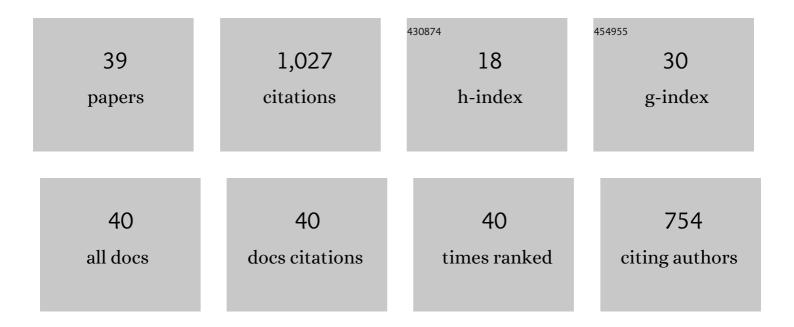
Myrto Foteini Mavilidi

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effects of Integrated Physical Exercises and Gestures on Preschool Children's Foreign Language Vocabulary Learning. Educational Psychology Review, 2015, 27, 413-426.	8.4	128
2	Preschool Children's Foreign Language Vocabulary Learning by Embodying Words Through Physical Activity and Gesturing. Educational Psychology Review, 2015, 27, 445-456.	8.4	68
3	Review of High-Intensity Interval Training for Cognitive and Mental Health in Youth. Medicine and Science in Sports and Exercise, 2020, 52, 2224-2234.	0.4	68
4	Immediate and delayed effects of integrating physical activity into preschool children's learning of numeracy skills. Journal of Experimental Child Psychology, 2018, 166, 502-519.	1.4	61
5	Effects of different types of classroom physical activity breaks on children's onâ€ŧask behaviour, academic achievement and cognition. Acta Paediatrica, International Journal of Paediatrics, 2020, 109, 158-165.	1.5	61
6	Effects of Integrating Physical Activities Into a Science Lesson on Preschool Children's Learning and Enjoyment. Applied Cognitive Psychology, 2017, 31, 281-290.	1.6	60
7	A Narrative Review of School-Based Physical Activity for Enhancing Cognition and Learning: The Importance of Relevancy and Integration. Frontiers in Psychology, 2018, 9, 2079.	2.1	54
8	Infusing Physical Activities Into the Classroom: Effects on Preschool Children's Geography Learning. Mind, Brain, and Education, 2016, 10, 256-263.	1.9	52
9	Embodied learning in the classroom: Effects on primary school children's attention and foreign language vocabulary learning. Psychology of Sport and Exercise, 2019, 43, 45-54.	2.1	44
10	Effects of chronic physical activity on cognition across the lifespan: a systematic meta-review of randomized controlled trials and realist synthesis of contextualized mechanisms. International Review of Sport and Exercise Psychology, 2023, 16, 722-760.	5.7	37
11	Time-efficient intervention to improve older adolescents' cardiorespiratory fitness: findings from the â€~Burn 2 Learn' cluster randomised controlled trial. British Journal of Sports Medicine, 2021, 55, 751-758.	6.7	37
12	Effect of a Time-Efficient Physical Activity Intervention on Senior School Students' On-Task Behaviour and Subjective Vitality: the â€~Burn 2 Learn' Cluster Randomised Controlled Trial. Educational Psychology Review, 2021, 33, 299-323.	8.4	33
13	Gesturing during mental problem solving reduces eye movements, especially for individuals with lower visual working memory capacity. Cognitive Processing, 2016, 17, 269-277.	1.4	31
14	Making versus observing manipulations of geometric properties of triangles to learn geometry using dynamic geometry software. Computers and Education, 2017, 113, 313-326.	8.3	31
15	Combining physical and cognitive training to improve kindergarten children's executive functions: A cluster randomized controlled trial. Contemporary Educational Psychology, 2020, 63, 101908.	2.9	30
16	Cardiorespiratory fitness, muscular fitness and mental health in older adolescents: A multi-level cross-sectional analysis. Preventive Medicine, 2020, 132, 105985.	3.4	27
17	Exploring the Development and Research Focus of Cognitive Load Theory, as Described by Its Founders: Interviewing John Sweller, Fred Paas, and Jeroen van Merriënboer. Educational Psychology Review, 2019, 31, 499-508.	8.4	22
18	A Quick and Easy Strategy to Reduce Test Anxiety and Enhance Test Performance. Applied Cognitive Psychology, 2014, 28, 720-726.	1.6	19

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#	Article	IF	CITATIONS
19	Preliminary Efficacy and Feasibility of the "Thinking While Moving in English†A Program with Integrated Physical Activity into the Primary School English Lessons. Children, 2018, 5, 109.	1.5	17
20	Effects of An Acute Physical Activity Break on Test Anxiety and Math Test Performance. International Journal of Environmental Research and Public Health, 2020, 17, 1523.	2.6	17
21	Integrating physical activity into the primary school curriculum: rationale and study protocol for the "Thinking while Moving in English―cluster randomized controlled trial. BMC Public Health, 2019, 19, 379.	2.9	14
22	Exploration: an overarching focus for holistic development. Brazilian Journal of Motor Behavior, 2021, 15, 301-320.	0.5	14
23	Physical Activity, Fitness, and Executive Functions in Youth: Effects, Moderators, and Mechanisms. Current Topics in Behavioral Neurosciences, 2021, , 103-130.	1.7	13
24	Establishing a Scientific Consensus on the Cognitive Benefits of Physical Activity. International Journal of Environmental Research and Public Health, 2020, 17, 29.	2.6	12
25	Programmes targeting student retention/success and satisfaction/experience in higher education: A systematic review. Journal of Higher Education Policy and Management, 2022, 44, 223-239.	2.3	12
26	Giving Ideas Some Legs or Legs Some Ideas? Children's Motor Creativity Is Enhanced by Physical Activity Enrichment: Direct and Mediated Paths. Frontiers in Psychology, 2022, 13, 806065.	2.1	12
27	Impact of the "Thinking while Moving in English―intervention on primary school children's academic outcomes and physical activity: A cluster randomised controlled trial. International Journal of Educational Research, 2020, 102, 101592.	2.2	7
28	Dissemination of Thinking while Moving in Maths: Implementation Barriers and Facilitators. Translational Journal of the American College of Sports Medicine, 2021, 6, .	0.6	7
29	Training Early Childhood Educators to Promote Children'sÂPhysical Activity. Early Childhood Education Journal, 2022, 50, 785-794.	2.7	7
30	Effects of Classroom-Based Resistance Training With and Without Cognitive Training on Adolescents' Cognitive Function, On-task Behavior, and Muscular Fitness. Frontiers in Psychology, 2022, 13, 811534.	2.1	6
31	Do Physical Fitness and Executive Function Mediate the Relationship between Physical Activity and Academic Achievement? An Examination Using Structural Equation Modelling. Children, 2022, 9, 823.	1.5	6
32	Classroomâ€based physical activity and math performance: Integrated physical activity or not?. Acta Paediatrica, International Journal of Paediatrics, 2021, 110, 2149-2156.	1.5	5
33	Relative age effects on academic achievement in the first ten years of formal schooling: A nationally representative longitudinal prospective study Journal of Educational Psychology, 2022, 114, 308-325.	2.9	4
34	Cognitively Engaging Physical Activity for Targeting Motor, Cognitive, Social, and Emotional Skills in the Preschool Classroom: The Move for Thought preK-K Program. Frontiers in Psychology, 2021, 12, 729272.	2.1	4
35	Effects of Cognitively Engaging Physical Activity on Preschool Children's Cognitive Outcomes. Research Quarterly for Exercise and Sport, 2023, 94, 839-852.	1.4	3

Embodiment as a pedagogical tool to enhance learning. , 2021, , 183-203.

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#	Article	IF	CITATIONS
37	Infusing task-relevant physical activities into the classroom: effects on preschool children's geography learning. Journal of Science and Medicine in Sport, 2017, 20, e109.	1.3	1
38	Parents' and Early Childhood Educators' Perceptions on Movement and Learning Program Implementation. International Journal of Environmental Research and Public Health, 2021, 18, 11913.	2.6	1
39	Embodying cognition in the classroom: A new approach to foster physical activity and learning. Journal of Science and Medicine in Sport, 2014, 18, e96.	1.3	ο