

# Lisette de Groot

## List of Publications by Year in descending order

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Version: 2024-02-01

275  
papers

19,470  
citations

18482

62  
h-index

14208

128  
g-index

282  
all docs

282  
docs citations

282  
times ranked

27900  
citing authors

#	ARTICLE	IF	CITATIONS
1	Defining the role of common variation in the genomic and biological architecture of adult human height. <i>Nature Genetics</i> , 2014, 46, 1173-1186.	21.4	1,818
2	Mediterranean Diet, Lifestyle Factors, and 10-Year Mortality in Elderly European Men and Women. <i>JAMA - Journal of the American Medical Association</i> , 2004, 292, 1433.	7.4	1,297
3	Homocysteine Levels and the Risk of Osteoporotic Fracture. <i>New England Journal of Medicine</i> , 2004, 350, 2033-2041.	27.0	673
4	Protein supplementation augments the adaptive response of skeletal muscle to resistance-type exercise training: a meta-analysis. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 1454-1464.	4.7	627
5	Whole-genome sequencing identifies EN1 as a determinant of bone density and fracture. <i>Nature</i> , 2015, 526, 112-117.	27.8	483
6	Mediterranean diet intervention alters the gut microbiome in older people reducing frailty and improving health status: the NU-AGE 1-year dietary intervention across five European countries. <i>Cut</i> , 2020, 69, 1218-1228.	12.1	465
7	Protein Supplementation Increases Muscle Mass Gain During Prolonged Resistance-Type Exercise Training in Frail Elderly People: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>Journal of the American Medical Directors Association</i> , 2012, 13, 713-719.	2.5	449
8	Vitamin D and mortality: meta-analysis of individual participant data from a large consortium of cohort studies from Europe and the United States. <i>BMJ, The</i> , 2014, 348, g3656-g3656.	6.0	363
9	Protein Supplementation Improves Physical Performance in Frail Elderly People: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>Journal of the American Medical Directors Association</i> , 2012, 13, 720-726.	2.5	353
10	Impact of smoking and smoking cessation on cardiovascular events and mortality among older adults: meta-analysis of individual participant data from prospective cohort studies of the CHANCES consortium. <i>BMJ, The</i> , 2015, 350, h1551-h1551.	6.0	349
11	The Influence of Age and Sex on Genetic Associations with Adult Body Size and Shape: A Large-Scale Genome-Wide Interaction Study. <i>PLoS Genetics</i> , 2015, 11, e1005378.	3.5	331
12	Genome-wide association study in 79,366 European-ancestry individuals informs the genetic architecture of 25-hydroxyvitamin D levels. <i>Nature Communications</i> , 2018, 9, 260.	12.8	295
13	Dietary Patterns, Cognitive Decline, and Dementia: A Systematic Review. <i>Advances in Nutrition</i> , 2015, 6, 154-168.	6.4	280
14	Fish-oil supplementation induces antiinflammatory gene expression profiles in human blood mononuclear cells. <i>American Journal of Clinical Nutrition</i> , 2009, 90, 415-424.	4.7	277
15	Whole dairy matrix or single nutrients in assessment of health effects: current evidence and knowledge gaps. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1033-1045.	4.7	267
16	A saturated fatty acid-rich diet induces an obesity-linked proinflammatory gene expression profile in adipose tissue of subjects at risk of metabolic syndrome. <i>American Journal of Clinical Nutrition</i> , 2009, 90, 1656-1664.	4.7	247
17	New loci for body fat percentage reveal link between adiposity and cardiometabolic disease risk. <i>Nature Communications</i> , 2016, 7, 10495.	12.8	245
18	Dietary protein intake in community-dwelling, frail, and institutionalized elderly people: scope for improvement. <i>European Journal of Nutrition</i> , 2012, 51, 173-179.	3.9	237

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19	Projected Prevalence of Inadequate Nutrient Intakes in Europe. <i>Annals of Nutrition and Metabolism</i> , 2011, 59, 84-95.	1.9	234
20	A reappraisal of the impact of dairy foods and milk fat on cardiovascular disease risk. <i>European Journal of Nutrition</i> , 2009, 48, 191-203.	3.9	213
21	VALIDITY OF THE FATTY ACID COMPOSITION OF SUBCUTANEOUS FAT TISSUE MICROBIOPSIES AS AN ESTIMATE OF THE LONG-TERM AVERAGE FATTY ACID COMPOSITION OF THE DIET OF SEPARATE INDIVIDUALS. <i>American Journal of Epidemiology</i> , 1986, 123, 455-463.	3.4	192
22	Homocysteine and Vitamin B12 Status Relate to Bone Turnover Markers, Broadband Ultrasound Attenuation, and Fractures in Healthy Elderly People. <i>Journal of Bone and Mineral Research</i> , 2005, 20, 921-929.	2.8	182
23	Effects of homocysteine lowering with B vitamins on cognitive aging: meta-analysis of 11 trials with cognitive data on 22,000 individuals. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 657-666.	4.7	180
24	IANA task force on nutrition and cognitive decline with aging. <i>Journal of Nutrition, Health and Aging</i> , 2007, 11, 132-52.	3.3	180
25	Oral Cyanocobalamin Supplementation in Older People With Vitamin B12 Deficiency. <i>Archives of Internal Medicine</i> , 2005, 165, 1167.	3.8	174
26	Effect of oral vitamin B-12 with or without folic acid on cognitive function in older people with mild vitamin B-12 deficiency: a randomized, placebo-controlled trial. <i>American Journal of Clinical Nutrition</i> , 2006, 84, 361-370.	4.7	170
27	Micronutrient intakes and potential inadequacies of community-dwelling older adults: a systematic review. <i>British Journal of Nutrition</i> , 2015, 113, 1195-1206.	2.3	167
28	Biomarkers of Nutrition for Development (BOND): Vitamin B-12 Review. <i>Journal of Nutrition</i> , 2018, 148, 1995S-2027S.	2.9	166
29	Functional Outcomes and Participation in Young Adulthood for Very Preterm and Very Low Birth Weight Infants: The Dutch Project on Preterm and Small for Gestational Age Infants at 19 Years of Age. <i>Pediatrics</i> , 2007, 120, e587-e595.	2.1	158
30	Dietary quality, lifestyle factors and healthy ageing in Europe: the SENECA study. <i>Age and Ageing</i> , 2003, 32, 427-434.	1.6	139
31	Current micronutrient recommendations in Europe: towards understanding their differences and similarities. <i>European Journal of Nutrition</i> , 2008, 47, 17-40.	3.9	138
32	Combating inflammaging through a Mediterranean whole diet approach: The NU-AGE project's conceptual framework and design. <i>Mechanisms of Ageing and Development</i> , 2014, 136-137, 3-13.	4.6	131
33	Vitamin B12 in Relation to Oxidative Stress: A Systematic Review. <i>Nutrients</i> , 2019, 11, 482.	4.1	130
34	Nutrition in the age-related disablement process. <i>Journal of Nutrition, Health and Aging</i> , 2011, 15, 599-604.	3.3	128
35	The association between waist circumference and risk of mortality considering body mass index in 65- to 74-year-olds: a meta-analysis of 29 cohorts involving more than 58 000 elderly persons. <i>International Journal of Epidemiology</i> , 2012, 41, 805-817.	1.9	123
36	Health Effect of Improved Meal Ambiance in a Dutch Nursing Home: A 1-Year Intervention Study. <i>Preventive Medicine</i> , 2001, 32, 416-423.	3.4	121

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37	Low-Frequency Synonymous Coding Variation in CYP2R1 Has Large Effects on Vitamin D Levels and Risk of Multiple Sclerosis. <i>American Journal of Human Genetics</i> , 2017, 101, 227-238.	6.2	112
38	Quantification of the smoking-associated cancer risk with rate advancement periods: meta-analysis of individual participant data from cohorts of the CHANCES consortium. <i>BMC Medicine</i> , 2016, 14, 62.	5.5	110
39	The effects of long-term daily folic acid and vitamin B12 supplementation on genome-wide DNA methylation in elderly subjects. <i>Clinical Epigenetics</i> , 2015, 7, 121.	4.1	106
40	Mediterranean-Style Diet Improves Systolic Blood Pressure and Arterial Stiffness in Older Adults. <i>Hypertension</i> , 2019, 73, 578-586.	2.7	106
41	Management of Malnutrition in Older Patients – Current Approaches, Evidence and Open Questions. <i>Journal of Clinical Medicine</i> , 2019, 8, 974.	2.4	105
42	Consumption of diets containing raw soya beans ( <i>Glycine max</i> ), kidney beans ( <i>Phaseolus vulgaris</i> ), cowpeas ( <i>Vigna unguiculata</i> ) or lupin seeds ( <i>Lupinus angustifolius</i> ) by rats for up to 700 days: effect on body composition and organ weights. <i>British Journal of Nutrition</i> , 1995, 73, 17-29.	2.3	104
43	Handgrip Strength Does Not Represent an Appropriate Measure to Evaluate Changes in Muscle Strength During an Exercise Intervention Program in Frail Older People. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2015, 25, 27-36.	2.1	96
44	The impact of dietary protein or amino acid supplementation on muscle mass and strength in elderly people: Individual participant data and meta-analysis of RCT's. <i>Journal of Nutrition, Health and Aging</i> , 2017, 21, 994-1001.	3.3	96
45	Vitamin B12 Intake From Animal Foods, Biomarkers, and Health Aspects. <i>Frontiers in Nutrition</i> , 2019, 6, 93.	3.7	96
46	Adherence to a Healthy Diet According to the World Health Organization Guidelines and All-Cause Mortality in Elderly Adults From Europe and the United States. <i>American Journal of Epidemiology</i> , 2014, 180, 978-988.	3.4	95
47	Review Article Socio-economic determinants of micronutrient intake and status in Europe: a systematic review. <i>Public Health Nutrition</i> , 2014, 17, 1031-1045.	2.2	94
48	Study of the effect of a liquid nutrition supplement on the nutritional status of psycho-geriatric nursing home patients. <i>European Journal of Clinical Nutrition</i> , 2002, 56, 245-251.	2.9	91
49	Nutritional assessment of residents in Long-Term Care Facilities (LTCFS): Recommendations of the task force on nutrition and ageing of the IAGG European Region and the IANA. <i>Journal of Nutrition, Health and Aging</i> , 2009, 13, 475-483.	3.3	90
50	Genetic determinants of heel bone properties: genome-wide association meta-analysis and replication in the GEFOS/GENOMOS consortium. <i>Human Molecular Genetics</i> , 2014, 23, 3054-3068.	2.9	90
51	Evaluation of dietary quality in relationship to nutritional and lifestyle factors in elderly people of the US Framingham Heart Study and the European SENECA study. <i>European Journal of Clinical Nutrition</i> , 2001, 55, 870-880.	2.9	87
52	A genome-wide association study identifies nucleotide variants at SIGLEC5 and DEFA1A3 as risk loci for periodontitis. <i>Human Molecular Genetics</i> , 2017, 26, 2577-2588.	2.9	87
53	Dietary Protein Intake in Dutch Elderly People: A Focus on Protein Sources. <i>Nutrients</i> , 2015, 7, 9697-9706.	4.1	86
54	Relative importance of summer sun exposure, vitamin D intake, and genes to vitamin D status in Dutch older adults: The B-PROOF study. <i>Journal of Steroid Biochemistry and Molecular Biology</i> , 2016, 164, 168-176.	2.5	84

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55	Rationale and design of the B-PROOF study, a randomized controlled trial on the effect of supplemental intake of vitamin B12 and folic acid on fracture incidence. <i>BMC Geriatrics</i> , 2011, 11, 80.	2.7	83
56	Joint sequencing of human and pathogen genomes reveals the genetics of pneumococcal meningitis. <i>Nature Communications</i> , 2019, 10, 2176.	12.8	83
57	Effect of daily vitamin B-12 and folic acid supplementation on fracture incidence in elderly individuals with an elevated plasma homocysteine concentration: B-PROOF, a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 1578-1586.	4.7	76
58	Genome-wide meta-analysis of muscle weakness identifies 15 susceptibility loci in older men and women. <i>Nature Communications</i> , 2021, 12, 654.	12.8	75
59	Effect of resistance-type exercise training with or without protein supplementation on cognitive functioning in frail and pre-frail elderly: Secondary analysis of a randomized, double-blind, placebo-controlled trial. <i>Mechanisms of Ageing and Development</i> , 2014, 136-137, 85-93.	4.6	73
60	Effect of the NU-AGE Diet on Cognitive Functioning in Older Adults: A Randomized Controlled Trial. <i>Frontiers in Physiology</i> , 2018, 9, 349.	2.8	72
61	Do positive or negative experiences of social support relate to current and future health? Results from the Doetinchem Cohort Study. <i>BMC Public Health</i> , 2012, 12, 65.	2.9	71
62	Results of 2-year vitamin B treatment on cognitive performance. <i>Neurology</i> , 2014, 83, 2158-2166.	1.1	67
63	Are Nutrition-Related Knowledge and Attitudes Reflected in Lifestyle and Health Among Elderly People? A Study Across Five European Countries. <i>Frontiers in Physiology</i> , 2018, 9, 994.	2.8	67
64	Relation of Dietary Quality, Physical Activity, and Smoking Habits to 10-Year Changes in Health Status in Older Europeans in the SENECA Study. <i>American Journal of Public Health</i> , 2003, 93, 318-323.	2.7	66
65	A parallel randomized trial on the effect of a healthful diet on inflammaging and its consequences in European elderly people: Design of the NU-AGE dietary intervention study. <i>Mechanisms of Ageing and Development</i> , 2013, 134, 523-530.	4.6	64
66	Protein Type, Protein Dose, and Age Modulate Dietary Protein Digestion and Phenylalanine Absorption Kinetics and Plasma Phenylalanine Availability in Humans. <i>Journal of Nutrition</i> , 2020, 150, 2041-2050.	2.9	64
67	Literature review on the role of dietary protein and amino acids in cognitive functioning and cognitive decline. <i>Amino Acids</i> , 2013, 45, 1035-1045.	2.7	62
68	Recommended intakes of vitamin D to optimise health, associated circulating 25-hydroxyvitamin D concentrations, and dosing regimens to treat deficiency: workshop report and overview of current literature. <i>Journal of Nutritional Science</i> , 2015, 4, e23.	1.9	62
69	High Versus low Dietary Protein Intake and Bone Health in Older Adults: a Systematic Review and Meta-Analysis. <i>Computational and Structural Biotechnology Journal</i> , 2019, 17, 1101-1112.	4.1	62
70	Genetic factors as predictors of weight gain in young adult Dutch men and women. <i>International Journal of Obesity</i> , 2002, 26, 517-528.	3.4	61
71	WHO guidelines for a healthy diet and mortality from cardiovascular disease in European and American elderly: the CHANCES project. <i>American Journal of Clinical Nutrition</i> , 2015, 102, 745-756.	4.7	61
72	Protein supplementation improves lean body mass in physically active older adults: a randomized placebo-controlled trial. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2019, 10, 298-310.	7.3	61

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73	Consumption of a High Monounsaturated Fat Diet Reduces Oxidative Phosphorylation Gene Expression in Peripheral Blood Mononuclear Cells of Abdominally Overweight Men and Women. <i>Journal of Nutrition</i> , 2012, 142, 1219-1225.	2.9	60
74	Functional Biochemical and Nutrient Indices in Frail Elderly People Are Partly Affected by Dietary Supplements but Not by Exercise. <i>Journal of Nutrition</i> , 1999, 129, 2028-2036.	2.9	59
75	Reprint of: A parallel randomized trial on the effect of a healthful diet on inflammaging and its consequences in European elderly people: Design of the NU-AGE dietary intervention study. <i>Mechanisms of Ageing and Development</i> , 2014, 136-137, 14-21.	4.6	59
76	Self-rated health and all-cause and cause-specific mortality of older adults: Individual data meta-analysis of prospective cohort studies in the CHANCES Consortium. <i>Maturitas</i> , 2017, 103, 37-44.	2.4	58
77	Meta-analysis of genome-wide association studies of aggressive and chronic periodontitis identifies two novel risk loci. <i>European Journal of Human Genetics</i> , 2019, 27, 102-113.	2.8	58
78	Malnutrition and Mealtime Ambiance in Nursing Homes. <i>Journal of the American Medical Directors Association</i> , 2009, 10, 226-229.	2.5	57
79	Dietary Determinants of Plasma Homocysteine Concentrations. <i>Seminars in Vascular Medicine</i> , 2005, 5, 110-123.	2.1	56
80	Intakes of (n-3) Fatty Acids and Fatty Fish Are Not Associated with Cognitive Performance and 6-Year Cognitive Change in Men Participating in the Veterans Affairs Normative Aging Study. <i>Journal of Nutrition</i> , 2009, 139, 2329-2336.	2.9	56
81	Folic Acid and Vitamin B12 Supplementation and the Risk of Cancer: Long-term Follow-up of the B Vitamins for the Prevention of Osteoporotic Fractures (B-PROOF) Trial. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2019, 28, 275-282.	2.5	56
82	The effect of a liquid nutrition supplement on body composition and physical functioning in elderly people. <i>Clinical Nutrition</i> , 2003, 22, 371-377.	5.0	55
83	How we will produce the evidence-based EURRECA toolkit to support nutrition and food policy. <i>European Journal of Nutrition</i> , 2008, 47, 2-16.	3.9	55
84	Systematic Review on Daily Vitamin B12 Losses and Bioavailability for Deriving Recommendations on Vitamin B12 Intake with the Factorial Approach. <i>Annals of Nutrition and Metabolism</i> , 2013, 62, 311-322.	1.9	55
85	Expression of protocadherin gamma in skeletal muscle tissue is associated with age and muscle weakness. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2016, 7, 604-614.	7.3	55
86	Vitamin B12 Deficiency Stimulates Osteoclastogenesis via Increased Homocysteine and Methylmalonic Acid. <i>Calcified Tissue International</i> , 2009, 84, 413-422.	3.1	54
87	Nutrient-dense foods and exercise in frail elderly: effects on B vitamins, homocysteine, methylmalonic acid, and neuropsychological functioning. <i>American Journal of Clinical Nutrition</i> , 2001, 73, 338-346.	4.7	52
88	Dose-response effects of supplementation with calcifediol on serum 25-hydroxyvitamin D status and its metabolites: A randomized controlled trial in older adults. <i>Clinical Nutrition</i> , 2018, 37, 808-814.	5.0	51
89	Energy balances of eight volunteers fed on diets supplemented with either lactitol or saccharose. <i>British Journal of Nutrition</i> , 1986, 56, 545-554.	2.3	50
90	B Vitamins and n-3 Fatty Acids for Brain Development and Function: Review of Human Studies. <i>Annals of Nutrition and Metabolism</i> , 2012, 60, 272-292.	1.9	50

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91	Vitamin B12 Intake and Status and Cognitive Function in Elderly People. <i>Epidemiologic Reviews</i> , 2013, 35, 2-21.	3.5	49
92	Undernutrition in the European SENECA studies. <i>Clinics in Geriatric Medicine</i> , 2002, 18, 699-708.	2.6	48
93	Low bone mineral density and bone mineral content are associated with low cobalamin status in adolescents. <i>European Journal of Nutrition</i> , 2005, 44, 341-347.	3.9	48
94	Structural, functional and molecular analysis of the effects of aging in the small intestine and colon of C57BL/6J mice. <i>BMC Medical Genomics</i> , 2012, 5, 38.	1.5	48
95	Changes in Dietary Intake and Adherence to the NU-AGE Diet Following a One-Year Dietary Intervention among European Older Adults—Results of the NU-AGE Randomized Trial. <i>Nutrients</i> , 2018, 10, 1905.	4.1	48
96	Protein Intake and Distribution in Relation to Physical Functioning and Quality of Life in Community-Dwelling Elderly People: Acknowledging the Role of Physical Activity. <i>Nutrients</i> , 2018, 10, 506.	4.1	48
97	Green Care Farms Promote Activity Among Elderly People With Dementia. <i>Journal of Housing for the Elderly</i> , 2009, 23, 368-389.	0.7	47
98	BMI and body fat mass is inversely associated with vitamin D levels in older individuals. <i>Journal of Nutrition, Health and Aging</i> , 2015, 19, 980-985.	3.3	46
99	Effects of Two-Year Vitamin B12 and Folic Acid Supplementation on Depressive Symptoms and Quality of Life in Older Adults with Elevated Homocysteine Concentrations: Additional Results from the B-PROOF Study, an RCT. <i>Nutrients</i> , 2016, 8, 748.	4.1	46
100	A Mediterranean-like dietary pattern with vitamin D3 (10 µg/d) supplements reduced the rate of bone loss in older Europeans with osteoporosis at baseline: results of a 1-y randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 633-640.	4.7	46
101	Effect of dietary sources of calcium and protein on hip fractures and falls in older adults in residential care: cluster randomised controlled trial. <i>BMJ, The</i> , 2021, 375, n2364.	6.0	45
102	Dietary assessment methods for micronutrient intake in elderly people: a systematic review. <i>British Journal of Nutrition</i> , 2009, 102, S118-S149.	2.3	44
103	Effectiveness of nutritional interventions in older adults at risk of malnutrition across different health care settings: Pooled analyses of individual participant data from nine randomized controlled trials. <i>Clinical Nutrition</i> , 2019, 38, 1797-1806.	5.0	44
104	The Contribution of Dairy Products to Micronutrient Intake in The Netherlands. <i>Journal of the American College of Nutrition</i> , 2011, 30, 415S-421S.	1.8	43
105	Associations Between Changes in Anthropometric Measures and Mortality in Old Age: A Role for Mid-Upper Arm Circumference?. <i>Journal of the American Medical Directors Association</i> , 2013, 14, 187-193.	2.5	43
106	Associations of 25-hydroxyvitamin D with fasting glucose, fasting insulin, dementia and depression in European elderly: the SENECA study. <i>European Journal of Nutrition</i> , 2013, 52, 917-925.	3.9	42
107	Dietary Sources of Vitamin B-12 and Their Association with Vitamin B-12 Status Markers in Healthy Older Adults in the B-PROOF Study. <i>Nutrients</i> , 2015, 7, 7781-7797.	4.1	42
108	Macronutrient Intake and Inadequacies of Community-Dwelling Older Adults, a Systematic Review. <i>Annals of Nutrition and Metabolism</i> , 2015, 66, 242-255.	1.9	42

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109	Pre-diagnostic vitamin D concentrations and cancer risks in older individuals: an analysis of cohorts participating in the CHANCES consortium. <i>European Journal of Epidemiology</i> , 2016, 31, 311-323.	5.7	42
110	Associations between Pro- and Anti-Inflammatory Gastro-Intestinal Microbiota, Diet, and Cognitive Functioning in Dutch Healthy Older Adults: The NU-AGE Study. <i>Nutrients</i> , 2020, 12, 3471.	4.1	42
111	Determinants of macronutrient intake in elderly people. <i>European Journal of Clinical Nutrition</i> , 2000, 54, S70-S76.	2.9	41
112	Interactions between plasma concentrations of folate and markers of vitamin B <sub>12</sub> status with cognitive performance in elderly people not exposed to folic acid fortification: the Hordaland Health Study. <i>British Journal of Nutrition</i> , 2014, 111, 1085-1095.	2.3	41
113	Lifestyle, Mediterranean diet and survival in European post-myocardial infarction patients. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2006, 13, 894-900.	2.8	39
114	Overview of methods used to evaluate the adequacy of nutrient intakes for individuals and populations. <i>British Journal of Nutrition</i> , 2009, 101, S6-S11.	2.3	39
115	Micronutrient intake and status in Central and Eastern Europe compared with other European countries, results from the EURRECA network. <i>Public Health Nutrition</i> , 2013, 16, 824-840.	2.2	39
116	Perspective: Vegan Diets for Older Adults? A Perspective On the Potential Impact On Muscle Mass and Strength. <i>Advances in Nutrition</i> , 2022, 13, 712-725.	6.4	39
117	Disentangling the genetics of lean mass. <i>American Journal of Clinical Nutrition</i> , 2019, 109, 276-287.	4.7	38
118	Systematic review with dose-response meta-analyses between vitamin B-12 intake and European Micronutrient Recommendations Aligned™s prioritized biomarkers of vitamin B-12 including randomized controlled trials and observational studies in adults and elderly persons. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 390-402.	4.7	37
119	Leucine Supplementation Does Not Attenuate Skeletal Muscle Loss during Leg Immobilization in Healthy, Young Men. <i>Nutrients</i> , 2018, 10, 635.	4.1	37
120	Inhibition of methylation decreases osteoblast differentiation via a non-DNA-dependent methylation mechanism. <i>Bone</i> , 2010, 46, 514-523.	2.9	36
121	Creatine Loading Does Not Preserve Muscle Mass or Strength During Leg Immobilization in Healthy, Young Males: A Randomized Controlled Trial. <i>Sports Medicine</i> , 2017, 47, 1661-1671.	6.5	36
122	Gender-specific association of body composition with inflammatory and adipose-related markers in healthy elderly Europeans from the NU-AGE study. <i>European Radiology</i> , 2019, 29, 4968-4979.	4.5	36
123	Effect of a Complete Nutritional Supplement on Antibody Response to Influenza Vaccine in Elderly People. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2002, 57, M563-M566.	3.6	35
124	Serum 25-Hydroxyvitamin D Is Associated With Cognitive Executive Function in Dutch Prefrail and Frail Elderly: A Cross-Sectional Study Exploring the Associations of 25-Hydroxyvitamin D With Glucose Metabolism, Cognitive Performance and Depression. <i>Journal of the American Medical Directors Association</i> , 2013, 14, 852.e9-852.e17.	2.5	35
125	Stability of dietary patterns assessed with reduced rank regression; the Zutphen Elderly Study. <i>Nutrition Journal</i> , 2014, 13, 30.	3.4	35
126	Genome-wide association meta-analysis of coronary artery disease and periodontitis reveals a novel shared risk locus. <i>Scientific Reports</i> , 2018, 8, 13678.	3.3	35



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127	EURRECA® Evidence-Based Methodology for Deriving Micronutrient Recommendations. <i>Critical Reviews in Food Science and Nutrition</i> , 2013, 53, 999-1040.	10.3	34
128	No differences in muscle protein synthesis rates following ingestion of wheat protein, milk protein, and their protein blend in healthy, young males. <i>British Journal of Nutrition</i> , 2021, 126, 1832-1842.	2.3	34
129	A Randomized Controlled Trial to Examine the Effect of 2-Year Vitamin B12 and Folic Acid Supplementation on Physical Performance, Strength, and Falling: Additional Findings from the B-PROOF Study. <i>Calcified Tissue International</i> , 2016, 98, 18-27.	3.1	33
130	The association between 25-hydroxyvitamin D concentration, physical performance and frailty status in older adults. <i>European Journal of Nutrition</i> , 2019, 58, 1173-1181.	3.9	33
131	Determinants of Trends in Loneliness Among Dutch Older People Over the Period 2005-2010. <i>Journal of Aging and Health</i> , 2014, 26, 422-440.	1.7	31
132	The association of betaine, homocysteine and related metabolites with cognitive function in Dutch elderly people. <i>British Journal of Nutrition</i> , 2007, 98, 960-968.	2.3	30
133	Effect of vitamin B12 and folic acid supplementation on biomarkers of endothelial function and inflammation among elderly individuals with hyperhomocysteinemia. <i>Vascular Medicine</i> , 2016, 21, 91-98.	1.5	30
134	Evidence-Based Dietary Guidance and the Role of Dairy Products for Appropriate Nutrition in the Elderly. <i>Journal of the American College of Nutrition</i> , 2011, 30, 429S-437S.	1.8	29
135	A 12-week intervention with protein-enriched foods and drinks improved protein intake but not physical performance of older patients during the first 6 months after hospital release: a randomised controlled trial. <i>British Journal of Nutrition</i> , 2017, 117, 1541-1549.	2.3	29
136	Conventional foods, followed by dietary supplements and fortified foods, are the key sources of vitamin D, vitamin B6, and selenium intake in Dutch participants of the NU-AGE study. <i>Nutrition Research</i> , 2016, 36, 1171-1181.	2.9	28
137	Effectiveness of a Diet and Resistance Exercise Intervention on Muscle Health in Older Adults: ProMuscle in Practice. <i>Journal of the American Medical Directors Association</i> , 2020, 21, 1065-1072.e3.	2.5	28
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