

Michael E J Lean

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8241979/publications.pdf>

Version: 2024-02-01

294
papers

24,729
citations

8172

76
h-index

7944

149
g-index

299
all docs

299
docs citations

299
times ranked

27091
citing authors

#	ARTICLE	IF	CITATIONS
1	Challenges in obtaining accurate anthropometric measures for adults with severe obesity: A community-based study. <i>Scandinavian Journal of Public Health</i> , 2023, 51, 935-943.	1.2	2
2	Participant experiences in the Diabetes REmission Clinical Trial (DiRECT). <i>Diabetic Medicine</i> , 2022, 39, e14689.	1.2	14
3	Sex differences in intraorgan fat levels and hepatic lipid metabolism: implications for cardiovascular health and remission of type 2 diabetes after dietary weight loss. <i>Diabetologia</i> , 2022, 65, 226-233.	2.9	12
4	Forget polypharmacy for type 2 diabetes! Weight management is a better investment. <i>Nephrology Dialysis Transplantation</i> , 2022, 37, 844-846.	0.4	1
5	Delivering the Diabetes Remission Clinical Trial (DiRECT) in primary care: Experiences of healthcare professionals. <i>Diabetic Medicine</i> , 2022, 39, e14752.	1.2	8
6	Diets for weight management in adults with type 2 diabetes: an umbrella review of published meta-analyses and systematic review of trials of diets for diabetes remission. <i>Diabetologia</i> , 2022, 65, 14-36.	2.9	77
7	A proteomic surrogate for cardiovascular outcomes that is sensitive to multiple mechanisms of change in risk. <i>Science Translational Medicine</i> , 2022, 14, eabj9625.	5.8	31
8	Reproductive hormone levels, androgen receptor CAG repeat length and their longitudinal relationships with decline in cognitive subdomains in men: The European Male Ageing Study.. <i>Physiology and Behavior</i> , 2022, 252, 113825.	1.0	2
9	Total Diet Replacement Within an Integrated Intensive Lifestyle Intervention for Remission of Type 2 Diabetes: Lessons From DiRECT. <i>Frontiers in Endocrinology</i> , 2022, 13, .	1.5	5
10	Predictors of type 2 diabetes remission in the Diabetes Remission Clinical Trial (DiRECT). <i>Diabetic Medicine</i> , 2021, 38, e14395.	1.2	53
11	Diabetes incidence in a high-risk UK population at 7 years: linkage of the Prevention of Diabetes and Obesity in South Asians (PODOSA) trial to the Scottish Diabetes Register. <i>Diabetic Medicine</i> , 2021, 38, e14369.	1.2	2
12	Weight loss-induced increase in fasting ghrelin concentration is a predictor of weight regain: Evidence from the Diabetes Remission Clinical Trial (DiRECT). <i>Diabetes, Obesity and Metabolism</i> , 2021, 23, 711-719.	2.2	11
13	"I have been all in, I have been all out and I have been everything in-between": A 2-year longitudinal qualitative study of weight loss maintenance. <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 199-214.	1.3	8
14	Brief formula low-energy diet for relapse management during weight loss maintenance in the Diabetes Remission Clinical Trial (DiRECT). <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 472-479.	1.3	10
15	A novel decision model to predict the impact of weight management interventions: The Core Obesity Model. <i>Obesity Science and Practice</i> , 2021, 7, 269-280.	1.0	7
16	Antihypertensive medication needs and blood pressure control with weight loss in the Diabetes Remission Clinical Trial (DiRECT). <i>Diabetologia</i> , 2021, 64, 1927-1938.	2.9	20
17	SurgiCal Obesity Treatment Study (SCOTS): a prospective, observational cohort study on health and socioeconomic burden in treatment-seeking individuals with severe obesity in Scotland, UK. <i>BMJ Open</i> , 2021, 11, e046441.	0.8	2
18	Banting Memorial Lecture 2021 "Banting, banting, banter and bravado: Convictions meet evidence in the scientific process. <i>Diabetic Medicine</i> , 2021, 38, e14643.	1.2	0

#	ARTICLE	IF	CITATIONS
19	Estimating and reporting treatment effects in clinical trials for weight management: using estimands to interpret effects of intercurrent events and missing data. <i>International Journal of Obesity</i> , 2021, 45, 923-933.	1.6	28
20	Secular trends in adiposity and musculoskeletal dimensions of elite heavyweight boxers between 1889 and 2019. <i>Sport Sciences for Health</i> , 2020, 16, 249-255.	0.4	5
21	Lower carbohydrate and higher fat intakes are associated with higher hemoglobin A1c: findings from the UK National Diet and Nutrition Survey 2008-2016. <i>European Journal of Nutrition</i> , 2020, 59, 2771-2782.	1.8	15
22	Hepatic Lipoprotein Export and Remission of Human Type 2 Diabetes after Weight Loss. <i>Cell Metabolism</i> , 2020, 31, 233-249.e4.	7.2	102
23	Life Expectancy of White and Non-White Elite Heavyweight Boxers. <i>Journal of Racial and Ethnic Health Disparities</i> , 2020, 7, 281-289.	1.8	4
24	Turning the tables on obesity: young people, IT and social movements. <i>Nature Reviews Endocrinology</i> , 2020, 16, 117-122.	4.3	7
25	2-year remission of type 2 diabetes and pancreas morphology: a post-hoc analysis of the DiRECT open-label, cluster-randomised trial. <i>Lancet Diabetes and Endocrinology</i> , 2020, 8, 939-948.	5.5	74
26	Type 2 diabetes remission: 2-year within-trial and lifetime-horizon cost-effectiveness of the Diabetes Remission Clinical Trial (DiRECT)/Counterweight-Plus weight management programme. <i>Diabetologia</i> , 2020, 63, 2112-2122.	2.9	26
27	Carbohydrate knowledge, dietary guideline awareness, motivations and beliefs underlying low-carbohydrate dietary behaviours. <i>Scientific Reports</i> , 2020, 10, 14423.	1.6	9
28	Response to comments on "The role of appetite-related hormones, adaptive thermogenesis, perceived hunger and stress in long-term weight-loss maintenance: a mixed methods study". <i>European Journal of Clinical Nutrition</i> , 2020, 74, 1115-1116.	1.3	1
29	Validity of predictive equations to estimate RMR in females with varying BMI. <i>Journal of Nutritional Science</i> , 2020, 9, e17.	0.7	9
30	Low and reduced carbohydrate diets: challenges and opportunities for type 2 diabetes management and prevention. <i>Proceedings of the Nutrition Society</i> , 2020, 79, 498-513.	0.4	13
31	Time Course of Normalization of Functional β -Cell Capacity in the Diabetes Remission Clinical Trial After Weight Loss in Type 2 Diabetes. <i>Diabetes Care</i> , 2020, 43, 813-820.	4.3	42
32	The role of appetite-related hormones, adaptive thermogenesis, perceived hunger and stress in long-term weight-loss maintenance: a mixed-methods study. <i>European Journal of Clinical Nutrition</i> , 2020, 74, 622-632.	1.3	31
33	Rising prevalence of BMI ≥ 40 kg/m ² : A high-demand epidemic needing better documentation. <i>Obesity Reviews</i> , 2020, 21, e12986.	3.1	33
34	Effectiveness and cost of integrating a pragmatic pathway for prescribing liraglutide 3.0 mg in obesity services (STRIVE study): study protocol of an open-label, real-world, randomised, controlled trial. <i>BMJ Open</i> , 2020, 10, e034137.	0.8	5
35	OP272 Two-Year Within-Trial And Estimated Lifetime Cost Effectiveness Of The Weight Management Program In The Diabetes Remission Clinical Trial (DiRECT). <i>International Journal of Technology Assessment in Health Care</i> , 2020, 36, 4-4.	0.2	0
36	Associations of body fat and skeletal muscle with hypertension. <i>Journal of Clinical Hypertension</i> , 2019, 21, 230-238.	1.0	29

#	ARTICLE	IF	CITATIONS
37	Attenuation of the association between sugar-sweetened beverages and diabetes risk by adiposity adjustment: a secondary analysis of national health survey data. <i>European Journal of Nutrition</i> , 2019, 58, 1703-1710.	1.8	6
38	Da Qing 30 years on: more reasons to extend diabetes prevention. <i>Lancet Diabetes and Endocrinology</i> , 2019, 7, 417-419.	5.5	1
39	The DiRECT principles: giving Type 2 diabetes remission programmes the best chance of success. <i>Diabetic Medicine</i> , 2019, 36, 1703-1704.	1.2	10
40	Trends in type 2 diabetes. <i>BMJ: British Medical Journal</i> , 2019, 366, l5407.	2.4	12
41	Impacts of carbohydrate-restricted diets on micronutrient intakes and status: A systematic review. <i>Obesity Reviews</i> , 2019, 20, 1132-1147.	3.1	25
42	Type 2 diabetes remission: economic evaluation of the DiRECT/Counterweight-Plus weight management programme within a primary care randomized controlled trial. <i>Diabetic Medicine</i> , 2019, 36, 1003-1012.	1.2	18
43	Low-calorie diets in the management of type 2 diabetes mellitus. <i>Nature Reviews Endocrinology</i> , 2019, 15, 251-252.	4.3	19
44	Associations of BMI, waist circumference, body fat, and skeletal muscle with type 2 diabetes in adults. <i>Acta Diabetologica</i> , 2019, 56, 947-954.	1.2	42
45	Durability of a primary care-led weight-management intervention for remission of type 2 diabetes: 2-year results of the DiRECT open-label, cluster-randomised trial. <i>Lancet Diabetes and Endocrinology</i> , 2019, 7, 344-355.	5.5	569
46	Diabetes and travel insurance costs: let's talk about remission. <i>Practical Diabetes</i> , 2019, 36, 20-21.	0.1	1
47	Management of obesity and overweight. <i>Medicine</i> , 2019, 47, 175-183.	0.2	3
48	Predictive model of length of stay in hospital among older patients. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 993-999.	1.4	39
49	Within-trial cost and 1-year cost-effectiveness of the DiRECT/Counterweight-Plus weight-management programme to achieve remission of type 2 diabetes. <i>Lancet Diabetes and Endocrinology</i> , 2019, 7, 169-172.	5.5	22
50	Filling the intervention gap: service evaluation of an intensive nonsurgical weight management programme for severe and complex obesity. <i>Journal of Human Nutrition and Dietetics</i> , 2019, 32, 329-337.	1.3	34
51	Young People's Attitudes and Motivations Toward Social Media and Mobile Apps for Weight Control: Mixed Methods Study. <i>JMIR MHealth and UHealth</i> , 2019, 7, e11205.	1.8	16
52	Reproductive Hormone Levels Predict Changes in Frailty Status in Community-Dwelling Older Men: European Male Ageing Study Prospective Data. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2018, 103, 701-709.	1.8	28
53	Keeping it off: the challenge of weight-loss maintenance. <i>Lancet Diabetes and Endocrinology</i> , 2018, 6, 681-683.	5.5	30
54	Intermittent fasting interventions for treatment of overweight and obesity in adults: a systematic review and meta-analysis. <i>JBI Database of Systematic Reviews and Implementation Reports</i> , 2018, 16, 507-547.	1.7	191

#	ARTICLE	IF	CITATIONS
55	Contemporary challenges to iodine status and nutrition: the role of foods, dietary recommendations, fortification and supplementation. <i>Proceedings of the Nutrition Society</i> , 2018, 77, 302-313.	0.4	27
56	Impact of delay in early swallow screening on pneumonia, length of stay in hospital, disability and mortality in acute stroke patients. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 1548-1554.	1.3	21
57	Elevated luteinizing hormone despite normal testosterone levels in older menâ€”natural history, risk factors and clinical features. <i>Clinical Endocrinology</i> , 2018, 88, 479-490.	1.2	26
58	Clinical and metabolic features of the randomised controlled Diabetes Remission Clinical Trial (DiRECT) cohort. <i>Diabetologia</i> , 2018, 61, 589-598.	2.9	46
59	Primary care-led weight management for remission of type 2 diabetes (DiRECT): an open-label, cluster-randomised trial. <i>Lancet, The</i> , 2018, 391, 541-551.	6.3	1,282
60	Sugar taxation: a good start but not the place to finish. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 435-436.	2.2	3
61	VLCD for weight loss and remission of type 2 diabetes? â€” Authors' reply. <i>Lancet, The</i> , 2018, 392, 1307.	6.3	5
62	Lowâ€”carbohydrate diets for overweight and obesity: a systematic review of the systematic reviews. <i>Obesity Reviews</i> , 2018, 19, 1700-1718.	3.1	93
63	Symptomatic androgen deficiency develops only when both total and free testosterone decline in obese men who may have incident biochemical secondary hypogonadism: Prospective results from the EMAS. <i>Clinical Endocrinology</i> , 2018, 89, 459-469.	1.2	44
64	Remission of Human Type 2 Diabetes Requires Decrease in Liver and Pancreas Fat Content but Is Dependent upon Capacity for Î² Cell Recovery. <i>Cell Metabolism</i> , 2018, 28, 547-556.e3.	7.2	257
65	Iodine and Pregnancyâ€”A Qualitative Study Focusing on Dietary Guidance and Information. <i>Nutrients</i> , 2018, 10, 408.	1.7	16
66	Different associations between body composition and alcohol when assessed by exposure frequency or by quantitative estimates of consumption. <i>Journal of Human Nutrition and Dietetics</i> , 2018, 31, 747-757.	1.3	15
67	Making progress on the global crisis of obesity and weight management. <i>BMJ: British Medical Journal</i> , 2018, 361, k2538.	2.4	45
68	Nutritional intervention and impact of polyphenol on glycohemoglobin (HbA1c) in non-diabetic and type 2 diabetic subjects: Systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2017, 57, 975-986.	5.4	46
69	Evaluation of cognitive subdomains, 25-hydroxyvitamin D, and 1,25-dihydroxyvitamin D in the European Male Ageing Study. <i>European Journal of Nutrition</i> , 2017, 56, 2093-2103.	1.8	13
70	Time spent in sedentary posture is associated with waist circumference and cardiovascular risk. <i>International Journal of Obesity</i> , 2017, 41, 689-696.	1.6	37
71	3 years of liraglutide versus placebo for type 2 diabetes risk reduction and weight management in individuals with prediabetes: a randomised, double-blind trial. <i>Lancet, The</i> , 2017, 389, 1399-1409.	6.3	502
72	Is There an Optimal Diet for Weight Management and Metabolic Health?. <i>Gastroenterology</i> , 2017, 152, 1739-1751.	0.6	81

#	ARTICLE	IF	CITATIONS
73	Glycemia but not the Metabolic Syndrome is Associated with Cognitive Decline: Findings from the European Male Ageing Study. <i>American Journal of Geriatric Psychiatry</i> , 2017, 25, 662-671.	0.6	16
74	Bioavailability of Black Tea Theaflavins: Absorption, Metabolism, and Colonic Catabolism. <i>Journal of Agricultural and Food Chemistry</i> , 2017, 65, 5365-5374.	2.4	94
75	Nonandrogenic Anabolic Hormones Predict Risk of Frailty: European Male Ageing Study Prospective Data. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2017, 102, 2798-2806.	1.8	19
76	Fludrocortisone therapy for persistent hyperkalaemia. <i>Diabetic Medicine</i> , 2017, 34, 1005-1008.	1.2	6
77	Supersize the label: The effect of prominent calorie labeling on sales. <i>Nutrition</i> , 2017, 35, 112-113.	1.1	5
78	Consumption of fish and vascular risk factors: A systematic review and meta-analysis of intervention studies. <i>Atherosclerosis</i> , 2017, 266, 87-94.	0.4	66
79	Monitoring risk factors of cardiovascular disease in cancer survivors. <i>Clinical Medicine</i> , 2017, 17, 293-297.	0.8	11
80	Mobile applications for obesity and weight management: current market characteristics. <i>International Journal of Obesity</i> , 2017, 41, 200-202.	1.6	87
81	Changes in prevalence of obesity and high waist circumference over four years across European regions: the European male ageing study (EMAS). <i>Endocrine</i> , 2017, 55, 456-469.	1.1	21
82	Weight losses with low-energy formula diets in obese patients with and without type 2 diabetes: systematic review and meta-analysis. <i>International Journal of Obesity</i> , 2017, 41, 96-101.	1.6	77
83	Compulsory calorie labelling of foods. A response to "Food for thought: obstacles to menu labelling in restaurants and cafeterias"™ by E Thomas. <i>Public Health Nutrition</i> , 2016, 19, 2190-2191.	1.1	2
84	Interactions Between Depression and Lower Urinary Tract Symptoms: The Role of Adverse Life Events and Inflammatory Mechanisms. Results From the European Male Ageing Study. <i>Psychosomatic Medicine</i> , 2016, 78, 758-769.	1.3	13
85	Unraveling the effect of adiposity on health: The epidemiology paradoxes. <i>Obesity</i> , 2016, 24, 1212-1212.	1.5	1
86	Low Free Testosterone Is Associated with Hypogonadal Signs and Symptoms in Men with Normal Total Testosterone. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2016, 101, 2647-2657.	1.8	129
87	The androgen receptor gene CAG repeat "in relation to 4-year changes in "androgen-sensitive endpoints in "community-dwelling older European men. <i>European Journal of Endocrinology</i> , 2016, 175, 583-593.	1.9	11
88	Sugar and Type 2 diabetes. <i>British Medical Bulletin</i> , 2016, 120, 43-53.	2.7	49
89	Natural history, risk factors and clinical features of primary hypogonadism in ageing men: Longitudinal Data from the European Male Ageing Study. <i>Clinical Endocrinology</i> , 2016, 85, 891-901.	1.2	31
90	Beyond BMI: How to Capture Influences from Body Composition in Health Surveys. <i>Current Nutrition Reports</i> , 2016, 5, 286-294.	2.1	3

#	ARTICLE	IF	CITATIONS
91	Personalized Health, eLearning, and mHealth Interventions to Improve Nutritional Status. <i>Current Nutrition Reports</i> , 2016, 5, 295-306.	2.1	2
92	Lower bone turnover and relative bone deficits in men with metabolic syndrome: a matter of insulin sensitivity? <i>The European Male Ageing Study</i> . <i>Osteoporosis International</i> , 2016, 27, 3227-3237.	1.3	29
93	Effects of calorie labelling on macro- and micro-nutrients in main-meal choices made by young adults. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 386-392.	1.3	5
94	Altered gut and adipose tissue hormones in overweight and obese individuals: cause or consequence?. <i>International Journal of Obesity</i> , 2016, 40, 622-632.	1.6	168
95	Changing guards: time to move beyond body mass index for population monitoring of excess adiposity. <i>QJM - Monthly Journal of the Association of Physicians</i> , 2016, 109, 443-446.	0.2	29
96	“Language is the source of misunderstandings” – the impact of terminology on public perceptions of nutritional health promotion messages. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	0.4	1
97	Iodine intake and excretion are low in British breastfeeding mothers. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	0.4	4
98	Derivation and validation of simple anthropometric equations to predict adipose tissue mass and total fat mass with MRI as the reference method. <i>British Journal of Nutrition</i> , 2015, 114, 1852-1867.	1.2	25
99	Inhibition of protein glycation by phenolic acids: physiological relevance and implication of protein-phenolic interactions. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	0.4	5
100	Iodine and pregnancy – a UK cross-sectional survey of dietary intake, knowledge and awareness. <i>British Journal of Nutrition</i> , 2015, 114, 108-117.	1.2	57
101	Calorie-labelling: does it impact on calorie purchase in catering outlets and the views of young adults?. <i>International Journal of Obesity</i> , 2015, 39, 542-545.	1.6	27
102	Associations Between Sex Steroids and the Development of Metabolic Syndrome: A Longitudinal Study in European Men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015, 100, 1396-1404.	1.8	97
103	New insights into the bioavailability of red raspberry anthocyanins and ellagitannins. <i>Free Radical Biology and Medicine</i> , 2015, 89, 758-769.	1.3	150
104	Skeletal muscle mass estimation in Saudi adults – relationship with obesity and hypertension. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	0.4	0
105	Management of obesity and overweight. <i>Medicine</i> , 2015, 43, 94-100.	0.2	3
106	Cost-effectiveness of obesity treatment. <i>Medicine</i> , 2015, 43, 104-107.	0.2	1
107	Weight changes in young adults: a mixed-methods study. <i>International Journal of Obesity</i> , 2015, 39, 508-513.	1.6	46
108	Associations of obesity with socioeconomic and lifestyle factors in middle-aged and elderly men: European Male Aging Study (EMAS). <i>European Journal of Endocrinology</i> , 2015, 172, 59-67.	1.9	17

#	ARTICLE	IF	CITATIONS
109	“Language is the source of misunderstandings” – impact of terminology on public perceptions of health promotion messages. BMC Public Health, 2015, 15, 579.	1.2	22
110	Development of and Recovery from Secondary Hypogonadism in Aging Men: Prospective Results from the EMAS. Journal of Clinical Endocrinology and Metabolism, 2015, 100, 3172-3182.	1.8	118
111	SurgiCal Obesity Treatment Study (SCOTS): protocol for a national prospective cohort study of patients undergoing bariatric surgery in Scotland. BMJ Open, 2015, 5, e008106-e008106.	0.8	5
112	Nutritional intervention and impact of polyphenol on glycohaemoglobin in type 2 diabetic subjects: systematic review and meta-analysis. Proceedings of the Nutrition Society, 2015, 74, .	0.4	0
113	Contributions of maternal and paternal adiposity and smoking to adult offspring adiposity and cardiovascular risk: the Midspan Family Study. BMJ Open, 2015, 5, e007682.	0.8	27
114	A Systematic Review of the Literature on Intermittent Fasting for Weight Management. FASEB Journal, 2015, 29, 117.4.	0.2	2
115	Weight Loss with Liquid Formula Diets in Obese Patients with and without Diabetes. FASEB Journal, 2015, 29, 594.6.	0.2	0
116	Androgen Receptor Polymorphism-Dependent Variation in Prostate-Specific Antigen Concentrations of European Men. Cancer Epidemiology Biomarkers and Prevention, 2014, 23, 2048-2056.	1.1	8
117	Low-level seaweed supplementation improves iodine status in iodine-insufficient women. British Journal of Nutrition, 2014, 112, 753-761.	1.2	44
118	Tolerability of nausea and vomiting and associations with weight loss in a randomized trial of liraglutide in obese, non-diabetic adults. International Journal of Obesity, 2014, 38, 689-697.	1.6	138
119	What, not just salad and veg? Consumer testing of the <i>eatwell week</i>. Public Health Nutrition, 2014, 17, 1640-1646.	1.1	4
120	SMARTS (Systematic Monitoring of Adverse events Related to TreatmentS): The development of a pragmatic patient-completed checklist to assess antipsychotic drug side effects. Therapeutic Advances in Psychopharmacology, 2014, 4, 15-21.	1.2	36
121	Orange juice (poly)phenols are highly bioavailable in humans. American Journal of Clinical Nutrition, 2014, 100, 1378-1384.	2.2	133
122	Oxidative stress, protein glycation and nutrition – interactions relevant to health and disease throughout the lifecycle. Proceedings of the Nutrition Society, 2014, 73, 430-438.	0.4	17
123	Effect of a lifestyle intervention on weight change in south Asian individuals in the UK at high risk of type 2 diabetes: a family-cluster randomised controlled trial. Lancet Diabetes and Endocrinology, the, 2014, 2, 218-227.	5.5	110
124	Validation of a short food frequency questionnaire specific for iodine in <sc>UK</sc> females of childbearing age. Journal of Human Nutrition and Dietetics, 2014, 27, 599-605.	1.3	36
125	Development of a nutritionally balanced pizza as a functional meal designed to meet published dietary guidelines. Public Health Nutrition, 2014, 17, 2577-2586.	1.1	30
126	Association of 25-hydroxyvitamin D, 1,25-dihydroxyvitamin D and parathyroid hormone with mortality among middle-aged and older European men. Age and Ageing, 2014, 43, 528-535.	0.7	19

#	ARTICLE	IF	CITATIONS
127	Changing distributions of body size and adiposity with age. <i>International Journal of Obesity</i> , 2014, 38, 857-864.	1.6	62
128	Predicting muscle mass from anthropometry using magnetic resonance imaging as reference: a systematic review. <i>Nutrition Reviews</i> , 2014, 72, 113-126.	2.6	29
129	Privatisation of the Scottish NHS: TTIP and independence. <i>Lancet, The</i> , 2014, 384, e38.	6.3	1
130	Calorie-labelling in catering outlets: Acceptability and impacts on food sales. <i>Preventive Medicine</i> , 2014, 67, 160-165.	1.6	16
131	Derivation and validation of simple equations to predict total muscle mass from simple anthropometric and demographic data. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 1041-1051.	2.2	58
132	Protein-phenolic interactions and inhibition of glycation – combining a systematic review and experimental models for enhanced physiological relevance. <i>Food and Function</i> , 2014, 5, 2646-2655.	2.1	31
133	Variations in caffeine and chlorogenic acid contents of coffees: what are we drinking?. <i>Food and Function</i> , 2014, 5, 1718-1726.	2.1	168
134	Coffee: biochemistry and potential impact on health. <i>Food and Function</i> , 2014, 5, 1695-1717.	2.1	376
135	Role of oxidative stress in physiological albumin glycation: A neglected interaction. <i>Free Radical Biology and Medicine</i> , 2013, 60, 318-324.	1.3	56
136	Influence of smoking and diet on glycated haemoglobin and 'pre-diabetes'™ categorisation: a cross-sectional analysis. <i>BMC Public Health</i> , 2013, 13, 1013.	1.2	26
137	Obesity and weight management in the elderly: A focus on men. <i>Best Practice and Research in Clinical Endocrinology and Metabolism</i> , 2013, 27, 509-525.	2.2	39
138	The ability of three different models of frailty to predict all-cause mortality: Results from the European Male Aging Study (EMAS). <i>Archives of Gerontology and Geriatrics</i> , 2013, 57, 360-368.	1.4	121
139	Active Vitamin D (1,25-Dihydroxyvitamin D) and Bone Health in Middle-Aged and Elderly Men: The European Male Aging Study (EMAS). <i>Journal of Clinical Endocrinology and Metabolism</i> , 2013, 98, 995-1005.	1.8	61
140	Bioavailability of dietary (poly)phenols: a study with ileostomists to discriminate between absorption in small and large intestine. <i>Food and Function</i> , 2013, 4, 754.	2.1	91
141	Seeing double: the low carb diet. <i>BMJ, The</i> , 2013, 346, f2563-f2563.	3.0	15
142	Epidemiological evidence against a role for C-reactive protein causing leptin resistance. <i>European Journal of Endocrinology</i> , 2013, 168, 101-106.	1.9	5
143	Comparisons of Immunoassay and Mass Spectrometry Measurements of Serum Estradiol Levels and Their Influence on Clinical Association Studies in Men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2013, 98, E1097-E1102.	1.8	58
144	Designing the <i>eatwell week</i>: the application of eatwell plate advice to weekly food intake. <i>Public Health Nutrition</i> , 2013, 16, 795-802.	1.1	7

#	ARTICLE	IF	CITATIONS
145	Improving the dietary intake of under nourished older people in residential care homes using an energy-enriching food approach: a cluster randomised controlled study. <i>Journal of Human Nutrition and Dietetics</i> , 2013, 26, 387-394.	1.3	34
146	A patient-centred approach to estimate total annual healthcare cost by body mass index in the UK Counterweight programme. <i>International Journal of Obesity</i> , 2013, 37, 1135-1139.	1.6	26
147	Changes in BMI and waist circumference in Scottish adults: use of repeated cross-sectional surveys to explore multiple age groups and birth-cohorts. <i>International Journal of Obesity</i> , 2013, 37, 800-808.	1.6	34
148	The association of frailty with serum 25-hydroxyvitamin D and parathyroid hormone levels in older European men. <i>Age and Ageing</i> , 2013, 42, 352-359.	0.7	74
149	Cohort Profile: The European Male Ageing Study. <i>International Journal of Epidemiology</i> , 2013, 42, 391-401.	0.9	41
150	Predicting muscle mass of adults from anthropometry, using magnetic resonance imaging as reference: a systematic review. <i>Proceedings of the Nutrition Society</i> , 2013, 72, .	0.4	1
151	Feasibility and indicative results from a 12-month low-energy liquid diet treatment and maintenance programme for severe obesity. <i>British Journal of General Practice</i> , 2013, 63, e115-e124.	0.7	79
152	FRAILTY IS ASSOCIATED WITH IMPAIRED QUALITY OF LIFE AND FALLS IN MIDDLE-AGED AND OLDER EUROPEAN MEN. <i>Journal of Frailty & Aging, the</i> , 2013, 2, 1-7.	0.8	11
153	Comparison of serum testosterone and estradiol measurements in 3174 European men using platform immunoassay and mass spectrometry; relevance for the diagnostics in aging men. <i>European Journal of Endocrinology</i> , 2012, 166, 983-991.	1.9	169
154	Safety, tolerability and sustained weight loss over 2 years with the once-daily human GLP-1 analog, liraglutide. <i>International Journal of Obesity</i> , 2012, 36, 843-854.	1.6	532
155	Association of hypogonadism with vitamin D status: the European Male Ageing Study. <i>European Journal of Endocrinology</i> , 2012, 166, 77-85.	1.9	166
156	The application of eatwell plate advice to weekly food intake in the UK. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	1
157	Iodine status of women of childbearing age in Scotland. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	15
158	Evaluation of a resource to facilitate implementation of UK eatwell plate advice. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	0
159	Dietary recommendations and iodine awareness among mothers in the UK. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	2
160	Dietary iodine: awareness, knowledge and current practice among midwives. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	6
161	Effective UK weight management services for adults. <i>Clinical Obesity</i> , 2012, 2, 96-102.	1.1	11
162	Espresso coffees, caffeine and chlorogenic acid intake: potential health implications. <i>Food and Function</i> , 2012, 3, 30-33.	2.1	142

#	ARTICLE	IF	CITATIONS
163	Coffee, caffeine and health: What's in your cup?. <i>Maturitas</i> , 2012, 72, 171-172.	1.0	15
164	Time-scarcity, ready-meals, ill-health and the obesity epidemic. <i>Trends in Food Science and Technology</i> , 2012, 27, 4-11.	7.8	73
165	Thyroid hormones and male sexual function. <i>Journal of Developmental and Physical Disabilities</i> , 2012, 35, 668-679.	3.6	58
166	Intergenerational change and familial aggregation of body mass index. <i>European Journal of Epidemiology</i> , 2012, 27, 53-61.	2.5	28
167	Sex Distribution of Offspring-Parents Obesity: Angel's Hypothesis Revisited. <i>Human Biology</i> , 2011, 83, 523-530.	0.4	3
168	Dietary flavonols contribute to false-positive elevation of homovanillic acid, a marker of catecholamine-secreting tumors. <i>Clinica Chimica Acta</i> , 2011, 412, 165-169.	0.5	26
169	Lower vitamin D levels are associated with depression among community-dwelling European men. <i>Journal of Psychopharmacology</i> , 2011, 25, 1320-1328.	2.0	99
170	Frailty in Relation to Variations in Hormone Levels of the Hypothalamic-Pituitary-Testicular Axis in Older Men: Results From the European Male Aging Study. <i>Journal of the American Geriatrics Society</i> , 2011, 59, 814-821.	1.3	52
171	A physically active occupation does not result in compensatory inactivity during out-of-work hours. <i>Preventive Medicine</i> , 2011, 53, 48-52.	1.6	63
172	Influence of age and sex steroids on bone density and geometry in middle-aged and elderly European men. <i>Osteoporosis International</i> , 2011, 22, 1513-1523.	1.3	46
173	Influence of Insulin-Like Growth Factor Binding Protein (IGFBP)-1 and IGFBP-3 on Bone Health: Results from the European Male Ageing Study. <i>Calcified Tissue International</i> , 2011, 88, 503-510.	1.5	22
174	The Relationships between Sex Hormones and Sexual Function in Middle-Aged and Older European Men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2011, 96, E1577-E1587.	1.8	103
175	Sitting Time and Waist Circumference Are Associated With Glycemia in U.K. South Asians. <i>Diabetes Care</i> , 2011, 34, 1214-1218.	4.3	32
176	The Effect of Musculoskeletal Pain on Sexual Function in Middle-aged and Elderly European Men: Results from the European Male Ageing Study. <i>Journal of Rheumatology</i> , 2011, 38, 370-377.	1.0	16
177	Influence of bone remodelling rate on quantitative ultrasound parameters at the calcaneus and DXA BMDa of the hip and spine in middle-aged and elderly European men: the European Male Ageing Study (EMAS). <i>European Journal of Endocrinology</i> , 2011, 165, 977-986.	1.9	28
178	Obesity and weight management in the elderly. <i>British Medical Bulletin</i> , 2011, 97, 169-196.	2.7	249
179	Impaired quality of life and sexual function in overweight and obese men: the European Male Ageing Study. <i>European Journal of Endocrinology</i> , 2011, 164, 1003-1011.	1.9	90
180	The ESR1 (6q25) Locus Is Associated with Calcaneal Ultrasound Parameters and Radial Volumetric Bone Mineral Density in European Men. <i>PLoS ONE</i> , 2011, 6, e22037.	1.1	9

#	ARTICLE	IF	CITATIONS
181	Gonadal sex steroid status and bone health in middle-aged and elderly European men. <i>Osteoporosis International</i> , 2010, 21, 1331-1339.	1.3	37
182	Chronic widespread pain is associated with slower cognitive processing speed in middle-aged and older European men. <i>Pain</i> , 2010, 151, 30-36.	2.0	92
183	Age-Related Changes in General and Sexual Health in Middle-Aged and Older Men: Results from the European Male Ageing Study (EMAS). <i>Journal of Sexual Medicine</i> , 2010, 7, 1362-1380.	0.3	377
184	Association of cognitive performance with the metabolic syndrome and with glycaemia in middle-aged and older European men: the European Male Ageing Study. <i>Diabetes/Metabolism Research and Reviews</i> , 2010, 26, 668-676.	1.7	47
185	Berry juices, teas, antioxidants and the prevention of atherosclerosis in hamsters. <i>Food Chemistry</i> , 2010, 118, 266-271.	4.2	52
186	How not to die from diabetes in a mountain hut. <i>Practical Diabetes International: the International Journal for Diabetes Care Teams Worldwide</i> , 2010, 27, 400-400.	0.2	0
187	Long-term cost-effectiveness of weight management in primary care. <i>International Journal of Clinical Practice</i> , 2010, 64, 775-783.	0.8	65
188	Counterweight - counter-cost, counter-loss. <i>International Journal of Clinical Practice</i> , 2010, 64, 828-829.	0.8	0
189	Childhood obesity: time to shrink a parent. <i>International Journal of Obesity</i> , 2010, 34, 1-3.	1.6	20
190	Characteristics of Secondary, Primary, and Compensated Hypogonadism in Aging Men: Evidence from the European Male Ageing Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2010, 95, 1810-1818.	1.8	481
191	Endogenous hormones, androgen receptor CAG repeat length and fluid cognition in middle-aged and older men: results from the European Male Ageing Study. <i>European Journal of Endocrinology</i> , 2010, 162, 1155-1164.	1.9	25
192	Musculoskeletal pain is associated with very low levels of vitamin D in men: results from the European Male Ageing Study. <i>Annals of the Rheumatic Diseases</i> , 2010, 69, 1448-1452.	0.5	86
193	Effect of Polymorphisms in Selected Genes Involved in Pituitary-Testicular Function on Reproductive Hormones and Phenotype in Aging Men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2010, 95, 1898-1908.	1.8	37
194	Identification of Metabolites in Human Plasma and Urine after Consumption of a Polyphenol-Rich Juice Drink. <i>Journal of Agricultural and Food Chemistry</i> , 2010, 58, 2586-2595.	2.4	45
195	Identification of Late-Onset Hypogonadism in Middle-Aged and Elderly Men. <i>New England Journal of Medicine</i> , 2010, 363, 123-135.	13.9	1,274
196	Green Tea Flavan-3-ols: Colonic Degradation and Urinary Excretion of Catabolites by Humans. <i>Journal of Agricultural and Food Chemistry</i> , 2010, 58, 1296-1304.	2.4	229
197	Polyphenols and health: What compounds are involved?. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2010, 20, 1-6.	1.1	285
198	Influence of lifestyle factors on quantitative heel ultrasound measurements in middle-aged and elderly men. <i>Calcified Tissue International</i> , 2010, 86, 211-9.	1.5	2

#	ARTICLE	IF	CITATIONS
199	Increased Estrogen Rather Than Decreased Androgen Action Is Associated with Longer Androgen Receptor CAG Repeats. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009, 94, 277-284.	1.8	125
200	Investigating the determinants of international differences in the prevalence of chronic widespread pain: evidence from the European Male Ageing Study. <i>Annals of the Rheumatic Diseases</i> , 2009, 68, 690-695.	0.5	41
201	Perturbed Insulin-like Growth Factor-1 (IGF-1) and IGF Binding Protein-3 Are Not Associated with Chronic Widespread Pain in Men: Results from the European Male Ageing Study. <i>Journal of Rheumatology</i> , 2009, 36, 2523-2530.	1.0	3
202	Vitamin D, parathyroid hormone and the metabolic syndrome in middle-aged and older European men. <i>European Journal of Endocrinology</i> , 2009, 161, 947-954.	1.9	99
203	In vitro catabolism of rutin by human fecal bacteria and the antioxidant capacity of its catabolites. <i>Free Radical Biology and Medicine</i> , 2009, 47, 1180-1189.	1.3	117
204	The association between different cognitive domains and age in a multi-centre study of middle-aged and older European men. <i>International Journal of Geriatric Psychiatry</i> , 2009, 24, 1257-1266.	1.3	10
205	Milk decreases urinary excretion but not plasma pharmacokinetics of cocoa flavan-3-ol metabolites in humans. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 1784-1791.	2.2	114
206	Association between 25-hydroxyvitamin D levels and cognitive performance in middle-aged and older European men. <i>Journal of Neurology, Neurosurgery and Psychiatry</i> , 2009, 80, 722-729.	0.9	130
207	Effects of liraglutide in the treatment of obesity: a randomised, double-blind, placebo-controlled study. <i>Lancet</i> , 2009, 374, 1606-1616.	6.3	931
208	Contribution of Midparental BMI and Other Determinants of Obesity in Adult Offspring. <i>Obesity</i> , 2008, 16, 1388-1393.	1.5	25
209	The associations between current recommendation for physical activity and cardiovascular risks associated with obesity. <i>European Journal of Clinical Nutrition</i> , 2008, 62, 1-9.	1.3	29
210	Changes in weight and waist circumference over 9 years in a Scottish population. <i>European Journal of Clinical Nutrition</i> , 2008, 62, 1208-1214.	1.3	32
211	The Effects of Dietary Phenolic Compounds on Cytokine and Antioxidant Production by A549 Cells. <i>Journal of Medicinal Food</i> , 2008, 11, 382-384.	0.8	33
212	Trading regulations and health foods. <i>BMJ: British Medical Journal</i> , 2008, 337, a2408-a2408.	2.4	4
213	Weight gain as an adverse effect of some commonly prescribed drugs: a systematic review. <i>QJM - Monthly Journal of the Association of Physicians</i> , 2007, 100, 395-404.	0.2	165
214	Benefits of salmon eating on traditional and novel vascular risk factors in young, non-obese healthy subjects. <i>Atherosclerosis</i> , 2007, 193, 213-221.	0.4	75
215	The effect of advice to walk 2000 extra steps daily on food intake. <i>Journal of Human Nutrition and Dietetics</i> , 2006, 19, 263-266.	1.3	17
216	Unidentified under-nutrition: dietary intake and anthropometric indices in a residential care home population. <i>Journal of Human Nutrition and Dietetics</i> , 2006, 19, 343-347.	1.3	27

#	ARTICLE	IF	CITATIONS
217	Management: Part II "Drugs. BMJ: British Medical Journal, 2006, 333, 794-797.	2.4	31
218	Strategies for preventing obesity. BMJ: British Medical Journal, 2006, 333, 959-962.	2.4	63
219	Assessment of obesity and its clinical implications. BMJ: British Medical Journal, 2006, 333, 695-698.	2.4	106
220	Dietary improvement in people with schizophrenia. British Journal of Psychiatry, 2005, 187, 346-351.	1.7	76
221	Weight Changes after Vertical Banded Gastroplication. Scottish Medical Journal, 2005, 50, 58-60.	0.7	1
222	The influence of moderate red wine consumption on antioxidant status and indices of oxidative stress associated with CHD in healthy volunteers. British Journal of Nutrition, 2005, 93, 233-240.	1.2	110
223	Effect of three treatment schedules of recombinant methionyl human leptin on body weight in obese adults: a randomized, placebo-controlled trial. Diabetes, Obesity and Metabolism, 2005, 7, 755-761.	2.2	119
224	Weight management: a survey of current practice in secondary care NHS settings in 2004. Journal of Evaluation in Clinical Practice, 2005, 11, 462-467.	0.9	3
225	Clothing size as an indicator of adiposity, ischaemic heart disease and cardiovascular risks. Journal of Human Nutrition and Dietetics, 2005, 18, 423-430.	1.3	33
226	Empowering primary care to tackle the obesity epidemic: the Counterweight Programme. European Journal of Clinical Nutrition, 2005, 59, S93-S101.	1.3	56
227	Relationships between cigarette smoking, body size and body shape. International Journal of Obesity, 2005, 29, 236-243.	1.6	119
228	Creatine supplementation during pulmonary rehabilitation in chronic obstructive pulmonary disease. Thorax, 2005, 60, 531-537.	2.7	109
229	DISPOSITION AND METABOLISM OF [2-14C]QUERCETIN-4-O-GLUCOSIDE IN RATS. Drug Metabolism and Disposition, 2005, 33, 1036-1043.	1.7	69
230	Aspartame and its effects on health. BMJ: British Medical Journal, 2004, 329, 755-756.	2.4	22
231	Nutrient intakes; biochemical and risk indices associated with Type 2 diabetes and glycosylated haemoglobin, in the British National Diet and Nutrition Survey of people aged 65 years and over. Diabetic Medicine, 2004, 21, 677-684.	1.2	25
232	Intentional mis-reporting of food consumption and its relationship with body mass index and psychological scores in women. Journal of Human Nutrition and Dietetics, 2004, 17, 209-218.	1.3	100
233	A transferable programme of nutritional counselling for rehabilitation following myocardial infarction: a randomised controlled study. European Journal of Clinical Nutrition, 2004, 58, 778-786.	1.3	16
234	The nature of evidence. Journal of Human Nutrition and Dietetics, 2004, 17, 291-292.	1.3	2

#	ARTICLE	IF	CITATIONS
235	Eating habits, beliefs, attitudes and knowledge among health professionals regarding the links between obesity, nutrition and health. <i>Public Health Nutrition</i> , 2004, 7, 337-343.	1.1	69
236	HPLC-MSn Analysis of Phenolic Compounds and Purine Alkaloids in Green and Black Tea. <i>Journal of Agricultural and Food Chemistry</i> , 2004, 52, 2807-2815.	2.4	387
237	Is Atkins dead (again)?. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2004, 14, 61-65.	1.1	14
238	Schizophrenia and osteoporosis. <i>International Clinical Psychopharmacology</i> , 2004, 19, 31-35.	0.9	23
239	Editorial: Dietary fat and obesity: increasing concern or old hat?. <i>European Journal of Lipid Science and Technology</i> , 2003, 105, 389-390.	1.0	0
240	Evaluation of a Dietary Targets Monitor. <i>European Journal of Clinical Nutrition</i> , 2003, 57, 667-673.	1.3	40
241	Moderate physical activity permits acute coupling between serum leptin and appetite "satiety measures in obese women. <i>International Journal of Obesity</i> , 2003, 27, 1332-1339.	1.6	45
242	Analysis of ellagitannins and conjugates of ellagic acid and quercetin in raspberry fruits by LC "MSn. <i>Phytochemistry</i> , 2003, 64, 617-624.	1.4	230
243	Patients on Atypical Antipsychotic Drugs: Another high-risk group for type 2 diabetes. <i>Diabetes Care</i> , 2003, 26, 1597-1605.	4.3	152
244	Prospective Study of C-Reactive Protein in Relation to the Development of Diabetes and Metabolic Syndrome in the Mexico City Diabetes Study. <i>Diabetes Care</i> , 2002, 25, 2016-2021.	4.3	453
245	Variations in the Profile and Content of Anthocyanins in Wines Made from Cabernet Sauvignon and Hybrid Grapes. <i>Journal of Agricultural and Food Chemistry</i> , 2002, 50, 4096-4102.	2.4	85
246	Ellagitannins, Flavonoids, and Other Phenolics in Red Raspberries and Their Contribution to Antioxidant Capacity and Vasorelaxation Properties. <i>Journal of Agricultural and Food Chemistry</i> , 2002, 50, 5191-5196.	2.4	312
247	Effect of Freezing and Storage on the Phenolics, Ellagitannins, Flavonoids, and Antioxidant Capacity of Red Raspberries. <i>Journal of Agricultural and Food Chemistry</i> , 2002, 50, 5197-5201.	2.4	146
248	Determination of Flavonol Metabolites in Plasma and Tissues of Rats by HPLC "Radiocounting and Tandem Mass Spectrometry Following Oral Ingestion of [2-14C]Quercetin-4 "glucoside. <i>Journal of Agricultural and Food Chemistry</i> , 2002, 50, 6902-6909.	2.4	117
249	Weight change after myocardial infarction: statistical perspectives for future study. <i>Journal of Human Nutrition and Dietetics</i> , 2002, 15, 439-444.	1.3	5
250	Effects of moderate weight loss on anginal symptoms and indices of coagulation and fibrinolysis in overweight patients with angina pectoris. <i>European Journal of Clinical Nutrition</i> , 2002, 56, 1039-1045.	1.3	10
251	Why lose weight? Reasons for seeking weight loss by overweight but otherwise healthy men. <i>International Journal of Obesity</i> , 2002, 26, 880-882.	1.6	55
252	Weight management: a comparison of existing dietary approaches in a work-site setting. <i>International Journal of Obesity</i> , 2002, 26, 1469-1475.	1.6	42

#	ARTICLE	IF	CITATIONS
253	Analysis of Obesity and Hyperinsulinemia in the Development of Metabolic Syndrome: San Antonio Heart Study. <i>Obesity</i> , 2002, 10, 923-931.	4.0	155
254	Rapid characterization of anthocyanins in red raspberry fruit by high-performance liquid chromatography coupled to single quadrupole mass spectrometry. <i>Journal of Chromatography A</i> , 2002, 966, 63-70.	1.8	93
255	Plant Foods and Herbal Sources of Resveratrol. <i>Journal of Agricultural and Food Chemistry</i> , 2002, 50, 3337-3340.	2.4	840
256	Effect of alcohol withdrawal on liver transaminase levels and markers of liver fibrosis. <i>Journal of Gastroenterology and Hepatology (Australia)</i> , 2001, 16, 1254-1259.	1.4	6
257	Antenatal Waist Circumference and Hypertension Risk. <i>Obstetrics and Gynecology</i> , 2001, 97, 268-271.	1.2	32
258	Is long-term weight loss possible?. <i>British Journal of Nutrition</i> , 2000, 83, S103-S111.	1.2	30
259	Pathophysiology of obesity. <i>Proceedings of the Nutrition Society</i> , 2000, 59, 331-336.	0.4	114
260	Survey of dietetic provision for patients with diabetes. <i>Diabetic Medicine</i> , 2000, 17, 565-571.	1.2	16
261	Relationship among Antioxidant Activity, Vasodilation Capacity, and Phenolic Content of Red Wines. <i>Journal of Agricultural and Food Chemistry</i> , 2000, 48, 220-230.	2.4	369
262	Occurrence of Flavonols in Tomatoes and Tomato-Based Products. <i>Journal of Agricultural and Food Chemistry</i> , 2000, 48, 2663-2669.	2.4	404
263	Antioxidant flavonols from fruits, vegetables and beverages: measurements and bioavailability. <i>Biological Research</i> , 2000, 33, 79-88.	1.5	118
264	Evaluation of a bar-code system for nutrient analysis in dietary surveys. <i>Public Health Nutrition</i> , 1999, 2, 579-586.	1.1	2
265	Family Hospitality and Ethnic Tradition Among South Asian, Italian and General Population Women in the West of Scotland. <i>Sociology of Health and Illness</i> , 1998, 20, 351-380.	1.1	36
266	Survey of the Free and Conjugated Myricetin and Quercetin Content of Red Wines of Different Geographical Origins. <i>Journal of Agricultural and Food Chemistry</i> , 1998, 46, 368-375.	2.4	181
267	Absorption and excretion of conjugated flavonols, including quercetin-4-O- β -glucoside and isorhamnetin-4-O- β -glucoside by human volunteers after the consumption of onions. <i>Free Radical Research</i> , 1998, 29, 257-269.	1.5	167
268	Take Five, a nutrition education intervention to increase fruit and vegetable intakes: impact on consumer choice and nutrient intakes. <i>British Journal of Nutrition</i> , 1998, 80, 123-131.	1.2	88
269	Take Five, a nutrition education intervention to increase fruit and vegetable intakes: impact on attitudes towards dietary change. <i>British Journal of Nutrition</i> , 1998, 80, 133-140.	1.2	124
270	UK consumer attitudes, beliefs and barriers to increasing fruit and vegetable consumption. <i>Public Health Nutrition</i> , 1998, 1, 61-68.	1.1	104

#	ARTICLE	IF	CITATIONS
271	Quantitative Analysis of the Flavonoid Content of Commercial Tomatoes, Onions, Lettuce, and Celery. <i>Journal of Agricultural and Food Chemistry</i> , 1997, 45, 590-595.	2.4	596
272	Narrow hips and broad waist circumferences independently contribute to increased risk of non-insulin-dependent diabetes mellitus. <i>Journal of Internal Medicine</i> , 1997, 242, 401-406.	2.7	173
273	The "Wrong Trousers"™ but the Right Approach to Obesity. , 1997, 14, 273-274.		1
274	Quantitative analysis of flavonoids by reversed-phase high-performance liquid chromatography. <i>Journal of Chromatography A</i> , 1997, 761, 315-321.	1.8	137
275	Waist Circumference as a Screening Tool for Cardiovascular Risk Factors: Evaluation of Receiver Operating Characteristics (ROC). <i>Obesity</i> , 1996, 4, 533-547.	4.0	81
276	Nutrition and therapeutics. <i>Current Opinion in Lipidology</i> , 1996, 7, U173-U178.	1.2	0
277	Waist circumference remains useful predictor of coronary heart disease. <i>BMJ: British Medical Journal</i> , 1996, 312, 1227-1228.	2.4	15
278	Eat your greens: the Scottish consumer's perspective on fruit and vegetables. <i>Health Education Journal</i> , 1995, 54, 186-197.	0.6	17
279	Healthy changes? Observations on a decade of dietary change in a sample of Glaswegian South Asian migrant women. <i>Journal of Human Nutrition and Dietetics</i> , 1995, 8, 129-136.	1.3	19
280	Waist circumference as a measure for indicating need for weight management. <i>BMJ: British Medical Journal</i> , 1995, 311, 158-161.	2.4	1,331
281	Waist circumference action levels in the identification of cardiovascular risk factors: prevalence study in a random sample. <i>BMJ: British Medical Journal</i> , 1995, 311, 1401-1405.	2.4	733
282	Five a Day? Factors Affecting Fruit and Vegetable Consumption in Scotland. <i>Nutrition and Food Science</i> , 1994, 94, 14-16.	0.4	13
283	Healthy Eating: Fruit and Vegetables in Scotland. <i>British Food Journal</i> , 1994, 96, 18-24.	1.6	34
284	Dietary recommendations for people with diabetes: an update for the 1990s Nutrition Subcommittee of the British Diabetic Association's Professional Advisory Committee. <i>Journal of Human Nutrition and Dietetics</i> , 1991, 4, 393-412.	1.3	39
285	Nutrition Education in Scottish Schools. <i>Proceedings of the Nutrition Society</i> , 1991, 50, 45-48.	0.4	1
286	Brown adipose tissue in humans. <i>Proceedings of the Nutrition Society</i> , 1989, 48, 243-257.	0.4	161
287	METABOLIC AND THYROIDAL RESPONSES TO MILD COLD ARE ABNORMAL IN OBESE DIABETIC WOMEN. <i>Clinical Endocrinology</i> , 1988, 28, 665-673.	1.2	18
288	Clinical Strategies for Obesity Management. <i>Diabetic Medicine</i> , 1988, 5, 515-518.	1.2	10

#	ARTICLE	IF	CITATIONS
289	Setting an example: food and health policy within the National Health Service. Health Education Research, 1987, 2, 275-285.	1.0	2
290	Brown adipose tissue uncoupling protein in infants and children. Biochemical Society Transactions, 1986, 14, 288-289.	1.6	0
291	Electron microscope immunocytochemical localization of uncoupling protein in rat brown adipose tissue. Biochemical Society Transactions, 1986, 14, 289-290.	1.6	7
292	Glycaemic Effects of Bread and Marmalade in Insulinâ€¢dependent Diabetes. Diabetic Medicine, 1985, 2, 117-120.	1.2	19
293	Measurement of rat brown-adipose-tissue mitochondrial uncoupling protein by radioimmunoassay: Increased concentration after cold acclimation. Bioscience Reports, 1983, 3, 61-71.	1.1	92
294	Ciclazindol: An oral agent with weight reducing properties and hypoglycaemic activity. European Journal of Clinical Pharmacology, 1983, 25, 41-45.	0.8	15