

# Julie Midtgaard

## List of Publications by Year in descending order

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Version: 2024-02-01

93  
papers

2,775  
citations

196777

29  
h-index

223390

49  
g-index

99  
all docs

99  
docs citations

99  
times ranked

3436  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of In-Person Delivered Behavioural Interventions in People with Multimorbidity: Systematic Review and Meta-analysis. <i>International Journal of Behavioral Medicine</i> , 2023, 30, 167-189.	0.8	9
2	Monitored but not sufficiently guided – A qualitative descriptive interview study of maternity care experiences and needs in women with chronic medical conditions. <i>Midwifery</i> , 2022, 104, 103167.	1.0	2
3	Older patients’ perspectives on participating in multimodal rehabilitation including anabolic steroids following hip fracture: a qualitative study embedded within a pilot RCT. <i>Disability and Rehabilitation</i> , 2022, , 1-9.	0.9	0
4	Efficacy and Acceptability of Intermittent Aerobic Exercise on <sc>Polysomnographyâ€Measured</sc> Sleep in People With Rheumatoid Arthritis With <sc>Selfâ€Reported</sc> Sleep Disturbance: A Randomized Controlled Trial. <i>ACR Open Rheumatology</i> , 2022, 4, 395-405.	0.9	6
5	Do Patients with Prostate Cancer Benefit from Exercise Interventions? A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 972.	1.2	11
6	Easier in Practice Than in Theory: Experiences of Coaches in Charge of Community-Based Soccer Training for Men with Prostate cancer – A Descriptive Qualitative Study. <i>Sports Medicine - Open</i> , 2022, 8, 28.	1.3	1
7	– I Tried Forcing Myself to do It, but Then It Becomes a Boring Chore – Understanding (dis)engagement in Physical Activity Among Individuals With Type 2 Diabetes Using a Practice Theory Approach. <i>Qualitative Health Research</i> , 2022, 32, 520-530.	1.0	9
8	Delivering Physical Activity Recommendations in Daily Clinical Cancer Care: An Observational Interview Study in Prostate Cancer Out-Patient Clinics Using an Empirical Ethics of Care Approach. <i>Qualitative Health Research</i> , 2022, 32, 1086-1098.	1.0	1
9	Putting the pieces together: A qualitative study exploring perspectives on self-management and exercise behavior among people living with multimorbidity, healthcare professionals, relatives, and patient advocates. <i>Journal of Multimorbidity and Comorbidity</i> , 2022, 12, 263355652211001.	0.8	10
10	Degree of pregnancy planning and recommended pregnancy planning behavior among women with and without chronic medical conditions – A large hospital-based cross-sectional study. <i>Acta Obstetrica Et Gynecologica Scandinavica</i> , 2021, 100, 1051-1060.	1.3	10
11	One-year intensive lifestyle intervention and improvements in health-related quality of life and mental health in persons with type 2 diabetes: a secondary analysis of the U-TURN randomized controlled trial. <i>BMJ Open Diabetes Research and Care</i> , 2021, 9, e001840.	1.2	19
12	Safety and Effects of Football in Skeletal Metastatic Prostate Cancer: a Subgroup Analysis of the FC Prostate Community Randomised Controlled Trial. <i>Sports Medicine - Open</i> , 2021, 7, 27.	1.3	7
13	Patient and Mental Health Care Professionals’ Perspectives on Health Promotion in Psychiatric Clinical Practice: A Focus Group Study. <i>Issues in Mental Health Nursing</i> , 2021, 42, 870-879.	0.6	2
14	Female partner experiences of prostate cancer patients’ engagement with a community-based football intervention: a qualitative study. <i>BMC Public Health</i> , 2021, 21, 1398.	1.2	1
15	Effects of a Midwife-Coordinated Maternity Care Intervention (ChroPreg) vs. Standard Care in Pregnant Women with Chronic Medical Conditions: Results from a Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7875.	1.2	6
16	Exercise training complementary to specialised early intervention in patients with first-episode psychosis: a feasibility randomised trial. <i>Pilot and Feasibility Studies</i> , 2021, 7, 162.	0.5	3
17	Worries among pregnant Danish women with chronic medical conditions – A cross sectional study with data from the Copenhagen pregnancy cohort. <i>Sexual and Reproductive Healthcare</i> , 2021, 29, 100623.	0.5	5
18	Sustained Long-Term Efficacy of Motivational Counseling and Text Message Reminders on Daily Sitting Time in Patients With Rheumatoid Arthritis: Long-Term Follow-up of a Randomized, Parallel-Group Trial. <i>Arthritis Care and Research</i> , 2020, 72, 1560-1570.	1.5	21

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19	Shared concern with current breast cancer rehabilitation services: a focus group study of survivorsâ€™ and professionalsâ€™ experiences and preferences for rehabilitation care delivery. <i>BMJ Open</i> , 2020, 10, e037280.	0.8	6
20	Self-Managed Surveillance for Breast Cancerâ€“Related Upper Body Issues: A Feasibility and Reliability Study. <i>Physical Therapy</i> , 2020, 100, 468-476.	1.1	7
21	Experiences of participation in supervised group exercise among pregnant women with depression or low psychological well-being: A qualitative descriptive study. <i>Midwifery</i> , 2020, 85, 102664.	1.0	5
22	Health Technology Readiness Profiles Among Danish Individuals With Type 2 Diabetes: Cross-Sectional Study. <i>Journal of Medical Internet Research</i> , 2020, 22, e21195.	2.1	16
23	â€œKicked out into the real worldâ€ prostate cancer patientsâ€™ experiences with transitioning from hospital-based supervised exercise to unsupervised exercise in the community. <i>Supportive Care in Cancer</i> , 2019, 27, 199-208.	1.0	24
24	Attitudes and Experiences of Men With Prostate Cancer on Risk in the Context of Injuries Related to Community-Based Footballâ€“A Qualitative Study. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 205-212.	0.5	7
25	The impact of exercise training complementary to early intervention in patients with first-episode psychosis: a qualitative sub-study from a randomized controlled feasibility trial. <i>BMC Psychiatry</i> , 2019, 19, 192.	1.1	17
26	A Danish version of the life-space assessment (LSA-DK) â€“ translation, content validity and cultural adaptation using cognitive interviewing in older mobility limited adults. <i>BMC Geriatrics</i> , 2019, 19, 312.	1.1	8
27	Pregnant womenâ€™s experiences with sick leave caused by low back pain. A qualitative study. <i>Work</i> , 2019, 64, 271-281.	0.6	7
28	Community-based football in men with prostate cancer: 1-year follow-up on a pragmatic, multicentre randomised controlled trial. <i>PLoS Medicine</i> , 2019, 16, e1002936.	3.9	30
29	Efficacy of a midwife-coordinated, individualized, and specialized maternity care intervention (ChroPreg) in addition to standard care in pregnant women with chronic disease: protocol for a parallel randomized controlled trial. <i>Trials</i> , 2019, 20, 291.	0.7	6
30	Experiences with Participation in a Supervised Group-Based Outdoor Cycling Programme for People with Mental Illness: A Focus Group Study. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 528.	1.2	3
31	FRI0701-HPRâ€¦EFFICACY OF INTERMITTENT AEROBIC EXERCISE ON SLEEP EFFICIENCY IN PATIENTS WITH RHEUMATOID ARTHRITIS. A RANDOMIZED CONTROLLED TRIAL. , 2019, , .		0
32	Development and Evaluation of the Breast Cancer Online Rehabilitation (BRECOR) Program for Self-managed Upper-Body Rehabilitation for Women With Breast Cancer. <i>Rehabilitation Oncology</i> , 2019, 37, 104-113.	0.2	3
33	Football Compared with Usual Care in Men with Prostate Cancer (FC Prostate Community Trial): A Pragmatic Multicentre Randomized Controlled Trial. <i>Sports Medicine</i> , 2019, 49, 145-158.	3.1	33
34	Self-Measured Arm Circumference in Women With Breast Cancer Is Reliable and Valid. <i>Physical Therapy</i> , 2019, 99, 240-253.	1.1	16
35	Community-based Soccer Improves Hip BMD, Mental Health, And Reduces Hospital Admissions In Prostate Cancer Patients. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 900-901.	0.2	2
36	Facing the Maze: Young Cancer Survivors' Return to Education and Workâ€“A Professional Expert Key Informant Study. <i>Journal of Adolescent and Young Adult Oncology</i> , 2018, 7, 445-452.	0.7	14

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37	Physical activity behaviour in men with inflammatory joint disease: a cross-sectional register-based study. <i>Rheumatology</i> , 2018, 57, 803-812.	0.9	8
38	Psychological adaptation after peripartum cardiomyopathy: A qualitative study. <i>Midwifery</i> , 2018, 62, 52-60.	1.0	6
39	Development of an Educational Program for Non-Professional Soccer Coaches in Charge of Community-Based Soccer in Men with Prostate Cancer: a Qualitative Study. <i>Sports Medicine - Open</i> , 2018, 4, 31.	1.3	4
40	The perspectives of former recipients and experts on stigmatization related to electroconvulsive therapy in Denmark: A focus group study. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2018, 25, 358-367.	1.2	14
41	Football training over 5 years is associated with preserved femoral bone mineral density in men with prostate cancer. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 61-73.	1.3	19
42	“On Your Own” Adolescent and Young Adult Cancer Survivors' Experience of Managing Return to Secondary or Higher Education in Denmark. <i>Journal of Adolescent and Young Adult Oncology</i> , 2018, 7, 618-625.	0.7	24
43	Home-based COPD psychoeducation: A qualitative study of the patients' experiences. <i>Journal of Psychosomatic Research</i> , 2017, 98, 71-77.	1.2	13
44	Feasibility and acceptability of active book clubs in cancer survivors – an explorative investigation. <i>Acta Oncologica</i> , 2017, 56, 471-478.	0.8	8
45	The efficacy of motivational counselling and SMS reminders on daily sitting time in patients with rheumatoid arthritis: a randomised controlled trial. <i>Annals of the Rheumatic Diseases</i> , 2017, 76, 1603-1606.	0.5	72
46	Danish women's experiences of the rebozo technique during labour: A qualitative explorative study. <i>Sexual and Reproductive Healthcare</i> , 2017, 11, 79-85.	0.5	13
47	Undefined and unpredictable responsibility: a focus group study of the experiences of informal caregiver spouses of patients with severe COPD. <i>Journal of Clinical Nursing</i> , 2016, 25, 483-493.	1.4	39
48	Exercise regulates breast cancer cell viability: systemic training adaptations versus acute exercise responses. <i>Breast Cancer Research and Treatment</i> , 2016, 159, 469-479.	1.1	79
49	Effectiveness of community-based football compared to usual care in men with prostate cancer: Protocol for a randomised, controlled, parallel group, multicenter superiority trial (The FC Prostate) <i>TJ ETQq1 1 0.784314 rgBI4Overl</i>	1.4	14
50	How do women with lupus manage fatigue? A focus group study. <i>Clinical Rheumatology</i> , 2016, 35, 1957-1965.	1.0	11
51	Efficacy of a minimal home-based psychoeducative intervention in patients with advanced COPD: A randomised controlled trial. <i>Respiratory Medicine</i> , 2016, 121, 109-116.	1.3	19
52	Motivational counselling and SMS-reminders for reduction of daily sitting time in patients with rheumatoid arthritis: a descriptive randomised controlled feasibility study. <i>BMC Musculoskeletal Disorders</i> , 2016, 17, 434.	0.8	25
53	Football training in men with prostate cancer undergoing androgen deprivation therapy: activity profile and short-term skeletal and postural balance adaptations. <i>European Journal of Applied Physiology</i> , 2016, 116, 471-480.	1.2	48
54	The impact of self-efficacy on physical activity maintenance in patients with hip osteoarthritis – a mixed methods study. <i>Disability and Rehabilitation</i> , 2016, 38, 1691-1704.	0.9	29

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55	Efficacy of recreational football on bone health, body composition, and physical functioning in men with prostate cancer undergoing androgen deprivation therapy: 32-week follow-up of the FC prostate randomised controlled trial. <i>Osteoporosis International</i> , 2016, 27, 1507-1518.	1.3	61
56	Sedentary behaviour in patients with rheumatoid arthritis: A qualitative study. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2015, 10, 28578.	0.6	31
57	Understanding male cancer patients' barriers to participating in cancer rehabilitation. <i>European Journal of Cancer Care</i> , 2015, 24, 801-811.	0.7	42
58	Cancer survivors'™ experience of exercise-based cancer rehabilitation " a meta-synthesis of qualitative research. <i>Acta Oncol³gica</i> , 2015, 54, 609-617.	0.8	80
59	Efficacy of a minimal home-based psychoeducative intervention versus usual care for managing anxiety and dyspnoea in patients with severe chronic obstructive pulmonary disease: a randomised controlled trial protocol. <i>BMJ Open</i> , 2015, 5, e008031.	0.8	21
60	The efficacy of motivational counseling and SMS-reminders on daily sitting time in patients with rheumatoid arthritis: protocol for a randomized controlled trial. <i>Trials</i> , 2015, 16, 23.	0.7	17
61	Revisiting Symbolic Interactionism as a Theoretical Framework Beyond the Grounded Theory Tradition. <i>Qualitative Health Research</i> , 2015, 25, 1023-1032.	1.0	51
62	Physical activity and the association with fatigue and sleep in Danish patients with rheumatoid arthritis. <i>Rheumatology International</i> , 2015, 35, 1655-1664.	1.5	46
63	Sleep quality and correlates of poor sleep in patients with rheumatoid arthritis. <i>Clinical Rheumatology</i> , 2015, 34, 2029-2039.	1.0	67
64	Community-Based Recreational Football: A Novel Approach to Promote Physical Activity and Quality of Life in Prostate Cancer Survivors. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 5567-5585.	1.2	31
65	Football training improves lean body mass in men with prostate cancer undergoing androgen deprivation therapy. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 105-112.	1.3	69
66	Young adult women's experiences of body image after bariatric surgery: a descriptive phenomenological study. <i>Journal of Advanced Nursing</i> , 2014, 70, 1138-1149.	1.5	30
67	"œAll boys and men can play football" A qualitative investigation of recreational football in prostate cancer patients. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 113-121.	1.3	41
68	Effect of intermittent aerobic exercise on sleep quality and sleep disturbances in patients with rheumatoid arthritis " design of a randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2014, 15, 49.	0.8	26
69	Physical activity maintenance in patients with rheumatoid arthritis: a qualitative study. <i>Clinical Rehabilitation</i> , 2014, 28, 289-299.	1.0	42
70	Effects of recreational soccer in men with prostate cancer undergoing androgen deprivation therapy: study protocol for the "FC Prostate"™ randomized controlled trial. <i>BMC Cancer</i> , 2013, 13, 595.	1.1	19
71	The effects of a six-week supervised multimodal exercise intervention during chemotherapy on cancer-related fatigue. <i>European Journal of Oncology Nursing</i> , 2013, 17, 331-339.	0.9	77
72	Theoretical and practical outline of the Copenhagen PACT narrative-based exercise counselling manual to promote physical activity in post-therapy cancer survivors. <i>Acta Oncol³gica</i> , 2013, 52, 303-309.	0.8	11

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73	Efficacy of multimodal exercise-based rehabilitation on physical activity, cardiorespiratory fitness, and patient-reported outcomes in cancer survivors: a randomized, controlled trial. <i>Annals of Oncology</i> , 2013, 24, 2267-2273.	0.6	60
74	Demonstration and manifestation of self-determination and illness resistance—A qualitative study of long-term maintenance of physical activity in posttreatment cancer survivors. <i>Supportive Care in Cancer</i> , 2012, 20, 1999-2008.	1.0	26
75	Exercise may reduce depression but not anxiety in self-referred cancer patients undergoing chemotherapy. Post-hoc analysis of data from the “Body & Cancer”™ trial. <i>Acta Oncologica</i> , 2011, 50, 660-669.	0.8	35
76	An Avalanche of Ignoring-A Qualitative Study of Health Care Avoidance in Women With Malignant Breast Cancer Wounds. <i>Cancer Nursing</i> , 2011, 34, 277-285.	0.7	36
77	Effects of Darbepoetin Alfa with exercise in cancer patients undergoing chemotherapy: an explorative study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2011, 21, 369-377.	1.3	9
78	A Cross-Cultural Comparison of Motivational Factors in Kenyan and Danish Middle and Long Distance Elite Runners. <i>Journal of Psychology in Africa</i> , 2010, 20, 421-427.	0.3	7
79	Struggling with cancer and treatment: young athletes recapture body control and identity through exercise: qualitative findings from a supervised group exercise program in cancer patients of mixed gender undergoing chemotherapy. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2009, 19, 55-66.	1.3	36
80	Effect of a multimodal high intensity exercise intervention in cancer patients undergoing chemotherapy: randomised controlled trial. <i>BMJ: British Medical Journal</i> , 2009, 339, b3410-b3410.	2.4	378
81	Modesty and recognition—a qualitative study of the lived experience of recovery from anal cancer. <i>Supportive Care in Cancer</i> , 2009, 17, 1213-1222.	1.0	14
82	Self-reported physical activity behaviour; exercise motivation and information among Danish adult cancer patients undergoing chemotherapy. <i>European Journal of Oncology Nursing</i> , 2009, 13, 116-121.	0.9	53
83	Regaining a sense of agency and shared self-reliance: The experience of advanced disease cancer patients participating in a multidimensional exercise intervention while undergoing chemotherapy? analysis of patient diaries. <i>Scandinavian Journal of Psychology</i> , 2007, 48, 181-190.	0.8	23
84	The impact of supervised exercise intervention on short-term postprogram leisure time physical activity level in cancer patients undergoing chemotherapy: 1- and 3-month follow-up on the body & cancer project. <i>Palliative and Supportive Care</i> , 2006, 4, 25-35.	0.6	24
85	High-intensity resistance and cardiovascular training improve physical capacity in cancer patients undergoing chemotherapy. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2006, 16, 349-357.	1.3	47
86	Maximum physical capacity testing in cancer patients undergoing chemotherapy: qualitative findings from an exercise program. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2006, 16, 403-411.	1.3	10
87	The group matters: an explorative study of group cohesion and quality of life in cancer patients participating in physical exercise intervention during treatment. <i>European Journal of Cancer Care</i> , 2006, 15, 25-33.	0.7	86
88	The effect of a multidimensional exercise intervention on physical capacity, well-being and quality of life in cancer patients undergoing chemotherapy. <i>Supportive Care in Cancer</i> , 2006, 14, 116-127.	1.0	114
89	The impact of a multidimensional exercise program on self-reported anxiety and depression in cancer patients undergoing chemotherapy: A phase II study. <i>Palliative and Supportive Care</i> , 2005, 3, 197-208.	0.6	39
90	Transforming the nature of fatigue through exercise: qualitative findings from a multidimensional exercise programme in cancer patients undergoing chemotherapy. <i>European Journal of Cancer Care</i> , 2004, 13, 362-370.	0.7	72

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91	Feasibility, physical capacity, and health benefits of a multidimensional exercise program for cancer patients undergoing chemotherapy. <i>Supportive Care in Cancer</i> , 2003, 11, 707-716.	1.0	106
92	Exploring and Encouraging Through Social Interaction. <i>Cancer Nursing</i> , 2003, 26, 28-36.	0.7	16
93	Sociological perspectives on self-help groups: reflections on conceptualization and social processes. <i>Journal of Advanced Nursing</i> , 2001, 35, 909-917.	1.5	50