

Julia Jane Rucklidge

List of Publications by Year in descending order

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113
papers

4,813
citations

126907

33
h-index

106344

65
g-index

115
all docs

115
docs citations

115
times ranked

5196
citing authors

#	ARTICLE	IF	CITATIONS
1	Clinician guidelines for the treatment of psychiatric disorders with nutraceuticals and phytoceuticals: The World Federation of Societies of Biological Psychiatry (WFSBP) and Canadian Network for Mood and Anxiety Treatments (CANMAT) Taskforce. <i>World Journal of Biological Psychiatry</i> , 2022, 23, 424-455.	2.6	49
2	Do Changes in Blood Nutrient Levels Mediate Treatment Response in Children and Adults With ADHD Consuming a Vitaminâ€“Mineral Supplement?. <i>Journal of Attention Disorders</i> , 2021, 25, 1107-1119.	2.6	4
3	Pyroluria: Fact or Fiction?. <i>Journal of Alternative and Complementary Medicine</i> , 2021, 27, 407-415.	2.1	1
4	Is mandatory prospective trial registration working? An update on the adherence to the International Committee of Medical Journal Editors guidelines across five psychiatry journals: 2015â€“2020. <i>Acta Psychiatrica Scandinavica</i> , 2021, 144, 510-517.	4.5	2
5	The World Federation of ADHD International Consensus Statement: 208 Evidence-based conclusions about the disorder. <i>Neuroscience and Biobehavioral Reviews</i> , 2021, 128, 789-818.	6.1	483
6	Massacre, Earthquake, Flood. <i>International Perspectives in Psychology: Research, Practice, Consultation</i> , 2021, 10, 39-54.	0.7	3
7	Nutrition Provides the Essential Foundation for Optimizing Mental Health. <i>Evidence-Based Practice in Child and Adolescent Mental Health</i> , 2021, 6, 131-154.	1.0	7
8	Resting-state networks and neurometabolites in children with ADHD after 10 weeks of treatment with micronutrients: results of a randomised placebo-controlled trial. <i>Nutritional Neuroscience</i> , 2020, 23, 876-886.	3.1	4
9	Toward â€“element balanceâ€™ in ADHD: an exploratory case control study employing hair analysis. <i>Nutritional Neuroscience</i> , 2020, , 1-11.	3.1	2
10	Psychotropic Medication Prescription Rates and Trends for New Zealand Children and Adolescents 2008â€“2016. <i>Journal of Child and Adolescent Psychopharmacology</i> , 2020, 30, 87-96.	1.3	20
11	Can broad-spectrum multinutrients treat symptoms of antenatal depression and anxiety and improve infant development? Study protocol of a double blind, randomized, controlled trial (the â€“NUTRIMUMâ€™) Tj ETQ 2021 1 0.784314 rgB	2.1	1
12	Multinutrients for the Treatment of Psychiatric Symptoms in Clinical Samples: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2020, 12, 3394.	4.1	14
13	Broad spectrum micronutrient formulas for the treatment of symptoms of depression, stress, and/or anxiety: a systematic review. <i>Expert Review of Neurotherapeutics</i> , 2020, 20, 351-371.	2.8	11
14	A Pilot Randomized Treatment-Controlled Trial Comparing Vitamin B6 with Broad-Spectrum Micronutrients for Premenstrual Syndrome. <i>Journal of Alternative and Complementary Medicine</i> , 2020, 26, 88-97.	2.1	13
15	Disasters, policies and micronutrients: the intersect among ethics, evidence and effective action. <i>New Zealand Medical Journal</i> , 2020, 133, 8-11.	0.5	0
16	Are over-the-counter fish oil supplements safe, effective and accurate with labelling? Analysis of 10 New Zealand fish oil supplements. <i>New Zealand Medical Journal</i> , 2020, 133, 52-62.	0.5	5
17	Mineral-Vitamin Treatment Associated with Remission in Attention-Deficit/Hyperactivity Disorder Symptoms and Related Problems: 1-Year Naturalistic Outcomes of a 10-Week Randomized Placebo-Controlled Trial. <i>Journal of Child and Adolescent Psychopharmacology</i> , 2019, 29, 688-704.	1.3	9
18	Human gut microbiome changes during a 10 week Randomised Control Trial for micronutrient supplementation in children with attention deficit hyperactivity disorder. <i>Scientific Reports</i> , 2019, 9, 10128.	3.3	56

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19	Multinutrient Supplementation for Prevention of Major Depressive Disorder in Overweight Adults. JAMA - Journal of the American Medical Association, 2019, 322, 366.	7.4	0
20	20.1 MICRONUTRIENTS FOR EMOTIONAL DYSREGULATION IN CHILDREN. Journal of the American Academy of Child and Adolescent Psychiatry, 2019, 58, S329.	0.5	1
21	Exposure to green spaces as a modifiable risk factor in attention-deficit hyperactivity disorder. Lancet Planetary Health, The, 2019, 3, e200-e201.	11.4	1
22	An Observational Preliminary Study on the Safety of Long-Term Consumption of Micronutrients for the Treatment of Psychiatric Symptoms. Journal of Alternative and Complementary Medicine, 2019, 25, 613-622.	2.1	11
23	Common CYP2D6, CYP2C9, and CYP2C19 Gene Variants, Health Anxiety, and Neuroticism Are Not Associated With Self-Reported Antidepressant Side Effects. Frontiers in Genetics, 2019, 10, 1199.	2.3	9
24	Can we predict treatment response in children with ADHD to a vitamin-mineral supplement? An investigation into pre-treatment nutrient serum levels, MTHFR status, clinical correlates and demographic variables. Progress in Neuro-Psychopharmacology and Biological Psychiatry, 2019, 89, 181-192.	4.8	17
25	Novel Mineral-Vitamin Treatment for Reduction in Cigarette Smoking: A Fully Blinded Randomized Placebo-Controlled Trial. Nicotine and Tobacco Research, 2019, 21, 1496-1505.	2.6	1
26	The ketogenic diet as a potential treatment and prevention strategy for Alzheimer's disease. Nutrition, 2019, 60, 118-121.	2.4	104
27	Epigenetics, nutrition and mental health. Is there a relationship?. Nutritional Neuroscience, 2018, 21, 602-613.	3.1	25
28	Vitamin-mineral treatment improves aggression and emotional regulation in children with ADHD: a fully blinded, randomized, placebo-controlled trial. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2018, 59, 232-246.	5.2	61
29	Methylomic changes in response to micronutrient supplementation and MTHFR genotype. Epigenomics, 2018, 10, 1201-1214.	2.1	10
30	Study Protocol for a Randomized Double Blind, Placebo Controlled Trial Exploring the Effectiveness of a Micronutrient Formula in Improving Symptoms of Anxiety and Depression. Medicines (Basel), 2018, 5, 10.	0.0	0
31	Dietary and Micronutrient Treatments for Children with Neurodevelopment Disorders. Current Developmental Disorders Reports, 2018, 5, 243-252.	2.1	6
32	Database Analysis of Depression and Anxiety in a Community Sample: Response to a Micronutrient Intervention. Nutrients, 2018, 10, 152.	4.1	30
33	Addressing the treatment gap in New Zealand with more therapists-is it practical and will it work?. New Zealand Medical Journal, 2018, 131, 8-11.	0.5	14
34	A double-blind, randomized, placebo-controlled trial of Lactobacillus helveticus and Bifidobacterium longum for the symptoms of depression. Australian and New Zealand Journal of Psychiatry, 2017, 51, 810-821.	2.3	216
35	Anxiety and Stress in Children Following an Earthquake: Clinically Beneficial Effects of Treatment with Micronutrients. Journal of Child and Family Studies, 2017, 26, 1422-1431.	1.3	8
36	Why has increased provision of psychiatric treatment not reduced the prevalence of mental disorder?. Australian and New Zealand Journal of Psychiatry, 2017, 51, 1176-1177.	2.3	34

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37	Common versus specific factors in psychotherapy: opening the black box. <i>Lancet Psychiatry</i> , 2017, 4, 953-962.	7.4	116
38	Vitaminâ€“Mineral Treatment of ADHD in Adults. <i>Journal of Attention Disorders</i> , 2017, 21, 522-532.	2.6	15
39	Gambling, Delay, and Probability Discounting in Adults With and Without ADHD. <i>Journal of Attention Disorders</i> , 2016, 20, 968-978.	2.6	40
40	Psychiatric Comorbidities in a New Zealand Sample of Adults With ADHD. <i>Journal of Attention Disorders</i> , 2016, 20, 1030-1038.	2.6	21
41	Study Protocol for a Randomized Double Blind, Treatment Control Trial Comparing the Efficacy of a Micronutrient Formula to a Single Vitamin Supplement in the Treatment of Premenstrual Syndrome. <i>Medicines (Basel, Switzerland)</i> , 2016, 3, 32.	1.4	3
42	The Role of Diet and Nutrient Supplementation in the Treatment of ADHD. <i>The ADHD Report</i> , 2016, 24, 1-8.	0.6	3
43	Effect of Micronutrients on Insomnia in Adults. <i>Clinical Psychological Science</i> , 2016, 4, 1112-1124.	4.0	9
44	Could nutrition help behaviours associated with personality disorders? A narrative review. <i>Personality and Mental Health</i> , 2016, 10, 3-11.	1.2	2
45	Nutrition and Mental Health. <i>Clinical Psychological Science</i> , 2016, 4, 1082-1084.	4.0	16
46	Restoring Study 329: Paroxetine neither effective nor safe for adolescents. <i>Australian and New Zealand Journal of Psychiatry</i> , 2016, 50, 922-923.	2.3	3
47	Methylphenidate for attention-deficit/hyperactivity disorder: Too much of a good thing?. <i>Australian and New Zealand Journal of Psychiatry</i> , 2016, 50, 113-114.	2.3	4
48	Psychosis Resulting From Herbs Rather Than Nutrients. <i>primary care companion for CNS disorders</i> , The, 2016, 18, .	0.6	1
49	<scp>I</scp>nternational <scp>S</scp>ociety for <scp>N</scp>utritional <scp>P</scp>sychiatry <scp>R</scp>esearch consensus position statement: nutritional medicine in modern psychiatry. <i>World Psychiatry</i> , 2015, 14, 370-371.	10.4	81
50	Is Mandatory Prospective Trial Registration Working to Prevent Publication of Unregistered Trials and Selective Outcome Reporting? An Observational Study of Five Psychiatry Journals That Mandate Prospective Clinical Trial Registration. <i>PLoS ONE</i> , 2015, 10, e0133718.	2.5	81
51	Authors' reply. <i>British Journal of Psychiatry</i> , 2015, 207, 460-460.	2.8	0
52	Clinically Significant Symptom Reduction in Children with Attention-Deficit/Hyperactivity Disorder Treated with Micronutrients: An Open-Label Reversal Design Study. <i>Journal of Child and Adolescent Psychopharmacology</i> , 2015, 25, 783-798.	1.3	36
53	The Emerging Field of Nutritional Mental Health. <i>Clinical Psychological Science</i> , 2015, 3, 964-980.	4.0	98
54	Nutritional medicine as mainstream in psychiatry. <i>Lancet Psychiatry</i> , 2015, 2, 271-274.	7.4	375

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55	What if nutrients could treat mental illness?. Australian and New Zealand Journal of Psychiatry, 2015, 49, 407-408.	2.3	12
56	A randomised trial of nutrient supplements to minimise psychological stress after a natural disaster. Psychiatry Research, 2015, 228, 373-379.	3.3	31
57	TARLAN: a Simulation Game to Improve Social Problem-Solving Skills of ADHD Children. Lecture Notes in Computer Science, 2015, , 328-337.	1.3	1
58	Systematic review of evidence to support the theory of psychobiotics. Nutrition Reviews, 2015, 73, 675-693.	5.8	70
59	The Rationale for Treating with a Broad Spectrum of Minerals and Vitamins. , 2015, , 263-278.		0
60	Psychological functioning 1â€™year after a brief intervention using micronutrients to treat stress and anxiety related to the 2011 Christchurch earthquakes: a naturalistic followâ€™up. Human Psychopharmacology, 2014, 29, 230-243.	1.5	21
61	Broad-Spectrum Micronutrient Treatment for Attention-Deficit/Hyperactivity Disorder: Rationale and Evidence to Date. CNS Drugs, 2014, 28, 775-785.	5.9	16
62	Vitaminâ€™mineral treatment of attention-deficit hyperactivity disorder in adults: double-blind randomised placebo-controlled trial. British Journal of Psychiatry, 2014, 204, 306-315.	2.8	88
63	The relationship between ADHD symptomatology and self-harm, suicidal ideation, and suicidal behaviours in adults: a pilot study. ADHD Attention Deficit and Hyperactivity Disorders, 2014, 6, 303-312.	1.7	36
64	Moderators of treatment response in adults with ADHD treated with a vitaminâ€™mineral supplement. Progress in Neuro-Psychopharmacology and Biological Psychiatry, 2014, 50, 163-171.	4.8	34
65	Are the amounts of vitamins in commercially available dietary supplement formulations relevant for the management of psychiatric disorders in children?. New Zealand Medical Journal, 2014, 127, 73-85.	0.5	1
66	Broad-spectrum micronutrient formulas for the treatment of psychiatric symptoms: a systematic review. Expert Review of Neurotherapeutics, 2013, 13, 49-73.	2.8	88
67	Criminal Offending and Learning Disabilities in New Zealand Youth. Crime and Delinquency, 2013, 59, 1263-1286.	1.7	20
68	Use of Micronutrients Attenuates Cannabis and Nicotine Abuse as Evidenced From a Reversal Design: A Case Study. Journal of Psychoactive Drugs, 2013, 45, 168-178.	1.7	6
69	Edited by Kiriakos Xenitidis and Colin Campbell. British Journal of Psychiatry, 2013, 203, 154-154.	2.8	18
70	Could yeast infections impair recovery from mental illness? A case study using micronutrients and olive leaf extract for the treatment of ADHD and depression. Advances in Mind-Body Medicine, 2013, 27, 14-8.	0.3	6
71	Review: some evidence of impaired neurocognitive performance in children and adolescents with bipolar disorder. Evidence-Based Mental Health, 2012, 15, 12-12.	4.5	0
72	Shaken but unstirred? Effects of micronutrients on stress and trauma after an earthquake: RCT evidence comparing formulas and doses. Human Psychopharmacology, 2012, 27, 440-454.	1.5	44

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73	Micronutrients reduce stress and anxiety in adults with Attention-Deficit/Hyperactivity Disorder following a 7.1 earthquake. <i>Psychiatry Research</i> , 2011, 189, 281-287.	3.3	26
74	Childhood CBCL bipolar profile and adolescent/young adult personality disorders: A 9-year follow-up. <i>Journal of Affective Disorders</i> , 2011, 130, 155-161.	4.1	39
75	Can Micronutrients Improve Neurocognitive Functioning in Adults with ADHD and Severe Mood Dysregulation? A Pilot Study. <i>Journal of Alternative and Complementary Medicine</i> , 2011, 17, 1125-1131.	2.1	10
76	Effect of Micronutrients on Behavior and Mood in Adults With ADHD: Evidence From an 8-Week Open Label Trial With Natural Extension. <i>Journal of Attention Disorders</i> , 2011, 15, 79-91.	2.6	40
77	Successful Treatment of Bipolar Disorder II and ADHD with a Micronutrient Formula: <i>A Case Study</i> . <i>CNS Spectrums</i> , 2010, 15, 289-295.	1.2	29
78	Can Callous-Unemotional Traits and Aggression Identify Children at High-Risk of Anti-Social Behavior in a Low Socioeconomic Group?. <i>Journal of Family Violence</i> , 2010, 25, 701-712.	3.3	6
79	Database analysis of children and adolescents with Bipolar Disorder consuming a micronutrient formula. <i>BMC Psychiatry</i> , 2010, 10, 74.	2.6	25
80	The Potential of Nutritional Therapy. <i>Science</i> , 2010, 327, 268-268.	12.6	2
81	Gender Differences in Attention-Deficit/Hyperactivity Disorder. <i>Psychiatric Clinics of North America</i> , 2010, 33, 357-373.	1.3	384
82	A Possible Biological Mechanism for the B Vitamins Altering Behaviour in Attention-Deficit/Hyperactivity Disorder. <i>Pharmaceutical Medicine</i> , 2010, 24, 289-294.	1.9	5
83	Thought-action fusion and inflated responsibility beliefs in obsessive-compulsive disorder. <i>Clinical Psychologist</i> , 2009, 13, 94-101.	0.8	11
84	Successful treatment of OCD with a micronutrient formula following partial response to Cognitive Behavioral Therapy (CBT): A case study. <i>Journal of Anxiety Disorders</i> , 2009, 23, 836-840.	3.2	25
85	Nutrient supplementation approaches in the treatment of ADHD. <i>Expert Review of Neurotherapeutics</i> , 2009, 9, 461-476.	2.8	79
86	Retrospective parent report of psychiatric histories: do checklists reveal specific prodromal indicators for postpubertal-onset pediatric bipolar disorder?. <i>Bipolar Disorders</i> , 2008, 10, 56-66.	1.9	43
87	Selective attention and inhibitory deficits in ADHD: Does subtype or comorbidity modulate negative priming effects?. <i>Brain and Cognition</i> , 2008, 67, 324-339.	1.8	18
88	Gender differences in ADHD: implications for psychosocial treatments. <i>Expert Review of Neurotherapeutics</i> , 2008, 8, 643-655.	2.8	98
89	How Good Are the ADHD Screening Items of the K-SADS-PL at Identifying Adolescents With and Without ADHD?. <i>Journal of Attention Disorders</i> , 2008, 11, 423-424.	2.6	9
90	History of Trauma in Adults with ADHD. <i>The ADHD Report</i> , 2008, 16, 10-16.	0.6	0

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91	The Relationship Between ADHD and Creativity. <i>The ADHD Report</i> , 2008, 16, 1-5.	0.6	10
92	Interference and Negative Priming Effects in Adolescents with Attention Deficit Hyperactivity Disorder. <i>American Journal of Psychology</i> , 2007, 120, 91-122.	0.3	12
93	Attributional Styles and Psychosocial Functioning of Adults With ADHD. <i>Journal of Attention Disorders</i> , 2007, 10, 288-298.	2.6	46
94	What are we teaching our students by not asking about abuse?. <i>American Psychologist</i> , 2007, 62, 326-327.	4.2	3
95	Interference and negative priming effects in adolescents with attention deficit hyperactivity disorder. <i>American Journal of Psychology</i> , 2007, 120, 91-122.	0.3	11
96	Gender Differences in Neuropsychological Functioning of New Zealand Adolescents with and without Attention Deficit Hyperactivity Disorder. <i>International Journal of Disability Development and Education</i> , 2006, 53, 47-66.	1.1	28
97	Impact of ADHD on the Neurocognitive Functioning of Adolescents with Bipolar Disorder. <i>Biological Psychiatry</i> , 2006, 60, 921-928.	1.3	76
98	An Evaluation of the Response Modulation Hypothesis in Relation to Attentionâ€“Deficit/Hyperactivity Disorder. <i>Journal of Abnormal Child Psychology</i> , 2006, 34, 542-554.	3.5	16
99	Psychosocial functioning of adolescents with and without paediatric bipolar disorder. <i>Journal of Affective Disorders</i> , 2006, 91, 181-188.	4.1	57
100	An investigation into the psychosocial functioning of creative children: The impact of ADHD symptomatology. <i>Journal of Creative Behavior</i> , 2006, 40, 243-264.	2.9	14
101	Road-Crossing Safety in Virtual Reality: A Comparison of Adolescents With and Without ADHD. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2006, 35, 203-215.	3.4	70
102	Retrospective Reports of Childhood Trauma in Adults With ADHD. <i>Journal of Attention Disorders</i> , 2006, 9, 631-641.	2.6	106
103	An Investigation into the Relationship Among ADHD Symptomatology, Creativity, and Neuropsychological Functioning in Children. <i>Child Neuropsychology</i> , 2006, 12, 421-438.	1.3	75
104	An Exploration Into the Creative Abilities of Children With ADHD. <i>Journal of Attention Disorders</i> , 2005, 8, 88-95.	2.6	35
105	Time perception deficits in attention-deficit/ hyperactivity disorder and comorbid reading difficulties in child and adolescent samples. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2003, 44, 888-903.	5.2	147
106	The efficacy of hypnosis in the treatment of pruritus in people with hiv/aids: A time-series analysis. <i>International Journal of Clinical and Experimental Hypnosis</i> , 2002, 50, 149-169.	1.8	20
107	Validity of the Brown ADD Scales: An investigation in a predominantly inattentive ADHD adolescent sample with and without reading disabilities. <i>Journal of Attention Disorders</i> , 2002, 5, 155-164.	2.6	35
108	AGE OF ONSET OF ADHD SYMPTOMS. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 2002, 41, 496-497.	0.5	9

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109	Neuropsychological profiles of adolescents with ADHD: effects of reading difficulties and gender. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2002, 43, 988-1003.	5.2	330
110	Psychiatric, Psychosocial, and Cognitive Functioning of Female Adolescents With ADHD. Journal of the American Academy of Child and Adolescent Psychiatry, 2001, 40, 530-540.	0.5	197
111	Attributions and perceptions of childhood in women with ADHD symptomatology. , 2000, 56, 711-722.		21
112	APPARENT ADOLESCENT ONSET OF ADHD-BEWARE!. Journal of the American Academy of Child and Adolescent Psychiatry, 2000, 39, 1075-1076.	0.5	6
113	Hypnosis in a Case of Long-Standing Idiopathic Itch. Psychosomatic Medicine, 1999, 61, 355-358.	2.0	10