovascular Health Promotion and Disease Prevention. Journal of the American College of Cardiology, 2018, 72, 3071-3086.	1.2	2
107	Current Practice of Physical Activity Counselling within Physiotherapy Usual Care and Influences on Its Use: A Cross-Sectional Survey. International Journal of Environmental Research and Public Health, 2021, 18, 4762.	1.2	2
108	Supporting Health Behavior Change in General Practice. , 2012, , 157-170.		2

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109	Brief physical activity counselling by physiotherapists (BEHAVIOUR): protocol for an effectiveness-implementation hybrid type II cluster randomised controlled trial. Implementation Science Communications, 2022, 3, 39.	0.8	2
110	The use of interface workers to facilitate child and adolescent mental health services in primary care: a qualitative assessment. Primary Health Care Research and Development, 2003, 4, 169-176.	0.5	1
111	Physical activity coaching for adults with mobility limitations: protocol for the ComeBACK pragmatic hybrid effectiveness-implementation type 1 randomised controlled trial. BMJ Open, 2020, 10, e034696.	0.8	1
112	Planning implementation and scale-up of physical activity interventions for people with walking difficulties: study protocol for the process evaluation of the ComeBACK trial. Trials, 2022, 23, 40.	0.7	1
113	A pragmatic effectiveness-implementation study comparing trial evidence with routinely collected outcome data for patients receiving the REACH-HF home-based cardiac rehabilitation programme. BMC Cardiovascular Disorders, 2022, 22, .	0.7	1
114	New guidance on diabetes prevention: will it make a difference?. British Journal of Diabetes and Vascular Disease, 2010, 10, 105-106.	0.6	0
115	P91â€¦Mechanisms of action in group-based interventions (magi) study: a framework of change processes in group-based health interventions. , 2017, , .		0
116	47â€¦Rehabilitation enablement in chronic heart failure (reach-HF) a multicentre randomised controlled trial of facilitated self-care rehabilitation intervention in heart failure with reduced ejection fraction. , 2018, , .		0
117	Quantity and specificity of action-plans as predictors of weight loss: analysis of data from the Norfolk Diabetes Prevention Study (NDPS). Psychology and Health, 2022, , 1-26.	1.2	0