Robinson RamÃ-rez-VÃ©lez

List of Publications by Year
in descending order

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373 papers	7,706 citations	87723 38 h-index	114278 63 g-index
439 all docs	439 docs citations	439 times ranked	8989 citing authors

#	Article	IF	Citations
1	International Exercise Recommendations in Older Adults (ICFSR): Expert Consensus Guidelines. Journal of Nutrition, Health and Aging, 2021, 25, 824-853.	1.5	384
2	Muscular Strength as a Predictor of All-Cause Mortality in an Apparently Healthy Population: A Systematic Review and Meta-Analysis of Data From Approximately 2 Million Men and Women. Archives of Physical Medicine and Rehabilitation, 2018, 99, 2100-2113.e5.	0.5	334
3	Effects of supervised exercise on cancer-related fatigue in breast cancer survivors: a systematic review and meta-analysis. BMC Cancer, 2015, 15, 77.	1.1	210
4	The Impact of the FIFA 11+ Training Program on Injury Prevention in Football Players: A Systematic Review. International Journal of Environmental Research and Public Health, 2014, 11, 11986-12000.	1.2	156
5	Aerobic exercise training during pregnancy reduces depressive symptoms in nulliparous women: a randomised trial. Journal of Physiotherapy, 2012, 58, 9-15.	0.7	116
6	The Effect of Exercise Training on Mediators of Inflammation in Breast Cancer Survivors: A Systematic Review with Meta-analysis. Cancer Epidemiology Biomarkers and Prevention, 2016, 25, 1009-1017.	1.1	113
7	Methodological Characteristics and Future Directions for Plyometric Jump Training Research: A Scoping Review. Sports Medicine, 2018, 48, 1059-1081.	3.1	109
8	Concurrent aerobic plus resistance exercise versus aerobic exercise alone to improve health outcomes in paediatric obesity: a systematic review and meta-analysis. British Journal of Sports Medicine, 2018, 52, 161-166.	3.1	101
9	Association of Cardiorespiratory Fitness Levels During Youth With Health Risk Later in Life. JAMA Pediatrics, 2020, 174, 952.	3.3	101
10	Supervised exercise reduces cancer-related fatigue: a systematic review. Journal of Physiotherapy, 2015, 61, 3-9.	0.7	94
11	Safety and Effectiveness of Long-Term Exercise Interventions in Older Adults: A Systematic Review and Meta-analysis of Randomized Controlled Trials. Sports Medicine, 2020, 50, 1095-1106.	3.1	91
12	Systematic Review and Meta-Analysis of Randomized, Controlled Trials on Preoperative Physical Exercise Interventions in Patients with Non-Small-Cell Lung Cancer. Cancers, 2019, 11, 944.	1.7	88
13	Effects of Supervised Multimodal Exercise Interventions on Cancer-Related Fatigue: Systematic Review and Meta-Analysis of Randomized Controlled Trials. BioMed Research International, 2015, 2015, 1-13.	0.9	87
14	Reliability of Health-Related Physical Fitness Tests among Colombian Children and Adolescents: The FUPRECOL Study. PLoS ONE, 2015, 10, e0140875.	1.1	85
15	Reference values for handgrip strength and their association with intrinsic capacity domains among older adults. Journal of Cachexia, Sarcopenia and Muscle, 2019, 10, 278-286.	2.9	82
16	Association of Physical Education With Improvement of Health-Related Physical Fitness Outcomes and Fundamental Motor Skills Among Youths. JAMA Pediatrics, 2020, 174, e200223.	3.3	75
17	Physical Activity, Sedentary Behavior, Sleep and Self-Regulation in Spanish Preschoolers during the COVID-19 Lockdown. International Journal of Environmental Research and Public Health, 2021, 18, 693.	1.2	73
18	Aerobic exercise during pregnancy improves health-related quality of life: a randomised trial. Journal of Physiotherapy, 2010, 56, 253-258.	0.7	72

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19	Percentage of Body Fat and Fat Mass Index as a Screening Tool for Metabolic Syndrome Prediction in Colombian University Students. Nutrients, 2017, 9, 1009.	1.7	71
20	Gait speed as a mediator of the effect of sarcopenia on dependency in activities of daily living. Journal of Cachexia, Sarcopenia and Muscle, 2019, 10, 1009-1015.	2.9	70
21	A Narrative Review of Motor Competence in Children and Adolescents: What We Know and What We Need to Find Out. International Journal of Environmental Research and Public Health, 2021, 18, 18.	1.2	70
22	Effects and prevalence of nonresponders after 12 weeks of high-intensity interval or resistance training in women with insulin resistance: a randomized trial. Journal of Applied Physiology, 2017, 122, 985-996.	1.2	69
23	Long-term magnetic field monitoring of the Sun-like starÎ¾Bootis A. Astronomy and Astrophysics, 2012, 540, A138.	2.1	64
24	Exercise, adipokines and pediatric obesity: a meta-analysis of randomized controlled trials. International Journal of Obesity, 2017, 41, 475-482.	1.6	62
25	Exercise, health outcomes, and pÃ¦diatric obesity: A systematic review of meta-analyses. Journal of Science and Medicine in Sport, 2019, 22, 76-84.	0.6	60
26	Influence of regular aerobic exercise on endotheliumâ€dependent vasodilation and cardiorespiratory fitness in pregnant women. Journal of Obstetrics and Gynaecology Research, 2011, 37, 1601-1608.	0.6	54
27	Handgrip strength cutoff for cardiometabolic risk index among Colombian children and adolescents: The FUPRECOL Study. Scientific Reports, 2017, 7, 42622.	1.6	54
28	Ideal Cardiovascular Health and Incident Cardiovascular Disease Among Adults: A Systematic Review and Meta-analysis. Mayo Clinic Proceedings, 2018, 93, 1589-1599.	1.4	51
29	Interâ€individual variability in response to exercise intervention or usual care in hospitalized older adults. Journal of Cachexia, Sarcopenia and Muscle, 2019, 10, 1266-1275.	2.9	51
30	Effect of Exercise Training on Enos Expression, NO Production and Oxygen Metabolism in Human Placenta. PLoS ONE, 2013, 8, e80225.	1.1	50
31	Cycling to School and Body Composition, Physical Fitness, and Metabolic Syndrome in Children and Adolescents. Journal of Pediatrics, 2017, 188, 57-63.	0.9	50
32	Handgrip Strength and Ideal Cardiovascular Health among Colombian Children and Adolescents. Journal of Pediatrics, 2016, 179, 82-89.e1.	0.9	49
33	The Effects of Exercise on Abdominal Fat and Liver Enzymes in Pediatric Obesity: A Systematic Review and Meta-Analysis. Childhood Obesity, 2017, 13, 272-282.	0.8	48
34	Obesity- and Lipid-Related Parameters in the Identification of Older Adults with a High Risk of Prediabetes According to the American Diabetes Association: An Analysis of the 2015 Health, Well-Being, and Aging Study. Nutrients, 2019, 11, 2654.	1.7	48
35	Effects of physical education interventions on cognition and academic performance outcomes in children and adolescents: a systematic review and meta-analysis. British Journal of Sports Medicine, 2021, 55, 1224-1232.	3.1	48
36	Reallocating sedentary time to moderateâ€toâ€vigorous physical activity but not to lightâ€intensity physical activity is effective to reduce adiposity among youths: a systematic review and metaâ€analysis. Obesity Reviews, 2017, 18, 1088-1095.	3.1	46

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37	Waist circumference and abdominal volume index are the strongest anthropometric discriminators of metabolic syndrome in Spanish adolescents. European Journal of Clinical Investigation, 2019, 49, e13060.	1.7	45
38	High-speed resistance training in elderly women: Effects of cluster training sets on functional performance and quality of life. Experimental Gerontology, 2018, 110, 216-222.	1.2	44
39	Effectiveness of HIIT compared to moderate continuous training in improving vascular parameters in inactive adults. Lipids in Health and Disease, 2019, 18, 42.	1.2	43
40	Normal-Weight Obesity Is Associated with Increased Cardiometabolic Risk in Young Adults. Nutrients, 2020, 12, 1106.	1.7	43
41	Is adherence to the Mediterranean diet associated with healthy habits and physical fitness? A systematic review and meta-analysis including 565Â421 youths. British Journal of Nutrition, 2022, 128, 1433-1444.	1.2	42
42	Tri-Ponderal Mass Index vs. Fat Mass/Height3 as a Screening Tool for Metabolic Syndrome Prediction in Colombian Children and Young People. Nutrients, 2018, 10, 412.	1.7	40
43	Physical Function and All-Cause Mortality in Older Adults Diagnosed With Cancer: A Systematic Review and Meta-Analysis. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, 76, 1447-1453.	1.7	40
44	Normative Values for the Short Physical Performance Battery (SPPB) and Their Association With Anthropometric Variables in Older Colombian Adults. The SABE Study, 2015. Frontiers in Medicine, 2020, 7, 52.	1.2	39
45	Is device-measured vigorous physical activity associated with health-related outcomes in children and adolescents? A systematic review and meta-analysis. Journal of Sport and Health Science, 2021, 10, 296-307.	3.3	39
46	Acute Effects of High Intensity, Resistance, or Combined Protocol on the Increase of Level of Neurotrophic Factors in Physically Inactive Overweight Adults: The BrainFit Study. Frontiers in Physiology, 2018, 9, 741.	1.3	38
47	Magnetic fields and differential rotation on the pre-main sequence - III. The early-G star HD 106506. Monthly Notices of the Royal Astronomical Society, 2011, 413, 1949-1960.	1.6	37
48	Prevalence of Non-responders for Glucose Control Markers after 10 Weeks of High-Intensity Interval Training in Adult Women with Higher and Lower Insulin Resistance. Frontiers in Physiology, 2017, 8, 479.	1.3	37
49	Dietary Inflammatory Index and Cardiometabolic Risk Parameters in Overweight and Sedentary Subjects. International Journal of Environmental Research and Public Health, 2017, 14, 1104.	1.2	37
50	Handgrip and knee extension strength as predictors of cancer mortality: A systematic review and metaâ€analysis. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 1852-1858.	1.3	37
51	Effects of Exercise Intervention on Health-Related Physical Fitness and Blood Pressure in Preschool Children: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Sports Medicine, 2020, 50, 187-203.	3.1	37
52	Physical fitness and anthropometric normative values among Colombian-Indian schoolchildren. BMC Public Health, 2016, 16, 962.	1.2	36
53	Effects of 6-Weeks High-Intensity Interval Training in Schoolchildren with Insulin Resistance: Influence of Biological Maturation on Metabolic, Body Composition, Cardiovascular and Performance Non-responses. Frontiers in Physiology, 2017, 8, 444.	1.3	36
54	The insulin-like growth factor system is modulated by exercise in breast cancer survivors: a systematic review and meta-analysis. BMC Cancer, 2016, 16, 682.	1.1	35

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55	Cardiorespiratory Fitness and Muscular Strength as Mediators of the Influence of Fatness on Academic Achievement. Journal of Pediatrics, 2017, 187, 127-133.e3.	0.9	35
56	Comparison of Bioelectrical Impedance Analysis, Slaughter Skinfold-Thickness Equations, and Dual-Energy X-ray Absorptiometry for Estimating Body Fat Percentage in Colombian Children and Adolescents with Excess of Adiposity. Nutrients, 2018, 10, 1086.	1.7	35
57	Results from Colombiaâ€™s 2014 Report Card on Physical Activity for Children and Youth. Journal of Physical Activity and Health, 2014, 11, S33-S44.	1.0	33
58	Bioelectrical Impedance Vector Analysis and Muscular Fitness in Healthy Men. Nutrients, 2016, 8, 407.	1.7	32
59	A beforeâ€school physical activity intervention to improve cognitive parameters in children: The Activeâ€Start study. Scandinavian Journal of Medicine and Science in Sports, 2020, 30, 108-116.	1.3	32
60	Performance of the Short Physical Performance Battery in Identifying the Frailty Phenotype and Predicting Geriatric Syndromes in Community-Dwelling Elderly. Journal of Nutrition, Health and Aging, 2021, 25, 209-217.	1.5	32
61	Cardiorespiratory fitness measured with cardiopulmonary exercise testing and mortality in patients with cardiovascular disease: A systematic review and meta-analysis. Journal of Sport and Health Science, 2021, 10, 609-619.	3.3	32
62	Strength training improves insulin sensitivity and plasma lipid levels without altering body composition in overweight and obese subjects. EndocrinologÃa Y NutriciÃ³n (English Edition), 2011, 58, 169-174.	0.5	31
63	High muscular fitness has a powerful protective cardiometabolic effect in adults: influence of weight status. BMC Public Health, 2016, 16, 1012.	1.2	31
64	Acute effect of three different exercise training modalities on executive function in overweight inactive men: A secondary analysis of the BrainFit study. Physiology and Behavior, 2018, 197, 22-28.	1.0	31
65	Effects of kinesio taping alone versus sham taping in individuals with musculoskeletal conditions after intervention for at least one week: a systematic review and meta-analysis. Physiotherapy, 2019, 105, 412-420.	0.2	31
66	Metabolic Syndrome and Associated Factors in a Population-Based Sample of Schoolchildren in Colombia: The FUPRECOL Study. Metabolic Syndrome and Related Disorders, 2016, 14, 455-462.	0.5	30
67	Fat-to-Muscle Ratio: A New Anthropometric Indicator as a Screening Tool for Metabolic Syndrome in Young Colombian People. Nutrients, 2018, 10, 1027.	1.7	30
68	Effects of a home-exercise programme in childhood survivors of acute lymphoblastic leukaemia on physical fitness and physical functioning: results of a randomised clinical trial. Supportive Care in Cancer, 2020, 28, 3171-3178.	1.0	30
69	Effect of exercise on myosteatosis in adults: a systematic review and meta-analysis. Journal of Applied Physiology, 2021, 130, 245-255.	1.2	30
70	Oxygen metabolism in human placenta mitochondria. Journal of Bioenergetics and Biomembranes, 2014, 46, 459-469.	1.0	28
71	The Relationship between Socioeconomic Status, Family Income, and Measures of Muscular and Cardiorespiratory Fitness in Colombian Schoolchildren. Journal of Pediatrics, 2017, 185, 81-87.e2.	0.9	27
72	Role of sleep duration and sleep-related problems in the metabolic syndrome among children and adolescents. Italian Journal of Pediatrics, 2018, 44, 9.	1.0	27

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73	Tracking of physical fitness levels from childhood and adolescence to adulthood: a systematic review and meta-analysis. Translational Pediatrics, 2022, 11, 474-486.	0.5	27
74	Active commuting to and from university, obesity and metabolic syndrome among Colombian university students. BMC Public Health, 2018, 18, 523.	1.2	26
75	Muscular fitness, adherence to the Southern European Atlantic Diet and cardiometabolic risk factors in adolescents. Nutrition, Metabolism and Cardiovascular Diseases, 2017, 27, 695-702.	1.1	25
76	Dietary inflammatory index and cardiovascular risk factors in Spanish children and adolescents. Research in Nursing and Health, 2018, 41, 448-458.	0.8	25
77	Validation of Surrogate Anthropometric Indices in Older Adults: What Is the Best Indicator of High Cardiometabolic Risk Factor Clustering?. Nutrients, 2019, 11, 1701.	1.7	25
78	Barriers against incorporating evidence-based practice in physical therapy in Colombia: current state and factors associated. BMC Medical Education, 2015, 15, 220.	1.0	24
79	Performance of Two Bioelectrical Impedance Analyses in the Diagnosis of Overweight and Obesity in Children and Adolescents: The FUPRECOL Study. Nutrients, 2016, 8, 575.	1.7	24
80	Results From Colombiaâ€™s 2016 Report Card on Physical Activity for Children and Youth. Journal of Physical Activity and Health, 2016, 13, S129-S136.	1.0	24
81	Normative Reference Values for Handgrip Strength in Colombian Schoolchildren: The FUPRECOL Study. Journal of Strength and Conditioning Research, 2017, 31, 217-226.	1.0	23
82	Effects of preterm birth and fetal growth retardation on life-course cardiovascular risk factors among schoolchildren from Colombia: The FUPRECOL study. Early Human Development, 2017, 106-107, 53-58.	0.8	23
83	Normative Reference Values for Handgrip Strength in Chilean Children at 8â€“12 Years Old Using the Empirical Distribution and the Lambda, Mu, and Sigma Statistical Methods. Journal of Strength and Conditioning Research, 2021, 35, 260-266.	1.0	23
84	Evidence-Based Exercise Recommendations to Improve Mental Wellbeing in Women with Breast Cancer during Active Treatment: A Systematic Review and Meta-Analysis. Cancers, 2021, 13, 264.	1.7	23
85	Una menor condiciÃ³n fÃsica aerÃ³bica se asocia con alteraciones del estado de salud en niÃ±os y adolescentes de BogotÃ¡, Colombia. Endocrinologia Y Nutricion: Organo De La Sociedad Espanola De Endocrinologia Y Nutricion, 2015, 62, 437-446.	0.8	22
86	Effects of Exercise on Carotid Arterial Wall Thickness in Obese Pediatric Populations: A Meta-Analysis of Randomized Controlled Trials. Childhood Obesity, 2017, 13, 138-145.	0.8	22
87	Exercise and postprandial lipemia: effects on vascular health in inactive adults. Lipids in Health and Disease, 2018, 17, 69.	1.2	22
88	Metabolic effects of resistance or high-intensity interval training among glycemic control-nonresponsive children with insulin resistance. International Journal of Obesity, 2018, 42, 79-87.	1.6	22
89	Prevalence of Non-responders for Blood Pressure and Cardiometabolic Risk Factors Among Prehypertensive Women After Long-Term High-Intensity Interval Training. Frontiers in Physiology, 2018, 9, 1443.	1.3	22
90	Health-related physical fitness and weight status in 13- to 15-year-old Latino adolescents. A pooled analysis. Jornal De Pediatria, 2019, 95, 435-442.	0.9	22

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91	Normal-Weight Obesity Is Associated with Poorer Cardiometabolic Profile and Lower Physical Fitness Levels in Children and Adolescents. Nutrients, 2020, 12, 1171.	1.7	22
92	High Prevalence of Probable Sarcopenia in a Representative Sample From Colombia: Implications for Geriatrics in Latin America. Journal of the American Medical Directors Association, 2021, 22, 859-864.e1.	1.2	22
93	Whistler waves associated with weak interplanetary shocks. Journal of Geophysical Research, 2012, 117, .	3.3	21
94	Anthropometric Characteristics and Physical Performance of Colombian Elite Male Wrestlers. Asian Journal of Sports Medicine, 2014, 5, e23810.	0.1	21
95	Exercise for Disease Prevention and Management: A Precision Medicine Approach. Journal of the American Medical Directors Association, 2017, 18, 633-634.	1.2	21
96	Associations between the duration of active commuting to school and academic achievement in rural Chilean adolescents. Environmental Health and Preventive Medicine, 2017, 22, 31.	1.4	21
97	Dietary inflammatory index, bone health and body composition in a population of young adults: a cross-sectional study. International Journal of Food Sciences and Nutrition, 2018, 69, 1013-1019.	1.3	21
98	Changes in muscular fitness and its association with blood pressure in adolescents. European Journal of Pediatrics, 2018, 177, 1101-1109.	1.3	21
99	Prevalence of Metabolic Syndrome in Urban Colombian Adolescents Aged 10-16 Years Using Three Different Pediatric Definitions. Journal of Tropical Pediatrics, 2013, 59, 145-149.	0.7	20
100	Construct validity and testâ€“retest reliability of the International Fitness Scale (IFIS) in Colombian children and adolescents aged 9â€“17.9 years: the FUPRECOL study. PeerJ, 2017, 5, e3351.	0.9	20
101	Optimal Adherence to a Mediterranean Diet May Not Overcome the Deleterious Effects of Low Physical Fitness on Cardiovascular Disease Risk in Adolescents: A Cross-Sectional Pooled Analysis. Nutrients, 2018, 10, 815.	1.7	20
102	Effects of exercise training on Fetuin-a in obese, type 2 diabetes and cardiovascular disease in adults and elderly: a systematic review and Meta-analysis. Lipids in Health and Disease, 2019, 18, 23.	1.2	20
103	El entrenamiento preoperatorio induce cambios en la histomorfometrÃa y funciÃ³n de los mÃºsculos del suelo pÃ©lvico en pacientes con indicaciÃ³n de prostatectomÃa radical. Actas UrolÃ³gicas EspaÃ±olas, 2014, 38, 378-384.	0.3	19
104	A lower cardiorespiratory fitness is associated to an unhealthy status among children and adolescents from BogotÃ¡, Colombia. EndocrinologÃa Y NutriciÃ³n (English Edition), 2015, 62, 437-446.	0.5	19
105	Normative Reference of Standing Long Jump for Colombian Schoolchildren Aged 9â€“17.9 Years: The FUPRECOL Study. Journal of Strength and Conditioning Research, 2017, 31, 2083-2090.	1.0	19
106	Relationship between Handgrip Strength and Muscle Mass in Female Survivors of Breast Cancer: A Mediation Analysis. Nutrients, 2017, 9, 695.	1.7	19
107	Validation of multiâ€frequency bioelectrical impedance analysis versus dualâ€energy Xâ€ray absorptiometry to measure body fat percentage in overweight/obese Colombian adults. American Journal of Human Biology, 2018, 30, e23071.	0.8	19
108	Waist Circumference and Abdominal Volume Index Can Predict Metabolic Syndrome in Adolescents, but only When the Criteria of the International Diabetes Federation are Employed for the Diagnosis. Nutrients, 2019, 11, 1370.	1.7	19

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109	Association between bullying victimization and physical fitness among children and adolescents. International Journal of Clinical and Health Psychology, 2019, 19, 134-140.	2.7	19
110	Recovery of the Decline in Activities of Daily Living After Hospitalization Through an Individualized Exercise Program: Secondary Analysis of a Randomized Clinical Trial. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, 76, 1519-1523.	1.7	19
111	Accuracy of different cutoffs of the waistâ€toâ€height ratio as a screening tool for cardiometabolic risk in children and adolescents: A systematic review and metaâ€analysis of diagnostic test accuracy studies. Obesity Reviews, 2022, 23, e13375.	3.1	19
112	A factorial randomized controlled trial to evaluate the effect of micronutrients supplementation and regular aerobic exercise on maternal endothelium-dependent vasodilatation and oxidative stress of the newborn. Trials, 2011, 12, 60.	0.7	18
113	High Intensity Interval- vs Resistance or Combined- Training for Improving Cardiometabolic Health in Overweight Adults (Cardiometabolic HIIT-RT Study): study protocol for a randomised controlled trial. Trials, 2016, 17, 298.	0.7	18
114	Adiposity as a full mediator of the influence of cardiorespiratory fitness and inflammation in schoolchildren: The FUPRECOL Study. Nutrition, Metabolism and Cardiovascular Diseases, 2017, 27, 525-533.	1.1	18
115	Normative reference values for the 20 m shuttleâ€run test in a populationâ€based sample of schoolâ€aged youth in Bogota, Colombia: the FUPRECOL study. American Journal of Human Biology, 2017, 29, e22902.	0.8	18
116	Liver Fat Content and Body Fat Distribution in Youths with Excess Adiposity. Journal of Clinical Medicine, 2018, 7, 528.	1.0	18
117	Effect of Moderate- Versus High-Intensity Interval Exercise Training on Heart Rate Variability Parameters in Inactive Latin-American Adults: A Randomized Clinical Trial. Journal of Strength and Conditioning Research, 2020, 34, 3403-3415.	1.0	18
118	Racial differences in all-cause mortality and future complications among people with diabetes: a systematic review and meta-analysis of data from more than 2.4 million individuals. Diabetologia, 2021, 64, 2389-2401.	2.9	18
119	Handgrip strength: Normative reference values in males and females aged 6â€“64ÂYears old in a Colombian population. Clinical Nutrition ESPEN, 2021, 44, 379-386.	0.5	18
120	Evidence-based practice: beliefs, attitudes, knowledge, and skills among Colombian physical therapists. Colombia Medica, 2015, 46, 33-40.	0.7	18
121	Clinical trial to assess the effect of physical exercise on endothelial function and insulin resistance in pregnant women. Trials, 2009, 10, 104.	0.7	17
122	Constitutive Phosphorylation of Interferon Receptor A-Associated Signaling Proteins in Systemic Lupus Erythematosus. PLoS ONE, 2012, 7, e41414.	1.1	17
123	Triceps and Subscapular Skinfold Thickness Percentiles and Cut-Offs for Overweight and Obesity in a Population-Based Sample of Schoolchildren and Adolescents in Bogota, Colombia. Nutrients, 2016, 8, 595.	1.7	17
124	Predictive Validity of the Body Adiposity Index in Overweight and Obese Adults Using Dual-Energy X-ray Absorptiometry. Nutrients, 2016, 8, 737.	1.7	17
125	Wingate Anaerobic Test Percentile Norms in Colombian Healthy Adults. Journal of Strength and Conditioning Research, 2016, 30, 217-225.	1.0	17
126	Exercise during pregnancy on maternal lipids: a secondary analysis of randomized controlled trial. BMC Pregnancy and Childbirth, 2017, 17, 396.	0.9	17

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127	Short-term effects of manipulative treatment versus a therapeutic home exercise protocol for chronic cervical pain: A randomized clinical trial. Journal of Back and Musculoskeletal Rehabilitation, 2018, 31, 133-145.	0.4	17
128	Concurrent exercise training on hyperglycemia and comorbidities associated: Nonâ€responders using clinical cutoff points. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 952-967.	1.3	17
129	Independent and combined effects of handgrip strength and adherence to a Mediterranean diet on blood pressure in Chilean children. Nutrition, 2019, 60, 170-174.	1.1	17
130	Cardiorespiratory and perceptual responses of two interval training and a continuous training protocol in healthy young men. European Journal of Sport Science, 2019, 19, 653-660.	1.4	17
131	Fatness mediates the influence of muscular fitness on metabolic syndrome in Colombian collegiate students. PLoS ONE, 2017, 12, e0173932.	1.1	17
132	Centile values for anthropometric variables in Colombian adolescents. Endocrinologia Y Nutricion: Organo De La Sociedad Espanola De Endocrinologia Y Nutricion, 2011, 58, 16-23.	0.8	16
133	In utero fetal programming and its impact on health in adulthood. EndocrinologÃa Y NutriciÃ³n (English Edition), 2012, 59, 383-393.	0.5	16
134	A Cross-Sectional Study of the Prevalence of Metabolic Syndrome and Associated Factors in Colombian Collegiate Students: The FUPRECOL-Adults Study. International Journal of Environmental Research and Public Health, 2017, 14, 233.	1.2	16
135	Can physical activity attenuate the negative association between sitting time and cognitive function among older adults? A mediation analysis. Experimental Gerontology, 2018, 106, 173-177.	1.2	16
136	Longitudinal association between ideal cardiovascular health status and muscular fitness in adolescents: The LabMed Physical Activity Study. Nutrition, Metabolism and Cardiovascular Diseases, 2018, 28, 892-899.	1.1	16
137	Cardiorespiratory Fitness Cut-Points are Related to Body Adiposity Parameters in Latin American Adolescents. Medicina (Lithuania), 2019, 55, 508.	0.8	16
138	Handgrip strength attenuates the adverse effects of overweight on cardiometabolic risk factors among collegiate students but not in individuals with higher fat levels. Scientific Reports, 2019, 9, 6986.	1.6	16
139	Developing a New Curvilinear Allometric Model to Improve the Fit and Validity of the 20-m Shuttle Run Test as a Predictor of Cardiorespiratory Fitness in Adults and Youth. Sports Medicine, 2021, 51, 1581-1589.	3.1	16
140	Cognitive Function Improvements Mediate Exercise Intervention Effects on Physical Performance in Acutely Hospitalized Older Adults. Journal of the American Medical Directors Association, 2021, 22, 787-791.	1.2	16
141	Postprandial lipemia induces endothelial dysfunction and higher insulin resistance in healthy subjects. EndocrinologÃa Y NutriciÃ³n (English Edition), 2011, 58, 529-535.	0.5	15
142	Utilidad del Ãndice de adiposidad corporal como indicador de obesidad y predictor de riesgo cardiovascular en adultos de BogotÃ¡, Colombia. Endocrinologia Y Nutricion: Organo De La Sociedad Espanola De Endocrinologia Y Nutricion, 2015, 62, 130-137.	0.8	15
143	Body adiposity index as marker of obesity and cardiovascular risk in adults from BogotÃ¡, Colombia. EndocrinologÃa Y NutriciÃ³n (English Edition), 2015, 62, 130-137.	0.5	15
144	Muscle strength cut-offs for the detection of metabolic syndrome in a nonrepresentative sample of collegiate students from Colombia. Journal of Sport and Health Science, 2020, 9, 283-290.	3.3	15

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145	Healthy Lifestyle Behaviors and Their Association with Self-Regulation in Chilean Children. International Journal of Environmental Research and Public Health, 2020, 17, 5676.	1.2	15
146	Vertical Jump and Leg Power Normative Data for Colombian Schoolchildren Aged 9â€“17.9 Years: The FUPRECOL Study. Journal of Strength and Conditioning Research, 2017, 31, 990-998.	1.0	14
147	Effects of Cervical High-Velocity Low-Amplitude Techniques on Range of Motion, Strength Performance, and Cardiovascular Outcomes: A Review. Journal of Alternative and Complementary Medicine, 2017, 23, 667-675.	2.1	14
148	Using LMS tables to determine waist circumference and waist-to-height ratios in Colombian children and adolescents: the FUPRECOL study. BMC Pediatrics, 2017, 17, 162.	0.7	14
149	Effects of an exercise program on hepatic metabolism, hepatic fat, and cardiovascular health in overweight/obese adolescents from BogotÃ¡, Colombia (the HEPAFIT study): study protocol for a randomized controlled trial. Trials, 2018, 19, 330.	0.7	14
150	Effects of a Tailored Exercise Intervention in Acutely Hospitalized Oldest Old Diabetic Adults: An Ancillary Analysis. Journal of Clinical Endocrinology and Metabolism, 2021, 106, e899-e906.	1.8	14
151	Cardiorespiratory fitness and allâ€cause mortality in adults diagnosed with cancer systematic review and metaâ€analysis. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 1745-1752.	1.3	14
152	LMS tables for waist circumference and waistâ€“height ratio in Colombian adults: analysis of nationwide data 2010. European Journal of Clinical Nutrition, 2016, 70, 1189-1196.	1.3	13
153	Lowâ€grade inflammation and muscular fitness on insulin resistance in adolescents: Results from LabMed Physical Activity Study. Pediatric Diabetes, 2018, 19, 429-435.	1.2	13
154	Comparison of Different Maximal Oxygen Uptake Equations to Discriminate the Cardiometabolic Risk in Children and Adolescents. Journal of Pediatrics, 2018, 194, 152-157.e1.	0.9	13
155	Results from Colombiaâ€™s 2018 Report Card on Physical Activity for Children and Youth. Journal of Physical Activity and Health, 2018, 15, S335-S337.	1.0	13
156	Optimal Adherence to a Mediterranean Diet and High Muscular Fitness Are Associated with a Healthier Cardiometabolic Profile in Collegiate Students. Nutrients, 2018, 10, 511.	1.7	13
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