

Ewerton Bezerra

List of Publications by Year in descending order

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Version: 2024-02-01

31
papers

197
citations

1163117

8
h-index

1125743

13
g-index

33
all docs

33
docs citations

33
times ranked

306
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of resistance training, detraining, and retraining on strength and functional capacity in elderly. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 31-39.	2.9	34
2	Influence of Strength Training on Adult Women's Flexibility. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 672-677.	2.1	33
3	Maximal Strength Performance and Muscle Activation for the Bench Press and Triceps Extension Exercises Adopting Dumbbell, Barbell, and Machine Modalities Over Multiple Sets. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1879-1887.	2.1	17
4	Muscular performance and body composition changes following multi-joint versus combined multi- and single-joint exercises in aging adults. <i>Applied Physiology, Nutrition and Metabolism</i> , 2018, 43, 602-608.	1.9	13
5	Effects of different strength training volumes and subsequent detraining on strength performance in aging adults. <i>Journal of Bodywork and Movement Therapies</i> , 2019, 23, 466-472.	1.2	11
6	Recovery following Rugby Union matches: effects of cold water immersion on markers of fatigue and damage. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 546-556.	1.9	11
7	Reducing measurement errors during functional capacity tests in elders. <i>Aging Clinical and Experimental Research</i> , 2018, 30, 595-603.	2.9	10
8	Mixed Session Periodization as a New Approach for Strength, Power, Functional Performance, and Body Composition Enhancement in Aging Adults. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2795-2806.	2.1	10
9	Assessing body composition in rugby players: agreement between different methods and association with physical performance. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, 60, 733-742.	0.7	8
10	Functional resistance training can increase strength, knee torque ratio, and functional performance in elderly women. <i>Journal of Exercise Rehabilitation</i> , 2018, 14, 654-659.	1.0	7
11	Effects of Concurrent Training with Elastic Tubes in Hypertensive Patients: A Blind Controlled Randomized Clinical Trial. <i>Experimental Aging Research</i> , 2020, 46, 68-82.	1.2	5
12	Long-Term Side Effects of Breast Cancer on Force Production Parameters. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1450-1458.	2.1	5
13	Effect of training level and blood flow restriction on thermal parameters: Preliminary study. <i>Infrared Physics and Technology</i> , 2016, 79, 25-31.	2.9	4
14	Effects of Two Different Training Methods in Women With Fibromyalgia Syndrome. <i>Research in Sports Medicine</i> , 2013, 21, 280-285.	1.3	3
15	Rebound boots change lower limb muscle activation and kinematics during different fitness exercises. <i>Journal of Bodywork and Movement Therapies</i> , 2017, 21, 873-878.	1.2	3
16	Estimating bone mineral content based on different types of muscle strength tests. <i>Journal of Bodywork and Movement Therapies</i> , 2018, 22, 586-591.	1.2	3
17	Effect of push-up variations performed with Swiss ball on muscle electromyographic amplitude in trained men: A cross-sectional study. <i>Journal of Bodywork and Movement Therapies</i> , 2020, 24, 74-78.	1.2	3
18	Effect of cadence on volume and myoelectric activity during agonist-antagonist paired sets (supersets) in the lower body. <i>Sports Biomechanics</i> , 2018, 17, 1-10.	1.6	2

#	ARTICLE	IF	CITATIONS
19	The Accuracy of Anthropometric Equations to Assess Body Fat in Adults with Down Syndrome. Journal of Applied Research in Intellectual Disabilities, 2018, 31, 193-199.	2.0	2
20	Is responsiveness of elderly individuals to resistance training related to habitual nutritional intake? An exploratory analysis of a randomized controlled trial. Sport Sciences for Health, 2020, 16, 355-364.	1.3	2
21	Atividade f�sica para pessoas com defici�ncia: Guia de Atividade F�sica para a Popula��o Brasileira. Revista Brasileira De Atividade F�sica E Sa�de, 0, 26, 1-11.	0.1	2
22	Mat Pilates improves lower and upper body strength and flexibility in breast cancer survivors undergoing hormone therapy: a randomized controlled trial (HAPiMat study). Disability and Rehabilitation, 2022, , 1-10.	1.8	2
23	Effect of linear running velocity on the increase on foot pronation. Foot, 2019, 41, 74-78.	1.1	1
24	Influence of the order of aerobic and resistance exercise on hemodynamic responses and arterial stiffness in young normotensive individuals. Journal of Bodywork and Movement Therapies, 2020, 24, 79-84.	1.2	1
25	One-year cessation following resistance training differently affects neuromuscular, body composition, and functional capacity in older adults. Sport Sciences for Health, 2021, 17, 347-355.	1.3	1
26	Inter-Individual Rapid Force Improvements after Mixed Session and Traditional Periodization in Aging Adults: A Randomized Trial. Journal of Science in Sport and Exercise, 2021, 3, 125-137.	1.0	1
27	Heavy Resistance Training in Older Adults: Effects of Type Exercise on Functional Capacity, Maximal Muscle Strength and Power. Ageing International, 2023, 48, 1-15.	1.3	1
28	Water-based resistance training program with isolated concentric action improves physical functional capacity and muscular strength in older women. Sport Sciences for Health, 0, , 1.	1.3	0
29	Body weight multicomponent program improves power and functional capacity responses in older adults: A quasi-experimental study. Experimental Gerontology, 2021, 155, 111553.	2.8	0
30	Estimativa do torque muscular de extensores do joelho de idosos baseado em testes de desempenho f�sico funcional. ConScientiae Sa�de, 2020, 19, e18247.	0.1	0
31	Resistance training exercise selection: efficiency, safety and comfort analysis method. Revista Brasileira De Cineantropometria E Desempenho Humano, 0, 23, .	0.5	0