

Kathleen M Griffiths

List of Publications by Year in descending order

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73
papers

9,507
citations

94433

37
h-index

88630

70
g-index

74
all docs

74
docs citations

74
times ranked

10438
citing authors

#	ARTICLE	IF	CITATIONS
1	Perceived barriers and facilitators to mental health help-seeking in young people: a systematic review. <i>BMC Psychiatry</i> , 2010, 10, 113.	2.6	2,018
2	Adherence in Internet Interventions for Anxiety and Depression. <i>Journal of Medical Internet Research</i> , 2009, 11, e13.	4.3	970
3	Delivering interventions for depression by using the internet: randomised controlled trial. <i>BMJ: British Medical Journal</i> , 2004, 328, 265-0.	2.3	734
4	Effect of web-based depression literacy and cognitive-behavioural therapy interventions on stigmatising attitudes to depression. <i>British Journal of Psychiatry</i> , 2004, 185, 342-349.	2.8	618
5	Barriers and facilitators to mental health help-seeking for young elite athletes: a qualitative study. <i>BMC Psychiatry</i> , 2012, 12, 157.	2.6	353
6	Effectiveness of programs for reducing the stigma associated with mental disorders. A meta-analysis of randomized controlled trials. <i>World Psychiatry</i> , 2014, 13, 161-175.	10.4	319
7	Psychoeducation for depression, anxiety and psychological distress: a meta-analysis. <i>BMC Medicine</i> , 2009, 7, 79.	5.5	318
8	Predictors of depression stigma. <i>BMC Psychiatry</i> , 2008, 8, 25.	2.6	300
9	The YouthMood Project: A cluster randomized controlled trial of an online cognitive behavioral program with adolescents. <i>Journal of Consulting and Clinical Psychology</i> , 2009, 77, 1021-1032.	2.0	274
10	The efficacy of internet interventions for depression and anxiety disorders: a review of randomised controlled trials. <i>Medical Journal of Australia</i> , 2010, 192, S4-11.	1.7	256
11	Internet-based mental health programs: A powerful tool in the rural medical kit. <i>Australian Journal of Rural Health</i> , 2007, 15, 81-87.	1.5	231
12	A systematic review of help-seeking interventions for depression, anxiety and general psychological distress. <i>BMC Psychiatry</i> , 2012, 12, 81.	2.6	228
13	Online Peer-to-Peer Support for Young People With Mental Health Problems: A Systematic Review. <i>JMIR Mental Health</i> , 2015, 2, e19.	3.3	195
14	Systematic Review on Internet Support Groups (ISGs) and Depression (1): Do ISGs Reduce Depressive Symptoms?. <i>Journal of Medical Internet Research</i> , 2009, 11, e40.	4.3	180
15	Internet-Based Interventions to Promote Mental Health Help-Seeking in Elite Athletes: An Exploratory Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2012, 14, e69.	4.3	166
16	Technology-Based Interventions for Mental Health in Tertiary Students: Systematic Review. <i>Journal of Medical Internet Research</i> , 2013, 15, e101.	4.3	139
17	Demographic and psychosocial predictors of major depression and generalised anxiety disorder in Australian university students. <i>BMC Psychiatry</i> , 2016, 16, 241.	2.6	133
18	Internet-Based CBT for Depression with and without Telephone Tracking in a National Helpline: Randomised Controlled Trial. <i>PLoS ONE</i> , 2011, 6, e28099.	2.5	126

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19	Internet-Delivered Interpersonal Psychotherapy Versus Internet-Delivered Cognitive Behavioral Therapy for Adults With Depressive Symptoms: Randomized Controlled Noninferiority Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e82.	4.3	124
20	The prevention of depression using the Internet. <i>Medical Journal of Australia</i> , 2002, 177, S122-5.	1.7	114
21	The Effectiveness of an Online Support Group for Members of the Community with Depression: A Randomised Controlled Trial. <i>PLoS ONE</i> , 2012, 7, e53244.	2.5	103
22	Systematic Review on Internet Support Groups (ISGs) and Depression (2): What Is Known About Depression ISGs?. <i>Journal of Medical Internet Research</i> , 2009, 11, e41.	4.3	84
23	Effectiveness of mobile technologies delivering Ecological Momentary Interventions for stress and anxiety: a systematic review. <i>Journal of the American Medical Informatics Association: JAMIA</i> , 2016, 23, 221-229.	4.4	71
24	University Students's Views on the Perceived Benefits and Drawbacks of Seeking Help for Mental Health Problems on the Internet: A Qualitative Study. <i>JMIR Human Factors</i> , 2016, 3, e3.	2.0	70
25	Effects of a Multilingual Information Website Intervention on the Levels of Depression Literacy and Depression-Related Stigma in Greek-Born and Italian-Born Immigrants Living in Australia: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2011, 13, e34.	4.3	68
26	The use of ehealth applications for anxiety and depression in young people: challenges and solutions. <i>Microbial Biotechnology</i> , 2011, 5, 58-62.	1.7	63
27	Trajectories of change and long-term outcomes in a randomised controlled trial of internet-based insomnia treatment to prevent depression. <i>BJPsych Open</i> , 2017, 3, 228-235.	0.7	60
28	Prevention of Generalized Anxiety Disorder Using a Web Intervention, iChill: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2014, 16, e199.	4.3	55
29	Technology-based interventions for tobacco and other drug use in university and college students: a systematic review and meta-analysis. <i>Addiction Science & Clinical Practice</i> , 2015, 10, 5.	2.6	54
30	What prevents young adults from seeking help? Barriers toward help-seeking for eating disorder symptomatology. <i>International Journal of Eating Disorders</i> , 2020, 53, 894-906.	4.0	50
31	An online intervention for reducing depressive symptoms: Secondary benefits for self-esteem, empowerment and quality of life. <i>Psychiatry Research</i> , 2014, 216, 60-66.	3.3	49
32	From Help-Seekers to Influential Users: A Systematic Review of Participation Styles in Online Health Communities. <i>Journal of Medical Internet Research</i> , 2015, 17, e271.	4.3	49
33	Clinical Practice Models for the Use of E-Mental Health Resources in Primary Health Care by Health Professionals and Peer Workers: A Conceptual Framework. <i>JMIR Mental Health</i> , 2015, 2, e6.	3.3	48
34	The effect of a web-based depression intervention on suicide ideation: secondary outcome from a randomised controlled trial in a helpline. <i>BMJ Open</i> , 2013, 3, e002886.	1.9	46
35	Describing the distribution of engagement in an Internet support group by post frequency: A comparison of the 90-9-1 Principle and Zipf's Law. <i>Internet Interventions</i> , 2014, 1, 165-168.	2.7	44
36	University staff mental health literacy, stigma and their experience of students with mental health problems. <i>Journal of Further and Higher Education</i> , 2019, 43, 434-442.	2.5	41

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37	An Online, Moderated Peer-to-Peer Support Bulletin Board for Depression: User-Perceived Advantages and Disadvantages. <i>JMIR Mental Health</i> , 2015, 2, e14.	3.3	41
38	The ANU WellBeing study: a protocol for a quasi-factorial randomised controlled trial of the effectiveness of an Internet support group and an automated Internet intervention for depression. <i>BMC Psychiatry</i> , 2010, 10, 20.	2.6	40
39	A Virtual Mental Health Clinic for University Students: A Qualitative Study of End-User Service Needs and Priorities. <i>JMIR Mental Health</i> , 2015, 2, e2.	3.3	37
40	Practitioner-supported delivery of internet-based cognitive behaviour therapy: evaluation of the feasibility of conducting a cluster randomised trial. <i>Medical Journal of Australia</i> , 2010, 192, S31-5.	1.7	36
41	Six-Month Outcomes of a Web-Based Intervention for Users of Amphetamine-Type Stimulants: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2015, 17, e105.	4.3	34
42	Effectiveness and Cost-Effectiveness of a Self-Guided Internet Intervention for Social Anxiety Symptoms in a General Population Sample: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2020, 22, e16804.	4.3	33
43	What's all the talk about? Topic modelling in a mental health Internet support group. <i>BMC Psychiatry</i> , 2016, 16, 367.	2.6	32
44	A Web-Based Intervention for Users of Amphetamine-Type Stimulants: 3-Month Outcomes of a Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2014, 1, e1.	3.3	31
45	The Prejudice towards People with Mental Illness (PPMI) scale: structure and validity. <i>BMC Psychiatry</i> , 2018, 18, 293.	2.6	30
46	Adjunctive Internet-delivered cognitive behavioural therapy for insomnia in men with depression: A randomised controlled trial. <i>Australian and New Zealand Journal of Psychiatry</i> , 2019, 53, 350-360.	2.3	28
47	eHub: an online self-help mental health service in the community. <i>Medical Journal of Australia</i> , 2010, 192, S48-52.	1.7	26
48	The effectiveness of an online e-health application compared to attention placebo or Sertraline in the treatment of Generalised Anxiety Disorder. <i>Internet Interventions</i> , 2014, 1, 169-174.	2.7	26
49	University staff experiences of students with mental health problems and their perceptions of staff training needs. <i>Journal of Mental Health</i> , 2018, 27, 247-256.	1.9	26
50	Online insomnia treatment and the reduction of anxiety symptoms as a secondary outcome in a randomised controlled trial: The role of cognitive-behavioural factors. <i>Australian and New Zealand Journal of Psychiatry</i> , 2018, 52, 1183-1193.	2.3	24
51	Muscle dysmorphia: A systematic and meta-analytic review of the literature to assess diagnostic validity. <i>International Journal of Eating Disorders</i> , 2020, 53, 1583-1604.	4.0	24
52	Protocol for a randomised controlled trial investigating the effectiveness of an online e health application for the prevention of Generalised Anxiety Disorder. <i>BMC Psychiatry</i> , 2010, 10, 25.	2.6	22
53	Protocol for a randomised controlled trial investigating the effectiveness of an online e-health application compared to attention placebo or sertraline in the treatment of generalised anxiety disorder. <i>Trials</i> , 2010, 11, 48.	1.6	22
54	Privacy Issues in the Development of a Virtual Mental Health Clinic for University Students: A Qualitative Study. <i>JMIR Mental Health</i> , 2015, 2, e9.	3.3	21

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55	Recruitment, adherence and attrition challenges in internet-based indicated prevention programs for eating disorders: lessons learned from a randomised controlled trial of ProYouth OZ. <i>Journal of Eating Disorders</i> , 2022, 10, 1.	2.7	21
56	Getting shredded: Development and validation of a measure of muscularity-oriented disordered eating. <i>Psychological Assessment</i> , 2020, 32, 451-460.	1.5	20
57	Effectiveness of MH-Guru, a brief online mental health program for the workplace: A randomised controlled trial. <i>Internet Interventions</i> , 2016, 6, 29-39.	2.7	19
58	Can a brief biologically-based psychoeducational intervention reduce stigma and increase help-seeking intentions for depression in young people? A randomised controlled trial. <i>Journal of Child and Adolescent Mental Health</i> , 2018, 30, 27-39.	1.7	19
59	Breakingtheice: A protocol for a randomised controlled trial of an internet-based intervention addressing amphetamine-type stimulant use. <i>BMC Psychiatry</i> , 2012, 12, 67.	2.6	18
60	Mental health research priorities in Australia: a consumer and carer agenda. <i>Health Research Policy and Systems</i> , 2018, 16, 119.	2.8	17
61	Reducing Depression Through an Online Intervention: Benefits From a User Perspective. <i>JMIR Mental Health</i> , 2016, 3, e4.	3.3	16
62	Exploring the acceptability of online mental health interventions among university teaching staff: Implications for intervention dissemination and uptake. <i>Internet Interventions</i> , 2015, 2, 359-365.	2.7	14
63	Help seeking for social anxiety: A pilot randomised controlled trial. <i>Digital Health</i> , 2017, 3, 205520761771204.	1.8	14
64	Community Structure of a Mental Health Internet Support Group: Modularity in User Thread Participation. <i>JMIR Mental Health</i> , 2016, 3, e20.	3.3	14
65	Unmet depression information needs in the community. <i>Journal of Affective Disorders</i> , 2013, 146, 348-354.	4.1	13
66	Mental health Internet support groups: just a lot of talk or a valuable intervention?. <i>World Psychiatry</i> , 2017, 16, 247-248.	10.4	12
67	User characteristics and usage of an open access moderated internet support group for depression and other mental disorders: A prospective study. <i>Internet Interventions</i> , 2017, 7, 9-15.	2.7	11
68	The effect of programme testimonials on registrations for an online cognitive behaviour therapy intervention: a randomised trial. <i>Digital Health</i> , 2017, 3, 205520761772993.	1.8	9
69	Development of the Uni Virtual Clinic: an online programme for improving the mental health of university students. <i>British Journal of Guidance and Counselling</i> , 2020, 48, 333-346.	1.2	4
70	An Ecological Momentary Intervention for people with social anxiety: A descriptive case study. <i>Informatics for Health and Social Care</i> , 2021, 46, 370-398.	2.6	1
71	Psychometric properties of the Depression Stigma Scale in the Portuguese population and its association with gender and depressive symptomatology. <i>Health and Quality of Life Outcomes</i> , 2022, 20, 42.	2.4	1
72	Correction processes in early reaching: Reaches by infants to prismatically displaced targets. <i>Psychological Research</i> , 1993, 55, 156-166.	1.7	0

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73	Knowledge and Myths about Eating Disorders in a German Adolescent Sample: A Preliminary Investigation. International Journal of Environmental Research and Public Health, 2022, 19, 6861.	2.6	0