

Jim McKenna

List of Publications by Year in descending order

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Version: 2024-02-01

117
papers

3,467
citations

136950

32
h-index

161849

54
g-index

123
all docs

123
docs citations

123
times ranked

4163
citing authors

#	ARTICLE	IF	CITATIONS
1	Annual Age-Grouping and Athlete Development. <i>Sports Medicine</i> , 2009, 39, 235-256.	6.5	495
2	Physical activity and mental well-being in older people participating in the Better Ageing Project. <i>European Journal of Applied Physiology</i> , 2007, 100, 591-602.	2.5	158
3	Systematic review of acute physically active learning and classroom movement breaks on children's physical activity, cognition, academic performance and classroom behaviour: understanding critical design features. <i>BMJ Open Sport and Exercise Medicine</i> , 2018, 4, e000341.	2.9	152
4	Using a multi-stakeholder experience-based design process to co-develop the Creating Active Schools Framework. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 13.	4.6	101
5	Do walking strategies to increase physical activity reduce reported sitting in workplaces: a randomized control trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 43.	4.6	95
6	How pervasive are relative age effects in secondary school education?. <i>Journal of Educational Psychology</i> , 2009, 101, 520-528.	2.9	83
7	Prevalence of leisure-time physical activity in Taiwanese adults: Results of four national surveys, 2000-2004. <i>Preventive Medicine</i> , 2006, 43, 454-457.	3.4	82
8	Stressors and Coping Strategies among Early and Middle Adolescent Premier League Academy Soccer Players: Differences According to Age. <i>Journal of Applied Sport Psychology</i> , 2009, 21, 31-48.	2.3	76
9	Degrees of resilience: profiling psychological resilience and prospective academic achievement in university inductees. <i>British Journal of Guidance and Counselling</i> , 2014, 42, 9-25.	1.2	76
10	A qualitative analysis of the factors that protect athletes against doping in sport. <i>Psychology of Sport and Exercise</i> , 2015, 16, 149-155.	2.1	72
11	Attitudes and practices of physicians and nurses regarding physical activity promotion in the Catalan primary health-care system. <i>European Journal of Public Health</i> , 2005, 15, 569-575.	0.3	68
12	Self-reported sitting time and physical activity: interactive associations with mental well-being and productivity in office employees. <i>BMC Public Health</i> , 2015, 15, 72.	2.9	67
13	Walking towards health in a university community: A feasibility study. <i>Preventive Medicine</i> , 2007, 44, 167-169.	3.4	65
14	Effect of a national programme of men's health delivered in English Premier League football clubs. <i>Public Health</i> , 2013, 127, 18-26.	2.9	61
15	Change in work day step counts, wellbeing and job performance in Catalan university employees: a randomised controlled trial. <i>Global Health Promotion</i> , 2008, 15, 11-16.	0.7	58
16	Coping with Academy-to-First-Team Transitions in Elite English Male Team Sports: The Coaches' Perspective. <i>International Journal of Sports Science and Coaching</i> , 2010, 5, 257-279.	1.4	58
17	Neighbourhood deprivation and physical activity in UK older adults. <i>Health and Place</i> , 2011, 17, 633-640.	3.3	57
18	Processes Associated with Participation and Adherence to a 12-month Exercise Programme for Adults Aged 70 and older. <i>Journal of Health Psychology</i> , 2010, 15, 838-847.	2.3	56

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19	Health improvement for men and hard-to-engage-men delivered in English Premier League football clubs. <i>Health Education Research</i> , 2014, 29, 503-520.	1.9	56
20	Double-blind, placebo-controlled pilot trial of L-Leucine-enriched amino-acid mixtures on body composition and physical performance in men and women aged 65-75 years. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 182-188.	2.9	56
21	Doping in sport: A review of medical practitioners' knowledge, attitudes and beliefs. <i>International Journal of Drug Policy</i> , 2011, 22, 198-202.	3.3	51
22	Patterns of Impact Resulting from a "Sit Less, Move More" Web-Based Program in Sedentary Office Employees. <i>PLoS ONE</i> , 2015, 10, e0122474.	2.5	50
23	Stressors and affective states among professional rugby union players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2009, 19, 121-128.	2.9	46
24	Dimensions of Subjective Well-Being and Effects of Physical Activity in Chinese Older Adults. <i>Journal of Aging and Physical Activity</i> , 2007, 15, 382-397.	1.0	43
25	The pre-adoption demographic and health profiles of men participating in a programme of men's health delivered in English Premier League football clubs. <i>Public Health</i> , 2011, 125, 411-416.	2.9	43
26	Exercising at work and self-reported work performance. <i>International Journal of Workplace Health Management</i> , 2008, 1, 176-197.	1.9	42
27	The effects of a coping intervention on coping self-efficacy, coping effectiveness, and subjective performance among adolescent soccer players. <i>International Journal of Sport and Exercise Psychology</i> , 2011, 9, 126-142.	2.1	41
28	Optimizing lifestyles for men regarded as 'hard-to-reach' through top-flight football/soccer clubs. <i>Health Education Research</i> , 2013, 28, 405-413.	1.9	38
29	Psychosocial outcomes of an inclusive adapted sport and adventurous training course for military personnel. <i>Disability and Rehabilitation</i> , 2013, 35, 2081-2088.	1.8	37
30	Tackling doping in sport: a call to take action on the <i>dopogenic</i> environment. <i>British Journal of Sports Medicine</i> , 2018, 52, 1485-1486.	6.7	37
31	An Action Research Approach to Supporting Elite Student-Athletes in Higher Education. <i>European Physical Education Review</i> , 2004, 10, 179-198.	2.0	36
32	Reviewing Coaches' Knowledge, Attitudes and Beliefs regarding Doping in Sport. <i>International Journal of Sports Science and Coaching</i> , 2012, 7, 167-175.	1.4	36
33	Achieving the Olympic ideal: Preventing doping in sport. <i>Performance Enhancement and Health</i> , 2012, 1, 83-85.	1.6	34
34	Impact of a workplace "sit less, move more" program on efficiency-related outcomes of office employees. <i>BMC Public Health</i> , 2017, 17, 455.	2.9	33
35	Qualitative accounts of urban commuter cycling. <i>Health Education</i> , 2007, 107, 448-462.	0.9	32
36	Delivering men's health interventions in English Premier League football clubs: key design characteristics. <i>Public Health</i> , 2013, 127, 716-726.	2.9	32

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37	SnapScanSend: A valid and reliable method for assessing the energy intake of elite adolescent athletes. <i>European Journal of Sport Science</i> , 2017, 17, 1044-1055.	2.7	31
38	Are youth sport talent identification and development systems necessary and healthy?. <i>Sports Medicine - Open</i> , 2018, 4, 18.	3.1	31
39	Neighbourhood typologies and associations with body mass index and obesity: A cross-sectional study. <i>Preventive Medicine</i> , 2018, 111, 351-357.	3.4	30
40	Enduring injustice: a case study of retirement from professional rugby union. <i>Sport, Education and Society</i> , 2007, 12, 19-35.	2.1	29
41	Assessing Subjective Well-being in Chinese Older Adults: The Chinese Aging Well Profile. <i>Social Indicators Research</i> , 2008, 87, 445-460.	2.7	27
42	Reaching older people with PA delivered in football clubs: the reach, adoption and implementation characteristics of the Extra Time Programme. <i>BMC Public Health</i> , 2015, 15, 220.	2.9	27
43	Obese young people's accounts of intervention impact. <i>Patient Education and Counseling</i> , 2010, 79, 306-314.	2.2	26
44	Access and quality of parks and associations with obesity: A cross-sectional study. <i>SSM - Population Health</i> , 2017, 3, 722-729.	2.7	23
45	Psychosocial outcomes associated with soccer academy involvement: Longitudinal comparisons against aged matched school pupils. <i>Journal of Sports Sciences</i> , 2020, 38, 1387-1398.	2.0	20
46	How General Practitioners promote "lifestyle" physical activity. <i>Patient Education and Counseling</i> , 2004, 54, 101-106.	2.2	19
47	Effect of a health-improvement pilot programme for older adults delivered by a professional football club: the Burton Albion case study. <i>Soccer and Society</i> , 2014, 15, 902-918.	1.2	19
48	Experiences of Route and Task-Based Walking in a University Community: Qualitative Perspectives in a Randomized Control Trial. <i>Journal of Physical Activity and Health</i> , 2008, 5, S176-S182.	2.0	18
49	How different data sources and definitions of neighbourhood influence the association between food outlet availability and body mass index: a cross-sectional study. <i>Perspectives in Public Health</i> , 2017, 137, 158-161.	1.6	18
50	Reconsidering the relationship between fast-food outlets, area-level deprivation, diet quality and body mass index: an exploratory structural equation modelling approach. <i>Journal of Epidemiology and Community Health</i> , 2019, 73, 861-866.	3.7	17
51	Fast-food outlet availability and obesity: Considering variation by age and methodological diversity in 22,889 Yorkshire Health Study participants. <i>Spatial and Spatio-temporal Epidemiology</i> , 2019, 28, 43-53.	1.7	17
52	Physical activity promotion in general practices of Barcelona: a case study. <i>Health Education Research</i> , 2005, 21, 538-548.	1.9	16
53	Walking, connecting and befriending: A qualitative pilot study of participation in a lay-led walking group intervention. <i>Journal of Transport and Health</i> , 2017, 5, 16-26.	2.2	16
54	Young people's participation in the development of a self-care intervention—a multi-site formative research study. <i>Health Education Research</i> , 2013, 28, 552-562.	1.9	15

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55	Developmental Contexts and Features of Elite Academy Football Players: Coach and Player Perspectives. <i>International Journal of Sports Science and Coaching</i> , 2014, 9, 217-232.	1.4	15
56	Using Contemporary Behavior Change Science to Design and Implement an Effective Nutritional Intervention Within Professional Rugby League. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2018, 28, 553-557.	2.1	15
57	An Alternative View of Psychological Well-Being in Cardiac Rehabilitation: Considering Temperament and Character. <i>European Journal of Cardiovascular Nursing</i> , 2006, 5, 237-243.	0.9	14
58	The International Universities Walking Project: employee step counts, sitting times and health status. <i>International Journal of Workplace Health Management</i> , 2008, 1, 152-161.	1.9	14
59	Assessing the impact of football-based health improvement programmes: stay onside, avoid own goals and score with the evaluation!. <i>Soccer and Society</i> , 2014, 15, 970-987.	1.2	14
60	Changing Bodies. <i>Qualitative Health Research</i> , 2014, 24, 738-748.	2.1	14
61	Physical Activity Level and Lifestyle-Related Risk Factors From Catalan Physicians. <i>Journal of Physical Activity and Health</i> , 2014, 11, 922-929.	2.0	14
62	Physical activity assessment for public health: efficacious use of the single-item measure. <i>Public Health</i> , 2015, 129, 1630-1636.	2.9	14
63	Commentary on a recent article on the effects of the "Daily Mile"™ on physical activity, fitness and body composition: addressing key limitations. <i>BMC Medicine</i> , 2019, 17, 96.	5.5	14
64	Osteoporotic Caucasian and South Asian women: a qualitative study of general practitioners' support. <i>Perspectives in Public Health</i> , 2008, 128, 263-270.	0.4	13
65	Brain resilience: Shedding light into the black box of adventure processes. <i>Journal of Outdoor and Environmental Education</i> , 2012, 16, 3-14.	1.1	13
66	The search for size: a doping risk factor in adolescent rugby?. <i>British Journal of Sports Medicine</i> , 2016, 50, 203-204.	6.7	13
67	"It brings the lads together"™: a critical exploration of older men's™ experiences of a weight management programme delivered through a Healthy Stadia project. <i>Sport in Society</i> , 2017, 20, 303-315.	1.2	13
68	Inclusive adapted sport and adventure training programme in the PTSD recovery of military personnel: A creative non-fiction. <i>Psychology of Sport and Exercise</i> , 2018, 35, 151-159.	2.1	13
69	Health improvement and professional football: players on the same side?. <i>Journal of Policy Research in Tourism, Leisure and Events</i> , 2013, 5, 207-212.	4.0	11
70	Designing programmes of physical activity through sport: learning from a widening participation intervention, "City of Football"™. <i>BMC Public Health</i> , 2018, 18, 1142.	2.9	10
71	Outdoor Adventure Builds Resilient Learners for Higher Education: A Quantitative Analysis of the Active Components of Positive Change. <i>Sports</i> , 2019, 7, 122.	1.7	10
72	"There were other guys in the same boat as myself"™: the role of homosocial environments in sustaining men's™ engagement in health interventions. <i>Qualitative Research in Sport, Exercise and Health</i> , 2019, 11, 494-509.	5.9	10

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73	The impact of additional weekdays of active commuting to school on children achieving a criterion of 300+ minutes of moderate-to-vigorous physical activity. <i>Health Education Journal</i> , 2011, 70, 428-434.	1.2	9
74	Does modifying competition affect the frequency of technical skills in junior rugby league?. <i>International Journal of Sports Science and Coaching</i> , 2016, 11, 810-818.	1.4	9
75	Reconsidering current objectives for physical activity within physical education. <i>British Journal of Sports Medicine</i> , 2018, 52, 1229-1230.	6.7	9
76	Outcomes from a One-Week Adapted Sport and Adapted Adventure Recovery Programme for Military Personnel. <i>Sports</i> , 2019, 7, 135.	1.7	9
77	A Pedometer-Based Physically Active Learning Intervention: The Importance of Using Preintervention Physical Activity Categories to Assess Effectiveness. <i>Pediatric Exercise Science</i> , 2019, 31, 356-362.	1.0	9
78	An evaluation of the Local Exercise Action Pilots and impact on moderate physical activity. <i>Health Education Journal</i> , 2009, 68, 179-185.	1.2	8
79	Constituent Year: A New Consideration for Injury Risk in Canadian Youth Ice Hockey. <i>Clinical Journal of Sport Medicine</i> , 2010, 20, 113-116.	1.8	8
80	The Impact of an Outdoor and Adventure Sports Course on the Wellbeing of Recovering UK Military Personnel: An Exploratory Study. <i>Sports</i> , 2019, 7, 112.	1.7	8
81	Moderate-to-Vigorous Physical Activity in Primary School Children: Inactive Lessons Are Dominated by Maths and English. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 990.	2.6	8
82	Preparation, structured deliberate practice and decision making in elite level football: The case study of Gary Neville (Manchester United FC and England). <i>International Journal of Sports Science and Coaching</i> , 2016, 11, 673-682.	1.4	7
83	Participation in physical activity decreased more in people with rheumatoid arthritis than the general population during the COVID-19 lockdown: a cross-sectional study. <i>Rheumatology International</i> , 2022, 42, 241-250.	3.0	7
84	Measuring presenteeism in Catalan employees: linguistic adaptation and validation. <i>International Journal of Workplace Health Management</i> , 2008, 1, 198-208.	1.9	6
85	The International Universities Walking Project: Development of a Framework for Workplace Intervention Using the Delphi Technique. <i>Journal of Physical Activity and Health</i> , 2009, 6, 520-528.	2.0	6
86	Associations between daily sitting time and the combinations of lifestyle risk factors in men. <i>Journal of Men's Health</i> , 2012, 9, 261-267.	0.3	6
87	Self-esteem outcomes over a summer camp for obese youth. <i>Pediatric Obesity</i> , 2016, 11, 500-505.	2.8	6
88	Can "English Premier League"™ funding for PE and school sport achieve its aims?. <i>Soccer and Society</i> , 2016, 17, 242-245.	1.2	6
89	Supporting lifestyle risk reduction: promoting men's health through professional football. <i>Soccer and Society</i> , 2016, 17, 183-195.	1.2	5
90	Commentary: Snap-N-Send: A Valid and Reliable Method for Assessing the Energy Intake of Elite Adolescent Athletes. <i>Frontiers in Nutrition</i> , 2017, 4, 47.	3.7	5

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91	Authors' Reply. Sports Medicine, 2011, 41, 88-90.	6.5	4
92	Comments on Bruun, D.M. et al. Community-Based Recreational Football: A Novel Approach to Promote Physical Activity and Quality of Life in Prostate Cancer Survivors. Int. J. Environ. Res. Public Health 2014, 11, 5557-5585. Time to Raise Our Game. International Journal of Environmental Research and Public Health, 2014, 11, 6842-6843.	2.6	4
93	Developing Interventions for Children's Exercise (DICE): A Pilot Evaluation of School-Based Exercise Interventions for Primary School Children Aged 7 to 8 Years. Journal of Physical Activity and Health, 2014, 11, 699-704.	2.0	4
94	Qualitative perspectives on how Manchester United Football Club developed and sustained serial winning. International Journal of Sports Science and Coaching, 2016, 11, 467-477.	1.4	4
95	Roots to Grow and Wings to Fly: An Ethnography of Psychosocial Development in Adolescent Performance Sport. Sports, 2022, 10, 48.	1.7	4
96	An even more beautiful game. Public Health, 2013, 127, 1143-1144.	2.9	3
97	The effects of playground markings on the physical self-perceptions of 10-11-year-old school children. Physical Education and Sport Pedagogy, 2014, 19, 179-190.	3.0	3
98	Sustaining health improvement activities delivered in English professional football clubs using evaluation: a short communication. Soccer and Society, 2016, 17, 759-769.	1.2	3
99	Changing player behaviour in sport during the COVID-19 pandemic: Shake on it?. SA Sports Medicine, 2020, 32, 1-2.	0.3	3
100	Year 7 dietary intake: a comparison of two schools with middle-high socioeconomic status. Journal of Human Nutrition and Dietetics, 2013, 26, 563-569.	2.5	2
101	Initial effects of a free swimming pilot programme on the physical activity levels of young people. Public Health, 2014, 128, 485-487.	2.9	2
102	Can a workplace "sit less, move more" programme help Spanish office employees achieve physical activity targets?. European Journal of Public Health, 2017, 27, 926-928.	0.3	2
103	Smartphone pedometers in adults with asthma: a practical approach to physical activity assessment? A pilot validation study. Journal of Asthma, 2022, 59, 967-975.	1.7	2
104	Avoiding deaths on Everest. BMJ: British Medical Journal, 2006, 333, 603.3.	2.3	2
105	Trajectories of Resilience in University Inductees following Outdoor Adventure (OA) Residential Programmes. Psychiatry International, 2022, 3, 67-90.	1.0	2
106	Looking Back and Looking Around: How Athletes, Parents and Coaches See Psychosocial Development in Adolescent Performance Sport. Sports, 2022, 10, 47.	1.7	2
107	Weighty: NICE's Not-So-Nice Words. Frontiers in Psychology, 2016, 7, 1919.	2.1	1
108	Lessons from the field for working in Healthy Stadia: physical activity practitioners reflect on "sport". Sport in Society, 2017, 20, 316-324.	1.2	1

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109	Effects of the Active Choices Program on Self-Managed Physical Activity and Social Connectedness in Australian Defence Force Veterans: Protocol for a Cluster-Randomized Trial. JMIR Research Protocols, 2021, 10, e21911.	1.0	1
110	The enduring well-being impacts of attending the Battle Back Multi Activity Course for the lives of recovering UK armed forces personnel. Military Psychology, 0, , 1-12.	1.1	1
111	Sustained positive behaviour change of wounded, injured and sick UK military following an adaptive adventure sports and health coaching recovery course. BMJ Military Health, 2023, 169, 499-504.	0.9	1
112	The public health value of doctors encouraging patients to exercise. BMJ, The, 2013, 347, f6718-f6718.	6.0	0
113	Associations Between Physical Activity, Sedentary Behaviour And The Environment. Medicine and Science in Sports and Exercise, 2016, 48, 592-593.	0.4	0
114	"Strictly-ballroom": Can Dance Raise The Amount And Intensity Of Physical Activity In Senior Adults?. Medicine and Science in Sports and Exercise, 2009, 41, 377.	0.4	0
115	Sedentary Behaviour And Physical Activity. Medicine and Science in Sports and Exercise, 2016, 48, 779.	0.4	0
116	Comparison Of A Soccer-lead Community-based Intervention Vs. Commercial Programme For Weight-loss In Men And Women.. Medicine and Science in Sports and Exercise, 2016, 48, 597.	0.4	0
117	Mission Himalaya: Exploring the Impact of a Supported High-Altitude Mountaineering Expedition on the Well-Being and Personal Development of UK Military Veterans. International Journal of Environmental Research and Public Health, 2022, 19, 5049.	2.6	0