

HelanÃ© Wahbeh

List of Publications by Year in descending order

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Version: 2024-02-01

69
papers

2,734
citations

218677

26
h-index

197818

49
g-index

82
all docs

82
docs citations

82
times ranked

3587
citing authors

#	ARTICLE	IF	CITATIONS
1	Depression and anxiety in patients with Inflammatory Bowel Disease: A systematic review. <i>Journal of Psychosomatic Research</i> , 2016, 87, 70-80.	2.6	399
2	Mind-body interventions. <i>Neurology</i> , 2008, 70, 2321-2328.	1.1	269
3	Pilot Controlled Trial of Mindfulness Meditation and Education for Dementia Caregivers. <i>Journal of Alternative and Complementary Medicine</i> , 2010, 16, 1031-1038.	2.1	168
4	Quantitative change of EEG and respiration signals during mindfulness meditation. <i>Journal of NeuroEngineering and Rehabilitation</i> , 2014, 11, 87.	4.6	107
5	Complementary and Integrative Medicine for Neurologic Conditions. <i>Medical Clinics of North America</i> , 2017, 101, 881-893.	2.5	90
6	Peak High-Frequency HRV and Peak Alpha Frequency Higher in PTSD. <i>Applied Psychophysiology Biofeedback</i> , 2013, 38, 57-69.	1.7	89
7	Stress-Related Cognitive Dysfunction in Dementia Caregivers. <i>Journal of Geriatric Psychiatry and Neurology</i> , 2011, 24, 191-198.	2.3	87
8	Salivary Cortisol Lower in Posttraumatic Stress Disorder. <i>Journal of Traumatic Stress</i> , 2013, 26, 241-248.	1.8	82
9	Group, One-on-One, or Internet? Preferences for Mindfulness Meditation Delivery Format and their Predictors. <i>Open Medicine Journal</i> , 2014, 1, 66-74.	0.7	82
10	Binaural Beat Technology in Humans: A Pilot Study To Assess Psychologic and Physiologic Effects. <i>Journal of Alternative and Complementary Medicine</i> , 2007, 13, 25-32.	2.1	77
11	The Effects of Mind-Body Interventions on Sleep Quality: A Systematic Review. <i>Evidence-based Complementary and Alternative Medicine</i> , 2015, 2015, 1-17.	1.2	73
12	Future directions in meditation research: Recommendations for expanding the field of contemplative science. <i>PLoS ONE</i> , 2018, 13, e0205740.	2.5	73
13	Static Magnetic Field Therapy: A Critical Review of Treatment Parameters. <i>Evidence-based Complementary and Alternative Medicine</i> , 2009, 6, 133-139.	1.2	72
14	Mechanistic Pathways of Mindfulness Meditation in Combat Veterans With Posttraumatic Stress Disorder. <i>Journal of Clinical Psychology</i> , 2016, 72, 365-383.	1.9	72
15	Binaural Beat Technology in Humans: A Pilot Study to Assess Neuropsychologic, Physiologic, And Electroencephalographic Effects. <i>Journal of Alternative and Complementary Medicine</i> , 2007, 13, 199-206.	2.1	69
16	Salivary Cortisol Awakening Response in Mild Alzheimer Disease, Caregivers, and Noncaregivers. <i>Alzheimer Disease and Associated Disorders</i> , 2008, 22, 181-183.	1.3	64
17	The neuroscience of meditation: classification, phenomenology, correlates, and mechanisms. <i>Progress in Brain Research</i> , 2019, 244, 1-29.	1.4	63
18	ApoE2 Exaggerates PTSD-Related Behavioral, Cognitive, and Neuroendocrine Alterations. <i>Neuropsychopharmacology</i> , 2015, 40, 2443-2453.	5.4	59

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19	Mindful Awareness and Non-judging in Relation to Posttraumatic Stress Disorder Symptoms. <i>Mindfulness</i> , 2011, 2, 219-227.	2.8	55
20	A Systematic Review of Transcendent States Across Meditation and Contemplative Traditions. <i>Explore: the Journal of Science and Healing</i> , 2018, 14, 19-35.	1.0	51
21	Complementary and Alternative Medicine for Posttraumatic Stress Disorder Symptoms: A Systematic Review. <i>Journal of Evidence-Based Complementary & Alternative Medicine</i> , 2014, 19, 161-175.	1.5	47
22	Meditation in Stressed Older Adults: Improvements in Self-Rated Mental Health Not Paralleled by Improvements in Cognitive Function or Physiological Measures. <i>Mindfulness</i> , 2017, 8, 627-638.	2.8	45
23	The Body Scan and Mindful Breathing Among Veterans with PTSD: Type of Intervention Moderates the Relationship Between Changes in Mindfulness and Post-treatment Depression. <i>Mindfulness</i> , 2016, 7, 372-383.	2.8	43
24	One-on-One Mindfulness Meditation Trainings in a Research Setting. <i>Mindfulness</i> , 2014, 5, 88-99.	2.8	41
25	Internet Mindfulness Meditation Intervention for the General Public: Pilot Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2016, 3, e37.	3.3	35
26	One Method for Objective Adherence Measurement in MindĀ€Body Medicine. <i>Journal of Alternative and Complementary Medicine</i> , 2011, 17, 175-177.	2.1	27
27	Change in physiological signals during mindfulness meditation. , 2013, , 1738-1381.		26
28	Managing psychological stress in the multiple sclerosis medical visit: Patient perspectives and unmet needs. <i>Journal of Health Psychology</i> , 2016, 21, 1676-1687.	2.3	25
29	Exceptional experiences reported by scientists and engineers. <i>Explore: the Journal of Science and Healing</i> , 2018, 14, 329-341.	1.0	25
30	Mind-Body Medicine and Immune System Outcomes: A Systematic Review. <i>The Open Complementary Medicine Journal</i> , 2009, 1, 25-34.	1.5	24
31	Internet Mindfulness Meditation Intervention (IMMI) Improves Depression Symptoms in Older Adults. <i>Medicines (Basel, Switzerland)</i> , 2018, 5, 119.	1.4	21
32	Self-health monitoring and wearable neurotechnologies. <i>Handbook of Clinical Neurology / Edited By P J Vinken and G W Bruyn</i> , 2020, 168, 207-232.	1.8	20
33	Channeling: A Non-pathological Possession and Dissociative Identity Experience or Something Else?. <i>Culture, Medicine and Psychiatry</i> , 2022, 46, 161-169.	1.2	20
34	Internet-based Mindfulness Meditation for Cognition and Mood in Older Adults: A Pilot Study. <i>Alternative Therapies in Health and Medicine</i> , 2016, 22, 44-53.	0.0	20
35	A Qualitative Study of Mindfulness Among Veterans With Posttraumatic Stress Disorder: Practices Differentially Affect Symptoms, Aspects of Well-Being, and Potential Mechanisms of Action. <i>Journal of Evidence-Based Complementary & Alternative Medicine</i> , 2017, 22, 482-493.	1.5	17
36	Effect of the Anti-Inflammatory Diet in People with Diabetes and Pre-Diabetes: A Randomized Controlled Feeding Study. <i>Journal of Restorative Medicine</i> , 2019, 8, .	0.6	15

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37	iRest Meditation for Older Adults with Depression Symptoms: A Pilot Study. <i>International Journal of Yoga Therapy</i> , 2019, 29, 9-17.	0.7	13
38	A physiological examination of perceived incorporation during trance. <i>F1000Research</i> , 2019, 8, 67.	1.6	12
39	People reporting experiences of mediumship have higher dissociation symptom scores than non-mediums, but below thresholds for pathological dissociation. <i>F1000Research</i> , 2017, 6, 1416.	1.6	12
40	Teaching mindfulness meditation to adults with severe speech and physical impairments: An exploratory study. <i>Neuropsychological Rehabilitation</i> , 2015, 25, 708-732.	1.6	11
41	Dissociative Symptoms and Anomalous Information Reception. <i>Activitas Nervosa Superior</i> , 2018, 60, 75-85.	0.4	10
42	Energy Medicine treatments for hand and wrist pain: A pilot study. <i>Explore: the Journal of Science and Healing</i> , 2021, 17, 11-21.	1.0	10
43	Expectancy Effect in Three Mind-Body Clinical Trials. <i>Journal of Evidence-Based Complementary & Alternative Medicine</i> , 2016, 21, NP103-NP109.	1.5	9
44	Characteristics of English-speaking trance channelers. <i>Explore: the Journal of Science and Healing</i> , 2020, 16, 304-309.	1.0	9
45	People who report anomalous information reception have higher dissociation symptom scores. <i>F1000Research</i> , 2017, 6, 1416.	1.6	9
46	Classroom-Based Mindfulness Training Reduces Anxiety in Adolescents: Acceptability and Effectiveness of a Cluster-Randomized Pilot Study. <i>Journal of Restorative Medicine</i> , 2020, 9, .	0.6	8
47	Measuring extraordinary experiences and beliefs: A validation and reliability study. <i>F1000Research</i> , 2019, 8, 1741.	1.6	8
48	Shamanic Healing for Veterans with PTSD: A Case Series. <i>Explore: the Journal of Science and Healing</i> , 2017, 13, 207-217.	1.0	7
49	Psychophysical interactions with a double-slit interference pattern: Exploratory evidence of a causal influence. <i>Physics Essays</i> , 2021, 34, 79-88.	0.4	6
50	A physiological examination of perceived incorporation during trance. <i>F1000Research</i> , 2019, 8, 67.	1.6	6
51	The Noetic Experience and Belief Scale: A validation and reliability study. <i>F1000Research</i> , 2019, 8, 1741.	1.6	6
52	Commentary: False-Positive Effect in the Radin Double-Slit Experiment on Observer Consciousness as Determined With the Advanced Meta-Experimental Protocol. <i>Frontiers in Psychology</i> , 2020, 11, 726.	2.1	5
53	Skin Conductance Response during Laboratory Stress in Combat Veterans with Post Traumatic Stress Disorder. <i>Journal of Trauma & Treatment</i> , 2013, 02, .	0.0	4
54	Genetics of psychic ability - A pilot case-control exome sequencing study. <i>Explore: the Journal of Science and Healing</i> , 2022, 18, 264-271.	1.0	4

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55	iRest Meditation for Older Adults with Depression Symptoms: 6-Month and 1-Year Follow-up. <i>International Journal of Yoga Therapy</i> , 2019, 29, 51-56.	0.7	3
56	Patient perspectives on the causes of breast cancer: a qualitative study on the relationship between stress, trauma, and breast cancer development. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2021, 16, 1983949.	1.6	3
57	Exploring Personal Development Workshops' Effect on Well-Being and Interconnectedness. , 2022, 28, 87-95.		3
58	The Noetic Signature Inventory: Development, Exploration, and Initial Validation. <i>Frontiers in Psychology</i> , 0, 13, .	2.1	3
59	Systematic Review of Mind-Body Interventions on Sleep. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, A65-A65.	2.1	2
60	A qualitative exploratory analysis of channeled content. <i>Explore: the Journal of Science and Healing</i> , 2020, 16, 231-236.	1.0	2
61	Possible negentropic effects observed during Energy Medicine sessions. <i>Explore: the Journal of Science and Healing</i> , 2021, 17, 45-49.	1.0	2
62	Effects of the local and geocosmic environment on the efficacy of Energy Medicine treatments: An exploratory study. <i>Explore: the Journal of Science and Healing</i> , 2021, 17, 40-44.	1.0	2
63	Teaching Mindfulness Meditation to Adults with Severe Speech and Physical Impairments: An Exploratory Study. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, A64-A64.	2.1	1
64	A case study of extended human capacity perception during Energy Medicine treatments using mixed methods analysis. <i>Explore: the Journal of Science and Healing</i> , 2021, 17, 70-78.	1.0	1
65	Qualitative analysis of first-person accounts of noetic experiences. <i>F1000Research</i> , 0, 10, 497.	1.6	1
66	Qualitative analysis of first-person accounts of noetic experiences. <i>F1000Research</i> , 0, 10, 497.	1.6	0
67	Qualitative analysis of first-person accounts of noetic experiences. <i>F1000Research</i> , 0, 10, 497.	1.6	0
68	The Noetic Experience and Belief Scale: A validation and reliability study. <i>F1000Research</i> , 0, 8, 1741.	1.6	0
69	Mindful Nonreactivity Moderates the Relationship between Posttraumatic Stress Disorder and Depression. <i>Journal of Loss and Trauma</i> , 0, , 1-15.	1.5	0