

# Paulo Farinatti

## List of Publications by Year in descending order

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Version: 2024-02-01

233  
papers

3,777  
citations

147801

31  
h-index

189892

50  
g-index

242  
all docs

242  
docs citations

242  
times ranked

4571  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | Brain stimulation modulates the autonomic nervous system, rating of perceived exertion and performance during maximal exercise. <i>British Journal of Sports Medicine</i> , 2015, 49, 1213-1218.                                       | 6.7 | 179       |
| 2  | Dynamic Resistance Training as Stand-Alone Antihypertensive Lifestyle Therapy: A Meta-Analysis. <i>Journal of the American Heart Association</i> , 2016, 5, .  | 3.7 | 163       |
| 3  | Transcranial direct current stimulation influences the cardiac autonomic nervous control. <i>Neuroscience Letters</i> , 2011, 497, 32-36.  | 2.1 | 138       |
| 4  | Influence of Exercise Order on the Number of Repetitions Performed and Perceived Exertion During Resistance Exercises. <i>Journal of Strength and Conditioning Research</i> , 2005, 19, 152.   | 2.1 | 104       |
| 5  | Physical Activity in Overweight and Obese Adolescents: Systematic Review of the Effects on Physical Fitness Components and Cardiovascular Risk Factors. <i>Sports Medicine</i> , 2014, 44, 1139-1152.                                  | 6.5 | 96        |
| 6  | Prefrontal cortex transcranial direct current stimulation associated with aerobic exercise change aspects of appetite sensation in overweight adults. <i>Appetite</i> , 2012, 58, 333-338.   | 3.7 | 88        |
| 7  | Influence of strength training variables on strength gains in adults over 55 years-old: A meta-analysis of dose-response relationships. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 337-344.                           | 1.3 | 85        |
| 8  | Is Concurrent Training Efficacious Antihypertensive Therapy? A Meta-analysis. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 2398-2406.  | 0.4 | 79        |
| 9  | Effects of Resistance Training Intensity, Volume, and Session Format on the Postexercise Hypotensive Response. <i>Journal of Strength and Conditioning Research</i> , 2005, 19, 853.   | 2.1 | 73        |
| 10 | A Comparison of the Immediate Effects of Resistance, Aerobic, and Concurrent Exercise on Postexercise Hypotension. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1429-1436.   | 2.1 | 71        |
| 11 | Methodological and practical application issues in exercise prescription using the heart rate reserve and oxygen uptake reserve methods. <i>Journal of Science and Medicine in Sport</i> , 2011, 14, 46-57.                            | 1.3 | 71        |
| 12 | INFLUENCE OF EXERCISE ORDER ON THE NUMBER OF REPETITIONS PERFORMED AND PERCEIVED EXERTION DURING RESISTANCE EXERCISE IN WOMEN. <i>Journal of Strength and Conditioning Research</i> , 2007, 21, 23-28.                                 | 2.1 | 70        |
| 13 | The Effects of Muscle Mass and Number of Sets During Resistance Exercise on Postexercise Hypotension. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 2351-2357.  | 2.1 | 65        |
| 14 | Health markers in obese adolescents improved by a 12-week recreational soccer program: a randomised controlled trial. <i>Journal of Sports Sciences</i> , 2016, 34, 564-575.   | 2.0 | 61        |
| 15 | Influence of Cardiopulmonary Exercise Testing Protocol and Resting $\dot{V}O_2$ Assessment on $\%HR_{max}$ , $\%HRR$ , $\%VO_{2max}$ and $\%VO_2R$ Relationships. <i>International Journal of Sports Medicine</i> , 2010, 31, 319-326. | 1.7 | 57        |
| 16 | Acute Effects of Stretching Exercise on the Heart Rate Variability in Subjects With Low Flexibility Levels. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1579-1585.  | 2.1 | 57        |
| 17 | Análise descritiva de variáveis teoricamente associadas ao risco de quedas em mulheres idosas. <i>Revista Brasileira De Medicina Do Esporte</i> , 2005, 11, 299-305.   | 0.2 | 55        |
| 18 | Acute effect of caffeine consumption on isotonic muscular strength and endurance: A systematic review and meta-analysis. <i>Science and Sports</i> , 2016, 31, 119-128.  | 0.5 | 51        |

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|----|--|-----|-----------|
| 19 | The antihypertensive effects of aerobic versus isometric handgrip resistance exercise. <i>Journal of Hypertension</i> , 2017, 35, 291-299.   | 0.5 | 50        |
| 20 | MoirÃ© topography: Characteristics and clinical application. <i>Gait and Posture</i> , 2010, 32, 422-424.  | 1.4 | 48        |
| 21 | A forÃ§a de preensÃ£o manual Ã© boa preditora do desempenho funcional de idosos frÃ¡geis: um estudo correlacional mÃltiplo. <i>Revista Brasileira De Medicina Do Esporte</i> , 2008, 14, 12-16.                                    | 0.2 | 47        |
| 22 | Effects of Different Resistance Training Frequencies on the Muscle Strength and Functional Performance of Active Women Older Than 60 Years. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 2225-2234.            | 2.1 | 46        |
| 23 | Identification of sarcopenic obesity in postmenopausal women: a cutoff proposal. <i>Brazilian Journal of Medical and Biological Research</i> , 2011, 44, 1171-1176.  | 1.5 | 45        |
| 24 | Effects of High Intensity Interval versus Moderate Continuous Training on Markers of Ventilatory and Cardiac Efficiency in Coronary Heart Disease Patients. <i>Scientific World Journal</i> , The, 2015, 2015, 1-8.                | 2.1 | 42        |
| 25 | Effects of Resistance Training on Obese Adolescents. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 2636-2644.   | 0.4 | 40        |
| 26 | Aerobic Exercise Intensity Influences Hypotension Following Concurrent Exercise Sessions. <i>International Journal of Sports Medicine</i> , 2012, 33, 148-153.   | 1.7 | 37        |
| 27 | Determination of Best Criteria to Determine Final and Initial Speeds within Ramp Exercise Testing Protocols. <i>Pulmonary Medicine</i> , 2012, 2012, 1-10.   | 1.9 | 37        |
| 28 | ConsideraÃ§Ãµes sobre a medida da pressÃ£o arterial em exercÃcios contra-resistÃªncia. <i>Revista Brasileira De Medicina Do Esporte</i> , 2003, 9, 25-33.  | 0.2 | 37        |
| 29 | Bihemispheric Motor Cortex Transcranial Direct Current Stimulation Improves Force Steadiness in Post-Stroke Hemiparetic Patients: A Randomized Crossover Controlled Trial. <i>Frontiers in Human Neuroscience</i> , 2016, 10, 426. | 2.0 | 35        |
| 30 | Motor cortex tDCS does not improve strength performance in healthy subjects. <i>Motriz Revista De Educacao Fisica</i> , 2015, 21, 185-193.   | 0.2 | 34        |
| 31 | Estimativa da gordura corporal atravÃ©s de equipamentos de bioimpedÃªncia, dobras cutÃ¢neas e pesagem hidrostÃ¡tica. <i>Revista Brasileira De Medicina Do Esporte</i> , 2001, 7, 125-131.  | 0.2 | 33        |
| 32 | Influence of Exercise Order on Oxygen Uptake During Strength Training in Young Women. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 1037-1044.  | 2.1 | 33        |
| 33 | Parasympathetic reactivation after maximal CPET depends on exercise modality and resting vagal activity in healthy men. <i>SpringerPlus</i> , 2015, 4, 100.  | 1.2 | 31        |
| 34 | Heart rate variability assessment with fingertip photoplethysmography and polar RS800cx as compared with electrocardiography in obese adolescents. <i>Blood Pressure Monitoring</i> , 2015, 20, 351-360.                           | 0.8 | 30        |
| 35 | &lt;p&gt;Strength training with blood flow restriction â€œ a novel therapeutic approach for older adults with sarcopenia? A case report&lt;p&gt;. <i>Clinical Interventions in Aging</i> , 2019, Volume 14, 1461-1469.             | 2.9 | 30        |
| 36 | Effectiveness of Multicomponent Exercise Interventions in Older Adults With Dementia: A Meta-Analysis. <i>Gerontologist</i> , The, 2021, 61, e449-e462.  | 3.9 | 30        |

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|----|--|-----|-----------|
| 37 | Blood pressure assessment during resistance exercise: comparison between auscultation and Finapres. <i>Blood Pressure Monitoring</i> , 2007, 12, 81-86.  | 0.8 | 28        |
| 38 | Manipulação na ordem dos exercícios e sua influência sobre o número de repetições e percepção subjetiva de esforço em mulheres treinadas. <i>Revista Brasileira De Medicina Do Esporte</i> , 2005, 11, 146-150.  | 0.2 | 27        |
| 39 | Normalizing handgrip strength in older adults: An allometric approach. <i>Archives of Gerontology and Geriatrics</i> , 2017, 70, 230-234.  | 3.0 | 27        |
| 40 | Hypotensive effects of resistance exercises performed at different intensities and same work volumes. <i>Revista Brasileira De Medicina Do Esporte</i> , 2003, 9, 74-77.   | 0.2 | 26        |
| 41 | How long does it take to achieve steady state for an accurate assessment of resting $\dot{V}_{O_2}$ in healthy men?. <i>European Journal of Applied Physiology</i> , 2013, 113, 1441-1447.   | 2.5 | 26        |
| 42 | Cardiovascular responses to passive static flexibility exercises are influenced by the stretched muscle mass and the Valsalva maneuver. <i>Clinics</i> , 2011, 66, 459-464.  | 1.5 | 25        |
| 43 | Aerobic Training Improves Vagal Reactivation Regardless of Resting Vagal Control. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 1159-1167.  | 0.4 | 25        |
| 44 | Walk-to-run transition in young and older adults: with special reference to the cardio-respiratory responses. <i>European Journal of Applied Physiology</i> , 2010, 109, 379-388.  | 2.5 | 24        |
| 45 | Effects of Age and Rest Interval on Strength Recovery. <i>International Journal of Sports Medicine</i> , 2010, 31, 22-25.  | 1.7 | 24        |
| 46 | The effect of Between-Set Rest Intervals on the Oxygen Uptake During and After Resistance Exercise Sessions Performed with Large- and Small-Muscle Mass. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 3181-3190.                             | 2.1 | 23        |
| 47 | Consumption of a <i>Euterpe oleracea</i> (Mart.) functional beverage reduces muscle stress and improves effort tolerance in elite athletes: a randomized controlled intervention study. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015, 40, 725-733. | 1.9 | 23        |
| 48 | Short-Term Resistance Training Attenuates Cardiac Autonomic Dysfunction in Obese Adolescents. <i>Pediatric Exercise Science</i> , 2016, 28, 374-380.   | 1.0 | 23        |
| 49 | Influence of Physical Exercise on Advanced Glycation End Products Levels in Patients Living With the Human Immunodeficiency Virus. <i>Frontiers in Physiology</i> , 2018, 9, 1641.   | 2.8 | 23        |
| 50 | Influência de variáveis do treinamento contra-resistência sobre a força muscular de idosos: uma revisão sistemática com ênfase nas relações dose-resposta. <i>Revista Brasileira De Medicina Do Esporte</i> , 2007, 13, 60-66.                                   | 0.2 | 21        |
| 51 | Cardiac output and oxygen uptake relationship during physical effort in men and women over 60 years old. <i>European Journal of Applied Physiology</i> , 2009, 107, 625-631.   | 2.5 | 21        |
| 52 | Is a verification phase useful for confirming maximal oxygen uptake in apparently healthy adults? A systematic review and meta-analysis. <i>PLoS ONE</i> , 2021, 16, e0247057.   | 2.5 | 20        |
| 53 | Efeito do exercício físico na percepção de satisfação de vida e função imunológica em pacientes infectados pelo HIV: Ensaio clínico não randomizado. <i>Brazilian Journal of Physical Therapy</i> , 2010, 14, 390-395.   | 2.5 | 20        |
| 54 | Effects of a supervised exercise program on the physical fitness and immunological function of HIV-infected patients. <i>Journal of Sports Medicine and Physical Fitness</i> , 2010, 50, 511-8.  | 0.7 | 20        |

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|----|---|-----|-----------|
| 55 | The relationship between oxygen uptake reserve and heart rate reserve is affected by intensity and duration during aerobic exercise at constant work rate. <i>Applied Physiology, Nutrition and Metabolism</i> , 2011, 36, 839-847.   | 1.9 | 19        |
| 56 | Correlation Between Cardiac Autonomic Modulation in Response to Orthostatic Stress and Indicators of Quality of Life, Physical Capacity, and Physical Activity in Healthy Individuals. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 1415-1421.          | 2.1 | 19        |
| 57 | Blood pressure and autonomic responses following isolated and combined aerobic and resistance exercise in hypertensive older women. <i>Clinical and Experimental Hypertension</i> , 2016, 38, 710-714.  | 1.3 | 19        |
| 58 | Influence of Recovery Posture on Blood Pressure and Heart Rate After Resistance Exercises in Normotensive Subjects. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 2487-2492.   | 2.1 | 18        |
| 59 | Postexercise hypotension after maximal short-term incremental exercise depends on exercise modality. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015, 40, 605-614.   | 1.9 | 18        |
| 60 | Effect of continuous and intermittent bouts of isocaloric cycling and running exercise on excess postexercise oxygen consumption. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 187-192.  | 1.3 | 18        |
| 61 | Validade e equivalência da versão em português do Veterans Specific Activity Questionnaire. <i>Arquivos Brasileiros De Cardiologia</i> , 2011, 97, 130-135.   | 0.8 | 17        |
| 62 | Does Prefrontal Cortex Transcranial Direct Current Stimulation Influence the Oxygen Uptake at Rest and Post-exercise?. <i>International Journal of Sports Medicine</i> , 2014, 35, 459-464.   | 1.7 | 17        |
| 63 | Effects of a 2-Year Supervised Exercise Program Upon the Body Composition and Muscular Performance of HIV-Infected Patients. <i>Open AIDS Journal</i> , 2015, 9, 80-88.   | 0.5 | 17        |
| 64 | Teorias biológicas do envelhecimento: do genético ao estocástico. <i>Revista Brasileira De Medicina Do Esporte</i> , 2002, 8, 129-138.  | 0.2 | 16        |
| 65 | Equações de predição da aptidão cardiorrespiratória sem testes de exercício e sua aplicabilidade em estudos epidemiológicos: revisão descritiva e análise dos estudos. <i>Revista Brasileira De Medicina Do Esporte</i> , 2003, 9, 304-314.                                 | 0.2 | 16        |
| 66 | Influence of Exercise Order on the Number of Repetitions, Oxygen Uptake, and Rate of Perceived Exertion During Strength Training in Younger and Older Women. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 776-785.                                      | 2.1 | 16        |
| 67 | Utility of a Non-Exercise VO <sub>2</sub> max Prediction Model for Designing Ramp Test Protocols. <i>International Journal of Sports Medicine</i> , 2015, 36, 796-802.  | 1.7 | 16        |
| 68 | Long Term Home-Based Exercise is Effective to Reduce Blood Pressure in Low Income Brazilian Hypertensive Patients: A Controlled Trial. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2016, 23, 395-404.  | 2.2 | 16        |
| 69 | Acute Hypotensive Response to Continuous and Accumulated Isocaloric Aerobic Bouts. <i>International Journal of Sports Medicine</i> , 2016, 37, 855-862.   | 1.7 | 16        |
| 70 | Comportamento da pressão arterial após os exercícios contra-resistência: uma revisão sistemática sobre variáveis determinantes e possíveis mecanismos. <i>Revista Brasileira De Medicina Do Esporte</i> , 2006, 12, 386-392.  | 0.2 | 15        |
| 71 | Variability of cardio-respiratory, electromyographic, and perceived exertion responses at the walk-run transition in a sample of young men controlled for anthropometric and fitness characteristics. <i>European Journal of Applied Physiology</i> , 2011, 111, 1017-1026. | 2.5 | 15        |
| 72 | Institutional Guidelines for Resistance Exercise Training in Cardiovascular Disease: A Systematic Review. <i>Sports Medicine</i> , 2019, 49, 463-475.   | 6.5 | 15        |

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|----|---|-----|-----------|
| 73 | Oxygen Consumption and Substrate Utilization During and After Resistance Exercises Performed with Different Muscle Mass. <i>International Journal of Exercise Science</i> , 2016, 9, 77-88.   | 0.5 | 15        |
| 74 | Amplitude e cadência do passo e componentes da aptidão muscular em idosos: um estudo correlacional multivariado. <i>Revista Brasileira De Medicina Do Esporte</i> , 2004, 10, 389-394.  | 0.2 | 14        |
| 75 | Spectral analyses of systolic blood pressure and heart rate variability and their association with cognitive performance in elderly hypertensive subjects. <i>Journal of Human Hypertension</i> , 2015, 29, 488-494.                        | 2.2 | 14        |
| 76 | Can Heart Rate Variability be used to Estimate Gas Exchange Threshold in Obese Adolescents?. <i>International Journal of Sports Medicine</i> , 2015, 36, 654-660.   | 1.7 | 14        |
| 77 | Blood Flow Restriction Training Reduces Blood Pressure During Exercise Without Affecting Metaboreflex Activity. <i>Frontiers in Physiology</i> , 2018, 9, 1736.   | 2.8 | 14        |
| 78 | Physical Activity Level, Sedentary Time, and Weight Regain After Bariatric Surgery in Patients Without Regular Medical Follow-up: a Cross-Sectional Study. <i>Obesity Surgery</i> , 2021, 31, 1705-1713.                                    | 2.1 | 14        |
| 79 | Respostas cardiovasculares ao exercício resistido são afetadas pela carga e intervalos entre séries. <i>Arquivos Brasileiros De Cardiologia</i> , 2010, 95, 493-501.  | 0.8 | 13        |
| 80 | Blood pressure and forearm blood flow after multiple sets of a resistive exercise for the lower limbs. <i>Blood Pressure Monitoring</i> , 2011, 16, 180-185.  | 0.8 | 13        |
| 81 | Autonomic Modulation Following Exercise is Impaired in HIV Patients. <i>International Journal of Sports Medicine</i> , 2012, 33, 320-324.   | 1.7 | 13        |
| 82 | Relationships between emerging cardiovascular risk factors, $\text{BMI}$ , waist circumference and body adiposity index ( $\text{BAI}$ ) on adolescents. <i>Clinical Endocrinology</i> , 2013, 79, 667-674.                                 | 2.4 | 13        |
| 83 | Erythrocyte nitric oxide availability and oxidative stress following exercise. <i>Clinical Hemorheology and Microcirculation</i> , 2017, 65, 219-228.   | 1.7 | 13        |
| 84 | Blood pressure, heart rate and perceived enjoyment after small-sided soccer games and repeated sprint in untrained healthy adolescents. <i>Biology of Sport</i> , 2017, 3, 219-225.   | 3.2 | 13        |
| 85 | Influence of Acute Concurrent Exercise Performed in Public Fitness Facilities on Ambulatory Blood Pressure Among Older Adults in Rio de Janeiro City. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2962-2970.           | 2.1 | 13        |
| 86 | Effects of judo training upon body composition, autonomic function, and cardiorespiratory fitness in overweight or obese children aged 8- to 13 years. <i>Journal of Sports Sciences</i> , 2020, 38, 2508-2516.                             | 2.0 | 13        |
| 87 | Do the speeds defined by the American College of Sports Medicine metabolic equation for running produce target energy expenditures during isocaloric exercise bouts?. <i>European Journal of Applied Physiology</i> , 2012, 112, 3019-3026. | 2.5 | 12        |
| 88 | Influence of exercise modality on agreement between gas exchange and heart rate variability thresholds. <i>Brazilian Journal of Medical and Biological Research</i> , 2014, 47, 706-714.  | 1.5 | 12        |
| 89 | Effects of resistance training in HIV-infected patients: A meta-analysis of randomised controlled trials. <i>Journal of Sports Sciences</i> , 2017, 35, 2380-2389.  | 2.0 | 12        |
| 90 | Continuous and Accumulated Bouts of Cycling Matched by Intensity and Energy Expenditure Elicit Similar Acute Blood Pressure Reductions in Prehypertensive Men. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 857-866.    | 2.1 | 12        |

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|-----|---|-----|-----------|
| 91  | Effects of Growth Hormone Administration on Muscle Strength in Men over 50 Years Old. <i>International Journal of Endocrinology</i> , 2013, 2013, 1-6.  | 1.5 | 11        |
| 92  | Acute Effect of a Single Session of Pilates on Blood Pressure and Cardiac Autonomic Control in Middle-Aged Adults With Hypertension. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 114-123.                              | 2.1 | 11        |
| 93  | Muscle metaboreflex adaptations to exercise training in health and disease. <i>European Journal of Applied Physiology</i> , 2021, 121, 2943-2955.   | 2.5 | 11        |
| 94  | Postexercise hypotension due to resistance exercise is not mediated by autonomic control: A systematic review and meta-analysis. <i>Autonomic Neuroscience: Basic and Clinical</i> , 2021, 234, 102825.                                     | 2.8 | 11        |
| 95  | Respostas agudas imediatas e tardias da flexibilidade na extensão do ombro em relação ao número de séries e duração do alongamento. <i>Revista Brasileira De Medicina Do Esporte</i> , 2004, 10, 459-463.                                   | 0.2 | 11        |
| 96  | Influência de programas não-formais de exercícios (doméstico e comunitário) sobre a aptidão física, pressão arterial e variáveis bioquímicas em pacientes hipertensos. <i>Revista Brasileira De Medicina Do Esporte</i> , 2003, 9, 267-274. | 0.2 | 10        |
| 97  | Assessment of Cardiorespiratory Fitness without Exercise in Elderly Men with Chronic Cardiovascular and Metabolic Diseases. <i>Journal of Aging Research</i> , 2012, 2012, 1-6.   | 0.9 | 10        |
| 98  | Cardiorespiratory responses and myocardial function within incremental exercise in healthy unmedicated older vs. young men and women. <i>Aging Clinical and Experimental Research</i> , 2018, 30, 341-349.                                  | 2.9 | 10        |
| 99  | Flexibility of the Elderly after One-Year Practice of Yoga and Calisthenics. <i>International Journal of Yoga Therapy</i> , 2014, 24, 71-77.  | 0.7 | 10        |
| 100 | Metabolic equivalent concept in apparently healthy men: a re-examination of the standard oxygen uptake value of 3.5 mL·kg <sup>-1</sup> ·min <sup>-1</sup> . <i>Applied Physiology, Nutrition and Metabolism</i> , 2013, 38, 1115-1119.     | 1.9 | 9         |
| 101 | Deep-targeted sequencing of endothelial nitric oxide synthase gene exons uncovers exercise intensity and ethnicity-dependent associations with postexercise hypotension. <i>Physiological Reports</i> , 2017, 5, e13510.                    | 1.7 | 9         |
| 102 | Physical fitness and activity, metabolic profile, adipokines and endothelial function in children. <i>Jornal De Pediatria</i> , 2019, 95, 531-537.  | 2.0 | 9         |
| 103 | Flexibility and sports: a review of the literature. <i>Revista Paulista De Educação Física</i> , 2000, 14, 85.  | 0.0 | 9         |
| 104 | Influência da ordem dos exercícios sobre o número de repetições e percepção subjetiva do esforço em mulheres jovens e idosas. <i>Revista Brasileira De Medicina Do Esporte</i> , 2009, 15, 219-223.   | 0.2 | 8         |
| 105 | Avaliação da capacidade máxima de exercício: uma revisão sobre os protocolos tradicionais e a evolução para modelos individualizados. <i>Revista Brasileira De Medicina Do Esporte</i> , 2011, 17, 363-369.                                 | 0.2 | 8         |
| 106 | Assessment of Vascular Function in HIV-Infected Patients. <i>HIV Clinical Trials</i> , 2011, 12, 215-221.   | 2.0 | 8         |
| 107 | Deep-targeted exon sequencing reveals renal polymorphisms associate with postexercise hypotension among African Americans. <i>Physiological Reports</i> , 2016, 4, e12992.  | 1.7 | 8         |
| 108 | A Simple Model to Identify Risk of Sarcopenia and Physical Disability in HIV-Infected Patients. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 2542-2551.   | 2.1 | 8         |

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|-----|--|-----|-----------|
| 109 | Acute Effect of Aerobic and Strength Exercise on Heart Rate Variability and Baroreflex Sensitivity in Men With Autonomic Dysfunction. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 2743-2752.                            | 2.1 | 8         |
| 110 | Effects of moderate and high intensity isocaloric aerobic training upon microvascular reactivity and myocardial oxidative stress in rats. <i>PLoS ONE</i> , 2020, 15, e0218228.  | 2.5 | 8         |
| 111 | From Mind to Body: Is Mental Practice Effective on Strength Gains? A Meta-Analysis. <i>CNS and Neurological Disorders - Drug Targets</i> , 2015, 14, 1145-1151.  | 1.4 | 8         |
| 112 | Hemodynamic responses during and after multiple sets of stretching exercises performed with and without the Valsalva maneuver. <i>Clinics</i> , 2015, 70, 333-338.   | 1.5 | 8         |
| 113 | Effects of physical exercise in the perception of life satisfaction and immunological function in HIV-infected patients: Non-randomized clinical trial. , 2010, 14, 390-5.   |     | 8         |
| 114 | Desenvolvimento e validação de um novo sistema de seleção de talentos para a ginástica olímpica feminina: a Bateria PDGO. <i>Revista Brasileira De Medicina Do Esporte</i> , 2007, 13, 157-164.  | 0.2 | 7         |
| 115 | The Effects of Unsupervised Home-based Exercise Upon Functional Capacity After 6 Months of Discharge From Cardiac Rehabilitation: A Retrospective Observational Study. <i>Journal of Physical Activity and Health</i> , 2016, 13, 1230-1235. | 2.0 | 7         |
| 116 | Cardiovascular Responses to Resistance Exercise Performed with Large and Small Muscle Mass. <i>International Journal of Sports Medicine</i> , 2017, 38, 883-889.   | 1.7 | 7         |
| 117 | Physical Capacity and Energy Expenditure of Cavers. <i>Frontiers in Physiology</i> , 2017, 8, 1067.  | 2.8 | 7         |
| 118 | FURINvariant associations with postexercise hypotension are intensity and race dependent. <i>Physiological Reports</i> , 2019, 7, e13952.  | 1.7 | 7         |
| 119 | Relationship Between Percentages of Heart Rate Reserve and Oxygen Uptake Reserve During Cycling and Running: A Validation Study. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 1954-1962.                                 | 2.1 | 7         |
| 120 | Does Recreational Soccer Change Metabolic Syndrome Status in Obese Adolescents? A Pilot Study. <i>Research Quarterly for Exercise and Sport</i> , 2021, 92, 91-99.   | 1.4 | 7         |
| 121 | Moderators of strength gains and hypertrophy in resistance training: A systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2021, 39, 2189-2198.   | 2.0 | 7         |
| 122 | Respostas da frequência cardíaca de pico em testes máximos de campo e laboratório. <i>Revista Brasileira De Medicina Do Esporte</i> , 2005, 11, 177-180.   | 0.2 | 7         |
| 123 | Proposta de um instrumento para avaliação da autonomia do idoso: o Sistema Sênior de Avaliação da Autonomia de Ações (SysSen). <i>Revista Brasileira De Medicina Do Esporte</i> , 2000, 6, 224-240.  | 0.2 | 7         |
| 124 | Immediate effect of static and proprioceptive neuromuscular facilitation stretching on hip adductor flexibility in female ballet dancers. <i>Journal of Dance Medicine and Science</i> , 2011, 15, 177-81.                                   | 0.7 | 7         |
| 125 | Acute Effect of Proprioceptive Neuromuscular Facilitation Stretching on the Number of Repetitions Performed During a Multiple Set Resistance Exercise Protocol. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 3028-3032.  | 2.1 | 6         |
| 126 | Hemodynamic Responses and Perceived Exertion During Continuous and Discontinuous Resistance Exercise. <i>International Journal of Sports Medicine</i> , 2015, 36, 1052-1057.   | 1.7 | 6         |



| #   | ARTICLE  | IF  | CITATIONS |
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