Julia Jane Rucklidge

List of Publications by Year
in descending order

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Version: 2024-02-01

		126907	106344
113	4,813	33	65
papers	citations	h-index	g-index

115	115	115	5196
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	The World Federation of ADHD International Consensus Statement: 208 Evidence-based conclusions about the disorder. Neuroscience and Biobehavioral Reviews, 2021, 128, 789-818.	6.1	483
2	Gender Differences in Attention-Deficit/Hyperactivity Disorder. Psychiatric Clinics of North America, 2010, 33, 357-373.	1.3	384
3	Nutritional medicine as mainstream in psychiatry. Lancet Psychiatry,the, 2015, 2, 271-274.	7.4	375
4	Neuropsychological profiles of adolescents with ADHD: effects of reading difficulties and gender. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2002, 43, 988-1003.	5.2	330
5	A double-blind, randomized, placebo-controlled trial of Lactobacillus helveticus and Bifidobacterium longum for the symptoms of depression. Australian and New Zealand Journal of Psychiatry, 2017, 51, 810-821.	2.3	216
6	Psychiatric, Psychosocial, and Cognitive Functioning of Female Adolescents With ADHD. Journal of the American Academy of Child and Adolescent Psychiatry, 2001, 40, 530-540.	0.5	197
7	Time perception deficits in attention-deficit/ hyperactivity disorder and comorbid reading difficulties in child and adolescent samples. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2003, 44, 888-903.	5.2	147
8	Common versus specific factors in psychotherapy: opening the black box. Lancet Psychiatry,the, 2017, 4, 953-962.	7.4	116
9	Retrospective Reports of Childhood Trauma in Adults With ADHD. Journal of Attention Disorders, 2006, 9, 631-641.	2.6	106
10	The ketogenic diet as a potential treatment and prevention strategy for Alzheimer's disease. Nutrition, 2019, 60, 118-121.	2.4	104
11	Gender differences in ADHD: implications for psychosocial treatments. Expert Review of Neurotherapeutics, 2008, 8, 643-655.	2.8	98
12	The Emerging Field of Nutritional Mental Health. Clinical Psychological Science, 2015, 3, 964-980.	4.0	98
13	Broad-spectrum micronutrient formulas for the treatment of psychiatric symptoms: a systematic review. Expert Review of Neurotherapeutics, 2013, 13, 49-73.	2.8	88
14	Vitaminâ€“mineral treatment of attention-deficit hyperactivity disorder in adults: double-blind randomised placebo-controlled trial. British Journal of Psychiatry, 2014, 204, 306-315.	2.8	88
15	<scp>I</scp>nternational <scp>S</scp>ociety for <scp>N</scp>utritional <scp>P</scp>sychiatry <scp>R</scp>esearch consensus position statement: nutritional medicine in modern psychiatry. World Psychiatry, 2015, 14, 370-371.	10.4	81
16	Is Mandatory Prospective Trial Registration Working to Prevent Publication of Unregistered Trials and Selective Outcome Reporting? An Observational Study of Five Psychiatry Journals That Mandate Prospective Clinical Trial Registration. PLoS ONE, 2015, 10, e0133718.	2.5	81
17	Nutrient supplementation approaches in the treatment of ADHD. Expert Review of Neurotherapeutics, 2009, 9, 461-476.	2.8	79
18	Impact of ADHD on the Neurocognitive Functioning of Adolescents with Bipolar Disorder. Biological Psychiatry, 2006, 60, 921-928.	1.3	76

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19	An Investigation into the Relationship Among ADHD Symptomatology, Creativity, and Neuropsychological Functioning in Children. Child Neuropsychology, 2006, 12, 421-438.	1.3	75
20	Road-Crossing Safety in Virtual Reality: A Comparison of Adolescents With and Without ADHD. Journal of Clinical Child and Adolescent Psychology, 2006, 35, 203-215.	3.4	70
21	Systematic review of evidence to support the theory of psychobiotics. Nutrition Reviews, 2015, 73, 675-693.	5.8	70
22	Vitaminâ€mineral treatment improves aggression and emotional regulation in children with <scp>ADHD</scp>: a fully blinded, randomized, placeboâ€controlled trial. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2018, 59, 232-246.	5.2	61
23	Psychosocial functioning of adolescents with and without paediatric bipolar disorder. Journal of Affective Disorders, 2006, 91, 181-188.	4.1	57
24	Human gut microbiome changes during a 10 week Randomised Control Trial for micronutrient supplementation in children with attention deficit hyperactivity disorder. Scientific Reports, 2019, 9, 10128.	3.3	56
25	Clinician guidelines for the treatment of psychiatric disorders with nutraceuticals and phytoceuticals: The World Federation of Societies of Biological Psychiatry (WFSBP) and Canadian Network for Mood and Anxiety Treatments (CANMAT) Taskforce. World Journal of Biological Psychiatry, 2022, 23, 424-455.	2.6	49
26	Attributional Styles and Psychosocial Functioning of Adults With ADHD. Journal of Attention Disorders, 2007, 10, 288-298.	2.6	46
27	Shaken but unstirred? Effects of micronutrients on stress and trauma after an earthquake: RCT evidence comparing formulas and doses. Human Psychopharmacology, 2012, 27, 440-454.	1.5	44
28	Retrospective parent report of psychiatric histories: do checklists reveal specific prodromal indicators for postpubertalâ€onset pediatric bipolar disorder?. Bipolar Disorders, 2008, 10, 56-66.	1.9	43
29	Effect of Micronutrients on Behavior and Mood in Adults With ADHD: Evidence From an 8-Week Open Label Trial With Natural Extension. Journal of Attention Disorders, 2011, 15, 79-91.	2.6	40
30	Gambling, Delay, and Probability Discounting in Adults With and Without ADHD. Journal of Attention Disorders, 2016, 20, 968-978.	2.6	40
31	Childhood CBCL bipolar profile and adolescent/young adult personality disorders: A 9-year follow-up. Journal of Affective Disorders, 2011, 130, 155-161.	4.1	39
32	The relationship between ADHD symptomatology and self-harm, suicidal ideation, and suicidal behaviours in adults: a pilot study. ADHD Attention Deficit and Hyperactivity Disorders, 2014, 6, 303-312.	1.7	36
33	Clinically Significant Symptom Reduction in Children with Attention-Deficit/Hyperactivity Disorder Treated with Micronutrients: An Open-Label Reversal Design Study. Journal of Child and Adolescent Psychopharmacology, 2015, 25, 783-798.	1.3	36
34	Validity of the Brown ADD Scales: An investigation in a predominantly inattentive ADHD adolescent sample with and without reading disabilities. Journal of Attention Disorders, 2002, 5, 155-164.	2.6	35
35	An Exploration Into the Creative Abilities of Children With ADHD. Journal of Attention Disorders, 2005, 8, 88-95.	2.6	35
36	Moderators of treatment response in adults with ADHD treated with a vitaminâ€“mineral supplement. Progress in Neuro-Psychopharmacology and Biological Psychiatry, 2014, 50, 163-171.	4.8	34

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37	Why has increased provision of psychiatric treatment not reduced the prevalence of mental disorder?. Australian and New Zealand Journal of Psychiatry, 2017, 51, 1176-1177.	2.3	34
38	A randomised trial of nutrient supplements to minimise psychological stress after a natural disaster. Psychiatry Research, 2015, 228, 373-379.	3.3	31
39	Database Analysis of Depression and Anxiety in a Community Sampleâ€"Response to a Micronutrient Intervention. Nutrients, 2018, 10, 152.	4.1	30
40	Successful Treatment of Bipolar Disorder II and ADHD with a Micronutrient Formula: A Case Study. CNS Spectrums, 2010, 15, 289-295.	1.2	29
41	Gender Differences in Neuropsychological Functioning of New Zealand Adolescents with and without Attention Deficit Hyperactivity Disorder. International Journal of Disability Development and Education, 2006, 53, 47-66.	1.1	28
42	Micronutrients reduce stress and anxiety in adults with Attention-Deficit/Hyperactivity Disorder following a 7.1 earthquake. Psychiatry Research, 2011, 189, 281-287.	3.3	26
43	Successful treatment of OCD with a micronutrient formula following partial response to Cognitive Behavioral Therapy (CBT): A case study. Journal of Anxiety Disorders, 2009, 23, 836-840.	3.2	25
44	Database analysis of children and adolescents with Bipolar Disorder consuming a micronutrient formula. BMC Psychiatry, 2010, 10, 74.	2.6	25
45	Epigenetics, nutrition and mental health. Is there a relationship?. Nutritional Neuroscience, 2018, 21, 602-613.	3.1	25
46	Attributions and perceptions of childhood in women with ADHD symptomatology. , 2000, 56, 711-722.		21
47	Psychological functioning 1â€‰year after a brief intervention using micronutrients to treat stress and anxiety related to the 2011 Christchurch earthquakes: a naturalistic followâ€up. Human Psychopharmacology, 2014, 29, 230-243.	1.5	21
48	Psychiatric Comorbidities in a New Zealand Sample of Adults With ADHD. Journal of Attention Disorders, 2016, 20, 1030-1038.	2.6	21
49	The efficacy of hypnosis in the treatment of pruritus in people with hiv/aids: A time-series analysis. International Journal of Clinical and Experimental Hypnosis, 2002, 50, 149-169.	1.8	20
50	Criminal Offending and Learning Disabilities in New Zealand Youth. Crime and Delinquency, 2013, 59, 1263-1286.	1.7	20
51	Psychotropic Medication Prescription Rates and Trends for New Zealand Children and Adolescents 2008â€"2016. Journal of Child and Adolescent Psychopharmacology, 2020, 30, 87-96.	1.3	20
52	Selective attention and inhibitory deficits in ADHD: Does subtype or comorbidity modulate negative priming effects?. Brain and Cognition, 2008, 67, 324-339.	1.8	18
53	Edited by Kiriakos Xenitidis and Colin Campbell. British Journal of Psychiatry, 2013, 203, 154-154.	2.8	18
54	Can we predict treatment response in children with ADHD to a vitamin-mineral supplement? An investigation into pre-treatment nutrient serum levels, MTHFR status, clinical correlates and demographic variables. Progress in Neuro-Psychopharmacology and Biological Psychiatry, 2019, 89, 181-192.	4.8	17

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55	An Evaluation of the Response Modulation Hypothesis in Relation to Attentionâ€“Deficit/Hyperactivity Disorder. Journal of Abnormal Child Psychology, 2006, 34, 542-554.	3.5	16
56	Broad-Spectrum Micronutrient Treatment for Attention-Deficit/Hyperactivity Disorder: Rationale and Evidence to Date. CNS Drugs, 2014, 28, 775-785.	5.9	16
57	Nutrition and Mental Health. Clinical Psychological Science, 2016, 4, 1082-1084.	4.0	16
58	Vitaminâ€“Mineral Treatment of ADHD in Adults. Journal of Attention Disorders, 2017, 21, 522-532.	2.6	15
59	An investigation into the psychosocial functioning of creative children: The impact of ADHD symptomatology. Journal of Creative Behavior, 2006, 40, 243-264.	2.9	14
60	Multinutrients for the Treatment of Psychiatric Symptoms in Clinical Samples: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Nutrients, 2020, 12, 3394.	4.1	14
61	Addressing the treatment gap in New Zealand with more therapists-is it practical and will it work?. New Zealand Medical Journal, 2018, 131, 8-11.	0.5	14
62	A Pilot Randomized Treatment-Controlled Trial Comparing Vitamin B6 with Broad-Spectrum Micronutrients for Premenstrual Syndrome. Journal of Alternative and Complementary Medicine, 2020, 26, 88-97.	2.1	13
63	Interference and Negative Priming Effects in Adolescents with Attention Deficit Hyperactivity Disorder. American Journal of Psychology, 2007, 120, 91-122.	0.3	12
64	What if nutrients could treat mental illness?. Australian and New Zealand Journal of Psychiatry, 2015, 49, 407-408.	2.3	12
65	Thoughtâ€“action fusion and inflated responsibility beliefs in obsessiveâ€“compulsive disorder. Clinical Psychologist, 2009, 13, 94-101.	0.8	11
66	An Observational Preliminary Study on the Safety of Long-Term Consumption of Micronutrients for the Treatment of Psychiatric Symptoms. Journal of Alternative and Complementary Medicine, 2019, 25, 613-622.	2.1	11
67	Broad spectrum micronutrient formulas for the treatment of symptoms of depression, stress, and/or anxiety: a systematic review. Expert Review of Neurotherapeutics, 2020, 20, 351-371.	2.8	11
68	Interference and negative priming effects in adolescents with attention deficit hyperactivity disorder. American Journal of Psychology, 2007, 120, 91-122.	0.3	11
69	Hypnosis in a Case of Long-Standing Idiopathic Itch. Psychosomatic Medicine, 1999, 61, 355-358.	2.0	10
70	The Relationship Between ADHD and Creativity. The ADHD Report, 2008, 16, 1-5.	0.6	10
71	Can Micronutrients Improve Neurocognitive Functioning in Adults with ADHD and Severe Mood Dysregulation? A Pilot Study. Journal of Alternative and Complementary Medicine, 2011, 17, 1125-1131.	2.1	10
72	Methylomic changes in response to micronutrient supplementation and MTHFR genotype. Epigenomics, 2018, 10, 1201-1214.	2.1	10

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73	AGE OF ONSET OF ADHD SYMPTOMS. Journal of the American Academy of Child and Adolescent Psychiatry, 2002, 41, 496-497.	0.5	9
74	How Good Are the ADHD Screening Items of the K-SADS-PL at Identifying Adolescents With and Without ADHD?. Journal of Attention Disorders, 2008, 11, 423-424.	2.6	9
75	Effect of Micronutrients on Insomnia in Adults. Clinical Psychological Science, 2016, 4, 1112-1124.	4.0	9
76	Mineral-Vitamin Treatment Associated with Remission in Attention-Deficit/Hyperactivity Disorder Symptoms and Related Problems: 1-Year Naturalistic Outcomes of a 10-Week Randomized Placebo-Controlled Trial. Journal of Child and Adolescent Psychopharmacology, 2019, 29, 688-704.	1.3	9
77	Common CYP2D6, CYP2C9, and CYP2C19 Gene Variants, Health Anxiety, and Neuroticism Are Not Associated With Self-Reported Antidepressant Side Effects. Frontiers in Genetics, 2019, 10, 1199.	2.3	9
78	Anxiety and Stress in Children Following an Earthquake: Clinically Beneficial Effects of Treatment with Micronutrients. Journal of Child and Family Studies, 2017, 26, 1422-1431.	1.3	8
79	Nutrition Provides the Essential Foundation for Optimizing Mental Health. Evidence-Based Practice in Child and Adolescent Mental Health, 2021, 6, 131-154.	1.0	7
80	APPARENT ADOLESCENT ONSET OF ADHD-BEWARE!. Journal of the American Academy of Child and Adolescent Psychiatry, 2000, 39, 1075-1076.	0.5	6
81	Can Callous-Unemotional Traits and Aggression Identify Children at High-Risk of Anti-Social Behavior in a Low Socioeconomic Group?. Journal of Family Violence, 2010, 25, 701-712.	3.3	6
82	Use of Micronutrients Attenuates Cannabis and Nicotine Abuse as Evidenced From a Reversal Design: A Case Study. Journal of Psychoactive Drugs, 2013, 45, 168-178.	1.7	6
83	Dietary and Micronutrient Treatments for Children with Neurodevelopment Disorders. Current Developmental Disorders Reports, 2018, 5, 243-252.	2.1	6
84	Could yeast infections impair recovery from mental illness? A case study using micronutrients and olive leaf extract for the treatment of ADHD and depression. Advances in Mind-Body Medicine, 2013, 27, 14-8.	0.3	6
85	A Possible Biological Mechanism for the B Vitamins Altering Behaviour in Attention-Deficit/Hyperactivity Disorder. Pharmaceutical Medicine, 2010, 24, 289-294.	1.9	5
86	Are over-the-counter fish oil supplements safe, effective and accurate with labelling? Analysis of 10 New Zealand fish oil supplements. New Zealand Medical Journal, 2020, 133, 52-62.	0.5	5
87	Methylphenidate for attention-deficit/hyperactivity disorder: Too much of a good thing?. Australian and New Zealand Journal of Psychiatry, 2016, 50, 113-114.	2.3	4
88	Resting-state networks and neurometabolites in children with ADHD after 10 weeks of treatment with micronutrients: results of a randomised placebo-controlled trial. Nutritional Neuroscience, 2020, 23, 876-886.	3.1	4
89	Do Changes in Blood Nutrient Levels Mediate Treatment Response in Children and Adults With ADHD Consuming a Vitaminâ€“Mineral Supplement?. Journal of Attention Disorders, 2021, 25, 1107-1119.	2.6	4
90	What are we teaching our students by not asking about abuse?. American Psychologist, 2007, 62, 326-327.	4.2	3

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91	Study Protocol for a Randomized Double Blind, Treatment Control Trial Comparing the Efficacy of a Micronutrient Formula to a Single Vitamin Supplement in the Treatment of Premenstrual Syndrome. Medicines (Basel, Switzerland), 2016, 3, 32.	1.4	3
92	The Role of Diet and Nutrient Supplementation in the Treatment of ADHD. The ADHD Report, 2016, 24, 1-8.	0.6	3
93	Restoring Study 329: Paroxetine neither effective nor safe for adolescents. Australian and New Zealand Journal of Psychiatry, 2016, 50, 922-923.	2.3	3
94	Massacre, Earthquake, Flood. International Perspectives in Psychology: Research, Practice, Consultation, 2021, 10, 39-54.	0.7	3
95	The Potential of Nutritional Therapy. Science, 2010, 327, 268-268.	12.6	2
96	Could nutrition help behaviours associated with personality disorders? A narrative review. Personality and Mental Health, 2016, 10, 3-11.	1.2	2
97	Toward â€˜element balanceâ€™ in ADHD: an exploratory case control study employing hair analysis. Nutritional Neuroscience, 2020, , 1-11.	3.1	2
98	Can broad-spectrum multinutrients treat symptoms of antenatal depression and anxiety and improve infant development? Study protocol of a double blind, randomized, controlled trial (the â€˜NUTRIMUMâ€™) Tj ETQq1 1 0.784314 rgBT /Overlock	2.4	2
99	Is mandatory prospective trial registration working? An update on the adherence to the International Committee of Medical Journal Editors guidelines across five psychiatry journals: 2015â€“2020. Acta Psychiatrica Scandinavica, 2021, 144, 510-517.	4.5	2
100	TARLAN: a Simulation Game to Improve Social Problem-Solving Skills of ADHD Children. Lecture Notes in Computer Science, 2015, , 328-337.	1.3	1
101	Study Protocol for a Randomized Double Blind, Placebo Controlled Trial Exploring the Effectiveness of a Micronutrient Formula in Improving Symptoms of Anxiety and Depression. Medicines (Basel,) Tj ETQq1 1 0.784314 rgBT /Overlock	1.4	1
102	20.1 MICRONUTRIENTS FOR EMOTIONAL DYSREGULATION IN CHILDREN. Journal of the American Academy of Child and Adolescent Psychiatry, 2019, 58, S329.	0.5	1
103	Exposure to green spaces as a modifiable risk factor in attention-deficit hyperactivity disorder. Lancet Planetary Health, The, 2019, 3, e200-e201.	11.4	1
104	Novel Mineralâ€“Vitamin Treatment for Reduction in Cigarette Smoking: A Fully Blinded Randomized Placebo-Controlled Trial. Nicotine and Tobacco Research, 2019, 21, 1496-1505.	2.6	1
105	Pyroluria: Fact or Fiction?. Journal of Alternative and Complementary Medicine, 2021, 27, 407-415.	2.1	1
106	Psychosis Resulting From Herbs Rather Than Nutrients. primary care companion for CNS disorders, The, 2016, 18, .	0.6	1
107	Are the amounts of vitamins in commercially available dietary supplement formulations relevant for the management of psychiatric disorders in children?. New Zealand Medical Journal, 2014, 127, 73-85.	0.5	1
108	History of Trauma in Adults with ADHD. The ADHD Report, 2008, 16, 10-16.	0.6	0

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109	Review: some evidence of impaired neurocognitive performance in children and adolescents with bipolar disorder. Evidence-Based Mental Health, 2012, 15, 12-12.	4.5	0
110	Authors' reply. British Journal of Psychiatry, 2015, 207, 460-460.	2.8	0
111	Multinutrient Supplementation for Prevention of Major Depressive Disorder in Overweight Adults. JAMA - Journal of the American Medical Association, 2019, 322, 366.	7.4	0
112	The Rationale for Treating with a Broad Spectrum of Minerals and Vitamins. , 2015, , 263-278.		0
113	Disasters, policies and micronutrients: the intersect among ethics, evidence and effective action. New Zealand Medical Journal, 2020, 133, 8-11.	0.5	0