

Markus Jansson-FrÃ¶jmark

List of Publications by Year in descending order

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Version: 2024-02-01

77
papers

3,976
citations

236925

25
h-index

128289

60
g-index

91
all docs

91
docs citations

91
times ranked

4399
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 1 | Clinical characteristics of 172 children and adolescents with body dysmorphic disorder. <i>European Child and Adolescent Psychiatry</i> , 2022, 31, 133-144. | 4.7 | 16 |
| 2 | Longitudinal, bidirectional relationships of insomnia symptoms and musculoskeletal pain across adolescence: the mediating role of mood. <i>Pain</i> , 2022, 163, 287-298. | 4.2 | 13 |
| 3 | A longitudinal study of prevalence and predictors of incidence and persistence of sub-diagnostic social anxiety among Swedish adolescents. <i>Nordic Psychology</i> , 2022, 74, 152-170. | 0.8 | 3 |
| 4 | Psychometric Properties of the European Portuguese Adaptation of the Insomnia Catastrophizing Scale (ICS). <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2022, 40, 295-312. | 1.7 | 1 |
| 5 | Paradoxical intention for insomnia: A systematic review and meta-analysis. <i>Journal of Sleep Research</i> , 2022, 31, e13464. | 3.2 | 6 |
| 6 | Clinical practitioners' experiences of psychological treatment for autistic children and adolescents with school attendance problems: a qualitative study. <i>BMC Psychiatry</i> , 2022, 22, 220. | 2.6 | 7 |
| 7 | Sleep phase and pre-sleep arousal predicted co-developmental trajectories of pain and insomnia within adolescence. <i>Scientific Reports</i> , 2022, 12, 4480. | 3.3 | 7 |
| 8 | The Psychological Flexibility in Epilepsy Questionnaire (PFEQ): Psychometric properties of the Persian version. <i>Epilepsy and Behavior</i> , 2022, 130, 108672. | 1.7 | 1 |
| 9 | Effectiveness of Multimodal Treatment for Young People With Body Dysmorphic Disorder in Two Specialist Clinics. <i>Behavior Therapy</i> , 2022, 53, 1037-1049. | 2.4 | 5 |
| 10 | Internet-delivered Cognitive Behavioral Therapy for insomnia in youth with autism spectrum disorder: A pilot study. <i>Internet Interventions</i> , 2022, 29, 100548. | 2.7 | 3 |
| 11 | Treatment satisfaction with cognitive-behavioral therapy among children and adolescents with anxiety and depression: A systematic review and meta-synthesis. <i>Journal of Behavioral and Cognitive Therapy</i> , 2021, 31, 147-191. | 1.4 | 11 |
| 12 | Development and preliminary evaluation of the psychometric properties of the psychological flexibility in epilepsy questionnaire (PFEQ). <i>Epilepsy and Behavior</i> , 2021, 115, 107685. | 1.7 | 3 |
| 13 | Is Burnout a Depressive Condition? A 14-Sample Meta-Analytic and Bifactor Analytic Study. <i>Clinical Psychological Science</i> , 2021, 9, 579-597. | 4.0 | 59 |
| 14 | Further Exploration of the Psychometric Properties of GamTest: A Rasch Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4824. | 2.6 | 1 |
| 15 | Symptom-specific effects of cognitive therapy and behavior therapy for insomnia: A network intervention analysis.. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 364-370. | 2.0 | 13 |
| 16 | Sleep-Related Cognitive Processes and the Incidence of Insomnia Over Time: Does Anxiety and Depression Impact the Relationship?. <i>Frontiers in Psychology</i> , 2021, 12, 677538. | 2.1 | 5 |
| 17 | Cognitive behavioural therapy for insomnia for patients with co-morbid generalized anxiety disorder: an open trial on clinical outcomes and putative mechanisms. <i>Behavioural and Cognitive Psychotherapy</i> , 2021, 49, 540-555. | 1.2 | 12 |
| 18 | Changes in insomnia as a risk factor for the incidence and persistence of anxiety and depression: a longitudinal community study. <i>Sleep Science and Practice</i> , 2021, 5, . | 1.3 | 12 |

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|----|---|-----|-----------|
| 19 | Psychometric Properties of Two Brief Versions of Cognitive, Insomnia-Specific Measures: The Anxiety and Preoccupation About Sleep Questionnaire and the Sleep-Associated Monitoring Index. <i>Psychological Reports</i> , 2020, 123, 966-982. | 1.7 | 3 |
| 20 | Psychometric properties of the Insomnia Catastrophizing Scale (ICS) in a large community sample. <i>Cognitive Behaviour Therapy</i> , 2020, 49, 120-136. | 3.5 | 10 |
| 21 | Comparing internet-delivered cognitive therapy and behavior therapy with telephone support for insomnia disorder: a randomized controlled trial. <i>Sleep</i> , 2020, 43, . | 1.1 | 17 |
| 22 | Psychological Flexibility Among Competitive Athletes: A Psychometric Investigation of a New Scale. <i>Frontiers in Sports and Active Living</i> , 2020, 2, 110. | 1.8 | 8 |
| 23 | Internet-based CBT for patients with depressive disorders in primary and psychiatric care: Is it effective and does comorbidity affect outcome?. <i>Internet Interventions</i> , 2020, 19, 100303. | 2.7 | 19 |
| 24 | Are sleep hygiene practices related to the incidence, persistence and remission of insomnia? Findings from a prospective community study. <i>Journal of Behavioral Medicine</i> , 2019, 42, 128-138. | 2.1 | 24 |
| 25 | Insomnia as a predictor of mental disorders: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2019, 43, 96-105. | 8.5 | 614 |
| 26 | The reduced Morningness-Eveningness Questionnaire: Psychometric properties and related factors in a young Swedish population. <i>Chronobiology International</i> , 2019, 36, 530-540. | 2.0 | 43 |
| 27 | Psychometric Evaluation of the Social Phobia Inventory and the Mini-Social Phobia Inventory in a Swedish University Student Sample. <i>Psychological Reports</i> , 2019, 122, 323-339. | 1.7 | 6 |
| 28 | Job demands, control and social support as predictors of trajectories of depressive symptoms. <i>Journal of Affective Disorders</i> , 2018, 235, 535-543. | 4.1 | 12 |
| 29 | Light Therapy With Scheduled Rise Times in Young Adults With Delayed Sleep Phase Disorder: Therapeutic Outcomes and Possible Predictors. <i>Behavioral Sleep Medicine</i> , 2018, 16, 325-336. | 2.1 | 13 |
| 30 | Psychometric Properties of the Personal Report of Public Speaking Anxiety (PRPSA) in a Sample of University Students in Sweden. <i>International Journal of Cognitive Therapy</i> , 2018, 11, 421-433. | 2.2 | 13 |
| 31 | Italian adaptation of the Insomnia Catastrophizing Scale (ICS): a tool to evaluate insomnia-specific catastrophic thinking. <i>Sleep and Biological Rhythms</i> , 2018, 16, 423-429. | 1.0 | 5 |
| 32 | The cognitive treatment components and therapies of cognitive behavioral therapy for insomnia: A systematic review. <i>Sleep Medicine Reviews</i> , 2018, 42, 19-36. | 8.5 | 31 |
| 33 | Does Mid-Treatment Insomnia Severity Mediate between Cognitive Behavioural Therapy for Insomnia and Post-Treatment Depression? An Investigation in a Sample with Comorbid Insomnia and Depressive Symptomatology. <i>Behavioural and Cognitive Psychotherapy</i> , 2018, 46, 726-737. | 1.2 | 5 |
| 34 | Experiences of Playscan: Interviews with users of a responsible gambling tool. <i>Internet Interventions</i> , 2017, 8, 53-62. | 2.7 | 30 |
| 35 | European guideline for the diagnosis and treatment of insomnia. <i>Journal of Sleep Research</i> , 2017, 26, 675-700. | 3.2 | 1,334 |
| 36 | How Does Cognitive Behavioral Therapy for Insomnia Work? An Investigation of Cognitive Processes and Time in Bed as Outcomes and Mediators in a Sample With Insomnia and Depressive Symptomatology. <i>International Journal of Cognitive Therapy</i> , 2017, 10, 304-329. | 2.2 | 13 |

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|----|--|-----|-----------|
| 37 | Job demand, control and social support as predictors of trajectories of depressive symptoms. <i>European Journal of Public Health</i> , 2017, 27, . | 0.3 | 0 |
| 38 | Cognitive Behavioural Therapy for Insomnia in Psychiatric Disorders. <i>Current Sleep Medicine Reports</i> , 2016, 2, 233-240. | 1.4 | 41 |
| 39 | Sleep duration and patterns in adolescents: correlates and the role of daily stressors. <i>Sleep Health</i> , 2016, 2, 211-218. | 2.5 | 54 |
| 40 | The role of emotion dysregulation in insomnia: Longitudinal findings from a large community sample. <i>British Journal of Health Psychology</i> , 2016, 21, 93-113. | 3.5 | 25 |
| 41 | Delayed sleep phase disorder in a Swedish cohort of adolescents and young adults: Prevalence and associated factors. <i>Chronobiology International</i> , 2016, 33, 1331-1339. | 2.0 | 34 |
| 42 | The role of psychiatric and somatic conditions in incidence and persistence of insomnia: a longitudinal, community study. <i>Sleep Health</i> , 2016, 2, 229-238. | 2.5 | 7 |
| 43 | Developing a cognitive behavioral therapy manual for delayed sleep-wake phase disorder. <i>Cognitive Behaviour Therapy</i> , 2016, 45, 518-532. | 3.5 | 6 |
| 44 | Cognitive Behavioral Therapy as an Adjunct Treatment to Light Therapy for Delayed Sleep Phase Disorder in Young Adults: A Randomized Controlled Feasibility Study. <i>Behavioral Sleep Medicine</i> , 2016, 14, 212-232. | 2.1 | 34 |
| 45 | Group cognitive behavioural therapy for insomnia: Effects on sleep and depressive symptomatology in a sample with comorbidity. <i>Behaviour Research and Therapy</i> , 2015, 74, 80-93. | 3.1 | 46 |
| 46 | Cognitive Arousal, Unhelpful Beliefs and Maladaptive Sleep Behaviors as Mediators in Cognitive Behavior Therapy for Insomnia: A Quasi-Experimental Study. <i>Cognitive Therapy and Research</i> , 2015, 39, 841-852. | 1.9 | 19 |
| 47 | Allowing or fighting social anxiety: The role of psychological inflexibility in a non-clinical population. <i>Journal for Person-Oriented Research</i> , 2015, 1, 151-161. | 0.4 | 3 |
| 48 | Are Changes in Worry Associated with Treatment Response in Cognitive Behavioral Therapy for Insomnia?. <i>Cognitive Behaviour Therapy</i> , 2014, 43, 1-11. | 3.5 | 21 |
| 49 | The Work and Social Adjustment Scale as a Measure of Dysfunction in Chronic Insomnia: Reliability and Validity. <i>Behavioural and Cognitive Psychotherapy</i> , 2014, 42, 186-198. | 1.2 | 30 |
| 50 | Cognitive processes and their association with persistence and remission of insomnia: Findings from a longitudinal study in the general population. <i>Behaviour Research and Therapy</i> , 2014, 54, 38-48. | 3.1 | 34 |
| 51 | Sleep Disturbance and Depressive Symptoms in Adolescence: The Role of Catastrophic Worry. <i>Journal of Youth and Adolescence</i> , 2013, 42, 1223-1233. | 3.5 | 63 |
| 52 | Attentional Bias in Insomnia: The Dot-Probe Task with Pictorial Stimuli Depicting Daytime Fatigue/Malaise. <i>Cognitive Therapy and Research</i> , 2013, 37, 534-546. | 1.9 | 23 |
| 53 | Psychometric properties of the Pre-Sleep Arousal Scale in a large community sample. <i>Journal of Psychosomatic Research</i> , 2012, 72, 103-110. | 2.6 | 43 |
| 54 | Associations Between Psychological Factors and Nighttime/Daytime Symptomatology in Insomnia. <i>Cognitive Behaviour Therapy</i> , 2012, 41, 273-287. | 3.5 | 24 |

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|----|--|-----|-----------|
| 55 | Cognitive-Behavioral Therapy for Insomnia Co-Morbid with Hearing Impairment: A Randomized Controlled Trial. <i>Journal of Clinical Psychology in Medical Settings</i> , 2012, 19, 224-234. | 1.4 | 27 |
| 56 | Don't worry, be constructive: A randomized controlled feasibility study comparing behaviour therapy singly and combined with constructive worry for insomnia. <i>British Journal of Clinical Psychology</i> , 2012, 51, 142-157. | 3.5 | 17 |
| 57 | Bidirectionality between pain and insomnia symptoms: A prospective study. <i>British Journal of Health Psychology</i> , 2012, 17, 420-431. | 3.5 | 44 |
| 58 | SHORT-TERM PARTIAL SLEEP DEPRIVATION: EFFECTS ON EMOTION REGULATION OF HEALTHY ADULTS. <i>Sleep Medicine</i> , 2011, 12, S14. | 1.6 | 0 |
| 59 | Does Treating Insomnia With Cognitive Behavioural Therapy Influence Comorbid Anxiety and Depression? An Exploratory Multiple Baseline Design With Four Patients. <i>Behaviour Change</i> , 2011, 28, 195-205. | 1.3 | 9 |
| 60 | Sleepless in Sweden: A Single Subject Study of Effects of Cognitive Therapy for Insomnia on Three Adolescents. <i>Behavioural and Cognitive Psychotherapy</i> , 2011, 39, 367-374. | 1.2 | 18 |
| 61 | Psychometric Properties of an Insomnia-Specific Measure of Worry: The Anxiety and Preoccupation about Sleep Questionnaire. <i>Cognitive Behaviour Therapy</i> , 2011, 40, 65-76. | 3.5 | 41 |
| 62 | Cognitive vulnerability in the development of concomitant pain and sleep disturbances. <i>British Journal of Health Psychology</i> , 2010, 15, 417-434. | 3.5 | 17 |
| 63 | Is There a Bidirectional Link Between Insomnia and Burnout? A Prospective Study in the Swedish Workforce. <i>International Journal of Behavioral Medicine</i> , 2010, 17, 306-313. | 1.7 | 52 |
| 64 | Neuroticism and sleep-onset: What is the long-term connection?. <i>Personality and Individual Differences</i> , 2010, 48, 463-468. | 2.9 | 18 |
| 65 | Exploratory factor analysis of the Modified Somatic Perception Questionnaire on a sample with insomnia symptoms. <i>Psychology, Health and Medicine</i> , 2009, 14, 62-72. | 2.4 | 8 |
| 66 | Reconstructing the Past on the Original Pain Recall Assessment Form (OPRA). <i>Journal of Pain</i> , 2009, 10, 809-817. | 1.4 | 4 |
| 67 | How is persistent insomnia maintained? A prospective study on 50-60 years old adults in the general population. <i>British Journal of Health Psychology</i> , 2008, 13, 121-133. | 3.5 | 9 |
| 68 | Avoidant Safety Behaviors and Catastrophizing: Shared cognitive-behavioral processes and consequences in co-morbid pain and sleep disorders. <i>International Journal of Behavioral Medicine</i> , 2008, 15, 201-210. | 1.7 | 35 |
| 69 | A bidirectional relationship between anxiety and depression, and insomnia? A prospective study in the general population. <i>Journal of Psychosomatic Research</i> , 2008, 64, 443-449. | 2.6 | 481 |
| 70 | The Role of Sleep-Related Beliefs to Improvement in Early Cognitive Behavioral Therapy for Insomnia. <i>Cognitive Behaviour Therapy</i> , 2008, 37, 5-13. | 3.5 | 20 |
| 71 | The role of psychological mechanisms to insomnia in its early phase: A focus on arousal, distress, and sleep-related beliefs. <i>Psychology and Health</i> , 2008, 23, 691-705. | 2.2 | 15 |
| 72 | The Course of Insomnia over One Year: a Longitudinal Study in the General Population in Sweden. <i>Sleep</i> , 2008, 31, 881-886. | 1.1 | 87 |

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|----|--|-----|-----------|
| 73 | Is perfectionism related to pre-existing and future insomnia? A prospective study. <i>British Journal of Clinical Psychology</i> , 2007, 46, 119-124. | 3.5 | 52 |
| 74 | Psychosocial work stressors for insomnia: a prospective study on 50-60-year-old adults in the working population. <i>International Journal of Behavioral Medicine</i> , 2007, 14, 222-228. | 1.7 | 28 |
| 75 | The role of anxiety and depression in the development of insomnia: Cross-sectional and prospective analyses. <i>Psychology and Health</i> , 2006, 21, 383-397. | 2.2 | 75 |
| 76 | Autobiographical Memory in Patients with Tinnitus. <i>Psychology and Health</i> , 2003, 18, 667-675. | 2.2 | 27 |
| 77 | GamTest: Psychometric Evaluation in a Low-Gambling General Population. <i>Journal of Gambling Issues</i> , 0, 44, . | 0.3 | 6 |