

# Eleanor H Wertheim

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8606288/publications.pdf>

Version: 2024-02-01

111  
papers

6,807  
citations

47006

47  
h-index

64796

79  
g-index

114  
all docs

114  
docs citations

114  
times ranked

5359  
citing authors

#	ARTICLE	IF	CITATIONS
1	Maternal feeding practices predict weight gain and obesogenic eating behaviors in young children: a prospective study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 24.	4.6	277
2	Photoshopping the selfie: Self photo editing and photo investment are associated with body dissatisfaction in adolescent girls. <i>International Journal of Eating Disorders</i> , 2015, 48, 1132-1140.	4.0	265
3	Body image satisfaction, dieting beliefs, and weight loss behaviors in adolescent girls and boys. <i>Journal of Youth and Adolescence</i> , 1991, 20, 361-379.	3.5	252
4	Why do adolescent girls watch their weight? An interview study examining sociocultural pressures to be thin. <i>Journal of Psychosomatic Research</i> , 1997, 42, 345-355.	2.6	202
5	Longitudinal Predictors of Restrictive Eating and Bulimic Tendencies in Three Different Age Groups of Adolescent Girls. <i>Journal of Youth and Adolescence</i> , 2001, 30, 69-81.	3.5	189
6	A prospective study of factors that lead to body dissatisfaction during pregnancy. <i>Body Image</i> , 2005, 2, 347-361.	4.3	187
7	Depression and anxiety through pregnancy and the early postpartum: An examination of prospective relationships. <i>Journal of Affective Disorders</i> , 2009, 113, 303-308.	4.1	181
8	Sleep quality and depression during pregnancy: a prospective study. <i>Journal of Sleep Research</i> , 2008, 17, 217-220.	3.2	169
9	The Relationship between Depression and Body Dissatisfaction across Pregnancy and the Postpartum. <i>Journal of Health Psychology</i> , 2009, 14, 27-35.	2.3	168
10	Factors related to exercise over the course of pregnancy including women's beliefs about the safety of exercise during pregnancy. <i>Midwifery</i> , 2009, 25, 430-438.	2.3	155
11	Investigation of Body Comparison Among Adolescent Girls <sup>1</sup> . <i>Journal of Applied Social Psychology</i> , 2002, 32, 1906-1937.	2.0	153
12	Parent Influences in the Transmission of Eating and Weight Related Values and Behaviors. <i>Eating Disorders</i> , 2002, 10, 321-334.	3.0	130
13	Predictors of Body Image During the First Year Postpartum: A Prospective Study. <i>Women and Health</i> , 2007, 45, 87-104.	1.0	128
14	The role of media literacy in body dissatisfaction and disordered eating: A systematic review. <i>Body Image</i> , 2016, 19, 9-23.	4.3	124
15	Assessing Sleep During Pregnancy. <i>Women's Health Issues</i> , 2009, 19, 45-51.	2.0	122
16	Prevention of Body Dissatisfaction and Disordered Eating: What Next?. <i>Eating Disorders</i> , 2006, 14, 265-285.	3.0	119
17	Eating Attitudes and Weight-Loss Attempts in Female Adolescents and Their Mothers. <i>Journal of Youth and Adolescence</i> , 1998, 27, 43-57.	3.5	118
18	My baby body: A qualitative insight into women's body-related experiences and mood during pregnancy and the postpartum. <i>Journal of Reproductive and Infant Psychology</i> , 2009, 27, 330-345.	1.8	118

#	ARTICLE	IF	CITATIONS
19	Internet-Delivered Targeted Group Intervention for Body Dissatisfaction and Disordered Eating in Adolescent Girls: A randomized controlled trial. <i>Journal of Abnormal Child Psychology</i> , 2007, 35, 379-391.	3.5	117
20	How Well Do Women Adapt to Changes in Their Body Size and Shape across the Course of Pregnancy?. <i>Journal of Health Psychology</i> , 2008, 13, 503-515.	2.3	116
21	A pilot evaluation of a social media literacy intervention to reduce risk factors for eating disorders. <i>International Journal of Eating Disorders</i> , 2017, 50, 847-851.	4.0	114
22	A body image and disordered eating intervention for women in midlife: A randomized controlled trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2011, 79, 751-758.	2.0	111
23	Does Media Literacy Mitigate Risk for Reduced Body Satisfaction Following Exposure to Thin-Ideal Media?. <i>Journal of Youth and Adolescence</i> , 2016, 45, 1678-1695.	3.5	111
24	Development of body image, eating disturbance, and general psychological functioning in adolescent females: a replication using covariance structure modeling in an Australian sample. <i>International Journal of Eating Disorders</i> , 2002, 32, 46-51.	4.0	106
25	Psychosocial predictors of weight loss behaviors and binge eating in adolescent girls and boys. <i>International Journal of Eating Disorders</i> , 1992, 12, 151-160.	4.0	99
26	Comparison of face-to-face and internet interventions for body image and eating problems in adult women: An RCT. <i>International Journal of Eating Disorders</i> , 2007, 40, 692-704.	4.0	98
27	A prospective investigation of the relationships among sleep quality, physical symptoms, and depressive symptoms during pregnancy. <i>Journal of Affective Disorders</i> , 2010, 123, 317-320.	4.1	94
28	Test-retest reliability and construct validity of Contour Drawing Rating Scale scores in a sample of early adolescent girls. <i>Body Image</i> , 2004, 1, 199-205.	4.3	90
29	A Brief Assessment of Irrational Thinking: The Shortened General Attitude and Belief Scale. <i>Cognitive Therapy and Research</i> , 1999, 23, 651-663.	1.9	88
30	Use of complementary and alternative medicines by a sample of Australian women during pregnancy. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i> , 2008, 48, 384-390.	1.0	88
31	Test-retest reliability and internal consistency of a variety of measures of dietary restraint and body concerns in a sample of adolescent girls. <i>International Journal of Eating Disorders</i> , 2001, 29, 85-89.	4.0	86
32	A systematic review and meta-analysis of the effort-reward imbalance model of workplace stress with indicators of immune function. <i>Journal of Psychosomatic Research</i> , 2016, 91, 1-8.	2.6	85
33	Dietary restraint of 5-year-old girls: Associations with internalization of the thin ideal and maternal, media, and peer influences. <i>International Journal of Eating Disorders</i> , 2015, 48, 1166-1169.	4.0	82
34	Relationships between body size attitudes and body image of 4-year-old boys and girls, and attitudes of their fathers and mothers. <i>Journal of Eating Disorders</i> , 2015, 3, 16.	2.7	82
35	Examination of a multi-factorial model of body-related experiences during pregnancy: The relationships among physical symptoms, sleep quality, depression, self-esteem, and negative body attitudes. <i>Body Image</i> , 2008, 5, 152-163.	4.3	81
36	Title is missing!. <i>Sex Roles</i> , 1999, 41, 169-187.	2.4	80

#	ARTICLE	IF	CITATIONS
37	A longitudinal study of the role of childhood temperament in the later development of eating concerns. <i>International Journal of Eating Disorders</i> , 2000, 27, 150-162.	4.0	80
38	Does good emotion management aid forgiving? Multiple dimensions of empathy, emotion management and forgiveness of self and others. <i>Journal of Social and Personal Relationships</i> , 2007, 24, 931-949.	2.3	77
39	Intimacy patterns and relationship satisfaction of women with eating problems and the mediating effects of depression, trait anxiety and social anxiety. <i>Journal of Psychosomatic Research</i> , 1998, 44, 355-365.	2.6	75
40	Changes in body image satisfaction during pregnancy: A comparison of high exercising and low exercising women. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i> , 2003, 43, 41-45.	1.0	73
41	Factors associated with body dissatisfaction and disordered eating in women in midlife. <i>International Journal of Eating Disorders</i> , 2010, 43, 527-536.	4.0	67
42	Mediators of the relationship between media literacy and body dissatisfaction in early adolescent girls: Implications for prevention. <i>Body Image</i> , 2013, 10, 282-289.	4.3	58
43	Associations between the effort-reward imbalance model of workplace stress and indices of cardiovascular health: A systematic review and meta-analysis. <i>Neuroscience and Biobehavioral Reviews</i> , 2017, 83, 252-266.	6.1	58
44	“He’s got his father’s bias”: Parental influence on weight bias in young children. <i>British Journal of Developmental Psychology</i> , 2016, 34, 198-211.	1.7	57
45	Paths to interpersonal forgiveness: The roles of personality, disposition to forgive and contextual factors in predicting forgiveness following a specific offence. <i>Personality and Individual Differences</i> , 2008, 44, 337-348.	2.9	55
46	The roles of emotion management and perspective taking in individuals’ conflict management styles and disposition to forgive. <i>Journal of Research in Personality</i> , 2008, 42, 1594-1601.	1.7	52
47	Comparison of the Health Belief Model and the Theory of Planned Behavior in the Prediction of Dieting and Fasting Behavior. <i>E-Journal of Applied Psychology</i> , 2005, 1, 63-74.	0.3	51
48	Effects of thin-ideal instagram images: The roles of appearance comparisons, internalization of the thin ideal and critical media processing. <i>Body Image</i> , 2019, 31, 181-190.	4.3	48
49	A Systematic Review and Meta-analysis of the Effort-Reward Imbalance Model of Workplace Stress and Hypothalamic-Pituitary-Adrenal Axis Measures of Stress. <i>Psychosomatic Medicine</i> , 2018, 80, 103-113.	2.0	46
50	Trait Mindfulness Measures for Use with Adolescents: a Systematic Review. <i>Mindfulness</i> , 2017, 8, 110-125.	2.8	45
51	#Take idealized bodies out of the picture: A scoping review of social media content aiming to protect and promote positive body image. <i>Body Image</i> , 2021, 38, 10-36.	4.3	45
52	Predicting Dieting Behavior by Using, Modifying, and Extending the Theory of Planned Behavior. <i>Journal of Applied Social Psychology</i> , 2004, 34, 2099-2131.	2.0	44
53	Body Dissatisfaction, Dating, and Importance of Thinness to Attractiveness in Adolescent Girls. <i>Sex Roles</i> , 2005, 53, 663-675.	2.4	43
54	Vigorous exercise and birth outcomes in a sample of recreational exercisers: A prospective study across pregnancy. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i> , 2006, 46, 288-292.	1.0	40

#	ARTICLE	IF	CITATIONS
55	Depressive and anxiety symptoms through late pregnancy and the first year post birth: an examination of prospective relationships. <i>Archives of Women's Mental Health</i> , 2009, 12, 345-349.	2.6	38
56	Maternal negative affect is associated with emotional feeding practices and emotional eating in young children. <i>Appetite</i> , 2014, 80, 242-247.	3.7	38
57	#Bopo: Enhancing body image through body positive social media- evidence to date and research directions. <i>Body Image</i> , 2022, 41, 367-374.	4.3	37
58	Predictors of outcome in the treatment of bulimia nervosa. <i>British Journal of Clinical Psychology</i> , 1992, 31, 330-332.	3.5	35
59	Body dissatisfaction, weight loss behaviours, and bulimic tendencies in Australian adolescents with an estimate of female data representativeness. <i>Australian Psychologist</i> , 1993, 28, 128-132.	1.6	34
60	A controlled evaluation of an eating disorders primary prevention videotape using the Elaboration Likelihood Model of Persuasion. <i>Journal of Psychosomatic Research</i> , 2002, 53, 1021-1027.	2.6	34
61	Do maternal body dissatisfaction and dietary restraint predict weight gain in young pre-school children? A 1-year follow-up study. <i>Appetite</i> , 2013, 67, 30-36.	3.7	34
62	Depression, guilt, and self-management of pleasant and unpleasant events.. <i>Journal of Personality and Social Psychology</i> , 1983, 45, 884-889.	2.8	31
63	Frequency, Severity, and Effect on Life of Physical Symptoms Experienced During Pregnancy. <i>Journal of Midwifery and Women's Health</i> , 2009, 54, 43-49.	1.3	31
64	Attachment styles in adult intimate relationships: comparing women with bulimia nervosa symptoms, women with depression and women with no clinical symptoms. <i>European Eating Disorders Review</i> , 2005, 13, 285-293.	4.1	30
65	Evaluations of Dieting Prevention Messages by Adolescent Girls. <i>Preventive Medicine</i> , 2002, 35, 474-491.	3.4	29
66	A factor-analytic study of childhood symptoms antecedent to schizophrenia.. <i>Journal of Abnormal Psychology</i> , 1976, 85, 543-549.	1.9	26
67	How do adolescent girls evaluate body dissatisfaction prevention messages?. <i>Journal of Adolescent Health</i> , 2005, 37, 381-390.	2.5	26
68	Effect of social desirability on adolescent girls' responses to an eating disorders prevention program. <i>International Journal of Eating Disorders</i> , 2004, 35, 211-216.	4.0	25
69	The measurement of media literacy in eating disorder risk factor research: psychometric properties of six measures. <i>Journal of Eating Disorders</i> , 2016, 4, 30.	2.7	25
70	Psychological predictors of body image attitudes and concerns in young children. <i>Body Image</i> , 2018, 27, 10-20.	4.3	25
71	Evaluation of <i>Vipassana</i> Meditation Course Effects on Subjective Stress, Well-being, Self-kindness and Mindfulness in a Community Sample: Post-course and 6-month Outcomes. <i>Stress and Health</i> , 2015, 31, 373-381.	2.6	24
72	Adolescent girls' first diets: Triggers and the role of multiple dimensions of self-concept. <i>Eating Disorders</i> , 1999, 7, 259-270.	3.0	23

#	ARTICLE	IF	CITATIONS
73	A model for resolving conflict: Some theoretical, empirical and practical implications. Australian Psychologist, 1993, 28, 80-85.	1.6	22
74	An Evaluation of a Prevention Program for Disordered Eating in Adolescent Girls: Examining Responses of High- and Low-Risk Girls. Eating Disorders, 2005, 13, 143-156.	3.0	22
75	Pregnant Women's Alcohol Consumption: The Predictive Utility of Intention to Drink and Prepregnancy Drinking Behavior. Journal of Women's Health, 2008, 17, 1513-1522.	3.3	22
76	Men's emotional responses to their partner's pregnancy and their views on support and information received. Australian and New Zealand Journal of Obstetrics and Gynaecology, 2011, 51, 53-56.	1.0	22
77	An Evaluation of the Importance of Message Source and Age of Recipient in a Primary Prevention Program for Eating Disorders. Eating Disorders, 2000, 8, 131-145.	3.0	21
78	Preferences for being muscular and thin in 6-year-old boys. Body Image, 2018, 26, 98-102.	4.3	21
79	Dismantling prevention: Comparison of outcomes following media literacy and appearance comparison modules in a randomised controlled trial. Journal of Health Psychology, 2019, 24, 761-776.	2.3	21
80	The effect of low parental warmth and low monitoring on disordered eating in mid-adolescence: Findings from the Australian Temperament Project. Appetite, 2016, 105, 232-241.	3.7	20
81	An examination of willingness to self-disclose in women with bulimic symptoms considering the context of disclosure and negative affect levels. International Journal of Eating Disorders, 2002, 31, 344-348.	4.0	19
82	Investigation of compensation source, trait empathy, satisfaction with outcome and forgiveness in the criminal context. Australian Psychologist, 2005, 40, 63-69.	1.6	18
83	Trait Mindfulness Helps Explain the Relationships Between Job Stress, Physiological Reactivity, and Self-Perceived Health. Journal of Occupational and Environmental Medicine, 2019, 61, e12-e18.	1.7	17
84	Relationships among dysfunctional cognitions, depressive symptoms, and bulimic tendencies. Cognitive Therapy and Research, 1993, 17, 549-559.	1.9	16
85	Risk factors for eating disorders in Greek- and Anglo-Australian adolescent girls. International Journal of Eating Disorders, 1995, 17, 91-96.	4.0	16
86	Applying the Elaboration Likelihood Model of Persuasion to a Videotape-Based Eating Disorders Primary Prevention Program for Adolescent Girls. Eating Disorders, 2004, 12, 103-124.	3.0	13
87	Dispositional mindfulness, rejection sensitivity, and behavioural responses to rejection: The role of emotion regulation. Australian Journal of Psychology, 2019, 71, 163-170.	2.8	13
88	Maternal influences on body image and eating concerns among 7- and 8-year-old boys and girls: Cross-sectional and prospective relations. International Journal of Eating Disorders, 2020, 53, 79-84.	4.0	13
89	The relationships among the general attitude and belief scale, other dysfunctional cognition measures, and depressive or bulimic tendencies. Journal of Rational - Emotive and Cognitive - Behavior Therapy, 1992, 10, 219-233.	1.7	12
90	“Stop eating lollies and do lots of sports” a prospective qualitative study of the development of children's awareness of dietary restraint and exercise to lose weight. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 155.	4.6	12

#	ARTICLE	IF	CITATIONS
91	Evaluation of an online self-help version of the REACH forgiveness program: Outcomes and predictors of persistence in a community sample. <i>Journal of Clinical Psychology</i> , 2018, 74, 819-838.	1.9	12
92	Media exposure in very young girls: Prospective and cross-sectional relationships with BMIz, self-esteem and body size stereotypes.. <i>Developmental Psychology</i> , 2017, 53, 2356-2363.	1.6	12
93	Test of the Neurolinguistic Programming Hypothesis That Eye-Movements Relate to Processing Imagery. <i>Perceptual and Motor Skills</i> , 1986, 62, 523-529.	1.3	11
94	Teacher perspectives on factors facilitating implementation of whole school approaches for resolving conflict. <i>British Educational Research Journal</i> , 2014, 40, 847-868.	2.5	11
95	The salivary alpha amylase awakening response is related to over-commitment. <i>Stress</i> , 2018, 21, 194-202.	1.8	11
96	Low body esteem and dietary restraint among 7-year old children: The role of perfectionism, low self-esteem, and belief in the rewards of thinness and muscularity. <i>Eating Behaviors</i> , 2019, 32, 65-68.	2.0	11
97	Fostering intercultural understanding through secondary school experiences of cultural immersion. <i>International Journal of Qualitative Studies in Education</i> , 2015, 28, 216-237.	1.2	9
98	Do offender and victim typical conflict styles affect forgiveness?. <i>International Journal of Conflict Management</i> , 2012, 23, 57-76.	1.9	8
99	Young adult mental health sequelae of eating and body image disturbances in adolescence. <i>International Journal of Eating Disorders</i> , 2021, 54, 1680-1688.	4.0	8
100	A qualitative, prospective study of children's understanding of weight gain. <i>British Journal of Developmental Psychology</i> , 2019, 37, 369-381.	1.7	7
101	Comparison of the effectiveness of two forms of the Enhancing Relationships in School Communities Project for promoting cooperative conflict resolution education in Australian primary schools. <i>Journal of Peace Education</i> , 2010, 7, 85-105.	0.9	6
102	Evaluation of a core team centred professional development programme for building a whole-school cooperative problem solving approach to conflict. <i>Educational Psychology</i> , 2013, 33, 192-214.	2.7	6
103	An examination of the relationships among emotion management, interpersonal hassles, and depressive symptomatology. <i>Australian Journal of Psychology</i> , 2011, 63, 100-106.	2.8	5
104	Investigating Direct Links between Depression, Emotional Control, and Physical Punishment with Adolescent Drive for Thinness and Bulimic Behaviors, Including Possible Moderation by the Serotonin Transporter 5-HTTLPR Polymorphism. <i>Frontiers in Psychology</i> , 2017, 8, 1361.	2.1	5
105	Development of the Factors Related to Forgiveness Inventory (FRFI). <i>European Journal of Psychological Assessment</i> , 2015, 31, 100-108.	3.0	5
106	Examination of the concurrent and construct validities of the bulimia test using normal and bulimic samples. <i>International Journal of Eating Disorders</i> , 1991, 10, 361-368.	4.0	4
107	Relationships Between Self-Reported and Observed Parenting Behaviour, Adolescent Disordered Eating Attitudes and Behaviours, and the 5-HTTLPR Polymorphism: Data From the Australian Temperament Project. <i>European Eating Disorders Review</i> , 2017, 25, 381-388.	4.1	3
108	A longitudinal study of the role of childhood temperament in the later development of eating concerns. , 2000, 27, 150.		1

#	ARTICLE	IF	CITATIONS
109	Enhancing Relationships in School Communities: Promoting Cooperative Conflict Resolution and Respect for Cultural Diversity in Schools. , 2012, , 139-160.		1
110	Vale Professor Margot Prior 1937â€“2020. Global Change, Peace and Security, 2020, 32, 343-344.	0.8	0
111	Perspectives on challenges and opportunities for peace: From the philosophical to the practical.. Peace and Conflict, 2022, 28, 258-262.	0.4	0