

Maryanna D Klatt

List of Publications by Year in descending order

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52
papers

1,206
citations

516710

16
h-index

377865

34
g-index

53
all docs

53
docs citations

53
times ranked

1522
citing authors

#	ARTICLE	IF	CITATIONS
1	Co-created health education intervention among older African American women living with hypertension. <i>Explore: the Journal of Science and Healing</i> , 2022, 18, 234-239.	1.0	5
2	Sustained resiliency building and burnout reduction for healthcare professionals via organizational sponsored mindfulness programming. <i>Explore: the Journal of Science and Healing</i> , 2022, 18, 179-186.	1.0	11
3	An Exploratory Randomized Controlled Trial of a 12-Week Yoga Versus Educational Film Program for the Management of Restless Legs Syndrome: Feasibility and Acceptability. , 2022, 28, 309-319.		0
4	Hair Cortisol Concentration, Perceived Stress, Mental Well-Being, and Cardiovascular Health in African American Older Adults: A Pilot Study. <i>Geriatrics (Switzerland)</i> , 2022, 7, 53.	1.7	2
5	Professional development in integrative health through an interprofessional online course in clinical settings. <i>Explore: the Journal of Science and Healing</i> , 2021, 17, 505-512.	1.0	4
6	Mindfulness in Motion and Dietary Approaches to Stop Hypertension (DASH) in Hypertensive African Americans. <i>Journal of the American Geriatrics Society</i> , 2021, 69, 773-778.	2.6	13
7	Synchronous Mindfulness in Motion Online: Strong Results, Strong Attendance at a Critical Time for Health Care Professionals (HCPs) in the COVID Era. <i>Frontiers in Psychology</i> , 2021, 12, 725810.	2.1	3
8	The Necessary Thread of Mindfulness Intervention Fidelity Assurance: Enabling an Organizational Strategy to Promote Health Care Professional Well-Being. <i>Global Advances in Health and Medicine</i> , 2021, 10, 216495612110529.	1.6	3
9	Work-related Musculoskeletal Disorders Among Radiographers: An Exploration of Self-reported Symptoms. <i>Radiologic Technology</i> , 2021, 93, 161-176.	0.1	0
10	Introducing integrative primary health care to an interprofessional audience: Feasibility and impact of an asynchronous online course. <i>Explore: the Journal of Science and Healing</i> , 2020, 16, 392-400.	1.0	6
11	The Impact of Urban Zen Integrative Therapy on Symptoms and Health-Related Quality of Life for Patients with Pulmonary Hypertension. <i>Journal of Palliative Medicine</i> , 2020, 23, 703-711.	1.1	4
12	Deep Relaxation Experience with Complementary Urban Zen Integrative Therapy: Qualitative Thematic Analysis. <i>Western Journal of Nursing Research</i> , 2020, 43, 019394592097394.	1.4	1
13	Effects of a 12-week yoga versus a 12-week educational film intervention on symptoms of restless legs syndrome and related outcomes: an exploratory randomized controlled trial. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 107-119.	2.6	14
14	Embracing Change: A Mindful Medical Center Meets COVID-19. <i>Global Advances in Health and Medicine</i> , 2020, 9, 216495612097536.	1.6	18
15	Advancing Global Health and Medicine Through the Energy of Youth: A Research Team Burning Bright. <i>Global Advances in Health and Medicine</i> , 2019, 8, 216495611984762.	1.6	0
16	Beyond the East/West Dichotomyâ€”The Course Yoga: Theory and Practice Conveys the Benefits of an Ayurvedic Lens for Global Health. <i>Global Advances in Health and Medicine</i> , 2019, 8, 216495611984793.	1.6	4
17	Intervention fidelity monitoring of Urban Zen Integrative Therapy (UZIT) for persons with pulmonary hypertension. <i>Complementary Therapies in Medicine</i> , 2019, 45, 45-49.	2.7	3
18	Acceptability and feasibility of a 12-week yoga vs. educational film program for the management of restless legs syndrome (RLS): study protocol for a randomized controlled trial. <i>Trials</i> , 2019, 20, 134.	1.6	6

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19	The Impact of a Multicomponent Integrative Intervention on Symptoms and Health Related Quality of Life for Patients with Pulmonary Hypertension. , 2019, , .		0
20	Interventions to Reduce Burnout and Improve Resilience: Impact on a Health System's Outcomes. Clinical Obstetrics and Gynecology, 2019, 62, 432-443.	1.1	23
21	Incorporating integrative healthcare into interprofessional education: What do primary care training programs need?. Journal of Interprofessional Education and Practice, 2019, 14, 6-12.	0.4	5
22	Exploring Quality of Sleep, Perceived Stress and Resilience in Cancer Survivorship: A Feasibility Study of Mindfulness in Motion. OBM Neurobiology, 2019, 3, 1-1.	0.6	0
23	Yoga: Theory and Practice" A Course that Illustrates Why Yoga Belongs in the Academy. International Journal of Yoga Therapy, 2019, 29, 109-118.	0.7	2
24	Recruiting Endometrial Cancer Survivors to Studies Examining Lifestyle Behaviors and Quality of Life: Challenges Faced and Lessons Learned. Journal of Cancer Education, 2018, 33, 857-864.	1.3	5
25	Mindfulness in Motion: a Mindfulness-Based Intervention to Reduce Stress and Enhance Quality of Sleep in Scandinavian Employees. Mindfulness, 2017, 8, 481-488.	2.8	37
26	A Contemplative Tool. Journal of Transformative Education, 2017, 15, 122-136.	1.1	2
27	Feasibility of a Mindfulness-Based Intervention for Surgical Intensive Care Unit Personnel. American Journal of Critical Care, 2017, 26, 10-18.	1.6	68
28	Educational innovations to foster resilience in the health professions. Medical Teacher, 2017, 39, 153-159.	1.8	53
29	Teaching a Series of Mind-Body Techniques to Address the Risk of Work-Related Musculoskeletal Disorders Among Sonography Students: A Pilot Study. Journal of Diagnostic Medical Sonography, 2017, 33, 392-403.	0.3	4
30	A Pragmatic Introduction of Mindfulness in a Continuing Education Setting: Exploring Personal Experience, Bridging to Professional Practice. Explore: the Journal of Science and Healing, 2017, 13, 327-332.	1.0	5
31	A Mindfulness-Based Lifestyle Intervention for Obese, Inactive Endometrial Cancer Survivors: A Feasibility Study. Integrative Cancer Therapies, 2017, 16, 263-275.	2.0	13
32	Mindfulness in Motion for People with Multiple Sclerosis: A Feasibility Study. International Journal of MS Care, 2017, 19, 225-231.	1.0	24
33	REMAP" a Resilience Resources Measure for Prediction and Management of Somatic Symptoms. International Journal of Behavioral Medicine, 2016, 23, 738-745.	1.7	7
34	Assessment of attitudes and perceptions about complementary and alternative medicines by health professional faculty. Currents in Pharmacy Teaching and Learning, 2016, 8, 788-795.	1.0	2
35	A healthcare utilization cost comparison between employees receiving a worksite mindfulness or a diet/exercise lifestyle intervention to matched controls 5 years post intervention. Complementary Therapies in Medicine, 2016, 27, 139-144.	2.7	15
36	Mindfulness and Work-Related Well-Being. , 2016, , 313-336.		2

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37	Screening Sonography of the Ankle/Foot to Correlate Pain and Pathology. <i>Journal of Diagnostic Medical Sonography</i> , 2016, 32, 83-91.	0.3	0
38	Mindfulness in Motion (MIM): An Onsite Mindfulness Based Intervention (MBI) for Chronically High Stress Work Environments to Increase Resiliency and Work Engagement. <i>Journal of Visualized Experiments</i> , 2015, , e52359.	0.3	55
39	A Mixed-Method Approach to Evaluating the Association Between Myofascial Trigger Points and Ankle/Foot Pain Using Handheld Sonography Equipment. <i>Journal of Diagnostic Medical Sonography</i> , 2015, 31, 210-220.	0.3	8
40	A Small Randomized Pilot Study of a Workplace Mindfulness-Based Intervention for Surgical Intensive Care Unit Personnel. <i>Journal of Occupational and Environmental Medicine</i> , 2015, 57, 393-399.	1.7	101
41	Interprofessional Competencies in Integrative Primary Healthcare. <i>Global Advances in Health and Medicine</i> , 2015, 4, 33-39.	1.6	28
42	Perceived stress predicts allergy flares. <i>Annals of Allergy, Asthma and Immunology</i> , 2014, 112, 317-321.	1.0	18
43	From Community Need to Classroom Intervention: Fuel for LearningâA Nutrition/Stress Reduction Intervention Delivered Via DVD. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, A16-A17.	2.1	0
44	Workplace based mindfulness practice and inflammation: A randomized trial. <i>Brain, Behavior, and Immunity</i> , 2013, 27, 145-154.	4.1	153
45	Mindfulness disposition and default-mode network connectivity in older adults. <i>Social Cognitive and Affective Neuroscience</i> , 2013, 8, 112-117.	3.0	65
46	Feasibility and preliminary outcomes for Move-Into-Learning: An arts-based mindfulness classroom intervention. <i>Journal of Positive Psychology</i> , 2013, 8, 233-241.	4.0	51
47	Complementary and Alternative Medicine Use Among Asian Indians in the United States: A National Study. <i>Journal of Alternative and Complementary Medicine</i> , 2010, 16, 843-852.	2.1	23
48	Perceptions of Children Who Participated in a School-Based Yoga Program. <i>Journal of Occupational Therapy, Schools, and Early Intervention</i> , 2010, 3, 226-238.	0.7	27
49	Integrative Healthcare Education: Alive, Well, and Diligently Preparing Students for 21st Century Medicine. <i>Explore: the Journal of Science and Healing</i> , 2010, 6, 335-338.	1.0	3
50	Effects of Low-Dose Mindfulness-Based Stress Reduction (MBSR-ld) on Working Adults. <i>Health Education and Behavior</i> , 2009, 36, 601-614.	2.5	278
51	Patient Satisfaction. <i>Quality Management in Health Care</i> , 2009, 18, 3-18.	0.8	21
52	Utilizing a Systems and Design Thinking Approach for Improving Well-Being within Health Professionsâ™ Education and Health Care. <i>NAM Perspectives</i> , 0, , .	2.9	5