

# Falko F Sniehotta

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8013164/publications.pdf>

Version: 2024-02-01

232  
papers

18,396  
citations

22153

59  
h-index

14759

127  
g-index

253  
all docs

253  
docs citations

253  
times ranked

18434  
citing authors

#	ARTICLE	IF	CITATIONS
1	A refined taxonomy of behaviour change techniques to help people change their physical activity and healthy eating behaviours: The CALO-RE taxonomy. <i>Psychology and Health</i> , 2011, 26, 1479-1498.	2.2	1,386
2	Primary care-led weight management for remission of type 2 diabetes (DiRECT): an open-label, cluster-randomised trial. <i>Lancet, The</i> , 2018, 391, 541-551.	13.7	1,282
3	Bridging the intention-behaviour gap: Planning, self-efficacy, and action control in the adoption and maintenance of physical exercise. <i>Psychology and Health</i> , 2005, 20, 143-160.	2.2	975
4	Time to retire the theory of planned behaviour. <i>Health Psychology Review</i> , 2014, 8, 1-7.	8.6	940
5	Theoretical explanations for maintenance of behaviour change: a systematic review of behaviour theories. <i>Health Psychology Review</i> , 2016, 10, 277-296.	8.6	851
6	Action planning and coping planning for long-term lifestyle change: theory and assessment. <i>European Journal of Social Psychology</i> , 2005, 35, 565-576.	2.4	709
7	Long term maintenance of weight loss with non-surgical interventions in obese adults: systematic review and meta-analyses of randomised controlled trials. <i>BMJ, The</i> , 2014, 348, g2646-g2646.	6.0	573
8	Durability of a primary care-led weight-management intervention for remission of type 2 diabetes: 2-year results of the DiRECT open-label, cluster-randomised trial. <i>Lancet Diabetes and Endocrinology, the</i> , 2019, 7, 344-355.	11.4	569
9	Does theory influence the effectiveness of health behavior interventions? Meta-analysis.. <i>Health Psychology</i> , 2014, 33, 465-474.	1.6	427
10	Identifying active ingredients in complex behavioural interventions for obese adults with obesity-related co-morbidities or additional risk factors for co-morbidities: a systematic review. <i>Health Psychology Review</i> , 2012, 6, 7-32.	8.6	404
11	Action plans and coping plans for physical exercise: A longitudinal intervention study in cardiac rehabilitation. <i>British Journal of Health Psychology</i> , 2006, 11, 23-37.	3.5	377
12	The Effectiveness of Financial Incentives for Health Behaviour Change: Systematic Review and Meta-Analysis. <i>PLoS ONE</i> , 2014, 9, e90347.	2.5	369
13	Towards a theory of intentional behaviour change: Plans, planning, and self-regulation. <i>British Journal of Health Psychology</i> , 2009, 14, 261-273.	3.5	346
14	Changing Physical Activity Behavior in Type 2 Diabetes. <i>Diabetes Care</i> , 2012, 35, 2681-2689.	8.6	261
15	Intervention strategies to improve nutrition and health behaviours before conception. <i>Lancet, The</i> , 2018, 391, 1853-1864.	13.7	254
16	Using theories of behaviour change to inform interventions for addictive behaviours. <i>Addiction</i> , 2010, 105, 1879-1892.	3.3	252
17	Predicting Physical Exercise in Cardiac Rehabilitation: The Role of Phase-Specific Self-Efficacy Beliefs. <i>Journal of Sport and Exercise Psychology</i> , 2005, 27, 135-151.	1.2	225
18	A Systematic Review of Perceived Barriers and Motivators to Physical Activity after Stroke. <i>International Journal of Stroke</i> , 2013, 8, 357-364.	5.9	213

#	ARTICLE	IF	CITATIONS
19	Prevalence of personal weight control attempts in adults: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2017, 18, 32-50.	6.5	191
20	Does planning how to cope with anticipated barriers facilitate health-related behaviour change? A systematic review. <i>Health Psychology Review</i> , 2013, 7, 129-145.	8.6	188
21	Are behavioral interventions effective in increasing physical activity at 12 to 36 months in adults aged 55 to 70 years? a systematic review and meta-analysis. <i>BMC Medicine</i> , 2013, 11, 75.	5.5	169
22	Long-term effects of two psychological interventions on physical exercise and self-regulation following coronary rehabilitation. <i>International Journal of Behavioral Medicine</i> , 2005, 12, 244-255.	1.7	162
23	The state of the art and future opportunities for using longitudinal n-of-1 methods in health behaviour research: a systematic literature overview. <i>Health Psychology Review</i> , 2017, 11, 307-323.	8.6	158
24	Carrots, sticks and health behaviours: a framework for documenting the complexity of financial incentive interventions to change health behaviours. <i>Health Psychology Review</i> , 2014, 8, 286-295.	8.6	143
25	The role of action control in implementing intentions during the first weeks of behaviour change. <i>British Journal of Social Psychology</i> , 2006, 45, 87-106.	2.8	141
26	Community pharmacy-delivered interventions for public health priorities: a systematic review of interventions for alcohol reduction, smoking cessation and weight management, including meta-analysis for smoking cessation. <i>BMJ Open</i> , 2016, 6, e009828.	1.9	141
27	An intervention to promote walking amongst the general population based on an "extended" theory of planned behaviour: A waiting list randomised controlled trial. <i>Psychology and Health</i> , 2010, 25, 71-88.	2.2	137
28	Developing Behavior Change Interventions for Self-Management in Chronic Illness. <i>European Psychologist</i> , 2019, 24, 7-25.	3.1	135
29	The Habitual Use of the Self-report Habit Index. <i>Annals of Behavioral Medicine</i> , 2012, 43, 139-140.	2.9	132
30	Reflective and Automatic Processes in Health Care Professional Behaviour: a Dual Process Model Tested Across Multiple Behaviours. <i>Annals of Behavioral Medicine</i> , 2014, 48, 347-358.	2.9	132
31	An Experimental Test of the Theory of Planned Behavior. <i>Applied Psychology: Health and Well-Being</i> , 2009, 1, 257-270.	3.0	129
32	PREDICTING BINGE-DRINKING BEHAVIOUR USING AN EXTENDED TPB: EXAMINING THE IMPACT OF ANTICIPATED REGRET AND DESCRIPTIVE NORMS. <i>Alcohol and Alcoholism</i> , 2006, 42, 84-91.	1.6	123
33	Behavioural Interventions for Obese Adults with Additional Risk Factors for Morbidity: Systematic Review of Effects on Behaviour, Weight and Disease Risk Factors. <i>Obesity Facts</i> , 2010, 3, 377-396.	3.4	121
34	Disentangling the relation between intentions, planning, and behaviour: A moderated mediation analysis. <i>Psychology and Health</i> , 2009, 24, 67-79.	2.2	120
35	A systematic review of school-based interventions targeting physical activity and sedentary behaviour among older adolescents. <i>International Review of Sport and Exercise Psychology</i> , 2016, 9, 22-44.	5.7	118
36	Efficacy of behavioural interventions for transport behaviour change: systematic review, meta-analysis and intervention coding. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 133.	4.6	109

#	ARTICLE	IF	CITATIONS
37	Adherence to a daily flossing regimen in university students: effects of planning when, where, how and what to do in the face of barriers. <i>Journal of Clinical Periodontology</i> , 2006, 33, 612-619.	4.9	108
38	The features of interventions associated with long-term effectiveness of physical activity interventions in adults aged 55-70 years: a systematic review and meta-analysis. <i>Health Psychology Review</i> , 2015, 9, 417-433.	8.6	106
39	A qualitative theory guided analysis of stroke survivors' perceived barriers and facilitators to physical activity. <i>Disability and Rehabilitation</i> , 2014, 36, 1857-1868.	1.8	103
40	The Best Laid Plans: Planning Skill Determines the Effectiveness of Action Plans and Implementation Intentions. <i>Annals of Behavioral Medicine</i> , 2013, 46, 114-120.	2.9	96
41	What helps and hinders midwives in engaging with pregnant women about stopping smoking? A cross-sectional survey of perceived implementation difficulties among midwives in the North East of England. <i>Implementation Science</i> , 2012, 7, 36.	6.9	94
42	Randomized Controlled Trial of a One-minute Intervention Changing Oral Self-care Behavior. <i>Journal of Dental Research</i> , 2007, 86, 641-645.	5.2	93
43	Association of behaviour change techniques with effectiveness of dietary interventions among adults of retirement age: a systematic review and meta-analysis of randomised controlled trials. <i>BMC Medicine</i> , 2014, 12, 177.	5.5	92
44	The Diabetes Remission Clinical Trial (DiRECT): protocol for a cluster randomised trial. <i>BMC Family Practice</i> , 2016, 17, 20.	2.9	86
45	Data-prompted interviews: Using individual ecological data to stimulate narratives and explore meanings.. <i>Health Psychology</i> , 2015, 34, 1191-1194.	1.6	85
46	"Let's Move It" a school-based multilevel intervention to increase physical activity and reduce sedentary behaviour among older adolescents in vocational secondary schools: a study protocol for a cluster-randomised trial. <i>BMC Public Health</i> , 2016, 16, 451.	2.9	81
47	Current issues and future directions in <i>Psychology and Health</i> : Towards a cumulative science of behaviour change: Do current conduct and reporting of behavioural interventions fall short of best practice?. <i>Psychology and Health</i> , 2007, 22, 869-874.	2.2	80
48	Integrating Evidence From Systematic Reviews, Qualitative Research, and Expert Knowledge Using Co-Design Techniques to Develop a Web-Based Intervention for People in the Retirement Transition. <i>Journal of Medical Internet Research</i> , 2016, 18, e210.	4.3	77
49	THE IMPORTANCE OF MAKING EXPLICIT LINKS BETWEEN THEORETICAL CONSTRUCTS AND BEHAVIOUR CHANGE TECHNIQUES. <i>Addiction</i> , 2010, 105, 1897-1898.	3.3	75
50	Increasing Physical Exercise Levels. <i>Journal of Aging and Health</i> , 2007, 19, 851-866.	1.7	73
51	Complex systems and individual-level approaches to population health: a false dichotomy?. <i>Lancet Public Health</i> , The, 2017, 2, e396-e397.	10.0	71
52	Do Pedometers Increase Physical Activity in Sedentary Older Women? A Randomized Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2010, 58, 2099-2106.	2.6	70
53	Physical activity and depressive symptoms in cardiac rehabilitation: Long-term effects of a self-management intervention. <i>Social Science and Medicine</i> , 2006, 62, 3109-3120.	3.8	68
54	Predicting changes in physical activity among adolescents: the role of self-efficacy, intention, action planning and coping planning. <i>Health Education Research</i> , 2008, 24, 128-139.	1.9	68

#	ARTICLE	IF	CITATIONS
55	The questionâ€“behavior effect: Genuine effect or spurious phenomenon? A systematic review of randomized controlled trials with meta-analyses.. Health Psychology, 2015, 34, 61-78.	1.6	66
56	Acceptability of financial incentives for encouraging uptake of healthy behaviours: A critical review using systematic methods. Preventive Medicine, 2015, 73, 145-158.	3.4	65
57	Stage-specific effects of an action control intervention on dental flossing. Health Education Research, 2006, 22, 332-341.	1.9	63
58	Predicting Automaticity in Exercise Behaviour: The Role of Perceived Behavioural Control, Affect, Intention, Action Planning, and Behaviour. International Journal of Behavioral Medicine, 2014, 21, 767-774.	1.7	63
59	Social support and regular physical activity: Does planning mediate this link?. British Journal of Health Psychology, 2010, 15, 859-870.	3.5	62
60	Effectiveness of dietary interventions among adults of retirement age: a systematic review and meta-analysis of randomized controlled trials. BMC Medicine, 2014, 12, 60.	5.5	62
61	Goal conflict and goal facilitation as predictors of daily accelerometer-assessed physical activity.. Health Psychology, 2013, 32, 1179-1187.	1.6	61
62	Successful behavioural strategies to increase physical activity and improve glucose control in adults with TypeÂ2 diabetes. Diabetic Medicine, 2015, 32, 1058-1062.	2.3	61
63	Dog ownership and physical activity in later life: A cross-sectional observational study. Preventive Medicine, 2014, 66, 101-106.	3.4	59
64	The Use of Pedometers in Stroke Survivors: Are They Feasible and How Well Do They Detect Steps?. Archives of Physical Medicine and Rehabilitation, 2012, 93, 466-470.	0.9	57
65	Effectiveness and acceptability of parental financial incentives and quasi-mandatory schemes for increasing uptake of vaccinations in preschool children: systematic review, qualitative study and discrete choice experiment. Health Technology Assessment, 2015, 19, 1-176.	2.8	57
66	Do brief online planning interventions increase physical activity amongst university students? A randomised controlled trial. Psychology and Health, 2011, 26, 399-417.	2.2	56
67	Dynamic modelling of n-of-1 data: powerful and flexible data analytics applied to individualised studies. Health Psychology Review, 2017, 11, 222-234.	8.6	55
68	The impact of the UK â€“Act FASTâ€™ stroke awareness campaign: content analysis of patients, witness and primary care cliniciansâ€™ perceptions. BMC Public Health, 2013, 13, 915.	2.9	54
69	â€“Itâ€™s not a diet, itâ€™s a lifestyleâ€™: a longitudinal, data-prompted interview study of weight loss maintenance. Psychology and Health, 2019, 34, 963-982.	2.2	52
70	Development and exploratory cluster-randomised opportunistic trial of a theory-based intervention to enhance physical activity among adolescents. Psychology and Health, 2009, 24, 805-822.	2.2	51
71	Changes in physical activity during the retirement transition: a theory-based, qualitative interview study. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 25.	4.6	51
72	Pilot Randomised Controlled Trial of a Web-Based Intervention to Promote Healthy Eating, Physical Activity and Meaningful Social Connections Compared with Usual Care Control in People of Retirement Age Recruited from Workplaces. PLoS ONE, 2016, 11, e0159703.	2.5	51

#	ARTICLE	IF	CITATIONS
73	Acceptability of a very low energy diet in Type 2 diabetes: patient experiences and behaviour regulation. <i>Diabetic Medicine</i> , 2017, 34, 1554-1567.	2.3	51
74	Benefits of Incentives for Breastfeeding and Smoking cessation in pregnancy (BIBS): a mixed-methods study to inform trial design. <i>Health Technology Assessment</i> , 2015, 19, 1-522.	2.8	51
75	Multiple goals and time constraints: perceived impact on physicians' performance of evidence-based behaviours. <i>Implementation Science</i> , 2009, 4, 77.	6.9	50
76	Are Interventions to Promote Sun-Protective Behaviors in Recreational and Tourist Settings Effective? A Systematic Review with Meta-analysis and Moderator Analysis. <i>Annals of Behavioral Medicine</i> , 2013, 45, 224-238.	2.9	50
77	Predicting transitions from preintentional, intentional and actional stages of change. <i>Health Education Research</i> , 2008, 24, 64-75.	1.9	49
78	NHS Diabetes Prevention Programme in England: formative evaluation of the programme in early phase implementation. <i>BMJ Open</i> , 2018, 8, e019467.	1.9	47
79	Clinical and metabolic features of the randomised controlled Diabetes Remission Clinical Trial (DiRECT) cohort. <i>Diabetologia</i> , 2018, 61, 589-598.	6.3	46
80	Perceived behavioural control and coping planning predict dental brushing behaviour among Iranian adolescents. <i>Journal of Clinical Periodontology</i> , 2012, 39, 132-137.	4.9	45
81	Acceptability of financial incentives and penalties for encouraging uptake of healthy behaviours: focus groups. <i>BMC Public Health</i> , 2015, 15, 58.	2.9	45
82	Attribution of weight regain to emotional reasons amongst European adults with overweight and obesity who regained weight following a weight loss attempt. <i>Eating and Weight Disorders</i> , 2019, 24, 351-361.	2.5	45
83	Association of Day Length and Weather Conditions with Physical Activity Levels in Older Community Dwelling People. <i>PLoS ONE</i> , 2014, 9, e85331.	2.5	45
84	The feasibility of using pedometers and brief advice to increase activity in sedentary older women – a pilot study. <i>BMC Health Services Research</i> , 2008, 8, 169.	2.2	43
85	Testing self-regulation interventions to increase walking using factorial randomized N-of-1 trials. <i>Health Psychology</i> , 2012, 31, 733-737.	1.6	43
86	Social, Environmental and Psychological Factors Associated with Objective Physical Activity Levels in the Over 65s. <i>PLoS ONE</i> , 2012, 7, e31878.	2.5	43
87	Efficacy and acceptability of very low energy diets in overweight and obese people with Type 2 diabetes mellitus: a systematic review with meta-analyses. <i>Diabetic Medicine</i> , 2016, 33, 580-591.	2.3	42
88	Planning to be routine: habit as a mediator of the planning-behaviour relationship in healthcare professionals. <i>Implementation Science</i> , 2017, 12, 24.	6.9	42
89	The relationship between habit and healthcare professional behaviour in clinical practice: a systematic review and meta-analysis. <i>Health Psychology Review</i> , 2019, 13, 73-90.	8.6	41
90	Acceptability of Financial Incentives for Health Behaviours: A Discrete Choice Experiment. <i>PLoS ONE</i> , 2016, 11, e0157403.	2.5	40

#	ARTICLE	IF	CITATIONS
91	N-of-1 study of weight loss maintenance assessing predictors of physical activity, adherence to weight loss plan and weight change. <i>Psychology and Health</i> , 2017, 32, 686-708.	2.2	39
92	Participantsâ€™ perspectives on making and maintaining behavioural changes in a lifestyle intervention for type 2 diabetes prevention: a qualitative study using the theory domain framework. <i>BMJ Open</i> , 2013, 3, e002949.	1.9	38
93	Exploring patient attitudes to behaviour change before surgery to reduce perioperative risk: preferences for short- vs. long-term behaviour change. <i>Anaesthesia</i> , 2019, 74, 1580-1588.	3.8	37
94	Acceptability of financial incentives for breastfeeding: thematic analysis of readersâ€™ comments to UK online news reports. <i>BMC Pregnancy and Childbirth</i> , 2015, 15, 116.	2.4	36
95	With a little help from my goals: Integrating intergoal facilitation with the theory of planned behaviour to predict physical activity. <i>British Journal of Health Psychology</i> , 2010, 15, 905-919.	3.5	35
96	The Effectiveness of Gain- Versus Loss-Framed Health Messages in Improving Oral Health in Iranian Secondary Schools: A Cluster-Randomized Controlled Trial. <i>Annals of Behavioral Medicine</i> , 2014, 47, 376-387.	2.9	33
97	Preoperative predictors of adherence to dietary and physical activity recommendations and weight loss one year after surgery. <i>Surgery for Obesity and Related Diseases</i> , 2016, 12, 910-918.	1.2	32
98	From Boulder to Stockholm in 70 Years: Single Case Experimental Designs in Clinical Research. <i>Psychological Record</i> , 2020, 70, 659-670.	0.9	32
99	Adoption of community-based cardiac rehabilitation programs and physical activity following phase III cardiac rehabilitation in Scotland: A prospective and predictive study. <i>Psychology and Health</i> , 2010, 25, 839-854.	2.2	31
100	Parental Financial Incentives for Increasing Preschool Vaccination Uptake: Systematic Review. <i>Pediatrics</i> , 2014, 134, e1117-e1128.	2.1	31
101	Changes in physical activity during the retirement transition: a series of novel n-of-1 natural experiments. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 167.	4.6	30
102	The NoHoW protocol: a multicentre 2Ã—2 factorial randomised controlled trial investigating an evidence-based digital toolkit for weight loss maintenance in European adults. <i>BMJ Open</i> , 2019, 9, e029425.	1.9	30
103	Preventive Health Behavior and Adaptive Accuracy of Risk Perceptions. <i>Risk Analysis</i> , 2008, 28, 741-748.	2.7	29
104	Goal conflict, goal facilitation, and health professionals' provision of physical activity advice in primary care: An exploratory prospective study. <i>Implementation Science</i> , 2011, 6, 73.	6.9	29
105	A feasibility study with embedded pilot randomised controlled trial and process evaluation of electronic cigarettes for smoking cessation in patients with periodontitis. <i>Pilot and Feasibility Studies</i> , 2019, 5, 74.	1.2	29
106	Behavioural intervention for weight loss maintenance versus standard weight advice in adults with obesity: A randomised controlled trial in the UK (NULevel Trial). <i>PLoS Medicine</i> , 2019, 16, e1002793.	8.4	29
107	Intention and planning predicting medication adherence following coronary artery bypass graft surgery. <i>Journal of Psychosomatic Research</i> , 2014, 77, 287-295.	2.6	28
108	On the development, evaluation and evolution of health behaviour theory. <i>Health Psychology Review</i> , 2015, 9, 176-189.	8.6	28

#	ARTICLE	IF	CITATIONS
109	Dynamics in Self-Regulation: Plan Execution Self-Efficacy and Mastery of Action Plans. <i>Journal of Applied Social Psychology</i> , 2007, 37, 2706-2725.	2.0	27
110	Financial incentives to change patient behaviour. <i>Journal of Health Services Research and Policy</i> , 2010, 15, 131-132.	1.7	27
111	Optimizing acceptability and feasibility of an evidence-based behavioral intervention for obese adults with obesity-related co-morbidities or additional risk factors for co-morbidities: An open-pilot intervention study in secondary care. <i>Patient Education and Counseling</i> , 2012, 87, 108-119.	2.2	27
112	Improving Diabetes care through Examining, Advising, and prescribing (IDEA): protocol for a theory-based cluster randomised controlled trial of a multiple behaviour change intervention aimed at primary healthcare professionals. <i>Implementation Science</i> , 2014, 9, 61.	6.9	27
113	The role of perceived barriers and objectively measured physical activity in adults aged 65-100. <i>Age and Ageing</i> , 2015, 44, 384-390.	1.6	27
114	The Stroke -Act FAST™ Campaign: Remembered but Not Understood?. <i>International Journal of Stroke</i> , 2015, 10, 324-330.	5.9	27
115	Randomised controlled feasibility study of a school-based multi-level intervention to increase physical activity and decrease sedentary behaviour among vocational school students. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 37.	4.6	27
116	The complexity of self-regulating food intake in weight loss maintenance. A qualitative study among short- and long-term weight loss maintainers. <i>Social Science and Medicine</i> , 2018, 208, 18-24.	3.8	27
117	Psychological theory in an interdisciplinary context: psychological, demographic, health-related, social, and environmental correlates of physical activity in a representative cohort of community-dwelling older adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 106.	4.6	26
118	The NULevel trial of a scalable, technology-assisted weight loss maintenance intervention for obese adults after clinically significant weight loss: study protocol for a randomised controlled trial. <i>Trials</i> , 2015, 16, 421.	1.6	26
119	Cluster randomised controlled trial of a theory-based multiple behaviour change intervention aimed at healthcare professionals to improve their management of type 2 diabetes in primary care. <i>Implementation Science</i> , 2018, 13, 65.	6.9	26
120	Systematic and Iterative Development of a Smartphone App to Promote Sun-Protection Among Holidaymakers: Design of a Prototype and Results of Usability and Acceptability Testing. <i>JMIR Research Protocols</i> , 2017, 6, e112.	1.0	26
121	Discontinuity patterns in stages of the precaution adoption process model: Meat consumption during a livestock epidemic. <i>British Journal of Health Psychology</i> , 2005, 10, 221-235.	3.5	25
122	Perspectives of UK Pakistani women on their behaviour change to prevent type 2 diabetes: qualitative study using the theory domain framework. <i>BMJ Open</i> , 2014, 4, e004530-e004530.	1.9	25
123	Weight loss maintenance: An agenda for health psychology. <i>British Journal of Health Psychology</i> , 2014, 19, 459-464.	3.5	24
124	Acceptability of financial incentives for health behaviour change to public health policymakers: a qualitative study. <i>BMC Public Health</i> , 2016, 16, 989.	2.9	24
125	Behaviour change during dietary Type 2 diabetes remission: a longitudinal qualitative evaluation of an intervention using a very low energy diet. <i>Diabetic Medicine</i> , 2020, 37, 953-962.	2.3	24
126	Community pharmacy interventions for public health priorities: protocol for a systematic review of community pharmacy-delivered smoking, alcohol and weight management interventions. <i>Systematic Reviews</i> , 2014, 3, 93.	5.3	23



#	ARTICLE	IF	CITATIONS
127	Unintended Consequences of Incentive Provision for Behaviour Change and Maintenance around Childbirth. PLoS ONE, 2014, 9, e111322.	2.5	23
128	Barriers and facilitators to implementing practices for prevention of childhood obesity in primary care: A mixed methods systematic review. Obesity Reviews, 2022, 23, .	6.5	23
129	Interventions to change maternity healthcare professionalsâ€™ behaviours to promote weight-related support for obese pregnant women: a systematic review. Implementation Science, 2014, 9, 97.	6.9	21
130	Texting to Reduce Alcohol Misuse (TRAM): main findings from a randomized controlled trial of a text message intervention to reduce binge drinking among disadvantaged men. Addiction, 2018, 113, 1609-1618.	3.3	21
131	Association between characteristics of behavioural weight loss programmes and weight change after programme end: systematic review and meta-analysis. BMJ, The, 2021, 374, n1840.	6.0	21
132	Adolescent sunscreen use in springtime: a prospective predictive study informed by a belief elicitation investigation. Journal of Behavioral Medicine, 2013, 36, 109-123.	2.1	20
133	Predictors of Physical Activity After Gastric Bypassâ€™ a Prospective Study. Obesity Surgery, 2017, 27, 2050-2057.	2.1	20
134	Factors associated with vaccine intention in adults living in England who either did not want or had not yet decided to be vaccinated against COVID-19. Human Vaccines and Immunotherapeutics, 2024, 17, 5242-5254.	3.3	20
135	Systematic development of a theory-informed multifaceted behavioural intervention to increase physical activity of adults with type 2 diabetes in routine primary care: Movement as Medicine for Type 2 Diabetes. Implementation Science, 2015, 11, 99.	6.9	19
136	Factors associated with change in objectively measured physical activity in older people â€“ data from the physical activity cohort Scotland study. BMC Geriatrics, 2017, 17, 180.	2.7	19
137	Quantitative data analysis of perceived barriers and motivators to physical activity in stroke survivors. Journal of the Royal College of Physicians of Edinburgh, The, 2018, 47, 231-236.	0.6	19
138	Community pharmacy interventions for public health priorities: a systematic review of community pharmacy-delivered smoking, alcohol and weight management interventions. Public Health Research, 2016, 4, 1-162.	1.3	19
139	Prediction of Behaviour vs. Prediction of Behaviour Change: The Role of Motivational Moderators in the Theory of Planned Behaviour. Applied Psychology, 2008, 57, 609-627.	7.1	18
140	Witness Response at Acute Onset of Stroke: A Qualitative Theory-Guided Study. PLoS ONE, 2012, 7, e39852.	2.5	18
141	The effect of traffic-light labels and time pressure on estimating kilocalories and carbon footprint of food. Appetite, 2020, 155, 104794.	3.7	18
142	Asking questions changes health-related behavior: an updated systematic review and meta-analysis. Journal of Clinical Epidemiology, 2020, 123, 59-68.	5.0	18
143	Investigating which behaviour change techniques work for whom in which contexts delivered by what means: Proposal for an international collaboratory of Centres for Understanding Behaviour Change (CUBiC). British Journal of Health Psychology, 2021, 26, 1-14.	3.5	18
144	The Systematic Development of a Brief Intervention to Increase Walking in the General Public Using an â€œExtendedâ€ Theory of Planned Behavior. Journal of Physical Activity and Health, 2013, 10, 940-948.	2.0	17

#	ARTICLE	IF	CITATIONS
145	Wide variation in understanding about what constitutes "binge-drinking". <i>Drugs: Education, Prevention and Policy</i> , 2010, 17, 762-775.	1.3	16
146	Aware, motivated and striving for a "safe tan": an exploratory mixed-method study of sun-protection during holidays. <i>Health Psychology and Behavioral Medicine</i> , 2017, 5, 276-298.	1.8	16
147	Barriers and facilitators to implementation of shared medical appointments in primary care for the management of long-term conditions: a systematic review and synthesis of qualitative studies. <i>BMJ Open</i> , 2021, 11, e046842.	1.9	16
148	An investigation of the predictors of photoprotection and UVR dose to the face in patients with XP: a protocol using observational mixed methods. <i>BMJ Open</i> , 2017, 7, e018364.	1.9	15
149	Targeting those in need: Baseline data from the first English National Health Service (NHS) Health Trainer Service. <i>Psychology, Health and Medicine</i> , 2011, 16, 736-748.	2.4	14
150	Goal conflict and goal facilitation in community-based cardiac rehabilitation: A theory-based interview study. <i>Psychology, Health and Medicine</i> , 2015, 20, 227-238.	2.4	14
151	Perceived Control and Intrinsic vs. Extrinsic Motivation for Oral Self-Care: A Full Factorial Experimental Test of Theory-Based Persuasive Messages. <i>Annals of Behavioral Medicine</i> , 2015, 49, 258-268.	2.9	14
152	Support needs of patients with obesity in primary care: a practice-list survey. <i>BMC Family Practice</i> , 2018, 19, 6.	2.9	14
153	Psychological correlates of adherence to photoprotection in a rare disease: International survey of people with Xeroderma Pigmentosum. <i>British Journal of Health Psychology</i> , 2019, 24, 668-686.	3.5	14
154	Participant experiences in the Diabetes REmission Clinical Trial (DiRECT). <i>Diabetic Medicine</i> , 2022, 39, e14689.	2.3	14
155	A comparison of seasonal influenza and novel Covid-19 vaccine intentions: A cross-sectional survey of vaccine hesitant adults in England during the 2020 pandemic. <i>Human Vaccines and Immunotherapeutics</i> , 2022, 18, .	3.3	14
156	Predictors of Preoperative Weight Loss in Morbidly Obese Adults Waiting for Bariatric Surgery: A Prospective Cohort Study. <i>Obesity Surgery</i> , 2015, 25, 1610-1617.	2.1	13
157	"You Can't Always Get What You Want": A Novel Research Paradigm to Explore the Relationship between Multiple Intentions and Behaviours. <i>Applied Psychology: Health and Well-Being</i> , 2016, 8, 258-275.	3.0	13
158	Using the critical incident technique for qualitative process evaluation of interventions: The example of the "Let's Move It" trial. <i>Social Science and Medicine</i> , 2019, 232, 389-397.	3.8	13
159	Public understanding of COVID-19 antibody testing and test results: A qualitative study conducted in the U.K. early in the pandemic. <i>Social Science and Medicine</i> , 2021, 273, 113778.	3.8	13
160	Reducing bias in trials due to reactions to measurement: experts produced recommendations informed by evidence. <i>Journal of Clinical Epidemiology</i> , 2021, 139, 130-139.	5.0	13
161	Real Time Monitoring of Engagement with a Text Message Intervention to Reduce Binge Drinking Among Men Living in Socially Disadvantaged Areas of Scotland. <i>International Journal of Behavioral Medicine</i> , 2017, 24, 713-721.	1.7	12
162	Stakeholders' perceptions and experiences of the National Health Service diabetes prevention programme in England: qualitative study with service users, intervention providers and deliverers, commissioners and referrers. <i>BMC Health Services Research</i> , 2020, 20, 307.	2.2	12

#	ARTICLE	IF	CITATIONS
163	Cancer prevention through weight control—where are we in 2020?. <i>British Journal of Cancer</i> , 2021, 124, 1049-1056.	6.4	12
164	Codesign and development of a primary school based pathway for child anxiety screening and intervention delivery: a protocol, mixed-methods feasibility study. <i>BMJ Open</i> , 2021, 11, e044852.	1.9	12
165	Randomised Controlled Feasibility Trial of an Evidence-Informed Behavioural Intervention for Obese Adults with Additional Risk Factors. <i>PLoS ONE</i> , 2011, 6, e23040.	2.5	12
166	A Theory- and Evidence-Based Digital Intervention Tool for Weight Loss Maintenance (NoHoW Toolkit): Systematic Development and Refinement Study. <i>Journal of Medical Internet Research</i> , 2021, 23, e25305.	4.3	12
167	Using a dark logic model to explore adverse effects in audit and feedback: a qualitative study of gaming in colonoscopy. <i>BMJ Quality and Safety</i> , 2022, 31, 704-715.	3.7	12
168	Modifying Alcohol Consumption to Reduce Obesity: A Randomized Controlled Feasibility Study of a Complex Community-based Intervention for Men. <i>Alcohol and Alcoholism</i> , 2017, 52, 677-684.	1.6	11
169	Understanding and predicting a complex behavior using n-of-1 methods: Photoprotection in xeroderma pigmentosum.. <i>Health Psychology</i> , 2018, 37, 1145-1158.	1.6	11
170	Predictors of lapse and relapse in physical activity and dietary behaviour: a systematic search and review on prospective studies. <i>Psychology and Health</i> , 2023, 38, 623-646.	2.2	11
171	A systematic review of the use of financial incentives and penalties to encourage uptake of healthy behaviors: protocol. <i>Systematic Reviews</i> , 2012, 1, 51.	5.3	10
172	A mobile phone intervention to reduce binge drinking among disadvantaged men: study protocol for a randomised controlled cost-effectiveness trial. <i>Trials</i> , 2014, 15, 494.	1.6	10
173	Movement as Medicine for Type 2 Diabetes: protocol for an open pilot study and external pilot clustered randomised controlled trial to assess acceptability, feasibility and fidelity of a multifaceted behavioural intervention targeting physical activity in primary care. <i>Trials</i> , 2014, 15, 46.	1.6	10
174	Differences Between US and UK Adults in Stroke Preparedness. <i>Stroke</i> , 2015, 46, 3220-3225.	2.0	10
175	A theory-informed approach to developing visually mediated interventions to change behaviour using an asthma and physical activity intervention exemplar. <i>Pilot and Feasibility Studies</i> , 2016, 2, 46.	1.2	10
176	The development of health behaviour change interventions for childhood cancer survivors: The need for a behavioural science approach. <i>Pediatric Blood and Cancer</i> , 2020, 67, e28500.	1.5	10
177	Setting performance and learning goals is useful for active and inactive individuals, if goals are personalized and flexible: commentary on Swann et al. (2020). <i>Health Psychology Review</i> , 2021, 15, 51-55.	8.6	10
178	Planning Predicts Dental Service Attendance and the Effect is Moderated by Dental Anxiety and Educational Status: Findings from a One-Year Prospective Study. <i>Applied Psychology: Health and Well-Being</i> , 2014, 6, 214-229.	3.0	9
179	Gestational Obesity Weight management: Implementation of National Guidelines (GLOWING): a pilot cluster randomised controlled trial of a guideline implementation intervention for the management of maternal obesity by midwives. <i>Pilot and Feasibility Studies</i> , 2018, 4, 47.	1.2	9
180	Combining the reasoned action approach and habit formation to reduce sitting time in classrooms: Outcome and process evaluation of the Let's Move It teacher intervention. <i>Journal of Experimental Social Psychology</i> , 2019, 81, 27-38.	2.2	9

#	ARTICLE	IF	CITATIONS
181	Two alternative models of health behaviour and recovery from activity limitations due to acute injury: A prospective study. <i>Psychology and Health</i> , 2009, 24, 271-285.	2.2	8
182	Motivational, volitional and multiple goal predictors of walking in people with type 2 diabetes. <i>Psychology of Sport and Exercise</i> , 2016, 26, 83-93.	2.1	8
183	Estimating cut points: A simple method for new wearables. <i>Maturitas</i> , 2016, 83, 78-82.	2.4	8
184	Exploring the role of competing demands and routines during the implementation of a self-management tool for type 2 diabetes: a theory-based qualitative interview study. <i>BMC Medical Informatics and Decision Making</i> , 2019, 19, 23.	3.0	8
185	Delivering the Diabetes Remission Clinical Trial (DiRECT) in primary care: Experiences of healthcare professionals. <i>Diabetic Medicine</i> , 2022, 39, e14752.	2.3	8
186	Commentary: The Impact of Asking Intention or Self-Prediction Questions on Subsequent Behavior: A Meta-Analysis. <i>Frontiers in Psychology</i> , 2016, 7, 879.	2.1	7
187	N-of-1 randomised controlled trials in health psychology and behavioural medicine: A commentary on Nyman et al., 2016. <i>Psychology and Health</i> , 2016, 31, 331-333.	2.2	7
188	The Recognition-Response Gap in Acute Stroke: Examining the Relationship between Stroke Recognition and Response in a General Population Survey. <i>Journal of Stroke and Cerebrovascular Diseases</i> , 2020, 29, 104499.	1.6	7
189	Active travelling to school is not associated with increased total daily physical activity levels, or reduced obesity and cardiovascular/pulmonary health parameters in 10-12-year olds: a cross-sectional cohort study. <i>International Journal of Obesity</i> , 2020, 44, 1452-1466.	3.4	7
190	Evidence-Based Digital Tools for Weight Loss Maintenance: The NoHoW Project. <i>Obesity Facts</i> , 2021, 14, 320-333.	3.4	7
191	Text message intervention to reduce frequency of binge drinking among disadvantaged men: the TRAM RCT. <i>Public Health Research</i> , 2018, 6, 1-156.	1.3	7
192	The push me, pull you of financial incentives and health inequalities: a mixed methods study investigating smoking cessation in pregnancy and breastfeeding. <i>Lancet</i> , 2014, 384, S37.	13.7	6
193	Supporting the transition from weight loss to maintenance: development and optimisation of a face-to-face behavioural intervention component. <i>Health Psychology and Behavioral Medicine</i> , 2017, 5, 66-84.	1.8	6
194	Perceived influences on smoking behaviour and perceptions of dentist-delivered smoking cessation advice: A qualitative interview study. <i>Community Dentistry and Oral Epidemiology</i> , 2020, 48, 433-439.	1.9	6
195	What underlies the perception that a medical intervention is effective? An exploratory study among smokers. <i>Nicotine and Tobacco Research</i> , 2010, 12, 508-515.	2.6	5
196	Social cognitions measured in 4 to 6 year olds are predictive of objectively measured physical activity. <i>Psychology and Health</i> , 2015, 30, 1240-1257.	2.2	5
197	Health psychology: Healthy choice architecture. <i>Nature Human Behaviour</i> , 2017, 1, .	12.0	5
198	Creating and Breaking Habit in Healthcare Professional Behaviours to Improve Healthcare and Health. , 2018, , 247-265.		5

#	ARTICLE	IF	CITATIONS
199	Association Between Objectively Measured Physical Activity and Opioid, Hypnotic, or Anticholinergic Medication Use in Older People: Data from the Physical Activity Cohort Scotland Study. <i>Drugs and Aging</i> , 2018, 35, 835-842.	2.7	5
200	Prevalence and predictors of weight loss maintenance: a retrospective population-based survey of European adults with overweight and obesity. <i>Journal of Human Nutrition and Dietetics</i> , 2019, 32, 745-753.	2.5	5
201	The National Endoscopy Database (NED) Automated Performance Reports to Improve Quality Outcomes Trial (APRIQOT) randomized controlled trial design. <i>Endoscopy International Open</i> , 2020, 08, E1545-E1552.	1.8	5
202	Evaluation of a personalised adherence intervention to improve photoprotection in adults with Xeroderma Pigmentosum (XP): protocol for the trial of XPAND. <i>BMJ Open</i> , 2019, 9, e028577.	1.9	5
203	Modifying Alcohol Consumption to Reduce Obesity (MACRO): development and feasibility trial of a complex community-based intervention for men. <i>Health Technology Assessment</i> , 2017, 21, 1-150.	2.8	5
204	Social cognitions about food choice in children aged five to eight years: Feasibility and predictive validity of an age appropriate measurement. <i>Appetite</i> , 2016, 105, 144-150.	3.7	4
205	Do compensatory health beliefs predict behavioural intention in a multiple health behaviour change context? Evidence in individuals with cardiovascular diseases?. <i>Psychology, Health and Medicine</i> , 2020, 25, 593-600.	2.4	4
206	A dual process model to predict adolescents' screen time and physical activity. <i>Psychology and Health</i> , 2023, 38, 827-846.	2.2	4
207	Design and development of a complex narrative intervention delivered by text messages to reduce binge drinking among socially disadvantaged men. <i>Pilot and Feasibility Studies</i> , 2018, 4, 105.	1.2	3
208	The H2020 'NoHoW Project': A Position Statement on Behavioural Approaches to Longer-Term Weight Management. <i>Obesity Facts</i> , 2021, 14, 246-258.	3.4	3
209	School-based screening for childhood anxiety problems and intervention delivery: a codesign approach. <i>BMJ Open</i> , 2022, 12, e058089.	1.9	3
210	Gender Differences in Preventive Nutrition: An Exploratory Study Addressing Meat Consumption After Livestock Epidemics. <i>Irish Journal of Psychology</i> , 2005, 26, 101-113.	0.2	2
211	Using evidence-based guidelines to inform service provision: a structured mapping exercise within the National Health Service Diabetes Prevention Programme in England. <i>BMC Research Notes</i> , 2018, 11, 510.	1.4	2
212	Acceptability and Feasibility of a Trial Testing Allocation to Sunscreen and a Smartphone App for Sun Protection: Discontinued Randomized Controlled Trial. <i>JMIR Dermatology</i> , 2018, 1, e1.	0.7	2
213	Investigating the Effectiveness and Acceptability of Oral Health and Related Health Behaviour Interventions in Adults with Severe and Multiple Disadvantage: Protocol for a Mixed-Methods Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11554.	2.6	2
214	Two-year findings of an implementation intention intervention for teenage women show reduced consultations for emergency contraception or pregnancy testing and a trend towards reduced pregnancy rates. <i>Evidence-based Nursing</i> , 2012, 15, 44-45.	0.2	1
215	The effect of behaviour change techniques on interventions promoting components of a Mediterranean diet among adults of retirement age. <i>Proceedings of the Nutrition Society</i> , 2013, 72, .	1.0	1
216	Intervention Development for Health Behavior Change: Integrating Evidence and the Perspectives of Users and Stakeholders. , 2022, , 118-148.		1

#	ARTICLE	IF	CITATIONS
217	P103â€¦How to support COVID-19 vaccine uptake in those that are either undecided or more resistant to receiving a vaccine in England? Content analysis of survey open text responses. , 2021, , .		1
218	Plan pursuit in the context of daily fruit and vegetable consumption: The importance of cue detection and the execution of the planned behaviour for overall behaviour change. British Journal of Health Psychology, 2022, , .	3.5	1
219	A systematic review of school based interventions aimed at the promotion of physical activity and/or healthy dietary behaviours in adolescents. Proceedings of the Nutrition Society, 2012, 71, .	1.0	0
220	P109 Can A Theory-informed Interactive Animation Increase Intentions To Engage In Physical Activity In Young People With Asthma?. Thorax, 2014, 69, A125-A125.	5.6	0
221	OP58â€¦Acceptability of financial incentives and penalties for encouraging uptake of healthy behaviours: a systematic review. Journal of Epidemiology and Community Health, 2014, 68, A30.2-A30.	3.7	0
222	Perceived Food Triggers related to Change in Frequency of Snacking one Year after Bariatric Surgery. Surgery for Obesity and Related Diseases, 2015, 11, S51-S52.	1.2	0
223	43 * THE RELATIONSHIP BETWEEN SUBJECTIVE AND OBJECTIVE MEASUREMENTS OF PHYSICAL ACTIVITY IN COMMUNITY DWELLING OLDER PEOPLE. Age and Ageing, 2015, 44, i11-i11.	1.6	0
224	P65â€¦Acceptability of financial incentives for health behaviours in UK adults: a discrete choice experiment. Journal of Epidemiology and Community Health, 2016, 70, A82.2-A82.	3.7	0
225	OP80â€¦Formative evaluation of the UK NHS diabetes prevention programme demonstrator phase: review of baseline information. Journal of Epidemiology and Community Health, 2016, 70, A44.2-A45.	3.7	0
226	151Factors Associated With Change In Objectively Measured Physical Activity In Older People - Data From The Physical Activity Cohort Scotland Study. Age and Ageing, 2017, 46, i41-i43.	1.6	0
227	Effectiveness of personal letters to healthcare professionals in changing professional behaviours: a systematic review protocol. Systematic Reviews, 2021, 10, 94.	5.3	0
228	P43â€¦A systematic review of the effectiveness of personal letters to healthcare professionals in changing professional behaviours. , 2021, , .		0
229	Can a Theory-Informed Interactive Animation Increase Intentions to Engage in Physical Activity in Young People with Asthma?. Lecture Notes in Computer Science, 2014, , 289-300.	1.3	0
230	Designing evidence and theory-based ICT tools for weight loss maintenance: the H2020 NoHoW toolkit. Frontiers in Public Health, 0, 4, .	2.7	0
231	Exploring Interventions to Improve the Oral Health and Related Health Behaviours of Adults Experiencing Severe and Multiple Disadvantage: Protocol for a Qualitative Study with Stakeholders. International Journal of Environmental Research and Public Health, 2021, 18, 11755.	2.6	0
232	Movement as Medicine for Cardiovascular Disease Prevention: Pilot Feasibility Study of a Physical Activity Promotion Intervention for At-Risk Patients in Primary Care. JMIR Cardio, 2022, 6, e29035.	1.7	0