List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/9185312/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Have Paved Trails and Protected Bike Lanes Led to More Bicycling in Atlanta?: A Generalized Synthetic-Control Analysis. Epidemiology, 2022, 33, 493-504.	2.7	4
2	Abdominal aortic calcification is associated with decline in handgrip strength in the U.S. adult population ≥40Âyears of age. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 1035-1043.	2.6	13
3	Adolescent physical activity, sedentary behavior and sleep in relation to body composition at age 18 years in urban South Africa, Birth-to-Twenty+ Cohort. BMC Pediatrics, 2021, 21, 30.	1.7	10
4	Exercise and Diet Counseling Trends From 2002 to 2015: A Serial Cross-Sectional Study of U.S. Adults With Cardiovascular Disease Risk. American Journal of Preventive Medicine, 2021, 60, e59-e67.	3.0	3
5	Cardiorespiratory fitness and allâ€cause mortality in adults diagnosed with cancer systematic review and metaâ€analysis. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 1745-1752.	2.9	14
6	Clinical, behavioural and social factors associated with racial disparities in COVID-19 patients from an integrated healthcare system in Georgia: a retrospective cohort study. BMJ Open, 2021, 11, e044052.	1.9	7
7	Group-Based Exercise in CKD Stage 3b to 4: A Randomized Clinical Trial. Kidney Medicine, 2021, 3, 951-961.e1.	2.0	4
8	Physical Activity as a Critical Component of First-Line Treatment for Elevated Blood Pressure or Cholesterol: Who, What, and How?: A Scientific Statement From the American Heart Association. Hypertension, 2021, 78, e26-e37.	2.7	60
9	Special Considerations for Healthy Lifestyle Promotion Across the Life Span in Clinical Settings: A Science Advisory From the American Heart Association. Circulation, 2021, 144, CIR0000000000001014.	1.6	10
10	Strategies for Promotion of a Healthy Lifestyle in Clinical Settings: Pillars of Ideal Cardiovascular Health: A Science Advisory From the American Heart Association. Circulation, 2021, 144, CIR000000000001018.	1.6	19
11	Understanding adherence of hypertensive patients in Mexico to an exercise-referral scheme for increasing physical activity. Health Promotion International, 2021, 36, 952-963.	1.8	3
12	Exercise dose on hepatic fat and cardiovascular health in adolescents with excess of adiposity. Pediatric Obesity, 2021, , e12869.	2.8	6
13	At-risk-measure Sampling in Case–Control Studies with Aggregated Data. Epidemiology, 2021, 32, 101-110.	2.7	2
14	Metabolic Changes After a 24-Week Soccer-Based Adaptation of the Diabetes Prevention Program in Hispanic Males: A One-Arm Pilot Clinical Trial. Frontiers in Sports and Active Living, 2021, 3, 757815.	1.8	1
15	Perceptions of physical activity and technology enabled exercise interventions among people with advanced chronic kidney disease: a qualitative study. BMC Nephrology, 2021, 22, 373.	1.8	5
16	Levels of Adherence of an Exercise Referral Scheme in Primary Health Care: Effects on Clinical and Anthropometric Variables and Depressive Symptoms of Hypertensive Patients. Frontiers in Physiology, 2021, 12, 712135.	2.8	2
17	Built Environment Approaches to Increase Physical Activity: A Science Advisory From the American Heart Association. Circulation, 2020, 142, e160-e166.	1.6	29
18	Cardiometabolic adaptations and benefits of recreational group sports. Progress in Cardiovascular Diseases, 2020, 63, 707-708.	3.1	2

#	Article	IF	CITATIONS
19	Association between high blood pressure and fitness and fatness in adolescents. Revista Facultad De Medicina, 2020, 68, .	0.2	1
20	Physical fitness and activity changes after a 24-week soccer-based adaptation of the U.S diabetes prevention program intervention in Hispanic men. Progress in Cardiovascular Diseases, 2020, 63, 775-785.	3.1	12
21	Exercise-Related Acute Cardiovascular Events and Potential Deleterious Adaptations Following Long-Term Exercise Training: Placing the Risks Into Perspective–An Update: A Scientific Statement From the American Heart Association. Circulation, 2020, 141, e705-e736.	1.6	172
22	Validation of Maximal, Submaximal, and Nonexercise Indirect V˙O ₂ max Estimations at 2600 m Altitude. High Altitude Medicine and Biology, 2020, 21, 135-143.	0.9	3
23	Physical Activity Assessment and Counseling in Pediatric Clinical Settings. Pediatrics, 2020, 145, .	2.1	76
24	Sedentary Behavior, Physical Inactivity, and Metabolic Syndrome: Pilot Findings From the Rapid Assessment Disuse Index Study. Journal of Physical Activity and Health, 2020, 17, 1042-1046.	2.0	6
25	Correlates of physical activity counseling provided by physicians: A cross-sectional study in Eastern Province, Saudi Arabia. PLoS ONE, 2019, 14, e0220396.	2.5	16
26	Longitudinal patterns of physical activity, sedentary behavior and sleep in urban South African adolescents, Birth-To-Twenty Plus cohort. BMC Pediatrics, 2019, 19, 241.	1.7	20
27	Editor's Desk: Promoting Physical Activity in the Workplace. American Journal of Health Promotion, 2019, 33, 312-326.	1.7	1
28	Assessing Physical Activity, Sedentary Behavior, and Cardiorespiratory Fitness in Worksite Health Promotion. American Journal of Health Promotion, 2019, 33, 318-326.	1.7	10
29	Physical activity, sitting, and risk factors of cardiovascular disease: a cross-sectional analysis of the CARRS study. Journal of Behavioral Medicine, 2019, 42, 502-510.	2.1	6
30	Abstract MP36: Trends and Correlates of Physical Activity and Dietary Counseling for Adults With Cardiovascular Risk Factors: Medical Expenditure Panel Survey 2002-20015. Circulation, 2019, 139, .	1.6	0
31	Football as Medicine against cardiovascular disease. , 2019, , 8-24.		Ο
32	Lifestyle and the Prevention of Type 2 Diabetes: A Status Report. American Journal of Lifestyle Medicine, 2018, 12, 4-20.	1.9	119
33	Routine Assessment and Promotion of Physical Activity in Healthcare Settings: A Scientific Statement From the American Heart Association. Circulation, 2018, 137, e495-e522.	1.6	237
34	Handgrip and knee extension strength as predictors of cancer mortality: A systematic review and metaâ€analysis. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 1852-1858.	2.9	37
35	A comprehensive capacity assessment tool for non-communicable diseases in low- to middle-income countries: development and results of pilot testing. Global Health Promotion, 2018, 25, 43-53.	1.3	7
36	Physical activity promotion in Saudi Arabia: A critical role for clinicians and the health care system. Journal of Epidemiology and Global Health, 2018, 7, S7.	2.9	31

#	Article	IF	CITATIONS
37	Ideal Cardiovascular Health and Incident Cardiovascular Disease Among Adults: A Systematic Review and Meta-analysis. Mayo Clinic Proceedings, 2018, 93, 1589-1599.	3.0	51
38	Physical activity promotion for patients transitioning to dialysis using the "Exercise is Medicine― framework: a multi-center randomized pragmatic trial (EIM-CKD trial) protocol. BMC Nephrology, 2018, 19, 230.	1.8	13
39	The Limits and Potential Future Applications of Personalized Medicine to Prevent Complex Chronic Disease. Public Health Reports, 2018, 133, 519-522.	2.5	6
40	Effects of an exercise program on hepatic metabolism, hepatic fat, and cardiovascular health in overweight/obese adolescents from BogotÃ _i , Colombia (the HEPAFIT study): study protocol for a randomized controlled trial. Trials, 2018, 19, 330.	1.6	14
41	A Pragmatic Application of the RE-AIM Framework for Evaluating the Implementation of Physical Activity as a Standard of Care in Health Systems. Preventing Chronic Disease, 2018, 15, E54.	3.4	23
42	Low Levels of Physical Activity Among Older Persons Living with HIV/AIDS Are Associated with Poor Physical Function. AIDS Research and Human Retroviruses, 2018, 34, 929-935.	1.1	17
43	Cardiometabolic Risk Reduction Through Recreational Group Sport Interventions in Adults: A Systematic Review and Meta-analysis. Mayo Clinic Proceedings, 2018, 93, 1375-1396.	3.0	14
44	The "Football is Medicine―platform—scientific evidence, largeâ€scale implementation of evidenceâ€based concepts and future perspectives. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 3-7.	2.9	31
45	Normative Reference Values for Handgrip Strength in Colombian Schoolchildren: The FUPRECOL Study. Journal of Strength and Conditioning Research, 2017, 31, 217-226.	2.1	23
46	Promoting the athlete in every child: physical activity assessment and promotion in healthcare. British Journal of Sports Medicine, 2017, 51, 143-145.	6.7	3
47	The Relationship between Socioeconomic Status, Family Income, and Measures of Muscular and Cardiorespiratory Fitness in Colombian Schoolchildren. Journal of Pediatrics, 2017, 185, 81-87.e2.	1.8	27
48	Handgrip strength cutoff for cardiometabolic risk index among Colombian children and adolescents: The FUPRECOL Study. Scientific Reports, 2017, 7, 42622.	3.3	54
49	Exercise for Disease Prevention and Management: A Precision Medicine Approach. Journal of the American Medical Directors Association, 2017, 18, 633-634.	2.5	21
50	Validation of a Noninvasive, Disposable Activity Monitor for Clinical Applications. Journal of Physical Activity and Health, 2017, 14, 546-551.	2.0	7
51	Vertical Jump and Leg Power Normative Data for Colombian Schoolchildren Aged 9–17.9 Years: The FUPRECOL Study. Journal of Strength and Conditioning Research, 2017, 31, 990-998.	2.1	14
52	Brief Counseling and Exercise Referral Scheme: A Pragmatic Trial in Mexico. American Journal of Preventive Medicine, 2017, 52, 249-259.	3.0	15
53	Effect of lifestyle interventions on glucose regulation among adults without impaired glucose tolerance or diabetes: A systematic review and meta-analysis. Diabetes Research and Clinical Practice, 2017, 123, 149-164.	2.8	50
54	Normative Reference of Standing Long Jump for Colombian Schoolchildren Aged 9–17.9 Years: The FUPRECOL Study. Journal of Strength and Conditioning Research, 2017, 31, 2083-2090.	2.1	19

#	Article	IF	CITATIONS
55	Normative reference values for the 20 m shuttleâ€run test in a populationâ€based sample of schoolâ€aged youth in Bogota, Colombia: the FUPRECOL study. American Journal of Human Biology, 2017, 29, e22902.	1.6	18
56	Using LMS tables to determine waist circumference and waist-to-height ratios in Colombian children and adolescents: the FUPRECOL study. BMC Pediatrics, 2017, 17, 162.	1.7	14
57	Exercise during pregnancy on maternal lipids: a secondary analysis of randomized controlled trial. BMC Pregnancy and Childbirth, 2017, 17, 396.	2.4	17
58	Effect of lifestyle interventions on cardiovascular risk factors among adults without impaired glucose tolerance or diabetes: A systematic review and meta-analysis. PLoS ONE, 2017, 12, e0176436.	2.5	76
59	Muscle Strength Thresholds For The Detection Of Cardiometabolic Risk Among Colombian Children And Adolescents. Medicine and Science in Sports and Exercise, 2017, 49, 1078-1079.	0.4	Ο
60	Ferritin Levels in Colombian Children: Findings from the 2010 National Nutrition Survey (ENSIN). International Journal of Environmental Research and Public Health, 2016, 13, 405.	2.6	3
61	LMS tables for waist circumference and waist–height ratio in Colombian adults: analysis of nationwide data 2010. European Journal of Clinical Nutrition, 2016, 70, 1189-1196.	2.9	13
62	Associations between noncommunicable disease risk factors, race, education, and health insurance status among women of reproductive age in Brazil — 2011. Preventive Medicine Reports, 2016, 3, 333-337.	1.8	22
63	Vitamin B12 concentrations in pregnant Colombian women: analysis of nationwide data 2010. BMC Pregnancy and Childbirth, 2016, 16, 26.	2.4	11
64	High muscular fitness has a powerful protective cardiometabolic effect in adults: influence of weight status. BMC Public Health, 2016, 16, 1012.	2.9	31
65	Health promoting practices and personal lifestyle behaviors of Brazilian health professionals. BMC Public Health, 2016, 16, 1114.	2.9	49
66	One-day workshop-based training improves physical activity prescription knowledge in Latin American physicians: a pre-test post-test study. BMC Public Health, 2016, 16, 1224.	2.9	13
67	The Effect of Exercise Training on Mediators of Inflammation in Breast Cancer Survivors: A Systematic Review with Meta-analysis. Cancer Epidemiology Biomarkers and Prevention, 2016, 25, 1009-1017.	2.5	113
68	The Evidence in Support of Physicians and Health Care Providers as Physical Activity Role Models. American Journal of Lifestyle Medicine, 2016, 10, 36-52.	1.9	147
69	The Wild Wild West: A Framework to Integrate mHealth Software Applications and Wearables to Support Physical Activity Assessment, Counseling and Interventions for Cardiovascular Disease Risk Reduction. Progress in Cardiovascular Diseases, 2016, 58, 584-594.	3.1	90
70	Normative data for calcaneal broadband ultrasound attenuation among children and adolescents from Colombia: the FUPRECOL Study. Archives of Osteoporosis, 2016, 11, 2.	2.4	11
71	Vitamin B12 concentration and its association with sociodemographic factors in Colombian children: Findings from the 2010 National Nutrition Survey. Nutrition, 2016, 32, 255-259.	2.4	11
72	Results of a nine month home-based physical activity intervention for people living with HIV. International Journal of Clinical Trials, 2016, 3, 106.	0.2	16

#	Article	IF	CITATIONS
73	A Minimal Intervention to Promote Healthy Lifestyles among Medical Students in Bogota. Medicine and Science in Sports and Exercise, 2016, 48, 595.	0.4	0
74	Institutionalized physical activity curriculum benefits of medical students in Colombia. Education for Health: Change in Learning and Practice, 2016, 29, 203-209.	0.3	1
75	Nationally Representative Associations between Health-Related Physical Fitness and Standardized Academic Test Scores in Chilean Adolescents. Medicine and Science in Sports and Exercise, 2015, 47, 140.	0.4	0
76	Physicians', nurses' and community health workers' knowledge about physical activity in Brazil: A cross-sectional study. Preventive Medicine Reports, 2015, 2, 467-472.	1.8	26
77	Reliability of Health-Related Physical Fitness Tests among Colombian Children and Adolescents: The FUPRECOL Study. PLoS ONE, 2015, 10, e0140875.	2.5	85
78	Iniciativas escolares y deportivas lideradas desde la Fédération Internationale de Football Association (FIFA): revisión sistemática. Global Health Promotion, 2015, 22, 67-76.	1.3	0
79	Association of knowledge, preventive counseling and personal health behaviors on physical activity and consumption of fruits or vegetables in community health workers. BMC Public Health, 2015, 15, 344.	2.9	28
80	One-day Workshop Training Improves Physical Activity Prescription Knowledge in Latin American Physicians. Medicine and Science in Sports and Exercise, 2015, 47, 70-71.	0.4	0
81	Prevalence of health promotion programs in primary health care units in Brazil. Revista De Saude Publica, 2014, 48, 837-844.	1.7	29
82	Geographical Variation in Health-Related Physical Fitness and Body Composition among Chilean 8th Graders: A Nationally Representative Cross-Sectional Study. PLoS ONE, 2014, 9, e108053.	2.5	34
83	Characteristics of physical activity programs in the Brazilian primary health care system. Cadernos De Saude Publica, 2014, 30, 2155-2168.	1.0	31
84	Screen time, cardiorespiratory fitness and adiposity among school-age children from Monteria, Colombia. Journal of Science and Medicine in Sport, 2014, 17, 491-495.	1.3	37
85	Schoolâ€Wide Programs Aimed at Obesity Among Latino Youth in the United States: A Review of the Evidence. Journal of School Health, 2014, 84, 239-246.	1.6	21
86	Exercise-referral scheme to promote physical activity among hypertensive patients: design of a cluster randomized trial in the Primary Health Care Units of Mexico's Social Security System. BMC Public Health, 2014, 14, 706.	2.9	16
87	The cost of physical inactivity: moving into the 21st century: TableÂ1. British Journal of Sports Medicine, 2014, 48, 171-173.	6.7	135
88	The Exercise is Medicine Global Health Initiative: a 2014 update. British Journal of Sports Medicine, 2014, 48, 1627-1633.	6.7	228
89	Nationally Representative Estimates of Health-Related Physical Fitness in Chilean 8th Graders. Medicine and Science in Sports and Exercise, 2014, 46, 303-304.	0.4	0
90	Obesity Control in Latin American and U.S. Latinos. American Journal of Preventive Medicine, 2013, 44, 529-537.	3.0	43

#	Article	IF	CITATIONS
91	Schoolâ€Based Programs Aimed at the Prevention and Treatment of Obesity: Evidenceâ€Based Interventions for Youth inÂLatin America. Journal of School Health, 2013, 83, 668-677.	1.6	40
92	Physical activity counseling in primary health care in Brazil: a national study on prevalence and associated factors. BMC Public Health, 2013, 13, 794.	2.9	45
93	Cardiorespiratory fitness is negatively associated with metabolic risk factors independently of the adherence to a healthyÂdietary pattern. Nutrition, Metabolism and Cardiovascular Diseases, 2013, 23, 670-676.	2.6	21
94	Weighing in on Residents' Body Mass Index: A Teachable Moment for Physicians and Patients Alike?. Journal of Graduate Medical Education, 2013, 5, 521-523.	1.3	2
95	Correlates of physical activity: why are some people physically active and others not?. Lancet, The, 2012, 380, 258-271.	13.7	2,874
96	Effect of physical inactivity on major non-communicable diseases worldwide: an analysis of burden of disease and life expectancy. Lancet, The, 2012, 380, 219-229.	13.7	6,107
97	Cardiorespiratory Fitness and Proximity to Commercial Physical Activity Facilities Among 12th Grade Girls. Journal of Adolescent Health, 2012, 50, 497-502.	2.5	5
98	Time spent traveling in motor vehicles and its association with overweight and abdominal obesity in Colombian adults who do not own a car. Preventive Medicine, 2012, 54, 402-404.	3.4	20
99	Freshman Medical Students' Health and Fitness Levels Influence Their Attitudes Regarding Future Physical Activity Counseling. Medicine and Science in Sports and Exercise, 2011, 43, 546.	0.4	0
100	Prevalence of Risk Factors for Recreational Race-Associated Cardiovascular Events Among Runners in Bogota City. Medicine and Science in Sports and Exercise, 2011, 43, 345-346.	0.4	1
101	Walking or Bicycling to School and Weight Status among Adolescents From MonterÃa, Colombia. Journal of Physical Activity and Health, 2011, 8, S171-S177.	2.0	35
102	Associations of Cardiorespiratory Fitness in Children and Adolescents With Physical Activity, Active Commuting to School, and Screen Time. Journal of Physical Activity and Health, 2011, 8, S198-S205.	2.0	51
103	Lessons Learned After 10 Years of IPAQ Use in Brazil and Colombia. Journal of Physical Activity and Health, 2010, 7, S259-S264.	2.0	251
104	Association between Physical Activity and Health Behaviors in Colombian Medical Students. Medicine and Science in Sports and Exercise, 2010, 42, 263.	0.4	0
105	Association between Physical Activity Levels, Perceived Barriers and Environmental Factors in Colombian Medical Students. Medicine and Science in Sports and Exercise, 2010, 42, 355.	0.4	1
106	Perceived and objective neighborhood environment attributes and health related quality of life among the elderly in BogotA _i , Colombia. Social Science and Medicine, 2010, 70, 1070-1076.	3.8	184
107	Physical Activity and Electronic Media Use in the SEARCH for Diabetes in Youth Case-Control Study. Pediatrics, 2010, 125, e1364-e1371.	2.1	42
108	Cardiorespiratory Fitness and Clustered Cardiovascular Disease Risk in U.S. Adolescents. Journal of Adolescent Health, 2010, 47, 352-359.	2.5	57

#	Article	IF	CITATIONS
109	Built Environment Attributes and Walking Patterns Among the Elderly Population in BogotÃ;. American Journal of Preventive Medicine, 2010, 38, 592-599.	3.0	169
110	The association between Colombian medical students' healthy personal habits and a positive attitude toward preventive counseling: cross-sectional analyses. BMC Public Health, 2009, 9, 218.	2.9	64
111	Muscular Strength and Adiposity as Predictors of Adulthood Cancer Mortality in Men. Cancer Epidemiology Biomarkers and Prevention, 2009, 18, 1468-1476.	2.5	112
112	Household motor vehicle use and weight status among Colombian adults: Are we driving our way towards obesity?. Preventive Medicine, 2009, 49, 179-183.	3.4	23
113	Validity of Cardiorespiratory Fitness Criterion-Referenced Standards for Adolescents. Medicine and Science in Sports and Exercise, 2009, 41, 1222-1229.	0.4	91
114	Electronic Media Exposure and Its Association With Activity-Related Outcomes in Female Adolescents: Cross-Sectional and Longitudinal Analyses. Journal of Physical Activity and Health, 2009, 6, 137-143.	2.0	21
115	Prevalence of Self-Reported Aerobic Physical Activity among U.S. States and Territories—Behavioral Risk Factor Surveillance System, 2007. Journal of Physical Activity and Health, 2009, 6, S9-S17.	2.0	14
116	Uric acid and the development of metabolic syndrome in women and men. Metabolism: Clinical and Experimental, 2008, 57, 845-852.	3.4	279
117	Physical Activity and Neighborhood Resources in High School Girls. American Journal of Preventive Medicine, 2008, 34, 413-419.	3.0	60
118	Association between muscular strength and mortality in men: prospective cohort study. BMJ: British Medical Journal, 2008, 337, a439-a439.	2.3	611
119	Physical activity habits of doctors and medical students influence their counselling practices. British Journal of Sports Medicine, 2008, 43, 89-92.	6.7	298
120	Themed Review: Clinical Interventions to Promote Physical Activity in Youth. American Journal of Lifestyle Medicine, 2008, 2, 7-25.	1.9	17
121	The Evolving Definition of "Sedentary". Exercise and Sport Sciences Reviews, 2008, 36, 173-178.	3.0	911
122	Physical Activity Levels and Counseling Practices of U.S. Medical Students. Medicine and Science in Sports and Exercise, 2008, 40, 413-421.	0.4	111
123	Cardiorespiratory Fitness and Cardiovascular Disease Mortality in Men Within Clinically Established Obesity Categories. Medicine and Science in Sports and Exercise, 2008, 40, S35.	0.4	Ο
124	Medical Student's Knowledge on Physical Activity Counseling is Associated with their Physical Activity Levels. Medicine and Science in Sports and Exercise, 2008, 40, S251.	0.4	3
125	Muscular Fitness, Fatness, And Cancer Mortality In Men. Medicine and Science in Sports and Exercise, 2008, 40, S35-S36.	0.4	0
126	Association Between Muscular Strength And Mortality (allcause And Cardiovascular Disease) In Men. Medicine and Science in Sports and Exercise, 2008, 40, S35.	0.4	0

#	Article	IF	CITATIONS
127	Television viewing and its association with overweight in Colombian children: results from the 2005 National Nutrition Survey: A cross sectional study. International Journal of Behavioral Nutrition and Physical Activity, 2007, 4, 41.	4.6	39
128	Cardiorespiratory Fitness as Criterion Validity for Health-Based Metabolic Syndrome Definition in Adolescents. Journal of the American College of Cardiology, 2007, 50, 471.	2.8	10
129	Associations Between Cardiorespiratory Fitness and Physiologic Risk Factors Among U.S. Adolescents. Medicine and Science in Sports and Exercise, 2006, 38, S6.	0.4	0
130	Fetal Programming and Risk of Metabolic Syndrome: Prevention Efforts for High-Risk Populations. Pediatrics, 2005, 116, 519-519.	2.1	10
131	Cardiorespiratory Fitness Estimation by Heart Rate Markers in Young, Sedentary Adults. Medicine and Science in Sports and Exercise, 2004, 36, S114.	0.4	0
132	Comparison of Skinfold Thickness and Bioimpedance to Assess Body Composition in Young, Sedentary, Hispanic Women. Medicine and Science in Sports and Exercise, 2004, 36, S71.	0.4	0
133	Rating of Perceived Exertion in Young, Sedentary Adults Before and After an Aerobic Training Program. Medicine and Science in Sports and Exercise, 2004, 36, S124-S125.	0.4	0
134	Endurance Trainability of Children and Youth. , 0, , 84-95.		8