

Julie Midtgaard

List of Publications by Year in descending order

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Version: 2024-02-01

93
papers

2,775
citations

172457

29
h-index

197818

49
g-index

99
all docs

99
docs citations

99
times ranked

3252
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of a multimodal high intensity exercise intervention in cancer patients undergoing chemotherapy: randomised controlled trial. <i>BMJ: British Medical Journal</i> , 2009, 339, b3410-b3410.	2.3	378
2	The effect of a multidimensional exercise intervention on physical capacity, well-being and quality of life in cancer patients undergoing chemotherapy. <i>Supportive Care in Cancer</i> , 2006, 14, 116-127.	2.2	114
3	Feasibility, physical capacity, and health benefits of a multidimensional exercise program for cancer patients undergoing chemotherapy. <i>Supportive Care in Cancer</i> , 2003, 11, 707-716.	2.2	106
4	The group matters: an explorative study of group cohesion and quality of life in cancer patients participating in physical exercise intervention during treatment. <i>European Journal of Cancer Care</i> , 2006, 15, 25-33.	1.5	86
5	Cancer survivorsâ€™ experience of exercise-based cancer rehabilitation â€“ a meta-synthesis of qualitative research. <i>Acta Oncologica</i> , 2015, 54, 609-617.	1.8	80
6	Exercise regulates breast cancer cell viability: systemic training adaptations versus acute exercise responses. <i>Breast Cancer Research and Treatment</i> , 2016, 159, 469-479.	2.5	79
7	The effects of a six-week supervised multimodal exercise intervention during chemotherapy on cancer-related fatigue. <i>European Journal of Oncology Nursing</i> , 2013, 17, 331-339.	2.1	77
8	Transforming the nature of fatigue through exercise: qualitative findings from a multidimensional exercise programme in cancer patients undergoing chemotherapy. <i>European Journal of Cancer Care</i> , 2004, 13, 362-370.	1.5	72
9	The efficacy of motivational counselling and SMS reminders on daily sitting time in patients with rheumatoid arthritis: a randomised controlled trial. <i>Annals of the Rheumatic Diseases</i> , 2017, 76, 1603-1606.	0.9	72
10	Football training improves lean body mass in men with prostate cancer undergoing androgen deprivation therapy. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 105-112.	2.9	69
11	Sleep quality and correlates of poor sleep in patients with rheumatoid arthritis. <i>Clinical Rheumatology</i> , 2015, 34, 2029-2039.	2.2	67
12	Efficacy of recreational football on bone health, body composition, and physical functioning in men with prostate cancer undergoing androgen deprivation therapy: 32-week follow-up of the FC prostate randomised controlled trial. <i>Osteoporosis International</i> , 2016, 27, 1507-1518.	3.1	61
13	Efficacy of multimodal exercise-based rehabilitation on physical activity, cardiorespiratory fitness, and patient-reported outcomes in cancer survivors: a randomized, controlled trial. <i>Annals of Oncology</i> , 2013, 24, 2267-2273.	1.2	60
14	Self-reported physical activity behaviour; exercise motivation and information among Danish adult cancer patients undergoing chemotherapy. <i>European Journal of Oncology Nursing</i> , 2009, 13, 116-121.	2.1	53
15	Revisiting Symbolic Interactionism as a Theoretical Framework Beyond the Grounded Theory Tradition. <i>Qualitative Health Research</i> , 2015, 25, 1023-1032.	2.1	51
16	Sociological perspectives on self-help groups: reflections on conceptualization and social processes. <i>Journal of Advanced Nursing</i> , 2001, 35, 909-917.	3.3	50
17	Football training in men with prostate cancer undergoing androgen deprivation therapy: activity profile and short-term skeletal and postural balance adaptations. <i>European Journal of Applied Physiology</i> , 2016, 116, 471-480.	2.5	48
18	High-intensity resistance and cardiovascular training improve physical capacity in cancer patients undergoing chemotherapy. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2006, 16, 349-357.	2.9	47

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19	Physical activity and the association with fatigue and sleep in Danish patients with rheumatoid arthritis. <i>Rheumatology International</i> , 2015, 35, 1655-1664.	3.0	46
20	Physical activity maintenance in patients with rheumatoid arthritis: a qualitative study. <i>Clinical Rehabilitation</i> , 2014, 28, 289-299.	2.2	42
21	Understanding male cancer patients' barriers to participating in cancer rehabilitation. <i>European Journal of Cancer Care</i> , 2015, 24, 801-811.	1.5	42
22	“All boys and men can play football” A qualitative investigation of recreational football in prostate cancer patients. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 113-121.	2.9	41
23	The impact of a multidimensional exercise program on self-reported anxiety and depression in cancer patients undergoing chemotherapy: A phase II study. <i>Palliative and Supportive Care</i> , 2005, 3, 197-208.	1.0	39
24	Undefined and unpredictable responsibility: a focus group study of the experiences of informal caregiver spouses of patients with severe COPD. <i>Journal of Clinical Nursing</i> , 2016, 25, 483-493.	3.0	39
25	Struggling with cancer and treatment: young athletes recapture body control and identity through exercise: qualitative findings from a supervised group exercise program in cancer patients of mixed gender undergoing chemotherapy. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2009, 19, 55-66.	2.9	36
26	An Avalanche of Ignoring-A Qualitative Study of Health Care Avoidance in Women With Malignant Breast Cancer Wounds. <i>Cancer Nursing</i> , 2011, 34, 277-285.	1.5	36
27	Exercise may reduce depression but not anxiety in self-referred cancer patients undergoing chemotherapy. Post-hoc analysis of data from the “Body & Cancer”™ trial. <i>Acta Oncologica</i> , 2011, 50, 660-669.	1.8	35
28	Football Compared with Usual Care in Men with Prostate Cancer (FC Prostate Community Trial): A Pragmatic Multicentre Randomized Controlled Trial. <i>Sports Medicine</i> , 2019, 49, 145-158.	6.5	33
29	Community-Based Recreational Football: A Novel Approach to Promote Physical Activity and Quality of Life in Prostate Cancer Survivors. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 5567-5585.	2.6	31
30	Sedentary behaviour in patients with rheumatoid arthritis: A qualitative study. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2015, 10, 28578.	1.6	31
31	Young adult women's experiences of body image after bariatric surgery: a descriptive phenomenological study. <i>Journal of Advanced Nursing</i> , 2014, 70, 1138-1149.	3.3	30
32	Community-based football in men with prostate cancer: 1-year follow-up on a pragmatic, multicentre randomised controlled trial. <i>PLoS Medicine</i> , 2019, 16, e1002936.	8.4	30
33	The impact of self-efficacy on physical activity maintenance in patients with hip osteoarthritis – a mixed methods study. <i>Disability and Rehabilitation</i> , 2016, 38, 1691-1704.	1.8	29
34	Demonstration and manifestation of self-determination and illness resistance – A qualitative study of long-term maintenance of physical activity in posttreatment cancer survivors. <i>Supportive Care in Cancer</i> , 2012, 20, 1999-2008.	2.2	26
35	Effect of intermittent aerobic exercise on sleep quality and sleep disturbances in patients with rheumatoid arthritis – design of a randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2014, 15, 49.	1.9	26
36	Motivational counselling and SMS-reminders for reduction of daily sitting time in patients with rheumatoid arthritis: a descriptive randomised controlled feasibility study. <i>BMC Musculoskeletal Disorders</i> , 2016, 17, 434.	1.9	25

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37	The impact of supervised exercise intervention on short-term postprogram leisure time physical activity level in cancer patients undergoing chemotherapy: 1- and 3-month follow-up on the body & cancer project. <i>Palliative and Supportive Care</i> , 2006, 4, 25-35.	1.0	24
38	“On Your Own” Adolescent and Young Adult Cancer Survivors' Experience of Managing Return to Secondary or Higher Education in Denmark. <i>Journal of Adolescent and Young Adult Oncology</i> , 2018, 7, 618-625.	1.3	24
39	“Kicked out into the real world” prostate cancer patients’ experiences with transitioning from hospital-based supervised exercise to unsupervised exercise in the community. <i>Supportive Care in Cancer</i> , 2019, 27, 199-208.	2.2	24
40	Regaining a sense of agency and shared self-reliance: The experience of advanced disease cancer patients participating in a multidimensional exercise intervention while undergoing chemotherapy? analysis of patient diaries. <i>Scandinavian Journal of Psychology</i> , 2007, 48, 181-190.	1.5	23
41	Efficacy of a minimal home-based psychoeducative intervention versus usual care for managing anxiety and dyspnoea in patients with severe chronic obstructive pulmonary disease: a randomised controlled trial protocol. <i>BMJ Open</i> , 2015, 5, e008031.	1.9	21
42	Sustained Long-Term Efficacy of Motivational Counseling and Text Message Reminders on Daily Sitting Time in Patients With Rheumatoid Arthritis: Long-Term Follow-up of a Randomized, Parallel-Group Trial. <i>Arthritis Care and Research</i> , 2020, 72, 1560-1570.	3.4	21
43	Effects of recreational soccer in men with prostate cancer undergoing androgen deprivation therapy: study protocol for the “FC Prostate” randomized controlled trial. <i>BMC Cancer</i> , 2013, 13, 595.	2.6	19
44	Efficacy of a minimal home-based psychoeducative intervention in patients with advanced COPD: A randomised controlled trial. <i>Respiratory Medicine</i> , 2016, 121, 109-116.	2.9	19
45	Football training over 5 years is associated with preserved femoral bone mineral density in men with prostate cancer. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 61-73.	2.9	19
46	One-year intensive lifestyle intervention and improvements in health-related quality of life and mental health in persons with type 2 diabetes: a secondary analysis of the U-TURN randomized controlled trial. <i>BMJ Open Diabetes Research and Care</i> , 2021, 9, e001840.	2.8	19
47	The efficacy of motivational counseling and SMS-reminders on daily sitting time in patients with rheumatoid arthritis: protocol for a randomized controlled trial. <i>Trials</i> , 2015, 16, 23.	1.6	17
48	The impact of exercise training complementary to early intervention in patients with first-episode psychosis: a qualitative sub-study from a randomized controlled feasibility trial. <i>BMC Psychiatry</i> , 2019, 19, 192.	2.6	17
49	Exploring and Encouraging Through Social Interaction. <i>Cancer Nursing</i> , 2003, 26, 28-36.	1.5	16
50	Self-Measured Arm Circumference in Women With Breast Cancer Is Reliable and Valid. <i>Physical Therapy</i> , 2019, 99, 240-253.	2.4	16
51	Health Technology Readiness Profiles Among Danish Individuals With Type 2 Diabetes: Cross-Sectional Study. <i>Journal of Medical Internet Research</i> , 2020, 22, e21195.	4.3	16
52	Modesty and recognition—a qualitative study of the lived experience of recovery from anal cancer. <i>Supportive Care in Cancer</i> , 2009, 17, 1213-1222.	2.2	14
53	Effectiveness of community-based football compared to usual care in men with prostate cancer: Protocol for a randomised, controlled, parallel group, multicenter superiority trial (The FC Prostate) Tj ETQq1 1 0.7843 14 rgBT4/Overlock	2.4	14
54	Facing the Maze: Young Cancer Survivors' Return to Education and Work—A Professional Expert Key Informant Study. <i>Journal of Adolescent and Young Adult Oncology</i> , 2018, 7, 445-452.	1.3	14

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55	The perspectives of former recipients and experts on stigmatization related to electroconvulsive therapy in Denmark: A focus group study. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2018, 25, 358-367.	2.1	14
56	Home-based COPD psychoeducation: A qualitative study of the patients' experiences. <i>Journal of Psychosomatic Research</i> , 2017, 98, 71-77.	2.6	13
57	Danish women's experiences of the rebozo technique during labour: A qualitative explorative study. <i>Sexual and Reproductive Healthcare</i> , 2017, 11, 79-85.	1.2	13
58	Theoretical and practical outline of the Copenhagen PACT narrative-based exercise counselling manual to promote physical activity in post-therapy cancer survivors. <i>Acta Oncologica</i> , 2013, 52, 303-309.	1.8	11
59	How do women with lupus manage fatigue? A focus group study. <i>Clinical Rheumatology</i> , 2016, 35, 1957-1965.	2.2	11
60	Do Patients with Prostate Cancer Benefit from Exercise Interventions? A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 972.	2.6	11
61	Maximum physical capacity testing in cancer patients undergoing chemotherapy: qualitative findings from an exercise program. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2006, 16, 403-411.	2.9	10
62	Degree of pregnancy planning and recommended pregnancy planning behavior among women with and without chronic medical conditions – A large hospital-based cross-sectional study. <i>Acta Obstetrica Et Gynecologica Scandinavica</i> , 2021, 100, 1051-1060.	2.8	10
63	Putting the pieces together: A qualitative study exploring perspectives on self-management and exercise behavior among people living with multimorbidity, healthcare professionals, relatives, and patient advocates. <i>Journal of Multimorbidity and Comorbidity</i> , 2022, 12, 263355652211001.	2.2	10
64	Effects of Darbepoetin Alfa with exercise in cancer patients undergoing chemotherapy: an explorative study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2011, 21, 369-377.	2.9	9
65	“I Tried Forcing Myself to do It, but Then It Becomes a Boring Chore”: Understanding (dis)engagement in Physical Activity Among Individuals With Type 2 Diabetes Using a Practice Theory Approach. <i>Qualitative Health Research</i> , 2022, 32, 520-530.	2.1	9
66	Effect of In-Person Delivered Behavioural Interventions in People with Multimorbidity: Systematic Review and Meta-analysis. <i>International Journal of Behavioral Medicine</i> , 2023, 30, 167-189.	1.7	9
67	Feasibility and acceptability of active book clubs in cancer survivors – an explorative investigation. <i>Acta Oncologica</i> , 2017, 56, 471-478.	1.8	8
68	Physical activity behaviour in men with inflammatory joint disease: a cross-sectional register-based study. <i>Rheumatology</i> , 2018, 57, 803-812.	1.9	8
69	A Danish version of the life-space assessment (LSA-DK) – translation, content validity and cultural adaptation using cognitive interviewing in older mobility limited adults. <i>BMC Geriatrics</i> , 2019, 19, 312.	2.7	8
70	A Cross-Cultural Comparison of Motivational Factors in Kenyan and Danish Middle and Long Distance Elite Runners. <i>Journal of Psychology in Africa</i> , 2010, 20, 421-427.	0.6	7
71	Attitudes and Experiences of Men With Prostate Cancer on Risk in the Context of Injuries Related to Community-Based Football – A Qualitative Study. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 205-212.	1.0	7
72	Pregnant women's experiences with sick leave caused by low back pain. A qualitative study. <i>Work</i> , 2019, 64, 271-281.	1.1	7

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73	Self-Managed Surveillance for Breast Cancer-Related Upper Body Issues: A Feasibility and Reliability Study. <i>Physical Therapy</i> , 2020, 100, 468-476.	2.4	7
74	Safety and Effects of Football in Skeletal Metastatic Prostate Cancer: a Subgroup Analysis of the FC Prostate Community Randomised Controlled Trial. <i>Sports Medicine - Open</i> , 2021, 7, 27.	3.1	7
75	Psychological adaptation after peripartum cardiomyopathy: A qualitative study. <i>Midwifery</i> , 2018, 62, 52-60.	2.3	6
76	Efficacy of a midwife-coordinated, individualized, and specialized maternity care intervention (ChroPreg) in addition to standard care in pregnant women with chronic disease: protocol for a parallel randomized controlled trial. <i>Trials</i> , 2019, 20, 291.	1.6	6
77	Shared concern with current breast cancer rehabilitation services: a focus group study of survivors' and professionals' experiences and preferences for rehabilitation care delivery. <i>BMJ Open</i> , 2020, 10, e037280.	1.9	6
78	Effects of a Midwife-Coordinated Maternity Care Intervention (ChroPreg) vs. Standard Care in Pregnant Women with Chronic Medical Conditions: Results from a Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7875.	2.6	6
79	Efficacy and Acceptability of Intermittent Aerobic Exercise on Polysomnography-Measured Sleep in People With Rheumatoid Arthritis With Self-Reported Sleep Disturbance: A Randomized Controlled Trial. <i>ACR Open Rheumatology</i> , 2022, 4, 395-405.	2.1	6
80	Experiences of participation in supervised group exercise among pregnant women with depression or low psychological well-being: A qualitative descriptive study. <i>Midwifery</i> , 2020, 85, 102664.	2.3	5
81	Worries among pregnant Danish women with chronic medical conditions - A cross sectional study with data from the Copenhagen pregnancy cohort. <i>Sexual and Reproductive Healthcare</i> , 2021, 29, 100623.	1.2	5
82	Development of an Educational Program for Non-Professional Soccer Coaches in Charge of Community-Based Soccer in Men with Prostate Cancer: a Qualitative Study. <i>Sports Medicine - Open</i> , 2018, 4, 31.	3.1	4
83	Experiences with Participation in a Supervised Group-Based Outdoor Cycling Programme for People with Mental Illness: A Focus Group Study. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 528.	2.6	3
84	Development and Evaluation of the Breast Cancer Online Rehabilitation (BRECOR) Program for Self-managed Upper-Body Rehabilitation for Women With Breast Cancer. <i>Rehabilitation Oncology</i> , 2019, 37, 104-113.	0.5	3
85	Exercise training complementary to specialised early intervention in patients with first-episode psychosis: a feasibility randomised trial. <i>Pilot and Feasibility Studies</i> , 2021, 7, 162.	1.2	3
86	Patient and Mental Health Care Professionals' Perspectives on Health Promotion in Psychiatric Clinical Practice: A Focus Group Study. <i>Issues in Mental Health Nursing</i> , 2021, 42, 870-879.	1.2	2
87	Community-based Soccer Improves Hip BMD, Mental Health, And Reduces Hospital Admissions In Prostate Cancer Patients. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 900-901.	0.4	2
88	Monitored but not sufficiently guided - A qualitative descriptive interview study of maternity care experiences and needs in women with chronic medical conditions. <i>Midwifery</i> , 2022, 104, 103167.	2.3	2
89	Female partner experiences of prostate cancer patients' engagement with a community-based football intervention: a qualitative study. <i>BMC Public Health</i> , 2021, 21, 1398.	2.9	1
90	Easier in Practice Than in Theory: Experiences of Coaches in Charge of Community-Based Soccer Training for Men with Prostate cancer - A Descriptive Qualitative Study. <i>Sports Medicine - Open</i> , 2022, 8, 28.	3.1	1

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91	Delivering Physical Activity Recommendations in Daily Clinical Cancer Care: An Observational Interview Study in Prostate Cancer Out-Patient Clinics Using an Empirical Ethics of Care Approach. Qualitative Health Research, 2022, 32, 1086-1098.	2.1	1
92	FRI0701-HPRâ€¦EFFICACY OF INTERMITTENT AEROBIC EXERCISE ON SLEEP EFFICIENCY IN PATIENTS WITH RHEUMATOID ARTHRITIS. A RANDOMIZED CONTROLLED TRIAL. , 2019, , .		0
93	Older patientsâ€™ perspectives on participating in multimodal rehabilitation including anabolic steroids following hip fracture: a qualitative study embedded within a pilot RCT. Disability and Rehabilitation, 2022, , 1-9.	1.8	0