

# Cape John

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8669237/publications.pdf>

Version: 2024-02-01

46  
papers

2,349  
citations

279798

23  
h-index

254184

43  
g-index

46  
all docs

46  
docs citations

46  
times ranked

3498  
citing authors

#	ARTICLE	IF	CITATIONS
1	The effects of improving sleep on mental health (OASIS): a randomised controlled trial with mediation analysis. <i>Lancet Psychiatry</i> , 2017, 4, 749-758.	7.4	459
2	The Sleep Condition Indicator: a clinical screening tool to evaluate insomnia disorder. <i>BMJ Open</i> , 2014, 4, e004183.	1.9	305
3	Effect of Digital Cognitive Behavioral Therapy for Insomnia on Health, Psychological Well-being, and Sleep-Related Quality of Life: A Randomized Clinical Trial. <i>JAMA Psychiatry</i> , 2019, 76, 21.	11.0	269
4	Brief psychological therapies for anxiety and depression in primary care: meta-analysis and meta-regression. <i>BMC Medicine</i> , 2010, 8, 38.	5.5	207
5	Clinical effectiveness of collaborative care for depression in UK primary care (CADET): cluster randomised controlled trial. <i>BMJ</i> , 2013, 347, f4913-f4913.	6.0	173
6	Delivering stepped care: an analysis of implementation in routine practice. <i>Implementation Science</i> , 2012, 7, 3.	6.9	120
7	Consultation length, patient-estimated consultation length, and satisfaction with the consultation. <i>British Journal of General Practice</i> , 2002, 52, 1004-6.	1.4	64
8	The Sleep Condition Indicator: reference values derived from a sample of 200,000 adults. <i>Journal of Sleep Research</i> , 2018, 27, e12643.	3.2	47
9	Trajectories of depression and anxiety symptom change during psychological therapy. <i>Journal of Affective Disorders</i> , 2019, 249, 327-335.	4.1	44
10	Clinical effectiveness and cost-effectiveness of collaborative care for depression in UK primary care (CADET): a cluster randomised controlled trial. <i>Health Technology Assessment</i> , 2016, 20, 1-192.	2.8	41
11	Psychological treatment of emotional problems by general practitioners. <i>The British Journal of Medical Psychology</i> , 1996, 69, 85-99.	0.5	40
12	Predicting treatment outcome in psychological treatment services by identifying latent profiles of patients. <i>Journal of Affective Disorders</i> , 2016, 197, 107-115.	4.1	39
13	Cost-Effectiveness of Collaborative Care for Depression in UK Primary Care: Economic Evaluation of a Randomised Controlled Trial (CADET). <i>PLoS ONE</i> , 2014, 9, e104225.	2.5	38
14	What is the role of consultation-based liaison psychiatry in the management of depression in primary care? A systematic review and meta-analysis. <i>General Hospital Psychiatry</i> , 2010, 32, 246-254.	2.4	37
15	Older adults respond better to psychological therapy than working-age adults: evidence from a large sample of mental health service attendees. <i>Journal of Affective Disorders</i> , 2021, 294, 85-93.	4.1	36
16	Facilitating access to voluntary and community services for patients with psychosocial problems: a before-after evaluation. <i>BMC Family Practice</i> , 2008, 9, 27.	2.9	33
17	Digital Cognitive Behavioural Therapy for Insomnia versus sleep hygiene education: the impact of improved sleep on functional health, quality of life and psychological well-being. Study protocol for a randomised controlled trial. <i>Trials</i> , 2016, 17, 257.	1.6	32
18	Patients' experiences of GP consultations for psychological problems: a qualitative study. <i>British Journal of General Practice</i> , 2006, 56, 496-503.	1.4	32

#	ARTICLE	IF	CITATIONS
19	Patient-rated therapeutic relationship and outcome in general practitioner treatment of psychological problems. <i>British Journal of Clinical Psychology</i> , 2000, 39, 383-395.	3.5	31
20	Clinical practice guidelines in clinical psychology and psychotherapy. <i>Clinical Psychology and Psychotherapy</i> , 2003, 10, 337-351.	2.7	30
21	Collaborative Depression Trial (CADET): multi-centre randomised controlled trial of collaborative care for depression - study protocol. <i>BMC Health Services Research</i> , 2009, 9, 188.	2.2	30
22	Group cognitive behavioural treatment for insomnia in primary care: a randomized controlled trial. <i>Psychological Medicine</i> , 2016, 46, 1015-1025.	4.5	26
23	Facilitating understanding of mental health problems in GP consultations: a qualitative study using taped-assisted recall. <i>British Journal of General Practice</i> , 2010, 60, 837-845.	1.4	24
24	Practice improvement methods: Conceptual base, evidence-based research, and practice-based recommendations. <i>British Journal of Clinical Psychology</i> , 2002, 41, 285-307.	3.5	22
25	Decisions about referrals for psychological therapies: a matched-patient qualitative study. <i>British Journal of General Practice</i> , 2009, 59, e289-e298.	1.4	20
26	Improvement in IAPT outcomes over time: are they driven by changes in clinical practice?. <i>The Cognitive Behaviour Therapist</i> , 2020, 13, e16.	1.0	18
27	Dynamic interpersonal therapy for moderate to severe depression: a pilot randomized controlled and feasibility trial. <i>Psychological Medicine</i> , 2020, 50, 1010-1019.	4.5	17
28	Management of generalised anxiety disorder in adults: summary of NICE guidance. <i>BMJ: British Medical Journal</i> , 2011, 342, c7460-c7460.	2.3	16
29	The Cost Effectiveness of Pharmacological Treatments for Generalized Anxiety Disorder. <i>Pharmacoeconomics</i> , 2013, 31, 317-333.	3.3	14
30	Trends in depression & anxiety symptom severity among mental health service attendees during the COVID-19 pandemic. <i>Journal of Affective Disorders</i> , 2021, 289, 105-109.	4.1	12
31	Clinical guidelines: involving patients and users of services. <i>Journal of Clinical Effectiveness</i> , 1996, 1, 104-112.	0.2	10
32	Understanding the psychological therapy treatment outcomes for young adults who are not in education, employment, or training (NEET), moderators of outcomes, and what might be done to improve them. <i>Psychological Medicine</i> , 2023, 53, 2808-2819.	4.5	9
33	Rated casemix of general practitioner referrals to practice counsellors and clinical psychologists: A retrospective survey of a year's caseload. <i>The British Journal of Medical Psychology</i> , 2001, 74, 237-246.	0.5	8
34	Complexity of GPs' explanations about mental health problems: development, reliability, and validity of a measure. <i>British Journal of General Practice</i> , 2008, 58, 403-410.	1.4	8
35	Verbal Exchange Structure of General Practice Consultations with Patients Presenting Psychological Problems. <i>Journal of Health Psychology</i> , 1998, 3, 5-21.	2.3	7
36	Pilot of a randomised controlled trial of the selective serotonin reuptake inhibitor sertraline versus cognitive behavioural therapy for anxiety symptoms in people with generalised anxiety disorder who have failed to respond to low-intensity psychological treatments as defined by the National Institute for Health and Care Excellence guidelines. <i>Health Technology Assessment</i> , 2017, 21, 1-138.	2.8	6

#	ARTICLE	IF	CITATIONS
37	Patients' views of the letters their psychiatrists and psychologists send to referrers. Journal of Mental Health, 2005, 14, 369-382.	1.9	5
38	Barriers to recruitment when conducting a commissioned randomised controlled trial of medication versus psychological therapy for generalised anxiety disorder: some lessons learned. Trials, 2019, 20, 284.	1.6	5
39	Involving patients and users of services in quality improvement: what are the benefits?. Journal of Clinical Effectiveness, 1996, 1, 63-67.	0.2	4
40	Clinical effectiveness in the UK: Definitions, history and policy trends. Journal of Mental Health, 2000, 9, 237-246.	1.9	4
41	Identification of psychological morbidity in older people in primary care by practice nurses. Aging and Mental Health, 2003, 7, 446-451.	2.8	4
42	Development of local clinical practice guidelines to assist GPs, counsellors and psychological therapists in matching patients to the most appropriate psychological treatment. Journal of Clinical Effectiveness, 1998, 3, 116-121.	0.2	2
43	The cognitiveâ€“phenomenological assessment of delusions and hallucinations at the early intervention in psychosis service stage: The results of a quality improvement project. Microbial Biotechnology, 2022, , .	1.7	1
44	Promoting Diversity. Advances in Early Childhood and K-12 Education, 2018, , 33-52.	0.2	0
45	Consultation-liaison. , 0, , 81-86.		0
46	Clinical effectiveness in the UK: Definitions, history and policy trends. Journal of Mental Health, 2000, 9, 237-246.	1.9	0