Walter C. Willett

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/7879134/publications.pdf

Version: 2024-02-01

683 papers 111,632 citations

147 h-index 311 g-index

688 all docs 688
docs citations

688 times ranked 75381 citing authors

| # | Article | IF | CITATIONS |
|----|--|------|-----------|
| 1 | Food in the Anthropocene: the EAT–Lancet Commission on healthy diets from sustainable food systems. Lancet, The, 2019, 393, 447-492. | 13.7 | 5,421 |
| 2 | REPRODUCIBILITY AND VALIDITY OF A SEMIQUANTITATIVE FOOD FREQUENCY QUESTIONNAIRE. American Journal of Epidemiology, 1985, 122, 51-65. | 3.4 | 3,799 |
| 3 | Health effects of dietary risks in 195 countries, 1990–2017: a systematic analysis for the Global Burden of Disease Study 2017. Lancet, The, 2019, 393, 1958-1972. | 13.7 | 3,062 |
| 4 | TOTAL ENERGY INTAKE: IMPLICATIONS FOR EPIDEMIOLOGIC ANALYSES. American Journal of Epidemiology, 1986, 124, 17-27. | 3.4 | 2,726 |
| 5 | Diet, Lifestyle, and the Risk of Type 2 Diabetes Mellitus in Women. New England Journal of Medicine, 2001, 345, 790-797. | 27.0 | 2,373 |
| 6 | Changes in Diet and Lifestyle and Long-Term Weight Gain in Women and Men. New England Journal of Medicine, 2011, 364, 2392-2404. | 27.0 | 1,971 |
| 7 | Reproducibility and Validity of an Expanded Self-Administered Semiquantitative Food Frequency Questionnaire among Male Health Professionals. American Journal of Epidemiology, 1992, 135, 1114-1126. | 3.4 | 1,852 |
| 8 | Options for keeping the food system within environmental limits. Nature, 2018, 562, 519-525. | 27.8 | 1,709 |
| 9 | Risk of COVID-19 among front-line health-care workers and the general community: a prospective cohort study. Lancet Public Health, The, 2020, 5, e475-e483. | 10.0 | 1,595 |
| 10 | Dietary Fat Intake and the Risk of Coronary Heart Disease in Women. New England Journal of Medicine, 1997, 337, 1491-1499. | 27.0 | 1,485 |
| 11 | Trans Fatty Acids and Cardiovascular Disease. New England Journal of Medicine, 2006, 354, 1601-1613. | 27.0 | 1,416 |
| 12 | Alternative Dietary Indices Both Strongly Predict Risk of Chronic Disease. Journal of Nutrition, 2012, 142, 1009-1018. | 2.9 | 1,337 |
| 13 | Sugar-sweetened beverages and weight gain in children and adults: a systematic review and meta-analysis. American Journal of Clinical Nutrition, 2013, 98, 1084-1102. | 4.7 | 1,277 |
| 14 | Intake of Carotenoids and Retino in Relation to Risk of Prostate Cancer. Journal of the National Cancer Institute, 1995, 87, 1767-1776. | 6.3 | 1,229 |
| 15 | Vitamin D Supplements and Prevention of Cancer and Cardiovascular Disease. New England Journal of Medicine, 2019, 380, 33-44. | 27.0 | 1,141 |
| 16 | The Effect of Fruit and Vegetable Intake on Risk for Coronary Heart Disease. Annals of Internal Medicine, 2001, 134, 1106. | 3.9 | 1,111 |
| 17 | A prospective study of dietary glycemic load, carbohydrate intake, and risk of coronary heart disease in US women. American Journal of Clinical Nutrition, 2000, 71, 1455-1461. | 4.7 | 994 |
| 18 | Reproducibility and validity of dietary patterns assessed with a food-frequency questionnaire. American Journal of Clinical Nutrition, 1999, 69, 243-249. | 4.7 | 976 |

| # | Article | IF | CITATIONS |
|----|--|------|-----------|
| 19 | Reproducibility and Validity of a Self-Administered Physical Activity Questionnaire. International Journal of Epidemiology, 1994, 23, 991-999. | 1.9 | 951 |
| 20 | VALIDATION OF QUESTIONNAIRE INFORMATION ON RISK FACTORS AND DISEASE OUTCOMES IN A PROSPECTIVE COHORT STUDY OF WOMEN. American Journal of Epidemiology, 1986, 123, 894-900. | 3.4 | 949 |
| 21 | Validity of Self-Reported Waist and Hip Circumferences in Men and Women. Epidemiology, 1990, 1, 466-473. | 2.7 | 943 |
| 22 | Reproducibility and validity of food intake measurements from a semiquantitative food frequency questionnaire. Journal of the American Dietetic Association, 1993, 93, 790-796. | 1.1 | 938 |
| 23 | Food-Based Validation of a Dietary Questionnaire: The Effects of Week-to-Week Variation in Food Consumption. International Journal of Epidemiology, 1989, 18, 858-867. | 1.9 | 936 |
| 24 | Diet quality and major chronic disease risk in men and women: moving toward improved dietary guidance. American Journal of Clinical Nutrition, 2002, 76, 1261-1271. | 4.7 | 928 |
| 25 | Dietary Fat and Coronary Heart Disease: A Comparison of Approaches for Adjusting for Total Energy Intake and Modeling Repeated Dietary Measurements. American Journal of Epidemiology, 1999, 149, 531-540. | 3.4 | 927 |
| 26 | Major types of dietary fat and risk of coronary heart disease: a pooled analysis of 11 cohort studies. American Journal of Clinical Nutrition, 2009, 89, 1425-1432. | 4.7 | 844 |
| 27 | Birth Weight and Adult Hypertension, Diabetes Mellitus, and Obesity in US Men. Circulation, 1996, 94, 3246-3250. | 1.6 | 779 |
| 28 | Fruit and vegetable intake and risk of cardiovascular disease: the Women's Health Study. American Journal of Clinical Nutrition, 2000, 72, 922-928. | 4.7 | 765 |
| 29 | THE USE OF A SELF-ADMINISTERED QUESTIONNAIRE TO ASSESS DIET FOUR YEARS IN THE PAST. American Journal of Epidemiology, 1988, 127, 188-199. | 3.4 | 751 |
| 30 | TEST OF THE NATIONAL DEATH INDEX. American Journal of Epidemiology, 1984, 119, 837-839. | 3.4 | 744 |
| 31 | Balancing Life-Style and Genomics Research for Disease Prevention. Science, 2002, 296, 695-698. | 12.6 | 734 |
| 32 | Body Fat Distribution and Risk of Non-Insulin-dependent Diabetes Mellitus in Women: The Nurses' Health Study. American Journal of Epidemiology, 1997, 145, 614-619. | 3.4 | 715 |
| 33 | Polygenic Risk Scores for Prediction of Breast Cancer and Breast Cancer Subtypes. American Journal of Human Genetics, 2019, 104, 21-34. | 6.2 | 711 |
| 34 | Types of Dietary Fat and Risk of Coronary Heart Disease: A Critical Review. Journal of the American College of Nutrition, 2001, 20, 5-19. | 1.8 | 708 |
| 35 | Body Size and Fat Distribution as Predictors of Coronary Heart Disease among Middle-aged and Older US Men. American Journal of Epidemiology, 1995, 141, 1117-1127. | 3.4 | 692 |
| 36 | Mediterranean Diet and Incidence of and Mortality From Coronary Heart Disease and Stroke in Women. Circulation, 2009, 119, 1093-1100. | 1.6 | 688 |

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| # | Article | IF | Citations |
|----|---|------|-----------|
| 37 | Marine nâ^'3 Fatty Acids and Prevention of Cardiovascular Disease and Cancer. New England Journal of Medicine, 2019, 380, 23-32. | 27.0 | 684 |
| 38 | WEIGHT AS A RISK FACTOR FOR CLINICAL DIABETES IN WOMEN. American Journal of Epidemiology, 1990, 132, 501-513. | 3.4 | 658 |
| 39 | Physical Activity and Television Watching in Relation to Risk for Type 2 Diabetes Mellitus in Men. Archives of Internal Medicine, 2001, 161, 1542. | 3.8 | 650 |
| 40 | Diet-quality scores and plasma concentrations of markers of inflammation and endothelial dysfunction. American Journal of Clinical Nutrition, 2005, 82, 163-173. | 4.7 | 642 |
| 41 | Glycemic index, glycemic load, and dietary fiber intake and incidence of type 2 diabetes in younger and middle-aged women. American Journal of Clinical Nutrition, 2004, 80, 348-356. | 4.7 | 636 |
| 42 | Diet-quality scores and plasma concentrations of markers of inflammation and endothelial dysfunction. American Journal of Clinical Nutrition, 2005, 82, 163-173. | 4.7 | 609 |
| 43 | Red Meat Consumption and Mortality. Archives of Internal Medicine, 2012, 172, 555. | 3.8 | 601 |
| 44 | Healthful and Unhealthful Plant-Based Diets and the Risk of Coronary HeartÂDisease in U.S. Adults. Journal of the American College of Cardiology, 2017, 70, 411-422. | 2.8 | 585 |
| 45 | The Assessment of Alcohol Consumption by a Simple Self-administered Questionnaire. American Journal of Epidemiology, 1991, 133, 810-817. | 3.4 | 583 |
| 46 | Plant-Based Dietary Patterns and Incidence of Type 2 Diabetes in US Men and Women: Results from Three Prospective Cohort Studies. PLoS Medicine, 2016, 13, e1002039. | 8.4 | 581 |
| 47 | Birth Weight and Adult Hypertension and Obesity in Women. Circulation, 1996, 94, 1310-1315. | 1.6 | 574 |
| 48 | Dietary saturated fats and their food sources in relation to the risk of coronary heart disease in women. American Journal of Clinical Nutrition, 1999, 70, 1001-1008. | 4.7 | 558 |
| 49 | Red meat consumption and risk of type 2 diabetes: 3 cohorts of US adults and an updated meta-analysis. American Journal of Clinical Nutrition, 2011, 94, 1088-1096. | 4.7 | 547 |
| 50 | CIGARETTE SMOKING, RELATIVE WEIGHT, AND MENOPAUSE. American Journal of Epidemiology, 1983, 117, 651-658. | 3.4 | 533 |
| 51 | Adult Weight Change and Risk of Postmenopausal Breast Cancer. JAMA - Journal of the American Medical Association, 2006, 296, 193. | 7.4 | 531 |
| 52 | Dietary Fat and the Risk of Breast Cancer. New England Journal of Medicine, 1987, 316, 22-28. | 27.0 | 530 |
| 53 | Major Dietary Protein Sources and Risk of Coronary Heart Disease in Women. Circulation, 2010, 122, 876-883. | 1.6 | 521 |
| 54 | Relation between a diet with a high glycemic load and plasma concentrations of high-sensitivity C-reactive protein in middle-aged women. American Journal of Clinical Nutrition, 2002, 75, 492-498. | 4.7 | 516 |

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|----|---|------|-----------|
| 55 | Glycemic index, glycemic load, and risk of type 2 diabetes, American Journal of Clinical Nutrition, 2002, 76, 274S-280S. | 4.7 | 515 |
| 56 | Impact of Healthy Lifestyle Factors on Life Expectancies in the US Population. Circulation, 2018, 138, 345-355. | 1.6 | 506 |
| 57 | Dietary carbohydrate intake and mortality: a prospective cohort study and meta-analysis. Lancet Public Health, The, 2018, 3, e419-e428. | 10.0 | 506 |
| 58 | Sweetened beverage consumption and risk of coronary heart disease in women. American Journal of Clinical Nutrition, 2009, 89, 1037-1042. | 4.7 | 499 |
| 59 | THE RELATION OF DIET, CIGARETTE SMOKING, AND ALCOHOL CONSUMPTION TO PLASMA BETA-CAROTENE AND ALPHA-TOCOPHEROL LEVELS. American Journal of Epidemiology, 1988, 127, 283-296. | 3.4 | 498 |
| 60 | Alcohol, Height, and Adiposity in Relation to Estrogen and Prolactin Levels in Postmenopausal Women. Journal of the National Cancer Institute, 1995, 87, 1297-1302. | 6.3 | 495 |
| 61 | Dairy Foods, Calcium, and Colorectal Cancer: A Pooled Analysis of 10 Cohort Studies. Journal of the National Cancer Institute, 2004, 96, 1015-1022. | 6.3 | 466 |
| 62 | The search for the causes of breast and colon cancer. Nature, 1989, 338, 389-394. | 27.8 | 460 |
| 63 | Reproducibility and Validity of a Self-Administered Physical Activity Questionnaire for Male Health Professionals. Epidemiology, 1996, 7, 81-86. | 2.7 | 455 |
| 64 | Energy balance and obesity: what are the main drivers?. Cancer Causes and Control, 2017, 28, 247-258. | 1.8 | 455 |
| 65 | Prospective Study of Shift Work and Risk of Coronary Heart Disease in Women. Circulation, 1995, 92, 3178-3182. | 1.6 | 436 |
| 66 | Dietary Linoleic Acid and Risk of Coronary Heart Disease: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. Circulation, 2014, 130, 1568-1578. | 1.6 | 425 |
| 67 | Dietary flavonoid intakes and risk of type 2 diabetes in US men and women. American Journal of Clinical Nutrition, 2012, 95, 925-933. | 4.7 | 422 |
| 68 | Dietary glycemic load assessed by food-frequency questionnaire in relation to plasma high-density-lipoprotein cholesterol and fasting plasma triacylglycerols in postmenopausal women. American Journal of Clinical Nutrition, 2001, 73, 560-566. | 4.7 | 404 |
| 69 | Saturated Fats Compared With Unsaturated Fats and Sources of Carbohydrates in Relation to Risk of ACoronary Heart Disease. Journal of the American College of Cardiology, 2015, 66, 1538-1548. | 2.8 | 399 |
| 70 | Sweetened Beverage Consumption, Incident Coronary Heart Disease, and Biomarkers of Risk in Men. Circulation, 2012, 125, 1735-1741. | 1.6 | 398 |
| 71 | Homocysteine Metabolism and Risk of Myocardial Infarction: Relation with Vitamins B6, B12, and Folate. American Journal of Epidemiology, 1996, 143, 845-859. | 3.4 | 380 |
| 72 | Genome-wide association studies identify four ER negative–specific breast cancer risk loci. Nature Genetics, 2013, 45, 392-398. | 21.4 | 374 |

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|----|---|------|-----------|
| 73 | Fruit consumption and risk of type 2 diabetes: results from three prospective longitudinal cohort studies. BMJ, The, 2013, 347, f5001-f5001. | 6.0 | 373 |
| 74 | Trends in Dietary Quality Among Adults in the United States, 1999 Through 2010. JAMA Internal Medicine, 2014, 174, 1587. | 5.1 | 370 |
| 75 | Prospective Study of Fruit and Vegetable Consumption and Incidence of Colon and Rectal Cancers. Journal of the National Cancer Institute, 2000, 92, 1740-1752. | 6.3 | 369 |
| 76 | Associations of Weight Gain From Early to Middle Adulthood With Major Health Outcomes Later in Life. JAMA - Journal of the American Medical Association, 2017, 318, 255. | 7.4 | 366 |
| 77 | Origin, Methods, and Evolution of the Three Nurses' Health Studies. American Journal of Public Health, 2016, 106, 1573-1581. | 2.7 | 363 |
| 78 | Association of Changes in Diet Quality with Total and Cause-Specific Mortality. New England Journal of Medicine, 2017, 377, 143-153. | 27.0 | 343 |
| 79 | Association of Specific Dietary Fats With Total and Cause-Specific Mortality. JAMA Internal Medicine, 2016, 176, 1134. | 5.1 | 338 |
| 80 | Prospective study of dietary fat and the risk of age-related macular degeneration. American Journal of Clinical Nutrition, 2001, 73, 209-218. | 4.7 | 317 |
| 81 | Validity of a Dietary Questionnaire Assessed by Comparison With Multiple Weighed Dietary Records or 24-Hour Recalls. American Journal of Epidemiology, 2017, 185, 570-584. | 3.4 | 317 |
| 82 | Rapid implementation of mobile technology for real-time epidemiology of COVID-19. Science, 2020, 368, 1362-1367. | 12.6 | 313 |
| 83 | Glycemic index, glycemic load, and risk of type 2 diabetes: results from 3 large US cohorts and an updated meta-analysis. American Journal of Clinical Nutrition, 2014, 100, 218-232. | 4.7 | 309 |
| 84 | A Pooled Analysis of Waist Circumference and Mortality in 650,000 Adults. Mayo Clinic Proceedings, 2014, 89, 335-345. | 3.0 | 307 |
| 85 | Association of Obesity With Risk of Early-Onset Colorectal Cancer Among Women. JAMA Oncology, 2019, 5, 37. | 7.1 | 305 |
| 86 | Association of Nut Consumption with Total and Cause-Specific Mortality. New England Journal of Medicine, 2013, 369, 2001-2011. | 27.0 | 304 |
| 87 | Healthy lifestyle and life expectancy free of cancer, cardiovascular disease, and type 2 diabetes: prospective cohort study. BMJ, The, 2020, 368, 16669. | 6.0 | 298 |
| 88 | A prospective study of carotenoid intake and risk of cataract extraction in US men. American Journal of Clinical Nutrition, 1999, 70, 517-524. | 4.7 | 294 |
| 89 | Understanding Nutritional Epidemiology and Its Role in Policy. Advances in Nutrition, 2015, 6, 5-18. | 6.4 | 294 |
| 90 | Coffee, Caffeine, and Cardiovascular Disease in Men. New England Journal of Medicine, 1990, 323, 1026-1032. | 27.0 | 290 |

| # | Article | IF | Citations |
|-----|---|------|-----------|
| 91 | Changes in Intake of Fruits and Vegetables and Weight Change in United States Men and Women Followed for Up to 24 Years: Analysis from Three Prospective Cohort Studies. PLoS Medicine, 2015, 12, e1001878. | 8.4 | 290 |
| 92 | Identification of ten variants associated with risk of estrogen-receptor-negative breast cancer. Nature Genetics, 2017, 49, 1767-1778. | 21.4 | 289 |
| 93 | Adherence to the Dietary Guidelines for Americans and risk of major chronic disease in men. American Journal of Clinical Nutrition, 2000, 72, 1223-1231. | 4.7 | 287 |
| 94 | Effect of low-fat diet interventions versus other diet interventions on long-term weight change in adults: a systematic review and meta-analysis. Lancet Diabetes and Endocrinology, the, 2015, 3, 968-979. | 11.4 | 286 |
| 95 | Dietary fat, olive oil intake and breast cancer risk. International Journal of Cancer, 1994, 58, 774-780. | 5.1 | 285 |
| 96 | Dietary Factors and Risk of Colon Cancer. Annals of Medicine, 1994, 26, 443-452. | 3.8 | 284 |
| 97 | Correlations of Vitamin A and E Intakes with the Plasma Concentrations of Carotenoids and Tocopherols among American Men and Women. Journal of Nutrition, 1992, 122, 1792-1801. | 2.9 | 283 |
| 98 | The Mediterranean diet: science and practice. Public Health Nutrition, 2006, 9, 105-110. | 2.2 | 278 |
| 99 | Prospective Study of Beverage Use and the Risk of Kidney Stones. American Journal of Epidemiology, 1996, 143, 240-247. | 3.4 | 265 |
| 100 | Development and Validation of an Empirical Dietary Inflammatory Index. Journal of Nutrition, 2016, 146, 1560-1570. | 2.9 | 263 |
| 101 | Population-wide Impact of Long-term Use of Aspirin and the Risk for Cancer. JAMA Oncology, 2016, 2, 762. | 7.1 | 261 |
| 102 | Comparison of Measures of Fatty Acid Intake by Subcutaneous Fat Aspirate, Food Frequency Questionnaire, and Diet Records in a Free-living Population of US Men. American Journal of Epidemiology, 1992, 135, 418-427. | 3.4 | 259 |
| 103 | Prospective Study of Oral Contraceptives and Hypertension Among Women in the United States. Circulation, 1996, 94, 483-489. | 1.6 | 251 |
| 104 | Long-Term Consumption of Sugar-Sweetened and Artificially Sweetened Beverages and Risk of Mortality in US Adults. Circulation, 2019, 139, 2113-2125. | 1.6 | 250 |
| 105 | Predicted lean body mass, fat mass, and all cause and cause specific mortality in men: prospective US cohort study. BMJ: British Medical Journal, 2018, 362, k2575. | 2.3 | 249 |
| 106 | Types of dietary fat and breast cancer: A pooled analysis of cohort studies. International Journal of Cancer, 2001, 92, 767-774. | 5.1 | 244 |
| 107 | Association of Dietary Patterns With Risk of Colorectal Cancer Subtypes Classified by <i>Fusobacterium nucleatum</i> in Tumor Tissue. JAMA Oncology, 2017, 3, 921. | 7.1 | 243 |
| 108 | Diet Quality Is Associated with the Risk of Estrogen Receptor–Negative Breast Cancer in Postmenopausal Women. Journal of Nutrition, 2006, 136, 466-472. | 2.9 | 242 |

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|-----|---|------|-----------|
| 109 | Coffee, Caffeine, and Health. New England Journal of Medicine, 2020, 383, 369-378. | 27.0 | 241 |
| 110 | Proportion of colon cancer risk that might be preventable in a cohort of middle-aged US men. Cancer Causes and Control, 2000, 11, 579-588. | 1.8 | 234 |
| 111 | Household Food Insecurity Is Positively Associated with Depression among Low-Income Supplemental Nutrition Assistance Program Participants and Income-Eligible Nonparticipants. Journal of Nutrition, 2015, 145, 622-627. | 2.9 | 231 |
| 112 | Dietary Fat and Weight Gain Among Women in the Nurses' Health Study. Obesity, 2007, 15, 967-976. | 3.0 | 229 |
| 113 | Plasma Ceramides, Mediterranean Diet, and Incident Cardiovascular Disease in the PREDIMED Trial (Prevención con Dieta Mediterránea). Circulation, 2017, 135, 2028-2040. | 1.6 | 227 |
| 114 | Premenopausal Fat Intake and Risk of Breast Cancer. Journal of the National Cancer Institute, 2003, 95, 1079-1085. | 6.3 | 224 |
| 115 | Relative Validity of Nutrient Intakes Assessed by Questionnaire, 24-Hour Recalls, and Diet Records as Compared With Urinary Recovery and Plasma Concentration Biomarkers: Findings for Women. American Journal of Epidemiology, 2018, 187, 1051-1063. | 3.4 | 223 |
| 116 | Major Dietary Patterns and the Risk of Colorectal Cancer in Women. Archives of Internal Medicine, 2003, 163, 309. | 3.8 | 221 |
| 117 | Coffee, Caffeine, and Risk of Depression Among Women. Archives of Internal Medicine, 2011, 171, 1571. | 3.8 | 218 |
| 118 | Diet and Cancer. Oncologist, 2000, 5, 393-404. | 3.7 | 214 |
| 119 | Dietary fat and cardiometabolic health: evidence, controversies, and consensus for guidance. BMJ: British Medical Journal, 2018, 361, k2139. | 2.3 | 213 |
| 120 | Migraine and risk of cardiovascular disease in women: prospective cohort study. BMJ, The, 2016, 353, i2610. | 6.0 | 212 |
| 121 | Association Between Healthy Eating Patterns and Risk of Cardiovascular Disease. JAMA Internal Medicine, 2020, 180, 1090. | 5.1 | 211 |
| 122 | Association of Body Mass Index and Age With Subsequent Breast Cancer Risk in Premenopausal Women. JAMA Oncology, 2018, 4, e181771. | 7.1 | 210 |
| 123 | Evaluating adherence to recommended diets in adults: the Alternate Healthy Eating Index. Public Health Nutrition, 2006, 9, 152-157. | 2.2 | 206 |
| 124 | Dietary factors and the survival of women with breast carcinoma., 1999, 86, 826-835. | | 202 |
| 125 | Biomarkers of Dietary Omega-6 Fatty Acids and Incident Cardiovascular Disease and Mortality. Circulation, 2019, 139, 2422-2436. | 1.6 | 199 |
| 126 | Dietary fat is not a major determinant of body fat. American Journal of Medicine, 2002, 113, 47-59. | 1.5 | 194 |

| # | Article | IF | CITATIONS |
|-----|---|------|-----------|
| 127 | Dietary fat: From foe to friend?. Science, 2018, 362, 764-770. | 12.6 | 194 |
| 128 | Changes in Red Meat Consumption and Subsequent Risk of Type 2 Diabetes Mellitus. JAMA Internal Medicine, 2013, 173, 1328. | 5.1 | 193 |
| 129 | Dietary choline and betaine assessed by food-frequency questionnaire in relation to plasma total homocysteine concentration in the Framingham Offspring Study. American Journal of Clinical Nutrition, 2006, 83, 905-911. | 4.7 | 192 |
| 130 | Intake of individual saturated fatty acids and risk of coronary heart disease in US men and women: two prospective longitudinal cohort studies. BMJ, The, 2016, 355, i5796. | 6.0 | 190 |
| 131 | Current Evidence on Healthy Eating. Annual Review of Public Health, 2013, 34, 77-95. | 17.4 | 189 |
| 132 | Smoking Cessation, Weight Change, Type 2 Diabetes, and Mortality. New England Journal of Medicine, 2018, 379, 623-632. | 27.0 | 185 |
| 133 | A transcriptome-wide association study of 229,000 women identifies new candidate susceptibility genes for breast cancer. Nature Genetics, 2018, 50, 968-978. | 21.4 | 184 |
| 134 | Healthy Lifestyle in the Primordial Prevention of CardiovascularÂDisease Among YoungÂWomen. Journal of the American College of Cardiology, 2015, 65, 43-51. | 2.8 | 183 |
| 135 | Fruit and Vegetable Intake and Mortality. Circulation, 2021, 143, 1642-1654. | 1.6 | 182 |
| 136 | Meta-Analysis of Randomized Controlled Trials of Red Meat Consumption in Comparison With Various Comparison Diets on Cardiovascular Risk Factors. Circulation, 2019, 139, 1828-1845. | 1.6 | 181 |
| 137 | Red Meat Intake and Risk of Breast Cancer Among Premenopausal Women. Archives of Internal Medicine, 2006, 166, 2253. | 3.8 | 180 |
| 138 | Use of Selenium Concentration in Whole Blood, Serum, Toenails, or Urine as a Surrogate Measure of Selenium Intake. Epidemiology, 1996, 7, 384-390. | 2.7 | 179 |
| 139 | Moderate Alcohol Consumption and Risk of Coronary Heart Disease Among Women With Type 2 Diabetes Mellitus. Circulation, 2000, 102, 494-499. | 1.6 | 176 |
| 140 | Association of Coffee Consumption With Total and Cause-Specific Mortality in 3 Large Prospective Cohorts. Circulation, 2015, 132, 2305-2315. | 1.6 | 175 |
| 141 | Mercury Exposure and Risk of Cardiovascular Disease in Two U.S. Cohorts. New England Journal of Medicine, 2011, 364, 1116-1125. | 27.0 | 171 |
| 142 | A prospective study of reproductive factors and risk of epithelial ovarian cancer. Cancer, 1995, 76, 284-290. | 4.1 | 168 |
| 143 | A Prospective Study of Passive Smoking and Coronary Heart Disease. Circulation, 1997, 95, 2374-2379. | 1.6 | 168 |
| 144 | Intakes of Lutein, Zeaxanthin, and Other Carotenoids and Age-Related Macular Degeneration During 2 Decades of Prospective Follow-up. JAMA Ophthalmology, 2015, 133, 1415. | 2.5 | 167 |

| # | Article | IF | CITATIONS |
|-----|---|-----|-----------|
| 145 | Changes in Diet Quality Scores and Risk of Cardiovascular Disease Among US Men and Women. Circulation, 2015, 132, 2212-2219. | 1.6 | 167 |
| 146 | PrimeScreen, a brief dietary screening tool: reproducibility and comparability with both a longer food frequency questionnaire and biomarkers. Public Health Nutrition, 2001, 4, 249-254. | 2.2 | 165 |
| 147 | Fruit and Vegetable Intake and Risk of Breast Cancer by Hormone Receptor Status. Journal of the National Cancer Institute, 2013, 105, 219-236. | 6.3 | 164 |
| 148 | Soda consumption and the risk of stroke in men and women. American Journal of Clinical Nutrition, 2012, 95, 1190-1199. | 4.7 | 162 |
| 149 | Breast Cancer in Developing Countries: Opportunities for Improved Survival. Journal of Oncology, 2010, 2010, 1-6. | 1.3 | 161 |
| 150 | Effect of Vitamin D ₃ Supplements on Development of Advanced Cancer. JAMA Network Open, 2020, 3, e2025850. | 5.9 | 158 |
| 151 | Dietary intake of total, animal, and plant proteins and risk of all cause, cardiovascular, and cancer mortality: systematic review and dose-response meta-analysis of prospective cohort studies. BMJ, The, 2020, 370, m2412. | 6.0 | 158 |
| 152 | Glycemic index, glycemic load, and risk of type 2 diabetes. American Journal of Clinical Nutrition, 2002, 76, 274S-80S. | 4.7 | 157 |
| 153 | Association Between Dietary Whole Grain Intake and Risk of Mortality. JAMA Internal Medicine, 2015, 175, 373. | 5.1 | 156 |
| 154 | Rotating night shift work and adherence to unhealthy lifestyle in predicting risk of type 2 diabetes: results from two large US cohorts of female nurses. BMJ: British Medical Journal, 2018, 363, k4641. | 2.3 | 156 |
| 155 | Inflammatory dietary pattern and risk of depression among women. Brain, Behavior, and Immunity, 2014, 36, 46-53. | 4.1 | 152 |
| 156 | Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: A Systematic Review and Updated Meta-Analyses of Prospective Cohort Studies. Nutrients, 2019, 11, 1280. | 4.1 | 149 |
| 157 | Prediction of postprandial glycemia and insulinemia in lean, young, healthy adults: glycemic load compared with carbohydrate content alone. American Journal of Clinical Nutrition, 2011, 93, 984-996. | 4.7 | 147 |
| 158 | Weight change and risk of postmenopausal breast cancer (United States). Cancer Causes and Control, 2000, 11, 533-542. | 1.8 | 146 |
| 159 | Calcium intake and hip fracture risk in men and women: a meta-analysis of prospective cohort studies and randomized controlled trials. American Journal of Clinical Nutrition, 2007, 86, 1780-1790. | 4.7 | 146 |
| 160 | Alternate Healthy Eating Index 2010 and risk of chronic obstructive pulmonary disease among US women and men: prospective study. BMJ, The, 2015, 350, h286-h286. | 6.0 | 145 |
| 161 | Nearly a decade on — trends, risk factors and policy implications in global obesity. Nature Reviews Endocrinology, 2020, 16, 615-616. | 9.6 | 142 |
| 162 | Reproducibility and validity of the Diet Quality Index Revised as assessed by use of a food-frequency questionnaire. American Journal of Clinical Nutrition, 2003, 78, 941-949. | 4.7 | 141 |

| # | Article | IF | Citations |
|-----|---|------|-----------|
| 163 | The carbohydrate-insulin model: a physiological perspective on the obesity pandemic. American Journal of Clinical Nutrition, 2021, 114, 1873-1885. | 4.7 | 141 |
| 164 | Dietary flavonoid intake and weight maintenance: three prospective cohorts of 124â€‱086 US men and women followed for up to 24 years. BMJ, The, 2016, 352, i17. | 6.0 | 140 |
| 165 | 24-Hour Urinary Sodium and Potassium Excretion and Cardiovascular Risk. New England Journal of Medicine, 2022, 386, 252-263. | 27.0 | 140 |
| 166 | Total and Cause-Specific Mortality of U.S. Nurses Working Rotating Night Shifts. American Journal of Preventive Medicine, 2015, 48, 241-252. | 3.0 | 139 |
| 167 | Mismatch of Sleep and Work Timing and Risk of Type 2 Diabetes. Diabetes Care, 2015, 38, 1707-1713. | 8.6 | 134 |
| 168 | Association of changes in red meat consumption with total and cause specific mortality among US women and men: two prospective cohort studies. BMJ, The, 2019, 365, l2110. | 6.0 | 133 |
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