

# Alberto Amutio

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9091349/publications.pdf>

Version: 2024-02-01

42  
papers

1,062  
citations

471509

17  
h-index

454955

30  
g-index

44  
all docs

44  
docs citations

44  
times ranked

1200  
citing authors

#	ARTICLE	IF	CITATIONS
1	Stressors, Job Resources, Fear of Contagion, and Secondary Traumatic Stress Among Nursing Home Workers in Face of the COVID-19: The Case of Spain. <i>Journal of Applied Gerontology</i> , 2021, 40, 244-256.	2.0	113
2	Enhancing relaxation states and positive emotions in physicians through a mindfulness training program: A one-year study. <i>Psychology, Health and Medicine</i> , 2015, 20, 720-731.	2.4	92
3	Effect of a Mindfulness Training Program on the Impulsivity and Aggression Levels of Adolescents with Behavioral Problems in the Classroom. <i>Frontiers in Psychology</i> , 2016, 7, 1385.	2.1	91
4	Emotional Creativity as Predictor of Intrinsic Motivation and Academic Engagement in University Students: The Mediating Role of Positive Emotions. <i>Frontiers in Psychology</i> , 2016, 7, 1243.	2.1	57
5	Improving Communication between Physicians and Their Patients through Mindfulness and Compassion-Based Strategies: A Narrative Review. <i>Journal of Clinical Medicine</i> , 2017, 6, 33.	2.4	51
6	Acceptability and Effectiveness of a Long-Term Educational Intervention to Reduce Physicians' Stress-Related Conditions. <i>Journal of Continuing Education in the Health Professions</i> , 2015, 35, 255-260.	1.3	50
7	Mindfulness training for reducing anger, anxiety, and depression in fibromyalgia patients. <i>Frontiers in Psychology</i> , 2014, 5, 1572.	2.1	49
8	Relaxation: Mapping an uncharted world. <i>Biofeedback and Self-regulation</i> , 1996, 21, 63-90.	0.2	42
9	Effects of Mindfulness Training on Sleep Problems in Patients With Fibromyalgia. <i>Frontiers in Psychology</i> , 2018, 9, 1365.	2.1	42
10	Violent relationships at the social-ecological level: A multi-mediation model to predict adolescent victimization by peers, bullying and depression in early and late adolescence. <i>PLoS ONE</i> , 2017, 12, e0174139.	2.5	38
11	Collective Efficacy in Sports and Physical Activities: Perceived Emotional Synchrony and Shared Flow. <i>Frontiers in Psychology</i> , 2015, 6, 1960.	2.1	34
12	Bullying en la adolescencia y satisfacción con la vida: ¿puede el apoyo de los adultos de la familia y de la escuela mitigar este efecto?. <i>Revista De Psicodidáctica</i> , 2019, 24, 39-45.	1.3	34
13	Positive effects of communal coping in the aftermath of a collective trauma: The case of the 2010 Chilean earthquake. <i>European Journal of Education and Psychology</i> , 2016, 9, 9-19.	1.5	26
14	Satisfied as professionals, but also exhausted and worried!!: The role of job demands, resources and emotional experiences of Spanish nursing home workers during the COVID-19 pandemic. <i>Health and Social Care in the Community</i> , 2022, 30, e148-e160.	1.6	25
15	Adolescent Bullying Victimization and Life Satisfaction: Can Family and School Adult Support Figures Mitigate this Effect?. <i>Revista De Psicodidáctica (English Ed)</i> , 2019, 24, 39-45.	1.1	24
16	The Mediating Role of Shared Flow and Perceived Emotional Synchrony on Compassion for Others in a Mindful-Dancing Program. <i>Mindfulness</i> , 2020, 11, 125-139.	2.8	22
17	Habits Related to Relaxation and Mindfulness in High School Students: Influence on Classroom Climate and Academic Performance // Hábitos relacionados con la relajación y la atención plena (mindfulness) de estudiantes de secundaria: influencia en el clima de aula y el rendimiento académico. <i>Revista De Psicodidáctica</i> , 2015, 21, 121-138.	1.3	22
18	Correlates of Bullying Victimization and Sexual Harassment: Implications for Life Satisfaction in Late Adolescents. <i>Journal of School Nursing</i> , 2021, 37, 202-208.	1.4	20

#	ARTICLE	IF	CITATIONS
19	Aprendizaje y pr�ctica de la conciencia plena en estudiantes de bachillerato para potenciar la relajaci�n y la autoeficacia en el rendimiento escolar. <i>Universitas Psychologica</i> , 2015, 14, 433.	0.6	17
20	Promoting a Healthy Lifestyle through Mindfulness in University Students: A Randomized Controlled Trial. <i>Nutrients</i> , 2020, 12, 2450.	4.1	17
21	Reducing anxiety, geriatric depression and worry in a sample of older adults through a mindfulness training program. <i>Terapia Psicologica</i> , 2017, 35, 71-79.	0.3	16
22	Basque Ethnic Identity and Collective Empowerment: Two Key Factors in Well-Being and Community Participation. <i>Frontiers in Psychology</i> , 2020, 11, 606316.	2.1	16
23	Evaluaci�n del s�ndrome de quemarse por el trabajo y bienestar psicol�gico en los profesionales sanitarios del Pa�s vasco: Dureza emocional, estrategias de afrontamiento y consecuencias.. <i>Revista De Psicologia Del Trabajo Y De Las Organizaciones</i> , 2008, 24, 235-252.	1.6	16
24	La competencia en Relajaci�n-Mindfulness en estudiantes de Educaci�n Secundaria y Bachillerato y su influencia en el clima de aula y el rendimiento acad�mico. <i>European Journal of Education and Psychology</i> , 2018, 11, 5.	1.5	14
25	Self-Transcendent Aspirations and Life Satisfaction: The Moderated Mediation Role of Gratitude Considering Conditional Effects of Affective and Cognitive Empathy. <i>Frontiers in Psychology</i> , 2020, 11, 2105.	2.1	13
26	Incivility at work, upset at home? Testing the cross-level moderation effect of emotional dysregulation among female nurses from primary health care. <i>Scandinavian Journal of Psychology</i> , 2019, 60, 267-276.	1.5	10
27	Risk and protective factors at school: Reducing bullies and promoting positive bystanders' behaviors in adolescence. <i>Scandinavian Journal of Psychology</i> , 2019, 60, 106-115.	1.5	8
28	Validation of a Scale for Assessing Social Validity in Mindfulness-Based Educational Programs. <i>Mindfulness</i> , 2019, 10, 1870-1882.	2.8	8
29	The factor structure of situational and dispositional versions of the Smith Irrational Beliefs Inventory in a Spanish student population.. <i>International Journal of Stress Management</i> , 2007, 14, 321-328.	1.2	6
30	The Impact of Cultural Dissonance and Acculturation Orientations on Immigrant Students' academic performance. <i>Universitas Psychologica</i> , 2018, 16, 1-14.	0.6	6
31	Belonging and Social Integration as Factors of Well-Being in Latin America and Latin Europe Organizations. <i>Frontiers in Psychology</i> , 2020, 11, 604412.	2.1	6
32	Development and validation of the Relaxation-Mindfulness Scale for Adolescents (EREMIND-A). <i>Psicothema</i> , 2018, 30, 224-231.	0.9	6
33	Overwhelmed by Emotional Job Demands in High Vigor Days! Its Detrimental Effects on Daily Recovery from Work among Health-Care Workers. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2021, 155, 210-237.	1.6	5
34	Improving psychosocial functioning in mastectomized women through a mindfulness-based program: Flow meditation.. <i>International Journal of Stress Management</i> , 2020, 27, 74-81.	1.2	5
35	Dispositional and situational moral emotions, bullying and prosocial behavior in adolescence. <i>Current Psychology</i> , 2023, 42, 11115-11132.	2.8	5
36	Mejora de la motivaci�n en estudiantes inmigrantes latinoamericanos mediante un programa de mindfulness: un estudio aleatorizado. <i>Terapia Psicologica</i> , 2020, 38, 5-16.	0.3	5

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37	Social climate in university classrooms: A mindfulness-based educational intervention. <i>PsyCh Journal</i> , 2022, 11, 114-122.	1.1	4
38	La predicción afectiva positiva como factor de protección socio-emocional en madres transnacionales antes y después de la reagrupación familiar: relación con la satisfacción con la vida, regulación emocional, soledad social, resiliencia y estrés. <i>Terapia Psicológica</i> , 2017, 35, 173-184.	0.3	3
39	PSYCHOLOGICAL HARASSMENT AT WORK (MOBBING) AND ITS IMPACT ON THE CLIMATE AND WORK PERFORMANCE IN TEACHERS OF THE PUBLIC SYSTEM TEACHING OF THE SOUTHERN AREA OF PUERTO RICO. <i>MLS Psychology Research</i> , 2021, 4, 79-98.	0.0	2
40	Shared flow in collective physical and sports activities and subjective well-being. <i>European Journal of Investigation in Health, Psychology and Education</i> , 2016, 6, 151-166.	1.9	2
41	The State of the Art of Group Psychotherapy in Spain. <i>International Journal of Group Psychotherapy</i> , 2015, 65, 490-500.	0.6	0
42	Shared flow in collective physical and sports activities and subjective well-being. <i>European Journal of Investigation in Health, Psychology and Education</i> , 2016, 6, 151-166.	1.9	0