

# HelanÃ© Wahbeh

## List of Publications by Year in descending order

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Version: 2024-02-01

69  
papers

2,734  
citations

218677

26  
h-index

197818

49  
g-index

82  
all docs

82  
docs citations

82  
times ranked

3587  
citing authors

#	ARTICLE	IF	CITATIONS
1	Genetics of psychic ability - A pilot case-control exome sequencing study. Explore: the Journal of Science and Healing, 2022, 18, 264-271.	1.0	4
2	Channeling: A Non-pathological Possession and Dissociative Identity Experience or Something Else?. Culture, Medicine and Psychiatry, 2022, 46, 161-169.	1.2	20
3	Exploring Personal Development Workshops' Effect on Well-Being and Interconnectedness. , 2022, 28, 87-95.		3
4	Possible negentropic effects observed during Energy Medicine sessions. Explore: the Journal of Science and Healing, 2021, 17, 45-49.	1.0	2
5	Effects of the local and geocosmic environment on the efficacy of Energy Medicine treatments: An exploratory study. Explore: the Journal of Science and Healing, 2021, 17, 40-44.	1.0	2
6	Energy Medicine treatments for hand and wrist pain: A pilot study. Explore: the Journal of Science and Healing, 2021, 17, 11-21.	1.0	10
7	A case study of extended human capacity perception during Energy Medicine treatments using mixed methods analysis. Explore: the Journal of Science and Healing, 2021, 17, 70-78.	1.0	1
8	Psychophysical interactions with a double-slit interference pattern: Exploratory evidence of a causal influence. Physics Essays, 2021, 34, 79-88.	0.4	6
9	Patient perspectives on the causes of breast cancer: a qualitative study on the relationship between stress, trauma, and breast cancer development. International Journal of Qualitative Studies on Health and Well-being, 2021, 16, 1983949.	1.6	3
10	Self-health monitoring and wearable neurotechnologies. Handbook of Clinical Neurology / Edited By P J Vinken and G W Bruyn, 2020, 168, 207-232.	1.8	20
11	Characteristics of English-speaking trance channelers. Explore: the Journal of Science and Healing, 2020, 16, 304-309.	1.0	9
12	Commentary: False-Positive Effect in the Radin Double-Slit Experiment on Observer Consciousness as Determined With the Advanced Meta-Experimental Protocol. Frontiers in Psychology, 2020, 11, 726.	2.1	5
13	A qualitative exploratory analysis of channeled content. Explore: the Journal of Science and Healing, 2020, 16, 231-236.	1.0	2
14	Classroom-Based Mindfulness Training Reduces Anxiety in Adolescents: Acceptability and Effectiveness of a Cluster-Randomized Pilot Study. Journal of Restorative Medicine, 2020, 9, .	0.6	8
15	Effect of the Anti-Inflammatory Diet in People with Diabetes and Pre-Diabetes: A Randomized Controlled Feeding Study. Journal of Restorative Medicine, 2019, 8, .	0.6	15
16	A physiological examination of perceived incorporation during trance. F1000Research, 2019, 8, 67.	1.6	12
17	The neuroscience of meditation: classification, phenomenology, correlates, and mechanisms. Progress in Brain Research, 2019, 244, 1-29.	1.4	63
18	A physiological examination of perceived incorporation during trance. F1000Research, 2019, 8, 67.	1.6	6

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19	The Noetic Experience and Belief Scale: A validation and reliability study. F1000Research, 2019, 8, 1741.	1.6	6
20	iRest Meditation for Older Adults with Depression Symptoms: 6-Month and 1-Year Follow-up. International Journal of Yoga Therapy, 2019, 29, 51-56.	0.7	3
21	iRest Meditation for Older Adults with Depression Symptoms: A Pilot Study. International Journal of Yoga Therapy, 2019, 29, 9-17.	0.7	13
22	Measuring extraordinary experiences and beliefs: A validation and reliability study. F1000Research, 2019, 8, 1741.	1.6	8
23	A Systematic Review of Transcendent States Across Meditation and Contemplative Traditions. Explore: the Journal of Science and Healing, 2018, 14, 19-35.	1.0	51
24	Internet Mindfulness Meditation Intervention (IMMI) Improves Depression Symptoms in Older Adults. Medicines (Basel, Switzerland), 2018, 5, 119.	1.4	21
25	Future directions in meditation research: Recommendations for expanding the field of contemplative science. PLoS ONE, 2018, 13, e0205740.	2.5	73
26	Dissociative Symptoms and Anomalous Information Reception. Activitas Nervosa Superior, 2018, 60, 75-85.	0.4	10
27	Exceptional experiences reported by scientists and engineers. Explore: the Journal of Science and Healing, 2018, 14, 329-341.	1.0	25
28	Shamanic Healing for Veterans with PTSD: A Case Series. Explore: the Journal of Science and Healing, 2017, 13, 207-217.	1.0	7
29	A Qualitative Study of Mindfulness Among Veterans With Posttraumatic Stress Disorder: Practices Differentially Affect Symptoms, Aspects of Well-Being, and Potential Mechanisms of Action. Journal of Evidence-Based Complementary & Alternative Medicine, 2017, 22, 482-493.	1.5	17
30	Meditation in Stressed Older Adults: Improvements in Self-Rated Mental Health Not Paralleled by Improvements in Cognitive Function or Physiological Measures. Mindfulness, 2017, 8, 627-638.	2.8	45
31	Complementary and Integrative Medicine for Neurologic Conditions. Medical Clinics of North America, 2017, 101, 881-893.	2.5	90
32	People who report anomalous information reception have higher dissociation symptom scores. F1000Research, 2017, 6, 1416.	1.6	9
33	People reporting experiences of mediumship have higher dissociation symptom scores than non-mediums, but below thresholds for pathological dissociation. F1000Research, 2017, 6, 1416.	1.6	12
34	Mechanistic Pathways of Mindfulness Meditation in Combat Veterans With Posttraumatic Stress Disorder. Journal of Clinical Psychology, 2016, 72, 365-383.	1.9	72
35	Expectancy Effect in Three Mind-Body Clinical Trials. Journal of Evidence-Based Complementary & Alternative Medicine, 2016, 21, NP103-NP109.	1.5	9
36	Depression and anxiety in patients with Inflammatory Bowel Disease: A systematic review. Journal of Psychosomatic Research, 2016, 87, 70-80.	2.6	399

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37	Managing psychological stress in the multiple sclerosis medical visit: Patient perspectives and unmet needs. <i>Journal of Health Psychology</i> , 2016, 21, 1676-1687.	2.3	25
38	The Body Scan and Mindful Breathing Among Veterans with PTSD: Type of Intervention Moderates the Relationship Between Changes in Mindfulness and Post-treatment Depression. <i>Mindfulness</i> , 2016, 7, 372-383.	2.8	43
39	Internet Mindfulness Meditation Intervention for the General Public: Pilot Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2016, 3, e37.	3.3	35
40	Internet-based Mindfulness Meditation for Cognition and Mood in Older Adults: A Pilot Study. <i>Alternative Therapies in Health and Medicine</i> , 2016, 22, 44-53.	0.0	20
41	The Effects of Mind-Body Interventions on Sleep Quality: A Systematic Review. <i>Evidence-based Complementary and Alternative Medicine</i> , 2015, 2015, 1-17.	1.2	73
42	ApoE2 Exaggerates PTSD-Related Behavioral, Cognitive, and Neuroendocrine Alterations. <i>Neuropsychopharmacology</i> , 2015, 40, 2443-2453.	5.4	59
43	Teaching mindfulness meditation to adults with severe speech and physical impairments: An exploratory study. <i>Neuropsychological Rehabilitation</i> , 2015, 25, 708-732.	1.6	11
44	One-on-One Mindfulness Meditation Trainings in a Research Setting. <i>Mindfulness</i> , 2014, 5, 88-99.	2.8	41
45	Complementary and Alternative Medicine for Posttraumatic Stress Disorder Symptoms: A Systematic Review. <i>Journal of Evidence-Based Complementary &amp; Alternative Medicine</i> , 2014, 19, 161-175.	1.5	47
46	Teaching Mindfulness Meditation to Adults with Severe Speech and Physical Impairments: An Exploratory Study. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, A64-A64.	2.1	1
47	Systematic Review of Mind-Body Interventions on Sleep. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, A65-A65.	2.1	2
48	Quantitative change of EEG and respiration signals during mindfulness meditation. <i>Journal of NeuroEngineering and Rehabilitation</i> , 2014, 11, 87.	4.6	107
49	Group, One-on-One, or Internet? Preferences for Mindfulness Meditation Delivery Format and their Predictors. <i>Open Medicine Journal</i> , 2014, 1, 66-74.	0.7	82
50	Change in physiological signals during mindfulness meditation. , 2013, , 1738-1381.		26
51	Peak High-Frequency HRV and Peak Alpha Frequency Higher in PTSD. <i>Applied Psychophysiology Biofeedback</i> , 2013, 38, 57-69.	1.7	89
52	Salivary Cortisol Lower in Posttraumatic Stress Disorder. <i>Journal of Traumatic Stress</i> , 2013, 26, 241-248.	1.8	82
53	Skin Conductance Response during Laboratory Stress in Combat Veterans with Post Traumatic Stress Disorder. <i>Journal of Trauma &amp; Treatment</i> , 2013, 02, .	0.0	4
54	Mindful Awareness and Non-judging in Relation to Posttraumatic Stress Disorder Symptoms. <i>Mindfulness</i> , 2011, 2, 219-227.	2.8	55

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55	One Method for Objective Adherence Measurement in Mind-Body Medicine. <i>Journal of Alternative and Complementary Medicine</i> , 2011, 17, 175-177.	2.1	27
56	Stress-Related Cognitive Dysfunction in Dementia Caregivers. <i>Journal of Geriatric Psychiatry and Neurology</i> , 2011, 24, 191-198.	2.3	87
57	Pilot Controlled Trial of Mindfulness Meditation and Education for Dementia Caregivers. <i>Journal of Alternative and Complementary Medicine</i> , 2010, 16, 1031-1038.	2.1	168
58	Mind-Body Medicine and Immune System Outcomes: A Systematic Review. <i>The Open Complementary Medicine Journal</i> , 2009, 1, 25-34.	1.5	24
59	Static Magnetic Field Therapy: A Critical Review of Treatment Parameters. <i>Evidence-based Complementary and Alternative Medicine</i> , 2009, 6, 133-139.	1.2	72
60	Mind-body interventions. <i>Neurology</i> , 2008, 70, 2321-2328.	1.1	269
61	Salivary Cortisol Awakening Response in Mild Alzheimer Disease, Caregivers, and Noncaregivers. <i>Alzheimer Disease and Associated Disorders</i> , 2008, 22, 181-183.	1.3	64
62	Binaural Beat Technology in Humans: A Pilot Study To Assess Psychologic and Physiologic Effects. <i>Journal of Alternative and Complementary Medicine</i> , 2007, 13, 25-32.	2.1	77
63	Binaural Beat Technology in Humans: A Pilot Study to Assess Neuropsychologic, Physiologic, And Electroencephalographic Effects. <i>Journal of Alternative and Complementary Medicine</i> , 2007, 13, 199-206.	2.1	69
64	Qualitative analysis of first-person accounts of noetic experiences. <i>F1000Research</i> , 0, 10, 497.	1.6	0
65	Qualitative analysis of first-person accounts of noetic experiences. <i>F1000Research</i> , 0, 10, 497.	1.6	0
66	The Noetic Experience and Belief Scale: A validation and reliability study. <i>F1000Research</i> , 0, 8, 1741.	1.6	0
67	Mindful Nonreactivity Moderates the Relationship between Posttraumatic Stress Disorder and Depression. <i>Journal of Loss and Trauma</i> , 0, , 1-15.	1.5	0
68	Qualitative analysis of first-person accounts of noetic experiences. <i>F1000Research</i> , 0, 10, 497.	1.6	1
69	The Noetic Signature Inventory: Development, Exploration, and Initial Validation. <i>Frontiers in Psychology</i> , 0, 13, .	2.1	3