## Julie Midtgaard

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/8320973/publications.pdf

Version: 2024-02-01

196777 223390 2,775 93 29 49 citations g-index h-index papers 99 99 99 3436 docs citations times ranked citing authors all docs

| #  | Article  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | Effect of a multimodal high intensity exercise intervention in cancer patients undergoing chemotherapy: randomised controlled trial. BMJ: British Medical Journal, 2009, 339, b3410-b3410.   | 2.4 | 378       |
| 2  | The effect of a multidimensional exercise intervention on physical capacity, well-being and quality of life in cancer patients undergoing chemotherapy. Supportive Care in Cancer, 2006, 14, 116-127.  | 1.0 | 114       |
| 3  | Feasibility, physical capacity, and health benefits of a multidimensional exercise program for cancer patients undergoing chemotherapy. Supportive Care in Cancer, 2003, 11, 707-716.  | 1.0 | 106       |
| 4  | The group matters: an explorative study of group cohesion and quality of life in cancer patients participating in physical exercise intervention during treatment. European Journal of Cancer Care, 2006, 15, 25-33.   | 0.7 | 86        |
| 5  | Cancer survivors' experience of exercise-based cancer rehabilitation – a meta-synthesis of qualitative research. Acta Oncológica, 2015, 54, 609-617.   | 0.8 | 80        |
| 6  | Exercise regulates breast cancer cell viability: systemic training adaptations versus acute exercise responses. Breast Cancer Research and Treatment, 2016, 159, 469-479.  | 1.1 | 79        |
| 7  | The effects of a six-week supervised multimodal exercise intervention during chemotherapy on cancer-related fatigue. European Journal of Oncology Nursing, 2013, 17, 331-339.  | 0.9 | 77        |
| 8  | Transforming the nature of fatigue through exercise: qualitative findings from a multidimensional exercise programme in cancer patients undergoing chemotherapy. European Journal of Cancer Care, 2004, 13, 362-370.   | 0.7 | 72        |
| 9  | The efficacy of motivational counselling and SMS reminders on daily sitting time in patients with rheumatoid arthritis: a randomised controlled trial. Annals of the Rheumatic Diseases, 2017, 76, 1603-1606.  | 0.5 | 72        |
| 10 | Football training improves lean body mass in men with prostate cancer undergoing androgen deprivation therapy. Scandinavian Journal of Medicine and Science in Sports, 2014, 24, 105-112.  | 1.3 | 69        |
| 11 | Sleep quality and correlates of poor sleep in patients with rheumatoid arthritis. Clinical Rheumatology, 2015, 34, 2029-2039.  | 1.0 | 67        |
| 12 | Efficacy of recreational football on bone health, body composition, and physical functioning in men with prostate cancer undergoing androgen deprivation therapy: 32-week follow-up of the FC prostate randomised controlled trial. Osteoporosis International, 2016, 27, 1507-1518. | 1.3 | 61        |
| 13 | Efficacy of multimodal exercise-based rehabilitation on physical activity, cardiorespiratory fitness, and patient-reported outcomes in cancer survivors: a randomized, controlled trial. Annals of Oncology, 2013, 24, 2267-2273.  | 0.6 | 60        |
| 14 | Self-reported physical activity behaviour; exercise motivation and information among Danish adult cancer patients undergoing chemotherapy. European Journal of Oncology Nursing, 2009, 13, 116-121.  | 0.9 | 53        |
| 15 | Revisiting Symbolic Interactionism as a Theoretical Framework Beyond the Grounded Theory Tradition. Qualitative Health Research, 2015, 25, 1023-1032.  | 1.0 | 51        |
| 16 | Sociological perspectives on self-help groups: reflections on conceptualization and social processes. Journal of Advanced Nursing, 2001, 35, 909-917.  | 1.5 | 50        |
| 17 | Football training in men with prostate cancer undergoing androgen deprivation therapy: activity profile and short-term skeletal and postural balance adaptations. European Journal of Applied Physiology, 2016, 116, 471-480.  | 1.2 | 48        |
| 18 | High-intensity resistance and cardiovascular training improve physical capacity in cancer patients undergoing chemotherapy. Scandinavian Journal of Medicine and Science in Sports, 2006, 16, 349-357.   | 1.3 | 47        |

| #  | Article   | IF  | Citations |
|----|---|-----|-----------|
| 19 | Physical activity and the association with fatigue and sleep in Danish patients with rheumatoid arthritis. Rheumatology International, 2015, 35, 1655-1664.   | 1.5 | 46        |
| 20 | Physical activity maintenance in patients with rheumatoid arthritis: a qualitative study. Clinical Rehabilitation, 2014, 28, 289-299.   | 1.0 | 42        |
| 21 | Understanding male cancer patients' barriers to participating in cancer rehabilitation. European Journal of Cancer Care, 2015, 24, 801-811.   | 0.7 | 42        |
| 22 | "All boys and men can play football― A qualitative investigation of recreational football in prostate cancer patients. Scandinavian Journal of Medicine and Science in Sports, 2014, 24, 113-121.   | 1.3 | 41        |
| 23 | The impact of a multidimensional exercise program on self-reported anxiety and depression in cancer patients undergoing chemotherapy: A phase II study. Palliative and Supportive Care, 2005, 3, 197-208.   | 0.6 | 39        |
| 24 | Undefined and unpredictable responsibility: a focus group study ofÂthe experiences of informal caregiver spouses of patients with severe <scp>COPD</scp> . Journal of Clinical Nursing, 2016, 25, 483-493.  | 1.4 | 39        |
| 25 | Struggling with cancer and treatment: young athletes recapture body control and identity through exercise: qualitative findings from a supervised group exercise program in cancer patients of mixed gender undergoing chemotherapy. Scandinavian Journal of Medicine and Science in Sports, 2009, 19, 55-66. | 1.3 | 36        |
| 26 | An Avalanche of Ignoring-A Qualitative Study of Health Care Avoidance in Women With Malignant Breast Cancer Wounds. Cancer Nursing, 2011, 34, 277-285.  | 0.7 | 36        |
| 27 | Exercise may reduce depression but not anxiety in self-referred cancer patients undergoing chemotherapy. Post-hoc analysis of data from the †Body & Description Cancer' trial. Acta Oncológica, 2011, 50, 660-669.  | 0.8 | 35        |
| 28 | Football Compared with Usual Care in Men with Prostate Cancer (FC Prostate Community Trial): A Pragmatic Multicentre Randomized Controlled Trial. Sports Medicine, 2019, 49, 145-158.   | 3.1 | 33        |
| 29 | Community-Based Recreational Football: A Novel Approach to Promote Physical Activity and Quality of Life in Prostate Cancer Survivors. International Journal of Environmental Research and Public Health, 2014, 11, 5567-5585.  | 1.2 | 31        |
| 30 | Sedentary behaviour in patients with rheumatoid arthritis: A qualitative study. International Journal of Qualitative Studies on Health and Well-being, 2015, 10, 28578.   | 0.6 | 31        |
| 31 | Young adult women's experiences of body image after bariatric surgery: a descriptive phenomenological study. Journal of Advanced Nursing, 2014, 70, 1138-1149.  | 1.5 | 30        |
| 32 | Community-based football in men with prostate cancer: 1-year follow-up on a pragmatic, multicentre randomised controlled trial. PLoS Medicine, 2019, 16, e1002936.  | 3.9 | 30        |
| 33 | The impact of self-efficacy on physical activity maintenance in patients with hip osteoarthritis – a mixed methods study. Disability and Rehabilitation, 2016, 38, 1691-1704.   | 0.9 | 29        |
| 34 | Demonstration and manifestation of self-determination and illness resistanceâ€"A qualitative study of long-term maintenance of physical activity in posttreatment cancer survivors. Supportive Care in Cancer, 2012, 20, 1999-2008.   | 1.0 | 26        |
| 35 | Effect of intermittent aerobic exercise on sleep quality and sleep disturbances in patients with rheumatoid arthritis – design of a randomized controlled trial. BMC Musculoskeletal Disorders, 2014, 15, 49.   | 0.8 | 26        |
| 36 | Motivational counselling and SMS-reminders for reduction of daily sitting time in patients with rheumatoid arthritis: a descriptive randomised controlled feasibility study. BMC Musculoskeletal Disorders, 2016, 17, 434.  | 0.8 | 25        |

| #  | Article   | IF         | Citations   |
|----|---|------------|-------------|
| 37 | The impact of supervised exercise intervention on short-term postprogram leisure time physical activity level in cancer patients undergoing chemotherapy: 1- and 3-month follow-up on the body & cancer project. Palliative and Supportive Care, 2006, 4, 25-35.                      | 0.6        | 24          |
| 38 | "On Your Own― Adolescent and Young Adult Cancer Survivors' Experience of Managing Return to Secondary or Higher Education in Denmark. Journal of Adolescent and Young Adult Oncology, 2018, 7, 618-625.   | 0.7        | 24          |
| 39 | "Kicked out into the real world― prostate cancer patients' experiences with transitioning from hospital-based supervised exercise to unsupervised exercise in the community. Supportive Care in Cancer, 2019, 27, 199-208.  | 1.0        | 24          |
| 40 | Regaining a sense of agency and shared self-reliance: The experience of advanced disease cancer patients participating in a multidimensional exercise intervention while undergoing chemotherapy? analysis of patient diaries. Scandinavian Journal of Psychology, 2007, 48, 181-190. | 0.8        | 23          |
| 41 | Efficacy of a minimal home-based psychoeducative intervention versus usual care for managing anxiety and dyspnoea in patients with severe chronic obstructive pulmonary disease: a randomised controlled trial protocol. BMJ Open, 2015, 5, e008031.                                  | 0.8        | 21          |
| 42 | Sustained Longâ€Term Efficacy of Motivational Counseling and Text Message Reminders on Daily Sitting Time in Patients With Rheumatoid Arthritis: Longâ€Term Followâ€up of a Randomized, Parallelâ€Group Trial. Arthritis Care and Research, 2020, 72, 1560-1570.                      | 1.5        | 21          |
| 43 | Effects of recreational soccer in men with prostate cancer undergoing androgen deprivation therapy: study protocol for the â€~FC Prostate' randomized controlled trial. BMC Cancer, 2013, 13, 595.  | 1.1        | 19          |
| 44 | Efficacy of a minimal home-based psychoeducative intervention in patients with advanced COPD: A randomised controlled trial. Respiratory Medicine, 2016, 121, 109-116.  | 1.3        | 19          |
| 45 | Football training over 5 years is associated with preserved femoral bone mineral density in men with prostate cancer. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 61-73.  | 1.3        | 19          |
| 46 | One-year intensive lifestyle intervention and improvements in health-related quality of life and mental health in persons with type 2 diabetes: a secondary analysis of the U-TURN randomized controlled trial. BMJ Open Diabetes Research and Care, 2021, 9, e001840.                | 1.2        | 19          |
| 47 | The efficacy of motivational counseling and SMS-reminders on daily sitting time in patients with rheumatoid arthritis: protocol for a randomized controlled trial. Trials, 2015, 16, 23.  | 0.7        | 17          |
| 48 | The impact of exercise training complementary to early intervention in patients with first-episode psychosis: a qualitative sub-study from a randomized controlled feasibility trial. BMC Psychiatry, 2019, 19, 192.  | 1.1        | 17          |
| 49 | Exploring and Encouraging Through Social Interaction. Cancer Nursing, 2003, 26, 28-36.  | 0.7        | 16          |
| 50 | Self-Measured Arm Circumference in Women With Breast Cancer Is Reliable and Valid. Physical Therapy, 2019, 99, 240-253.   | 1.1        | 16          |
| 51 | Health Technology Readiness Profiles Among Danish Individuals With Type 2 Diabetes: Cross-Sectional Study. Journal of Medical Internet Research, 2020, 22, e21195.  | 2.1        | 16          |
| 52 | Modesty and recognitionâ€"a qualitative study of the lived experience of recovery from anal cancer. Supportive Care in Cancer, 2009, 17, 1213-1222.   | 1.0        | 14          |
| 53 | Effectiveness of community-based football compared to usual care in men with prostate cancer:<br>Protocol for a randomised, controlled, parallel group, multicenter superiority trial (The FC Prostate) Tj ETQq1 1 (  | 0.784814 r | gBI4Overlac |
| 54 | Facing the Maze: Young Cancer Survivors' Return to Education and Workâ€"A Professional Expert Key Informant Study. Journal of Adolescent and Young Adult Oncology, 2018, 7, 445-452.  | 0.7        | 14          |

| #  | Article   | IF  | Citations |
|----|---|-----|-----------|
| 55 | The perspectives of former recipients and experts on stigmatization related to electroconvulsive therapy in Denmark: A focus group study. Journal of Psychiatric and Mental Health Nursing, 2018, 25, 358-367.  | 1,2 | 14        |
| 56 | Home-based COPD psychoeducation: A qualitative study of the patients' experiences. Journal of Psychosomatic Research, 2017, 98, 71-77.  | 1.2 | 13        |
| 57 | Danish women's experiences of the rebozo technique during labour: A qualitative explorative study. Sexual and Reproductive Healthcare, 2017, 11, 79-85.   | 0.5 | 13        |
| 58 | Theoretical and practical outline of the Copenhagen PACT narrative-based exercise counselling manual to promote physical activity in post-therapy cancer survivors. Acta Oncol $\tilde{A}^3$ gica, 2013, 52, 303-309.   | 0.8 | 11        |
| 59 | How do women with lupus manage fatigue? A focus group study. Clinical Rheumatology, 2016, 35, 1957-1965.  | 1.0 | 11        |
| 60 | Do Patients with Prostate Cancer Benefit from Exercise Interventions? A Systematic Review and Meta-Analysis. International Journal of Environmental Research and Public Health, 2022, 19, 972.  | 1.2 | 11        |
| 61 | Maximum physical capacity testing in cancer patients undergoing chemotherapy: qualitative findings from an exercise program. Scandinavian Journal of Medicine and Science in Sports, 2006, 16, 403-411.   | 1.3 | 10        |
| 62 | Degree of pregnancy planning and recommended pregnancy planning behavior among women with and without chronic medical conditions – A large hospitalâ€based crossâ€sectional study. Acta Obstetricia Et Gynecologica Scandinavica, 2021, 100, 1051-1060.                                     | 1.3 | 10        |
| 63 | Putting the pieces together: A qualitative study exploring perspectives on self-management and exercise behavior among people living with multimorbidity, healthcare professionals, relatives, and patient advocates. Journal of Multimorbidity and Comorbidity, 2022, 12, 263355652211001. | 0.8 | 10        |
| 64 | Effects of Darbepoetin Alfa with exercise in cancer patients undergoing chemotherapy: an explorative study. Scandinavian Journal of Medicine and Science in Sports, 2011, 21, 369-377.  | 1.3 | 9         |
| 65 | " <i>l Tried Forcing Myself to do It, but Then It Becomes a Boring Choreâ€</i> : Understanding (dis)engagement in Physical Activity Among Individuals With Type 2 Diabetes Using a Practice Theory Approach. Qualitative Health Research, 2022, 32, 520-530.                                | 1.0 | 9         |
| 66 | Effect of In-Person Delivered Behavioural Interventions in People with Multimorbidity: Systematic Review and Meta-analysis. International Journal of Behavioral Medicine, 2023, 30, 167-189.  | 0.8 | 9         |
| 67 | Feasibility and acceptability of active book clubs in cancer survivors – an explorative investigation. Acta Oncológica, 2017, 56, 471-478.  | 0.8 | 8         |
| 68 | Physical activity behaviour in men with inflammatory joint disease: a cross-sectional register-based study. Rheumatology, 2018, 57, 803-812.  | 0.9 | 8         |
| 69 | A Danish version of the life-space assessment (LSA-DK) – translation, content validity and cultural adaptation using cognitive interviewing in older mobility limited adults. BMC Geriatrics, 2019, 19, 312.  | 1.1 | 8         |
| 70 | A Cross-Cultural Comparison of Motivational Factors in Kenyan and Danish Middle and Long Distance Elite Runners. Journal of Psychology in Africa, 2010, 20, 421-427.  | 0.3 | 7         |
| 71 | Attitudes and Experiences of Men With Prostate Cancer on Risk in the Context of Injuries Related to Community-Based Football—A Qualitative Study. Journal of Aging and Physical Activity, 2019, 27, 205-212.  | 0.5 | 7         |
| 72 | Pregnant women's experiences with sick leave caused by low back pain. A qualitative study. Work, 2019, 64, 271-281.   | 0.6 | 7         |

| #  | Article   | IF  | CITATIONS |
|----|---|-----|-----------|
| 73 | Self-Managed Surveillance for Breast Cancer–Related Upper Body Issues: A Feasibility and Reliability Study. Physical Therapy, 2020, 100, 468-476.   | 1.1 | 7         |
| 74 | Safety and Effects of Football in Skeletal Metastatic Prostate Cancer: a Subgroup Analysis of the FC Prostate Community Randomised Controlled Trial. Sports Medicine - Open, 2021, 7, 27.   | 1.3 | 7         |
| 75 | Psychological adaptation after peripartum cardiomyopathy: A qualitative study. Midwifery, 2018, 62, 52-60.  | 1.0 | 6         |
| 76 | Efficacy of a midwife-coordinated, individualized, and specialized maternity care intervention (ChroPreg) in addition to standard care in pregnant women with chronic disease: protocol for a parallel randomized controlled trial. Trials, 2019, 20, 291.                    | 0.7 | 6         |
| 77 | Shared concern with current breast cancer rehabilitation services: a focus group study of survivors' and professionals' experiences and preferences for rehabilitation care delivery. BMJ Open, 2020, 10, e037280.  | 0.8 | 6         |
| 78 | Effects of a Midwife-Coordinated Maternity Care Intervention (ChroPreg) vs. Standard Care in Pregnant Women with Chronic Medical Conditions: Results from a Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2021, 18, 7875.   | 1.2 | 6         |
| 79 | Efficacy and Acceptability of Intermittent Aerobic Exercise on ⟨scp⟩Polysomnographyâ€Measured⟨/scp⟩<br>Sleep in People With Rheumatoid Arthritis With ⟨scp⟩Selfâ€Reported⟨/scp⟩ Sleep Disturbance: A<br>Randomized Controlled Trial. ACR Open Rheumatology, 2022, 4, 395-405. | 0.9 | 6         |
| 80 | Experiences of participation in supervised group exercise among pregnant women with depression or low psychological well-being: A qualitative descriptive study. Midwifery, 2020, 85, 102664.   | 1.0 | 5         |
| 81 | Worries among pregnant Danish women with chronic medical conditions – A cross sectional study with data from the Copenhagen pregnancy cohort. Sexual and Reproductive Healthcare, 2021, 29, 100623.   | 0.5 | 5         |
| 82 | Development of an Educational Program for Non-Professional Soccer Coaches in Charge of Community-Based Soccer in Men with Prostate Cancer: a Qualitative Study. Sports Medicine - Open, 2018, 4, 31.  | 1.3 | 4         |
| 83 | Experiences with Participation in a Supervised Group-Based Outdoor Cycling Programme for People with Mental Illness: A Focus Group Study. International Journal of Environmental Research and Public Health, 2019, 16, 528.   | 1.2 | 3         |
| 84 | Development and Evaluation of the Breast Cancer Online Rehabilitation (BRECOR) Program for Self-managed Upper-Body Rehabilitation for Women With Breast Cancer. Rehabilitation Oncology, 2019, 37, 104-113.   | 0.2 | 3         |
| 85 | Exercise training complementary to specialised early intervention in patients with first-episode psychosis: a feasibility randomised trial. Pilot and Feasibility Studies, 2021, 7, 162.  | 0.5 | 3         |
| 86 | Patient and Mental Health Care Professionals' Perspectives on Health Promotion in Psychiatric Clinical Practice: A Focus Group Study. Issues in Mental Health Nursing, 2021, 42, 870-879.   | 0.6 | 2         |
| 87 | Community-based Soccer Improves Hip BMD, Mental Health, And Reduces Hospital Admissions In Prostate Cancer Patients. Medicine and Science in Sports and Exercise, 2019, 51, 900-901.  | 0.2 | 2         |
| 88 | Monitored but not sufficiently guided – A qualitative descriptive interview study of maternity care experiences and needs in women with chronic medical conditions. Midwifery, 2022, 104, 103167.   | 1.0 | 2         |
| 89 | Female partner experiences of prostate cancer patients' engagement with a community-based football intervention: a qualitative study. BMC Public Health, 2021, 21, 1398.  | 1.2 | 1         |
| 90 | Easier in Practice Than in Theory: Experiences of Coaches in Charge of Community-Based Soccer<br>Training for Men with Prostate cancer—A Descriptive Qualitative Study. Sports Medicine - Open, 2022,<br>8, 28.   | 1.3 | 1         |

| #  | Article   | lF  | CITATIONS |
|----|---|-----|-----------|
| 91 | Delivering Physical Activity Recommendations in Daily Clinical Cancer Care: An Observational Interview Study in Prostate Cancer Out-Patient Clinics Using an Empirical Ethics of Care Approach. Qualitative Health Research, 2022, 32, 1086-1098. | 1.0 | 1         |
| 92 | FRIO701-HPRâ€EFFICACY OF INTERMITTENT AEROBIC EXERCISE ON SLEEP EFFICIENCY IN PATIENTS WITH RHEUMATOID ARTHRITIS. A RANDOMIZED CONTROLLED TRIAL. , 2019, , .  |     | O         |
| 93 | Older patients' perspectives on participating in multimodal rehabilitation including anabolic steroids following hip fracture: a qualitative study embedded within a pilot RCT. Disability and Rehabilitation, 2022, , 1-9.                       | 0.9 | 0         |