

Mario Wenzel

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8540809/publications.pdf>

Version: 2024-02-01

38
papers

697
citations

759233

12
h-index

642732

23
g-index

44
all docs

44
docs citations

44
times ranked

809
citing authors

#	ARTICLE	IF	CITATIONS
1	Population-based validation of a German version of the Brief Resilience Scale. PLoS ONE, 2018, 13, e0192761.	2.5	138
2	Heart rate variability and self-control—A meta-analysis. Biological Psychology, 2016, 115, 9-26.	2.2	112
3	A Multilab Replication of the Ego Depletion Effect. Social Psychological and Personality Science, 2021, 12, 14-24.	3.9	73
4	Curb your neuroticism — Mindfulness mediates the link between neuroticism and subjective well-being. Personality and Individual Differences, 2015, 80, 68-75.	2.9	50
5	Assessment of Microstressors in Adults: Questionnaire Development and Ecological Validation of the Mainz Inventory of Microstressors. JMIR Mental Health, 2020, 7, e14566.	3.3	34
6	Music Listening and Stress in Daily Life—a Matter of Timing. International Journal of Behavioral Medicine, 2018, 25, 223-230.	1.7	23
7	A mind full of happiness: How mindfulness shapes affect dynamics in daily life.. Emotion, 2020, 20, 436-451.	1.8	20
8	Examining five pathways on how self-control is associated with emotion regulation and affective well-being in daily life. Journal of Personality, 2021, 89, 451-467.	3.2	18
9	How mindfulness shapes the situational use of emotion regulation strategies in daily life. Cognition and Emotion, 2020, 34, 1408-1422.	2.0	16
10	Understanding the limits of self-control: Positive affect moderates the impact of task switching on consecutive self-control performance. European Journal of Social Psychology, 2013, 43, 175-184.	2.4	15
11	Positive affect and self-control: Attention to self-control demands mediates the influence of positive affect on consecutive self-control. Cognition and Emotion, 2014, 28, 747-755.	2.0	13
12	Response: Commentary: Heart rate variability and self-control—A meta-analysis. Frontiers in Psychology, 2016, 7, 1070.	2.1	13
13	Effects of an Ultra-brief Computer-based Mindfulness Training on Mindfulness and Self-control: a Randomised Controlled Trial Using a 40-Day Ecological Momentary Assessment. Mindfulness, 2019, 10, 2312-2326.	2.8	13
14	The effects of computer-based mindfulness training on Self-control and Mindfulness within Ambulatorily assessed network Systems across Health-related domains in a healthy student population (SMASH): study protocol for a randomized controlled trial. Trials, 2016, 17, 570.	1.6	12
15	Adaptive modes of rumination: the role of subjective anger. Cognition and Emotion, 2017, 31, 580-589.	2.0	11
16	Emotion regulation dynamics in daily life: Adaptive strategy use may be variable without being unstable and predictable without being autoregressive.. Emotion, 2022, 22, 1487-1504.	1.8	10
17	The Limits of Ego Depletion. Social Psychology, 2019, 50, 292-304.	0.7	10
18	Self-Control in Daily Life. Social Psychological and Personality Science, 2016, 7, 195-203.	3.9	9

#	ARTICLE	IF	CITATIONS
19	A round peg in a square hole: strategy-situation fit of intra- and interpersonal emotion regulation strategies and controllability. <i>Cognition and Emotion</i> , 2020, 34, 1003-1009.	2.0	8
20	Setbacks in Self-Control: Failing Not Mere Resisting Impairs Subsequent Self-Control. <i>Social Psychological and Personality Science</i> , 2020, 11, 782-790.	3.9	8
21	Ambulatory assessment as a means of longitudinal phenotypes characterization in psychiatric disorders. <i>Neuroscience Research</i> , 2016, 102, 13-21.	1.9	7
22	Neuroticism may reflect emotional variability when correcting for the confound with the mean. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2020, 117, 32857-32858.	7.1	7
23	Self-Control Dynamics in Daily Life: The Importance of Variability Between Self-Regulatory Strategies and Strategy Differentiation. <i>European Journal of Personality</i> , 2023, 37, 33-56.	3.1	7
24	The effects of constrained autonomy and incentives on the experience of freedom in everyday decision-making. <i>Philosophical Psychology</i> , 2015, 28, 967-979.	0.9	6
25	The Role of Self-Control and the Presence of Enactment Models on Sugar-Sweetened Beverage Consumption: A Pilot Study. <i>Frontiers in Psychology</i> , 2019, 10, 1511.	2.1	6
26	Increases of negative affect following daily hassles are not moderated by neuroticism: An ecological momentary assessment study. <i>Stress and Health</i> , 2020, 36, 615-628.	2.6	6
27	Mindfulness and Affect-Network Density: Does Mindfulness Facilitate Disengagement from Affective Experiences in Daily Life?. <i>Mindfulness</i> , 2020, 11, 1253-1266.	2.8	6
28	How much variance can event intensity and emotion regulation strategies explain in momentary affect in daily life?. <i>Emotion</i> , 2022, 22, 1969-1979.	1.8	6
29	The Benefits of Self-Set Goals: Is Ego Depletion Really a Result of Self-Control Failure?. <i>PLoS ONE</i> , 2016, 11, e0157009.	2.5	4
30	Glucose metabolism and self-regulation – Is insulin resistance a valid proxy of self-control?. <i>Personality and Individual Differences</i> , 2016, 99, 38-45.	2.9	4
31	Like clouds in a windy sky: Mindfulness training reduces negative affect reactivity in daily life in a randomized controlled trial. <i>Stress and Health</i> , 2021, 37, 232-242.	2.6	4
32	Ambulatory Monitoring and Ambulatory Assessment in Personality Research. , 0, , 305-316.		3
33	Variability in negative affect is an important feature of neuroticism above mean negative affect once measurement issues are accounted for. <i>European Journal of Personality</i> , 2023, 37, 338-351.	3.1	3
34	The power of status: What determines one's reactions to anger in a social situation?. <i>Personality and Individual Differences</i> , 2017, 114, 61-68.	2.9	2
35	The Effects of Self-Control on Glucose Utilization in a Hyperinsulinemic Euglycemic Glucose Clamp. <i>European Journal of Health Psychology</i> , 2019, 26, 111-119.	0.6	1
36	Person × domain interactions in resisting desires in daily life. <i>European Journal of Personality</i> , 2023, 37, 453-467.	3.1	1

#	ARTICLE	IF	CITATIONS
37	Addressing measurement issues in affect dynamic research: Modeling emotional inertia's reliability to improve its predictive validity of depressive symptoms.. <i>Emotion</i> , 2023, 23, 412-424.	1.8	1
38	Relationship Satisfaction Can Help to Maintain the Positive Effect of Childbirth on Parental Self-Esteem. <i>Social Psychological and Personality Science</i> , 2021, 12, 1358-1368.	3.9	0