

Suzanne Phelan

List of Publications by Year in descending order

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Version: 2024-02-01

121
papers

8,884
citations

44069

48
h-index

42399

92
g-index

125
all docs

125
docs citations

125
times ranked

8807
citing authors

#	ARTICLE	IF	CITATIONS
1	COVID-19 pandemic and stay-at-home mandates promote weight gain in US adults. <i>Obesity</i> , 2022, 30, 240-248.	3.0	45
2	Associations between mothers' use of food to soothe, feeding mode, and infant weight during early infancy. <i>Appetite</i> , 2022, 168, 105736.	3.7	6
3	In their own words: Topic analysis of the motivations and strategies of over 6,000 long-term weight-loss maintainers. <i>Obesity</i> , 2022, 30, 751-761.	3.0	7
4	Factors associated with food choice among long-term weight loss maintainers. <i>Journal of Human Nutrition and Dietetics</i> , 2022, 35, 924-933.	2.5	3
5	Attenuated early pregnancy weight gain by prenatal lifestyle interventions does not prevent gestational diabetes in the LIFE-Moms consortium. <i>Diabetes Research and Clinical Practice</i> , 2021, 171, 108549.	2.8	5
6	Development and feasibility of randomized trial to reduce urinary bisphenols in women with obesity. <i>Pilot and Feasibility Studies</i> , 2021, 7, 24.	1.2	5
7	The moderating role of the built environment in prenatal lifestyle interventions. <i>International Journal of Obesity</i> , 2021, 45, 1357-1361.	3.4	2
8	Effect of prenatal lifestyle intervention on maternal postpartum weight retention and child body mass index z-score at 36 months. <i>International Journal of Obesity</i> , 2021, 45, 1133-1142.	3.4	7
9	Protocol for a randomized controlled trial of pre-pregnancy lifestyle intervention to reduce recurrence of gestational diabetes: Gestational Diabetes Prevention/Prevención de la Diabetes Gestacional. <i>Trials</i> , 2021, 22, 256.	1.6	18
10	Charity-based incentives motivate young adult cancer survivors to increase physical activity: a pilot randomized clinical trial. <i>Journal of Behavioral Medicine</i> , 2021, 44, 682-693.	2.1	8
11	Predictors of long-term weight loss trajectories during a behavioral weight loss intervention: An exploratory analysis. <i>Obesity Science and Practice</i> , 2021, 7, 569-582.	1.9	9
12	Physical Activity, Diet, and Incident Urinary Incontinence in Postmenopausal Women: Women's Health Initiative Observational Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, 1600-1607.	3.6	4
13	Sitting Time, Type, and Context Among Long-Term Weight-Loss Maintainers. <i>Obesity</i> , 2021, 29, 1067-1073.	3.0	9
14	Feasibility of a virtual reality-based approach to improve behavioral weight management outcomes. <i>Pilot and Feasibility Studies</i> , 2021, 7, 129.	1.2	6
15	Maternal Diet During Pregnancy and Lactation and Child Food Preferences, Dietary Patterns, and Weight Outcomes: a Review of Recent Research. <i>Current Nutrition Reports</i> , 2021, 10, 413-426.	4.3	6
16	Metabolites involved in purine degradation, insulin resistance, and fatty acid oxidation are associated with prediction of Gestational diabetes in plasma. <i>Metabolomics</i> , 2021, 17, 105.	3.0	14
17	Motivational profiles and change in physical activity during a weight loss intervention: a secondary data analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 158.	4.6	5
18	One-year postpartum anthropometric outcomes in mothers and children in the LIFE-Moms lifestyle intervention clinical trials. <i>International Journal of Obesity</i> , 2020, 44, 57-68.	3.4	25

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19	Impact of an Internet-Based Lifestyle Intervention on Behavioral and Psychosocial Factors During Postpartum Weight Loss. <i>Obesity</i> , 2020, 28, 1860-1867.	3.0	11
20	Behavioral and Psychological Strategies of Long-Term Weight Loss Maintainers in a Widely Available Weight Management Program. <i>Obesity</i> , 2020, 28, 421-428.	3.0	29
21	Rationale and design of a randomized controlled trial examining oral administration of bisphenol A on hepatic glucose production and skeletal muscle insulin sensitivity in adults. <i>Contemporary Clinical Trials Communications</i> , 2020, 17, 100549.	1.1	2
22	Impact of Combined Hormonal Contraceptive Use on Weight Loss: A Secondary Analysis of a Behavioral Weight Loss Trial. <i>Obesity</i> , 2020, 28, 1040-1049.	3.0	6
23	The Impact of Timing of Exercise Initiation on Weight Loss: An 18-Month Randomized Clinical Trial. <i>Obesity</i> , 2019, 27, 1828-1838.	3.0	10
24	Gestational weight gain outside the Institute of Medicine recommendations and adverse pregnancy outcomes: analysis using individual participant data from randomised trials. <i>BMC Pregnancy and Childbirth</i> , 2019, 19, 322.	2.4	87
25	Prenatal Intervention with Partial Meal Replacement Improves Micronutrient Intake of Pregnant Women with Obesity. <i>Nutrients</i> , 2019, 11, 1071.	4.1	4
26	Do Women Know Their Prepregnancy Weight?. <i>Obesity</i> , 2019, 27, 1161-1167.	3.0	15
27	Pilot Study on the Effect of Orally Administered Bisphenol A on Glucose and Insulin Response in Nonobese Adults. <i>Journal of the Endocrine Society</i> , 2019, 3, 643-654.	0.2	11
28	Ripple Effect of Lifestyle Interventions During Pregnancy on Untreated Partners' Weight. <i>Obesity</i> , 2019, 27, 733-739.	3.0	2
29	Impact of maternal education on response to lifestyle interventions to reduce gestational weight gain: individual participant data meta-analysis. <i>BMJ Open</i> , 2019, 9, e025620.	1.9	9
30	Engagement and Weight Loss in a Web and Mobile Program for Low-Income Postpartum Women: Fit Moms/Mamás Activas. <i>Health Education and Behavior</i> , 2019, 46, 114S-123S.	2.5	8
31	Diet Quality and Micronutrient Intake among Long-Term Weight Loss Maintainers. <i>Nutrients</i> , 2019, 11, 3046.	4.1	17
32	Does Partial Meal Replacement During Pregnancy Reduce 12-Month Postpartum Weight Retention?. <i>Obesity</i> , 2019, 27, 226-236.	3.0	14
33	Ripple effect on infant zBMI trajectory of an internet-based weight loss program for low-income postpartum women. <i>Pediatric Obesity</i> , 2019, 14, e12456.	2.8	11
34	Randomized controlled clinical trial of behavioral lifestyle intervention with partial meal replacement to reduce excessive gestational weight gain. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 183-194.	4.7	41
35	Can an Internet Program Help Mothers Lose Weight After Pregnancy?. <i>Frontiers for Young Minds</i> , 2018, 6, .	0.8	0
36	Lifestyle Interventions Limit Gestational Weight Gain in Women with Overweight or Obesity: LIFE Moms Prospective Meta-Analysis. <i>Obesity</i> , 2018, 26, 1396-1404.	3.0	110

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37	Targeting the postpartum period to promote weight loss: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2018, 76, 639-654.	5.8	37
38	Where Do Women Get Advice About Weight, Eating, and Physical Activity During Pregnancy?. <i>Journal of Women's Health</i> , 2017, 26, 951-956.	3.3	19
39	Effect of an Internet-Based Program on Weight Loss for Low-Income Postpartum Women. <i>JAMA - Journal of the American Medical Association</i> , 2017, 317, 2381.	7.4	102
40	Acculturation Influences Postpartum Eating, Activity, and Weight Retention in Low-Income Hispanic Women. <i>Journal of Women's Health</i> , 2017, 26, 1333-1339.	3.3	21
41	Randomized Intervention Trial to Decrease Bisphenol A Urine Concentrations in Women: Pilot Study. <i>Journal of Women's Health</i> , 2017, 26, 128-132.	3.3	20
42	Effects of antenatal diet and physical activity on maternal and fetal outcomes: individual patient data meta-analysis and health economic evaluation. <i>Health Technology Assessment</i> , 2017, 21, 1-158.	2.8	214
43	Development of composite outcomes for individual patient data (IPD) meta-analysis on the effects of diet and lifestyle in pregnancy: a Delphi survey. <i>BJOG: an International Journal of Obstetrics and Gynaecology</i> , 2016, 123, 190-198.	2.3	31
44	Design of lifestyle intervention trials to prevent excessive gestational weight gain in women with overweight or obesity. <i>Obesity</i> , 2016, 24, 305-313.	3.0	53
45	It is time to take preconception health seriously. <i>Obesity</i> , 2016, 24, 279-279.	3.0	3
46	Outdoor adventure therapy to increase physical activity in young adult cancer survivors. <i>Journal of Psychosocial Oncology</i> , 2016, 34, 184-199.	1.2	28
47	Dietary interventions in overweight and obese pregnant women: a systematic review of the content, delivery, and outcomes of randomized controlled trials. <i>Nutrition Reviews</i> , 2016, 74, 312-328.	5.8	98
48	Windows of Opportunity for Lifestyle Interventions to Prevent Gestational Diabetes Mellitus. <i>American Journal of Perinatology</i> , 2016, 33, 1291-1299.	1.4	22
49	Effects of maternal lifestyle intervention during pregnancy on untreated partner weight: Results from fit for delivery study. <i>Obesity</i> , 2016, 24, 23-25.	3.0	10
50	Long-term prevalence and predictors of urinary incontinence among women in the Diabetes Prevention Program Outcomes Study. <i>International Journal of Urology</i> , 2015, 22, 206-212.	1.0	20
51	"Fit Moms/Mamas Activas"™ internet-based weight control program with group support to reduce postpartum weight retention in low-income women: study protocol for a randomized controlled trial. <i>Trials</i> , 2015, 16, 59.	1.6	25
52	Prospective Changes in Energy Intake, Physical Activity, and Resting Energy Expenditure during Pregnancy. <i>California Journal of Health Promotion</i> , 2015, 13, 66-71.	0.3	3
53	Study protocol: differential effects of diet and physical activity based interventions in pregnancy on maternal and fetal outcomes—individual patient data (IPD) meta-analysis and health economic evaluation. <i>Systematic Reviews</i> , 2014, 3, 131.	5.3	27
54	Does behavioral intervention in pregnancy reduce postpartum weight retention? Twelve-month outcomes of the Fit for Delivery randomized trial. <i>American Journal of Clinical Nutrition</i> , 2014, 99, 302-311.	4.7	86

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55	Weight-Loss Maintenance for 10 Years in the National Weight Control Registry. <i>American Journal of Preventive Medicine</i> , 2014, 46, 17-23.	3.0	308
56	Intensive Lifestyle Intervention Reduces Urinary Incontinence in Overweight/Obese Men with Type 2 Diabetes: Results from the Look AHEAD Trial. <i>Journal of Urology</i> , 2014, 192, 144-149.	0.4	45
57	Dietary Habits and Weight Maintenance Success in High Versus Low Exercisers in the National Weight Control Registry. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1540-1548.	2.0	52
58	Prediction of pre-pregnancy weight from first trimester visit (1031.2). <i>FASEB Journal</i> , 2014, 28, 1031.2.	0.5	0
59	Lifestyle Interventions to Reduce Obesity and Diabetes. <i>American Journal of Lifestyle Medicine</i> , 2013, 7, 84-98.	1.9	16
60	Promoting Weight Loss Before Pregnancy. <i>Californian Journal of Health Promotion</i> , 2013, 11, 86-92.	0.3	2
61	Aerobic exercise reduces neuronal responses in food reward brain regions. <i>Journal of Applied Physiology</i> , 2012, 112, 1612-1619.	2.5	98
62	Early Determinants of Obesity: Genetic, Epigenetic, and In Utero Influences. <i>International Journal of Pediatrics (United Kingdom)</i> , 2012, 2012, 1-9.	0.8	50
63	Weight Loss Prevents Urinary Incontinence in Women With Type 2 Diabetes: Results From the Look AHEAD Trial. <i>Journal of Urology</i> , 2012, 187, 939-944.	0.4	94
64	The Relationship between Physical Activity Variety and Objectively Measured Moderate-to-Vigorous Physical Activity Levels in Weight Loss Maintainers and Normal-Weight Individuals. <i>Journal of Obesity</i> , 2012, 2012, 1-6.	2.7	23
65	Physical Activity Patterns Using Accelerometry in the National Weight Control Registry. <i>Obesity</i> , 2011, 19, 1163-1170.	3.0	84
66	Dietary energy density and successful weight loss maintenance. <i>Eating Behaviors</i> , 2011, 12, 119-125.	2.0	50
67	Randomized Trial of a Behavioral Intervention to Prevent Excessive Gestational Weight Gain: The Fit for Delivery Study. <i>Obstetrical and Gynecological Survey</i> , 2011, 66, 471-472.	0.4	1
68	Home Food and Exercise Environments of Normal-weight and Overweight Adults. <i>American Journal of Health Behavior</i> , 2011, 35, 618-26.	1.4	37
69	Cognitive Interference From Food Cues in Weight Loss Maintainers, Normal Weight, and Obese Individuals. <i>Obesity</i> , 2011, 19, 69-73.	3.0	52
70	Eating Frequency Is Higher in Weight Loss Maintainers and Normal-Weight Individuals than in Overweight Individuals. <i>Journal of the American Dietetic Association</i> , 2011, 111, 1730-1734.	1.1	40
71	Reducing Excessive Gestational Weight Gain: Lessons from the Weight Control Literature and Avenues for Future Research. <i>Women's Health</i> , 2011, 7, 641-661.	1.5	50
72	Practitioner Advice and Gestational Weight Gain. <i>Journal of Women's Health</i> , 2011, 20, 585-591.	3.3	89

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73	Maternal Behaviors during Pregnancy Impact Offspring Obesity Risk. <i>Experimental Diabetes Research</i> , 2011, 2011, 1-9.	3.8	47
74	Randomized trial of a behavioral intervention to prevent excessive gestational weight gain: the Fit for Delivery Study. <i>American Journal of Clinical Nutrition</i> , 2011, 93, 772-779.	4.7	312
75	"Exercise dependence"--a problem or natural result of high activity?. <i>American Journal of Health Behavior</i> , 2011, 35, 726-33.	1.4	2
76	Pregnancy: a "teachable moment" for weight control and obesity prevention. <i>American Journal of Obstetrics and Gynecology</i> , 2010, 202, 135.e1-135.e8.	1.3	465
77	Prevalence and Predictors of Weight-Loss Maintenance in a Biracial Cohort. <i>American Journal of Preventive Medicine</i> , 2010, 39, 546-554.	3.0	51
78	Constructing common cohorts from trials with overlapping eligibility criteria: implications for comparing effect sizes between trials. <i>Clinical Trials</i> , 2009, 6, 416-429.	1.6	5
79	Prevalence and Risk Factors for Urinary Incontinence in Overweight and Obese Diabetic Women: Action for Health in Diabetes (Look AHEAD) study. <i>Diabetes Care</i> , 2009, 32, 1391-1397.	8.6	59
80	What Do Physicians Recommend To Their Overweight and Obese Patients?. <i>Journal of the American Board of Family Medicine</i> , 2009, 22, 115-122.	1.5	46
81	Differential functional magnetic resonance imaging response to food pictures in successful weight-loss maintainers relative to normal-weight and obese controls. <i>American Journal of Clinical Nutrition</i> , 2009, 90, 928-934.	4.7	134
82	What Distinguishes Weight-Loss Maintainers from the Treatment-Seeking Obese? Analysis of Environmental, Behavioral, and Psychosocial Variables in Diverse Populations. <i>Annals of Behavioral Medicine</i> , 2009, 38, 94-104.	2.9	62
83	Weight-loss maintenance in successful weight losers: surgical vs non-surgical methods. <i>International Journal of Obesity</i> , 2009, 33, 173-180.	3.4	128
84	Use of artificial sweeteners and fat-modified foods in weight loss maintainers and always-normal weight individuals. <i>International Journal of Obesity</i> , 2009, 33, 1183-1190.	3.4	54
85	Becoming Physically Active After Bariatric Surgery is Associated With Improved Weight Loss and Health-related Quality of Life. <i>Obesity</i> , 2009, 17, 78-83.	3.0	160
86	A randomized trial examining differential meal replacement adherence in a weight loss maintenance program after one-year follow-up. <i>Eating Behaviors</i> , 2009, 10, 176-183.	2.0	31
87	Clinical Research in Diabetes and Urinary Incontinence: What We Know and Need to Know. <i>Journal of Urology</i> , 2009, 182, S14-7.	0.4	23
88	Physical Activity Patterns in the National Weight Control Registry. <i>Obesity</i> , 2008, 16, 153-161.	3.0	158
89	Metabolic Syndrome and Health-related Quality of Life in Obese Individuals Seeking Weight Reduction. <i>Obesity</i> , 2008, 16, 59-63.	3.0	46
90	Maintaining large weight losses: The role of behavioral and psychological factors.. <i>Journal of Consulting and Clinical Psychology</i> , 2008, 76, 1015-1021.	2.0	145

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91	Holiday weight management by successful weight losers and normal weight individuals.. Journal of Consulting and Clinical Psychology, 2008, 76, 442-448.	2.0	43
92	Empirical Evaluation of Physical Activity Recommendations for Weight Control in Women. Medicine and Science in Sports and Exercise, 2007, 39, 1832-1836.	0.4	33
93	Impact of weight loss on the metabolic syndrome. International Journal of Obesity, 2007, 31, 1442-1448.	3.4	74
94	Three-Year Weight Change in Successful Weight Losers Who Lost Weight on a Low-Carbohydrate Diet**. Obesity, 2007, 15, 2470-2477.	3.0	38
95	Internal Disinhibition Predicts Weight Regain Following Weight Loss and Weight Loss Maintenance. Obesity, 2007, 15, 2485-2494.	3.0	94
96	Consistent Self-monitoring of Weight: A Key Component of Successful Weight Loss Maintenance. Obesity, 2007, 15, 3091-3096.	3.0	402
97	Lessons Learned From the National Weight Control Registry. , 2007, , 395-403.		2
98	Obesity Prevention During Adulthood. , 2007, , 489-514.		0
99	Television Viewing and Long-term Weight Maintenance: Results from the National Weight Control Registry. Obesity, 2006, 14, 1816-1824.	3.0	102
100	Are the Eating and Exercise Habits of Successful Weight Losers Changing?. Obesity, 2006, 14, 710-716.	3.0	101
101	Long-term weight loss maintenance. American Journal of Clinical Nutrition, 2005, 82, 222S-225S.	4.7	1,439
102	Involving Support Partners in Obesity Treatment.. Journal of Consulting and Clinical Psychology, 2005, 73, 341-343.	2.0	98
103	Amount of Food Group Variety Consumed in the Diet and Long-term Weight Loss Maintenance. Obesity, 2005, 13, 883-890.	4.0	96
104	The National Weight Control Registry: Is it Useful in Helping Deal with Our Obesity Epidemic?. Journal of Nutrition Education and Behavior, 2005, 37, 206-210.	0.7	73
105	Prevalence of Successful Weight Loss. Archives of Internal Medicine, 2005, 165, 2430.	3.8	26
106	Randomized Trial of Lifestyle Modification and Pharmacotherapy for Obesity. New England Journal of Medicine, 2005, 353, 2111-2120.	27.0	746
107	Lessons from Patients Who Have Successfully Maintained Weight Loss. Obesity Management, 2005, 1, 56-61.	0.2	12
108	Long-term weight loss maintenance. American Journal of Clinical Nutrition, 2005, 82, 222S-225S.	4.7	68

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109	Obesity in women. <i>Medicine and Health, Rhode Island</i> , 2005, 88, 350-1, 354-5.	0.1	0
110	Promoting long-term weight control: does dieting consistency matter?. <i>International Journal of Obesity</i> , 2004, 28, 278-281.	3.4	87
111	Promoting More Modest Weight Losses: A Pilot Study. <i>Obesity</i> , 2004, 12, 1271-1277.	4.0	56
112	Medical triggers are associated with better short- and long-term weight loss outcomes. <i>Preventive Medicine</i> , 2004, 39, 612-616.	3.4	89
113	Dieting and the development of eating disorders in obese women: results of a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2004, 80, 560-568.	4.7	155
114	Recovery from relapse among successful weight maintainers. <i>American Journal of Clinical Nutrition</i> , 2003, 78, 1079-1084.	4.7	94
115	The role of adherence in mediating the relationship between depression and health outcomes. <i>Journal of Psychosomatic Research</i> , 2002, 53, 877-881.	2.6	119
116	Assessment of Quality of Life in Obese Individuals. <i>Obesity</i> , 2002, 10, 50S-57S.	4.0	74
117	Combining Behavioral and Pharmacological Treatments for Obesity. <i>Obesity</i> , 2002, 10, 560-574.	4.0	56
118	Weight-loss maintenance in overweight individuals one to five years following successful completion of a commercial weight loss program. <i>International Journal of Obesity</i> , 2001, 25, 325-331.	3.4	84
119	Obese Patients' Perceptions of Treatment Outcomes and the Factors That Influence Them. <i>Archives of Internal Medicine</i> , 2001, 161, 2133.	3.8	161
120	An Initial Evaluation of a Commercial Weight Loss Program: Short-term Effects on Weight, Eating Behavior, and Mood. <i>Obesity</i> , 1999, 7, 51-59.	4.0	41
121	Depression and adherence to medical advice. , 0, , 369-394.		2