

Angela Montaruli

List of Publications by Year in descending order

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Version: 2024-02-01

40
papers

1,195
citations

430754

18
h-index

395590

33
g-index

40
all docs

40
docs citations

40
times ranked

1472
citing authors

#	ARTICLE	IF	CITATIONS
1	Chronotype influences activity circadian rhythm and sleep: Differences in sleep quality between weekdays and weekend. <i>Chronobiology International</i> , 2015, 32, 405-415.	0.9	254
2	Biological Rhythm and Chronotype: New Perspectives in Health. <i>Biomolecules</i> , 2021, 11, 487.	1.8	99
3	Differential modulation of clock gene expression in the suprachiasmatic nucleus, liver and heart of aged mice. <i>Experimental Gerontology</i> , 2014, 55, 70-79.	1.2	81
4	Sleep quality and high intensity interval training at two different times of day: A crossover study on the influence of the chronotype in male collegiate soccer players. <i>Chronobiology International</i> , 2017, 34, 260-268.	0.9	74
5	Protective Effect of Aerobic Physical Activity on Sleep Behavior in Breast Cancer Survivors. <i>Integrative Cancer Therapies</i> , 2017, 16, 21-31.	0.8	58
6	Circadian variations in expression of the trkB receptor in adult rat hippocampus. <i>Brain Research</i> , 2003, 994, 67-72.	1.1	53
7	The circadian typology: the role of physical activity and melatonin. <i>Sport Sciences for Health</i> , 2017, 13, 469-476.	0.4	42
8	Predicting the actigraphy-based acrophase using the Morningness-Eveningness Questionnaire (MEQ) in college students of North Italy. <i>Chronobiology International</i> , 2017, 34, 551-562.	0.9	40
9	Rest-activity circadian rhythm and sleep quality in patients with binge eating disorder. <i>Chronobiology International</i> , 2018, 35, 198-207.	0.9	39
10	Bone marrow derived stem cells in joint and bone diseases: a concise review. <i>International Orthopaedics</i> , 2014, 38, 1787-1801.	0.9	37
11	Acute Modification of Cardiac Autonomic Function of High-Intensity Interval Training in Collegiate Male Soccer Players with Different Chronotype: A Cross-Over Study. <i>Journal of Sports Science and Medicine</i> , 2017, 16, 286-294.	0.7	37
12	Effect of chronotype on academic achievement in a sample of Italian University students. <i>Chronobiology International</i> , 2019, 36, 1482-1495.	0.9	34
13	Is Abdominal Fat Distribution Associated with Chronotype in Adults Independently of Lifestyle Factors?. <i>Nutrients</i> , 2020, 12, 592.	1.7	32
14	Effect of aerobic exercise intervention on markers of insulin resistance in breast cancer women. <i>European Journal of Cancer Care</i> , 2018, 27, e12617.	0.7	30
15	Intense physical exercise increases systemic 11 β -hydroxysteroid dehydrogenase type 1 activity in healthy adult subjects. <i>European Journal of Applied Physiology</i> , 2010, 108, 681-687.	1.2	28
16	Rest-activity circadian rhythm in breast cancer survivors at 5 years after the primary diagnosis. <i>Chronobiology International</i> , 2019, 36, 1156-1165.	0.9	28
17	Effect of chronotype on motor skills specific to soccer in adolescent players. <i>Chronobiology International</i> , 2020, 37, 552-563.	0.9	27
18	If the Morning-Evening Questionnaire (MEQ) is able to predict the actigraphy-based acrophase, how does its reduced, five-item version (rMEQ) perform?. <i>Chronobiology International</i> , 2017, 34, 443-444.	0.9	26

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19	Physical activity and breast cancer. <i>Sport Sciences for Health</i> , 2012, 8, 1-13.	0.4	17
20	Physical Attributes and NFL Combine Performance Tests Between Italian National League and American Football Players: A Comparative Study. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 2802-2808.	1.0	16
21	Morning or evening training: effect on heart rate circadian rhythm. <i>Sport Sciences for Health</i> , 2006, 1, 113-117.	0.4	15
22	Effect of chronotype on rating of perceived exertion in active young people. <i>Sport Sciences for Health</i> , 2020, 16, 331-336.	0.4	15
23	Binge Eating Disorder: What Is the Role of Physical Activity Associated with Dietary and Psychological Treatment?. <i>Nutrients</i> , 2020, 12, 3622.	1.7	14
24	Physical activity, chronotype and sleep in a sample of Italian elderly population. <i>Sport Sciences for Health</i> , 2020, 16, 55-64.	0.4	12
25	Rest-activity rhythm in breast cancer survivors: an update based on non-parametric indices. <i>Chronobiology International</i> , 2020, 37, 946-951.	0.9	12
26	The multidisciplinary therapy in binge eating disorder is able to influence the interdaily stability and sleep quality?. <i>Chronobiology International</i> , 2019, 36, 1311-1315.	0.9	11
27	Training time and adaptation to lack of daylight: a case report. <i>Sport Sciences for Health</i> , 2009, 5, 37-41.	0.4	10
28	The sportsman readjustment after transcontinental flight: a study on marathon runners. <i>Journal of Sports Medicine and Physical Fitness</i> , 2009, 49, 372-81.	0.4	9
29	Sleep quality and cytokine expression after an exhaustive exercise: influence of ACE polymorphism I/D. <i>Sleep and Biological Rhythms</i> , 2017, 15, 31-37.	0.5	8
30	Reduced Neuromuscular Performance in Night Shift Orthopedic Nurses: New Insights From a Combined Electromyographic and Force Signals Approach. <i>Frontiers in Physiology</i> , 2020, 11, 693.	1.3	7
31	Aerobic exercise training improves physical performance of patients with binge-eating disorder. <i>Sport Sciences for Health</i> , 2018, 14, 47-51.	0.4	6
32	Nutrition, activity behavior and body constitution in primary school children. <i>Biology of Sport</i> , 2009, 26, 349-367.	1.7	6
33	Differences in Daytime Activity Levels and Daytime Sleep Between Night and Day Duty: An Observational Study in Italian Orthopedic Nurses. <i>Frontiers in Physiology</i> , 2021, 12, 628231.	1.3	4
34	Sex Differences in Rest-Activity Circadian Rhythm in Patients With Metabolic Syndrome. <i>Frontiers in Physiology</i> , 2021, 12, 641461.	1.3	4
35	Circadian Rhythms of Rat Pancreatic Acinar Cells. <i>Biological Rhythm Research</i> , 1997, 28, 121-133.	0.4	2
36	In vitro bonding of pre-seeded chondrocytes. <i>Sport Sciences for Health</i> , 2007, 2, 29-33.	0.4	2

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37	Morning or evening exercise: effects on the heart rate circadian rhythm above the Arctic Circle. <i>Sport Sciences for Health</i> , 2010, 6, 9-16.	0.4	2
38	Effect of chronotype on academic achievement in a sample of Italian University students: An update on sex effect. <i>Chronobiology International</i> , 2022, 39, 613-615.	0.9	2
39	Temporal Structure of Body Core Temperature in Twin Newborns. <i>Biological Rhythm Research</i> , 1997, 28, 29-35.	0.4	1
40	Running fatiguing protocol affects peak torque joint angle and peak torque differently in hamstrings vs. quadriceps. <i>Sport Sciences for Health</i> , 2018, 14, 193-199.	0.4	1