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List of Publications by Year in descending order

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Version: 2024-02-01

647
papers

56,111
citations

1614

105
h-index

1825

210
g-index

731
all docs

731
docs citations

731
times ranked

46320
citing authors

#	ARTICLE	IF	CITATIONS
1	Circulating vitamin D levels and colorectal cancer risk: A meta-analysis and systematic review of case-control and prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2023, 63, 1-17.	10.3	19
2	Transcriptional response to a Mediterranean diet intervention exerts a modulatory effect on neuroinflammation signaling pathway. <i>Nutritional Neuroscience</i> , 2022, 25, 256-265.	3.1	5
3	Host and gut microbial tryptophan metabolism and type 2 diabetes: an integrative analysis of host genetics, diet, gut microbiome and circulating metabolites in cohort studies. <i>Gut</i> , 2022, 71, 1095-1105.	12.1	98
4	The Nutri-Score nutrition label. <i>International Journal for Vitamin and Nutrition Research</i> , 2022, 92, 147-157.	1.5	34
5	Pro-vegetarian food patterns and cardiometabolic risk in the PREDIMED-Plus study: a cross-sectional baseline analysis. <i>European Journal of Nutrition</i> , 2022, 61, 357-372.	3.9	13
6	Cross-Sectional Associations between HDL Structure or Function, Cell Membrane Fatty Acid Composition, and Inflammation in Elderly Adults. <i>Journal of Nutrition</i> , 2022, 152, 789-795.	2.9	3
7	Association between the Prime Diet Quality Score and depressive symptoms in a Mediterranean population with metabolic syndrome. Cross-sectional and 2-year follow-up assessment from PREDIMED-PLUS study. <i>British Journal of Nutrition</i> , 2022, 128, 1170-1179.	2.3	3
8	Factors associated with successful dietary changes in an energy-reduced Mediterranean diet intervention: a longitudinal analysis in the PREDIMED-Plus trial. <i>European Journal of Nutrition</i> , 2022, 61, 1457-1475.	3.9	8
9	Inflammatory potential of diet and bone mineral density in a senior Mediterranean population: a cross-sectional analysis of PREDIMED-Plus study. <i>European Journal of Nutrition</i> , 2022, 61, 1445-1455.	3.9	1
10	Change to a healthy diet in people over 70 years old: the PREDIMED experience. <i>European Journal of Nutrition</i> , 2022, 61, 1429-1444.	3.9	3
11	Metabolomic Profiles Associated With Incident Ischemic Stroke. <i>Neurology</i> , 2022, 98, .	1.1	6
12	Vitamin K dietary intake is associated with cognitive function in an older adult Mediterranean population. <i>Age and Ageing</i> , 2022, 51, .	1.6	3
13	Consumption of Olive Oil and Risk of Total and Cause-Specific Mortality Among U.S. Adults. <i>Journal of the American College of Cardiology</i> , 2022, 79, 101-112.	2.8	54
14	Left atrial strain improves echocardiographic classification of diastolic function in patients with metabolic syndrome and overweight-obesity. <i>International Journal of Cardiology</i> , 2022, 348, 169-174.	1.7	8
15	Omega-3 Fatty Acid Intake during Pregnancy and Child Neuropsychological Development: A Multi-Centre Population-Based Birth Cohort Study in Spain. <i>Nutrients</i> , 2022, 14, 518.	4.1	8
16	Dairy product consumption and risk of cancer: A short report from the <sc>NutriNet–Spain</sc> prospective cohort study. <i>International Journal of Cancer</i> , 2022, 150, 1978-1986.	5.1	2
17	Integrative development of a short screening questionnaire of highly processed food consumption (sQ-HPF). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, 6.	4.6	1
18	Adopting a High-Polyphenolic Diet Is Associated with an Improved Glucose Profile: Prospective Analysis within the PREDIMED-Plus Trial. <i>Antioxidants</i> , 2022, 11, 316.	5.1	5

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19	Ultraprocessed food consumption and dietary nutrient profiles associated with obesity: A multicountry study of children and adolescents. <i>Obesity Reviews</i> , 2022, 23, e13387.	6.5	57
20	Association of Low- and No-Calorie Sweetened Beverages as a Replacement for Sugar-Sweetened Beverages With Body Weight and Cardiometabolic Risk. <i>JAMA Network Open</i> , 2022, 5, e222092.	5.9	52
21	Adherence to the Mediterranean Diet Has a Protective Role against Metabolic and DNA Damage Markers in Colorectal Cancer Patients. <i>Antioxidants</i> , 2022, 11, 499.	5.1	8
22	Caffeine Intake and Its Sex-Specific Association with General Anxiety: A Cross-Sectional Analysis among General Population Adults. <i>Nutrients</i> , 2022, 14, 1242.	4.1	6
23	Prospective associations between a priori dietary patterns adherence and kidney function in an elderly Mediterranean population at high cardiovascular risk. <i>European Journal of Nutrition</i> , 2022, 61, 3095-3108.	3.9	3
24	Total dairy consumption in relation to overweight and obesity in children and adolescents: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2022, 23, e13400.	6.5	16
25	Contribution of cardio-vascular risk factors to depressive status in the PREDIMED-PLUS Trial. A cross-sectional and a 2-year longitudinal study. <i>PLoS ONE</i> , 2022, 17, e0265079.	2.5	3
26	One-year changes in fruit and vegetable variety intake and cardiometabolic risk factors changes in a middle-aged Mediterranean population at high cardiovascular risk. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 1393-1402.	2.9	6
27	Dairy Product Consumption and Changes in Cognitive Performance: Two-Year Analysis of the PREDIMED-Plus Cohort. <i>Molecular Nutrition and Food Research</i> , 2022, 66, e2101058.	3.3	6
28	Taxonomic and Functional Fecal Microbiota Signatures Associated With Insulin Resistance in Non-Diabetic Subjects With Overweight/Obesity Within the Frame of the PREDIMED-Plus Study. <i>Frontiers in Endocrinology</i> , 2022, 13, 804455.	3.5	19
29	Comment on Muzzioli et al. Are Front-of-Pack Labels a Health Policy Tool? <i>Nutrients</i> 2022, 14, 771. <i>Nutrients</i> , 2022, 14, 2165.	4.1	2
30	Impulsive Personality Traits Predicted Weight Loss in Individuals with Type 2 Diabetes after 3 Years of Lifestyle Interventions. <i>Journal of Clinical Medicine</i> , 2022, 11, 3476.	2.4	3
31	Association between coffee consumption and total dietary caffeine intake with cognitive functioning: cross-sectional assessment in an elderly Mediterranean population. <i>European Journal of Nutrition</i> , 2021, 60, 2381-2396.	3.9	22
32	Association between ankle-brachial index and cognitive function in participants in the PREDIMED-Plus study: cross-sectional assessment. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2021, 74, 846-853.	0.6	2
33	Leisure time physical activity is associated with improved HDL functionality in high cardiovascular risk individuals: a cohort study. <i>European Journal of Preventive Cardiology</i> , 2021, 28, 1392-1401.	1.8	10
34	Caffeinated coffee consumption and risk of atrial fibrillation in two Spanish cohorts. <i>European Journal of Preventive Cardiology</i> , 2021, 28, 648-657.	1.8	23
35	Low serum iron levels and risk of cardiovascular disease in high risk elderly population: Nested case-control study in the PREvención con Dieta MEDiterránea (PREDIMED) trial. <i>Clinical Nutrition</i> , 2021, 40, 496-504.	5.0	10
36	Male adiposity, sperm parameters and reproductive hormones: An updated systematic review and collaborative meta-analysis. <i>Obesity Reviews</i> , 2021, 22, e13082.	6.5	68

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37	Human biomonitoring of persistent organic pollutants in elderly people from the Canary Islands (Spain): A temporal trend analysis from the PREDIMED and PREDIMED-Plus cohorts. <i>Science of the Total Environment</i> , 2021, 758, 143637.	8.0	12
38	Choline Metabolism and Risk of Atrial Fibrillation and Heart Failure in the PREDIMED Study. <i>Clinical Chemistry</i> , 2021, 67, 288-297.	3.2	31
39	Lipid Profiles and Heart Failure Risk. <i>Circulation Research</i> , 2021, 128, 309-320.	4.5	40
40	U-Shaped Association between Dietary Acid Load and Risk of Osteoporotic Fractures in 2 Populations at High Cardiovascular Risk. <i>Journal of Nutrition</i> , 2021, 151, 152-161.	2.9	8
41	Plasma Metabolomic Profiles of Glycemic Index, Glycemic Load, and Carbohydrate Quality Index in the PREDIMED Study. <i>Journal of Nutrition</i> , 2021, 151, 50-58.	2.9	10
42	Neighbourhood walkability and physical activity: moderating role of a physical activity intervention in overweight and obese older adults with metabolic syndrome. <i>Age and Ageing</i> , 2021, 50, 963-968.	1.6	21
43	Sperm DNA methylation changes after short-term nut supplementation in healthy men consuming a Western-style diet. <i>Andrology</i> , 2021, 9, 260-268.	3.5	9
44	Dietary folate intake and metabolic syndrome in participants of PREDIMED-Plus study: a cross-sectional study. <i>European Journal of Nutrition</i> , 2021, 60, 1125-1136.	3.9	12
45	Nut consumption and type 2 diabetes risk: a systematic review and meta-analysis of observational studies. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 960-971.	4.7	28
46	Targeting body composition in an older population: do changes in movement behaviours matter? Longitudinal analyses in the PREDIMED-Plus trial. <i>BMC Medicine</i> , 2021, 19, 3.	5.5	14
47	Gut Microbiota Profile and Changes in Body Weight in Elderly Subjects with Overweight/Obesity and Metabolic Syndrome. <i>Microorganisms</i> , 2021, 9, 346.	3.6	14
48	Effect of an Intensive Weight-Loss Lifestyle Intervention on Kidney Function: A Randomized Controlled Trial. <i>American Journal of Nephrology</i> , 2021, 52, 45-58.	3.1	12
49	Mediterranean Diet Maintained Platelet Count within a Healthy Range and Decreased Thrombocytopenia-Related Mortality Risk: A Randomized Controlled Trial. <i>Nutrients</i> , 2021, 13, 559.	4.1	3
50	Anthropometric Variables as Mediators of the Association of Changes in Diet and Physical Activity With Inflammatory Profile. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, 2021-2029.	3.6	1
51	Dairy consumption, plasma metabolites, and risk of type 2 diabetes. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 163-174.	4.7	29
52	Renal tubule Cpt1a overexpression protects from kidney fibrosis by restoring mitochondrial homeostasis. <i>Journal of Clinical Investigation</i> , 2021, 131, .	8.2	147
53	High Fruit and Vegetable Consumption and Moderate Fat Intake Are Associated with Higher Carotenoid Concentration in Human Plasma. <i>Antioxidants</i> , 2021, 10, 473.	5.1	7
54	Milk and Dairy Products Intake Is Related to Cognitive Impairment at Baseline in Predimed Plus Trial. <i>Molecular Nutrition and Food Research</i> , 2021, 65, e2000728.	3.3	8

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55	Halo effect of a Mediterranean-lifestyle weight-loss intervention on untreated family members' weight and physical activity: a prospective study. <i>International Journal of Obesity</i> , 2021, 45, 1240-1248.	3.4	0
56	Consumption of caffeinated beverages and kidney function decline in an elderly Mediterranean population with metabolic syndrome. <i>Scientific Reports</i> , 2021, 11, 8719.	3.3	13
57	Psychological and metabolic risk factors in older adults with a previous history of eating disorder: A cross-sectional study from the Predimed-Plus study. <i>European Eating Disorders Review</i> , 2021, 29, 575-587.	4.1	2
58	Effects of a psychosocial intervention at one-year follow-up in a PREDIMED-plus sample with obesity and metabolic syndrome. <i>Scientific Reports</i> , 2021, 11, 9144.	3.3	11
59	Variety in fruits and vegetables, diet quality and lifestyle in an older adult mediterranean population. <i>Clinical Nutrition</i> , 2021, 40, 1510-1518.	5.0	27
60	Energy Balance and Risk of Mortality in Spanish Older Adults. <i>Nutrients</i> , 2021, 13, 1545.	4.1	3
61	Dietary vitamin D intake and colorectal cancer risk: a longitudinal approach within the PREDIMED study. <i>European Journal of Nutrition</i> , 2021, 60, 4367-4378.	3.9	5
62	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2021, 40, 2825-2836.	5.0	24
63	Effect on gut microbiota of a 1-y lifestyle intervention with Mediterranean diet compared with energy-reduced Mediterranean diet and physical activity promotion: PREDIMED-Plus Study. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1148-1158.	4.7	60
64	Glycolysis Metabolites and Risk of Atrial Fibrillation and Heart Failure in the PREDIMED Trial. <i>Metabolites</i> , 2021, 11, 306.	2.9	4
65	Mediterranean diet enriched in extra-virgin olive oil or nuts modulates circulating exosomal non-coding RNAs. <i>European Journal of Nutrition</i> , 2021, 60, 4279-4293.	3.9	21
66	Eating Speed, Eating Frequency, and Their Relationships with Diet Quality, Adiposity, and Metabolic Syndrome, or Its Components. <i>Nutrients</i> , 2021, 13, 1687.	4.1	27
67	Consumption of Total Olive Oil and Risk of Total and Cause-Specific Mortality in US Adults. <i>Current Developments in Nutrition</i> , 2021, 5, 1036.	0.3	0
68	Contribution of ultra-processed foods in visceral fat deposition and other adiposity indicators: Prospective analysis nested in the PREDIMED-Plus trial. <i>Clinical Nutrition</i> , 2021, 40, 4290-4300.	5.0	47
69	Fruit consumption and cardiometabolic risk in the PREDIMED-plus study: A cross-sectional analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 1702-1713.	2.6	14
70	Walnuts, Long-Chain Polyunsaturated Fatty Acids, and Adolescent Brain Development: Protocol for the Walnuts Smart Snack Dietary Intervention Trial. <i>Frontiers in Pediatrics</i> , 2021, 9, 593847.	1.9	11
71	Effect of Intermittent Fasting Strategies on Cardiometabolic Risk Factors: A Systematic Review and Network Meta-Analysis of Randomized Controlled Trials. <i>Current Developments in Nutrition</i> , 2021, 5, 1091.	0.3	0
72	Low Glycemic Index/Load Dietary Patterns and Glycemia and Cardiometabolic Risk Factors in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Current Developments in Nutrition</i> , 2021, 5, 1018.	0.3	4

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73	Urea Cycle Metabolites and Atrial Fibrillation or Heart Failure Risk: Two Case-Control Studies in the PREDIMED Trial. <i>Current Developments in Nutrition</i> , 2021, 5, 18.	0.3	1
74	Baseline drinking water consumption and changes in body weight and waist circumference at 2-years of follow-up in a senior Mediterranean population. <i>Clinical Nutrition</i> , 2021, 40, 3982-3991.	5.0	6
75	Vitamin D Intake and the Risk of Colorectal Cancer: An Updated Meta-Analysis and Systematic Review of Case-Control and Prospective Cohort Studies. <i>Cancers</i> , 2021, 13, 2814.	3.7	23
76	Mediterranean Diet and White Blood Cell Count—A Randomized Controlled Trial. <i>Foods</i> , 2021, 10, 1268.	4.3	5
77	Use of Different Food Classification Systems to Assess the Association between Ultra-Processed Food Consumption and Cardiometabolic Health in an Elderly Population with Metabolic Syndrome (PREDIMED-Plus Cohort). <i>Nutrients</i> , 2021, 13, 2471.	4.1	46
78	Polyphenol intake and cardiovascular risk in the PREDIMED-Plus trial. A comparison of different risk equations. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2021, , .	0.6	2
79	Fruit and Vegetable Consumption is Inversely Associated with Plasma Saturated Fatty Acids at Baseline in Predimed Plus Trial. <i>Molecular Nutrition and Food Research</i> , 2021, 65, 2100363.	3.3	3
80	The 3-Year Effect of the Mediterranean Diet Intervention on Inflammatory Biomarkers Related to Cardiovascular Disease. <i>Biomedicines</i> , 2021, 9, 862.	3.2	11
81	Metabolomics of the tryptophan—kynurenine degradation pathway and risk of atrial fibrillation and heart failure: potential modification effect of Mediterranean diet. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1646-1654.	4.7	20
82	Effect of low glycaemic index or load dietary patterns on glycaemic control and cardiometabolic risk factors in diabetes: systematic review and meta-analysis of randomised controlled trials. <i>BMJ, The</i> , 2021, 374, n1651.	6.0	70
83	Urinary Tartaric Acid, a Biomarker of Wine Intake, Correlates with Lower Total and LDL Cholesterol. <i>Nutrients</i> , 2021, 13, 2883.	4.1	9
84	Metabolic, Affective and Neurocognitive Characterization of Metabolic Syndrome Patients with and without Food Addiction. Implications for Weight Progression. <i>Nutrients</i> , 2021, 13, 2779.	4.1	4
85	Validity of the energy-restricted Mediterranean Diet Adherence Screener. <i>Clinical Nutrition</i> , 2021, 40, 4971-4979.	5.0	57
86	Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 2870-2886.	2.6	6
87	Are fatty nuts a weighty concern? A systematic review and meta-analysis and dose-response meta-regression of prospective cohorts and randomized controlled trials. <i>Obesity Reviews</i> , 2021, 22, e13330.	6.5	37
88	Dietary Glycaemic Index Labelling: A Global Perspective. <i>Nutrients</i> , 2021, 13, 3244.	4.1	17
89	A lifestyle intervention with an energy-restricted Mediterranean diet and physical activity enhances HDL function: a substudy of the PREDIMED-Plus randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1666-1674.	4.7	15
90	Is FOP Nutrition Label Nutri-Score Well Understood by Consumers When Comparing the Nutritional Quality of Added Fats, and Does It Negatively Impact the Image of Olive Oil?. <i>Foods</i> , 2021, 10, 2209.	4.3	11

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91	Interplay between cognition and weight reduction in individuals following a Mediterranean Diet: Three-year follow-up of the PREDIMED-Plus trial. <i>Clinical Nutrition</i> , 2021, 40, 5221-5237.	5.0	21
92	Deprivation Index and Lifestyle: Baseline Cross-Sectional Analysis of the PREDIMED-Plus Catalonia Study. <i>Nutrients</i> , 2021, 13, 3408.	4.1	4
93	Simple sugar intake and cancer incidence, cancer mortality and all-cause mortality: A cohort study from the PREDIMED trial. <i>Clinical Nutrition</i> , 2021, 40, 5269-5277.	5.0	14
94	Asociación entre Índice tobillo-brazo y rendimiento cognitivo en participantes del estudio PREDIMED-Plus: estudio transversal. <i>Revista Espanola De Cardiologia</i> , 2021, 74, 846-853.	1.2	0
95	Assessment of price and nutritional quality of gluten-free products versus their analogues with gluten through the algorithm of the nutri-score front-of-package labeling system. <i>Food and Function</i> , 2021, 12, 4424-4433.	4.6	7
96	Walnut Consumption, Plasma Metabolomics, and Risk of Type 2 Diabetes and Cardiovascular Disease. <i>Journal of Nutrition</i> , 2021, 151, 303-311.	2.9	20
97	Metformin Use and Cognitive Function in Older Adults With Type 2 Diabetes Following a Mediterranean Diet Intervention. <i>Frontiers in Nutrition</i> , 2021, 8, 742586.	3.7	6
98	Modulation of Telomere Length by Mediterranean Diet, Caloric Restriction, and Exercise: Results from PREDIMED-Plus Study. <i>Antioxidants</i> , 2021, 10, 1596.	5.1	12
99	Tricarboxylic acid cycle related-metabolites and risk of atrial fibrillation and heart failure. <i>Metabolism: Clinical and Experimental</i> , 2021, 125, 154915.	3.4	19
100	Glycemic Dysregulations Are Associated With Worsening Cognitive Function in Older Participants at High Risk of Cardiovascular Disease: Two-Year Follow-up in the PREDIMED-Plus Study. <i>Frontiers in Endocrinology</i> , 2021, 12, 754347.	3.5	8
101	Systemic biomarkers for the preclinical diagnosis of dementia. <i>European Journal of Public Health</i> , 2021, 31, .	0.3	0
102	Interaction of Diet/Lifestyle Intervention and TCF7L2 Genotype on Glycemic Control and Adiposity among Overweight or Obese Adults: Big Data from Seven Randomized Controlled Trials Worldwide. <i>Health Data Science</i> , 2021, 2021, .	2.3	0
103	What Characterizes Fluid Intake Patterns across the World?. <i>Annals of Nutrition and Metabolism</i> , 2021, 77, 12-14.	1.9	1
104	Mediterranean, DASH, and MIND Dietary Patterns and Cognitive Function: The 2-Year Longitudinal Changes in an Older Spanish Cohort. <i>Frontiers in Aging Neuroscience</i> , 2021, 13, 782067.	3.4	21
105	Transdiagnostic Perspective of Impulsivity and Compulsivity in Obesity: From Cognitive Profile to Self-Reported Dimensions in Clinical Samples with and without Diabetes. <i>Nutrients</i> , 2021, 13, 4426.	4.1	7
106	Plasma acylcarnitines and risk of incident heart failure and atrial fibrillation: the Prevención con dieta mediterránea study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2021, .	0.6	2
107	Association between maximal oxygen consumption and physical activity and sedentary lifestyle in metabolic syndrome. Usefulness of questionnaires. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2020, 73, 145-152.	0.6	3
108	Asociación del consumo máximo de oxígeno con la actividad física y el sedentarismo en el síndrome metabólico. Utilidad de los cuestionarios. <i>Revista Espanola De Cardiologia</i> , 2020, 73, 145-152.	1.2	2

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109	Mediterranean diet, physical activity and subcutaneous advanced glycation end-products ^{â€™} accumulation: a cross-sectional analysis in the ILERVAS project. <i>European Journal of Nutrition</i> , 2020, 59, 1233-1242.	3.9	17
110	Diet quality and nutrient density in subjects with metabolic syndrome: Influence of socioeconomic status and lifestyle factors. A cross-sectional assessment in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2020, 39, 1161-1173.	5.0	28
111	Adherence to a priori dietary indexes and baseline prevalence of cardiovascular risk factors in the PREDIMED-Plus randomised trial. <i>European Journal of Nutrition</i> , 2020, 59, 1219-1232.	3.9	24
112	Mediterranean diet, cardiovascular disease and mortality in diabetes: A systematic review and meta-analysis of prospective cohort studies and randomized clinical trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2020, 60, 1207-1227.	10.3	181
113	High sleep variability predicts a blunted weight loss response and short sleep duration a reduced decrease in waist circumference in the PREDIMED-Plus Trial. <i>International Journal of Obesity</i> , 2020, 44, 330-339.	3.4	22
114	Fluid and total water intake in a senior mediterranean population at high cardiovascular risk: demographic and lifestyle determinants in the PREDIMED-Plus study. <i>European Journal of Nutrition</i> , 2020, 59, 1595-1606.	3.9	4
115	Longitudinal changes in Mediterranean diet and transition between different obesity phenotypes. <i>Clinical Nutrition</i> , 2020, 39, 966-975.	5.0	16
116	Nutrient adequacy and diet quality in a Mediterranean population with metabolic syndrome: A cross-sectional study. <i>Clinical Nutrition</i> , 2020, 39, 853-861.	5.0	3
117	Effect of changes in adherence to Mediterranean diet on nutrient density after 1-year of follow-up: results from the PREDIMED-Plus Study. <i>European Journal of Nutrition</i> , 2020, 59, 2395-2409.	3.9	11
118	Psychometric properties of the Weight Locus of Control Scale (MWLCS): study with Spanish individuals of different anthropometric nutritional status. <i>Eating and Weight Disorders</i> , 2020, 25, 1533-1542.	2.5	3
119	Cross-sectional association between non-soy legume consumption, serum uric acid and hyperuricemia: the PREDIMED-Plus study. <i>European Journal of Nutrition</i> , 2020, 59, 2195-2206.	3.9	8
120	Impact of Nutrition on Telomere Health: Systematic Review of Observational Cohort Studies and Randomized Clinical Trials. <i>Advances in Nutrition</i> , 2020, 11, 576-601.	6.4	51
121	Association between dairy product consumption and hyperuricemia in an elderly population with metabolic syndrome. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 214-222.	2.6	14
122	Influence of lifestyle factors and staple foods from the Mediterranean diet on non-alcoholic fatty liver disease among older individuals with metabolic syndrome features. <i>Nutrition</i> , 2020, 71, 110620.	2.4	28
123	Bioactives and health benefits of nuts and dried fruits. <i>Food Chemistry</i> , 2020, 314, 126192.	8.2	138
124	Carbohydrate quality changes and concurrent changes in cardiovascular risk factors: a longitudinal analysis in the PREDIMED-Plus randomized trial. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 291-306.	4.7	50
125	Metabolic Syndrome Among Young Health Professionals in the Multicenter Latin America Metabolic Syndrome Study. <i>Metabolic Syndrome and Related Disorders</i> , 2020, 18, 86-95.	1.3	10
126	Adherence to Mediterranean Diet or Physical Activity After Bariatric Surgery and Its Effects on Weight Loss, Quality of Life, and Food Tolerance. <i>Obesity Surgery</i> , 2020, 30, 687-696.	2.1	16

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127	Mediterranean Diet and Atherothrombosis Biomarkers: A Randomized Controlled Trial. <i>Molecular Nutrition and Food Research</i> , 2020, 64, e2000350.	3.3	14
128	Urinary Resveratrol Metabolites Output: Differential Associations with Cardiometabolic Markers and Liver Enzymes in House-Dwelling Subjects Featuring Metabolic Syndrome. <i>Molecules</i> , 2020, 25, 4340.	3.8	6
129	Dietary Quality Changes According to the Preceding Maximum Weight: A Longitudinal Analysis in the PREDIMED-Plus Randomized Trial. <i>Nutrients</i> , 2020, 12, 3023.	4.1	4
130	Relationship between olive oil consumption and ankle-brachial pressure index in a population at high cardiovascular risk. <i>Atherosclerosis</i> , 2020, 314, 48-57.	0.8	6
131	Relation of Change or Substitution of Low Calorie Sweetened Beverages with Cardiometabolic Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa061_060.	0.3	1
132	No effects on appetite or body weight in weight-reduced individuals of foods containing components previously shown to reduce appetite - Results from the SATIN (Satiety Innovation) study. <i>Obesity Medicine</i> , 2020, 17, 100188.	0.9	2
133	The Mediterranean diet: History, concepts and elements. , 2020, , 3-11.		2
134	Remnant Cholesterol, Not LDL Cholesterol, Is Associated With Incident Cardiovascular Disease. <i>Journal of the American College of Cardiology</i> , 2020, 76, 2712-2724.	2.8	240
135	Association between Serum Vitamin B12 and Global DNA Methylation in Colorectal Cancer Patients. <i>Nutrients</i> , 2020, 12, 3567.	4.1	15
136	Mediterranean Diet and Telomere Length: A Systematic Review and Meta-Analysis. <i>Advances in Nutrition</i> , 2020, 11, 1544-1554.	6.4	65
137	Adherence to the Mediterranean Lifestyle and Desired Body Weight Loss in a Mediterranean Adult Population with Overweight: A PREDIMED-Plus Study. <i>Nutrients</i> , 2020, 12, 2114.	4.1	20
138	High Plasma Glutamate and a Low Glutamine-to-Glutamate Ratio Are Associated with Increased Risk of Heart Failure but Not Atrial Fibrillation in the Prevenci3n con Dieta Mediterr3nea (PREDIMED) Study. <i>Journal of Nutrition</i> , 2020, 150, 2882-2889.	2.9	14
139	Fluid intake patterns of adults: results of six Liq.In7 national cross-sectional surveys. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	0
140	Assessing water intake of adults during consultation: the striking discrepancy between a prospective record, an open and a frequency question. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	0
141	Dietary Fibre Consensus from the International Carbohydrate Quality Consortium (ICQC). <i>Nutrients</i> , 2020, 12, 2553.	4.1	42
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