

Alberto Amutio

List of Publications by Year in descending order

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Version: 2024-02-01

42
papers

1,062
citations

471509

17
h-index

454955

30
g-index

44
all docs

44
docs citations

44
times ranked

1200
citing authors

#	ARTICLE	IF	CITATIONS
1	Dispositional and situational moral emotions, bullying and prosocial behavior in adolescence. <i>Current Psychology</i> , 2023, 42, 11115-11132.	2.8	5
2	Satisfied as professionals, but also exhausted and worried!!: The role of job demands, resources and emotional experiences of Spanish nursing home workers during the COVID-19 pandemic. <i>Health and Social Care in the Community</i> , 2022, 30, e148-e160.	1.6	25
3	Social climate in university classrooms: A mindfulness-based educational intervention. <i>PsyCh Journal</i> , 2022, 11, 114-122.	1.1	4
4	Stressors, Job Resources, Fear of Contagion, and Secondary Traumatic Stress Among Nursing Home Workers in Face of the COVID-19: The Case of Spain. <i>Journal of Applied Gerontology</i> , 2021, 40, 244-256.	2.0	113
5	Correlates of Bullying Victimization and Sexual Harassment: Implications for Life Satisfaction in Late Adolescents. <i>Journal of School Nursing</i> , 2021, 37, 202-208.	1.4	20
6	Overwhelmed by Emotional Job Demands in High Vigor Days! Its Detrimental Effects on Daily Recovery from Work among Health-Care Workers. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2021, 155, 210-237.	1.6	5
7	PSYCHOLOGICAL HARASSMENT AT WORK (MOBBING) AND ITS IMPACT ON THE CLIMATE AND WORK PERFORMANCE IN TEACHERS OF THE PUBLIC SYSTEM TEACHING OF THE SOUTHERN AREA OF PUERTO RICO. <i>MLS Psychology Research</i> , 2021, 4, 79-98.	0.0	2
8	The Mediating Role of Shared Flow and Perceived Emotional Synchrony on Compassion for Others in a Mindful-Dancing Program. <i>Mindfulness</i> , 2020, 11, 125-139.	2.8	22
9	Self-Transcendent Aspirations and Life Satisfaction: The Moderated Mediation Role of Gratitude Considering Conditional Effects of Affective and Cognitive Empathy. <i>Frontiers in Psychology</i> , 2020, 11, 2105.	2.1	13
10	Basque Ethnic Identity and Collective Empowerment: Two Key Factors in Well-Being and Community Participation. <i>Frontiers in Psychology</i> , 2020, 11, 606316.	2.1	16
11	Promoting a Healthy Lifestyle through Mindfulness in University Students: A Randomized Controlled Trial. <i>Nutrients</i> , 2020, 12, 2450.	4.1	17
12	Belonging and Social Integration as Factors of Well-Being in Latin America and Latin Europe Organizations. <i>Frontiers in Psychology</i> , 2020, 11, 604412.	2.1	6
13	Improving psychosocial functioning in mastectomized women through a mindfulness-based program: Flow meditation.. <i>International Journal of Stress Management</i> , 2020, 27, 74-81.	1.2	5
14	Mejora de la motivación en estudiantes inmigrantes latinoamericanos mediante un programa de mindfulness: un estudio aleatorizado. <i>Terapia Psicológica</i> , 2020, 38, 5-16.	0.3	5
15	Adolescent Bullying Victimization and Life Satisfaction: Can Family and School Adult Support Figures Mitigate this Effect?. <i>Revista De Psicodidáctica (English Ed)</i> , 2019, 24, 39-45.	1.1	24
16	Risk and protective factors at school: Reducing bullies and promoting positive bystanders' behaviors in adolescence. <i>Scandinavian Journal of Psychology</i> , 2019, 60, 106-115.	1.5	8
17	Incivility at work, upset at home? Testing the cross-level moderation effect of emotional dysregulation among female nurses from primary health care. <i>Scandinavian Journal of Psychology</i> , 2019, 60, 267-276.	1.5	10
18	Validation of a Scale for Assessing Social Validity in Mindfulness-Based Educational Programs. <i>Mindfulness</i> , 2019, 10, 1870-1882.	2.8	8

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19	Bullying en la adolescencia y satisfacci3n con la vida: Â¿puede el apoyo de los adultos de la familia y de la escuela mitigar este efecto?. Revista De Psicodidactica, 2019, 24, 39-45.	1.3	34
20	The Impact of Cultural Dissonance and Acculturation Orientations on Immigrant Studentsâ€™ academic performance. Universitas Psychologica, 2018, 16, 1-14.	0.6	6
21	Effects of Mindfulness Training on Sleep Problems in Patients With Fibromyalgia. Frontiers in Psychology, 2018, 9, 1365.	2.1	42
22	La competencia en Relajaci3n-Mindfulness en estudiantes de Educaci3n Secundaria y Bachillerato y su influencia en el clima de aula y el rendimiento acad3mico. European Journal of Education and Psychology, 2018, 11, 5.	1.5	14
23	Development and validation of the Relaxation-Mindfulness Scale for Adolescents (EREMIND-A). Psicothema, 2018, 30, 224-231.	0.9	6
24	Improving Communication between Physicians and Their Patients through Mindfulness and Compassion-Based Strategies: A Narrative Review. Journal of Clinical Medicine, 2017, 6, 33.	2.4	51
25	La predicci3n afectiva positiva como factor de protecci3n socio-emocional en madres transnacionales antes y despu3s de la reagrupaci3n familiar: relaci3n con la satisfacci3n con la vida, regulaci3n emocional, soledad social, resiliencia y estr3s. Terapia Psicologica, 2017, 35, 173-184.	0.3	3
26	Reducing anxiety, geriatric depression and worry in a sample of older adults through a mindfulness training program. Terapia Psicologica, 2017, 35, 71-79.	0.3	16
27	Violent relationships at the social-ecological level: A multi-mediation model to predict adolescent victimization by peers, bullying and depression in early and late adolescence. PLoS ONE, 2017, 12, e0174139.	2.5	38
28	Emotional Creativity as Predictor of Intrinsic Motivation and Academic Engagement in University Students: The Mediating Role of Positive Emotions. Frontiers in Psychology, 2016, 7, 1243.	2.1	57
29	Effect of a Mindfulness Training Program on the Impulsivity and Aggression Levels of Adolescents with Behavioral Problems in the Classroom. Frontiers in Psychology, 2016, 7, 1385.	2.1	91
30	Positive effects of communal coping in the aftermath of a collective trauma: The case of the 2010 Chilean earthquake. European Journal of Education and Psychology, 2016, 9, 9-19.	1.5	26
31	Shared flow in collective physical and sports activities and subjective well-being. European Journal of Investigation in Health, Psychology and Education, 2016, 6, 151-166.	1.9	2
32	Shared flow in collective physical and sports activities and subjective well-being. European Journal of Investigation in Health, Psychology and Education, 2016, 6, 151-166.	1.9	0
33	The State of the Art of Group Psychotherapy in Spain. International Journal of Group Psychotherapy, 2015, 65, 490-500.	0.6	0
34	Acceptability and Effectiveness of a Long-Term Educational Intervention to Reduce Physicians' Stress-Related Conditions. Journal of Continuing Education in the Health Professions, 2015, 35, 255-260.	1.3	50
35	Aprendizaje y pr3ctica de la conciencia plena en estudiantes de bachillerato para potenciar la relajaci3n y la autoeficacia en el rendimiento escolar. Universitas Psychologica, 2015, 14, 433.	0.6	17
36	Enhancing relaxation states and positive emotions in physicians through a mindfulness training program: A one-year study. Psychology, Health and Medicine, 2015, 20, 720-731.	2.4	92

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37	Collective Efficacy in Sports and Physical Activities: Perceived Emotional Synchrony and Shared Flow. <i>Frontiers in Psychology</i> , 2015, 6, 1960.	2.1	34
38	Habits Related to Relaxation and Mindfulness in High School Students: Influence on Classroom Climate and Academic Performance // Hábitos relacionados con la relajación y la atención plena (mindfulness) de estudiantes de secundaria: influencia en el clima de aula y el rendimiento académico. <i>Revista De Psicodidactica</i> , 2015, 21, 121-138.	1.3	22
39	Mindfulness training for reducing anger, anxiety, and depression in fibromyalgia patients. <i>Frontiers in Psychology</i> , 2014, 5, 1572.	2.1	49
40	Evaluación del síndrome de quemarse por el trabajo y bienestar psicológico en los profesionales sanitarios del País vasco: Dureza emocional, estrategias de afrontamiento y consecuencias.. <i>Revista De Psicología Del Trabajo Y De Las Organizaciones</i> , 2008, 24, 235-252.	1.6	16
41	The factor structure of situational and dispositional versions of the Smith Irrational Beliefs Inventory in a Spanish student population.. <i>International Journal of Stress Management</i> , 2007, 14, 321-328.	1.2	6
42	Relaxation: Mapping an uncharted world. <i>Biofeedback and Self-regulation</i> , 1996, 21, 63-90.	0.2	42