

Angela Montaruli

List of Publications by Year in descending order

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Version: 2024-02-01

40
papers

1,195
citations

430874
18
h-index

395702
33
g-index

40
all docs

40
docs citations

40
times ranked

1472
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of chronotype on academic achievement in a sample of Italian University students: An update on sex effect. <i>Chronobiology International</i> , 2022, 39, 613-615.	2.0	2
2	Differences in Daytime Activity Levels and Daytime Sleep Between Night and Day Duty: An Observational Study in Italian Orthopedic Nurses. <i>Frontiers in Physiology</i> , 2021, 12, 628231.	2.8	4
3	Biological Rhythm and Chronotype: New Perspectives in Health. <i>Biomolecules</i> , 2021, 11, 487.	4.0	99
4	Sex Differences in Rest-Activity Circadian Rhythm in Patients With Metabolic Syndrome. <i>Frontiers in Physiology</i> , 2021, 12, 641461.	2.8	4
5	Physical activity, chronotype and sleep in a sample of Italian elderly population. <i>Sport Sciences for Health</i> , 2020, 16, 55-64.	1.3	12
6	Effect of chronotype on rating of perceived exertion in active young people. <i>Sport Sciences for Health</i> , 2020, 16, 331-336.	1.3	15
7	Binge Eating Disorder: What Is the Role of Physical Activity Associated with Dietary and Psychological Treatment?. <i>Nutrients</i> , 2020, 12, 3622.	4.1	14
8	Reduced Neuromuscular Performance in Night Shift Orthopedic Nurses: New Insights From a Combined Electromyographic and Force Signals Approach. <i>Frontiers in Physiology</i> , 2020, 11, 693.	2.8	7
9	Effect of chronotype on motor skills specific to soccer in adolescent players. <i>Chronobiology International</i> , 2020, 37, 552-563.	2.0	27
10	Is Abdominal Fat Distribution Associated with Chronotype in Adults Independently of Lifestyle Factors?. <i>Nutrients</i> , 2020, 12, 592.	4.1	32
11	Rest-activity rhythm in breast cancer survivors: an update based on non-parametric indices. <i>Chronobiology International</i> , 2020, 37, 946-951.	2.0	12
12	The multidisciplinary therapy in binge eating disorder is able to influence the interdaily stability and sleep quality?. <i>Chronobiology International</i> , 2019, 36, 1311-1315.	2.0	11
13	Effect of chronotype on academic achievement in a sample of Italian University students. <i>Chronobiology International</i> , 2019, 36, 1482-1495.	2.0	34
14	Rest-activity circadian rhythm in breast cancer survivors at 5 years after the primary diagnosis. <i>Chronobiology International</i> , 2019, 36, 1156-1165.	2.0	28
15	Running fatiguing protocol affects peak torque joint angle and peak torque differently in hamstrings vs. quadriceps. <i>Sport Sciences for Health</i> , 2018, 14, 193-199.	1.3	1
16	Effect of aerobic exercise intervention on markers of insulin resistance in breast cancer women. <i>European Journal of Cancer Care</i> , 2018, 27, e12617.	1.5	30
17	Aerobic exercise training improves physical performance of patients with binge-eating disorder. <i>Sport Sciences for Health</i> , 2018, 14, 47-51.	1.3	6
18	Rest-activity circadian rhythm and sleep quality in patients with binge eating disorder. <i>Chronobiology International</i> , 2018, 35, 198-207.	2.0	39

#	ARTICLE	IF	CITATIONS
19	Predicting the actigraphy-based acrophase using the Morningness-Eveningness Questionnaire (MEQ) in college students of North Italy. <i>Chronobiology International</i> , 2017, 34, 551-562.	2.0	40
20	If the Morning-Evening Questionnaire (MEQ) is able to predict the actigraphy-based acrophase, how does its reduced, five-item version (rMEQ) perform?. <i>Chronobiology International</i> , 2017, 34, 443-444.	2.0	26
21	Sleep quality and high intensity interval training at two different times of day: A crossover study on the influence of the chronotype in male collegiate soccer players. <i>Chronobiology International</i> , 2017, 34, 260-268.	2.0	74
22	The circadian typology: the role of physical activity and melatonin. <i>Sport Sciences for Health</i> , 2017, 13, 469-476.	1.3	42
23	Sleep quality and cytokine expression after an exhaustive exercise: influence of ACE polymorphism I/D. <i>Sleep and Biological Rhythms</i> , 2017, 15, 31-37.	1.0	8
24	Protective Effect of Aerobic Physical Activity on Sleep Behavior in Breast Cancer Survivors. <i>Integrative Cancer Therapies</i> , 2017, 16, 21-31.	2.0	58
25	Acute Modification of Cardiac Autonomic Function of High-Intensity Interval Training in Collegiate Male Soccer Players with Different Chronotype: A Cross-Over Study. <i>Journal of Sports Science and Medicine</i> , 2017, 16, 286-294.	1.6	37
26	Physical Attributes and NFL Combine Performance Tests Between Italian National League and American Football Players: A Comparative Study. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 2802-2808.	2.1	16
27	Chronotype influences activity circadian rhythm and sleep: Differences in sleep quality between weekdays and weekend. <i>Chronobiology International</i> , 2015, 32, 405-415.	2.0	254
28	Differential modulation of clock gene expression in the suprachiasmatic nucleus, liver and heart of aged mice. <i>Experimental Gerontology</i> , 2014, 55, 70-79.	2.8	81
29	Bone marrow derived stem cells in joint and bone diseases: a concise review. <i>International Orthopaedics</i> , 2014, 38, 1787-1801.	1.9	37
30	Physical activity and breast cancer. <i>Sport Sciences for Health</i> , 2012, 8, 1-13.	1.3	17
31	Intense physical exercise increases systemic 11 β -hydroxysteroid dehydrogenase type 1 activity in healthy adult subjects. <i>European Journal of Applied Physiology</i> , 2010, 108, 681-687.	2.5	28
32	Morning or evening exercise: effects on the heart rate circadian rhythm above the Arctic Circle. <i>Sport Sciences for Health</i> , 2010, 6, 9-16.	1.3	2
33	Training time and adaptation to lack of daylight: a case report. <i>Sport Sciences for Health</i> , 2009, 5, 37-41.	1.3	10
34	Nutrition, activity behavior and body constitution in primary school children. <i>Biology of Sport</i> , 2009, 26, 349-367.	3.2	6
35	The sportsman readjustment after transcontinental flight: a study on marathon runners. <i>Journal of Sports Medicine and Physical Fitness</i> , 2009, 49, 372-81.	0.7	9
36	In vitro bonding of pre-seeded chondrocytes. <i>Sport Sciences for Health</i> , 2007, 2, 29-33.	1.3	2

#	ARTICLE	IF	CITATIONS
37	Morning or evening training: effect on heart rate circadian rhythm. Sport Sciences for Health, 2006, 1, 113-117.	1.3	15
38	Circadian variations in expression of the trkB receptor in adult rat hippocampus. Brain Research, 2003, 994, 67-72.	2.2	53
39	Circadian Rhythms of Rat Pancreatic Acinar Cells. Biological Rhythm Research, 1997, 28, 121-133.	0.9	2
40	Temporal Structure of Body Core Temperature in Twin Newborns. Biological Rhythm Research, 1997, 28, 29-35.	0.9	1