Fotini Tsofliou

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Adherence to community based group exercise interventions for older people: A mixed-methods systematic review. Preventive Medicine, 2016, 87, 155-166.	3.4	176
2	Older people's adherence to community-based group exercise programmes: a multiple-case study. BMC Public Health, 2017, 17, 115.	2.9	64
3	Effects of Short-Term Detraining on Postprandial Metabolism, Endothelial Function, and Inflammation in Endurance-Trained Men: Dissociation between Changes in Triglyceride Metabolism and Endothelial Function. Journal of Clinical Endocrinology and Metabolism, 2003, 88, 4328-4335.	3.6	54
4	Perceived stress and diet quality in women of reproductive age: a systematic review and meta-analysis. Nutrition Journal, 2020, 19, 92.	3.4	47
5	Exploring the Perceived Barriers to Following a Mediterranean Style Diet in Childbearing Age: A Qualitative Study. Nutrients, 2018, 10, 1694.	4.1	21
6	Prevalence of overweight and obesity in preschool children in Thessaloniki, Greece. Hormones, 2015, 14, 615-22.	1.9	14
7	A Priori and a Posteriori Dietary Patterns in Women of Childbearing Age in the UK. Nutrients, 2020, 12, 2921.	4.1	12
8	Effects of lunch club attendance on the dietary intake of older adults in the UK: A pilot cross-sectional study. Nutrition and Health, 2020, 26, 209-214.	1.5	10
9	Effectiveness and Usability of Digital Tools to Support Dietary Self-Management of Gestational Diabetes Mellitus: A Systematic Review. Nutrients, 2022, 14, 10.	4.1	10
10	Poor Dietary Quality and Patterns Are Associated with Higher Perceived Stress among Women of Reproductive Age in the UK. Nutrients, 2021, 13, 2588.	4.1	9
11	Combining a high DHA multi-nutrient supplement with aerobic exercise: Protocol for a randomised controlled study assessing mobility and cognitive function in older women. Prostaglandins Leukotrienes and Essential Fatty Acids, 2019, 143, 21-30.	2.2	6
12	Effects of a high-DHA multi-nutrient supplement and exercise on mobility and cognition in older women (MOBILE): a randomised semi-blinded placebo-controlled study. British Journal of Nutrition, 2020, 124, 146-155.	2.3	6
13	Collateral Health Issues Derived from the Covid-19 Pandemic. Sports Medicine - Open, 2020, 6, 35.	3.1	6
14	Validation of the European Prospective Investigation into Cancer (EPIC) FFQ for use among adults in Lebanon. Public Health Nutrition, 2021, 24, 4007-4016.	2.2	5
15	MODULATION OF FASTED AND POSTPRANDIAL PLASMA LIPIDS IN HEALTHY VOLUNTEERS BY A DIETARY MIXTURE OF OMEGAâ€3 FATTY ACIDS AND CONJUGATED LINOLEIC ACID. Journal of Food Lipids, 2009, 16, 499-513.	1.0	4
16	†Everyone's so kind and jolly it boosts my spirits, if you know what I mean': A humanising perspective on exercise programme participation. Scandinavian Journal of Caring Sciences, 2021, , .	2.1	2
17	The effects of multi-nutrient formulas containing a combination of <i>n</i> -3 PUFA and B vitamins on cognition in the older adult: a systematic review and meta-analysis. British Journal of Nutrition, 2023, 129, 428-441.	2.3	1
18	The effects of moderate alterations in adrenergic activity on acute appetite regulation in obese women: A randomised crossover trial. Nutrition and Health, 2020, 26, 311-322.	1.5	0