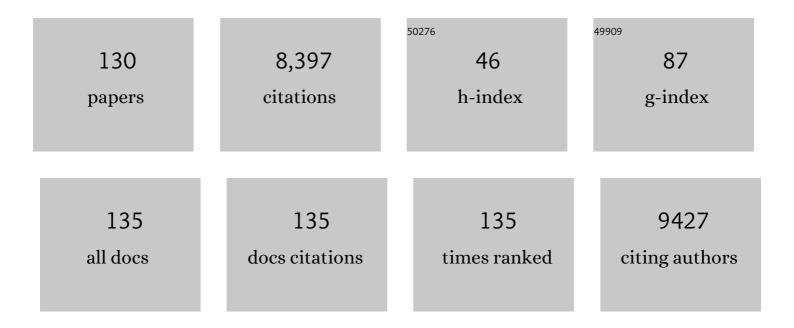
Alice M Gregory

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Associations between tactile intimacy and sleep quality in healthy adults: A systematic review. Journal of Sleep Research, 2022, 31, e13504.	3.2	5
2	Sleep disturbances in ADHD: investigating the contribution of polygenic liability for ADHD and sleep-related phenotypes. European Child and Adolescent Psychiatry, 2022, , 1.	4.7	4
3	Trialling a microbiome-targeted dietary intervention in children with ADHD—the rationale and a non-randomised feasibility study. Pilot and Feasibility Studies, 2022, 8, .	1.2	1
4	Association between symptoms of sleep apnea and problem behaviors in young adult twins and siblings. Psychological Medicine, 2021, 51, 1175-1182.	4.5	3
5	Sleep Quality Among Teenagers and Young Adults With Cancer. Cancer Nursing, 2021, 44, 13-19.	1.5	9
6	What Do People Know About the Heritability of Sleep?. Behavior Genetics, 2021, 51, 144-153.	2.1	7
7	The association between bullyingâ€victimisation and sleep disturbances in adolescence: Evidence from a twin study. Journal of Sleep Research, 2021, 30, e13321.	3.2	3
8	The heritability of insomnia: Systematic review and meta-analysis of twin studies. Sleep Medicine Reviews, 2021, 58, 101437.	8.5	18
9	Sleep in adults from the UK during the first few months of the coronavirus outbreak. Journal of Sleep Research, 2021, , e13465.	3.2	1
10	46â€The sleep, circadian rhythms and mental health in schools (SCRAMS) feasibility study. , 2021, , .		0
11	Heritability of Sleep and Its Disorders in Childhood and Adolescence. Current Sleep Medicine Reports, 2021, 7, 155-166.	1.4	5
12	Sleep in children with anxiety disorders. , 2021, , .		0
13	Sleep quality, insomnia, and internalizing difficulties in adolescents: insights from a twin study. Sleep, 2020, 43, .	1.1	12
14	Is digital cognitive behavioural therapy for insomnia effective in treating sub-threshold insomnia: a pilot RCT. Sleep Medicine, 2020, 66, 174-183.	1.6	27
15	Twin studies of subjective sleep quality and sleep duration, and their behavioral correlates: Systematic review and meta-analysis of heritability estimates. Neuroscience and Biobehavioral Reviews, 2020, 109, 78-89.	6.1	36
16	Is sleep the red flag to psychopathology's bull?. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2020, 61, 1055-1057.	5.2	6
17	Editorial Perspective: Perils and promise for child and adolescent sleep and associated psychopathology during the COVIDâ€19 pandemic. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2020, 61, 757-759.	5.2	179
18	Selfâ€reported sleep patterns and quality amongst adolescents: crossâ€sectional and prospective associations with anxiety and depression. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2020, 61, 1126-1137.	5.2	81

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19	Exploding head syndrome: clinical features, theories about etiology, and prevention strategies in a large international sample. Sleep Medicine, 2020, 75, 251-255.	1.6	4
20	Reciprocal links between anxiety sensitivity and obsessive–compulsive symptoms in youth: a longitudinal twin study. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2020, 61, 979-987.	5.2	13
21	Estimating the stability of heartbeat counting in middle childhood: A twin study. Biological Psychology, 2019, 148, 107764.	2.2	5
22	Dysfunctional beliefs about sleep and insomnia symptoms in early adulthood: A twin and sibling study. Journal of Sleep Research, 2019, 28, e12834.	3.2	10
23	A bad night's sleep on campus: an interview study of first-year university students with poor sleep quality. Sleep Health, 2019, 5, 280-287.	2.5	28
24	Associations between pre-sleep arousal and insomnia symptoms in early adulthood: a twin and sibling study. Sleep, 2019, 42, .	1.1	12
25	Associations between exploding head syndrome and measures of sleep quality and experiences, dissociation, and well-being. Sleep, 2019, 42, .	1.1	14
26	Mindfulness and associations with symptoms of insomnia, anxiety and depression in early adulthood: A twin and sibling study. Behaviour Research and Therapy, 2019, 118, 18-29.	3.1	12
27	Are punitive parenting and stressful life events environmental risk factors for obsessive-compulsive symptoms in youth? A longitudinal twin study. European Psychiatry, 2019, 56, 35-42.	0.2	8
28	The psychological wellbeing outcomes of nonpharmacological interventions for older persons with insomnia symptoms: AÂsystematic review and meta-analysis. Sleep Medicine Reviews, 2019, 43, 1-13.	8.5	11
29	Sleep Quality, Fatigue, and Quality of Life Among Teenage and Young Adult Cancer Survivors. Journal of Adolescent and Young Adult Oncology, 2018, 7, 465-471.	1.3	18
30	Subjective sleepâ€related variables in those who have and have not experienced sleep paralysis. Journal of Sleep Research, 2018, 27, e12650.	3.2	8
31	A systematic review of variables associated with sleep paralysis. Sleep Medicine Reviews, 2018, 38, 141-157.	8.5	83
32	Heritability of sleep quality in a middle-aged twin sample from Spain. Sleep, 2018, 41, .	1.1	17
33	Special Editorial: Open science and the Journal of Child Psychology & Psychiatry - next steps?. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2018, 59, 826-827.	5.2	7
34	Externalizing Behaviors and Callous-Unemotional Traits: Different Associations With Sleep Quality. Sleep, 2017, 40, .	1.1	19
35	The effects of improving sleep on mental health (OASIS): a randomised controlled trial with mediation analysis. Lancet Psychiatry,the, 2017, 4, 749-758.	7.4	459
36	The conundrums of human development – implications for the study of child and adolescent disorder. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2017, 58, 749-752.	5.2	1

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37	Sleep Treatment Outcome Predictors (STOP) Pilot Study: a protocol for a randomised controlled trial examining predictors of change of insomnia symptoms and associated traits following cognitive–behavioural therapy for insomnia in an unselected sample. BMJ Open, 2017, 7, e017177.	1.9	6
38	Differences in genetic and environmental variation in adult BMI by sex, age, time period, and region: an individual-based pooled analysis of 40 twin cohorts. American Journal of Clinical Nutrition, 2017, 106, 457-466.	4.7	107
39	Does the sex of one's co-twin affect height and BMI in adulthood? A study of dizygotic adult twins from 31 cohorts. Biology of Sex Differences, 2017, 8, 14.	4.1	8
40	ADHD and Sleep Quality: Longitudinal Analyses From Childhood to Early Adulthood in a Twin Cohort. Journal of Clinical Child and Adolescent Psychology, 2017, 46, 284-294.	3.4	70
41	Genetic and environmental influences on adult human height across birth cohorts from 1886 to 1994. ELife, 2016, 5, .	6.0	42
42	Annual Research Review: Sleep problems in childhood psychiatric disorders – a review of the latest science. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2016, 57, 296-317.	5.2	191
43	Genetic and environmental effects on body mass index from infancy to the onset of adulthood: an individual-based pooled analysis of 45 twin cohorts participating in the COllaborative project of Development of Anthropometrical measures in Twins (CODATwins) study. American Journal of Clinical Nutrition. 2016. 104. 371-379.	4.7	175
44	Genetic and environmental influences on height from infancy to early adulthood: An individual-based pooled analysis of 45 twin cohorts. Scientific Reports, 2016, 6, 28496.	3.3	133
45	A Longitudinal Twin and Sibling Study of Associations between Insomnia and Depression Symptoms in Young Adults. Sleep, 2016, 39, 1985-1992.	1.1	29
46	Longitudinal Stability of Genetic and Environmental Influences on the Association between Diurnal Preference and Sleep Quality in Young Adult Twins and Siblings. Journal of Biological Rhythms, 2016, 31, 375-386.	2.6	21
47	Coordination difficulty and internalizing symptoms in adults: A twin/sibling study. Psychiatry Research, 2016, 239, 1-8.	3.3	12
48	Genetic Research on Sleep, Sleep Disturbances and Associated Difficulties. , 2016, , 185-204.		0
49	Zygosity Differences in Height and Body Mass Index of Twins From Infancy to Old Age: A Study of the CODATwins Project. Twin Research and Human Genetics, 2015, 18, 557-570.	0.6	24
50	The CODATwins Project: The Cohort Description of Collaborative Project of Development of Anthropometrical Measures in Twins to Study Macro-Environmental Variation in Genetic and Environmental Effects on Anthropometric Traits. Twin Research and Human Genetics, 2015, 18, 348-360.	0.6	55
51	Epigenome-Wide DNA Methylation Analysis of Monozygotic Twins Discordant for Diurnal Preference. Twin Research and Human Genetics, 2015, 18, 662-669.	0.6	16
52	A twin and molecular genetics study of sleep paralysis and associated factors. Journal of Sleep Research, 2015, 24, 438-446.	3.2	42
53	Do sleep disturbances and psychotic-like experiences in adolescence share genetic and environmental influences?. Journal of Abnormal Psychology, 2015, 124, 674-684.	1.9	68
54	The Heritability of Insomnia Progression during Childhood/Adolescence: Results from a Longitudinal Twin Study. Sleep, 2015, 38, 109-118.	1.1	48

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55	Self-reported sleep quality, weight status and depression in young adult twins and siblings. BMC Obesity, 2015, 2, 50.	3.1	5
56	ls Insomnia Associated with Deficits in Neuropsychological Functioning? Evidence from a Population-Based Study. Sleep, 2015, 38, 623-631.	1.1	31
57	Anxiety Disorders and Sleep in Children and Adolescents. Sleep Medicine Clinics, 2015, 10, 125-131.	2.6	57
58	Distinct Mechanisms Underlie Associations Between Forms of Childhood Maltreatment and Disruptive Nocturnal Behaviors. Developmental Neuropsychology, 2015, 40, 181-199.	1.4	20
59	Aetiological overlap between anxiety and attention deficit hyperactivity symptom dimensions in adolescence. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2015, 56, 423-431.	5.2	34
60	Childhood sleeping difficulties and depression in adulthood: the 1970 British Cohort Study. Journal of Sleep Research, 2015, 24, 19-23.	3.2	41
61	Catastrophizing and Poor Sleep Quality in Early Adolescent Females. Behavioral Sleep Medicine, 2014, 12, 41-52.	2.1	18
62	The Phenotypic and Genetic Structure of Depression and Anxiety Disorder Symptoms in Childhood, Adolescence, and Young Adulthood. JAMA Psychiatry, 2014, 71, 905.	11.0	128
63	Interpersonal cognitive biases as genetic markers for pediatric depressive symptoms: Twin data from the Emotions, Cognitions, Heredity and Outcome (ECHO) study. Development and Psychopathology, 2014, 26, 1267-1276.	2.3	9
64	Polymorphisms in the circadian expressed genes <i>PER3</i> and <i>ARNTL2</i> are associated with diurnal preference and <i>GNβ3</i> with sleep measures. Journal of Sleep Research, 2014, 23, 595-604.	3.2	45
65	Genome-wide Methylomic Analysis of Monozygotic Twins Discordant for Adolescent Depression. Biological Psychiatry, 2014, 76, 977-983.	1.3	112
66	Mental Health Antecedents of Early Midlife Insomnia: Evidence from a Four-Decade Longitudinal Study. Sleep, 2014, 37, 1767-1775.	1.1	54
67	Sleep and Psychopathology: Quantitative and Molecular Genetic Research on Comorbidity. , 2014, , 121-152.		0
68	Genes of Experience: Explaining the Heritability of Putative Environmental Variables Through Their Association with Behavioural and Emotional Traits. Behavior Genetics, 2013, 43, 314-328.	2.1	36
69	Replication of Genomeâ€Wide association studies (<scp>GWAS</scp>) loci for sleep in the British G1219 cohort. American Journal of Medical Genetics Part B: Neuropsychiatric Genetics, 2013, 162, 431-438.	1.7	57
70	Quantitative genetic research on sleep: A review of normal sleep, sleep disturbances and associated emotional, behavioural, and health-related difficulties. Sleep Medicine Reviews, 2013, 17, 29-40.	8.5	115
71	The development of risky attitudes from pre-driving to fully-qualified driving. Injury Prevention, 2013, 19, 244-249.	2.4	26
72	Parent-reported sleep-disordered breathing symptoms early in life predict childhood behavioural problems at age 4 and 7 years. Evidence-Based Medicine, 2013, 18, 77-78.	0.6	1

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73	The Genesis 12–19 (G1219) Study: A Twin and Sibling Study of Gene–Environment Interplay and Adolescent Development in the UK. Twin Research and Human Genetics, 2013, 16, 134-143.	0.6	22
74	Biased Processing of Sleep-Related Stimuli in Children of Parents With Insomnia. Behavioral Sleep Medicine, 2013, 11, 108-119.	2.1	11
75	Monozygotic Twin Differences in Non-shared Environmental Factors Associated with Chronotype. Journal of Biological Rhythms, 2013, 28, 51-61.	2.6	28
76	Sleep in Childhood and Adolescence: Age-Specific Sleep Characteristics, Common Sleep Disturbances and Associated Difficulties. Current Topics in Behavioral Neurosciences, 2013, 16, 337-365.	1.7	9
77	Sleep in Childhood and Adolescence: Age-Specific Sleep Characteristics, Common Sleep Disturbances and Associated Difficulties. Current Topics in Behavioral Neurosciences, 2013, , 337-365.	1.7	9
78	Maternal Insomnia and Children's Family Socialization Environments. Sleep, 2012, 35, 579-82.	1.1	15
79	Longitudinal genetic analysis of anxiety sensitivity Developmental Psychology, 2012, 48, 204-212.	1.6	45
80	Sleep, emotional and behavioral difficulties in children and adolescents. Sleep Medicine Reviews, 2012, 16, 129-136.	8.5	533
81	Phenotypic and genetic structure of anxiety sensitivity in adolescence and early adulthood. Journal of Anxiety Disorders, 2012, 26, 680-688.	3.2	19
82	ANXIETY SENSITIVITY IN ADOLESCENCE AND YOUNG ADULTHOOD: THE ROLE OF STRESSFUL LIFE EVENTS, 5HTTLPR AND THEIR INTERACTION. Depression and Anxiety, 2012, 29, 400-408.	4.1	30
83	The role of children's negative attributions on depressive symptoms: an inherited characteristic or a product of the early environment?. Developmental Science, 2012, 15, 569-578.	2.4	11
84	Nonshared Environmental Influences on Sleep Quality: A Study of Monozygotic Twin Differences. Behavior Genetics, 2012, 42, 234-244.	2.1	19
85	Sleep Items in the Child Behavior Checklist: A Comparison With Sleep Diaries, Actigraphy, and Polysomnography. Journal of the American Academy of Child and Adolescent Psychiatry, 2011, 50, 499-507.	0.5	100
86	Associations between sleep quality and anxiety and depression symptoms in a sample of young adult twins and siblings. Journal of Psychosomatic Research, 2011, 71, 250-255.	2.6	106
87	Dependent negative life events and sleep quality: An examination of gene–environment interplay. Sleep Medicine, 2011, 12, 403-409.	1.6	34
88	Why Can't My Child Sleep and Will There be Long-Term Consequences? Lessons from Prospective Community-Based Studies. Sleep, 2011, 34, 1289-1290.	1.1	1
89	Self-reported Sleep Quality and Cognitive Style in Older Adults. Cognitive Therapy and Research, 2011, 35, 1-10.	1.9	15
90	Sleep quality and diurnal preference in a sample of young adults: Associations with <i>5HTTLPR</i> , <i>PER3</i> , and <i>CLOCK 3111</i> . American Journal of Medical Genetics Part B: Neuropsychiatric Genetics, 2011, 156, 681-690.	1.7	98

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91	Genetic influences on the cognitive biases associated with anxiety and depression symptoms in adolescents. Journal of Affective Disorders, 2010, 124, 45-53.	4.1	56
92	Does childhood anxiety evoke maternal control? A genetically informed study. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2010, 51, 772-779.	5.2	41
93	Catastrophizing and symptoms of sleep disturbances in children. Journal of Sleep Research, 2010, 19, 175-182.	3.2	33
94	Genetic and Environmental Influences on Different Components of the Pittsburgh Sleep Quality Index and their Overlap. Sleep, 2010, 33, 659-668.	1.1	62
95	The presence of a perseverative iterative style in poor vs. good sleepers. Journal of Behavior Therapy and Experimental Psychiatry, 2010, 41, 18-23.	1.2	20
96	DIURNAL PREFERENCE AND SLEEP QUALITY: SAME GENES? A STUDY OF YOUNG ADULT TWINS. Chronobiology International, 2010, 27, 278-296.	2.0	162
97	The Direction of Longitudinal Associations Between Sleep Problems and Depression Symptoms: A Study of Twins Aged 8 and 10 Years. Sleep, 2009, , .	1.1	2
98	The Direction of Longitudinal Associations Between Sleep Problems and Depression Symptoms: A Study of Twins Aged 8 and 10 Years. Sleep, 2009, 32, 189-199.	1.1	181
99	Sleep Problems in Childhood Predict Neuropsychological Functioning in Adolescence. Pediatrics, 2009, 123, 1171-1176.	2.1	76
100	Dysfunctional beliefs and attitudes about sleep in children. Journal of Sleep Research, 2009, 18, 422-426.	3.2	45
101	Links Between Anxiety and Allergies: Psychobiological Reality or Possible Methodological Bias?. Journal of Personality, 2009, 77, 347-362.	3.2	7
102	Behavioral genetic analyses of prosocial behavior in adolescents. Developmental Science, 2009, 12, 165-174.	2.4	62
103	In the Face of Uncertainty: A Twin Study of Ambiguous Information, Anxiety and Depression in Children. Journal of Abnormal Child Psychology, 2008, 36, 55-65.	3.5	46
104	Finding gene-environment interactions for generalised anxiety disorder. European Archives of Psychiatry and Clinical Neuroscience, 2008, 258, 69-75.	3.2	11
105	Finding gene-environment interactions for phobias. European Archives of Psychiatry and Clinical Neuroscience, 2008, 258, 76-81.	3.2	9
106	Objective Sleep in Pediatric Anxiety Disorders and Major Depressive Disorder. Journal of the American Academy of Child and Adolescent Psychiatry, 2008, 47, 148-155.	0.5	161
107	A Genetic Decomposition of the Association Between Parasomnias and Dyssomnias in 8-Year-Old Twins. JAMA Pediatrics, 2008, 162, 299.	3.0	26
108	Parent-Reported Sleep Problems During Development and Self-reported Anxiety/Depression, Attention Problems, and Aggressive Behavior Later in Life. JAMA Pediatrics, 2008, 162, 330.	3.0	174

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109	The developmental mental-disorder histories of adults with posttraumatic stress disorder: A prospective longitudinal birth cohort study Journal of Abnormal Psychology, 2008, 117, 460-466.	1.9	55
110	Presleep Arousal and Sleep Disturbances in Children. Sleep, 2008, 31, 1745-1747.	1.1	64
111	Juvenile Mental Health Histories of Adults With Anxiety Disorders. American Journal of Psychiatry, 2007, 164, 301-308.	7.2	203
112	Depression and Generalized Anxiety Disorder. Archives of General Psychiatry, 2007, 64, 651.	12.3	586
113	Assessing gene–environment interactions on anxiety symptom subtypes across childhood and adolescence. Development and Psychopathology, 2007, 19, 1129-1146.	2.3	60
114	Genetic and environmental influences on interpersonal cognitions and associations with depressive symptoms in 8-year-old twins Journal of Abnormal Psychology, 2007, 116, 762-775.	1.9	18
115	Pathways to childhood depressive symptoms: The role of social, cognitive, and genetic risk factors Developmental Psychology, 2007, 43, 1402-1414.	1.6	33
116	Feeling anxious: a twin study of panic/somatic ratings, anxiety sensitivity and heartbeat perception in children. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2007, 48, 1184-1191.	5.2	72
117	Prenatal mood disturbance predicts sleep problems in infancy and toddlerhood. Early Human Development, 2007, 83, 451-458.	1.8	187
118	Genetic Influences on Anxiety in Children: What we've Learned and Where we're Heading. Clinical Child and Family Psychology Review, 2007, 10, 199-212.	4.5	152
119	Family Conflict in Childhood: A Predictor of Later Insomnia. Sleep, 2006, 29, 1063-1067.	1.1	128
120	A Twin-Study of Sleep Difficulties in School-Aged Children. Child Development, 2006, 77, 1668-1679.	3.0	70
121	Associations Between Sleep Problems, Anxiety, and Depression in Twins at 8 Years of Age. Pediatrics, 2006, 118, 1124-1132.	2.1	136
122	Family influences on the association between sleep problems and anxiety in a large sample of pre-school aged twins. Personality and Individual Differences, 2005, 39, 1337-1348.	2.9	71
123	Sleep problems, anxiety and cognitive style in school-aged children. Infant and Child Development, 2005, 14, 435-444.	1.5	60
124	Prospective Longitudinal Associations Between Persistent Sleep Problems in Childhood and Anxiety and Depression Disorders in Adulthood. Journal of Abnormal Child Psychology, 2005, 33, 157-163.	3.5	395
125	Exploring the Association Between Anxiety and Conduct Problems in a Large Sample of Twins Aged 2–4. Journal of Abnormal Child Psychology, 2004, 32, 111-122.	3.5	31
126	Etiologies of Associations Between Childhood Sleep and Behavioral Problems in a Large Twin Sample. Journal of the American Academy of Child and Adolescent Psychiatry, 2004, 43, 744-751.	0.5	143

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127	Heart-beat perception, panic/somatic symptoms and anxiety sensitivity in children. Behaviour Research and Therapy, 2004, 42, 439-448.	3.1	109
128	Handedness and schizotypy in a Japanese sample: an association masked by cultural effects on hand usage. Schizophrenia Research, 2003, 65, 139-145.	2.0	40
129	THE ROLE OF COGNITIVE PROCESSES IN SLEEP DISTURBANCE: A COMPARISON OF JAPANESE AND ENGLISH UNIVERSITY STUDENTS. Behavioural and Cognitive Psychotherapy, 2002, 30, 259-270.	1.2	14
130	Sleep Problems in Childhood: A Longitudinal Study of Developmental Change and Association With Behavioral Problems. Journal of the American Academy of Child and Adolescent Psychiatry, 2002, 41, 964-971.	0.5	524