

Maryanna D Klatt

List of Publications by Year in descending order

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52
papers

1,206
citations

516710

16
h-index

377865

34
g-index

53
all docs

53
docs citations

53
times ranked

1522
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of Low-Dose Mindfulness-Based Stress Reduction (MBSR-I) on Working Adults. <i>Health Education and Behavior</i> , 2009, 36, 601-614.	2.5	278
2	Workplace based mindfulness practice and inflammation: A randomized trial. <i>Brain, Behavior, and Immunity</i> , 2013, 27, 145-154.	4.1	153
3	A Small Randomized Pilot Study of a Workplace Mindfulness-Based Intervention for Surgical Intensive Care Unit Personnel. <i>Journal of Occupational and Environmental Medicine</i> , 2015, 57, 393-399.	1.7	101
4	Feasibility of a Mindfulness-Based Intervention for Surgical Intensive Care Unit Personnel. <i>American Journal of Critical Care</i> , 2017, 26, 10-18.	1.6	68
5	Mindfulness disposition and default-mode network connectivity in older adults. <i>Social Cognitive and Affective Neuroscience</i> , 2013, 8, 112-117.	3.0	65
6	Mindfulness in Motion (MIM): An Onsite Mindfulness Based Intervention (MBI) for Chronically High Stress Work Environments to Increase Resiliency and Work Engagement. <i>Journal of Visualized Experiments</i> , 2015, , e52359.	0.3	55
7	Educational innovations to foster resilience in the health professions. <i>Medical Teacher</i> , 2017, 39, 153-159.	1.8	53
8	Feasibility and preliminary outcomes for Move-Into-Learning: An arts-based mindfulness classroom intervention. <i>Journal of Positive Psychology</i> , 2013, 8, 233-241.	4.0	51
9	Mindfulness in Motion: a Mindfulness-Based Intervention to Reduce Stress and Enhance Quality of Sleep in Scandinavian Employees. <i>Mindfulness</i> , 2017, 8, 481-488.	2.8	37
10	Interprofessional Competencies in Integrative Primary Healthcare. <i>Global Advances in Health and Medicine</i> , 2015, 4, 33-39.	1.6	28
11	Perceptions of Children Who Participated in a School-Based Yoga Program. <i>Journal of Occupational Therapy, Schools, and Early Intervention</i> , 2010, 3, 226-238.	0.7	27
12	Mindfulness in Motion for People with Multiple Sclerosis: A Feasibility Study. <i>International Journal of MS Care</i> , 2017, 19, 225-231.	1.0	24
13	Complementary and Alternative Medicine Use Among Asian Indians in the United States: A National Study. <i>Journal of Alternative and Complementary Medicine</i> , 2010, 16, 843-852.	2.1	23
14	Interventions to Reduce Burnout and Improve Resilience: Impact on a Health System's Outcomes. <i>Clinical Obstetrics and Gynecology</i> , 2019, 62, 432-443.	1.1	23
15	Patient Satisfaction. <i>Quality Management in Health Care</i> , 2009, 18, 3-18.	0.8	21
16	Perceived stress predicts allergy flares. <i>Annals of Allergy, Asthma and Immunology</i> , 2014, 112, 317-321.	1.0	18
17	Embracing Change: A Mindful Medical Center Meets COVID-19. <i>Global Advances in Health and Medicine</i> , 2020, 9, 216495612097536.	1.6	18
18	A healthcare utilization cost comparison between employees receiving a worksite mindfulness or a diet/exercise lifestyle intervention to matched controls 5 years post intervention. <i>Complementary Therapies in Medicine</i> , 2016, 27, 139-144.	2.7	15

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19	Effects of a 12-week yoga versus a 12-week educational film intervention on symptoms of restless legs syndrome and related outcomes: an exploratory randomized controlled trial. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 107-119.	2.6	14
20	A Mindfulness-Based Lifestyle Intervention for Obese, Inactive Endometrial Cancer Survivors: A Feasibility Study. <i>Integrative Cancer Therapies</i> , 2017, 16, 263-275.	2.0	13
21	Mindfulness in Motion and Dietary Approaches to Stop Hypertension (DASH) in Hypertensive African Americans. <i>Journal of the American Geriatrics Society</i> , 2021, 69, 773-778.	2.6	13
22	Sustained resiliency building and burnout reduction for healthcare professionals via organizational sponsored mindfulness programming. <i>Explore: the Journal of Science and Healing</i> , 2022, 18, 179-186.	1.0	11
23	A Mixed-Method Approach to Evaluating the Association Between Myofascial Trigger Points and Ankle/Foot Pain Using Handheld Sonography Equipment. <i>Journal of Diagnostic Medical Sonography</i> , 2015, 31, 210-220.	0.3	8
24	REMAPâ€™a Resilience Resources Measure for Prediction and Management of Somatic Symptoms. <i>International Journal of Behavioral Medicine</i> , 2016, 23, 738-745.	1.7	7
25	Acceptability and feasibility of a 12-week yoga vs. educational film program for the management of restless legs syndrome (RLS): study protocol for a randomized controlled trial. <i>Trials</i> , 2019, 20, 134.	1.6	6
26	Introducing integrative primary health care to an interprofessional audience: Feasibility and impact of an asynchronous online course. <i>Explore: the Journal of Science and Healing</i> , 2020, 16, 392-400.	1.0	6
27	A Pragmatic Introduction of Mindfulness in a Continuing Education Setting: Exploring Personal Experience, Bridging to Professional Practice. <i>Explore: the Journal of Science and Healing</i> , 2017, 13, 327-332.	1.0	5
28	Recruiting Endometrial Cancer Survivors to Studies Examining Lifestyle Behaviors and Quality of Life: Challenges Faced and Lessons Learned. <i>Journal of Cancer Education</i> , 2018, 33, 857-864.	1.3	5
29	Incorporating integrative healthcare into interprofessional education: What do primary care training programs need?. <i>Journal of Interprofessional Education and Practice</i> , 2019, 14, 6-12.	0.4	5
30	Co-created health education intervention among older African American women living with hypertension. <i>Explore: the Journal of Science and Healing</i> , 2022, 18, 234-239.	1.0	5
31	Utilizing a Systems and Design Thinking Approach for Improving Well-Being within Health Professionsâ€™ Education and Health Care. <i>NAM Perspectives</i> , 0, , .	2.9	5
32	Teaching a Series of Mind-Body Techniques to Address the Risk of Work-Related Musculoskeletal Disorders Among Sonography Students: A Pilot Study. <i>Journal of Diagnostic Medical Sonography</i> , 2017, 33, 392-403.	0.3	4
33	Beyond the East/West Dichotomyâ€™The Course Yoga: Theory and Practice Conveys the Benefits of an Ayurvedic Lens for Global Health. <i>Global Advances in Health and Medicine</i> , 2019, 8, 216495611984793.	1.6	4
34	The Impact of Urban Zen Integrative Therapy on Symptoms and Health-Related Quality of Life for Patients with Pulmonary Hypertension. <i>Journal of Palliative Medicine</i> , 2020, 23, 703-711.	1.1	4
35	Professional development in integrative health through an interprofessional online course in clinical settings. <i>Explore: the Journal of Science and Healing</i> , 2021, 17, 505-512.	1.0	4
36	Integrative Healthcare Education: Alive, Well, and Diligently Preparing Students for 21st Century Medicine. <i>Explore: the Journal of Science and Healing</i> , 2010, 6, 335-338.	1.0	3

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37	Intervention fidelity monitoring of Urban Zen Integrative Therapy (UZIT) for persons with pulmonary hypertension. <i>Complementary Therapies in Medicine</i> , 2019, 45, 45-49.	2.7	3
38	Synchronous Mindfulness in Motion Online: Strong Results, Strong Attendance at a Critical Time for Health Care Professionals (HCPs) in the COVID Era. <i>Frontiers in Psychology</i> , 2021, 12, 725810.	2.1	3
39	The Necessary Thread of Mindfulness Intervention Fidelity Assurance: Enabling an Organizational Strategy to Promote Health Care Professional Well-Being. <i>Global Advances in Health and Medicine</i> , 2021, 10, 216495612110529.	1.6	3
40	Assessment of attitudes and perceptions about complementary and alternative medicines by health professional faculty. <i>Currents in Pharmacy Teaching and Learning</i> , 2016, 8, 788-795.	1.0	2
41	Mindfulness and Work-Related Well-Being. , 2016, , 313-336.		2
42	A Contemplative Tool. <i>Journal of Transformative Education</i> , 2017, 15, 122-136.	1.1	2
43	Yoga: Theory and Practice—A Course that Illustrates Why Yoga Belongs in the Academy. <i>International Journal of Yoga Therapy</i> , 2019, 29, 109-118.	0.7	2
44	Hair Cortisol Concentration, Perceived Stress, Mental Well-Being, and Cardiovascular Health in African American Older Adults: A Pilot Study. <i>Geriatrics (Switzerland)</i> , 2022, 7, 53.	1.7	2
45	Deep Relaxation Experience with Complementary Urban Zen Integrative Therapy: Qualitative Thematic Analysis. <i>Western Journal of Nursing Research</i> , 2020, 43, 019394592097394.	1.4	1
46	From Community Need to Classroom Intervention: Fuel for Learning—A Nutrition/Stress Reduction Intervention Delivered Via DVD. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, A16-A17.	2.1	0
47	Screening Sonography of the Ankle/Foot to Correlate Pain and Pathology. <i>Journal of Diagnostic Medical Sonography</i> , 2016, 32, 83-91.	0.3	0
48	Advancing Global Health and Medicine Through the Energy of Youth: A Research Team Burning Bright. <i>Global Advances in Health and Medicine</i> , 2019, 8, 216495611984762.	1.6	0
49	The Impact of a Multicomponent Integrative Intervention on Symptoms and Health Related Quality of Life for Patients with Pulmonary Hypertension. , 2019, , .		0
50	Exploring Quality of Sleep, Perceived Stress and Resilience in Cancer Survivorship: A Feasibility Study of Mindfulness in Motion. <i>OBM Neurobiology</i> , 2019, 3, 1-1.	0.6	0
51	An Exploratory Randomized Controlled Trial of a 12-Week Yoga Versus Educational Film Program for the Management of Restless Legs Syndrome: Feasibility and Acceptability. , 2022, 28, 309-319.		0
52	Work-related Musculoskeletal Disorders Among Radiographers: An Exploration of Self-reported Symptoms. <i>Radiologic Technology</i> , 2021, 93, 161-176.	0.1	0