

Rebecca M Puhl

List of Publications by Year in descending order

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Version: 2024-02-01

110
papers

13,533
citations

61984

43
h-index

23533

111
g-index

111
all docs

111
docs citations

111
times ranked

7418
citing authors

#	ARTICLE	IF	CITATIONS
1	The Stigma of Obesity: A Review and Update. <i>Obesity</i> , 2009, 17, 941-964.	3.0	2,320
2	Bias, Discrimination, and Obesity. <i>Obesity</i> , 2001, 9, 788-805.	4.0	1,597
3	Confronting and Coping with Weight Stigma: An Investigation of Overweight and Obese Adults. <i>Obesity</i> , 2006, 14, 1802-1815.	3.0	730
4	Perceptions of weight discrimination: prevalence and comparison to race and gender discrimination in America. <i>International Journal of Obesity</i> , 2008, 32, 992-1000.	3.4	684
5	Psychosocial origins of obesity stigma: toward changing a powerful and pervasive bias. <i>Obesity Reviews</i> , 2003, 4, 213-227.	6.5	488
6	Joint international consensus statement for ending stigma of obesity. <i>Nature Medicine</i> , 2020, 26, 485-497.	30.7	468
7	Health Consequences of Weight Stigma: Implications for Obesity Prevention and Treatment. <i>Current Obesity Reports</i> , 2015, 4, 182-190.	8.4	368
8	Stigma Experienced by Children and Adolescents With Obesity. <i>Pediatrics</i> , 2017, 140, .	2.1	361
9	Weight bias internalization and health: a systematic review. <i>Obesity Reviews</i> , 2018, 19, 1141-1163.	6.5	338
10	Measuring internalized weight attitudes across body weight categories: Validation of the Modified Weight Bias Internalization Scale. <i>Body Image</i> , 2014, 11, 89-92.	4.3	291
11	Weight-Based Victimization Toward Overweight Adolescents: Observations and Reactions of Peers. <i>Journal of School Health</i> , 2011, 81, 696-703.	1.6	271
12	Weight stigmatization and bias reduction: perspectives of overweight and obese adults. <i>Health Education Research</i> , 2007, 23, 347-358.	1.9	269
13	Weight-Based Victimization Among Adolescents in the School Setting: Emotional Reactions and Coping Behaviors. <i>Journal of Youth and Adolescence</i> , 2012, 41, 27-40.	3.5	234
14	Ways of coping with obesity stigma: review and conceptual analysis. <i>Eating Behaviors</i> , 2003, 4, 53-78.	2.0	219
15	A multinational examination of weight bias: predictors of anti-fat attitudes across four countries. <i>International Journal of Obesity</i> , 2015, 39, 1166-1173.	3.4	218
16	Weight stigma as a psychosocial contributor to obesity.. <i>American Psychologist</i> , 2020, 75, 274-289.	4.2	210
17	Implicit and explicit weight bias in a national sample of 4,732 medical students: The medical student CHANGES study. <i>Obesity</i> , 2014, 22, 1201-1208.	3.0	201
18	The relationship between weight stigma and eating behavior is explained by weight bias internalization and psychological distress. <i>Appetite</i> , 2016, 102, 70-76.	3.7	196

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19	Weight-Based Victimization: Bullying Experiences of Weight Loss Treatment-Seeking Youth. <i>Pediatrics</i> , 2013, 131, e1-e9.	2.1	188
20	Intersectionality: An Understudied Framework for Addressing Weight Stigma. <i>American Journal of Preventive Medicine</i> , 2017, 53, 421-431.	3.0	177
21	Experiences of weight teasing in adolescence and weight-related outcomes in adulthood: A 15-year longitudinal study. <i>Preventive Medicine</i> , 2017, 100, 173-179.	3.4	176
22	Internalizing Weight Stigma: Prevalence and Sociodemographic Considerations in US Adults. <i>Obesity</i> , 2018, 26, 167-175.	3.0	166
23	Stigma and Eating and Weight Disorders. <i>Current Psychiatry Reports</i> , 2015, 17, 552.	4.5	148
24	Parental Perceptions of Weight Terminology That Providers Use With Youth. <i>Pediatrics</i> , 2011, 128, e786-e793.	2.1	125
25	Differential effects of weight bias experiences and internalization on exercise among women with overweight and obesity. <i>Journal of Health Psychology</i> , 2015, 20, 1626-1632.	2.3	125
26	Weight Stigma in Youth: Prevalence, Consequences, and Considerations for Clinical Practice. <i>Current Obesity Reports</i> , 2020, 9, 402-411.	8.4	119
27	Evidence of Diverse Identities in a Large National Sample of Sexual and Gender Minority Adolescents. <i>Journal of Research on Adolescence</i> , 2020, 30, 431-442.	3.7	117
28	Cross-national perspectives about weight-based bullying in youth: nature, extent and remedies. <i>Pediatric Obesity</i> , 2016, 11, 241-250.	2.8	103
29	If you are good you can have a cookie: How memories of childhood food rules link to adult eating behaviors. <i>Eating Behaviors</i> , 2003, 4, 283-293.	2.0	97
30	Clinical Correlates of the Weight Bias Internalization Scale in a Sample of Obese Adolescents Seeking Bariatric Surgery. <i>Obesity</i> , 2012, 20, 533-539.	3.0	93
31	The distinct effects of internalizing weight bias: An experimental study. <i>Body Image</i> , 2016, 17, 38-42.	4.3	92
32	Weight bias among UK trainee dietitians, doctors, nurses and nutritionists. <i>Journal of Human Nutrition and Dietetics</i> , 2013, 26, 395-402.	2.5	91
33	What words should we use to talk about weight? A systematic review of quantitative and qualitative studies examining preferences for weight-related terminology. <i>Obesity Reviews</i> , 2020, 21, e13008.	6.5	85
34	Weight Stigma as a Predictor of Distress and Maladaptive Eating Behaviors During COVID-19: Longitudinal Findings From the EAT Study. <i>Annals of Behavioral Medicine</i> , 2020, 54, 738-746.	2.9	75
35	Potential Policies and Laws to Prohibit Weight Discrimination: Public Views from 4 Countries. <i>Milbank Quarterly</i> , 2015, 93, 691-731.	4.4	72
36	Overcoming Weight Bias in the Management of Patients With Diabetes and Obesity. <i>Clinical Diabetes</i> , 2016, 34, 44-50.	2.2	69

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37	The Role of Stigma in Weight Loss Maintenance Among U.S. Adults. <i>Annals of Behavioral Medicine</i> , 2017, 51, 754-763.	2.9	67
38	The roles of experienced and internalized weight stigma in healthcare experiences: Perspectives of adults engaged in weight management across six countries. <i>PLoS ONE</i> , 2021, 16, e0251566.	2.5	61
39	Weight-based victimization among sexual and gender minority adolescents: Findings from a diverse national sample. <i>Pediatric Obesity</i> , 2019, 14, e12514.	2.8	55
40	Weight Stigma in Men: What, When, and by Whom?. <i>Obesity</i> , 2018, 26, 968-976.	3.0	51
41	Weight stigma and health: The mediating role of coping responses.. <i>Health Psychology</i> , 2018, 37, 139-147.	1.6	51
42	Setting policy priorities to address eating disorders and weight stigma: views from the field of eating disorders and the US general public. <i>BMC Public Health</i> , 2014, 14, 524.	2.9	49
43	Adolescent academic worries amid COVID-19 and perspectives on pandemic-related changes in teacher and peer relations.. <i>School Psychology</i> , 2021, 36, 285-292.	2.4	49
44	Weight-based victimization, eating behaviors, and weight-related health in Sexual and Gender Minority Adolescents. <i>Appetite</i> , 2019, 141, 104321.	3.7	48
45	Framing messages about weight discrimination: impact on public support for legislation. <i>International Journal of Obesity</i> , 2011, 35, 863-872.	3.4	47
46	Strategies to Address Weight-Based Victimization: Youths' Preferred Support Interventions from Classmates, Teachers, and Parents. <i>Journal of Youth and Adolescence</i> , 2013, 42, 315-327.	3.5	45
47	Public Opinion About Laws to Prohibit Weight Discrimination in the United States. <i>Obesity</i> , 2011, 19, 74-82.	3.0	44
48	An Experimental Assessment of Physical Educators' Expectations and Attitudes: The Importance of Student Weight and Gender. <i>Journal of School Health</i> , 2012, 82, 432-440.	1.6	43
49	Weight Bias Internalization Among Adolescents Seeking Weight Loss: Implications for Eating Behaviors and Parental Communication. <i>Frontiers in Psychology</i> , 2018, 9, 2271.	2.1	43
50	Talking about obesity with clients: Preferred terms and communication styles of UK pre-registration dietitians, doctors, and nurses. <i>Patient Education and Counseling</i> , 2013, 91, 186-191.	2.2	41
51	New developments in the law for obesity discrimination protection. <i>Obesity</i> , 2013, 21, 469-471.	3.0	40
52	Weight Stigma and Weight-Related Health: Associations of Self-Report Measures Among Adults in Weight Management. <i>Annals of Behavioral Medicine</i> , 2020, 54, 904-914.	2.9	40
53	Weight bias internalization in a commercial weight management sample: prevalence and correlates. <i>Obesity Science and Practice</i> , 2019, 5, 342-353.	1.9	39
54	The Stigmatizing Effect of Visual Media Portrayals of Obese Persons on Public Attitudes: Does Race or Gender Matter?. <i>Journal of Health Communication</i> , 2013, 18, 805-826.	2.4	37

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55	Weight-based victimization from friends and family: implications for how adolescents cope with weight stigma. <i>Pediatric Obesity</i> , 2019, 14, e12453.	2.8	37
56	At multiple fronts: Diabetes stigma and weight stigma in adults with type 2 diabetes. <i>Diabetic Medicine</i> , 2021, 38, e14387.	2.3	36
57	Adolescent preferences and reactions to language about body weight. <i>International Journal of Obesity</i> , 2017, 41, 1062-1065.	3.4	34
58	Adolescent preferences for weight terminology used by health care providers. <i>Pediatric Obesity</i> , 2018, 13, 533-540.	2.8	34
59	International comparisons of weight stigma: addressing a void in the field. <i>International Journal of Obesity</i> , 2021, 45, 1976-1985.	3.4	34
60	Missing the target: including perspectives of women with overweight and obesity to inform stigma-reduction strategies. <i>Obesity Science and Practice</i> , 2017, 3, 25-35.	1.9	33
61	Prevalence and correlates of weight bias internalization in weight management: A multinational study. <i>SSM - Population Health</i> , 2021, 13, 100755.	2.7	33
62	Support for laws to prohibit weight discrimination in the united states: Public attitudes from 2011 to 2013. <i>Obesity</i> , 2014, 22, 1872-1879.	3.0	32
63	Overlooked and Understudied: Health Consequences of Weight Stigma in Men. <i>Obesity</i> , 2019, 27, 1598-1605.	3.0	32
64	Weight stigma and diabetes stigma in U.S. adults with type 2 diabetes: Associations with diabetes self-care behaviors and perceptions of health care. <i>Diabetes Research and Clinical Practice</i> , 2020, 168, 108387.	2.8	31
65	Parental Concerns about Weight-Based Victimization in Youth. <i>Childhood Obesity</i> , 2013, 9, 540-548.	1.5	30
66	A national survey of public views about the classification of obesity as a disease. <i>Obesity</i> , 2015, 23, 1288-1295.	3.0	30
67	Family weight teasing, ethnicity and acculturation: Associations with well-being among Latinx, Hmong, and Somali Adolescents. <i>Journal of Psychosomatic Research</i> , 2019, 122, 88-93.	2.6	30
68	Bias-Based Bullying and School Adjustment among Sexual and Gender Minority Adolescents: The Role of Gay-Straight Alliances. <i>Journal of Youth and Adolescence</i> , 2020, 49, 1094-1109.	3.5	30
69	Policy Actions to Address Weight-Based Bullying and Eating Disorders in Schools: Views of Teachers and School Administrators. <i>Journal of School Health</i> , 2016, 86, 507-515.	1.6	28
70	Legislating for weight-based equality: national trends in public support for laws to prohibit weight discrimination. <i>International Journal of Obesity</i> , 2016, 40, 1320-1324.	3.4	26
71	Weight-based victimization among sexual and gender minority adolescents: Implications for substance use and mental health.. <i>Health Psychology</i> , 2019, 38, 727-737.	1.6	26
72	Impact of perceived weight stigma among underserved women on doctor-patient relationships. <i>Obesity Science and Practice</i> , 2016, 2, 128-135.	1.9	25

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73	A Word to the Wise: Adolescent Reactions to Parental Communication about Weight. <i>Childhood Obesity</i> , 2018, 14, 291-301.	1.5	25
74	Weight Stigma Among Sexual Minority Adults: Findings from a Matched Sample of Adults Engaged in Weight Management. <i>Obesity</i> , 2019, 27, 1906-1915.	3.0	25
75	Adolescents' Exposure to and Experiences of Weight Stigma During the COVID-19 Pandemic. <i>Journal of Pediatric Psychology</i> , 2021, 46, 950-959.	2.1	25
76	The Relationship between Weight Stigma, Physical Appearance Concerns, and Enjoyment and Tendency to Avoid Physical Activity and Sport. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9957.	2.6	24
77	The role of weight stigma in parental weight talk. <i>Pediatric Obesity</i> , 2019, 14, e12534.	2.8	23
78	Substance Use Among a National Sample of Sexual and Gender Minority Adolescents: Intersections of Sex Assigned at Birth and Gender Identity. <i>LGBT Health</i> , 2020, 7, 37-46.	3.4	22
79	Distressed or not distressed? A mixed methods examination of reactions to weight stigma and implications for emotional wellbeing and internalized weight bias. <i>Social Science and Medicine</i> , 2020, 249, 112854.	3.8	22
80	"If It Ever Really Hurts, I Try Not to Let Them Know": The Use of Concealment as a Coping Strategy Among Adolescents With Chronic Pain. <i>Frontiers in Psychology</i> , 2021, 12, 666275.	2.1	21
81	Caring for US Children: Barriers to Effective Treatment in Children with the Disease of Obesity. <i>Obesity</i> , 2021, 29, 46-55.	3.0	20
82	The role of weight bias and role-modeling in medical students' patient-centered communication with higher weight standardized patients. <i>Patient Education and Counseling</i> , 2021, 104, 1962-1969.	2.2	20
83	Improving anti-bullying laws and policies to protect youth from weight-based victimization: parental support for action. <i>Pediatric Obesity</i> , 2017, 12, e14-e19.	2.8	18
84	The Effect of a Food Addiction Explanation Model for Weight Control and Obesity on Weight Stigma. <i>Nutrients</i> , 2020, 12, 294.	4.1	18
85	Eating behaviors, victimization, and desire for supportive intervention among adolescents in weight-loss camps. <i>Eating Behaviors</i> , 2013, 14, 484-487.	2.0	15
86	Public Support for Weight-Related Antidiscrimination Laws and Policies. <i>Obesity Facts</i> , 2017, 10, 101-111.	3.4	15
87	Experiences of weight stigma and links with self-compassion among a population-based sample of young adults from diverse ethnic/racial and socio-economic backgrounds. <i>Journal of Psychosomatic Research</i> , 2020, 134, 110134.	2.6	15
88	Parental support for policy measures and school-based efforts to address weight-based victimization of overweight youth. <i>International Journal of Obesity</i> , 2014, 38, 531-538.	3.4	14
89	Family Weight Teasing, LGBTQ Attitudes, and Well-being Among LGBTQ Adolescents. <i>Family and Community Health</i> , 2020, 43, 17-25.	1.1	14
90	Parental Contributors to the Prevalence and Long-term Health Risks of Family Weight Teasing in Adolescence. <i>Journal of Adolescent Health</i> , 2021, 69, 74-81.	2.5	14

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91	Shame and Self-compassion as Risk and Protective Mechanisms of the Internalized Weight Bias and Emotional Eating Link in Individuals Seeking Bariatric Surgery. <i>Obesity Surgery</i> , 2021, 31, 3177-3187.	2.1	14
92	Weight stigma, policy initiatives, and harnessing social media to elevate activism. <i>Body Image</i> , 2022, 40, 131-137.	4.3	14
93	Parental Support for Policy Actions To Reduce Weight Stigma Toward Youth in Schools and Children's Television Programs: Trends From 2011 to 2013. <i>Childhood Obesity</i> , 2014, 10, 533-541.	1.5	13
94	A Comprehensive Examination of the Nature, Frequency, and Context of Parental Weight Communication: Perspectives of Parents and Adolescents. <i>Nutrients</i> , 2022, 14, 1562.	4.1	13
95	“The most hurtful thing I've ever experienced” A qualitative examination of the nature of experiences of weight stigma by family members. <i>SSM Qualitative Research in Health</i> , 2022, 2, 100073.	1.5	13
96	Eating and Exercise-Related Correlates of Weight Stigma: A Multinational Investigation. <i>Obesity</i> , 2021, 29, 966-970.	3.0	12
97	Examining the relationship between weight controllability beliefs and eating behaviors: The role of internalized weight stigma and BMI. <i>Appetite</i> , 2021, 164, 105257.	3.7	12
98	Weight Stigma and Diabetes Stigma: Implications for Weight-Related Health Behaviors in Adults With Type 2 Diabetes. <i>Clinical Diabetes</i> , 2022, 40, 51-61.	2.2	11
99	Sexual and gender minority (<sc>SGM</sc>) adolescents' disordered eating: Exploring general and <sc>SGM</sc>-specific factors. <i>International Journal of Eating Disorders</i> , 2022, 55, 933-946.	4.0	10
100	Reducing Educators' Weight Bias: The Role of <sc>School</sc>-Based Anti-Bullying Policies. <i>Journal of School Health</i> , 2021, 91, 796-801.	1.6	9
101	Policies to address weight discrimination and bullying: Perspectives of adults engaged in weight management from six nations. <i>Obesity</i> , 2021, 29, 1787-1798.	3.0	9
102	Experienced weight stigma, internalized weight bias, and clinical attrition in a medical weight loss patient sample. <i>International Journal of Obesity</i> , 2022, 46, 1241-1243.	3.4	9
103	Coping with Weight Stigma Among Adults in a Commercial Weight Management Sample. <i>International Journal of Behavioral Medicine</i> , 2020, 27, 576-590.	1.7	7
104	Use of person-centred language among scientific research focused on childhood obesity. <i>Pediatric Obesity</i> , 2022, 17, e12879.	2.8	7
105	Weight-based victimization and school performance in adolescence: Can teachers help reduce academic risks?. <i>School Psychology</i> , 2021, 36, 69-74.	2.4	6
106	How is weight teasing cross-sectionally and longitudinally associated with health behaviors and weight status among ethnically/racially and socioeconomically diverse young people?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, .	4.6	5
107	Combating Weight-Based Bullying in Schools: Is There Public Support for the Use of Litigation?. <i>Journal of School Health</i> , 2015, 85, 372-381.	1.6	4
108	Weight enumeration in United States anti-bullying laws: associations with rates and risks of weight-based bullying among sexual and gender minority adolescents. <i>Journal of Public Health Policy</i> , 2022, 43, 27-39.	2.0	4

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109	<scp>Weightâ€based</scp> cybervictimization: Implications for adolescent health. <i>Pediatric Obesity</i> , 2022, 17, e12888.	2.8	3
110	Weight stigma and posttraumatic stress disorder symptoms in individuals seeking bariatric surgery. <i>Surgery for Obesity and Related Diseases</i> , 2022, 18, 1066-1073.	1.2	3