

# David Sholtes

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8249107/publications.pdf>

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3  
papers

115  
citations

2258059

3  
h-index

2550090

3  
g-index

3  
all docs

3  
docs citations

3  
times ranked

140  
citing authors

#	ARTICLE	IF	CITATIONS
1	Optimising sleep and performance during night float: A systematic review of evidence and implications for graduate medical education trainees. <i>Journal of Sleep Research</i> , 2021, 30, e13212.	3.2	5
2	Increased high-frequency NREM EEG power associated with mindfulness-based interventions for chronic insomnia: Preliminary findings from spectral analysis. <i>Journal of Psychosomatic Research</i> , 2019, 120, 12-19.	2.6	24
3	A mindfulness-based approach to the treatment of insomnia. <i>Journal of Clinical Psychology</i> , 2010, 66, 1175-1184.	1.9	86