

# Mario Wenzel

## List of Publications by Year in descending order

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Version: 2024-02-01

38  
papers

697  
citations

759233

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docs citations

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times ranked

809  
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#	ARTICLE	IF	CITATIONS
1	Self-Control Dynamics in Daily Life: The Importance of Variability Between Self-Regulatory Strategies and Strategy Differentiation. <i>European Journal of Personality</i> , 2023, 37, 33-56.	3.1	7
2	Variability in negative affect is an important feature of neuroticism above mean negative affect once measurement issues are accounted for. <i>European Journal of Personality</i> , 2023, 37, 338-351.	3.1	3
3	Person $\tilde{A}$ — domain interactions in resisting desires in daily life. <i>European Journal of Personality</i> , 2023, 37, 453-467.	3.1	1
4	Addressing measurement issues in affect dynamic research: Modeling emotional inertia's reliability to improve its predictive validity of depressive symptoms.. <i>Emotion</i> , 2023, 23, 412-424.	1.8	1
5	Emotion regulation dynamics in daily life: Adaptive strategy use may be variable without being unstable and predictable without being autoregressive.. <i>Emotion</i> , 2022, 22, 1487-1504.	1.8	10
6	How much variance can event intensity and emotion regulation strategies explain in momentary affect in daily life?. <i>Emotion</i> , 2022, 22, 1969-1979.	1.8	6
7	A Multilab Replication of the Ego Depletion Effect. <i>Social Psychological and Personality Science</i> , 2021, 12, 14-24.	3.9	73
8	Like clouds in a windy sky: Mindfulness training reduces negative affect reactivity in daily life in a randomized controlled trial. <i>Stress and Health</i> , 2021, 37, 232-242.	2.6	4
9	Relationship Satisfaction Can Help to Maintain the Positive Effect of Childbirth on Parental Self-Esteem. <i>Social Psychological and Personality Science</i> , 2021, 12, 1358-1368.	3.9	0
10	Examining five pathways on how self-control is associated with emotion regulation and affective well-being in daily life. <i>Journal of Personality</i> , 2021, 89, 451-467.	3.2	18
11	A round peg in a square hole: strategy-situation fit of intra- and interpersonal emotion regulation strategies and controllability. <i>Cognition and Emotion</i> , 2020, 34, 1003-1009.	2.0	8
12	Neuroticism may reflect emotional variability when correcting for the confound with the mean. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2020, 117, 32857-32858.	7.1	7
13	Increases of negative affect following daily hassles are not moderated by neuroticism: An ecological momentary assessment study. <i>Stress and Health</i> , 2020, 36, 615-628.	2.6	6
14	How mindfulness shapes the situational use of emotion regulation strategies in daily life. <i>Cognition and Emotion</i> , 2020, 34, 1408-1422.	2.0	16
15	Mindfulness and Affect-Network Density: Does Mindfulness Facilitate Disengagement from Affective Experiences in Daily Life?. <i>Mindfulness</i> , 2020, 11, 1253-1266.	2.8	6
16	Setbacks in Self-Control: Failing Not Mere Resisting Impairs Subsequent Self-Control. <i>Social Psychological and Personality Science</i> , 2020, 11, 782-790.	3.9	8
17	A mind full of happiness: How mindfulness shapes affect dynamics in daily life.. <i>Emotion</i> , 2020, 20, 436-451.	1.8	20
18	Assessment of Microstressors in Adults: Questionnaire Development and Ecological Validation of the Mainz Inventory of Microstressors. <i>JMIR Mental Health</i> , 2020, 7, e14566.	3.3	34

#	ARTICLE	IF	CITATIONS
19	Effects of an Ultra-brief Computer-based Mindfulness Training on Mindfulness and Self-control: a Randomised Controlled Trial Using a 40-Day Ecological Momentary Assessment. <i>Mindfulness</i> , 2019, 10, 2312-2326.	2.8	13
20	The Role of Self-Control and the Presence of Enactment Models on Sugar-Sweetened Beverage Consumption: A Pilot Study. <i>Frontiers in Psychology</i> , 2019, 10, 1511.	2.1	6
21	The Limits of Ego Depletion. <i>Social Psychology</i> , 2019, 50, 292-304.	0.7	10
22	The Effects of Self-Control on Glucose Utilization in a Hyperinsulinemic Euglycemic Glucose Clamp. <i>European Journal of Health Psychology</i> , 2019, 26, 111-119.	0.6	1
23	Music Listening and Stress in Daily Life—A Matter of Timing. <i>International Journal of Behavioral Medicine</i> , 2018, 25, 223-230.	1.7	23
24	Population-based validation of a German version of the Brief Resilience Scale. <i>PLoS ONE</i> , 2018, 13, e0192761.	2.5	138
25	Adaptive modes of rumination: the role of subjective anger. <i>Cognition and Emotion</i> , 2017, 31, 580-589.	2.0	11
26	The power of status: What determines one's reactions to anger in a social situation?. <i>Personality and Individual Differences</i> , 2017, 114, 61-68.	2.9	2
27	The Benefits of Self-Set Goals: Is Ego Depletion Really a Result of Self-Control Failure?. <i>PLoS ONE</i> , 2016, 11, e0157009.	2.5	4
28	Response: Commentary: Heart rate variability and self-control—A meta-analysis. <i>Frontiers in Psychology</i> , 2016, 7, 1070.	2.1	13
29	The effects of computer-based mindfulness training on Self-control and Mindfulness within Ambulatorily assessed network Systems across Health-related domains in a healthy student population (SMASH): study protocol for a randomized controlled trial. <i>Trials</i> , 2016, 17, 570.	1.6	12
30	Glucose metabolism and self-regulation — Is insulin resistance a valid proxy of self-control?. <i>Personality and Individual Differences</i> , 2016, 99, 38-45.	2.9	4
31	Self-Control in Daily Life. <i>Social Psychological and Personality Science</i> , 2016, 7, 195-203.	3.9	9
32	Heart rate variability and self-control—A meta-analysis. <i>Biological Psychology</i> , 2016, 115, 9-26.	2.2	112
33	Ambulatory assessment as a means of longitudinal phenotypes characterization in psychiatric disorders. <i>Neuroscience Research</i> , 2016, 102, 13-21.	1.9	7
34	Curb your neuroticism — Mindfulness mediates the link between neuroticism and subjective well-being. <i>Personality and Individual Differences</i> , 2015, 80, 68-75.	2.9	50
35	The effects of constrained autonomy and incentives on the experience of freedom in everyday decision-making. <i>Philosophical Psychology</i> , 2015, 28, 967-979.	0.9	6
36	Positive affect and self-control: Attention to self-control demands mediates the influence of positive affect on consecutive self-control. <i>Cognition and Emotion</i> , 2014, 28, 747-755.	2.0	13

#	ARTICLE	IF	CITATIONS
37	Understanding the limits of self-control: Positive affect moderates the impact of task switching on consecutive self-control performance. <i>European Journal of Social Psychology</i> , 2013, 43, 175-184.	2.4	15
38	Ambulatory Monitoring and Ambulatory Assessment in Personality Research. , 0, , 305-316.		3