

Karen SÃ,gaard

List of Publications by Year in descending order

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Version: 2024-02-01

254
papers

10,647
citations

31902

53
h-index

49773

87
g-index

262
all docs

262
docs citations

262
times ranked

8855
citing authors

#	ARTICLE	IF	CITATIONS
1	The effect of mental stress on heart rate variability and blood pressure during computer work. <i>European Journal of Applied Physiology</i> , 2004, 92, 84-89.	1.2	648
2	The health paradox of occupational and leisure-time physical activity. <i>British Journal of Sports Medicine</i> , 2012, 46, 291-295.	3.1	308
3	Consensus on Exercise Reporting Template (CERT): Modified Delphi Study. <i>Physical Therapy</i> , 2016, 96, 1514-1524.	1.1	279
4	Work related neck"shoulder pain: a review on magnitude, risk factors, biochemical characteristics, clinical picture and preventive interventions. <i>Best Practice and Research in Clinical Rheumatology</i> , 2007, 21, 447-463.	1.4	241
5	The effect of sustained low-intensity contractions on supraspinal fatigue in human elbow flexor muscles. <i>Journal of Physiology</i> , 2006, 573, 511-523.	1.3	239
6	Effect of two contrasting types of physical exercise on chronic neck muscle pain. <i>Arthritis and Rheumatism</i> , 2008, 59, 84-91.	6.7	199
7	Increase in muscle nociceptive substances and anaerobic metabolism in patients with trapezius myalgia: microdialysis in rest and during exercise. <i>Pain</i> , 2004, 112, 324-334.	2.0	196
8	One-year randomized controlled trial with different physical-activity programs to reduce musculoskeletal symptoms in the neck and shoulders among office workers. <i>Scandinavian Journal of Work, Environment and Health</i> , 2008, 34, 55-65.	1.7	182
9	Consensus for experimental design in electromyography (CEDE) project: Amplitude normalization matrix. <i>Journal of Electromyography and Kinesiology</i> , 2020, 53, 102438.	0.7	170
10	Computer users"™ risk factors for developing shoulder, elbow and back symptoms. <i>Scandinavian Journal of Work, Environment and Health</i> , 2004, 30, 390-398.	1.7	162
11	Predicting long-term sickness absence and early retirement pension from self-reported work ability. <i>International Archives of Occupational and Environmental Health</i> , 2009, 82, 1133-1138.	1.1	151
12	Mechanomyography and electromyography force relationships during concentric, isometric and eccentric contractions. <i>Journal of Electromyography and Kinesiology</i> , 2001, 11, 113-121.	0.7	148
13	Musculoskeletal symptoms and duration of computer and mouse use. <i>International Journal of Industrial Ergonomics</i> , 2002, 30, 265-275.	1.5	147
14	Digital Support Interventions for the Self-Management of Low Back Pain: A Systematic Review. <i>Journal of Medical Internet Research</i> , 2017, 19, e179.	2.1	145
15	Physical demands at work, physical fitness, and 30-year ischaemic heart disease and all-cause mortality in the Copenhagen Male Study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2010, 36, 357-365.	1.7	132
16	Selective activation of neuromuscular compartments within the human trapezius muscle. <i>Journal of Electromyography and Kinesiology</i> , 2009, 19, 896-902.	0.7	112
17	Occupational and leisure time physical activity: risk of all-cause mortality and myocardial infarction in the Copenhagen City Heart Study. A prospective cohort study. <i>BMJ Open</i> , 2012, 2, e000556.	0.8	104
18	Worksite interventions for preventing physical deterioration among employees in job-groups with high physical work demands: Background, design and conceptual model of FINALE. <i>BMC Public Health</i> , 2010, 10, 120.	1.2	103

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19	Muscle activity and cardiovascular response during computer-mouse work with and without memory demands. <i>Ergonomics</i> , 2001, 44, 1312-1329.	1.1	101
20	Muscle oxygenation and glycolysis in females with trapezius myalgia during stress and repetitive work using microdialysis and NIRS. <i>European Journal of Applied Physiology</i> , 2010, 108, 657-669.	1.2	100
21	Prognostic factors for long-term sickness absence among employees with neck/shoulder and low-back pain. <i>Scandinavian Journal of Work, Environment and Health</i> , 2010, 36, 34-41.	1.7	97
22	Diet, physical exercise and cognitive behavioral training as a combined workplace based intervention to reduce body weight and increase physical capacity in health care workers - a randomized controlled trial. <i>BMC Public Health</i> , 2011, 11, 671.	1.2	96
23	Consensus for experimental design in electromyography (CEDE) project: Electrode selection matrix. <i>Journal of Electromyography and Kinesiology</i> , 2019, 48, 128-144.	0.7	95
24	Increase in interstitial interleukin-6 of human skeletal muscle with repetitive low-force exercise. <i>Journal of Applied Physiology</i> , 2005, 98, 477-481.	1.2	93
25	Trapezius muscle rest time during standardised computer work – A comparison of female computer users with and without self-reported neck/shoulder complaints. <i>Journal of Electromyography and Kinesiology</i> , 2007, 17, 420-427.	0.7	88
26	Evidence of long term muscle fatigue following prolonged intermittent contractions based on mechano- and electromyograms. <i>Journal of Electromyography and Kinesiology</i> , 2003, 13, 441-450.	0.7	86
27	The interplay between physical activity at work and during leisure time – risk of ischemic heart disease and all-cause mortality in middle-aged Caucasian men. <i>Scandinavian Journal of Work, Environment and Health</i> , 2009, 35, 466-474.	1.7	86
28	Exercise is more than medicine: The working age population's well-being and productivity. <i>Journal of Sport and Health Science</i> , 2016, 5, 159-165.	3.3	84
29	Voluntary low-force contraction elicits prolonged low-frequency fatigue and changes in surface electromyography and mechanomyography. <i>Journal of Electromyography and Kinesiology</i> , 2005, 15, 138-148.	0.7	81
30	Development of muscle fatigue as assessed by electromyography and mechanomyography during continuous and intermittent low-force contractions: effects of the feedback mode. <i>European Journal of Applied Physiology</i> , 2002, 87, 28-37.	1.2	79
31	Mechanical load on the low back and shoulders during pushing and pulling of two-wheeled waste containers compared with lifting and carrying of bags and bins. <i>Clinical Biomechanics</i> , 2001, 16, 549-559.	0.5	77
32	Neuromuscular assessment in elderly workers with and without work related shoulder/neck trouble: the NEW-study design and physiological findings. <i>European Journal of Applied Physiology</i> , 2006, 96, 110-121.	1.2	77
33	Interstitial muscle lactate, pyruvate and potassium dynamics in the trapezius muscle during repetitive low-force arm movements, measured with microdialysis. <i>Acta Physiologica Scandinavica</i> , 2004, 182, 379-388.	2.3	76
34	The use of EMG biofeedback for learning of selective activation of intra-muscular parts within the serratus anterior muscle. <i>Journal of Electromyography and Kinesiology</i> , 2010, 20, 359-365.	0.7	75
35	The effect of physical and psychosocial loads on the trapezius muscle activity during computer keying tasks and rest periods. <i>European Journal of Applied Physiology</i> , 2004, 91, 253-258.	1.2	71
36	Shoulder muscle load and muscle fatigue among industrial sewing-machine operators. <i>European Journal of Applied Physiology and Occupational Physiology</i> , 1993, 67, 467-475.	1.2	70

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37	Work load during floor cleaning. The effect of cleaning methods and work technique. <i>European Journal of Applied Physiology and Occupational Physiology</i> , 1996, 73, 73-81.	1.2	69
38	Effectiveness of App-Delivered, Tailored Self-management Support for Adults With Lower Back Pain-Related Disability. <i>JAMA Internal Medicine</i> , 2021, 181, 1288.	2.6	67
39	The intra- and inter-rater reliability of five clinical muscle performance tests in patients with and without neck pain. <i>BMC Musculoskeletal Disorders</i> , 2013, 14, 339.	0.8	65
40	Aerobic power and muscle strength among young and elderly workers with and without physically demanding work tasks. <i>Applied Ergonomics</i> , 2001, 32, 425-431.	1.7	64
41	Occupational physical activity and mortality among Danish workers. <i>International Archives of Occupational and Environmental Health</i> , 2012, 85, 305-310.	1.1	62
42	Motor unit recruitment pattern during low-level static and dynamic contractions. <i>Muscle and Nerve</i> , 1995, 18, 292-300.	1.0	61
43	Torque-EMG-velocity relationship in female workers with chronic neck muscle pain. <i>Journal of Biomechanics</i> , 2008, 41, 2029-2035.	0.9	61
44	Patterns of musculoskeletal pain in the population: A latent class analysis using a nationally representative interviewer-based survey of 4817 Danes. <i>European Journal of Pain</i> , 2013, 17, 452-460.	1.4	61
45	High occupational physical activity and risk of ischaemic heart disease in women: The interplay with physical activity during leisure time. <i>European Journal of Preventive Cardiology</i> , 2015, 22, 1601-1608.	0.8	60
46	Responses of algescic and metabolic substances to 8 h of repetitive manual work in myalgic human trapezius muscle. <i>Pain</i> , 2008, 140, 479-490.	2.0	59
47	Physical activity, job demand-control, perceived stress-energy, and salivary cortisol in white-collar workers. <i>International Archives of Occupational and Environmental Health</i> , 2010, 83, 143-153.	1.1	58
48	Comparison of two systems for long-term heart rate variability monitoring in free-living conditions - a pilot study. <i>BioMedical Engineering OnLine</i> , 2011, 10, 27.	1.3	58
49	Comparison of Objectively Measured and Self-reported Time Spent Sitting. <i>International Journal of Sports Medicine</i> , 2014, 35, 534-540.	0.8	57
50	The influence of experimental muscle pain on motor unit activity during low-level contraction. <i>European Journal of Applied Physiology</i> , 2000, 83, 200-206.	1.2	56
51	Muscle tissue oxygenation, pressure, electrical, and mechanical responses during dynamic and static voluntary contractions. <i>European Journal of Applied Physiology</i> , 2006, 96, 165-177.	1.2	56
52	Effect of physical training on function of chronically painful muscles: a randomized controlled trial. <i>Journal of Applied Physiology</i> , 2008, 105, 1796-1801.	1.2	56
53	Intramuscular and surface EMG power spectrum from dynamic and static contractions. <i>Journal of Electromyography and Kinesiology</i> , 1995, 5, 27-36.	0.7	55
54	Control of the wrist joint in humans. <i>European Journal of Applied Physiology</i> , 2000, 83, 116-127.	1.2	55

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55	Effect of contrasting physical exercise interventions on rapid force capacity of chronically painful muscles. <i>Journal of Applied Physiology</i> , 2009, 107, 1413-1419.	1.2	55
56	Musculoskeletal pain among surgeons performing minimally invasive surgery: a systematic review. <i>Surgical Endoscopy and Other Interventional Techniques</i> , 2017, 31, 516-526.	1.3	55
57	Physical activities at work and risk of musculoskeletal pain and its consequences: protocol for a study with objective field measures among blue-collar workers. <i>BMC Musculoskeletal Disorders</i> , 2013, 14, 213.	0.8	54
58	Physical Activity as Cause and Cure of Muscular Pain: Evidence of Underlying Mechanisms. <i>Exercise and Sport Sciences Reviews</i> , 2017, 45, 136-145.	1.6	53
59	The importance of the work/rest pattern as a risk factor in repetitive monotonous work.. <i>International Journal of Industrial Ergonomics</i> , 2000, 25, 367-373.	1.5	52
60	Dynamic loads on the upper extremities during two different floor cleaning methods. <i>Clinical Biomechanics</i> , 2001, 16, 866-879.	0.5	52
61	Bradykinin and kallidin levels in the trapezius muscle in patients with work-related trapezius myalgia, in patients with whiplash associated pain, and in healthy controls â€“ A microdialysis study of women. <i>Pain</i> , 2008, 139, 578-587.	2.0	51
62	Prevention of low back pain and its consequences among nursesâ€™ aides in elderly care: a stepped-wedge multi-faceted cluster-randomized controlled trial. <i>BMC Public Health</i> , 2013, 13, 1088.	1.2	51
63	Does an Exercise Intervention Improving Aerobic Capacity Among Construction Workers Also Improve Musculoskeletal Pain, Work Ability, Productivity, Perceived Physical Exertion, and Sick Leave?. <i>Journal of Occupational and Environmental Medicine</i> , 2012, 54, 1520-1526.	0.9	50
64	Occupational heavy lifting and risk of ischemic heart disease and all-cause mortality. <i>BMC Public Health</i> , 2012, 12, 1070.	1.2	50
65	The DPhacto cohort: An overview of technically measured physical activity at work and leisure in blue-collar sectors for practitioners and researchers. <i>Applied Ergonomics</i> , 2019, 77, 29-39.	1.7	50
66	Motor unit activity during stereotyped finger tasks and computer mouse work. <i>Journal of Electromyography and Kinesiology</i> , 2001, 11, 197-206.	0.7	49
67	Effect of physical training on pain sensitivity and trapezius muscle morphology. <i>Muscle and Nerve</i> , 2010, 41, 836-844.	1.0	49
68	Effects on musculoskeletal pain, work ability and sickness absence in a 1-year randomised controlled trial among cleaners. <i>BMC Public Health</i> , 2011, 11, 840.	1.2	49
69	Weight loss among female health care workers- a 1-year workplace based randomized controlled trial in the FINALE-health study. <i>BMC Public Health</i> , 2012, 12, 625.	1.2	48
70	Effect of individualized worksite exercise training on aerobic capacity and muscle strength among construction workers â€“ a randomized controlled intervention study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2012, 38, 467-475.	1.7	48
71	Active pauses induce more variable electromyographic pattern of the trapezius muscle activity during computer work. <i>Journal of Electromyography and Kinesiology</i> , 2009, 19, e430-e437.	0.7	47
72	Does the Benefit on Survival from Leisure Time Physical Activity Depend on Physical Activity at Work? A Prospective Cohort Study. <i>PLoS ONE</i> , 2013, 8, e54548.	1.1	47

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73	A multifaceted workplace intervention for low back pain in nurses' aides. <i>Pain</i> , 2015, 156, 1786-1794.	2.0	46
74	Increased levels of interstitial potassium but normal levels of muscle IL-6 and LDH in patients with trapezius myalgia. <i>Pain</i> , 2005, 119, 201-209.	2.0	45
75	A 24-h assessment of physical activity and cardio-respiratory fitness among female hospital cleaners: A pilot study. <i>Ergonomics</i> , 2013, 56, 935-943.	1.1	45
76	A conceptual model for worksite intelligent physical exercise training - IPET - intervention for decreasing life style health risk indicators among employees: a randomized controlled trial. <i>BMC Public Health</i> , 2014, 14, 652.	1.2	45
77	Changed activation, oxygenation, and pain response of chronically painful muscles to repetitive work after training interventions: a randomized controlled trial. <i>European Journal of Applied Physiology</i> , 2012, 112, 173-181.	1.2	44
78	Increased neck muscle activity and impaired balance among females with whiplash-related chronic neck pain: A cross-sectional study. <i>Journal of Rehabilitation Medicine</i> , 2013, 45, 376-384.	0.8	44
79	Does aerobic exercise improve or impair cardiorespiratory fitness and health among cleaners? A cluster randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2015, 41, 140-152.	1.7	43
80	Does a combination of physical training, specific exercises and pain education improve health-related quality of life in patients with chronic neck pain? A randomised control trial with a 4-month follow up. <i>Manual Therapy</i> , 2016, 26, 132-140.	1.6	43
81	Physical activity and survival in breast cancer. <i>European Journal of Cancer</i> , 2016, 66, 67-74.	1.3	43
82	Intramuscular pressure and EMG relate during static contractions but dissociate with movement and fatigue. <i>Journal of Applied Physiology</i> , 2004, 96, 1522-1529.	1.2	42
83	A randomised controlled trial among cleaners-Effects on strength, balance and kinesiophobia. <i>BMC Public Health</i> , 2011, 11, 776.	1.2	42
84	Chronic neck pain patients with traumatic or non-traumatic onset: Differences in characteristics. A cross-sectional study. <i>Scandinavian Journal of Pain</i> , 2017, 14, 1-8.	0.5	42
85	Stress reactions to cognitively demanding tasks and open-plan office noise. <i>International Archives of Occupational and Environmental Health</i> , 2009, 82, 631-641.	1.1	41
86	Long work hours and physical fitness: 30-year risk of ischaemic heart disease and all-cause mortality among middle-aged Caucasian men. <i>Heart</i> , 2010, 96, 1638-1644.	1.2	41
87	Neck pain and postural balance among workers with high postural demands - a cross-sectional study. <i>BMC Musculoskeletal Disorders</i> , 2011, 12, 176.	0.8	41
88	Mechanomyography for Studying Force Fluctuations and Muscle Fatigue. <i>Exercise and Sport Sciences Reviews</i> , 2006, 34, 59-64.	1.6	40
89	Work Design and the Labouring Body: Examining the Impacts of Work Organization on Danish Cleaners' Health. <i>Antipode</i> , 2006, 38, 579-602.	2.5	40
90	Processes, barriers and facilitators to implementation of a participatory ergonomics program among eldercare workers. <i>Applied Ergonomics</i> , 2017, 58, 491-499.	1.7	40

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91	Biomechanical model predicting electromyographic activity in three shoulder muscles from 3D kinematics and external forces during cleaning work. <i>Clinical Biomechanics</i> , 2003, 18, 287-295.	0.5	39
92	Effects of electromyographic and mechanomyographic biofeedback on upper trapezius muscle activity during standardized computer work. <i>Ergonomics</i> , 2006, 49, 921-933.	1.1	38
93	Self-Reported Cardiorespiratory Fitness: Prediction and Classification of Risk of Cardiovascular Disease Mortality and Longevity—A Prospective Investigation in the Copenhagen City Heart Study. <i>Journal of the American Heart Association</i> , 2015, 4, e001495.	1.6	37
94	Three Months of Progressive High-Load Versus Traditional Low-Load Strength Training Among Patients With Rotator Cuff Tendinopathy: Primary Results From the Double-Blind Randomized Controlled RoCTEx Trial. <i>Orthopaedic Journal of Sports Medicine</i> , 2017, 5, 232596711772329.	0.8	37
95	Surface mechanomyogram amplitude is not attenuated by intramuscular pressure. <i>European Journal of Applied Physiology</i> , 2006, 96, 178-184.	1.2	36
96	Motor Unit Firing Behaviour of Soleus Muscle in Isometric and Dynamic Contractions. <i>PLoS ONE</i> , 2013, 8, e53425.	1.1	36
97	Psychosocial aspects of everyday life with chronic musculoskeletal pain: A systematic review. <i>Scandinavian Journal of Pain</i> , 2014, 5, 131-148.	0.5	36
98	The influence of biofeedback training on trapezius activity and rest during occupational computer work: a randomized controlled trial. <i>European Journal of Applied Physiology</i> , 2008, 104, 983-989.	1.2	35
99	Pain education combined with neck- and aerobic training is more effective at relieving chronic neck pain than pain education alone – A preliminary randomized controlled trial. <i>Manual Therapy</i> , 2015, 20, 686-693.	1.6	35
100	Surgery Is Physically Demanding and Associated With Multisite Musculoskeletal Pain: A Cross-Sectional Study. <i>Journal of Surgical Research</i> , 2019, 240, 30-39.	0.8	35
101	Ocular surface area and human eye blink frequency during VDU work: the effect of monitor position and task. <i>European Journal of Applied Physiology</i> , 2008, 103, 1-7.	1.2	34
102	Active biofeedback changes the spatial distribution of upper trapezius muscle activity during computer work. <i>European Journal of Applied Physiology</i> , 2010, 110, 415-423.	1.2	34
103	Effect of cycling on oxygenation of relaxed neck/shoulder muscles in women with and without chronic pain. <i>European Journal of Applied Physiology</i> , 2010, 110, 389-394.	1.2	34
104	An App-Delivered Self-Management Program for People With Low Back Pain: Protocol for the selfBACK Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2019, 8, e14720.	0.5	34
105	Intramuscular pressure and tissue oxygenation during low-force static contraction do not underlie muscle fatigue. <i>Acta Physiologica Scandinavica</i> , 2005, 183, 379-388.	2.3	33
106	A multi-faceted workplace intervention targeting low back pain was effective for physical work demands and maladaptive pain behaviours, but not for work ability and sickness absence: Stepped wedge cluster randomised trial. <i>Scandinavian Journal of Public Health</i> , 2016, 44, 560-570.	1.2	33
107	Self-reported musculoskeletal pain predicts long-term increase in general health care use: A population-based cohort study with 20-year follow-up. <i>Scandinavian Journal of Public Health</i> , 2014, 42, 698-704.	1.2	32
108	The Effect of Intelligent Physical Exercise Training on Sickness Presenteeism and Absenteeism Among Office Workers. <i>Journal of Occupational and Environmental Medicine</i> , 2017, 59, 942-948.	0.9	32

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109	Psychometric properties of the Neck Outcome Score, Neck Disability Index, and Short Form-36 were evaluated in patients with neck pain. <i>Journal of Clinical Epidemiology</i> , 2016, 79, 31-40.	2.4	31
110	Health disparities between immigrant and Danish cleaners. <i>International Archives of Occupational and Environmental Health</i> , 2011, 84, 665-674.	1.1	30
111	Age-related decreases in motor unit discharge rate and force control during isometric plantar flexion. <i>Journal of Electromyography and Kinesiology</i> , 2012, 22, 983-989.	0.7	30
112	Effectiveness of Physical Therapy- and Occupational Therapy-Based Rehabilitation in People Who Have Glioma and Are Undergoing Active Anticancer Treatment: Single-Blind, Randomized Controlled Trial. <i>Physical Therapy</i> , 2020, 100, 564-574.	1.1	30
113	Self-reported occupational physical activity and cardiorespiratory fitness: Importance for cardiovascular disease and all-cause mortality. <i>Scandinavian Journal of Work, Environment and Health</i> , 2016, 42, 291-298.	1.7	30
114	Comparison of the electromyographic activity in the upper trapezius and biceps brachii muscle in subjects with muscular disorders: a pilot study. <i>European Journal of Applied Physiology</i> , 2006, 96, 185-193.	1.2	29
115	Effects on Presenteeism and Absenteeism From a 1-Year Workplace Randomized Controlled Trial Among Health Care Workers. <i>Journal of Occupational and Environmental Medicine</i> , 2013, 55, 1186-1190.	0.9	28
116	Neck and shoulder muscle activity and posture among helicopter pilots and crew-members during military helicopter flight. <i>Journal of Electromyography and Kinesiology</i> , 2016, 27, 10-17.	0.7	27
117	Neuromuscular control of scapula muscles during a voluntary task in subjects with Subacromial Impingement Syndrome. A case-control study. <i>Journal of Electromyography and Kinesiology</i> , 2013, 23, 1158-1165.	0.7	26
118	"Here we're all in the same boat" a qualitative study of group based rehabilitation for sick-listed citizens with chronic pain. <i>Scandinavian Journal of Psychology</i> , 2014, 55, 333-342.	0.8	26
119	Danish Observational Study of Eldercare work and musculoskeletal disorderS (DOSES): a prospective study at 20 nursing homes in Denmark. <i>BMJ Open</i> , 2018, 8, e019670.	0.8	26
120	Following ergonomics guidelines decreases physical and cardiovascular workload during cleaning tasks. <i>Ergonomics</i> , 2012, 55, 295-307.	1.1	25
121	Measurement properties of existing clinical assessment methods evaluating scapular positioning and function. A systematic review. <i>Physiotherapy Theory and Practice</i> , 2014, 30, 453-482.	0.6	25
122	Sickness Presenteeism Among Health Care Workers and the Effect of BMI, Cardiorespiratory Fitness, and Muscle Strength. <i>Journal of Occupational and Environmental Medicine</i> , 2015, 57, e146-e152.	0.9	25
123	Pain extent is more strongly associated with disability, psychological factors, and neck muscle function in people with non-traumatic versus traumatic chronic neck pain: a cross sectional study. <i>European Journal of Physical and Rehabilitation Medicine</i> , 2019, 55, 71-78.	1.1	25
124	Effects of eccentric exercise on trapezius electromyography during computer work with active and passive pauses. <i>Clinical Biomechanics</i> , 2009, 24, 619-625.	0.5	24
125	Eccentric exercise inhibits the H reflex in the middle part of the trapezius muscle. <i>European Journal of Applied Physiology</i> , 2013, 113, 77-87.	1.2	23
126	High-Intensity Strength Training Improves Function of Chronically Painful Muscles: Case-Control and RCT Studies. <i>BioMed Research International</i> , 2014, 2014, 1-11.	0.9	23

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127	Effects of Physical Exercise Training in the Workplace on Physical Fitness: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , 2019, 49, 1903-1921.	3.1	23
128	Motor unit activation patterns during concentric wrist flexion in humans with different muscle fibre composition. <i>European Journal of Applied Physiology</i> , 1998, 78, 411-416.	1.2	22
129	What characterizes cleaners sustaining good musculoskeletal health after years with physically heavy work?. <i>International Archives of Occupational and Environmental Health</i> , 2009, 82, 1015-1022.	1.1	22
130	Biofeedback effectiveness to reduce upper limb muscle activity during computer work is muscle specific and time pressure dependent. <i>Journal of Electromyography and Kinesiology</i> , 2011, 21, 49-58.	0.7	22
131	Risk factors for ischaemic heart disease mortality among men with different occupational physical demands. A 30-year prospective cohort study. <i>BMJ Open</i> , 2012, 2, e000279.	0.8	22
132	Selective activation of intra-muscular compartments within the trapezius muscle in subjects with Subacromial Impingement Syndrome. A case-control study. <i>Journal of Electromyography and Kinesiology</i> , 2014, 24, 58-64.	0.7	22
133	A 12-week interdisciplinary rehabilitation trial in patients with gliomas – a feasibility study. <i>Disability and Rehabilitation</i> , 2018, 40, 1379-1385.	0.9	22
134	Efficacy of strength training on tension-type headache: A randomised controlled study. <i>Cephalalgia</i> , 2018, 38, 1071-1080.	1.8	22
135	Time spent cycling, walking, running, standing and sedentary: a cross-sectional analysis of accelerometer-data from 1670 adults in the Copenhagen City Heart Study. <i>BMC Public Health</i> , 2019, 19, 1370.	1.2	22
136	Physical work demands, hypertension status, and risk of ischemic heart disease and all-cause mortality in the Copenhagen Male Study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2010, 36, 466-472.	1.7	22
137	Muscle Activity during Functional Coordination Training: Implications for Strength Gain and Rehabilitation. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 1732-1739.	1.0	21
138	The association between health and sickness absence among Danish and non-Western immigrant cleaners in Denmark. <i>International Archives of Occupational and Environmental Health</i> , 2013, 86, 397-405.	1.1	21
139	Effect of Specific Resistance Training on Musculoskeletal Pain Symptoms. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 229-235.	1.0	21
140	Specific exercise training for reducing neck and shoulder pain among military helicopter pilots and crew members: a randomized controlled trial protocol. <i>BMC Musculoskeletal Disorders</i> , 2015, 16, 198.	0.8	21
141	Neck and shoulder muscle strength in patients with tension-type headache: A case-control study. <i>Cephalalgia</i> , 2016, 36, 29-36.	1.8	21
142	Effects of 12 months aerobic exercise intervention on work ability, need for recovery, productivity and rating of exertion among cleaners: a worksite RCT. <i>International Archives of Occupational and Environmental Health</i> , 2018, 91, 225-235.	1.1	21
143	Mechanisms for reducing low back pain: a mediation analysis of a multifaceted intervention in workers in elderly care. <i>International Archives of Occupational and Environmental Health</i> , 2019, 92, 49-58.	1.1	21
144	Neuromuscular Exercises Improve Shoulder Function More Than Standard Care Exercises in Patients With a Traumatic Anterior Shoulder Dislocation: A Randomized Controlled Trial. <i>Orthopaedic Journal of Sports Medicine</i> , 2020, 8, 232596711989610.	0.8	21

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145	Experimental pain leads to reorganisation of trapezius electromyography during computer work with active and passive pauses. <i>European Journal of Applied Physiology</i> , 2009, 106, 857-866.	1.2	20
146	Cardiorespiratory fitness, cardiovascular workload and risk factors among cleaners; a cluster randomized worksite intervention. <i>BMC Public Health</i> , 2012, 12, 645.	1.2	20
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