

# Jim McKenna

## List of Publications by Year in descending order

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Version: 2024-02-01

117  
papers

3,467  
citations

136950

32  
h-index

161849

54  
g-index

123  
all docs

123  
docs citations

123  
times ranked

4163  
citing authors

#	ARTICLE	IF	CITATIONS
1	Sustained positive behaviour change of wounded, injured and sick UK military following an adaptive adventure sports and health coaching recovery course. <i>BMJ Military Health</i> , 2023, 169, 499-504.	0.9	1
2	Smartphone pedometers in adults with asthma: a practical approach to physical activity assessment? A pilot validation study. <i>Journal of Asthma</i> , 2022, 59, 967-975.	1.7	2
3	Participation in physical activity decreased more in people with rheumatoid arthritis than the general population during the COVID-19 lockdown: a cross-sectional study. <i>Rheumatology International</i> , 2022, 42, 241-250.	3.0	7
4	Trajectories of Resilience in University Inductees following Outdoor Adventure (OA) Residential Programmes. <i>Psychiatry International</i> , 2022, 3, 67-90.	1.0	2
5	Roots to Grow and Wings to Fly: An Ethnography of Psychosocial Development in Adolescent Performance Sport. <i>Sports</i> , 2022, 10, 48.	1.7	4
6	Looking Back and Looking Around: How Athletes, Parents and Coaches See Psychosocial Development in Adolescent Performance Sport. <i>Sports</i> , 2022, 10, 47.	1.7	2
7	Mission Himalaya: Exploring the Impact of a Supported High-Altitude Mountaineering Expedition on the Well-Being and Personal Development of UK Military Veterans. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5049.	2.6	0
8	Moderate-to-Vigorous Physical Activity in Primary School Children: Inactive Lessons Are Dominated by Maths and English. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 990.	2.6	8
9	Effects of the Active Choices Program on Self-Managed Physical Activity and Social Connectedness in Australian Defence Force Veterans: Protocol for a Cluster-Randomized Trial. <i>JMIR Research Protocols</i> , 2021, 10, e21911.	1.0	1
10	Psychosocial outcomes associated with soccer academy involvement: Longitudinal comparisons against aged matched school pupils. <i>Journal of Sports Sciences</i> , 2020, 38, 1387-1398.	2.0	20
11	Using a multi-stakeholder experience-based design process to co-develop the Creating Active Schools Framework. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 13.	4.6	101
12	Changing player behaviour in sport during the COVID-19 pandemic: Shake on it?. <i>SA Sports Medicine</i> , 2020, 32, 1-2.	0.3	3
13	Outcomes from a One-Week Adapted Sport and Adapted Adventure Recovery Programme for Military Personnel. <i>Sports</i> , 2019, 7, 135.	1.7	9
14	Commentary on a recent article on the effects of the "Daily Mile"™ on physical activity, fitness and body composition: addressing key limitations. <i>BMC Medicine</i> , 2019, 17, 96.	5.5	14
15	Outdoor Adventure Builds Resilient Learners for Higher Education: A Quantitative Analysis of the Active Components of Positive Change. <i>Sports</i> , 2019, 7, 122.	1.7	10
16	Reconsidering the relationship between fast-food outlets, area-level deprivation, diet quality and body mass index: an exploratory structural equation modelling approach. <i>Journal of Epidemiology and Community Health</i> , 2019, 73, 861-866.	3.7	17
17	The Impact of an Outdoor and Adventure Sports Course on the Wellbeing of Recovering UK Military Personnel: An Exploratory Study. <i>Sports</i> , 2019, 7, 112.	1.7	8
18	Fast-food outlet availability and obesity: Considering variation by age and methodological diversity in 22,889 Yorkshire Health Study participants. <i>Spatial and Spatio-temporal Epidemiology</i> , 2019, 28, 43-53.	1.7	17

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19	â€œThere were other guys in the same boat as myselfâ€™: the role of homosocial environments in sustaining menâ€™s engagement in health interventions. <i>Qualitative Research in Sport, Exercise and Health</i> , 2019, 11, 494-509.	5.9	10
20	A Pedometer-Based Physically Active Learning Intervention: The Importance of Using Preintervention Physical Activity Categories to Assess Effectiveness. <i>Pediatric Exercise Science</i> , 2019, 31, 356-362.	1.0	9
21	Using Contemporary Behavior Change Science to Design and Implement an Effective Nutritional Intervention Within Professional Rugby League. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2018, 28, 553-557.	2.1	15
22	Neighbourhood typologies and associations with body mass index and obesity: A cross-sectional study. <i>Preventive Medicine</i> , 2018, 111, 351-357.	3.4	30
23	Systematic review of acute physically active learning and classroom movement breaks on childrenâ€™s physical activity, cognition, academic performance and classroom behaviour: understanding critical design features. <i>BMJ Open Sport and Exercise Medicine</i> , 2018, 4, e000341.	2.9	152
24	Reconsidering current objectives for physical activity within physical education. <i>British Journal of Sports Medicine</i> , 2018, 52, 1229-1230.	6.7	9
25	Tackling doping in sport: a call to take action on the <i>dopogenic</i> environment. <i>British Journal of Sports Medicine</i> , 2018, 52, 1485-1486.	6.7	37
26	Inclusive adapted sport and adventure training programme in the PTSD recovery of military personnel: A creative non-fiction. <i>Psychology of Sport and Exercise</i> , 2018, 35, 151-159.	2.1	13
27	Are youth sport talent identification and development systems necessary and healthy?. <i>Sports Medicine - Open</i> , 2018, 4, 18.	3.1	31
28	Designing programmes of physical activity through sport: learning from a widening participation intervention, â€œCity of Footballâ€™. <i>BMC Public Health</i> , 2018, 18, 1142.	2.9	10
29	â€œIt brings the lads togetherâ€™: a critical exploration of older menâ€™s experiences of a weight management programme delivered through a Healthy Stadia project. <i>Sport in Society</i> , 2017, 20, 303-315.	1.2	13
30	Lessons from the field for working in Healthy Stadia: physical activity practitioners reflect on â€œsportâ€™. <i>Sport in Society</i> , 2017, 20, 316-324.	1.2	1
31	Walking, connecting and befriending: A qualitative pilot study of participation in a lay-led walking group intervention. <i>Journal of Transport and Health</i> , 2017, 5, 16-26.	2.2	16
32	Snapâ€œSend: A valid and reliable method for assessing the energy intake of elite adolescent athletes. <i>European Journal of Sport Science</i> , 2017, 17, 1044-1055.	2.7	31
33	Can a workplace â€œsit less, move moreâ€™ programme help Spanish office employees achieve physical activity targets?. <i>European Journal of Public Health</i> , 2017, 27, 926-928.	0.3	2
34	Access and quality of parks and associations with obesity: A cross-sectional study. <i>SSM - Population Health</i> , 2017, 3, 722-729.	2.7	23
35	Impact of a workplace â€œsit less, move moreâ€™ program on efficiency-related outcomes of office employees. <i>BMC Public Health</i> , 2017, 17, 455.	2.9	33
36	How different data sources and definitions of neighbourhood influence the association between food outlet availability and body mass index: a cross-sectional study. <i>Perspectives in Public Health</i> , 2017, 137, 158-161.	1.6	18

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37	Commentary: Snap-N-Send: A Valid and Reliable Method for Assessing the Energy Intake of Elite Adolescent Athletes. <i>Frontiers in Nutrition</i> , 2017, 4, 47.	3.7	5
38	Weighty: NICE's Not-So-Nice Words. <i>Frontiers in Psychology</i> , 2016, 7, 1919.	2.1	1
39	Self-esteem outcomes over a summer camp for obese youth. <i>Pediatric Obesity</i> , 2016, 11, 500-505.	2.8	6
40	Qualitative perspectives on how Manchester United Football Club developed and sustained serial winning. <i>International Journal of Sports Science and Coaching</i> , 2016, 11, 467-477.	1.4	4
41	Preparation, structured deliberate practice and decision making in elite level football: The case study of Gary Neville (Manchester United FC and England). <i>International Journal of Sports Science and Coaching</i> , 2016, 11, 673-682.	1.4	7
42	Does modifying competition affect the frequency of technical skills in junior rugby league?. <i>International Journal of Sports Science and Coaching</i> , 2016, 11, 810-818.	1.4	9
43	Can "English Premier League"™ funding for PE and school sport achieve its aims?. <i>Soccer and Society</i> , 2016, 17, 242-245.	1.2	6
44	Associations Between Physical Activity, Sedentary Behaviour And The Environment. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 592-593.	0.4	0
45	Sustaining health improvement activities delivered in English professional football clubs using evaluation: a short communication. <i>Soccer and Society</i> , 2016, 17, 759-769.	1.2	3
46	The search for size: a doping risk factor in adolescent rugby?. <i>British Journal of Sports Medicine</i> , 2016, 50, 203-204.	6.7	13
47	Supporting lifestyle risk reduction: promoting men's health through professional football. <i>Soccer and Society</i> , 2016, 17, 183-195.	1.2	5
48	Double-blind, placebo-controlled pilot trial of L-Leucine-enriched amino-acid mixtures on body composition and physical performance in men and women aged 65-75 years. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 182-188.	2.9	56
49	Sedentary Behaviour And Physical Activity. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 779.	0.4	0
50	Comparison Of A Soccer-lead Community-based Intervention Vs. Commercial Programme For Weight-loss In Men And Women.. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 597.	0.4	0
51	Patterns of Impact Resulting from a "Sit Less, Move More"™ Web-Based Program in Sedentary Office Employees. <i>PLoS ONE</i> , 2015, 10, e0122474.	2.5	50
52	Physical activity assessment for public health: efficacious use of the single-item measure. <i>Public Health</i> , 2015, 129, 1630-1636.	2.9	14
53	Self-reported sitting time and physical activity: interactive associations with mental well-being and productivity in office employees. <i>BMC Public Health</i> , 2015, 15, 72.	2.9	67
54	Reaching older people with PA delivered in football clubs: the reach, adoption and implementation characteristics of the Extra Time Programme. <i>BMC Public Health</i> , 2015, 15, 220.	2.9	27

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55	A qualitative analysis of the factors that protect athletes against doping in sport. <i>Psychology of Sport and Exercise</i> , 2015, 16, 149-155.	2.1	72
56	Comments on Bruun, D.M. et al. Community-Based Recreational Football: A Novel Approach to Promote Physical Activity and Quality of Life in Prostate Cancer Survivors. <i>Int. J. Environ. Res. Public Health</i> 2014, 11, 5557-5585 Time to Raise Our Game. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 6842-6843.	2.6	4
57	Assessing the impact of football-based health improvement programmes: stay onside, avoid own goals and score with the evaluation!. <i>Soccer and Society</i> , 2014, 15, 970-987.	1.2	14
58	Degrees of resilience: profiling psychological resilience and prospective academic achievement in university inductees. <i>British Journal of Guidance and Counselling</i> , 2014, 42, 9-25.	1.2	76
59	Developmental Contexts and Features of Elite Academy Football Players: Coach and Player Perspectives. <i>International Journal of Sports Science and Coaching</i> , 2014, 9, 217-232.	1.4	15
60	The effects of playground markings on the physical self-perceptions of 10-11-year-old school children. <i>Physical Education and Sport Pedagogy</i> , 2014, 19, 179-190.	3.0	3
61	Effect of a health-improvement pilot programme for older adults delivered by a professional football club: the Burton Albion case study. <i>Soccer and Society</i> , 2014, 15, 902-918.	1.2	19
62	Changing Bodies. <i>Qualitative Health Research</i> , 2014, 24, 738-748.	2.1	14
63	Health improvement for men and hard-to-engage-men delivered in English Premier League football clubs. <i>Health Education Research</i> , 2014, 29, 503-520.	1.9	56
64	Initial effects of a free swimming pilot programme on the physical activity levels of young people. <i>Public Health</i> , 2014, 128, 485-487.	2.9	2
65	Physical Activity Level and Lifestyle-Related Risk Factors From Catalan Physicians. <i>Journal of Physical Activity and Health</i> , 2014, 11, 922-929.	2.0	14
66	Developing Interventions for Children's Exercise (DICE): A Pilot Evaluation of School-Based Exercise Interventions for Primary School Children Aged 7 to 8 Years. <i>Journal of Physical Activity and Health</i> , 2014, 11, 699-704.	2.0	4
67	Year 7 dietary intake: a comparison of two schools with middle-high socioeconomic status. <i>Journal of Human Nutrition and Dietetics</i> , 2013, 26, 563-569.	2.5	2
68	Psychosocial outcomes of an inclusive adapted sport and adventurous training course for military personnel. <i>Disability and Rehabilitation</i> , 2013, 35, 2081-2088.	1.8	37
69	An even more beautiful game. <i>Public Health</i> , 2013, 127, 1143-1144.	2.9	3
70	Effect of a national programme of men's health delivered in English Premier League football clubs. <i>Public Health</i> , 2013, 127, 18-26.	2.9	61
71	Delivering men's health interventions in English Premier League football clubs: key design characteristics. <i>Public Health</i> , 2013, 127, 716-726.	2.9	32
72	Optimizing lifestyles for men regarded as 'hard-to-reach' through top-flight football/soccer clubs. <i>Health Education Research</i> , 2013, 28, 405-413.	1.9	38

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73	Young people's participation in the development of a self-care intervention--a multi-site formative research study. <i>Health Education Research</i> , 2013, 28, 552-562.	1.9	15
74	Health improvement and professional football: players on the same side?. <i>Journal of Policy Research in Tourism, Leisure and Events</i> , 2013, 5, 207-212.	4.0	11
75	The public health value of doctors encouraging patients to exercise. <i>BMJ, The</i> , 2013, 347, f6718-f6718.	6.0	0
76	Reviewing Coaches' Knowledge, Attitudes and Beliefs regarding Doping in Sport. <i>International Journal of Sports Science and Coaching</i> , 2012, 7, 167-175.	1.4	36
77	Achieving the Olympic ideal: Preventing doping in sport. <i>Performance Enhancement and Health</i> , 2012, 1, 83-85.	1.6	34
78	Associations between daily sitting time and the combinations of lifestyle risk factors in men. <i>Journal of Men's Health</i> , 2012, 9, 261-267.	0.3	6
79	Brain resilience: Shedding light into the black box of adventure processes. <i>Journal of Outdoor and Environmental Education</i> , 2012, 16, 3-14.	1.1	13
80	Authors' Reply. <i>Sports Medicine</i> , 2011, 41, 88-90.	6.5	4
81	The pre-adoption demographic and health profiles of men participating in a programme of men's health delivered in English Premier League football clubs. <i>Public Health</i> , 2011, 125, 411-416.	2.9	43
82	Doping in sport: A review of medical practitioners' knowledge, attitudes and beliefs. <i>International Journal of Drug Policy</i> , 2011, 22, 198-202.	3.3	51
83	Neighbourhood deprivation and physical activity in UK older adults. <i>Health and Place</i> , 2011, 17, 633-640.	3.3	57
84	The effects of a coping intervention on coping self-efficacy, coping effectiveness, and subjective performance among adolescent soccer players. <i>International Journal of Sport and Exercise Psychology</i> , 2011, 9, 126-142.	2.1	41
85	The impact of additional weekdays of active commuting to school on children achieving a criterion of 300+ minutes of moderate-to-vigorous physical activity. <i>Health Education Journal</i> , 2011, 70, 428-434.	1.2	9
86	Constituent Year: A New Consideration for Injury Risk in Canadian Youth Ice Hockey. <i>Clinical Journal of Sport Medicine</i> , 2010, 20, 113-116.	1.8	8
87	Obese young people's accounts of intervention impact. <i>Patient Education and Counseling</i> , 2010, 79, 306-314.	2.2	26
88	Processes Associated with Participation and Adherence to a 12-month Exercise Programme for Adults Aged 70 and older. <i>Journal of Health Psychology</i> , 2010, 15, 838-847.	2.3	56
89	Coping with Academy-to-First-Team Transitions in Elite English Male Team Sports: The Coaches' Perspective. <i>International Journal of Sports Science and Coaching</i> , 2010, 5, 257-279.	1.4	58
90	Stressors and affective states among professional rugby union players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2009, 19, 121-128.	2.9	46

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91	An evaluation of the Local Exercise Action Pilots and impact on moderate physical activity. Health Education Journal, 2009, 68, 179-185.	1.2	8
92	Stressors and Coping Strategies among Early and Middle Adolescent Premier League Academy Soccer Players: Differences According to Age. Journal of Applied Sport Psychology, 2009, 21, 31-48.	2.3	76
93	How pervasive are relative age effects in secondary school education?. Journal of Educational Psychology, 2009, 101, 520-528.	2.9	83
94	Do walking strategies to increase physical activity reduce reported sitting in workplaces: a randomized control trial. International Journal of Behavioral Nutrition and Physical Activity, 2009, 6, 43.	4.6	95
95	Annual Age-Grouping and Athlete Development. Sports Medicine, 2009, 39, 235-256.	6.5	495
96	The International Universities Walking Project: Development of a Framework for Workplace Intervention Using the Delphi Technique. Journal of Physical Activity and Health, 2009, 6, 520-528.	2.0	6
97	"Strictly-ballroom": Can Dance Raise The Amount And Intensity Of Physical Activity In Senior Adults?. Medicine and Science in Sports and Exercise, 2009, 41, 377.	0.4	0
98	Assessing Subjective Well-being in Chinese Older Adults: The Chinese Aging Well Profile. Social Indicators Research, 2008, 87, 445-460.	2.7	27
99	Osteoporotic Caucasian and South Asian women: a qualitative study of general practitioners' support. Perspectives in Public Health, 2008, 128, 263-270.	0.4	13
100	Exercising at work and self-reported work performance. International Journal of Workplace Health Management, 2008, 1, 176-197.	1.9	42
101	Change in work day step counts, wellbeing and job performance in Catalan university employees: a randomised controlled trial. Global Health Promotion, 2008, 15, 11-16.	0.7	58
102	Experiences of Route and Task-Based Walking in a University Community: Qualitative Perspectives in a Randomized Control Trial. Journal of Physical Activity and Health, 2008, 5, S176-S182.	2.0	18
103	Measuring presenteeism in Catalan employees: linguistic adaptation and validation. International Journal of Workplace Health Management, 2008, 1, 198-208.	1.9	6
104	The International Universities Walking Project: employee step counts, sitting times and health status. International Journal of Workplace Health Management, 2008, 1, 152-161.	1.9	14
105	Qualitative accounts of urban commuter cycling. Health Education, 2007, 107, 448-462.	0.9	32
106	Dimensions of Subjective Well-Being and Effects of Physical Activity in Chinese Older Adults. Journal of Aging and Physical Activity, 2007, 15, 382-397.	1.0	43
107	Walking towards health in a university community: A feasibility study. Preventive Medicine, 2007, 44, 167-169.	3.4	65
108	Enduring injustice: a case study of retirement from professional rugby union. Sport, Education and Society, 2007, 12, 19-35.	2.1	29

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109	Physical activity and mental well-being in older people participating in the Better Ageing Project. <i>European Journal of Applied Physiology</i> , 2007, 100, 591-602.	2.5	158
110	Prevalence of leisure-time physical activity in Taiwanese adults: Results of four national surveys, 2000-2004. <i>Preventive Medicine</i> , 2006, 43, 454-457.	3.4	82
111	An Alternative View of Psychological Well-Being in Cardiac Rehabilitation: Considering Temperament and Character. <i>European Journal of Cardiovascular Nursing</i> , 2006, 5, 237-243.	0.9	14
112	Avoiding deaths on Everest. <i>BMJ: British Medical Journal</i> , 2006, 333, 603.3.	2.3	2
113	Physical activity promotion in general practices of Barcelona: a case study. <i>Health Education Research</i> , 2005, 21, 538-548.	1.9	16
114	Attitudes and practices of physicians and nurses regarding physical activity promotion in the Catalan primary health-care system. <i>European Journal of Public Health</i> , 2005, 15, 569-575.	0.3	68
115	An Action Research Approach to Supporting Elite Student-Athletes in Higher Education. <i>European Physical Education Review</i> , 2004, 10, 179-198.	2.0	36
116	How General Practitioners promote "lifestyle" physical activity. <i>Patient Education and Counseling</i> , 2004, 54, 101-106.	2.2	19
117	The enduring well-being impacts of attending the Battle Back Multi Activity Course for the lives of recovering UK armed forces personnel. <i>Military Psychology</i> , 0, , 1-12.	1.1	1